

# Pathwork Lecture 245: Cause and Effect on Various Levels of Consciousness

1996 Edition, Original Given November 16, 1977

This lecture is given in an **expanded poetic format**, what I call a **Devotional Version** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Version so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**.

The blessings to me in developing this version have been truly profound, and my wish is that this Devotional Version will be a blessing to others. ***I invite you to slowly read and ponder this version of the text - with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to live you.***

For clarity: The **original text** is in **bold, usually italicized**. [My adds of commentary/clarification are in brackets, italicized, and not bolded.] To learn more of my Devotional Version and to access the few lectures I have done in this way, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>  
Gary Vollbracht

¶	Content
03	<p><b><i><u>My beloved friends.</u></i></b></p> <p><b><i><u>Divine blessings</u></i></b> <b><i><u>are given to all of you,</u></i></b> <b><i><u>as this lecture is flowing through</u></i></b> <b><i><u>the human instrumentality.</u></i></b></p> <p><b><i><u>The blessing lasts;</u></i></b></p> <ul style="list-style-type: none"><li>• <b><i><u>it</u></i></b><ul style="list-style-type: none"><li>• <b><i><u>stays and</u></i></b></li><li>• <b><i><u>slowly awaits your readiness.</u></i></b></li></ul></li><li>• <b><i><u>It [i.e., the blessing]</u></i></b> <b><i><u>will come to its</u></i></b> <b><i><u>full flowering</u></i></b> <b><i><u>in you</u></i></b> <b><i><u>as you prepare the ground.</u></i></b></li></ul>

by Eva Broch Pierrakos

© 1996 The Pathwork® Foundation (1996 Edition)

Edited by Judith and John Saly; Divotional Versiou posted 9/19/14

04	<p><i>The <u>topic of this lecture</u> – <u>cause and effect</u> – is <u>not an easy one to discuss</u> on the <u>three-dimensional level</u>.</i></p> <p><i>Let me begin by saying that on the <u>lowest level</u> of the <u>scale of development</u> of <u>consciousness</u></i></p> <ul style="list-style-type: none"><li>• <i>there is <u>no</u> <u>cause and effect, or</u></i></li><li>• <i>there does <u>not seem to be</u>.</i></li></ul> <p><i>As <u>consciousness is raised</u>, <u>new horizons appear</u>; <u>effects</u> are seen to be <u>connected to</u> <u>causes</u> that were <u>previously considered</u> <u>nonexistent</u>.</i></p> <p><i>On the <u>crest of development</u>, where <u>consciousness has become</u> <u>totally God-infused</u>, <u>cause and effect</u> [again, as with the lowest level,] <u>no longer exist</u>.</i></p>
05	<p><i>As in so many other aspects of <u>cosmic reality</u>, <u>here too</u></i></p> <ul style="list-style-type: none"><li>• <i>the <u>lowest</u></i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>the <u>highest</u></i></li></ul> <p><i><u>forms of consciousness</u> <u>have common features</u>.</i></p> <p><i>Yet they [i.e., the <u>lowest</u> and the <u>highest</u> forms of <u>consciousness</u>] <u>differ enormously</u></i></p> <ul style="list-style-type: none"><li>• <i>in <u>content</u>,</i></li><li>• <i>in <u>attitude</u>, and</i></li><li>• <i>in their <u>underlying</u></i><ul style="list-style-type: none"><li>• <i><u>thoughts</u> and</i></li><li>• <i><u>feelings</u>.</i></li></ul></li></ul>

*It might be quite easy  
for you to understand  
that primitive consciousness  
sees the world  
as a series of  
unconnected events,  
unrelated to  
cause and effect.*

*It is probably much more difficult  
for you to understand  
that in the highest realm of being  
cause and effect  
no longer exist.*

*It is extremely difficult  
to describe this [highest] state  
in human language.*

06

*In the sphere of  
your present reality  
every  
act  
has its consequences.*

*It is much more difficult  
to see the same relationship  
between*

- *your thoughts, or*
- *your subtle inner attitudes,  
and your overall life circumstances.*

*The more developed a person is,  
the more he or she can perceive  
cause and effect  
on the less obvious levels.*

*On this path [i.e., pathwork],  
the development of this perception  
is very strongly emphasized  
and becomes gradually  
more acute.*

07

*If you commit an overt act –  
[say, for example,] you kill someone –  
the consequences will be obvious.*

