

Pathwork Lecture 249: The Pain of Injustice – Cosmic Records of All Personal and Collective Events, Deeds, Expressions

1996 Edition, Original Given March 8, 1978

This lecture is given in an **expanded poetic format**, what I call a *Devotional Version* of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Version so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- *devotionally*.

The blessings to me in developing this version have been truly profound, and my wish is that this Devotional Version will be a blessing to others. *I invite you to slowly read and ponder this version of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to live you.*

For clarity: The **original text** is in **bold**, usually *italicized*. [My adds of commentary/clarification are in brackets, italicized, and *not bolded*.] To learn more of my Devotional Version and to access the few lectures I have done in this way, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/> Gary Vollbracht

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03	<p><i><u>My beloved friends!</u></i></p> <ul style="list-style-type: none">• <i><u>Greetings and</u></i>• <i><u>blessings</u></i> <i><u>for all of you.</u></i> <p><i><u>May these words</u></i> <i><u>reach</u></i></p> <ul style="list-style-type: none">• <i><u>your deepest core,</u></i>• <i><u>your</u></i><ul style="list-style-type: none">• <i><u>inner and</u></i>• <i><u>outer</u></i> <p><i><u>understanding,</u></i></p> <p><i><u>so that</u></i> <i><u>you will be further motivated</u></i> <i><u>to plow through</u></i> <i><u>the thicket of</u></i></p> <ul style="list-style-type: none">• <i><u>confusion and</u></i>• <i><u>illusion</u></i> <p><i><u>until you</u></i> <i><u>experience</u></i> <i><u>the Great Light.</u></i></p>

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04

There are
so many different kinds of pain
in your world,
for which you have
but one word.

It is the same
with many other realities,
such as
love,
for example.

So many varieties
of the manifestation of love
are described
by only one word.

Many other
human experiences
are not seen
in a true light
because of

- *the limitation of your*
conceptual understanding, as well as
- *the limitation of your*
ability to
experience.

These limitations [*in conceptual understanding and ability to experience*]
in turn
create
limitation of language.

Language
is your vehicle to
communicate,

- *not only*
with others but also
- *within*
yourself,

for the purpose of
creating

- *widened,*
- *more realistic*
understanding.

**Obviously this [multifaceted limitation of humans regarding conceptual understanding, experience, and language]
is a cyclic process,
leading to [either]
• benign
or
• vicious
circles.**

**A fuller [conceptual] understanding
will take you to
fuller experience
which, in turn,
will expand
your ability to
• convey and
• communicate
it [i.e., communicate your experiences]
and [thereby]
make your experience
comprehensible
to
• yourself and
• others.**

**You will then be able to
organically
expand
your language.**

**I venture to say that
in a hundred earth years
your language
will contain
many concepts
as yet unknown.**

**New words will exist
to differentiate between
different kinds of
• love or
• pain or
• many other states of
inner
experience.**

05	<p><i><u>In the meantime</u></i> <i><u>I will help this cyclic process along</u></i> <i><u>by discussing</u></i> <i><u>different kinds of</u></i> <i><u>human experiences</u></i> <i><u>now lumped together</u></i> <i><u>under</u></i> <i><u>one</u></i> <i><u>designation.</u></i></p> <p><i><u>At various phases</u></i> <i><u>certain human</u></i> <i><u>experiences</u></i> <i><u>need to be understood</u></i> <i><u>in a fuller way</u></i> <i><u>and differentiations</u></i> <i><u>have to be made.</u></i></p> <p><i><u>For example,</u></i> <i><u>now</u></i> <i><u>it is essential</u></i> <i><u>that you understand about</u></i> <i><u>different kinds of</u></i> <i><u>pain.</u></i></p>
06	<p><i><u>First let me name</u></i> <i><u>a few variations of pain,</u></i> <i><u>and then we can</u></i> <i><u>focus on</u></i> <i><u>one particular pain</u></i> <i><u>which you rarely, if ever,</u></i> <i><u>think of as</u></i> <i><u>one specific pain.</u></i></p> <p><i><u>The most familiar kind of pain,</u></i> <i><u>distinctly different from all other kinds,</u></i> <i><u>is what you</u></i> <i><u>feel</u></i> <i><u>when someone</u></i> <ul style="list-style-type: none">• <i><u>wounds you,</u></i>• <i><u>hates you,</u></i>• <i><u>wishes to hurt you.</u></i></p>

The confusion
of not quite understanding
• what pains you
and [of not quite understanding]
• what goes on
in you
brings about another pain.

The vague feeling
that
you
have
• created or at least
• co-created
your own pain
without fully understanding
• how and
• why,
[you created your own pain]
gives birth to
yet another pain,
which is related to
the pain of
your resistance to
being in truth.

Then you have
the distinct pain
of your guilt [for causing your own pain and for resisting
being in truth]–
guilt
for which
you have
no intention
to make restitution.

07

Some of the above pains
are obviously interrelated.

For example,

the unwillingness to

- clearly face and
- make restitution for
your guilt

leads to

- confusion and
- frustration.

These [pains of 1) unrestituted guilt and of 2) confusion and frustration], in turn,
are often

projected onto others
whom you blame
for causing
your pain.

These two kinds of pain
create
a vicious circle.

