

Pathwork Lecture 257: Aspects of the New Divine Influx: Communication, Group Consciousness, Exposure

1996 Edition, Original Given January 10, 1979

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

Blessings on your journey, Gary

¶	Content
03	<p><i><u>Blessings,</u></i> <i><u>my dearly beloved friends.</u></i></p> <p><i><u>God's light</u></i> <i><u>envelops you all.</u></i></p> <p><i><u>This light [i.e., God's light]</u></i> <i><u>contains all you need.</u></i></p> <p><i><u>Try to</u></i> <i><u>• perceive it [i.e., Try to perceive God's light],</u></i></p> <p><i><u>try to</u></i> <i><u>• feel</u></i> <i><u>its reality [i.e., try to feel the reality of God's light].</u></i></p>

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It [i.e., God's light]
is always there for you,
and
to the degree
you refine
your inner being
through the
purification process,
you cannot help
being aware of
this light [i.e., God's light]
that flows
through

- *all the universe,*

through

- *all of creation.*

Those of God's children
who have
chosen
to make the very best of their lives
through such a path [as this pathwork]
are especially blessed.

For with this opportunity
to

- *purify themselves*

and

- *serve God,*

they fulfill
a great need
in the Plan of Salvation.

04

In this lecture I would like to speak about
some significant aspects of
the New Age.

This term [i.e., This term, the "New Age,"]
has been used a lot recently
by certain groups of people.

- Some use it [i.e., Some use this term, the “New Age,”] with correct understanding,
- some manage to make it [i.e., some others make this term, the “New Age,”] into a cliché.

This [i.e., Turning this term the “New Age” into a cliché], however, is unavoidable;

it [turning spiritual truths and terms into meaningless clichés] happens with

all concepts of truth, because of a human tendency to be

- glib and
- lazy

and to

- label,

so as to avoid

feeling

the reality

of a specific truth.

But those who do not fall into this trap should not give up altogether using a term that conveys a true concept.

I have often warned against this tendency in the past and have sometimes suggested

- new words,
- different expressions

for

the same truth, or

repeated

- the true meaning of a specific word

to keep

its true concept alive.

	<p><u><i>As far as the New Age is concerned, I have stated before that at certain intervals in history a new influx streams into your world because humanity has grown sufficiently to be ready for it.</i></u></p> <p><u><i>This is so now.</i></u></p>
05	<p><u><i>We have often discussed</i></u></p> <ul style="list-style-type: none"><u><i>• the meaning and</i></u><u><i>• the significance</i></u> <p><u><i>of the New Age in general terms.</i></u></p> <p><u><i>We talked about</i></u></p> <p><u><i>the consciousness</i></u></p> <p><u><i>of the Christ spirit [i.e., about the Christ consciousness]</i></u></p> <ul style="list-style-type: none"><u><i>• permeating this world,</i></u><u><i>• trying to penetrate</i></u> <p><u><i>the consciousness of individuals</i></u></p> <p><u><i>to an ever greater degree.</i></u></p>
06	<p><u><i>Such a powerful influx [i.e., Such a powerful influx of the consciousness of the Christ spirit, or influx of the Christ consciousness]</i></u></p> <p><u><i>must be accompanied by</i></u></p> <p><u><i>certain manifestations</i></u></p> <p><u><i>that are</i></u></p> <p><u><i>not</i></u></p> <p><u><i>always</i></u></p> <ul style="list-style-type: none"><u><i>• pleasant,</i></u><u><i>• welcome,</i></u><u><i>• agreeable or</i></u><u><i>• even constructive.</i></u>

Many events
on your earth
that are
outright undesirable
are direct results of
this influx [of the consciousness of the Christ spirit].

In fact, without them [i.e., without these undesirable events]
the

- growth and
- expansion

of consciousness
inherent in this
New Age
could not take place.

07

Your own mind
is still very much
geared to
the immediate.

You believe that
what is

- good and
- right

at this moment
will also
ultimately
be

- good and
- right.

You believe that
what may
appear

- evil

to you
now
is also
ultimately

- evil.

This [i.e., This sense of an event having to be either good both now AND ultimately or evil both now AND ultimately] is hardly the case.

Sometimes an outright negative manifestation [in the NOW] may indeed be necessary [and hence ULTIMATELY good] for a total development to take place.

This applies to

- *the individual*

as well as
to

- *mankind as a whole,*

or, to put it differently,
to

- *the entity earth.*

08

In this lecture I should like to discuss some specifics that accompany the new influx.

One [of these specifics that accompany the new influx of the Christ consciousness] is communication.

Communication is a by-product of highly developed consciousness.

To the degree that
development of spirit
exists,

the ability to

- communicate,

to

- listen and

- express

- adequately and

- appropriately
also exists.

[Conversely]

To the degree that
development [of spirit]
is still impaired,

the ability to

- communicate

is

limited.

So [i.e., When development of spirit is impaired and hence where
ability to communicate is limited]

you see

innumerable people

who

- cannot and

- will not even try to

put into words

what they really

- feel

and

- think.

They are either

too proud

or they

demand

to be understood by others

without having to labor

to make themselves understandable.

For it [i.e., For making yourself understandable]
does require some labor.

Communication
is an art
that everyone
• can
and, indeed,
• must
learn.

It [i.e., Communication]
requires
• goodwill,
• a positive intentionality, and
• a will to cooperate.

09

Let us start by examining
the outermost level [of communication].

