

# Pathwork Lecture 258: Personal Contact with Jesus Christ – Positive Aggression – The Real Meaning of Salvation

1996 Edition, Original Given January 10, 1979

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

*Blessings on your journey, Gary*

¶	Content
03	<p><b><i>Joyfully</i></b> <b><i><u>I bring divine blessings</u></i></b> <b><i><u>that can touch</u></i></b> <b><i><u>everyone here</u></i></b> [i.e., <i><u>can touch everyone who is now spending time</u></i> <i><u>with this lecture</u></i>] <b><i><u>in a very vital way.</u></i></b></p> <p><b><i><u>You need to</u></i></b> <b><i><u>raise your consciousness</u></i></b> <b><i><u>to this reality</u></i></b> [i.e., <i><u>this reality that in this lecture I bring divine blessings</u></i> <i><u>that can touch everyone spending time with</u></i> <i><u>this lecture in a very vital way</u></i>].</p> <p><b><i><u>You need to</u></i></b> <b><i><u>remove the barriers</u></i></b> <b><i><u>that prevent you</u></i></b> <b><i><u>from perceiving</u></i></b> <b><i><u>• the Lord's presence</u></i></b> <b><i><u>in your life,</u></i></b> <b><i><u>• His love</u></i></b> <b><i><u>for you.</u></i></b></p>

by Eva Broch Pierrakos

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04

Let me start this lecture with some words on  
feeling  
God's presence.

Even though you have  
strengthened  
your  
• faith  
and  
your  
• realization  
that this world is  
infused with  
God,  
few  
have as yet  
made personal contact with Him.

He [i.e., God]  
became  
human  
so as to  
always  
be close to you  
in a very  
• personal,  
• loving  
way.

For most believers  
God is  
a much  
• less personal,  
a much  
• more  
• vague and  
• general  
experience.

And you know that  
you can  
experience  
only  
that which you can  
• conceive of and  
• believe in.

05

**If you**

**seriously**

- **long [for],**
- **pray [for], and**
- **search for**

**a realization of**

**Jesus Christ's**

**personal love**

**for you,**

**the answers [i.e., the answers to your serious longing, praying and searching for a realization of Jesus Christ's personal love for you]**

**will come forth.**

**Perhaps you will**

**not recognize**

**the first answers as such [i.e., not recognize the first answers as real answers to your prayer for the realization of Jesus Christ's personal love for you].**

**They [i.e., the first answers to your prayer for the realization of Jesus Christ's personal love for you]**

**may have something to do with**

**specific barriers**

**that prevent you**

**from**

- **this experience [i.e., this experience of Jesus Christ's personal love for you],**
- **this reality [i.e., this reality of Jesus Christ's personal love for you].**

**They [i.e., the first answers to your prayer concerning experiencing Jesus Christ's personal love for you]**

**may bring up**

- **new,**

**or again**

- **old,**

**material on your path**

**that you need to work on**

**for your purification.**

**These [i.e., Your new awareness both of specific barriers and of the work you need for your purification in order to remove these specific barriers]**

**are the [first] answers [to your prayer for realization of Jesus Christ's personal love for you]!**

	<p><u>Once the barriers</u> <u>begin to crumble</u> [<u>through your work on the path</u>], <u>you will</u> <u>experience</u> <u>what it means</u> <u>to</u> <u>feel</u> <u>Jesus Christ's</u> <u>personal love for you.</u></p>
06	<p><u>You are</u> <u>always</u> <u>involved in</u> <u>a vicious circle here</u> [<u>on the earth plane in your state</u> <u>of dualistic consciousness</u>].</p> <p><u>When you</u> <u>feel</u></p> <ul style="list-style-type: none"><li>• <u>unworthy,</u></li><li>• <u>unlovable,</u></li><li>• <u>unacceptable,</u></li></ul> <p><u>it is impossible</u> <u>to believe</u> <u>that Christ</u> <u>can love you personally,</u> <u>[that is, that Christ can love you personally]</u> <u>regardless of</u> <u>your present state</u> <u>of [being at a very low level personal] development.</u></p> <p><u>So you need to</u></p> <ul style="list-style-type: none"><li>• <u>forge ahead and</u></li><li>• <u>reestablish</u> <u>your</u><ul style="list-style-type: none"><li>• <u>self-acceptance and</u></li><li>• <u>self-respect</u></li></ul></li></ul> <p><u>[in the face of parts of you being in a very early stage of</u> <u>development and still feeling unworthy and “sinful”].</u></p>

Yet this [forging ahead to reach a felt sense of self-acceptance and self-respect]  
can be done  
only when  
you

- recognize and
- oust
  - real,
  - justified  
guilt,  
without  
annihilating yourself  
in the process.

I have shown you many times  
how to do this.

The self-condemnation  
that so often accompanies  
insight into your lower self [i.e., accompanies insight into your  
“sinful” not-yet-purified nature]

obstructs  
the

- cleansing and
- liberating  
process  
that makes room for  
self-love  
in the healthy sense.

07

It is also true  
that without  
at least  
a slight awareness  
that you are  
personally

- precious and
- beloved  
to the personified God –  
Jesus Christ –

it is extremely difficult

- to accept your guilts and
- to find your real value.

*So what you need*  
*is a*  
*continuous double approach*  
*that*  
*combines*  
*your*  

- *determination*  
*to*  
  - *search for and*
  - *face*  
*all of your lower self*

*and*  
*to*  

- *understand*  
*all of your being*  
*with*  
  - *compassion and*
  - *realism,*

*with*  
*your*  

- *direct prayer and*
- *deep desire*  
*to feel*  
  - *Jesus' presence*  
*near you,*
  - *His concern*  
*for you,*
  - *His*  
    - *deep,*
    - *abiding*  
*interest in*  
      - *every*
      - *smallest*  
*detail of your life.*

08

*As you thus*  
*proceed on your path* [*i.e., as you proceed on your path*  
*using this continuous double approach*],  
*the glory*  
*that will come to you*  
*cannot be put into words.*

Nothing else is comparable to  
the knowledge  
that  
the Lord [i.e., the Lord Jesus Christ]  
• loves you personally,  
• cares for you,  
• never forgets you and  
• always protects you,  
no matter what  
the momentary circumstances are.