Nevertheless,
they are

two entirely different
kinds of pain –

[1.] the pain of

- confusion and frustration and

[2.] the pain of

- unrestituted guilt.

They [i.e., these two forms of pain] are so different
that they might well deserve
two completely different words.

And, as I said,
one day this will be so.

It [i.e., having two words for these two forms of pain]
will develop organically,
for human language
reflects the organic development
of humanity as a whole.

08

You

- have experienced and
- know about
these [two] types of pain,
although
you did not always perceive
that each one
is of a
 - different nature,
 - origin and
 - cause,with totally different
 - dynamics and
 - effects.

They [i.e., these two kinds of pain] are
as different
from each other
as the

sequential emotions
within

- a vicious or
- a benign
circle

are different,
even though

they [i.e., the sequential emotions of such a cycle]
create one another.

For example:

- Guilt
creates fear,
 - fear
creates anger,
 - anger
creates
 - self-doubt and
 - self-hate,
 - self-hate
creates
 - negative behavior patterns and
 - self-destructiveness.

All these emotions,
although interconnected,
are as different from one another
as one kind of pain is from the other [kind of pain].

09	<p><i>This preface to the topic of tonight's lecture should help clear up some of the cobwebs in your mind.</i></p>
10	<p><i>The <u>specific pain</u></i></p> <ul style="list-style-type: none"><i>• <u>I wish to discuss,</u></i><i>• <u>that is so important</u> <u>to be seen</u> <u>in a new light</u> <u>at this state of your development,</u></i> <p><i>is the <u>pain of injustice.</u></i></p> <p><i><u>This type of pain</u> <u>contains more</u> <u>than can be expressed</u> <u>by this word [i.e., by this word "injustice"].</u></i></p> <p><i><u>It is not just</u> <u>actual injustice</u> <u>happening to you</u> <u>here and now.</u></i></p> <p><i><u>Such injustice [i.e., such actual injustice</u> <u>happening to you here and now]</u> <u>could be classified as</u> <u>pain</u> <u>of being</u></i></p> <ul style="list-style-type: none"><i>• <u>wounded and</u></i><i>• <u>hurt.</u></i> <p><i><u>There is more to it [i.e., more to the pain of injustice]</u> <u>than that.</u></i></p> <p><i>[Rather,] <u>It [i.e., the pain of injustice]</u> <u>is a fear</u> <u>that the universe</u> <u>can allow</u> <u>destruction to exist</u> <u>without</u> <u>safety valves.</u></i></p>

	<p><u>It</u> [i.e., the pain of injustice] <u>is the fear</u></p> <ul style="list-style-type: none">• <u>that nothing</u> <u>has rhyme or reason,</u>• <u>that doing</u> <u>good – or bad –</u> <u>has no effect</u> <u>on the outcome</u> <u>of cosmic</u><ul style="list-style-type: none">• <u>history and</u>• <u>evolution.</u>
11	<p><u>You will say,</u> <u>quite rightly,</u> <u>that</u></p> <ul style="list-style-type: none">• <u>this pain</u> [of injustice],• <u>this fear,</u> <u>is actually</u><ul style="list-style-type: none">• <u>a doubt,</u>• <u>a lack of faith</u> <u>in a meaningful universe</u> <u>[a universe] that consists of</u><ul style="list-style-type: none">• <u>supreme intelligence,</u>• <u>love, and</u>• <u>justice.</u> <p><u>True.</u></p> <p><u>There is of course</u></p> <ul style="list-style-type: none">• <u>the pain of</u> <u>doubting,</u>• <u>the pain of</u> <u>not experiencing</u> <u>God's existence.</u>

However,
not knowing
that
all actions,
including

- outer and
- inner
- attitudes and
- states,

have
distinct consequences,
creates
a very specific pain.

Realizing this [i.e., realizing that all actions have distinct consequences]
establishes
the faith
without which
you suffer
the pain of doubt.

So
the pain of
doubt
is not the same as
the pain of
not experiencing justice.

The latter
leads to the former and
the former also
leads to the latter,
but
they are
not quite
one and the same.

The pain of injustice
connotes fear

- of
a meaningless universe,
- of
chaos.

It [i.e., the pain of injustice]
distinctly
results from –
and further creates –
disconnection.

If effects
are disconnected [from causes]
in the field of human vision,
fear of
meaninglessness
results.

And that is
the specific kind of pain
I am concerned with.

12

The human field of vision
is more often than not
too narrow
to allow
the perception
of connections
[between causes and effects].

I discussed this more generally
in the lecture on
cause and effect.

We are now focusing on
a particular aspect of
the disconnection
between cause and effect.

We see that it [i.e., that this particular aspect of the disconnection
between cause and effect]

leads to
certain ramifications
that create
a very specific
kind of pain.

