

# Pathwork Lecture 214: Psychic Nuclear Points

1996 Edition, Original Given October 17, 1973

This lecture is given in an **expanded poetic format**, what I call a **Devotional Version** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Version so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**.

The blessings to me in developing this version have been truly profound, and my wish is that this Devotional Version will be a blessing to others. ***I invite you to slowly read and ponder this version of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to live you.***

*For clarity: The original text is in bold, usually italicized. [My adds of commentary/clarification are in brackets, italicized, and not bolded.] To learn more of my Devotional Version and to access the few lectures I have done in this way, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/> Gary Vollbracht*

¶	Content
03	<p><b><i>Greetings,</i></b> <b><i>my most beloved friends.</i></b></p> <p><b><i>Blessings for all of you here.</i></b></p> <p><b><i>The divine power of love</i></b> <b><i>flows forth</i></b></p> <ul style="list-style-type: none"><li>• <b><i>into you,</i></b></li><li>• <b><i>toward you,</i></b></li><li>• <b><i>through you.</i></b></li></ul> <p><b><i>Be receptors</i></b> <b><i>and let yourselves</i></b> <b><i>be enriched</i></b> <b><i>by this gift.</i></b></p>
04	<p><b><i>Tonight's lecture</i></b> <b><i>is a particularly joyful one</i></b> <b><i>for me to give.</i></b></p> <p><b><i>It has been in preparation</i></b> <b><i>for a long time –</i></b> <b><i>in your terms.</i></b></p>

by Eva Broch Pierrakos

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	<p><u><i>It required</i></u></p> <ul style="list-style-type: none"><li>• <u><i>preparation on your part</i></u> <u><i>to be ready to absorb it, as well as</i></u></li><li>• <u><i>preparation in the realm I live</i></u> <u><i>to adjust the terminology</i></u> <u><i>to human understanding.</i></u></li></ul> <p><u><i>This was not an easy task,</i></u> <u><i>for we are dealing with</i></u></p> <ul style="list-style-type: none"><li>• <u><i>concepts and</i></u></li><li>• <u><i>principles</i></u> <u><i>for which</i></u> <u><i>human language has no room.</i></u></li></ul>
05	<p><u><i>This lecture primarily addresses</i></u> <u><i>the creative process</i></u> <u><i>in the universe.</i></u></p> <p><u><i>I do not, however,</i></u> <u><i>give lectures</i></u> <u><i>for the purpose of</i></u> <u><i>handing out information about generalities,</i></u> <u><i>no matter how lofty</i></u> <u><i>the spiritual truths may be.</i></u></p> <p><u><i>These lectures</i></u> <u><i>must always</i></u> <u><i>be directly connected</i></u> <u><i>with something that you can use</i></u> <u><i>here and now.</i></u></p> <p><u><i>There is</i></u> <u><i>no metaphysical truth</i></u> <u><i>that cannot find</i></u> <u><i>immediate application to your life</i></u> <u><i>regardless of</i></u> <u><i>your present state of development.</i></u></p> <p><u><i>This lecture will begin</i></u> <u><i>by dealing with general concepts.</i></u></p> <p><u><i>You will then see</i></u> <u><i>how you can make use of them</i></u> [i.e., <u><i>use of the general concepts</i></u>] <u><i>in a very personal way.</i></u></p>

