

The Importance of Help After Our Channel has Opened

This quote from Pathwork Lecture 234 *Perfection, Immortality, Omnipotence*, speaks to the beauty of experiencing aspects of our channel alive and flowing through us. It also warns us about blind spots, areas of our life for which we need our helper and our Pathwork groups even more than we did before our channel began opening.

We need people who can see in us what we cannot see, even with our partially open channel. Working with our helper and Pathwork groups can help us see and work through our remaining issues – and this is something **we cannot do alone**. The lecture invites us to explore areas where we might be blind to our defenses and resistances and to use our helper and Pathwork groups to support us in our further growth, **welcoming outside feedback**, which is so necessary for our continued growth. May we continue to have the courage to have this attitude of welcoming feedback, especially in our blind spots.

36	<p>One more point about the connection between the conscious mind and the higher self: As you can perceive quite clearly from the foregoing, when the connection is partial, and if the fact that it is only a partial connection is not clearly comprehended, damage might occur. The same process I explained with these three aspects can exist in many other ways. I do not mean in the least to imply that the conscious mind should not attempt to connect with the higher self. Quite the contrary, of course. But what is important is to know that a beautiful opening in one area is no guarantee that a similar opening exists in all other areas. There are human beings who have established a good connection with their higher selves. In that area they may have a flowing, beautiful channel where the conscious mind can indeed be inspired, guided, instructed by the inner God. However, if the conscious personality then believes that he or she is now truly "safe" and has in all areas the connection, that could become a danger. Where the disconnectedness exists, the channel is not open and cannot come through, no matter how open and truthful it may be in another area. It is a great mistake to assume that an open channel guarantees that it can truthfully instruct or even point out the blind spots that still exist in the personality. Where the personality is still resistant, blocked, defended, and has a stake in not knowing or admitting this attitude, the open channel cannot function.</p>
37	<p>This is a specific danger point on the road to opening the channel. Many have faltered here. Before such a channel opens up, this danger does not exist to the same degree. Then other dangers exist. But once someone's channel has been established, the person often comes to believe that the divine self that functions and communicates so beautifully can point out all his or her blind spots. Such a person will then become self-enclosed. The remaining pride may close him or her to any help from others who may point out better what the channel cannot reveal. Now that more of you experience this newly-awakened channel as an immense source of joy and strength, let me particularly warn you about this, so that you can avoid the pitfalls. Many highly developed spiritual innovators and channels have later deteriorated because of the ignorance of these dynamics. The inner God never forces something on the self that the self does</p>

	<p>not actively seek. This is a law that is never broken, and this is why continuing pathwork with a helper and with your friends in groups is so essential -- perhaps in a different sense -- even more after the channel begins to work.</p>
38	<p>Ask yourself deeply, where do you still resist and defend, where do you hold on and have a stake in not letting in anything that might seem threatening to you. To the degree you can acknowledge that such an attitude exists, you are already better off, for you then have the tools to work on it and can understand that this limits your perception of reality and your channel to your higher self. Even where the open channel already functions, its messages might be mistranslated and misused in order to perpetuate the resistance. Such distortions not only exist in respect to the triad of perfection, immortality and omnipotence, but in many areas of life, too numerous to list. Be aware of this possibility! An incomplete opening and incomplete state of receptivity, a state of defendedness, distorts the messages from the higher self, whether they come in a longing, a striving that is not articulated or in actual instructions and words.</p>