*But*

- *if you malign another human being by*
  - *questionable accusations,*
  - *ill will,*
  - *blindness or*
  - *stubbornness;*
- *if you*
  - *refuse to give him or her the benefit of the doubt and*
  - *do not attempt to*
    - *be open and*
    - *create a different reality*  
*through honest communication with this person,**your thoughts*  
*are killing him.*

*This secret "killing" [through your unloving thoughts and feelings]  
has just as severe consequences  
as a physical killing.*

*At first*  
*the effects of such [subtle] actions*  
*may not be*  
*easy to perceive.*

*But as you*

- *progress in your development and*
- *raise your consciousness,*  
*you will see that there is a*  
*definite connection*  
*between*  
*cause*  
*and*  
*effect*

*even when*  
*the cause*  
*is not an overt act*  
*but [rather only] a hidden thought*  
*previously ignored.*

08

In your

- three-dimensional world,
- representing a certain state of consciousness,  
you find yourself "in the middle," as it were.

This applies to many areas.

- Your world is  
neither all good  
nor all bad.
- Your personality is  
neither all good  
nor all bad.
- You  
neither live in heaven  
nor in hell.

You represent

a combination  
of both extremes.

Many of you doubt

- that there are
- other worlds,
  - other realms,
- and therefore
- other states of consciousness.

Your being

half-way  
should be a clear indication  
that your sphere  
cannot possibly be  
the only reality in the universe.

If some good exists

- in you and
- in your world,  
greater degrees  
of goodness must exist.

Therefore, a plane of  
all-pervading goodness  
must also exist.

	<p><i>The <u>same</u> applies to the <u>bad</u>:</i></p> <p><i>If there is a <u>little bad</u></i></p> <ul style="list-style-type: none"><li>• <i><u>in you</u> and</i></li><li>• <i><u>[in] your world</u>,</i> <i>there must also exist</i> <i><u>spheres of consciousness</u></i> <i>in which there is</i><ul style="list-style-type: none"><li>• <i><u>more bad</u>,</i></li></ul><i>and, <u>finally</u>, where</i><ul style="list-style-type: none"><li>• <i><u>all is bad</u>.</i></li></ul></li></ul>
09	<p><i><u>You are also</u></i> <i><u>half-way</u></i> <i>as to</i> <i><u>cause and effect</u>,</i> <i>or rather</i> <i><u>your perception of it</u> [i.e., <u>half-way in your perception of</u></i> <i><u>cause and effect</u>].</i></p> <p><i>It is</i> <i><u>not the object</u></i> <i>of your perception</i> <i><u>that changes</u>.</i></p> <p><i>It is</i> <i><u>your vision</u> [or perception of that perceived object]</i> <i><u>that changes</u></i> <i><u>as you grow</u>.</i></p>
10	<p><i><u>An act</u></i> <i>is <u>irreversible</u>.</i></p> <p><i><u>Its momentary consequences</u></i> <i>are <u>irreversible</u>.</i></p> <p><i>You may</i> <i><u>later</u></i> <i><u>modify the</u> [original] <u>act</u>,</i> <i>you may <u>try to correct it</u> [i.e., subsequently try to take further action</i> <i>in order to reverse or correct the original act]</i> <i><u>if you see that it</u> [i.e., the original act] <u>was a mistake</u>.</i></p>

You may see  
the inner current  
that led you to the [original] act,

you may use  
the [original] act  
as material to

- raise your consciousness and
- widen your
  - vision and
  - perception.

This way you may,  
in time,  
neutralize the effects  
of a negative act.

But at the moment [that the original act occurred]  
the act [itself] is irreversible,  
the consequences [at the moment are also irreversible and]  
cannot be annulled.

If consequences exist  
at the moment [of the original act and]  
as a result of the [original] act,  
but [such original consequences]  
can be eliminated

- in time,
- after the elapse of some time,

you can  
gradually  
begin to see that  
cause and effect  
is very much connected to  
time.

Your state of development  
creates a corresponding reality.

This reality contains three dimensions:

It consists of [the three dimensions of]

- time,
- space, and
- movement;

it also contains the

- particular degree of  
cause and effect

you can experience [i.e., that you have the capacity to experience].