06	<p><i>You must realize, my friends, that what I will say to you must be <u>highly simplified</u> and therefore <u>cannot even remotely</u> <u>do justice to reality.</u></i></p> <p><i><u>But to whatever degree this [i.e. this making general concepts applicable and useful in reality]</u></i></p> <p><i><u>is possible,</u></i> <i><u>I shall try to convey</u></i> <i><u>some of the great truths</u></i> <i><u>in human language.</u></i></p>
07	<p><i><u>Creation</u></i> <i><u>requires</u></i> <i><u>the meeting of two essential principles</u></i> <i><u>that you, in human terminology,</u></i> <i><u>may best call the</u></i></p> <ul style="list-style-type: none"><li><i>• <u>masculine and</u></i></li><li><i>• <u>feminine</u></i></li></ul> <p><i><u>principles.</u></i></p> <p><i><u>They [i.e., the masculine and feminine principles]</u></i> <i><u>permeate</u></i> <i><u>all of creation.</u></i></p> <p><i><u>They are the</u></i></p> <ul style="list-style-type: none"><li><i>• <u>active and</u></i></li><li><i>• <u>receptive</u></i></li></ul> <p><i><u>principles.</u></i></p> <p><i><u>These two principles</u></i> <i><u>are aspects</u></i> <i><u>of one whole.</u></i></p> <p><i><u>Nothing</u></i> <i><u>can ever</u></i></p> <ul style="list-style-type: none"><li><i>• <u>exist or</u></i></li><li><i>• <u>be created</u></i></li></ul> <p><i><u>without them</u></i> <i><u>coming together.</u></i></p>

**Positive creation**  
**requires**  
**that these two principles [i.e., the masculine and feminine principles]**  
**meet**  
**in a very**

- **harmonious,**
- **flexible, and**
- **mutually enhancing**

**way.**

**In any**  
**negative creation**  
**these two principles**  
**clash with each other**  
**in a**

- **mutually exclusive**

**way.**

**But the [masculine and feminine] principles**  
**remain the same.**

08

**When these two principles**

- **meet and**
- **interact –**

**whether**

- **in a constructive**

**or**

- **in a destructive**

**way –**  
**the force of their meeting**  
**is tremendous.**

**They [i.e., the masculine and feminine principles]**  
**come together**  
**in a highly concentrated form**  
**and converge at**  
**a single point.**

**We might call these points**  
**"psychic nuclear points."**

They are  
"nuclear"  
in the sense that  
each one  
is

- a nucleus,
- a
  - basic,
  - fundamental

concentrate  
so highly charged  
with creative matter  
that a self-perpetuating  
chain-reaction  
of immense intensity  
follows inexorably.

These [psychic nuclear] points  
constitute  
the underlying principle  
of every created form.

09

These points are  
"psychic"  
in the sense that  
they are

- nonmaterial

and are essentially

- an emission
  - of consciousness,
  - of the
    - planning and
    - thinking

mind.

They are  
not visible  
on the three-dimensional plane,  
but they are  
perceivable

- by inference,
- by intuition, and even
- by logical deduction,  
if the deduction is carried far enough.

They can also be said  
to be psychic  
in the sense of  
being manifestations  
of consciousness,  
although  
not as  

- occult or
- mysterious "psychic phenomena."

No creation  
of any kind  
can take place  
unless  
a conscious intent  
is embedded  
somewhere  
in the force  
that brings it forth.

The universe  
consists of  

- consciousness

and  

- energy.

They [i.e., consciousness and energy]  
are not  
separate factors,  
except  
to limited human perception.

10

In principle,  

- consciousness

and  

- energy

are one.

Consciousness  
cannot exist  
without  
being energy  
at the same time.

Every thought  
is  
highly charged energy, and  
energy  
cannot be anything but  
an expression of consciousness.

One [i.e., either energy or consciousness]  
cannot exist  
without the other.

Consciousness  
sends forth  
energy

- through its  
thought processes,
- through its  
intention,
- through its  
attitude
  - toward  
all that is in the universe,
  - toward  
that which it creates.

Nothing  
can be created

- without  
intention,
- without  
purpose,
- without  
a thought somewhere  
"behind" it all.

11

The psychic nuclear points  
are really  
a sequence of psychic events.

They [i.e., the psychic nuclear points]  
cannot be just

- one point,
- one psychic event.

One thought  
leads to another [thought]  
in a series of  
logical sequences.

The series of thoughts  
leads

to

- actions and
- reactions,

to

- newly born facts  
which, in turn,  
lead to newer facts.