It is no coincidence
that
one of the major byproducts
of modern technology
is communication.

Even though
this level of communication [i.e. the level of modern technology's impact
on communication]

applies to
• outer events
only,

it [i.e., modern technology's impact on communication]

has a tremendous impact
on the
• inner levels
of humanity.

In the first place,
it [i.e., modern technology's impact on communication]
brings people
much closer together.

In former times
there was a
greater sense of separateness
because
• the distance between people and
• their lack of communication
created the illusion
that others
• were
intrinsically
• different and
• alien,
and therefore
• were
enemies
to be distrusted.

Experiencing others
to be
similar
when it comes to
the basics of
• living,
• dying,
• suffering and
• longing,
eliminates
much
• illusion,
• fear and
• enmity.

It [i.e., Experiencing others to be similar to you when it comes to
basic life experiences]
contributes to
the ever-growing unity of humankind.

10

Knowing what is going on in the world
has a definite impact on
spiritual growth.

- Isolation and
- separateness between people
in the past
made the world appear
too vast
to be encompassed.

One's own tragedies
seemed unique,
hence
a sense of

- brotherhood and
- sisterhood

was totally lacking.

Today
even the least spiritually inclined individuals
experience
your entire planet
in very different ways.

Things no longer appear

- strange or
- foreign.

There is a
greater overall awareness,
because
knowing the events that happen
right now
in a different corner of the earth
has an impact on
the soul's development.

11	<p><i><u>So you see, my friends,</u></i> <i><u>technology</u></i> <i><u>is not</u></i> <i><u>in opposition</u></i> <i><u>to</u></i> <ul style="list-style-type: none">• <i><u>spiritual development and</u></i><i><u>to</u></i> <ul style="list-style-type: none">• <i><u>spiritual life.</u></i> <p><i><u>However, it [i.e., technology]</u></i> <i><u>is often</u></i> <ul style="list-style-type: none">• <i><u>abused and</u></i>• <i><u>misdirected</u></i><i><u>and therefore it is</u></i> <ul style="list-style-type: none">• <i><u>seen as</u></i> <i><u>an obstacle to spirituality.</u></i></p></p>
12	<p><i><u>This again shows how</u></i> <i><u>everything</u></i> <ul style="list-style-type: none">• <i><u>in the universe and</u></i>• <i><u>on this earth</u></i> <ul style="list-style-type: none">• <i><u>is intrinsically</u></i> <i><u>an expression</u></i> <i><u>of divine</u></i> <ul style="list-style-type: none">• <i><u>will and</u></i>• <i><u>creation</u></i><i><u>and</u></i> <ul style="list-style-type: none">• <i><u>can and</u></i>• <i><u>should</u></i> <i><u>serve the great plan [i.e., the Plan of Salvation].</u></i> <p><i><u>Nothing</u></i> <i><u>can be created</u></i> <i><u>that does not have</u></i> <i><u>its roots</u></i> <i><u>in the world of spirit.</u></i></p></p>

	<p><u>All demonic manifestations</u> <u>can only be</u></p> <ul style="list-style-type: none">• <u>distortions and</u>• <u>misuses</u> <p><u>of divine creation.</u></p> <p><u>They [i.e., Demonic manifestations]</u> <u>can never be</u> <u>self-creative [i.e., Demonic manifestations can never be</u> <u>CREATED by the “demon” per se].</u></p>
13	<p><u>Your present ability</u> <u>• to witness</u> <u>and thus</u> <u>• to experience</u> <u>events</u> <u>with your brothers and sisters elsewhere</u> <u>has a significant impact</u> <u>on your soul.</u></p> <p><u>Your ability</u> <u>to move relatively fast</u> <u>from one corner of your earth</u> <u>to the other</u> <u>brings you closer to</u> <u>the laws of the spirit world,</u> <u>where movement</u> <u>is</u></p> <ul style="list-style-type: none">• <u>instantaneous,</u>• <u>one with thought.</u>

14

Communication
is a most important byproduct of
advanced spiritual states.

The ability to communicate
on more
• subtle and
• personal
levels
has also
greatly improved
over the last decades.

Psychological approaches
have created
• a greater awareness
of self
and therefore
• a greater capacity
• to understand oneself,
• to express oneself to others,
and thereby
• to communicate.

Before this particular influx,
most human beings
were
completely in the dark
about
• themselves,
• their feelings,
• their needs,
• their true reactions,
let alone
those [i.e., let alone the feelings, needs
and true reactions]
of others.

It was therefore
impossible
to create a bridge with another person
in a significant way.

15

Similarly,
a child
in an early stage of development
does not really know

- that it is
 - hurt or
 - lonely,
- that it needs more
 - love,
 - attention or
 - understanding.

If this awareness
were articulate in the child,
it would be a relatively small step
to convey these feelings
to another person.

Without communication,
you live

- in the dark,
- alone in a fog of confusion,
- isolated from others.

The Christ spirit
represents exactly the opposite.

It [i.e., The Christ spirit]
brings the
great light
of

- awareness,

of

- communication and

of

- brotherhood and sisterhood.

16

Obviously,
true communication
presupposes
communication
with

- the self,

with

- the inner levels of being
that were
inaccessible before.

Understanding
the self
is

- the groundwork,
- the foundation,

for you cannot

- convey,
- explain and
- communicate

something you do not know.

So a path
such as the one I guide you on [i.e., a path such as pathwork]
must always
be primarily concerned with

- self-exploration

and

- self-knowledge.