09

However,  
this total fulfillment [available through your personal relationship  
with Jesus Christ, through knowing and  
experiencing His love for you personally]  
can come  
only  
as you  
totally surrender to  
the will of God,  
without any reservations,  
in every  
• large and  
• small  
aspect of  
your  
• life  
and  
your  
• being.

We have discussed this [i.e., this need for total surrender to the will of God]  
so often,  
and yet  
how difficult it remains  
for a number of you.

- You keep  
holding back.
- You still have  
your little corners
  - of holding out,
  - of believing that
    - your self-will  
knows better than
    - God  
what makes you happy.

Yet  
Jesus Christ  
is here  
to give you

- eternal life,
- safety and
- total fulfillment,

if only  
you

- trust Him

and

- give yourself to Him.

You will  
be sustained  
with  
all the juices  
of

- life and
- joy

in a constant  
flow of renewal.



10

You cannot  
eliminate  
your  
• fears and  
your  
• distrust of others  
unless  
you  
constantly  
renew the practice  
of  
total surrender to  
the highest within yourself.

For you  
cannot subsist  
alone.

No creature can.

All created beings  
hang together  
on  
a chain of interdependence –  
• physically,  
• emotionally and  
• spiritually.

When  
the weight of dependence  
is put where it belongs –  
• on God,  
• on His personalized aspect [i.e., on Jesus Christ]  
who is personally near you –  
then  
you can create  
a healthy center of gravity  
anchored  
deep within your soul,  
for that [i.e., for deep within your soul]  
is where to find Him [i.e., is where to find  
Jesus Christ].

	<ul style="list-style-type: none"><li>• <u>His presence</u> [i.e., <u>Jesus Christ's presence</u>]</li></ul> <p><u>merges with</u></p> <ul style="list-style-type: none"><li>• <u>your higher self.</u></li></ul> <p><u>You truly become</u> <u>one</u> [in and with <u>Jesus Christ</u>].</p>
11	<p><u>Thus</u> [i.e., <u>Being merged with Jesus Christ</u>]</p> <p><u>all interdependence</u> <u>with others</u> <u>will be free</u> <u>from</u> <u>neurotic dependency.</u></p> <p><u>It</u> [i.e., <u>All interdependence</u>]</p> <p><u>will be</u> <u>healthy interdependence</u> <u>that will give you</u></p> <ul style="list-style-type: none"><li>• <u>clear vision,</u></li><li>• <u>the ability</u> <u>to adjudge realistically</u> <u>where your trust is</u> • <u>justified</u></li></ul> <p><u>and</u> <u>where it is</u> [i.e., <u>where your trust is</u>]</p> <ul style="list-style-type: none"><li>• <u>not</u> [i.e., <u>not justified</u>].</li></ul> <p><u>Therefore</u> <u>you will have</u> <u>a healthy relationship</u> <u>with</u> <u>your</u> • <u>leaders and</u> <u>your</u> • <u>followers.</u></p>

	<p><u>Without that</u> <u>proper center of gravity</u> <u>in God,</u> <u>you will</u> <u>always</u></p> <ul style="list-style-type: none"><li>• <u>be confused,</u></li><li>• <u>live in fear,</u></li><li>• <u>distrust your judgment,</u></li><li>• <u>become</u> <u>either</u><ul style="list-style-type: none"><li>• <u>too distrustful</u> <u>in the wrong place</u></li></ul></li></ul> <p><u>and/or</u></p> <ul style="list-style-type: none"><li>• <u>too gullible</u> [i.e., <u>too trustful</u>] <u>in the wrong place.</u></li></ul>
12	<p><u>So, my beloved friends,</u> <u>make it your business</u> <u>now</u> <u>to deepen your</u> <u>desire for</u> <u>personal contact with Christ.</u></p> <p><u>Strengthen</u> <u>your commitment</u></p> <ul style="list-style-type: none"><li>• <u>to Him,</u></li><li>• <u>to give over</u> <u>all of your life</u> <u>to Him</u> <u>in the total trust</u> <u>that He deserves.</u></li></ul> <p><u>Your human fears</u> <u>can never be assuaged</u> <u>otherwise.</u></p>

13

I spoke in a lecture about  
one basic existential fear  
that  
all human beings share,  
whether they are aware of it or not.

This is  
the fear of  
annihilation of consciousness –  
which you fear will take place  
after the body  
separates from  
the spirit self [i.e., at death].

To no longer exist  
is  
the most insidious fear  
that you  
must  

- meet
- and
- deal with.

Only  
through  
total surrender to God  
can you do this [i.e., can you meet and deal with this most  
insidious fear of no longer existing].

Only  
through  
removing your impurities  
can you do this [i.e., can you meet and deal with this most  
insidious fear of no longer existing].

Only  
through  

- experiencing
- rather than
- denying

your various pains  
can you do this [i.e., can you meet and deal with this most  
insidious fear of no longer existing].

14

The Creator  
has filled your earth sphere  
with  
• signs,  
with  
• symbols  
which say  
• loudly and  
• clearly  
that  
nothing  
• is ever lost,  
that  
nothing  
• can ever  
• disappear or  
• disintegrate  
into  
nothingness.

You will  
recognize  
these symbols  
as you awaken.

The awakening  
depends utterly  
on your  
surrender  
to  
• the Creator  
and  
to  
• His personalized presence in your life –  
Jesus Christ.

15

One such beautiful symbol  
is the sea.

Just observe the

- ebb and
  - flow
- of  
the sea.