These  
facts

form a series of  
• interacting,  
• interdependent  
chain reactions.

Just try to visualize:

One thought  
brings a  
certain result.

That result  
brings forth  
• an attitude and  
• a feeling.

• That attitude and  
• that feeling  
bring forth  
an action.

That action  
brings forth  
a reaction.

That reaction  
brings forth  
another reaction.

It is a continuous process.



12

These  
chain reactions  
are circular.

They are  
highly charged,  
and instead of diminishing  
when the chain reactions compound,  
they [i.e., these chain reactions]  
become  
stronger and  
stronger.

They are  
• self-perpetuating,  
• self-feeding,  
• self-augmenting  
in  
ever-increasing  
• speed and  
• momentum;  
• self-revolving  
in an ever-increasing  
swirl of charged energy.

When  
the momentum has reached its highest charge,  
an explosion follows.

This [explosion]  
is the culminating point  
of a specific creation.

The creation  
has now taken form.

A new movement  
of psychic chain reactions  
follows  
with  
the recharge.

I will say more about this later.

The momentum  
increases  
in a spiral movement  
that goes  
faster and faster  
until  
the force  
converges into  
one point  
so infinitesimal  
that no smaller measure  
seems to exist.

But what appears as  
one point  
still consists of  
many forces  
that went into  
the chain of psychic events  
of that particular creation.

13

I have to use terms like  

- "measure,"
- "size," or
- "time,"

which belong  
to the state of consciousness  
the human race has attained,  
but which  
no longer hold true  
when we speak of the concepts I present here.

Much of what I say  
may be misleading,  
if you do not understand it  

- intuitively

and, perhaps,  

- symbolically.

• Big  
and  
• small  
are  
really not  
matters of  
size.

They [i.e., “big” and “small”]  
indicate  
the significance of  
the creation in question.

If  
the thought  
that brings forth  
a new creation  
is, for example,  
• very strong,  
• unified,  
• purposeful  
in terms of  
the creative plan of evolution and  
if there are  
no countercurrents  
because  
the thought  
is in accordance with  
all universal laws,

then  
the psychic nuclear point  
will be  
large;  
that is,  
• powerful,  
• with durable impact.

The  
• charge and  
• recharge  
of the ever-evolving  
• cyclic movements,  
• explosions,  
• new creations  
will be an apparently endless process.

14	<p><u>[Conversely,]</u> <u>If</u> <u>the thought</u> <u>starting the new chain of events</u> <u>and culminating in</u> <u>a psychic nuclear point</u></p> <p><u>is</u></p> <ul style="list-style-type: none"><li>• <u>insignificant,</u></li><li>• <u>fraught with erroneous assumptions and therefore</u></li><li>• <u>never focused and</u></li><li>• <u>always countermanded</u> <u>by an opposite force,</u></li></ul> <p><u>the chain reaction</u> <u>must be</u> <u>less intense.</u></p> <p><u>Even if it [i.e., even if such a chain reaction]</u> <u>seems powerful</u> <u>when seen out of context,</u> <u>its impact</u> <u>will be limited.</u></p>
15	<p><u>Psychic nuclear points</u> <u>exist</u> <u>throughout</u> <u>the entire universe.</u></p> <p><u>They [i.e., psychic nuclear points]</u> <u>can be found in</u></p> <ul style="list-style-type: none"><li>• <u>the simplest creations and</u></li><li>• <u>the most complex systems imaginable.</u></li></ul> <p><u>The variables</u> <u>are indeed</u> <u>infinite.</u></p> <p><u>There is</u> <u>no particle of</u></p> <ul style="list-style-type: none"><li>• <u>air or</u></li><li>• <u>ether</u></li></ul> <p><u>that is not such a nuclear point.</u></p>

16

Although  
some psychic nuclear points  
are  
materialized,  
you cannot  

- measure or
- discern

them  
with your human instruments  
at this time:  
They can only be  
deduced.