It must never stop there, however.

Self-knowledge
is only
the preliminary phase.

17

The next organic step [i.e., the next organic step after self-knowledge]
is learning
the great art of communication.

This [i.e., Learning the great art of communication]

requires

- *intention,*
- *thought,*
- *practice,*
- *self-observation.*

It [i.e., Learning the great art of communication]

means

giving up

the state of being only half awake,

assuming

unthinkingly

that others

should know

what you

feel.

It [i.e., Learning the great art of communication]

means

making the effort

- *to explain,*
- *to reach out,*
- *to search through*

the mazes of misunderstanding –

- *patiently and*
- *lovingly.*

Here [i.e., Here in learning the great art of communication],

as in everything else,

practice

leads to

an increasingly

- *spontaneous and*
- *automatic*

ability

- *to be*

outwardly

what you were previously

only

- *secretly and*
- *inwardly, and*

- *to communicate this state*
to others.

18

Just use your imagination
and think about
the enormous difference
this [i.e., this practice of the art of communication]
makes in human communication.

How often do you believe
someone is mean to you
when, in reality,
this other person

- fears you and
- erroneously uses a
 - coldness or
 - rejecting attitude

as a defense?

Knowing this [i.e., Knowing that the person fears you and is erroneously
using defenses of coldness and rejection against you]
removes
your

- fear,

your

- false pride

your

- anger.

It [i.e., Knowing that the person fears you and is erroneously
using defenses of coldness and rejection against you]
may enable you
to meet this person
in an entirely different way
that, in turn,
will dissolve
his or her negative defense
that alienates you.

So you see how
communication
brings souls together,
eliminating walls of fear
that create
hate
between humans.

Therefore
communication
is an intrinsic part of
the good life.

19

However,
the fact
that you may
attempt
to explain yourself
is not enough.

The
way
in which you reveal yourself
is what makes communication
an art.

If you explain yourself
in a way that implies

- blame and
- accusation,

you only create
a bigger wall.

But
if you attempt to explain yourself
by simply conveying
your

- feelings and
- needs,

your

- impressions and
- assumptions

in a

- questioning and
- open spirit

without insisting
that they [i.e., that your assumptions]
be the truth,
then you can reach
a true understanding.

	<p><i>[In this way]</i> <u>You can establish</u></p> <ul style="list-style-type: none">• <u>clarity,</u>• <u>light and</u>• <u>truth.</u> <p><u>By</u></p> <ul style="list-style-type: none">• <u>learning</u> <u>the skill of communication,</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>practicing it [i.e., and by practicing the skill of communication]</u> <u>as an art,</u> <u>you foster</u><ul style="list-style-type: none">• <u>love and</u>• <u>unity.</u>
20	<p><u>How can you</u></p> <ul style="list-style-type: none">• <u>assuage your loneliness</u> <u>unless you</u> <u>establish bridges with others?</u> <p><u>How can you</u></p> <ul style="list-style-type: none">• <u>lose your fear of people</u> <u>unless you</u> <u>truly expose the misconception</u> <u>that others want to be your enemies?</u> <p><u>You can achieve this [i.e., You can assuage your loneliness and lose your fear of others, fear brought on because of your misconceptions]</u></p> <p><u>only by</u> <u>taking the trouble of</u> <u>exploring</u> <u>yourself</u> <u>sufficiently</u> <u>to know what it is</u> <u>you really feel.</u></p> <p><u>Often</u> <u>you believe</u> <u>that you feel in a certain way,</u> <u>yet it is</u> <u>not at all</u> <u>what is really</u> <u>going on in you.</u></p>

You need to
take the apparent risk
of explaining yourself,
even if
this can
rarely be done
in one simple stroke.

[Rather than trying to explain yourself in one simple stroke,]

You need to
enter an ongoing dialogue,

- *full of goodwill,*
- *increasing your willingness*
 - *to shed your pride and*
 - *to give up your stake in blaming.*

This is what communication entails
on an emotional level.

This is how
the great oneness
among all human beings
will be established.

This is how

- *fear and*
- *hate –*

hence

- *war on all levels –*
will increasingly disappear.

In other words,
true communication
will contribute to
bringing the Kingdom of Heaven
to earth.

21

**But there is an
even deeper level of communication
which you
ignore.**

**It [i.e., This even deeper level of communication that you ignore]
is still**

very obscure

but

**once you focus your attention on it,
it will reveal itself**

as clearly as

the levels [of communication that]

I have just discussed.

All interactions

between human beings

ultimately

contribute to

the final aim:

- **reconciliation,**
- **oneness,**
- **brotherhood,**
- **love,**
- **understanding,**
- **truth.**

In the final analysis,

even the

most negative interaction

between individuals

serves this [final aim and] purpose.

22

When
two entities – either

- individual or
- collective

ones –
are involved in
a negative interaction,
a deeper purpose
is being fulfilled,
even if
the interaction
has a most undesirable result
at the moment.

The higher selves
of both entities
are always at work.

The higher self
has not created
the negative interaction per se,
but it [i.e., but the higher self]
uses
what already exists –
negativity –
for the purpose of
dissolving it [i.e., for the purpose of dissolving the negativity].

The

- dissolution and
- transformation

of negative material
cannot possibly take place
unless
there is
an outright manifestation [of the negative material].