The tide

- flows forward
- in great masses,  
only to
- recede and
  - diminish.

Where does it go?

It seems

- to disappear,
- to disintegrate,
- to no longer exist.

From your vantage point on the shore,  
where there was water  
before  
there is none  
now.

But you know [i.e., you understand, are conscious and aware]  
that the water  
does not  
disintegrate into nothingness.

It [i.e., The water]

- continues
- to be,
  - to exist
- in the greater pool,  
never losing its unique quality,

and

- will return.

16

Could it be different  
with  
individual consciousness?

Could  
individual consciousness  
go through  
all the painstaking steps  
of  
• developing and  
• cleansing  
itself,  
of  
• growing and  
• expansion,  
  
with  
no purpose?

The more you establish  
your own inner connections  
between  
your  
• life experiences  
and  
your  
• attitudes,  
the more deeply  
you will understand  
that there are  
no arbitrary coincidences.

Your life experiences  
stand in direct relationship  
to  
• you,  
to  
• who you are now,  
to  
• what you express and  
• what you  
• deliberately or  
• inadvertently  
create.

17

*Awareness of these connections*  
*in*  
*the microcosm*  
*of your personal existence*  
*inevitably*  
*also makes*  
*the universe*  
*comprehensible*  
*in an entirely new way.*

*You must then see*  
*that*  

- *everything has purpose,*

*that*  

- *nothing is for naught,*

*that*  

- *there is a magnificent design at work*  
*whose purpose*  
*is*  
*to bring everything*  
*to*  
  - *perfection,**to*  
  - *bliss,**to*  
  - *oneness –**and therefore*  
*to*  
  - *ineffable peace.*

*You can*  
*no longer doubt*  
*the design*  
*behind events*  
*when you explore*  
*your microcosm*  

- *painstakingly,*
- *honestly and*
- *courageously.*



And when you see  
the fabric  
of  

- wisdom and

of  

- purpose

in all that comes to pass,  
you will simultaneously  
recognize  
the Great Spirit  
of the Creator  
at work.

18

When you work  
with the aid of  
the personalized God [i.e., with the aid of Jesus Christ],  
who is  

- always available

to you,  

- always responsive

when you reach out for His help,  
you will gradually  
establish connections [between painful events in your life  
and their inner causes]  
that were totally obscure before.

Nothing  
could be  
more  

- painful and

more  

- frightening

than  
the disconnectedness  
between  

- a painful event in your life

and  

- its inner cause.

	<p><u>Its</u> [i.e., <u>The painful event's</u>] <u>appearance</u> <u>seems</u></p> <ul style="list-style-type: none"><li>• <u>inexplicable and</u></li><li>• <u>inconsequential.</u></li></ul> <p><u>To establish</u> <u>the causal connection</u> [<u>between the painful event and its inner cause</u>] <u>is</u></p> <ul style="list-style-type: none"><li>• <u>relief,</u></li><li>• <u>release,</u></li><li>• <u>liberation and</u></li><li>• <u>enrichment</u> <u>beyond description.</u></li></ul>
19	<p><u>There exists</u> <u>a certain rhythm</u> <u>that you need to</u></p> <ul style="list-style-type: none"><li>• <u>discover,</u></li><li>• <u>sense and</u></li><li>• <u>accept.</u></li></ul> <p><u>Again I use</u> <u>the analogy of the sea.</u></p> <ul style="list-style-type: none"><li>• <u>Ebb and</u></li><li>• <u>flow</u> <u>function according to</u></li><li>• <u>a very specific rhythm,</u></li><li>• <u>a rhythm</u> <u>that has been established</u> <u>under higher orders.</u></li></ul> <p><u>This rhythm</u> <u>is never broken.</u></p> <p><u>Only when</u> <u>specific upheavals interfere –</u> <u>such as</u></p> <ul style="list-style-type: none"><li>• <u>earthquakes,</u></li><li>• <u>tidal waves or</u></li><li>• <u>human destructiveness –</u></li></ul> <p><u>is the rhythm</u> <u>temporarily disrupted.</u></p>

*[When upheavals interfere with the natural unique rhythm]*

**The sea**  
**is in crisis,**  
**so to speak,**  
**but**  
**the crisis conspires**  
**to reestablish**  
**• its [i.e., the sea's]**  
**unique rhythm,**  
**• its [i.e., the sea's]**  
**harmony**  
**with the rest of creation.**

**The sea**  
**has the wisdom**  
**to follow this pattern.**

**Humans,**  
**with their disruptive minds,**  
**too often**  
**make themselves**  
**insensitive to**  
**their unique rhythm patterns**  
**with which**  
**they need to be in harmony.**

20

**• When you seek**  
**a connection**  
**between**  
**• an event**  
**and**  
**• your inner person,**  
**• when you**  
**• work to recognize it [i.e., to recognize the inner person cause of an event]**  
**and**  
**• pray for help**  
**and the answer [i.e., the answer concerning the inner person cause**  
**of an event]**  
**still fails to come,**  
**you may be**  
**out of rhythm.**

The waiting time [i.e., The time during this trough period of ebb, this time without answers concerning the inner-person cause of an event] may then be used to find qualities within yourself of which you can learn only in times of

- ebb,
- never in times of
- flow.

The time span of the

- ebb and
- flow of the sea,

of

- high tide and
- low tide,

is never exactly the same.

Mostly

- one lasts longer than
- the other,

if measured with earthly time.

Time relationships often change.

It is the same with

the human being's rhythm.

The time of

- fruition may come sooner in some areas,

the time of

- waiting may last longer in others.