13	<p><i><u>Every phenomenon</u></i> <i><u>in the universe</u></i> <i><u>is experienced</u></i> <i><u>within</u></i> <i><u>the human soul.</u></i></p> <p>The</p> <ul style="list-style-type: none">• <i><u>larger,</u></i>• <i><u>macrocosmic</u></i> <p><i>that is,</i></p> <ul style="list-style-type: none">• <i><u>meaninglessness,</u></i> <i><u>also exists</u></i> <i><u>in a</u></i> <i><u>personal manner</u></i> <i><u>in the microcosm.</u></i> <p><i><u>On your path</u></i> <i><u>you constantly</u></i> <i><u>deal with</u></i> <i><u>this phenomenon,</u></i> <i><u>whether or not</u></i> <i><u>you are aware of it.</u></i></p>
14	<p><i><u>Much of</u></i> <i><u>the resistance</u></i> <i><u>you encounter</u></i> <i><u>in your</u></i> <i><u>personal purification process</u></i></p> <p><i><u>is based on</u></i></p> <ul style="list-style-type: none">• <i><u>this existential fear</u></i> <i><u>of a meaningless universe, and</u></i><ul style="list-style-type: none">• <i><u>the passage of time, and</u></i>• <i><u>the pain of life</u></i><i><u>that results from it [i.e., the passage of time and pain of life that</u></i> <i><u>results from this existential fear of a meaningless universe].</u></i>

Underneath
the resistance
to face the lower self
is the pain
of an
• unjust,
• chaotic,
• meaningless
creation.

Or,
to put it a bit more accurately,
the lower self
is a direct result of
the
• fear and
• pain
of
• injustice,
• meaninglessness and
• chaos.

As usual,
the process then becomes
self-perpetuating
and works both ways:
The pain of injustice
creates
• negativity,
that is,
• the lower self.

And, conversely,
the guilt
about the lower self [aspects of oneself]
fosters an attitude of [the self]
not deserving
• salvation,
that is,
not deserving
• eternal life,
• goodness,
• joy,
• total justice.

15

When you ponder
your progression on your path,
it will become clear to you
that in the process of your personal work,
you frequently encounter
a puzzling phenomenon.

It is the following:

After
overcoming resistance –
often quite strong resistance –
to face
not only

- lower-self traits,

but also

- their consequences and
- painful effects

on

- you and
- your life,

you experience
profound relief.

It is as though
a weight had been lifted off your shoulders.

Suddenly
everything

- falls into place and
- fits.

Why
do you think this happens?

It is precisely because
you now

- literally and
- personally

experience
in your own microcosm
that
life
is totally

- just and
- fair.

This [experience that your own life is totally just and fair]
is infinitely more important
than
having to own

- *self-destructive devices and*
- *impairment of*
your divine nature.

These [self-destructive devices and this impairment of your divine nature]
can be corrected,
but
a universe
in which
evil
could win

- *cannot be corrected and*
- *is an utterly dismal prospect.*

16

A related manifestation
is its converse:
Whenever you seem to
get away with
your lower self [and not have to experience its negative and
destructive consequences and effects],
the momentary triumph
is very shallow
and covers a deep despair.

Your dual nature
is in constant battle here.

One part [of you, the negative part]
strongly aims for

- *covering,*
- *justifying,*
- *projecting,*

and thereby
increasing
the lower-self

- *energies and*
- *activities.*

This [negative] part of you

- *fights*
the path process
in many ways and
- *aims*
 - *to deceive your helper,*
 - *to convince him or her*
that your cover-ups are valid.

But the other part of you [i.e., your positive higher self]
is very unhappy
when the first part [of you, the negative part,] succeeds.

Whenever your helper

- *fails to discover*
your lower-self maneuvers and
- *is blind, together with you,*
about the connections –
that is, cause and effect [behind your
destructiveness and negative
undesirable experiences and pain] –
sooner or later
you resent your helper
for this failure.

No matter how much
you may have battled
at first
against
seeing the connections
between

- *negative intent*

and

- *undesirable experience,*

you feel
truly let down
when the helper
does not
ally with
your higher self,
no matter
how covered up it [i.e., how covered up your
higher self]
may still be
at the time [with lower self aspects].

*Lack of trust
in the helper
is directly connected with
the lack of trust
in a fair universe.*

If you can

- *deceive and*
- *"win"*
with
 - *your negativity,*
 - *your evil,*
 - *your destructive attitudes,*

you

- *realistically and*
- *logically*
conclude
that
Creation as a whole
is
 - *untrustworthy and*
 - *chaotic.*

*This [wrong conclusion that Creation is untrustworthy and chaotic]
is perhaps one of the
most unbearable pains
in the human soul!*

17

*I strongly recommend
that you focus
right now
on what I am discussing here.*

Try to perceive
that behind
resistance
to face
certain negative aspects [in yourself]
lies
an even greater resistance
to see [law of cause and effect, in other words, resistance to see] that
these negative patterns
create
inevitably

- negative experiences and
- undesirable life circumstances.

Once you can admit
the resistance [to seeing the law of cause and effect],
it will be easier
to go one layer deeper
and become conscious of
both
a deep longing
to make these connections [between causes and effects]
and
an equally strong
painful fear

- that
no connections [between causes and effects] exist,
- that
all [in the Universe] is
 - arbitrary and
 - senseless.

Resistance to
making connections
between

- cause

and

- effect

covers the

- fear and
- pain

that there are no such connections.

Find
the moments of relief
in your past work
when,
after having overcome resistance [to making the connection
between cause and effect],
you [then] realized
the intrinsic fairness of life.

Remember how,
after seeing the connections [between causes and effects],
you always felt
much more secure about life.