Even if
the entities involved [in a particular negative interaction]
• are totally in the dark
about the part
they themselves
play in this [negative] interaction
and
• are still on the level of
self-righteous
one-sidedness,
they [i.e. the entities involved in this negative interaction]
nevertheless
serve a higher purpose.

How much more
does this [serving a higher purpose] happen
when entities [rather than being in the dark and
feeling self-righteous in their one-sidedness, instead]
recognize
the total truth of an interaction [i.e., recognize the total truth
of a negative interaction]
that may be hidden from
their immediate view!

23

So you can see, my friends,
that
underneath
the lower-self exchange,
a higher-self exchange
exists simultaneously
between the entities in conflict.

This is a
very important
new thought
for you to contemplate.

Just imagine:

two

- *people – or*
- *groups of people –*
are at war
on the surface.

They

- *hate and*
- *accuse*
each other.

They

- *wish each other the worst and*
- *want to harm each other.*

At the same time,

on a deeper level,
these entities
agree.

They know

that

what occurs on the surface

serves

- *the common good,*

serves

- *truth and*

- *love,*

serves

- *their unity.*

24

On this path,
when
two of you
• are at odds with each other
and you
• work very deeply
to come to the truth
of the issue,
you often experience
a wonderful conciliation
in which
love unites
the same two individuals
who
• hated and
• accused
each other
before.

You then
witness
what I explained just now.

On your earth sphere,
in this dimension,
the manifestation of conciliation
happens in
sequential time:
first
• the hate,
then
• the search for truth,
then
• love and
• unity.

On the deeper level of being,
there are
no such sequences.

[Rather, on the deeper level of being,]
• Truth
• love and
• unity
always exist simultaneously.

25	<p><u>Take this</u> <u>new vision</u> <u>into account.</u></p> <p><u>It will help you perceive</u> <u>that</u> <u>every situation,</u> <u>• no matter</u> <u>how hopelessly</u> <u>• confused and</u> <u>• negative</u> <u>it may appear,</u> <u>• simultaneously</u> <u>harbors</u> <u>inner</u> <u>• truth,</u> <u>• love and</u> <u>• unity.</u></p> <p><u>Your understanding of this</u> <u>will accelerate</u> <u>the conciliations</u> <u>on the level of</u> <u>sequential time,</u> <u>so that</u> <u>enmity/search/truth/love/unity</u> <u>follow each other</u> <u>in ever quicker succession.</u></p>
26	<p><u>The influx of</u> <u>the Christ consciousness</u> <u>brings more</u> <u>spiritual</u> <u>• values and</u> <u>• laws</u> <u>to your plane.</u></p>

Many
spiritual
• laws and
• values
are generally known
through
religions,
but few
[spiritual laws and values]
are
• truly
• understood and
• experienced
in depth,
let alone
• lived
on the
innermost levels.

Still
too often
humanity
takes these laws,
• confuses and
• distorts
them,
and then
either
• disregards them altogether
because,
distorted,
they make no sense,
or
• hypocritically
obeys them
on a surface level
that fails to reach
the inner person.

The more
humanity grows,
the greater
the influx of
the Christ light
can be, and
the more
it will be possible
to make
true spiritual values
part of
the human consciousness.

27

In this particular lecture
we are dealing, first of all,
with
the law of brotherhood,
which I have often mentioned.

Without
brotherhood
there is
no love,
without
love
there is
no brotherhood.

Love
is
• union.

Hate
is
• split,
• dissension,
• isolation.

Love
means
mutual understanding.

28

Yet
for understanding
to grow,
• effort and
• goodwill
are necessary.

In other words,
• love
is not
something that happens
like a miracle,
nor is
• union [something that happens like a miracle].

You cannot
experience
union with
• God
unless you are able to
experience
union with
• your brothers and sisters,
even [union] with
• those you think are
your enemies.

On the
• outer level
you may not achieve
friendship
with them [i.e., friendship with your brothers and sisters],
for it [i.e., for friendship]
takes [i.e., requires]
both parties
to really desire
• truth and
• union.

But on the
• inner level
you may well be
quite consciously
connected with
the higher self
of that person.

29

Never forget that

- love –
 union with
 - God and
 - other people –
- is the result of
- communication.

And

- communication
is a result of
 - serious effort,
 with a commitment to use
 your
 - attention and
 - your
 - energies,
 - to make yourself
 understood
 in the best possible way,
- and
- to understand
 the other.

For both purposes [i.e., For making yourself understood and
for understanding the other],

- you need to
- empty your mind
 of all
 preconceived ideas
 [that] your lower self
 has a stake in retaining.

You need to

- put aside
 - enmity and
 - distrust.

You need to

- listen
 - deeply and
 - openly.

You need to

- convince the other
of your goodwill
for
the truth.

You need to

- summon the maturity
to realize that
others
do not know
what you
 - mean,
 - feel,
 - think and
 - want.

You need to

- explain yourself
in the
 - deepest,
 - most sincere
way possible.

If you proceed in that way,
you will find

- no problem
between
 - you
 - and
 - others
that cannot be resolved.

Great

- strength and
- self-esteem
will grow from this,
my friends.

30

First, however,
you need to
sacrifice
your
• pride,
your
• stubbornness,
your
• pleasure in
having a case against someone or
your
• fear of finding out
that you are
• wrong and
• bad.

You must put
all this aside.

In that way
you will greatly contribute to
the ever-growing
flow of communication
that is unprecedented
in your era.