21

*Sense your rhythm  
in all things.*

*Feel your daily life  
in accordance with  
your personal universal rhythm pattern.*

*It [i.e., your personal universal rhythm pattern]  
exists as definitively as  
you carry  
your life pattern  
within  
your soul substance.*

*If you*

- *work,*
- *rest,*
- *play,*
- *live,*
- *move and*
- *have your being*  
*in harmony with*  
*your unique [personal universal] rhythm pattern,*

*you will live*

*a much more*

- *fruitful,*
- *creative,*
- *joyful and*
- *peaceful*  
*life.*

*Much*

- *harassment and*
- *restlessness*  
*will fall off*  
*your burdened shoulders.*

**You need to**  
**raise your consciousness**  
**specifically**

**to this phenomenon** [i.e., this phenomenon that your life has a unique, personal, universal rhythm pattern and your daily life will be much more fruitful, creative, joyful and peaceful if you live your daily life in harmony with that rhythm pattern].

- **Think about**  
**this concept** [i.e., about this phenomenon],  
**to begin with.**
- **Meditate that it** [i.e. that this concept or phenomenon]  
**exists.**

• **Stir up**  
**your imagination**  
**and**

- **feel into**
  - **living a day**  
**in rhythm,**  
**as contrasted with**
  - **your usual**
    - **unconscious,**
    - **rhythmless**  
**existence.**

**Once you can**  
**visualize the difference** [between a day in rhythm and a rhythmless day],

- **concentrate on it daily** [i.e., concentrate daily on living in rhythm] **and**
- **ask your personal guidance**

**to help you**

- **focus on it** [i.e., focus on living in rhythm daily]
- and**
- **stay increasingly**  
**in your rhythm pattern.**

22

When,  
following a comparatively long time  
of  

- search and
- work,

a painful personal event  
[still] seems  
utterly disconnected  
from any  
personal  

- cause or
- meaning,

something in your rhythm pattern  
demands  
that you  
accept this  
as a rhythmic phenomenon.

True,  
the rhythmic phenomenon  
is also  
determined by  
underlying causes  
that exist within  
the particular consciousness.

But  
only when  
the rhythm pattern  
is  

- respected,
- accepted,
- adhered to and
- utilized in the most constructive way,

will the rhythm  

- flow

without disturbance  
and  

- take its natural course.

- Doubt,
- rebellion,
- anger,
- belief in  
a meaningless universe  
that makes you suffer –

these are  
destructive responses  
to your rhythm pattern  
that delay  
its natural flow.

Equally disruptive  
is  
the self-rejecting attitude,

"I am so bad  
that I deserve  
to be punished  
this way."

23

You have all learned on this path  
what a constructive response  
to a painful event is.

[Namely – this constructive response is to meditate and ask...]

- "What can I  
learn here?
- What could my response be  
to this seeming delay [i.e., delay in answering my prayer for helping  
me to recognize the inner cause of my suffering]  
that would  
most further my development?



- If there is anything  
in my lower self  
that I am
    - not yet aware of or
    - not sufficiently connected with,
- I want to see it fully,  
without ever losing sight of  
the fact that
  - God loves me
- and
  - I am God's unique expression."

These are [three] positive responses  
that will help the rhythm  
to take its  
harmonious course.

Then,  
in its own time,  
often when you least expect it,  
new connections [between painful events and inner causes]  
will open up,  
sometimes pouring out  
with such rich profusion  
that suddenly

- all woe  
will disappear

and

- the suffering  
will turn into the blessing  
it always had the potential to be.

24

Again I say that  
personal contact  
with Jesus Christ  
will help you to

- live in harmony

and

- make all the necessary connections [between painful  
events and their inner causes].

**But here, too, [i.e., But here, too, regarding personal contact with Jesus Christ]  
the rhythm pattern  
is at work.**

- **Mentally,  
you may be  
completely reconciled  
to His [i.e., to Jesus Christ's] reality.**
  
- **You may have used  
your personal will  
for total surrender  
and  
you may sincerely mean it.**
  
- **Yet you may  
not have  
experienced  
the  
emotional reality  
of Christ's
  - **sweet and**
  - **loving**presence.**
  
- **You may wait for this [i.e., this experience of the emotional  
reality of Christ's presence]  
to happen.**
  
- **You may  
become impatient  
and  
then begin to doubt,  
thus [i.e., thus by impatience and doubting]  
disrupting the seed  
you have sown.**

	<p><u>When</u> <u>the emotional experience [of Christ's presence]</u> <u>fails to materialize for a while,</u> <u>it is</u> <u>not</u> <u>that He keeps you waiting.</u></p> <p>[Rather] <u>It is that</u> <u>your inner barriers [to the emotional experience of Christ's presence]</u> <u>need to give way.</u></p>
25	<p><u>That [i.e., The giving way of your inner barriers to the experience</u> <u>of Christ's presence]</u> <u>can happen</u> <u>only</u> <u>within the context of</u> <u>your</u><ul style="list-style-type: none"><li>• <u>unique,</u></li><li>• <u>personal</u></li></ul><u>rhythm pattern.</u></p> <p><u>Remember that</u> <u>and</u> <u>do not despair.</u></p> <p><u>Christ</u><ul style="list-style-type: none"><li>• <u>is here.</u></li></ul></p> <p><u>He [i.e., Christ]</u><ul style="list-style-type: none"><li>• <u>hears you,</u></li></ul></p> <p><u>He [i.e., Christ]</u><ul style="list-style-type: none"><li>• <u>loves you,</u></li></ul></p> <p><u>He [i.e., Christ]</u><ul style="list-style-type: none"><li>• <u>protects you,</u></li></ul></p> <p><u>He [i.e., Christ]</u><ul style="list-style-type: none"><li>• <u>is deeply concerned with you,</u></li></ul><u>even though</u> <u>your senses</u> <u>are still too dull</u> <u>to perceive it.</u></p>