11

*If you cannot see*  
*that your acts*  
*have specific consequences,*  
*it is impossible to*  

- *see them* [i.e., *see the specific consequences*] **and**
- *use them* [i.e., *use the specific consequences*] **as**  
*indispensable tools*  
*for the development of your soul.*

*For example,*  
*if you do not believe*  
*that a negative thought*  
*has*  

- *specific and*
- *actually quite tangible*  
*results,*

*how could you possibly*  
*be motivated*  
*to correct the thought?*

*In time*  
*your perception*  
*will alter,* [and when it does]  
*you can undertake*  
*the correction of these thoughts,*  
*so that,*  
*again in time,*  
*the effects*  
*will be eliminated.*

*In the same way, your*  

- *life-affirming,*
- *positive and*
- *truthful*  
  - *thoughts,*
  - *attitudes* and
  - *actions*

*have corresponding*  
*desirable effects.*

*If you are*  
*unaware*  
*of the relationship*  
*between*  

- *cause*

*and*  

- *effect*

*in all areas of your life*  
*but [instead]*  
*perceive the effects as*  

- *coincidental* and
- *haphazard,*

*you will not be*  

- *encouraged* and
- *strengthened*

*in the truth that*  

- *love* and
- *goodness*

*are the supreme power.*

12

*Let us say [for example]*  
*you are compelled*  
*by inner forces*  
*to commit an*  

- *impulsive*
- *destructive*

*act.*

*The*  

- *pain* and
- *remorse*

*that this act will cause*  
*may be instantaneous.*

*You long for*  
*a state of being*  
*in which you can*  
*undo this act,*  
*as if it never happened.*

Yet you know  
that in the world you live in  
this is impossible.

How then can it be  
that in higher realms  
there is no  
cause and effect?

Perhaps at certain times  
you can  
deeply sense that  
"underneath"  
this level of  
cause and effect  
there exists a level  
in which you can be  
completely untouched  
by either

- the cause  
you have set in motion

or by

- the effect  
you have brought about.

It is

- your higher self  
which is unaffected,
- the divine part of you  
that
  - does not participate  
in any negative thoughts, and
  - is not part of  
your destructive
    - attitudes or
    - actions.

**But those [lower-self] layers of your personality that are still involved in**  
• **false perceptions and therefore in**  
• **untruthful attitudes and**  
• **unloving, destructive acts,**  
**must work themselves out**  
**of this morass.**

**This [working out of lower-self negativity] will happen in time.**

• **Cause and effect**  
**and**  
• **time**  
**are intrinsically connected**  
**as different manifestations**  
**of the same reality.**

13

**You can perhaps also begin to perceive that the three-dimensional world**  
• **with its limitation of [its three dimensions of]**  
• **time,**  
• **space and**  
• **movement,**  
• **with its**  
• **duality,**  
• **with its**  
• **cause and effect,**

**is**  
• **directly related to and**  
• **connected with**  
• **impurity,**  
• **distortion,**  
• **limitation of**  
• **vision and**  
• **perception.**

**Your three-dimensional perception [i.e., your perception in three dimensions of time, space, and movement]**  
**is an untruthful**  
**overall view**  
**of the world.**

At the same time

- the limitations of
  - time,
  - space and
  - movement,
- the struggle attached to
  - duality, and
- the law of
  - cause and effect

become the

very tools

the soul needs

to transcend

this entire realm of consciousness [in which you exist].

Perception

is the cause of

certain actions,

which create

certain effects.

The effects

can be

the medicine

needed to overcome

distorted perceptions

which create the causes

which in turn create these effects.

I have spoken to you before

about

- cause and
- effect and
- the medicine.

14

In the highest

state of consciousness

only the

- highest,
- best,
- most

• creative and

• beautiful

causes

are set in motion.

*In this*  
*enlightened state of consciousness,*  
• *cause*  
*and*  
• *effect*  
*are*  
• *immediately*  
*discernible and*  
• *almost simultaneous;*  
*there is*  
*no time-lapse*  
*between*  
• *cause*  
*and*  
• *effect.*

*The cause*  
*is*  
*the effect.*

*The thought*  
*is*  
*the act.*

*The most*  
• *subtle and*  
• *secret*  
*attitude*  
*creates*  
*immediate*  
• *results and*  
• *consequences.*

*There is*  
*no space*  
*to travel*  
*in-between*  
• *cause*  
*and*  
• *effect.*

*They [i.e., cause and effect] become*  
*truly one,*  
*as all*  
*becomes one*  
*on this [enlightened] level of being.*