This does  
not mean  
that they have  
no material existence, however.

Every cell  
is a materialization  
of psychic nuclear points  
with  
all the chain reactions  
of the cyclic movement  
intact.

Every leaf  
is a complex interaction  
of many nuclear points.

A gust of wind  
is a series  
of psychic nuclear points.

So is  

- the air you breathe,

as are your  

- bones,
- muscles,
- flesh,
- organs and
- skin.

They form  
an infinitely complicated system  
of intricately connected  
psychic nuclear points.

17	<p><u>Nonmaterial</u> <u>nuclear points</u> <u>are important for</u> <u>nonmaterial</u> <u>existence.</u></p> <p><u>But they [i.e., but nonmaterial nuclear points]</u> <u>are just as important as</u> <u>materialized</u> <u>psychic nuclear points,</u> <u>for they [i.e., for nonmaterial nuclear points]</u> <u>certainly affect you,</u> <u>in that</u> <u>your own being</u> <u>is also</u> <u>nonmaterial.</u></p> <p><u>You</u></p> <ul style="list-style-type: none"><li>• <u>relate to,</u></li><li>• <u>are affected by and</u></li><li>• <u>create</u></li></ul> <p><u>nonmaterial</u> <u>nuclear points</u> <u>whether or not</u> <u>you are aware of them.</u></p>
18	<ul style="list-style-type: none"><li>• <u>The life</u> <u>that you create for yourself,</u></li><li>• <u>the philosophy of life</u> <u>that underlies this creation, and</u></li><li>• <u>even the situation</u> <u>you find yourself in at this particular instant</u> <u>are highly complicated systems</u> <u>of many psychic nuclear points.</u></li></ul> <p><u>Some of them [i.e., some of the psychic nuclear points]</u> <u>converge.</u></p> <p><u>Some [i.e., some of the psychic nuclear points]</u> <u>contradict each other.</u></p> <p><u>Some [i.e., some of the psychic nuclear points]</u> <u>are mutually reinforcing.</u></p>

Every instant of living  
results from  
many

- thoughts,
- intentions,
- actions,
- feelings,
- attitudes and
- expressed traits that have a long history.

(Of course,  
these

- thoughts,
- intentions,
- etc.,

are in themselves

- sometimes more [complicated] and
- sometimes less complicated  
systems of  
psychic nuclear points.

They [i.e., these thoughts, intentions, etc. – systems of psychic nuclear points]  
all form together  
that one point  
that is your life  
at this moment.)

The moment now  
is a “psychic explosion”  
that has run  
through millennia  
to the last half hour you have lived,  
culminating in  
the very thought  
you finish thinking  
this minute.

After this [psychic] explosion [culminating in  
the thought you just finished thinking]  
the pieces will again fall into place,  
re-forming  

- either the same pattern of chain reactions
- or a new one [i.e., or a new pattern of chain reactions],  
according to the turn your consciousness takes.

19

At the same time,  
the psychic nuclear point  
that all this history culminates in the fractional now  
is already

preparing chain reactions  
that will ensue in

- the next minute,
- the next half hour,
- the next day,
- the next month,
- the next year,
- the next decade and
- [the next] century.

But since  
mind

- can always be changed, and
- has infinite possibilities  
for infinite change  
at all times,

negative creation  
can be altered.

An important aspect of the pathwork  
is that you

- discover and
- become aware of  
the individual  
chain of events  
you have created.

You

discover  
highly charged energy

- that is  
self-perpetuating,
- that has  
found its own life.

You learn in this work  
how to change a course  
that leads to an

- inorganic and
- futile  
life experience.



