

Pathwork on
Where To Begin

Where do we begin our Pathwork? We start with our beautiful problems or areas of unfulfillment and let them guide us in seeing how we have brought these to be in our lives.

Quote from Lecture 27

10	<p>How to begin may be the question for some of you, my dear friends. Here I say to you: it is not as difficult as it may seem. Try to formulate your ideas and begin with your own problem in the simplest of terms. Simplify it; do not make it so complicated. Whatever outer problem is there, try to connect it with your various faults. At first sight, this may seem impossible and entirely unconnected. But I assure you it is not. It never is. Usually it is not just one fault that is responsible, because one fault is always connected with another. There is a whole nucleus: they all interact. If you can connect these various shortcomings with your problem, half the battle is won.</p>
11	<p>If you do not as yet clearly realize the connection, if you perhaps sense or feel something, but cannot quite make the connection, pray sincerely and openly for this realization. The answer is then very near, my friends. Whoever is really open and truly desirous to find an answer, disregarding all resistance, must receive it, no matter what, without exception. So try to do that, my dear ones. Every one of you has something with which you are not quite satisfied in your life: perhaps a desire that is unfulfilled, or some problem big or small. Take your faults and weigh them; deliberate on them. What could be directly or indirectly responsible? Then go a step further. You all know that each fault is a violation of some spiritual law. You may, perhaps, present a fault to me in a lecture session; ask me, and I will show you which spiritual law is broken by this fault. And this will then give you the proper meditation how to handle the fault. And so you can make further connections if you start meditating on the violation of the spiritual law by this fault of yours that is responsible for your immediate problem.</p>
12	<p>I can promise you results if you go about it in this way. Then this path will not be another form of escape. It will be reality, as it should be, and will bring you to the most important thing that this earth-life stands for, namely, facing yourself. Try to remember this; do not go over my words superficially. Reread them carefully; ask yourself whether you are willing to do it. This may be something new to you. You may have tried other things in other ways, but try it in this way now.</p>