With this insight
into hitherto
• obscure and
• unnamed
reactions [to life],
you will have made
the pain of injustice
conscious.

18

This is why
a path
such as the
• one you are choosing for your
• development and
• growth,
• one that goes into these
• depths and
• hidden crevices,
brings a
• new and
• true
security.

It [i.e., a path such as this pathwork]
eliminates
the pain of injustice
because it
establishes connections
between

- cause

and

- effect

in your own
soul life
[connections] that remain inaccessible
as long as
strong resistances
are not overcome.

- Love of and
- trust in

your helpers
are commensurate with
your

- goodwill and
- intent

to help them
help you
see
what you
most deeply
long for.

How can you

- trust and
- believe in and
- experience

a just universe

unless you

see plainly

how every one of your

- actions,
- thoughts,
- hidden intentionalities,
- feelings and
- attitudes –
 - positive and
 - negative –
 - has definitive
 - results and
 - effects?

Little by little

the personal connections

- unroll and
 - reveal larger processes,
- gradually

leading into

the macrocosmic events.

At first,

almost all earthly events

seem disconnected

from one another.

Things happen

as if

- arbitrarily,
- nonsensically.

Only when
the microcosmic connections
are being made
do macrocosmic events
reveal their
• meaning and
• connections, their
• causes and
• effects –
at least to a degree.

19

As long as
you
• live in
the shell of matter,
• encased in time,
there are
many connections
you can never
fully make.

They [i.e., the connections between causes and effects]
remain invisible,
although at times
you can
intuitively
sense some links.

To understand
that
main connections [between causes and effects]
exist
needs
faith.

But
true faith
is
to some degree
experiential.

It [i.e., true faith]
comes
exactly because
your inner process
moves toward
an increasing uncovering of
connecting links [between causes and effects].

This movement [toward increasing uncovering of these
connecting links between causes and effects]

- *allays*
the fear of
the pain of injustice and
- *heals*
the wounds it [i.e., heals the wounds
that the fear of the pain of injustice]
causes.

20

Think of
your reactions

- *when you witness*
earthly events of
cruelty
whose perpetrators
seem to
remain unapprehended, or
- *when*
 - *good deeds and*
 - *genuine*
 - *love and*
 - *giving**seem to*
 - *elicit undeserved negative effects, or at least*
 - *fail to produce just rewards.*

On some occasions
it is possible
to go beyond the surface
and see deeper connections [between causes and effects]
that reveal
the perfect justice of life.

*[However] In some instances
it is truly a question of time.*

The

- *connections* *[between causes and effects]* *and*
- *justice*

*are not immediately visible,
but the unrolling of time,
in your dimension,
makes the connections obvious.*

Time brings them *[i.e., brings the connections
between causes and effects]*
eventually
to the surface.

21

But in how many instances,

- *in small issues* *as well as*
- *in large ones,*
- *in personal issues* *as well as*
- *in general and universal ones,*

it is

quite impossible

to see the connections *[between causes and effects]!*

The unrolling of time
extends beyond
the human vision.

All spiritual scriptures

speak about

the reality of

ultimate justice,

often

- *perceived and*

- *experienced*

only after

- *your body*

is left behind and

- *your vision*

becomes more extended.

The concept of
• *the "Last Judgment" or*
• *"Judgment Day"*
is an intimation
of this fact.

These terms
convey that
there is a "time"
after death
when
all is revealed.

Human beings
usually react unfavorably
to this concept [of all in their lives "being revealed"]
because they think of it
in terms of
• *a punishing deity,*
• *a cruel, unmerciful ruler*
who would impose
more injustice on them.

This ancient concept
confused
• *God*
with
• *cruel earthly*
• *leaders and*
• *fathers.*

But
the true meaning of
the "final judgment"
is the revealing of
connections [of causes with effects]
that show
the unutterable beauty of
the faultless justice of
spiritual laws.

22

The

- joy and
- security

of the discovery [of the unutterable beauty
of the faultless justice of spiritual laws]

by far

outweighs

the personal price

that needs to be paid

for infringement of
divine law.

Even if

negative karma

results

from the actions of a lifetime,

it [i.e., the negative karma]

is joyfully undertaken

once the covers fall off,

because

living in a

- just and

- trustworthy

universe

has much greater value [than the negative karma that
may have to be undertaken temporarily].

This is parallel to

experiencing

at certain stages on your path

the relief of

seeing cause and effect,

even if it means

paying the price [for your negativity
that caused painful effects].

23

On one level

you resist [acknowledging cause and effect],
because

you desire

- never

to be accountable for
your misdemeanors,

- never

to have to pay the price [for your misdemeanors].

On a deeper level

you dread this possibility,

but

you are also

profoundly relieved

to find out that

every smallest particle of consciousness
creates effects

which, in turn,

must come back to you

and extract a price:

- positively,
in a life-affirming way, or
- negatively,
in a life-denying way,
according to the cause.

24

How is it possible
that

- all deeds,
- all attitudes,
- all ever so secret intentionalities
can be accounted for,
often decades later?

*How can someone's life
be adjudged
long after the fact?*

*It is important
that you have some*

- *concept and*
- *understanding*
about the principle operating here.