20

*I have discussed*  
*for quite a few years*  
*the principle of*  
*• benign and*  
*• vicious*  
*circles*  
*of human attitudes,*  
*which is*  
*only a limited aspect of*  
*the principle I explain here.*

*Wherever you discover*  
*a vicious circle*  
*within*  
*your psychic system*  
*you feel caught in it [i.e., you feel caught in this vicious circle].*

*Caught, that is,*  
*until you*  
*• are aware of*  
*its existence and*  
*• find what I call*  
*the "breaking point,"*  
*where you*  
*transform*  
*the vicious circle*  
*into*  
*a benign circle*  
*by changing*  
*the specific attitude*  
*that sets the circle in motion.*

*When humans*  
*find themselves*  
*in the illusion of*  
*being helpless,*  
*they have lost touch with*  
*the intentionality*  
*that created*  
*the specific situation,*  
*that is, [lost touch with]*  
*the materialization of*  
*a psychic nuclear point.*

	<p><i><u>It cannot be emphasized enough that the momentum of each psychic nuclear point – whether</u></i></p> <ul style="list-style-type: none"><li>• <i><u>positive or</u></i></li><li>• <i><u>negative –</u></i></li></ul> <p><i><u>is the result of</u></i></p> <ul style="list-style-type: none"><li>• <i><u>thought and</u></i></li><li>• <i><u>intentionality.</u></i></li></ul>
21	<p><i>Now we will speak about another aspect that I referred to earlier: <u>augmentation</u> [i.e., process of growing and becoming greater].</i></p> <p><i><u>One might suppose that an energy current will,</u></i> <i><u>after a while,</u></i> <i><u>exhaust itself.</u></i></p> <p><i><u>In the matter of creative forces this is never the case.</u></i></p> <p><i><u>Instead of diminishing,</u></i></p> <ul style="list-style-type: none"><li>• <i><u>force and</u></i></li><li>• <i><u>momentum</u></i></li></ul> <p><i><u>become stronger,</u></i></p> <p><i><u>as do the</u></i></p> <ul style="list-style-type: none"><li>• <i><u>attitudes</u></i></li></ul> <p><i><u>responsible for the creation.</u></i></p> <p><i><u>Even a</u></i></p> <ul style="list-style-type: none"><li>• <i><u>weak,</u></i></li><li>• <i><u>negative,</u></i></li><li>• <i><u>contradictory</u></i></li></ul> <p><i><u>psychic nuclear point</u></i></p> <p><i><u>works</u></i></p> <p><i><u>according to</u></i></p> <p><i><u>this principle of augmentation.</u></i></p>

*It [i.e., the weak, negative, contradictory psychic nuclear point]*  
*perpetuates itself*  
*with ever-increasing momentum*  
*until*  
*it explodes.*

*In this case, however,*  
*the explosion*  
*may have*  
*less impact*  
*than [that of] a*  

- positive,*
- focused*

*psychic nuclear point*  
*because it [i.e., because the explosion of the negative psychic nuclear point]*  
*occurred*  
*before greater force could gather.*

*But*  
*within the framework*  
*of its own inner life cycle,*  
*the nuclear point*  
*must*  
*augment itself [i.e., make itself greater].*

22

*The more*  
*you love,*  
*the more*  
*love there will*  

- be in you and*
- come to you,*

*recreating*  
*more strongly*  
*your capacity for loving,*  
*in an*  
*ever-increasing cycle.*

*This is why  
it is such a misconception  
to believe*

- *that if you love one person  
you cannot love others,*
- *that [if you love one person]  
you have less to give*
  - *to others*
  - *or, for that matter,*
  - *to yourself.*

*You must have  
more [love],  
because*

*the momentum of the intense charge [of love]  
creates*

*more and more*

*of the same thing [here, more and more love],*

*as long as your consciousness*

- *goes along with it*

- *rather than*

*creating*

*a contradictory force*

*by setting up*

*a countervailing attitude.*

*The same [augmentation principle]  
applies to everything else:*

- *knowledge,*
- *negative intent,*
- *talent and*
- *life expression, or*
- *an attitude toward life,*

*whether*

- *in truth or*

- *in error.*

*Whatever it is,  
it breeds more of the same,  
unless  
you wish to  
halt the process.*

23

Each psychic nuclear point,  
in its  
ever-increasing momentum,  
comes to  
its own  

- inner explosion, or
- breaking point.