	<p><u><i>The time will come</i></u> <u><i>suddenly</i></u> <u><i>when you will be</i></u> <u><i>intensely aware</i></u> <u><i>of this fact</i></u> [i.e., <u><i>intensely aware that Christ is here, that He hears, loves, and protects you, and that He is deeply concerned with you</i></u>].</p> <p><u><i>You will</i></u> <u><i>feel</i></u> <u><i>His</i></u> [i.e., <u><i>Christ's</i></u>] • <u><i>loving,</i></u> • <u><i>healing</i></u> <u><i>arms</i></u> <u><i>in which you can</i></u> <u><i>always</i></u> • <u><i>rest and</i></u> • <u><i>find new sustenance</i></u> <u><i>for your life task.</i></u></p>
26	<p><u><i>All doubt</i></u> <u><i>is evil.</i></u></p> <p><u><i>But since evil</i></u> <u><i>has no permanent substance,</i></u> <u><i>you can</i></u> <u><i>easily dispel it.</i></u></p> <p><u><i>Bring your</i></u> <u><i>positive aggression</i></u> <u><i>to bear upon it</i></u> [i.e., <u><i>to bear upon your doubt</i></u>], <u><i>which is</i></u> <u><i>very contrary to</i></u> <u><i>what you usually do.</i></u></p>

**By habit,**  
**you put all aggression**  
**into the service of**  
**lower-self aims,**  
**while keeping an**  

- **apathetic,**
- **passive**

**attitude**  
**toward**  
**the good**  
**you desire to receive**  
**from life.**

**Or you are**  

- **passive and**
- **apathetic**

**when you are**  
**enveloped in**  
**the negativities**  

- **that stem from your**  
**unpurified self and**
- **that therefore [i.e., because they stem from your unpurified self]**  
**draw evil forces to you.**

**It then [i.e., When your are enveloped in negativities that draw evil forces to you, it]**  
**seems much easier to**  

- **let all aggression out**  
**in a destructive way and**
- **give in to**  
**negative influences**  
**without using**  
**any of your aggressive aspects**  
**to either**
  - **dispel them [i.e., to dispel the negative forces within**  
**and around you]**

**or to**  

- **assert the positive forces**
  - **within and**
  - **around**  
**you.**

27

*This [i.e., Misusing your aggressive aspects by not using them to dispel negative forces within and around you nor by using them to assert the positive forces within and around you]*

*needs to be changed*  
*and*

*you have*

- *the power and*
- *the means*  
*to do it.*

*But you must*

- *be aware of*  
*the displacement [i.e., the placement of your aggression onto*  
*destructive force]*

*and*

- *put*
  - *more awareness and*
  - *clear intention*  
*into straightening out*  
*the imbalance [i.e., the imbalance when you use your aggression for*  
*negative ends rather than for positive ends].*

*Visualize yourself*

*taking a firm stand*  
*against all thoughts*  
*that are*

- *negative and*
- *divisive*  
*in any way.*

*Seriously question*

*any thoughts*  
*that*

- *seem correct*  
*but fail to give you*  
*a feeling of*
  - *peace,*
  - *love and*
  - *unity,*

*that*

- *make you*  
*feel*
  - *disharmonious and*
  - *in any way*  
*uncomfortable.*

	<p><i><u>Just being willing</u></i> <i><u>to let in</u></i> <i><u>the light of truth –</u></i> <i><u>• the truth of God</u></i> <i><u>rather than</u></i> <i><u>• your temporary perception of truth –</u></i> <i><u>will create</u></i> <i><u>a shift</u></i> <i><u>in your consciousness.</u></i></p>
28	<p><i><u>The result</u></i> <i><u>may not be</u></i> <i><u>immediate,</u></i> <i><u>but sooner or later</u></i> <i><u>you will have</u></i> <i><u>less of a</u></i> <i><u>tight urge to pursue,</u></i> <i><u>often with undue aggression,</u></i> <i><u>• untruthful</u></i> <i><u>and therefore</u></i> <i><u>• negative and</u></i> <i><u>• constricting</u></i> <i><u>aims.</u></i></p> <p><i><u>Visualize yourself</u></i> <i><u>questioning your position</u></i> <i><u>in each situation</u></i> <i><u>that creates</u></i> <i><u>a disharmony</u></i> <i><u>• within you</u></i> <i><u>and/or</u></i> <i><u>• around you.</u></i></p> <p><i><u>Just see yourself</u></i> <i><u>in your imagination</u></i> <i><u>doing that.</u></i></p>

Visualize yourself  
always  
surrendering  
• your position  
for  
• God's vision of truth.

Often it  
may not be  
a question of sharply divided  
• right  
versus  
• wrong,  
but  
the truth may still be  
different from  
the way you see it.

29

When you  
visualize yourself  
surrendering to  
God's vision,  
• you will find out  
the truth  
of any particular situation.

• You will be  
enlightened and  
• you will lose  
a tremendous burden.

The  
• relief and  
• liberation  
are enormous,  
especially if  
you do not have too big a stake  
in your egotistic self-righteousness.



30

However,  
if you  
feel  
personally humiliated  
by  
• being wrong,  
by  
• being imperfect,  
by  
• having made a mistake,  
it will be  
much more difficult  
for you to let go of  
the tight hold of your position.

The reason [i.e., The reason it will be much more difficult for you to let go of  
the tight hold of your position]  
is that you  
secretly  
hold  
a low opinion of yourself.

The lower  
this opinion [of yourself] is,  
the greater  
must be your stake  
in some  
• prideful,  
• egotistical,  
• self-elevating and  
• self-righteous  
position  
that, at the same time,  
creates  
projected judgments  
of others.

31

Please, my friends,  
remember these words well,  
because here  
your personal contact with Jesus Christ  
is again  
your best solution.

Only through  
allowing yourself  
to  
• know –  
and later

to

• feel –

His

• love and

• total acceptance

of who you are

now,

no matter how

• flawed,

• imperfect and

• destructive

your lower self may be,

will you

be able to do the same [i.e., will you be able to know and feel your love  
and total acceptance of yourself, of who you are now, no matter how  
flawed, imperfect, and destructive your lower self may be].