*This [understanding] will help you
to open up
your inner valves
to intuitive experiences.*

25

*You already know that
every human being
contains an inner substance –
sometimes referred to as "soul substance" –
which reflects
every particle
of the person's life.*

*Nothing
is lost,
nothing
glossed over.*

- *Every thought of any significance,*
- *every feeling,*
- *every intent,*
- *every will direction,*
- *every action –*
with all its ramifications –
is imprinted into this [soul] substance
and thereby
made available to review.

*Thus
a person's life
may be perused
from every conceivable point of view.*

One's life
is truly
an open book.

You all contain
an inner recording device,
if you will.

One of your
greatest illusions –
and you have many –
is that

- thoughts and
- intentions and
- desires

can be kept secret
and should therefore
have no impact.

Individuals often
feel resentful
when others react to

- their unspoken intentions,
- their secret negative wishes,

as if they [i.e., as if their unspoken intentions and
secret negative wishes]
should not count.

Whatever seems to be

- got away with or
- unaccounted for

in an individual's life,

- good or
- bad,

will

- ultimately be open and
- inevitably have its

commensurate effects.

26

There are
definite laws in operation
that determine
when
effects

follow causes –

- when and why,
in certain instances,
effects follow suit
relatively quickly [after their causes]
and are thereby
immediately traceable
[to their causes], and
- when and why
there is a longer time span
between them [i.e., a longer time span between effects
and their causes].

It would be much too complicated
to delve into this now.

All I can say at this time is that
the more an entity is developed,
the faster effects
follow causes.

Beings who are still
relatively undeveloped
find themselves
in the darkness of
groping through the webs of
cause and effect,
more often than not
completely missing the connections [between effects and their causes],
discovering them only
much later,
when the body is shed
as a garment no longer needed.

27

Just as each individual
carries his or her
own inner soul tableau
in which
his or her
personal records
are kept,
so does your planet
have a
soul substance
into which
all that ever happened on earth
is imprinted
and can be read
as an immaculately kept record.

Some human beings
have special gifts of clairvoyance,
through which
parts of the world record
are revealed to them.

Of course,
personal misinterpretations
due to limited consciousness
can distort their vision.

Since
the world recording system
exists
beyond three-dimensional time,
the future – that is,
certain possibilities of
the reality
which might most likely manifest –
can be as available
as the past.

The world [soul] substance
is infinitely malleable,
just as personal soul substance is.

They [i.e., both the world soul substance and the personal soul substance]
are of the same "material."

Nothing that
• ever happened,
• is happening,
• will happen
is ever lost.

Everything
automatically
imprints itself
in this [soul] substance.

It [i.e., this soul substance] does
not only show the
• raw event –
or even the plain simple
• thought,
• attitude or
• will direction.

It [i.e., this soul substance] also shows the
• most hidden motives, the
• most secret intention, the
• exact balance of ambivalent feelings and the
• real reasons for making a decision.

It [i.e., this soul substance] registers
• which alternative
• the individual or
• the collective entity
is acting upon.

In that way,
no
• darkness or
• confusion
can ever exist
in the record [i.e., in the world or personal soul substance].

	<p><u>Much</u></p> <ul style="list-style-type: none">• <u>argument,</u>• <u>dissension,</u>• <u>painful struggling</u> <p><u>in</u></p> <ul style="list-style-type: none">• <u>dark and</u>• <u>confused</u> <p><u>states of mind,</u> <u>is based on</u> <u>a most superficial level of awareness;</u></p> <p><u>the persons are</u> <u>nevertheless</u> <u>affected by</u> <u>the hidden levels of consciousness.</u></p>
29	<p><u>Clarity of vision</u> <u>totally eliminates</u> <u>all</u></p> <ul style="list-style-type: none">• <u>fear and</u>• <u>pain</u> <p><u>of injustice.</u></p> <p><u>It [i.e., clarity of vision]</u> <u>shows without a doubt</u> <u>that you live in</u> <u>an infinitely just Creation</u> <u>in which</u> <u>no error</u> <u>is ever possible.</u></p> <p><u>But this awareness [i.e., this clarity of vision]</u> <u>cannot be given gratuitously.</u></p> <p><u>Each entity</u> <u>must develop into it [i.e., develop into awareness or clarity of vision]</u> <u>through struggle.</u></p> <p><u>This [struggle] means</u> <u>overcoming the resistance</u></p> <ul style="list-style-type: none">• <u>to making every crevice of the self</u> <u>known and</u>• <u>to taking responsibility for it [i.e., overcoming resistance to taking</u> <u>responsibility for every crevice of the self].</u>

Scriptures of many

- *religious* and
- *spiritual*

movements

*have always hinted at
ultimate justice.*

"Judgment Day"

means nothing else

but this [i.e. nothing else but ultimate justice in Creation].

It is human consciousness,

with its

present

limitations,

that interpreted

judgment

- *to imply*

an unloving attitude

on the part of those

who were supposed to judge,

- *[even interpreting judgment] to imply*

- *unfairness,*

- *arbitrariness,*

- *rejection.*

This [interpretation of judgment]

is clearly

a projection of

humanity's own

state of affairs.