That [breaking point]  
has nothing to do with  
the breaking point I mentioned  
in connection with  
the vicious circles.

The latter [i.e., the breaking point related to vicious circles]  
is a  
deliberately sought measure  
to reverse  
negative creation.

It may require  
a great deal of effort  
to find such a breaking point,  
and even more effort  
to follow through with  
the decision to  
break the cycle there.

24

The  

- explosion or
- breaking point

I mention here [as related to psychic nuclear points]  
is an inexorable phenomenon  
that happens constantly.

It [i.e., the explosion or breaking point related to psychic nuclear points]  
is actually  
the point  
where a creation manifests itself  

- on any of the psychic planes or
- on the earth plane.

	<p><u>It</u> [i.e., the <u>explosion or breaking point related to psychic nuclear points</u>] <u>is</u></p> <ul style="list-style-type: none"><li>• a <u>climax</u>,</li><li>• a <u>creative orgasm</u> <u>in the universal process</u> <u>that creates</u> <u>an event.</u></li></ul> <p><u>The event</u> <u>may be</u></p> <ul style="list-style-type: none"><li>• a <u>life situation</u>,</li><li>• a <u>work of art</u>,</li><li>• a <u>human organism</u>,</li><li>• a <u>musical tone that reaches the ear</u>,</li><li>• a <u>new attitude toward life.</u></li></ul>
25	<p><u>Once the explosion</u> [of this <u>psychic nuclear point</u>] <u>has taken place</u>,</p> <p><u>it</u> [i.e., this <u>psychic nuclear point</u>] <u>may have reached</u> <u>its final point</u> <u>as far as</u> <u>this particular combination of</u></p> <ul style="list-style-type: none"><li>• <u>attitudes</u>,</li><li>• <u>thoughts and</u></li><li>• <u>intents</u></li></ul> <p><u>is concerned.</u></p> <p><u>The energies released</u> <u>after the explosion</u> <u>can now be</u></p> <ul style="list-style-type: none"><li>• <u>reformulated</u>,</li><li>• <u>gathered and</u></li><li>• <u>sent in a new direction.</u></li></ul> <p><u>An</u> <u>entirely new</u> <u>psychic nuclear spiral</u> <u>can thus be started</u>,</p> <p><u>culminating in</u> <u>a new</u> <u>nuclear point.</u></p>

	<p><u>The particles</u> <u>that swirl</u> <u>after the explosion</u> <u>then</u> <u>reorganize themselves</u> <u>into</u> <u>either a</u></p> <ul style="list-style-type: none"><li>• <u>similar,</u></li><li>• <u>identical or</u></li><li>• <u>altogether different</u> <u>pattern.</u></li></ul> <p><u>Consciousness</u> <u>determines</u> <u>which pattern</u> <u>is formed.</u></p>
26	<p>• <u>Large and</u> • <u>small</u> <u>explosions</u> <u>take place</u> <u>constantly</u></p> <ul style="list-style-type: none"><li>• <u>throughout the universe,</u></li><li>• <u>in each of your cells,</u></li><li>• <u>in your thoughts and</u></li><li>• <u>[in] your feelings.</u></li></ul> <p><u>Some you</u> <u>can actually</u> <u>feel</u> <u>as an energy movement in your body,</u> <u>forming successive tiny explosions</u> <u>as if</u> <u>stars were dancing in your system.</u></p> <p><u>But</u> <u>for the most part</u> <u>you are totally oblivious to them.</u></p> <p><u>You notice</u> <u>only the end creation,</u> <u>which appears to be</u> <u>a fixed thing.</u></p>