In that way
you help herald
an important aspect of
the Christ consciousness –
within
• yourself
and
• others.

You then
truly become
a servant to
God's plan [i.e., the Plan of Salvation].

31

Desist from
yielding to the temptation to

- keep yourself
locked up in
 - isolation and
 - resentment.

Desist equally from
yielding to the temptation to

- accuse and
- blame.

Make yourself
neutral,

at least temporarily,
until

you have the chance of finding out
what the truth is.

Do not fear
the truth.

It [i.e., The truth]
will be
so liberating!

It [i.e., The truth]
will let you off the hook
of your own
secret
self-accusation and

it [i.e., the truth]
will free others
of your
accusations [of them].

You may well find
imperfections
in
both
• yourself
and
• others,
but
these imperfections
will have
a new connotation
that will
free you of
• hurt and
• shame,
as well as [free you of]
the need to put
• hurt and
• shame
on others.

32

Yes, my friends,
this
is what you have been doing in your work
all along.

I am
not telling you about a
new process,
but I want to
shed a new light on it [i.e., shed a new light on the work you have been
doing all along]
now, from a new angle, so that
you can deepen
your commitment
to follow through.

33

The new influx of
the Christ consciousness
sweeps through your world
with tremendous force,
yet
its manifestations
are not always recognized.

At first
the influx [of the Christ consciousness]
reaches humanity's
inner
consciousness.

Wherever
there is the slightest potential,
[humanity's inner] consciousness
begins to change

- gradually,
- subtly.

It [i.e., Humanity's inner consciousness]
may change
through

- new ways
of thinking about
life

or
through

- a desire to find a way
to understand
 - the self
- and
 - life

more profoundly.

Even those
who are less

- ready and
- developed

may lend a hand,
perhaps unwittingly,
to the unfolding of
the Great Plan [i.e., the Plan of Salvation].

They [i.e., those who are less ready and less developed],
too,
become instruments,
even though
their instrumentality
may appear
entirely negative.

Through their sphere of
• influence and
• activity
they affect events,
which then conspire
to bring about
new conditions.

It is again, as I explained before,
the higher self
of such a person
• working
in conjunction with
the Plan [i.e., the Plan of Salvation] and
• using the
negative outer will
to contribute
positively
to the whole picture.

34

The new influx –
called
the New Age –
also affects
outer
events,
often
in a most obscure way.

What may appear
an entirely

- undesirable,
- negative

occurrence

is, in reality,

a necessity for

- establishing
new values and
- reestablishing
life

based on

- spiritual premises,
- truth and
- love.

In other words,

destructiveness

that has advanced so far

that it can no longer be

- changed,
- molded or
- transformed,

needs to be destroyed

before a

- new and
- better

structure

can be erected.

35

Many destructive events

on your earth

are of this kind [i.e., the kind of destructive events that destroy the destructiveness that has advanced so far that it can no longer be changed, molded, or transformed].

You need to learn to distinguish

between

• **those [destructive] events**

that are

• **outright unnecessary and**

• **directly opposed to life,**
being expressions of evil,

and

• **those [i.e., those destructive events]**

that fall into the category I just described.

The distinction [between these two kinds of destructive events]

is not always

immediately clear,

but as you

• **train your**

inner vision

and

• **become more aware of**

these processes of creation [i.e., aware of these processes of creation that sometimes require destruction of the old and entrenched destructive structure before the building of the new structures can be started],

your perception

will become more accurate.

36

Many of you already see that
new values
are

- springing up
all over,
 - working their way
laboriously
through
 - the thicket of
obsolete values,
 - the old
 - negative and
 - destructive
- attitudes toward life.

The new values
are still

- small and
 - delicate
plants
 - that need nurturing
 - with
 - courage,
 - with
 - commitment to
the larger cause of life
 - and
 - with
 - the ever-necessary self-honesty
that fosters
 - development and
 - expansion
- of individual consciousness.

The more
people nurture this growth,
the stronger
the new plants will become
on your planet.

37

The process [of growing new values]
is always based on
a cellular structure.

It [i.e., The process of growing new values]
begins with
the single cell,
the individual consciousness
that needs to change.

Such individual change
cannot take place
in isolation,
but always
in conjunction
with others.

For
individual consciousness
is part of

- *the collective consciousness,*
- *the great whole.*

Individual

- *values and*
- *development*

can only be measured
by interaction with others.

Communication
is one aspect [of individual development]
that improves interaction [with others]
until there is no separation.

The more
individual cells of consciousness
begin to

- *purify and*
- *align themselves with the divine will,*

the more
they [i.e., the more the individual cells of consciousness]
will affect
the totality of the earth entity.

The [individual] cells
meld into
one structure,
although
they [i.e., the individual cells]
each have
their individual life.

38

You have
a great deal of ambivalence
about this melding [i.e., this melding of the individual cells of
consciousness into one structure].

On the one hand,

- you fear giving up
what you call
your individuality.
- You believe that
 - your uniqueness,
 - your particular divine manifestation,is dependent on
your separation.
- You falsely assume that
in oneness with the whole
you lose
what is
uniquely yours.

In reality

it is just the other way round [i.e., in oneness with the whole
you more fully manifest what is uniquely yours].

Thus

you struggle against
the innate fate
of all created beings –
the striving toward oneness.

You

- resist and
- fight

it [i.e., you resist and fight against striving toward oneness
which is the innate fate of all created beings],
to your great chagrin.