Only then [i.e., Only when you know and feel both Christ's and your own love and  
total acceptance of who you are now with your  
imperfect and destructive lower self]

will you

trust

your

ultimate divine nature.

Then you will be able  
to afford the luxury,  
if I may put it this way,  
of accepting

• your distortions –

• your sins, if you will –

without losing the ground under your feet.

And that [i.e., And to know and feel both Christ's and your own love and total acceptance of who you are now with your imperfect and destructive lower self]

is

the healthy position  
which allows you  
to reach

- truth and
- harmony  
with
  - yourself,
- with
  - others and
- with
  - life.

32

Then you can go to the next step  
and visualize  
putting your aggressive forces  
into the service of  
positive aims.

- You can refute  
negative influences.
- You can talk to  
your own false thoughts  
with
  - firmness and
  - reasonableness.

See yourself doing that.

Invite Christ  
to come to your assistance  
in this endeavor.

33

Then claim

with

- all the vigor  
at your disposal,
- all the aggression  
you are beginning  
to transform  
from

• negative

to

• positive,

that

• you want

only the will of God,

that

• you trust

[that] the will of God

will bring you

the best you could ever hope for,

that

• any distrust

of the will of the Highest

is a lie

you need to rid yourself of.

The more

aggression

you put into such

• declarations and

• intents,

the better

the seeds will grow

in your soul substance.

34

*Your aggression itself  
needs to be transformed.*

*This will enable you  
to become*

- *who you are meant to be,*
- *who you actually are already  
on another level of reality.*

*Perhaps some of you can occasionally  
begin to visualize  
another picture of yourself.*

*Imagine  
your real being,  
free from  
all the encumbrances  
that burden you now.*

*It does not matter  
whether these encumbrances are  
in your  
• body,  
in your  
• psyche, or  
in your  
• relationships  
• to others and  
• to the world.*

*They [i.e., These encumbrances]  
are all expressions  
of pain,  
the pain you suffer  
from  
some untruthfulness  
contained within your psyche.*

35

*It is not easy  
to ferret out  
the untruthfulness.*

*Sometimes it [i.e., Sometimes the untruthfulness]  
is right on the surface  
and it [i.e., the untruthfulness]  
will become clear to you  
after only  
a slight effort on your part  
to want to see it.*

*At other times  
your defensive blocks  
blot out your own view,  
but they [i.e., but areas of untruthfulness and your defensive blocks]  
are nevertheless  
obvious enough to others,  
who could help you  
if you let them.*

*This is why  
working with others  
is such an important aspect of the pathwork –  
both  
in  
• the helper/worker relationship,  
and  
in  
• groups,  
as well as  
in  
• your interactions in daily life.*

But then there is also  
untruthfulness  
so deeply buried  
that it may take  
• a long time and  
• many trials  
before you can bring it [i.e., bring the untruthfulness]  
close enough to the surface level  
to recognize it.

Such areas  
were not necessarily  
those you planned to take on  
in this incarnation,  
but your spirit  
may nevertheless  
have chosen to tackle them  
if  
you have fully completed  
your original task.

I spoke about this in a recent lecture.

36

Once the untruthfulness  
is on the surface  
and you are  
• able and  
• willing  
to  
• see and  
• confront  
it,  
the moment has come  
to transform  
your aggression.

This is also the moment  
when a further visualization  
can take place.

Imagine that  
your true being –  
    which means  
        • your being in truth,  
        • all in truth –  
observes  
    the suffering part of you  
    that is squeezed into  
    a smaller world  
        in which you sometimes  
        appear to suffocate.

Your real being [i.e., your true being]  
is without any shades of  
    • untruthfulness,  
    • error,  
    • distortion – sin –  
and [is] therefore  
in total wellbeing.

There is  
no pain there.

This true being  
observes  
    your earth being  
    that has undertaken  
    to correct  
    the distorted part  
        [and this true being  
        observes the earth being]  
    with compassion  
    for the momentary difficulties [the earth being  
    is enduring].

But it [i.e., But this true being]  
sees no tragedy,  
for it knows  
    that  
        • all is well and  
    that  
        • the temporary suffering  
        must lead to  
        salvation.



37

Salvation.

That word!

There are a number of words  
which many of you  
have become  
allergic to.

They are words used  
in

• the Bible and

in

• organized religion,

words that have indeed  
often been

• misused and

• abused.

But

these words

have nevertheless

a true origin

that should not be forgotten.

The name of  
divine manifestation

in human form –

Jesus Christ –

is, as you well know,

one such word.

Yet if you heard a  
description of God

as

• form, as

• personal helper,

• friend,

• guide, as

• all-forgiver, as

• a being of

• translucent light and

• perfection,

you could accept it.

*So do not let*  
*the word*  
*"Jesus Christ"*  
*stand in your way.*

- *He*  
*is*  
*the Christ,*
- and*  
• *He*  
*was*  
*Jesus*  
*when he incarnated.*

38

*Similarly,*  
*you have [allergic] associations*  
*with the words*

- *sin,*
- *hell,*
- *evil,*
- *devil.*

*All these words*  
*have been*  
*grossly abused.*

*That is true.*

*But they [i.e., But all these words]*  
*nevertheless*  
*indicate*  
*only the same facts*  
*that we now call by different names,*  
*such as*

- *lower-self aspects,*
- *negativities,*
- *destructiveness,*
- *a painful state of mind.*

39

Now what about  
salvation?

The traditional interpretation  
of this word  
leaves a lot to be desired.

It [i.e., the traditional interpretation of "salvation"]  
lends itself easily  
to misunderstanding,  
although  
the more enlightened  
among religionists  
do perceive  
the truth.

Salvation  
means, among other things,

- Christ's endless
- forgiveness and
- acceptance.