*This is why you can sense,  
at certain times of grace,  
that somewhere deep within  
exists  
a realm of being  
in which  
no matter what happens,  
you remain  
unalterably  
• pure,  
• divine and  
• good  
in your essence.*

*For  
your  
essence  
is the essence  
of all.*

*It [i.e., your essence and the essence of all]  
is God.*

15

*Conversely,  
in the most primitive state of consciousness  
even the most  
• obvious and  
• overt  
act  
appears isolated  
• without  
• connections or  
• consequences,  
• without  
either  
• cause  
or  
• effect.*

*The primitive person  
who commits murder  
may truly believe  
that his act  
has no further consequences,  
• either for himself  
• or for his victim.*

*It will not occur to him  
to search for  
the causes  
within himself  
that create his desire  
to commit the act.*

*Therefore  
the act  
is never given the chance  
to become the medicine  
that would,  
in time,  
cure  
the disease of evil.*

16

*My beloved friends,  
it will be of great help  
for your enlightenment to  
• consider all this very deeply, to  
• meditate about it, to  
• profoundly take in these words, and  
• ask God to  
• guide you and  
• help you absorb them.*

17

*I would now like to discuss  
total surrender to God.*

*You all  
battle with  
this central question [concerning your total surrender to God].*

*The resistance to  
follow this  
call of your soul [i.e., your resistance to follow  
the call of your soul, which is to surrender totally to God]  
is exactly  
what causes all  
• discomfort,  
• pain,  
• suffering,  
• anxiety and  
• discontent.*

*Surrender to God  
is an innate  
movement of the soul.*

*It [i.e., total surrender to God]  
is your  
ultimate fate and  
without it  
you can  
• neither  
fulfill yourself,  
• nor can you  
fulfill your task.*

*I wish to discuss  
this topic [of total surrender to God]  
in connection with  
cause and effect.*

	<p><b><u>Surrender to God,</u> <u>or the lack of it,</u> <u>affects</u> <u>every conceivable aspect of your</u> • <u>inner</u> and • <u>outer</u> <u>life, and</u></b></p> <p><b><u>it is</u> <u>particularly enlightening</u> <u>to examine it</u> <u>in the framework of this lecture</u> [i.e., in the framework of <u>cause and effect on the various levels of consciousness</u>].</b></p>
18	<p><b><u>Let us now consider</u> <u>some natural effects of</u> <u>total surrender to God.</u></b></p> <p><b><u>Since it</u> [i.e., since <u>total surrender to God</u>] <u>is</u> <u>the natural movement</u> <u>of your soul,</u> <u>surrendering to God</u> <u>means</u> <u>fulfilling your destiny.</u></b></p> <p><b><u>It</u> [i.e., <u>total surrender to God</u>] <u>brings about</u> • <u>balance</u> and • <u>harmony</u> <u>in your</u> <u>entire organism.</u></b></p> <p><b><u>Your mental organism</u> <u>will be ruled by</u> • <u>truthful perception,</u> • <u>clarity of vision,</u> and • <u>realistic understanding.</u></b></p> <p><b><u>You will gain great</u> • <u>harmony</u> and • <u>peace of mind.</u></b></p>

	<ul style="list-style-type: none"><li>• <u>Conflicting perceptions,</u></li><li>• <u>confusion, and therefore</u></li><li>• <u>frustration,</u> <u>will disappear.</u></li> <li>• <u>Enlightenment and</u></li><li>• <u>insight into apparent conflicts</u> <u>make all the pieces</u> <u>of the great puzzle of life</u> <u>fall into place.</u></li></ul>
19	<p><u>On the emotional level,</u> <u>this mental clarification of opposites</u> <u>creates</u> <u>an entirely new mode</u><ul style="list-style-type: none"><li>• <u>of being,</u></li><li>• <u>of reacting,</u></li><li>• <u>of feeling.</u></li></ul></p> <p><u>For example,</u><ul style="list-style-type: none"><li>• <u>loving</u> <u>no longer appears</u><ul style="list-style-type: none"><li>• <u>weakening and</u></li><li>• <u>humiliating.</u></li></ul></li></ul></p> <p><u>On the contrary,</u> <u>it [i.e., loving]</u> <u>creates</u><ul style="list-style-type: none"><li>• <u>a healthy pride and</u></li><li>• <u>dignity.</u></li></ul></p> <p><u>By</u> <u>surrendering to God,</u> <u>one avoids</u> <u>one of the greatest pitfalls</u> <u>of humankind,</u> <u>which [pitfall] is</u> <u>the temptation</u> <u>to surrender to</u> <u>superior negative power structures.</u></p>