	<p><b><u>But</u></b></p> <ul style="list-style-type: none"><li>• <u>when you become aware of your innermost attitudes,</u></li><li>• <u>when you dissolve your</u><ul style="list-style-type: none"><li>• <u>blocks and</u></li><li>• <u>resistances</u></li></ul><u>against</u> <u>taking stock of yourself truthfully –</u> <u>and thus become</u><ul style="list-style-type: none"><li>• <u>more open,</u></li><li>• <u>more finely attuned</u></li></ul><u>to all that is going on</u> <u>in an</u> <u>intensely alive creation –</u></li></ul> <p><u>you will also</u></p> <ul style="list-style-type: none"><li>• <u>notice more,</u></li><li>• <u>perceive more realistically</u> <u>some of these phenomena</u> <u>I now touch upon.</u></li></ul>
27	<p><u>Your scientists know</u> <u>that whole planetary systems</u><ul style="list-style-type: none"><li>• <u>explode,</u></li><li>• <u>disintegrate and</u></li><li>• <u>re-form.</u></li></ul></p> <p><u>The same is true of</u> <u>everything else.</u></p> <p><u>If these explosions</u> <u>did not take place</u> <u>constantly</u> <u>in your own</u> <u>inner system,</u> <u>you could not renew yourself.</u></p>



	<p><u>When you</u> <u>feel</u> <u>a flow of feelings,</u> <u>the tiniest organisms</u></p> <ul style="list-style-type: none"><li>• <u>explode and</u></li><li>• <u>re-form themselves</u><ul style="list-style-type: none"><li>• <u>on the physical</u></li></ul></li></ul> <p><u>as well as</u></p> <ul style="list-style-type: none"><li>• <u>on the psychic</u> <u>levels.</u></li></ul> <p><u>Significant changes in your life –</u></p> <ul style="list-style-type: none"><li>• <u>crises and</u></li><li>• <u>events that are momentarily traumatic –</u></li></ul> <p><u>are such</u></p> <ul style="list-style-type: none"><li>• <u>explosions and</u></li><li>• <u>re-formations.</u></li></ul> <p><u>But</u> <u>an ultimate explosion</u> <u>always</u> <u>creates a renewal,</u> <u>even if the mind</u> <u>stubbornly</u> <u>refuses to understand this.</u></p>
28	<p><u>Many</u></p> <ul style="list-style-type: none"><li>• <u>explosions and</u></li><li>• <u>re-formations</u></li></ul> <p><u>of the same vicious circle</u> <u>must ultimately</u> <u>come to</u> <u>the point of absurdity</u> <u>where they [i.e., where the many explosions</u> <u>and re-formations of the same vicious circle]</u> <u>can no longer function.</u></p>

When the human consciousness

- stubbornly refuses  
to heed the signs and
- deliberately  
fails to find the breaking point,  
the situation explodes  
into a crisis.

This can provide

an opportunity

for the consciousness responsible for the crisis

to

- struggle to attain
  - awareness and
  - understanding  
of what has come to pass, and thus
- be responsible for  
re-forming  
the creative energies.

Sometimes –

but not always –

physical death

is such a phenomenon.

Physical death

can also be a

- harmonious,
- organic and
- creative  
process.

29

The explosion  
is always  
a climax,  
but since  
nothing in creation  
is ever  

- final or
- finite,

the released energies  
form  

- new  
spiral organizations,
- new  
psychic nuclear points,
- new  
creations.

That  
which has not taken form  
emits  
the inherent energies  
to  

- create and
- further fill the void  
with the glory of  
divine  
  - life and
  - consciousness.

The charge [of the creative influx]  
is endless,  
just as  
creation  
is endless.

30

The charge [of the creative influx]  
can be diminished  
only when  
you  

- fear it [i.e., fear the charge of the creative influx],
- doubt it [i.e., doubt the charge of the creative influx] and
- counteract it [i.e., counteract the charge of the creative influx]  
with preposterous thoughts.