For, on the other hand [i.e., the opposite hand to the hand that fears losing your
uniqueness and individuality should you move toward oneness],
the longing for
oneness
can never be relieved
without
oneness
being achieved.

The longing [for oneness]
is desperate
in your soul, and
the pain of
not experiencing oneness
is excruciating.

- Not knowing
of this [desperate] longing [for oneness in your soul],
- not feeling
the [excruciating] pain [of not experiencing oneness],
is even worse [than the pain of the desperate longing for oneness
per se and the excruciating pain of not
experiencing oneness per se];
it [i.e., this state of not knowing the pain of this longing for oneness
in your soul and not feeling the pain of not
experiencing oneness]
is a state of
 - apathy,
 - unaliveness,
 - confusion and
 - secondary pain.

	<p><i><u>It [i.e., this state of not knowing the pain of this longing for oneness in your soul and not feeling the pain of not experiencing oneness]</u></i></p> <p><i><u>is a state</u></i></p> <p><i><u>that you can never understand</u></i></p> <p><i><u>because</u></i></p> <p><i><u>it [i.e., this state of not knowing the pain of this longing for oneness in your soul and not feeling the pain of not experiencing oneness]</u></i></p> <p><i><u>is a result of</u></i></p> <p><i><u>a long chain reaction</u></i></p> <p><i><u>whose origin</u></i></p> <p><i><u>is precisely</u></i></p> <p><i><u>the pain of</u></i></p> <p><i><u>denying oneness.</u></i></p>
39	<p><i><u>It has often been mentioned that</u></i></p> <ul style="list-style-type: none"><i><u>• the New Age,</u></i> <p><i><u>or as it is also called,</u></i></p> <ul style="list-style-type: none"><i><u>• the Aquarian Age,</u></i> <p><i><u>brings about</u></i></p> <p><i><u>group</u></i></p> <ul style="list-style-type: none"><i><u>• formations,</u></i> <p><i><u>group</u></i></p> <ul style="list-style-type: none"><i><u>• consciousness.</u></i> <p><i><u>Such a process [of group formations or group consciousness]</u></i></p> <p><i><u>has not existed</u></i></p> <p><i><u>in the same way</u></i></p> <p><i><u>before.</u></i></p> <p><i><u>Of course,</u></i></p> <p><i><u>humanity as a whole</u></i></p> <p><i><u>is a group</u></i></p> <p><i><u>on a larger scale.</u></i></p> <p><i><u>Society</u></i></p> <p><i><u>could not exist</u></i></p> <p><i><u>unless</u></i></p> <p><i><u>group consciousness</u></i></p> <p><i><u>were cultivated to some degree.</u></i></p>

But until now
individuals
were mainly concerned
with

- themselves and
- their own interests,

regardless of
the effects
of such self-concern
on the rest of the world.

40

Not that this [individualistic] attitude
has now
disappeared.

Far from it.

But
a new awareness
is growing
in which
people are beginning to see
that
if they pursue
nothing but
their self-interest
to the detriment of others,
they go far beyond
violating

- moral and
- spiritual
 - laws and
 - values.

They are beginning to see
that
they themselves
must eventually suffer
from this attitude
as much as,
if not more than,
those
they disregard
with shortsighted selfishness.

41

The human family
could not exist
without
a group spirit.

But
most societies
have not yet
put sufficient weight
on spiritual values.

They [i.e., Most societies]
are unaware of
any new influx and
they proceed
by old

- standards and
- values

that are often based only
on

- expediency and

on

- the most shortsighted goals.

It is surely
no coincidence
that
in your time

- new groups,
- new communities

of all sorts
are springing up all over.

Many of them [i.e., Many of these new groups and communities of all sorts
that are springing up all over]
are
misguided.

Many [i.e., Many of these new groups and communities of all sorts
that are springing up all over]
succumb to
the influence of

- destructive forces and
- evil spirits.

*This [misguidance and influence of destructive forces and evil spirits]
can never be different
on your plane of consciousness.*

*Wherever there is
divine influx,
the demonic forces
send out
their own influences*

- *to corrupt those
who are not purified,*
- *to tempt them and*
- *to destroy them.*

*This [i.e. The fact that the demonic forces send out their own influences]
does not change the fact
that
new communities
must spread*

- *which represent
the new values and*
- *which become models
for new ways of life.*

*The point is
always*

- *to be wakeful and*
- *to never neglect the work of
self-purification.*

*This [i.e., Being wakeful and never neglecting the
work of self-purification]
is the only key of safety.*

*If you follow this through [i.e., If you remain wakeful and never neglect
the work of self-purification]*

- *painstakingly,*
- *in the spirit of
service
to fulfilling God's will,*

*then
evil forces
cannot confuse you.*

	<p><u>[If you remain wakeful and never neglect the work of self-purification]</u></p> <p><u>You will</u></p> <ul style="list-style-type: none">• <u>always know,</u> <p><u>you will</u></p> <ul style="list-style-type: none">• <u>find the answers,</u> <p><u>you will</u></p> <ul style="list-style-type: none">• <u>ultimately stay clean,</u> <u>even if there must be some</u> <u>temporary</u> <u>manifestations of</u> <u>your lower selves.</u>
42	<p><u>I wish to discuss now</u> <u>another manifestation of</u> <u>the new influx:</u></p> <p><u>exposure.</u></p> <p><u>Again,</u> <u>you can see this aspect</u></p> <ul style="list-style-type: none">• <u>individually and</u>• <u>collectively.</u> <p><u>It [i.e., Exposure]</u> <u>can hardly be missed,</u> <u>it [i.e., exposure]</u> <u>is so obvious.</u></p> <p><u>Through</u></p> <ul style="list-style-type: none">• <u>psychology, and</u> <p><u>recently through</u></p> <ul style="list-style-type: none">• <u>profound spiritual work,</u> <u>exposure of self</u> <u>has reached depths</u> <u>unknown before in your history,</u> <u>with the exception of</u> <u>initiates,</u> <u>who formed</u> <u>small minorities</u> <u>in different cultures.</u>

Now
exposure of
the deeper levels of self
has reached
unprecedented degrees.