	<p><b><i>The moment you</i></b></p> <ul style="list-style-type: none"><li>• <b><i>resist and</i></b></li><li>• <b><i>obstruct</i></b><ul style="list-style-type: none"><li>• <b><i>your natural soul movement,</i></b></li><li>• <b><i>your innate destiny –</i></b> <b><i>which is</i></b> <b><i>surrender to God –</i></b></li></ul></li></ul> <p><b><i>you must succumb to</i></b></p> <ul style="list-style-type: none"><li>• <b><i>a substitute,</i></b></li><li>• <b><i>a false surrender.</i></b></li></ul> <p><b><i>My friends,</i></b> <b><i>this is important to understand.</i></b></p>
20	<p><b><i>If you</i></b> <b><i>fear</i></b></p> <p><b><i>a human authority –</i></b> <b><i>whether this authority</i></b></p> <ul style="list-style-type: none"><li>• <b><i>really abuses power or</i></b></li><li>• <b><i>you only imagine he or she does so</i></b> <b><i>hardly matters –</i></b></li></ul> <p><b><i>it [i.e., your fear]</i></b> <b><i>is because</i></b></p> <p><b><i>you depend on this authority in some</i></b></p> <ul style="list-style-type: none"><li>• <b><i>tangible or</i></b></li><li>• <b><i>intangible</i></b> <b><i>way.</i></b></li></ul> <p><b><i>You may then</i></b> <b><i>respond to your</i></b></p> <ul style="list-style-type: none"><li>• <b><i>dependency and</i></b></li><li>• <b><i>fear</i></b><ul style="list-style-type: none"><li>• <b><i>either by</i></b><ul style="list-style-type: none"><li>• <b><i>submitting,</i></b></li><li>• <b><i>selling out,</i></b> <b><i>and hating yourself for it,</i></b></li></ul></li><li>• <b><i>or by</i></b><ul style="list-style-type: none"><li>• <b><i>blind rebellion</i></b> <b><i>against the authority,</i></b> <b><i>in order</i></b><ul style="list-style-type: none"><li>• <b><i>to avoid self-hatred and</i></b></li><li>• <b><i>to preserve your dignity.</i></b></li></ul></li></ul></li></ul></li></ul>

**But this** [*dignity obtained by rebellion against authority*]  
**is not**  
**true dignity;**  
[rather] **it** [*i.e., dignity obtained by rebellion against authority*]  
**is merely a**  
**blind reaction**  
**based on**

- **emotional reflexes** and
- **turbulent feelings**  
**that you are mostly unaware of.**

**In both instances** [*i.e., in both the instance of submitting to the authority and the instance of rebelling against authority*]

- **you are**  
**not clear about the issues,**
- **you lack**  
**the true insight**
- **you cannot distinguish**
  - **whether the authority is indeed abusive**

**or**

- **whether you react like a child.**

21

**If your**  
**total surrender to God**  
**is**

- **genuine,**
- **all-encompassing,**  
**you will perceive**  
**with utter clarity**  
**the unworthiness**  
**of an authority**  
**who tries to**

- **subdue you,**
- **abuse you,**
- **exploit you, or**
- **trample upon your human dignity.**

*It does not matter*

*whether this person is*

- *a boss on whom*  
*you are financially dependent, or*
- *a mate whose love you*
  - *crave and*
  - *need.*

*If*

*your surrender to God is*

- *your primary position in life,*
- *your main*
  - *emphasis and*
  - *attitude,*  
*you*
    - *will trust God and*
    - *will know that your trust*  
*is completely justified.*

*You can then*

*find the courage*  
*to risk*  
*losing*  
*the object*  
*of your need.*

*By setting God above all,*

*you will clearly see*

*that the human authority*  
*may be abusive,*

*and you can then*

*choose*

*to pay the price,*

*which may be*

*to give up*

*what this authority*

*holds out for you*

*because your*

- *dignity and*

- *inner freedom*

*are more important [to you than what  
*this authority holds out for you].**

*Your autonomy*

*can only grow*

*out of*

*total surrender to God.*

*A further consequence*  
*of giving over to God*  
*will be a need to*  
*change your situation*  
*in order to*  
*fulfill*  
*your real needs*  
*without*  
*the enslavement*  
*of your soul.*