Divine justice [in contrast to limited human justice]

is nothing more, nor less,

than

the full vision of

all an entity expresses,

so that

the inevitable consequences [of all an entity expresses]

become

- *the measure and*

- *the medicine*

to grow into

wholeness,

that is,

holiness.

30

You need to

- clearly understand and
 - differentiate
between
 - the fear of and
 - resistance to
this full vision of
unconcealed revelation
 - of all that is –
 - of the World Soul Substance
that hides nothing –
- and [its opposite:]
- the deepest longing
in your soul
for exactly
this
 - knowledge and
 - experience.

For only then [i.e., only when you understand and differentiate between, on the one hand, the resistance to seeing and, on the other hand, the longing to seeing the unconcealed revelation of all that is]

will you heal
the profoundly painful wound
of believing
that you live in
an unreliable universe
in which there exists
no justice.

You need to understand

the deep struggle
in your soul
between
these two opposite
will directions [i.e., one will-direction not to see the truth,
the other will-direction to see the truth of all that is].

When you do so [i.e., when you do understand the deep struggle between these two opposite will-directions operating in your soul],
you will be able to help its [i.e., help this struggle's] resolution
with your
clear consciousness.

What your

- outer self
often opposes
most vigorously,

your

- inner self
longs for
most ardently.

When

- the outer self
 - succeeds and
 - rules
the will direction
of the
 - manifest,
 - acting
personality,
- the inner self
is in
the greatest despair.

You

feel
this despair [of your inner self]
sometimes
only vaguely,
at other times
quite keenly,

but you

never
understand
it [i.e., never understand the despair of your inner self]
clearly.

Often you

misinterpret
this despair [of your inner self]

and you

blame

- life or
- others
for it.

31

*So, my friends, I say to you,
experience the pain of
believing you live in
an unjust universe.*

*Only when you
establish full awareness
of this specific pain [i.e., full awareness of this specific pain of believing
you live in an unjust universe],
can you then, as the next step,
establish full awareness
of the struggle in you
to heal this pain [of believing you live in an unjust universe].*

*They [i.e., the resistance to seeing the truth, believing the truth is that
you live in an unjust universe and your longing to see the truth
that this is not the case and that you live in a totally just universe]
are two opposite
will directions.*

*At this point,
you need to understand
that there is no other cure
for this specific pain [i.e., this specific pain of believing
you live in an unjust universe]
but*

- to obtain the relief
you resist most, that is,
- to [obtain the relief that comes when you] ascertain
the connections
between
 - the causes you set in motion

and

- their effects
on
 - yourself and
 - others.

	<p><u>Once you remove</u> <u>your wall of resistance [to seeing the truth of these connections between causes and effects],</u> <u>you will see how foolish it was</u> <u>to have it [i.e., how foolish it was to have this wall of resistance blocking the truth of these connections between causes and effects],</u> <u>and what a relief it is</u> <u>to see</u></p> <ul style="list-style-type: none">• <u>the orderliness,</u>• <u>the beauty,</u>• <u>the infinite merciful justice of Creation.</u>
32	<p><u>Become aware of</u></p> <ul style="list-style-type: none">• <u>living,</u>• <u>breathing, and</u>• <u>being</u> <p><u>in a living substance</u> <u>that registers</u> <u>at all times</u></p> <ul style="list-style-type: none">• <u>all that you are,</u>• <u>all that you manifest,</u>• <u>all that you express,</u>• <u>all that you strive for.</u> <p><u>Your</u></p> <ul style="list-style-type: none">• <u>being,</u> <p><u>your</u></p> <ul style="list-style-type: none">• <u>aliveness</u> <p><u>has impact on</u> <u>the world you live in,</u> <u>whether you know it or not.</u></p> <p><u>Do not fear this fact,</u> <u>do not resist it.</u></p>

You

- fear and
- resist

knowing this [i.e., you fear and resist knowing
that your being has impact on the world]

because

you believe that
your destructive aspects
are

- your essence,
- your ultimate reality.

[If it were true that your destructive aspects
were your essence and ultimate reality,]

That would indeed
be unbearable.

That [negative] alternative
is whispered into your ears
by the forces of darkness
whose interest it is
that you remain in

- pain,
- fear and
- confusion,
- disconnected from
the greater reality of life.

In the darkness
you prefer
to struggle with
the pain of
an unjust universe,
rather than

- see
the
 - beauty and
 - justice
of God's creation and
- discover that
you are
ultimately
good.

33

*So you need to
pray for
the faith in
your ultimate divine essence
that can
fully reveal itself
only
when you recognize
what covers it up.*

This step of

- *courage and*
- *faith [in your ultimate divine essence]*

*is exactly
what you need to take on your path,
again and again.*

*The awareness of
having impact on life*

- *through your
very being,*
- *through
simply existing,
will give you*
 - *a tremendous sense of peace and*
 - *a sense of your own values*

*rather than
frighten you.*

*It [i.e., this awareness of having impact on life
through your very being and by simply existing]
will motivate you
to unfold
all your
still dormant
divine potentials,
with which you
will then mold
ever-newly unfolding life.*

34

Life's
infinite possibilities
depend

- on every single
created conscious entity,
- on each entity's
decision,
in every fraction of time,
 - which way to
 - go,
 - which way to
 - think,
 - act and
 - will.