It [i.e., Salvation]  
means that

- you can  
always  
find your way to God,
- no matter  
what you have done,
- no matter  
what your lower self  
still wishes to do.

- The door [i.e., The door to God]  
is  
always  
open,
- you are  
never,  
never  
locked out.

40

All you have to do

is

• knock.

• Ask

for the bread  
of God's

- mercy,
- love,
- forgiveness and
- personal help  
in all ways,

and you shall  
not receive  
a stone.

• Ask

to know

- yourself,
- your  
lovability,
- your  
nobility of spirit,
- the beauty of  
your true being,  
through  
His  
redemptive  
love of you,

and you  
shall receive it.

That is  
salvation.

All that –  
and more.

God's personalized aspect [i.e., Jesus Christ]  
has brought it about.

The incarnated Christ  
has made it possible

for  
all

other incarnated entities

to be saved  
from

• their painful state of untruth –  
sin –

and consequent

• destructiveness

of

• self and

• others.

41

Let us now discuss  
three interdependent aspects  
of  
salvation

that create  
a lot of

• confusion and

• contradiction

among humankind.

I am speaking here specifically

of

the salvation

of

your

personal

soul.

*There are other aspects of salvation  
which go beyond that [i.e., beyond the salvation of  
your personal soul].*

*They [i.e., These aspects of salvation  
that go beyond the salvation of your personal soul]  
have to do with*

*the possibility of  
every created entity  
leaving behind*

*• the state of consciousness  
that might be called*

*• hell –*

*or various lesser stages of it [i.e., or leaving behind  
lesser stages of hell]:*

*• states of consciousness  
that reflect*

*• error*

*and therefore*

*• suffering,*

*• the wheel of*

*• death and*

*• rebirth*

*which carries with it*

*• fears*

*due to*

*a break in*

*consciousness.*

42

Christ's demonstration

of

- supreme love,
- forgiveness and
- mercy –

of

acceptance

due to

the deep penetration

of His vision into

your ultimate nature –

opened all doors

that were closed before –

not [closed]

because

• God

• punished humankind

and therefore

• locked the doors,

but [closed]

because

• humans

were deeply immersed

in the conviction

that they

• cannot be forgiven and

that they are therefore

• doomed

to suffer eternally.

This [i.e., This conviction that humans had that they cannot be forgiven, are doomed to suffer eternally and hence are in a hopeless state],

in turn,

took all the incentive away

to work on

any process

of self-purification.

Where there is  
no hope,  
• will and  
• incentive  
[to work on any process of self-purification]  
are also lacking.

Through  
the  
• life  
and  
• death  
of Jesus  
a new modality  
was created  
within the human mind.

This new model  
enabled  
human beings  
to choose  
the path the Master [i.e., the path Jesus Christ] has shown.

He has said  
that  
He is  
• the way,  
He is  
• truth,  
He is  
• life.

It was  
no longer futile  
to try [i.e., to try the path back to God by following the path  
Jesus Christ has shown us in his life among us –  
a life of love, compassion, mercy, and forgiveness].



Forgiveness

for

- all sins,

for

- every transgression

exists already,

because

God recognizes

in much deeper terms

why

- you are driven as you are,

why

- you must

go

through

your sins

in order to recognize them

for what they are [namely, barriers

to experiencing God's love that

is always there for the asking],

so that

a new incentive [i.e., both the incentive that since you are already

forgiven and not hopeless, and the further incentive

that since you see that your sins (pride, self-will, and

fear) are the only barriers keeping you from experiencing

God's love and blessings, there is good reason to do

your work on the path of purification and transformation]

spurs you on

to the great journey

you,

here on this path,

are now undertaking.

43	<p><u><i>The personal aspect of salvation seems contradictory to the mind that is steeped in the dualism of either/or.</i></u></p> <p><u><i>Let me present these three paradoxical aspects [i.e., these three paradoxical personal aspects of salvation]:</i></u></p>
44	<p><u><i>(1) Only you yourself can effect your salvation.</i></u></p> <p><u><i>It [i.e., Your salvation] is your responsibility.</i></u></p>
45	<p><u><i>(2) You cannot possibly do it alone.</i></u></p> <p><u><i>You need the help of others</i></u> <u><i>who</i></u><ul style="list-style-type: none"><li><u><i>• share the journey with you,</i></u></li></ul><u><i>who</i></u><ul style="list-style-type: none"><li><u><i>• may often</i></u> <u><i>see</i></u> <u><i>what you</i></u> <u><i>do not see.</i></u></li></ul></p>
46	<p><u><i>(3) Without God, without the personal assistance of the personal aspect of God [i.e., the personal assistance of Jesus Christ], the undertaking is too vast for you to accomplish.</i></u></p>

47

*These three categories [i.e., These three paradoxical aspects of salvation]*  
*may no longer seem*

- *contradictory or*
- *confusing*

*to those of you*

*who have worked for a considerable time*  
*with my lectures*

*about*

- *duality and*
- *the unitive principle.*

*You may see quite clearly*

*that these categories [i.e., that these three paradoxical aspects of salvation]*  
*are not mutually exclusive.*

*Yet*

*some among you*

*may still feel a confusion*  
*and ask,*

*"How could it be that*

*although*

*I am*

- *solely responsible to do it myself,*

*yet*

*I need*

- *others,*

*as well as*

- *God?"*

*Even for those*

*who are*

*not particularly confused about*

*this concept of*

*salvation*

*it may be helpful*

*to have more clarity on the subject.*

48

Yes,  
it is obviously true  
that  
your  
salvation  
is  
your  

- choice,

your  

- intent,

your  

- responsibility,

your  

- will,

your  

- effort –

and often what seems to be  
your  

- sacrifice.

At least it [i.e., At least your salvation]  
seems  
a sacrifice at first  
to give up  

- time and
- energy

for the undertaking of  
your self-work.