*This might mean*

- *a new position,*
- *a new boss,*
- *a new relationship or*
- *a new mate.*

*The new authorities in your life*  
*will be,*  
*like you,*  
*autonomous people*  
*whose inner soul movement [like yours]*  
*follows the call*  
*to set God*  
*ahead of all else.*

*They will*  
*not need*  
*to abuse their power,*  
*a power invested in them*  
*by virtue of*  
*other people's needs.*

*Or you may even find*  
*that [without even having to change your boss or mate]*  
*the very same people [by whom you felt abused before] –*  
*boss or mate –*  
*will react differently*  
*to your*  
*changed attitude.*

They may also [, like you experienced,]  
have a conflict  
between their  

- higher-self

and  

- lower-self

attitudes.

They may [now]  

- set you  
inwardly free and
- respect your dignity,  
so that the relationship between you  
will become  
a mutual  
  - giving and
  - receiving.

23

If your perception is distorted and [because of this distortion]  
you assume that  
any authority  
is out to  

- humiliate and
- abuse

you,  
your total surrender to God  
will show you your misconceptions  
and your [initially distorted] perception  
will adjust to reality.

Thus  
you will no longer  
be compelled  
to rebel against  
a rightful authority  
who merely expects  
your rightful part  
in the mutual venture.

**Rebellion**

**against any authority**  
**often masks your own**  
**hidden desire**

- **to have power over others and**
- **to abuse this power.**

**You may never have thought of it in this way,**  
**but when**

- **your self-will**  
**governs your life, and**
- **you have**  
**strong feelings of**
  - **humiliation and**
  - **powerlessness**

**whenever your self-will is not fulfilled,**  
**then you will be led to believe**  
**that you must**  
**either**  
**become the greatest power in your universe – God –**  
**or**  
**you must be annihilated.**

**To avoid**

**total annihilation,**  
**you may tend to bow**

- **to substitute powers,**

**rather than**

- **to God's will.**

**You may choose to submit to**

- **another,**
- **stronger or**
- **seemingly stronger**  
**person:**
  - **a mate,**
  - **a boss,**
  - **a dictator.**

**By serving them,**  
**you hope to gain**  
**the superior position**  
**yourself.**

	<p><i>Or you may seek the power of</i></p> <ul style="list-style-type: none"><li>• <i>money or</i></li><li>• <i>position,</i></li></ul> <p><i>which then become</i> <i>substitutes for God.</i></p> <p><i>Or you may feel powerful</i> <i>by staying aloof from others,</i> <i>never fully opening your heart,</i> <i>but making yourself desirable,</i> <i>playing into</i> <i>other people's</i></p> <ul style="list-style-type: none"><li>• <i>misconceptions and</i></li><li>• <i>neurotic needs.</i></li></ul>
24	<ul style="list-style-type: none"><li>• <i>Submission to</i> <i>substitute</i></li><li>• <i>authority and</i></li><li>• <i>power,</i></li></ul> <p><i>as well as</i></p> <ul style="list-style-type: none"><li>• <i>indiscriminate rebellion</i> <i>against</i> <i>all</i> <i>authority,</i></li></ul> <p><i>are both results – effects –</i> <i>of the cause</i> <i>that is set in motion</i> <i>when your</i> <i>natural soul movement</i> <i>of surrendering to God is</i></p> <ul style="list-style-type: none"><li>• <i>denied and</i></li><li>• <i>obstructed.</i></li></ul> <p><i>When</i> <i>God</i> <i>is recognized</i> <i>as the highest authority,</i> <i>all falls into place.</i></p>

**Otherwise** [i.e., when you do not recognize God as the highest authority]

**you must be confused**  
**about the authority you**

- **need** and
- **serve,**

**not knowing**

- **when it is appropriate to follow the lead**  
**and** [on the other hand]
- **when self-assertion is called for.**

**When**

**surrender to God**  
**is your primary position,**  
**you are clearly aware of**  
**what is what,**

**and you can then**  
**follow suit**

**with your action**  
**without inner conflict.**

**You will admit**

- **that you have needs,**
- **that in certain areas of your life an**  
• **authority** or  
• **leader**  
**is necessary,**
- **that you have a role to play**  
**in this relationship** [with this authority or leader],  
**and in accepting it** [i.e., in accepting this role with the leader]  
**you can only heighten**
  - **your selfhood** and
  - **your true dignity.**

**By following this leader**

**you can never lose your soul,**  
**because your soul**  
**belongs to God,**  
**who returns it to you**

- **stronger,**
- **cleaner,** and
- **with greater autonomy than ever.**

25

Resistance

to your destiny  
to surrender  
all

of yourself to

- God and
- His will for you

must create a

- real,
- permeating and
- weakening  
guilt.