You
are the director
of your thoughts.

Your thoughts
do not
befall you [i.e., your thoughts do not happen to you
by chance or fate].

Through your thoughts,
you
create

- the flow of
feelings and
- the direction of
your vital energies.

The
You
that can make these decisions
is
the already-manifest
divinity.

*It is an illusion
to believe
that by
not making decisions
in your*

- *thoughts,*
- *opinions or*
- *acts,*

*you have
no impact.*

*Even when
you
actively choose,
you often doubt
that your decisions
have impact.*

*How much more
will you doubt [that you have any significant impact]
when it comes to your*

- *non-actions, your*
- *lukewarm withholding or*
- *not taking a stand,*
- *not actively searching for truth at all times!*

*The reality is
that your
non-actions
are actions in themselves
that have every bit as much impact
as your
overt actions.*

*Your soul substance
registers
the hidden motives for
non-action.*

*It [i.e., your soul substance]
registers*

- *feelings and*
- *attitudes*

*that are contained
behind
the decision
not to act.*

35

Since

you are

- consciousness,

since

you are

- a divine manifestation,
you cannot help
breathing into
the world substance
by virtue of
simply existing.

All consciousness
does that.

Being

must affect
life,
simply being.

Be aware of

- the great privilege,
- the great power,
- the dignity,
- the infinite possibility
that this [reality]
confers on you.

Know that

each thought you harbor
is a distinct energy formation,

- sending out
 - waves and
 - rays,
- creating
according to
the nature of
the thought.

Open your eyes
to the beauty
of the fact
that you are,
with your present limited consciousness,
already
a co-creator of reality.

You can
represent God
on the level of

- manifest,
- material,
- three-dimensional
reality,

or you can
do the devil's work –
unwittingly in your case,
but no less harmfully.

36

Allow yourself

- to ponder,
- to meditate,
- to visualize

that –
by simply being –
you send out
constant rays
that convey
a meaning
which creates
distinct effects.

Let
this new vision
lend

- a new dignity
to your life,
- a new motive
 - for becoming
as creative as possible
through your very being,
- for finding
the
 - peace and
 - security
your soul
has desired
for such a long time:
to know that there is
 - perfect,
 - sublime,
 - infallible
justice
in the world you live in.

37

My beloved friends,
your sphere
is ready

- for
 - new and
 - higher
values,
- for
 - new understanding and
 - a deepening of insight
about
the nature of life.

Our world
is actively involved with

- awakening
this new awareness and
- encouraging it
to express itself
in practical ways.

We have made
many inroads
through
• various channels,
• various types
of divine influx,
all over your world.

Little by little
new ideas
are spreading
from various sources.

Since
the forces of darkness
have their power
over your sphere,
it is unavoidable
that these
new
• values and
• ideas
are, at times,
• polluted and
• distorted.

Nevertheless,
the power of
• awakening and
• growing
consciousness
cannot be halted.

The current
is in flux.

The great waters
• of truth,
• of love,
• of wisdom,
• of divine reality,
• of the Christ consciousness
• seek their channels and
• break through obstructions.

	<p><u>Every one of you</u> <u>can be instrumental in</u></p> <ul style="list-style-type: none">• <u>removing</u> <u>more of the obstructions and</u>• <u>halting the pollution</u> <u>of these clear waters.</u>
38	<p><u>The</u> <u>earth consciousness</u> <u>is ready for</u> <u>a great new step.</u></p> <p><u>As with</u> <u>individual consciousness,</u> <u>so with</u> <u>a collective entity:</u> <u>if overall</u></p> <ul style="list-style-type: none">• <u>growth and</u>• <u>potential</u>• <u>for more understanding and</u>• <u>for acceptance of</u><ul style="list-style-type: none">• <u>truer,</u>• <u>divine</u> <u>values</u> <p><u>is hindered</u> <u>by parts</u> <u>that resist this movement,</u></p> <ul style="list-style-type: none">• <u>crisis and</u>• <u>pain</u> <u>are inevitable.</u> <p>• <u>Pain and</u> • <u>crisis</u> <u>are much more severe</u> <u>in these instances</u> [<u>when the overall consciousness is more developed,</u> <u>is growing, and there is potential for more understanding</u> <u>and for acceptance of truer, divine values</u>] <u>than when</u> <u>the overall consciousness</u> <u>is less developed</u> <u>and, therefore,</u> <u>on a more even keel.</u></p>

*I have said this
many times before,
in different contexts.*

World history
gives you
a clear map
of this phenomenon.

Whenever there was

- war and
- world catastrophe,
the entity earth
was ready
to take a step
 - in its growth process,
 - in the expansion
of its collective consciousness,

but parts of the entity

hindered it [i.e., hindered the entity earth from taking this step forward
in growth and expansion of collective consciousness]
through succumbing to
resistances [blocking growth and expansion of consciousness].

These resistances [that were blocking growth and expansion of consciousness]
came from quarters that

- either deliberately
- or unwittingly
 - listened to
the inspiration of
evil entities and
- then gained
 - power and
 - influence
over the rest of the world.

Those who

- listened to and
- followed
these powerful factions
were, in their own way,
as responsible as
those who were
directly instrumental
in halting the process of unfoldment [of consciousness].