Even the
least knowledgeable people
have attained
a certain degree of awareness
that there are
deeper levels of being
which determine their lives.

You may now
take this [degree of self-awareness] for granted,
yet it [i.e., yet this degree of self-awareness]
was by no means
always so.

43

This new ability to
explore the self
is a combination of

- communication and
- exposure.

The

- willingness to expose
leads
 - to communication

and

- communication
leads
 - to oneness,
 - to alignment with
the Christ spirit
that sweeps
with great force
through your world.

44

The resistance to
exposure
is always present.

It is obvious that
refusal
to expose
creates isolation.

When you
deny exposure
it always means
that
you have a stake
in maintaining

- a rotten structure,
- a structure
that you need to
 - eliminate and
 - replace.

This unwillingness [to expose]
clearly implies
the wish to continue
living a lie.

Dedication to
the truth
must bring

- the willingness and
- the courage
 - to expose

and

- to change.

45	<p><i><u>If it [i.e., If exposure]</u></i> <i><u>is not done</u></i> <i><u>willingly,</u></i> <i><u>secret matters</u></i> <i><u>will be exposed</u></i> <i><u>through</u></i> <ul style="list-style-type: none">• <i><u>outside forces,</u></i><i><u>through</u></i> <ul style="list-style-type: none">• <i><u>crises</u></i><i><u>that will bring them [i.e., will bring secret matters]</u></i> <i><u>to the surface.</u></i></p> <p><i><u>Once the</u></i> <i><u>force</u></i> <i><u>of the new influx</u></i> <i><u>is set in motion,</u></i> <i><u>it [i.e., the force of the new influx]</u></i> <i><u>cannot be halted.</u></i></p> <p><i><u>The more</u></i> <i><u>opposition</u></i> <i><u>it [i.e., the new influx]</u></i> <i><u>encounters,</u></i> <i><u>the more</u></i> <i><u>painful</u></i> <i><u>the crisis will be.</u></i></p>
46	<p><i><u>This has also become</u></i> <i><u>very obvious</u></i> <i><u>in your public life.</u></i></p> <p><i><u>In very recent times,</u></i> <i><u>a great deal of</u></i> <i><u>hidden</u></i> <i><u>destructiveness</u></i> <i><u>has been</u></i> <ul style="list-style-type: none">• <i><u>exposed</u></i><i><u>and</u></i> <ul style="list-style-type: none">• <i><u>communicated</u></i><i><u>to the public.</u></i></p>

Again, this [level of public exposure of hidden destructiveness]
has never been the case before

- in the same way and
- to the same degree.

And it continues.

Something new
has been set in motion.

Through

- communication,
- through

- exposure,

the whole world

knows of political misdeeds

that would

previously

have remained secret.

Through

- the evolving group consciousness
a great

- interplay and

- interaction

takes place

that allows

all of humankind

to participate in

the drama

of development.

47

Viewing world events
with this understanding
is important.

It is exactly
the process you follow
on this path:

you

- expose your lower self,

you

- share it [i.e., you share your lower self],

you

- communicate it [i.e., you communicate your lower self]
to others.

Can you think of a better way
to establish

- love,
- trust,
- closeness?

48

Again and again
I show you parallels
between
the development of the

- individual

and

- [the development] of the
• planet.

All the processes
you learn to apply
to yourselves

also apply
in some form
on the collective level.

Exposure
has never existed
in the way it does now.

- Masks
are beginning to fall,
- lower-self aspects
begin to show clearly,
with less concealment
than ever before.

Thus
• events and
• intentions
can be recognized
• for what they really are,
• without the camouflages
that bring
so much
• lying,
so much
• suffering,
so much
• confusion.

49

Exposure
is very much a part of
the new influx.

It [i.e., exposure]
is a
direct expression of
the Christ consciousness
that sweeps through
the
• inner
and
• outer
planes of this planet
at this time.

Spiritual development
without
exposure
can, at best, be
only
a half measure
that leads
eventually
to a stalemate.

But unless
exposure
is infused with
love,
it [i.e., exposure]
becomes
self-defeating.

Show respect
for the person
who has the courage
to do it [i.e., courage to drop masks and expose lower-self aspects]
willingly.

Those who refuse
to open up willingly
must not be allowed

- to destroy
their environment

and

- to influence events
through their concealment.

50

The

- courage and
- strength

necessary

to bring about exposure

wherever

- appropriate and
- necessary

stems from

the inner conviction

that it [i.e., that exposure of lower-self aspects]

is done

- in the service of a larger cause –

in other words, [the inner conviction that

exposure of lower-self aspects is done]

- in love.

The more

you expose yourself

- to yourself,

and subsequently

- to others,

the more

you will discover

your

- true
- intrinsic

worth.