So much of your

- weakness,
- hesitation,
- self-doubt,

so many of your

- self-punishing patterns

are a direct result of this [i.e., a direct result of this resistance to  
surrender all of yourself to God].

No matter how many

psychological explanations  
you may find –

and they may be true  
on their level –

this self-defeating pattern

can never be

- reversed and
- transformed

unless you heal yourself

spiritually

by giving over

all

of yourself,

- in

all

areas of your life and

- in

all

respects,

to the Creator.

26

*When this [total surrender to God] happens –*  
*and of course it is*  
*not a one-time endeavor,*  
*but one that needs*  
*to be repeated*  
*• daily and*  
*• in all issues of your life –*  
*you will experience*  
*• a new strength and*  
*• a sense of self*  
*that you never knew before.*

*This will appear*  
*almost paradoxical.*

*Deep down*  
*you always feared*  
*that by giving over to God*  
*you would lose yourself.*

*But now you find,*  
*as palpable reality,*  
*that Jesus' words are true:*  
*You must*  
*lose yourself –*  
*in God –*  
*in order to*  
*find yourself.*

27

*This*  
*new strength*  
*will suddenly*  
*become a*  
*spontaneous movement.*

The wisdom  
to choose

- when to  
use positive aggression and
- when to  
give in gracefully,

will be in you  
as an almost  
instantaneous knowing,  
out of which  
the appropriate act  
will flow.

The

- positive,
- energetic,
- aggressive  
movement  
will replace
  - childish and
  - destructive
    - rebellion and
    - denial.

Graceful

- giving in,
- yielding,
- following,
- accepting –  
even when your  
self-will  
may not like it –  
will replace
  - humiliation,
  - self-denial,
  - submission based
    - on fear and
    - on distrust  
of life.

*In both instances [i.e., in both aggressive movement and in yielding]  
you may make choices  
in new ways.*

*Where you would formerly  
have submitted weakly,  
you may now*

- follow and
- yield

*with your dignity intact.*

*Or you may find  
that positive aggression  
is in order.*

*Then, where formerly  
you would have*

- blindly and
- destructively

*rebelled,  
you may now  
stand up,  
but this time*

- in a new spirit,
- out of different motives,
- with a clearer
  - vision and
  - knowledge.

*Your stance will thus have  
an entirely different effect*

- on others and
- on yourself.

*The tenor of your aggression  
will be different.*

*Or you may come to see that  
after all  
the situation requires*

- *not fighting*
- *but giving in,*
  - *that it is*
    - *fair,*
    - *right,*
    - *necessary,*
    - *justified and*
    - *good for all concerned, and*
  - *that there was no*
    - *injustice or*
    - *abuse*

*that would require  
your aggression.*

28

*Positive aggression  
is not only  
necessary to expose*

- *injustice and*
- *abuse,*

*however.*

*It [i.e., positive aggression]  
is not merely*

- *a responsive action,*

*but must also be*

- *an initial [or initiating] action.*

*This kind of [initiating]  
positive aggression  
is necessary*

- *to move out,*
- *to expand,*
- *to improve,*
- *to create –*
  - *whether within*
    - *yourself*

*or in*

- *your environment.*

No negative  
inner material  
can be transformed  
without this  
energetic movement [i.e., without this positive aggression]  
surging forth.

When this movement  
surges forth  
in a  

- healthy,
- organic

way,  
it [i.e., this positive aggressive movement surging forth]  
is neither  

- depleting

nor  

- effortful.

It [i.e., this positive aggressive movement surging forth]  
is  

- a release and
- a liberation

that energizes  
the entire organism.

But this is  
only so  
with the  

- appropriate,
- organic

aggression  
that is in accordance with  
God's will.