It often seems  
even more of a sacrifice  
to shed a habit that  

- stems from
- gives you

your lower self and  
some lower-self gratifications  
for a while,

so that  
higher pleasures  
can take root in you.

No one else,  
not even the Creator,  
can  
make  
you do  
what you  
do not  

- wish and
- choose

to do.

This [i.e., Making you do what you do not wish and choose to do]  
would go directly against  
all spiritual law  
whose author, after all, God is.

49

Yet,  
you are often  

- too involved in  
your misperceptions  
of your reality and
- too blind about  
your role in  
your interaction with others

  
to be able to  
set distorted perceptions  
right.

You need  

- the mirror of others.

You need to learn  

- to be open to them [i.e., to be open to others].

You need to learn  

- to give up  
your  
  - pretenses,and therefore  
your  
  - defenses,in your relationship with them [i.e., your relationship with others].

*You need*

- *to show yourself*  
*as you are,*  
*with*
  - *all your vulnerability and*
  - *total inner truth.*

*This [i.e., Showing yourself as you are with all your vulnerability*  
*and total inner truth]*  
*in itself*  
*is already*  
*an integral part of*  
*your journey*  
*toward*  
*self-realization.*

*You need to learn*

*to receive,*  
*even though this may first*  
*make you feel*

- *weak and*
- *vulnerable,*

*for only then [i.e., for only when you can receive]*  
*can you give of yourself.*

*You can give many things before [i.e., before you receive],*  
*but you*  
*cannot give*  
*yourself*  
*unless*  
*you can receive*  
*in the sense I mentioned.*

50

- Working with others,
  - being
    - open to and
    - with
- them [i.e., being open to and with others],  
fulfills  
the law of brotherhood.

I spoke about this [i.e., about this law of brotherhood]  
many years ago.

There are spiritual aspirants  
who deceive themselves  
that they can reach the goal  
by

- seclusion and
- separateness.

They have their rationales.

But the truth is  
that they never want  
to expose themselves to others  
and thus  
whatever their "success,"  
it [i.e., their "success"]  
can, at best,  
be only a half-measure  
that

- cannot last,

  
that

- is not grounded

  
in

- spiritual,
- as well as
- practical,

  
reality.

51

How could you ever  
overcome the hurdle  
of your self-hate  
that festers underneath  
all your defenses,  
if it were not for  
the experience  
of  
Christ's  
personal  
• love,  
• forgiveness,  
• acceptance and  
• total vision  
of you?

How could you  
learn to love  
yourself  
without at least  
• knowing,  
and finally  
• experiencing,  
His love  
for you?

How could you  
activate  
the power to change  
involuntary aspects  
that do not  
directly respond to  
your outer will?



- The outer will and
- the outer aspects  
that respond to it [i.e., the outer voluntary aspects that respond to the outer will]  
need to be  
aggressively activated
  - by your  
dedication to your path,
  - by the many daily decisions  
to face the truth  
in
    - difficult or
    - confusing  
situations,
  - by your choice to
    - fulfill  
the law of brotherhood

and

  - overcome  
your initial resistance  
to showing yourself  
as you are.

But then comes a point  
in which you deal with  
involuntary

- emotions,
- responses,
- reactions

and even

- beliefs

that  
do not respond [to your outer will],  
no matter how sincerely  
your outer self  
wants to change them.

So you constantly need  
the higher powers  
to help you

- find the way  
into those deeper levels

and

- effect a change  
that your own mind alone  
cannot bring about.

52	<p><u>All this</u> <u>also teaches you</u> <u>the wisdom</u> <u>to distinguish</u> <u>between</u></p> <ul style="list-style-type: none"><li>• <u>where the self</u> <u>is the master</u></li></ul> <p><u>and</u></p> <ul style="list-style-type: none"><li>• <u>where you</u> <u>desperately need</u> <u>the Great Master</u> <u>without whom</u> <u>nothing can be accomplished.</u></li></ul>
53	<p><u>My beloved friends,</u> <u>take in these words</u> <u>and make them your own.</u></p> <ul style="list-style-type: none"><li>• <u>They will</u><ul style="list-style-type: none"><li>• <u>enlighten you and</u></li><li>• <u>help you toward</u> <u>the state of mind</u> <u>that you so yearn for.</u></li></ul></li><li>• <u>They will</u><ul style="list-style-type: none"><li>• <u>open new doors</u> <u>that will make a</u> <u>personal experience of Jesus Christ</u> <u>possible for</u> <u>you.</u></li></ul></li></ul> <p><u>Whenever you allow this to happen</u> [i.e., <u>Whenever you take in these words and make them your own so that they will enlighten you, will help you toward the state of mind that you so yearn for, and open new doors that will make a personal experience of Jesus Christ possible for you</u>]</p> <p><u>all doubts</u> <u>about His reality</u> [i.e., <u>about Jesus Christ's reality</u>] <u>will vanish.</u></p>

Once you are

• held in His arms [i.e., held in Jesus Christ's arms],

• consoled and

• encouraged

by His sublime tenderness

for you

personally,

• rocked

with all the comfort

only He [i.e., only Jesus Christ]

is capable of giving,

you will

never

doubt again,

although you may of course

lose

the feeling experience

and need to recapture it [i.e., need to recapture the feeling

experience of Jesus Christ's presence within you]

again

and again,

until

your entire consciousness

is filled with Him [i.e., filled with

Jesus Christ]

who is in you.

54

• His blessings,

• the blessings of

His angels

are here with

all of you.

Listen and

sense the reality

of this blessing.

All our love

accompanies you

every step

of your beautiful path.

	<p><b><u>Work</u></b> <b><u>for the greater cause.</u></b></p> <p><b><u>Your own cause</u></b> <b><u>that may seem selfish</u></b> <b><u>will be furthered through it [i.e., through your work for the greater cause].</u></b></p> <p><b><u>Be</u></b> <b><u>who you truly</u></b> <b><u>are!</u></b></p>
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