You will know

that

the already developed

higher self

is the part

that makes the exposure [of lower-self aspects] possible.

51

It is the same
with
the planetary entity.

The earth's
higher self
is conducting
all the exposures
that occur now
on the political front.

Do not think of
the New Age
as a

- *general,*
- *vague*
- *force.*

[*Actually*]
It [i.e., the New Age]
is a

- *consciousness*
- *by and*
- *in*
itself.

Specific aspects [of this New Age consciousness]
manifest
in various parts of your earth
as the need arises.

52

As all consciousness,
the New Age [i.e., the New Age consciousness]
consists of many aspects
that complete
a harmonious whole.

In this lecture I discussed
three particular aspects [of the New Age consciousness]:

- *communication,*
- *group consciousness, and*
- *exposure.*

	<p><i><u>We also discussed the inevitable parallel between all these aspects manifesting on the</u></i></p> <ul style="list-style-type: none">• <i><u>individual</u></i> <p><i><u>and on the</u></i></p> <ul style="list-style-type: none">• <i><u>collective levels.</u></i>
53	<p><i><u>You are quite well versed on the</u></i></p> <ul style="list-style-type: none">• <i><u>individual level,</u></i> <p><i><u>since this was the emphasis of your pathwork all along.</u></i></p> <p><i><u>Although there are still some</u></i></p> <ul style="list-style-type: none">• <i><u>obstructions and</u></i>• <i><u>resistances,</u></i> <p><i><u>in principle</u></i></p> <ul style="list-style-type: none">• <i><u>you are reconciled with this process [on the individual level]</u></i> <p><i><u>and</u></i></p> <ul style="list-style-type: none">• <i><u>you comprehend its intrinsic</u></i> <ul style="list-style-type: none">• <i><u>necessity and</u></i>• <i><u>value.</u></i> <p><i><u>You can observe how the same [pathwork] process happens on the</u></i></p> <ul style="list-style-type: none">• <i><u>collective level</u></i> <p><i><u>and this [i.e., this observation of how the same pathwork process happens on the collective level as happens on the individual level] will help your expansion as an individual.</u></i></p>

54

By seeing
the same principle
repeated
• in microcosm [i.e., on the individual level]
and
• in macrocosm [i.e., on the collective level],
you develop
a deeper understanding.

Through
• this understanding and
through
• your ever-intensified efforts
toward
• self-exposure
and
• communication
with your
immediate circle of dear ones
with whom you share
your process of development,
you greatly contribute
to
the earth's evolution.

Although it may not be possible
for you
to see this influence [on the earth's evolution]
• directly and
• immediately,
you will
gradually
sense it [i.e., you will gradually sense your influence on
the earth's evolution];

it [i.e., your influence on the earth's evolution]
will become
an ever-growing realization.

55

Communication

could also vastly improve

- if you
helped others
to be more receptive
to what you
 - know and
 - have to teach

and,

similarly [communication could vastly improve],

- if you
were more
 - open and
 - receptive
to where
you
could learn from others.

Too often a

- bland,
- dull
numbness

encases you
into a

- half-vague,
- opinionated,
- incomplete,
- secretive

holding onto assumptions

that closes all doors [to communication].

This [i.e., This exposure and communication]

is where

your spirit friends

wish you to

- improve and
- make of your
 - beautiful,
 - golden,
 - ever-growing
community

a greater glory,

- expressing the Christ,
- servicing the Highest.

56

**I want also to call your attention to
a specific observation:**

**watch the parallels
between the**
• **outer**
and
• **inner**
growth
and
• **the expression**
of your group entity's
higher self.

At times
one [*say, for example, the inner growth*]
is ahead of
the other [*is ahead of, for example, the outer growth*].

At other times
it is reversed [*i.e., in this example, the outer growth is ahead of*
the inner growth].

A certain balance [*i.e., A certain balance between inner and outer growth*]
should be maintained,
though it [*i.e., though the balance of inner and outer growth*]
can never be
completely even.

This [*i.e., This complete balance in which inner and outer growth*
are completely even]
is not necessary.

If the imbalance
between

- *inner*

and

- *outer*

growth
does not become too great,
it [i.e., the imbalance between inner and outer growth]
can easily be adjusted.

No crisis
will accrue
from this imbalance.

It [i.e., the imbalance between inner and outer growth, when not too severe]
is all
in the scheme of things.

So far
your
inner development
has always exceeded
the outer [development],

and this [i.e., and inner development staying ahead of outer development]
is truly

- *the more important,*
- *the more solidly grounded*
way [i.e., more important and solidly grounded way for
development to happen].

But the time has come
when you can
consciously

- *help*
the outer growth
catch up

and

- *make it [i.e., make the outer growth]*
more an expression
of your
inner reality.

57

Look at this beautiful world
with the eyes
that
• see
the whole,
that
• comprehend
the Lord's working
behind all that is.

Let your hearts
be filled with
the freshness
of life's healing power
that flows from the Source
that encompasses
all that
• ever was created
and
• ever will be created.

This Source
resides
right in your own center,
even when
you are unable
• to connect with it or
• to experience its reality
through
• your confusions and
• your momentary suffering.

It [i.e., this Source]
is always there.

58

You are all
surrounded by
the great force
that flows
with such renewed vigor
through your universe.

Be blessed,
my beloved ones.

Pursue your commitment
to the end,

never let up
in your devotion
to serve God.

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