The new positive reality  
you all strive to create  
can come to pass  
only when you are  
free from the confusions  
that inevitably arise  
as a result of  
denying  

- your soul movement,
- your inner call

to give over to God.

***In the new reality***

***you will no longer have to ask***

- ***when you should***
  - ***stand up*** and
  - ***assert yourself*** and
- ***when you should***
  - ***give in*** and
  - ***follow.***

***You will no longer***

***doubt the nature of***

- ***a human authority or***
- ***person you***
  - ***depend on*** and
  - ***need,*** and
- ***his or her motives.***

***You will not have to***

***grapple with***

***your intellect only,***  
***which could never***  
***give you this insight.***

***You will know***

***spontaneously.***

***The knowledge will be there,***

- ***in front of you,***
- ***clear*** and
- ***strong,***
- ***without a doubt.***

***You will***

***flow out of***

***the center of your being,***

- ***where God reigns,***
- ***where Christ is king,*** and
- ***where all is right with***
  - ***you,***
  - ***your actions,***
  - ***your perceptions,***
  - ***your knowledge,***
  - ***your reactions*** and
  - ***your feelings.***

	<p><i>The</i></p> <ul style="list-style-type: none"><li>• <u>peace</u> and</li><li>• <u>one-pointedness</u></li></ul> <p><i>that you long for lies in this key, my beloved friends.</i></p> <p><i><u>Use this key.</u></i></p>
29	<p><i>We hope that this lecture will have brought you a <u>step nearer</u> to <u>making your surrender to God</u> <u>your primary goal.</u></i></p> <p><i>Your <u>entire life</u> will change</i></p> <ul style="list-style-type: none"><li>• <i>in the sense I discussed, and also</i></li><li>• <i>in many other ways</i></li></ul> <p><i>which I will touch upon in the future.</i></p> <p><i><u>You thus set</u> a <u>new cause</u> <u>in motion</u> that will bring <u>new effects.</u></i></p> <p><i><u>Many of your</u> <u>life circumstances</u> that you <u>no longer like</u> are</i></p> <ul style="list-style-type: none"><li>• <i>the <u>result</u>, or</i></li><li>• <i>the <u>effect</u>,</i></li></ul> <p><i>of <u>holding back from</u></i></p> <ul style="list-style-type: none"><li>• <i><u>trusting God</u> and</i></li><li>• <i><u>giving over to Him.</u></i></li></ul> <p><i><u>You may have done so</u> [i.e., you may have trusted God and given over to Him] <u>in some areas of your life, and</u> <u>there the effects are</u></i></p> <ul style="list-style-type: none"><li>• <i><u>desirable</u> and</i></li><li>• <i><u>joyous.</u></i></li></ul> <p><i><u>The cause</u> [here, trusting God and giving over to Him] <u>creates commensurate effects</u> [here, joy].</i></p>

**But**  
**your soul is divided, and**  
**there are many areas**  
**in which this** [i.e., in which this trusting God  
and turning matters over to Him]  
**may not have happened**  
**as yet.**

**It is there** [i.e., areas where you have not trusted God]  
**that you need to change**  
**your fundamental relationship**  
**to your Creator.**

**Where you have**

- **fear,**
- **insecurity,**
- **anxiety,**
- **self-doubt,**
- **conflict with others,**
- **altercations with your environment, or**
- **any kind of**
  - **unfulfillment** or
  - **frustration,**

**there**  
**the underlying cause**  
**must be that**  
**you deny the call of your soul** [which is to trust God  
and turn matters over to Him].

**Use this** [i.e., use any place where you lack fulfillment as a]  
• **clear and**  
• **simple**  
**gauge** [as to where you need to trust God and turn matters over to Him].

30

**My beloved friends,**  
**the blessings extended to all of you**  
**are specifically directed at this time**  
**toward helping you to**  
**give over to Him**

- **Who holds you,**
- **Who contains you,**
- **Who makes you**
  - **safe and**
  - **secure,**
- **Who infuses**
  - **His truth and**
  - **His love**

**into**  
**all**  
**your being,**  
**so that you become**  
**an instrumentality for Him.**

**Make it a reality.**

**Be blessed.**

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork® Foundation  
PO Box 6010  
Charlottesville, VA 22906-6010, USA  
Call: 1-800-PATHWORK, or  
Visit: [www.pathwork.org](http://www.pathwork.org)

The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

#### Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

#### Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.