39

Now
your earth sphere
is ready for
a big step forward.

All the
inner
faculties
have been prepared for this step.

The forces of darkness
know this
and use
every means at their disposal
to halt the process.

If they succeed,
or
to the degree they succeed,
world crisis ensues.

Every one of you
has been prepared
through your
personal path,
• in which
you have liberated yourself
• from much
• confusion and
• pain,
• from much
• guilt and
• fear, and
• in which
you continue to
• cultivate this process and
• bring it to fruition.

Cultivating the process [of your pathwork]
in your own life
enables you
to become intensely aware

- of what is at stake here,
- of how instrumental you,
as an individual,
can be:
 - first
by
creating
 - truth and
 - order
within yourself and

- then, as a result of this,
by
helping to do the same
for the entity earth.

40

You often speak of your
"outreach program."

I say to you, my friends, that
your world
is indeed ready

- to listen,
- to hear, and
- to begin to make the effort
to understand
the new
 - values and
 - truths
you are constantly learning here.

Many of these values
have already become
second nature to you.

Other values
you perceive
only as vague outlines
and you struggle
to make them part of you.

*Be that as it may,
you –
this community as a whole –
are ready
to*

- reach out and*
- present to the world*

much of what you have learned.

*When you
become more aware of
the power you have
to mold life,
you*

- will avail yourself of
this positive power and*
- will be open to
the guidance
that wants*

- to come through
many of you,*
- to reach into
your surrounding world
in many different ways.*

41

*I ask you
to make every effort possible
to comprehend this lecture.*

*Complete this understanding
by linking it up with
the preceding lectures of this year.*

*Your awareness
is growing
by leaps and bounds.*

*Inner knowing
is seeping through,
bringing you
a vision of the world
as it really is.*

- Knowledge,
- the experiential knowing
of
infinite justice,
must give you
the
 - peace and
 - securityyou long for
in your heart.

Know that

- all you
 - are,
- all you
 - think,
 - will, and
 - feel,

is impressed into
a malleable universe.

Do not let
the initial fear of this thought
drive you back
into your world of

- darkness,
- fear,
- resistance,
- distrust and
- pain –

the pain of injustice.

This
pain of injustice
can only be healed
when you
muster the courage
of allowing yourself
to know

- that your negativity
causes pain
 - to others and
 - to yourself,
- that it [i.e., your negativity] has
definite consequences.

The

- courage and
- truthfulness

of this realism [i.e., the truth of realism that your negativity causes pain],

the

- maturity

of this attitude [i.e., the mature attitude that your negativity causes pain]

must –

far from indicating

a hopeless state

- in you and
- in your relationship to God –

restore

- your faith

- in Christ,
- in love,
- in goodness,
- in mercy,
- in the world
as it is created.

It [i.e., your truthful realism and mature attitude that your negativity causes pain to you and others]

will

restore

- your soul,
- your faith
 - in yourself and
 - in God and
 - in all that is good.

42

Since
life

is

change,

your lower self

is also

a constantly changing aspect of life.

It [i.e., your lower self]
contains
innate capacities
to transform
• the worst
into
• the best.

Taking responsibility
for the lower self
is no longer
so difficult
for most of you.

You have learned to do so
and thereby
you have gained
• new freedom and
• new self-esteem.

What is still difficult
for you to accept
is the fact that
• lower-self aspects
have effects, and
• they [i.e., lower-self aspects]
influence
more of your
• thinking and
• acting, your
• perceptions and your
• reactions,
than you wish to admit.

It is this very fear [i.e., the fear that your lower-self aspects still have so much
influence over your thinking, acting, perceptions, and reacting]
that causes
the deeper
fear of injustice.

In not facing
the consequences
of the lower self,
you try to cultivate
the illusion
that there are no effects [of your lower-self aspects and behaviors].

If you pursue
this line of
• inner,
• unconscious
reasoning
to its logical end,
you create
an imaginary
world of injustice.

This suits
the wishful thinking
of the lower self
and makes you
afraid of
the consequences [and effects of your lower self aspects]
you yourself create.

43

Use
• this clear indicator,
• this key:
to the degree
you experience
• fears and
• anxiety,
to that degree
you feel the pain
of an unjust universe, and
to the exact same degree
you do not want to know
that
your lower self
has
• effects and
• consequences.

Conversely,
to the degree
you name the fear [rather than merely experience it
or vaguely feel it],
you look into [i.e., you then look into, explore and dissolve]
the pain of injustice
that gnaws at your insides.

Furthermore,
to the degree
you overcome
the resistance
to seeing
how you wish
to disconnect
from the consequences
of lower-self attitudes,
to that exact same degree
you will free yourself
of an immeasurable burden
and will gain
a deep new security:
the security that
all is
very well
with life.

44

You are all blessed,
my beloved friends.

Many of you
have learned much
in your innermost being.

Many of you
are struggling
in your growth
and, as I said before,
it is a noble struggle
that elevates you
in the best sense of the word.

Continue
this good struggle,
be an instrument
for God's Great Plan,
put yourself
under Christ's protective
• energy and
• consciousness.

You live
in a sea of love,
you breathe into
a universe of
sheer goodness.

Make yourself conscious
of this
most beautiful
of all facts of life!

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