**But even then [when you fear it, doubt it, and counteract it],  
the charge [of the creative influx]  
is not really diminished,  
for this is impossible.**

**It [i.e., the charge of the creative influx]  
is only**

- **held in abeyance and**
- **momentarily**

**prevented from manifesting,  
but it gathers**  
**"behind the scenes," as it were,  
to be at your disposal  
when you  
seek it.**

31

**It is**  
**your task**  
**to find out**

- **where you block the charge  
of creative influx and**
- **how you thus**

**diminish your life.**

**Use the part of your mind  
that is capable of  
observing  
that the thinking behind  
your negative creation  
is absurd.**

**Note**  
**that such thinking [behind your negative creation]  
is not**  
**inconsequential,**  
**as you might prefer to believe,**

**but rather**  
**that it [i.e., that such negative thinking]**

- **leads to**
- **action and**
- **creation and**
- **is therefore**

**of great consequence.**

You must use  
the part of your mind  
that is capable of

- pinpointing  
the absurdity  
of any particular creation,
- comparing it [i.e., comparing the absurdity of your creation]  
with its [i.e., with your creation's]  
corresponding truth and
- formulating a strong intent  
to use the same energetic power [used to create  
your absurd creation]

to shift the emphasis  
into a truthful channel.

Thus  
you have the power  
to augment the energy forces  
in a positive sense.

32

When you find  
part of yourself

- deadened and
- numbed

and you are frightened of  
reviving it,  
this is what is going on:

Psychic nuclear points in your system  
going into a negative direction  
have become frightening.

In the past  
your conscious mind  
was

- strong and
- intelligent enough to note this fact.

The alternatives you seemed to face were

- either to express your full energy flow  
and thus act out  
often with extreme destructiveness,
- or to deaden these forces  
in order to be protected from their energies.

33

*This [numbing of areas you are afraid to revive]*  
*is a very common predicament*  
*at a certain point*  
*in the individual's development.*

*For example,*  
*you may feel*  
*a rush of intense energy*  
*when you become*

- *destructive or*
- *enraged –*

*a flow [of intense energy]*  
*that you*  
*simply never feel*  
*in a positive state.*

*Many of you*  
*have learned*  
*to express these negative attitudes*  
*in a harmless way.*

*You*

- *take responsibility for them [i.e., for these negative attitudes] and*
- *give vent to them*  
*in a framework*  
*where no one gets hurt*  
*by these expressions.*

*But*  
*you feel stumped*  
*because*  
*you*

- *fear their further release and*
- *prefer to be in a numb state*  
*rather than a destructive one.*

34

At this point  
you have not yet discovered  
that there is a choice.

You are frightened of  
the momentum of

- the explosion and
- the charge

that is created  
by your underlying negative attitude.

Thus  
you slow down the process.

Now  
you are reviving the process,  
as you should.

But  
it is not enough  
to merely revive your energies  
without understanding  
the consciousness  
behind the

- numbness and
- deadness

that issues from  
a negative intent.

35

It is also important  
that you  
completely comprehend  
how the negative intent  
is based on  
a false universal idea.

**Only when**  
**you have that specific understanding** [i.e., that specific understanding of how the negative intent is based on a false universal idea]  
**will you**  
**dare to revive the energy charge**  
**that lives constantly**  
**in every particle**  
**of your**  

- **spiritual and**
- **material**

**being.**

[With that specific understanding of how the negative intent is based on a false universal idea]  
**You will then**  
**dare to allow**  
**the charge to flow.**

36

**You have found**  
**several phases**  
**in the course of this pathwork.**

**A simple overview**  
**would go as follows:**

**First,**  
**the search for your**  

- **conscious and**
- **unconscious**

**negativities.**

**Second,**  
**owning up to them** [i.e., owning up to your negativities]  
**in a spirit of truthfulness,**  

- **without denial,**
- **without annihilating yourself and**
- **[without] believing yourself**  
**to be only that [negative] part of you.**



Third,  
seeing  
• the false ideas and  
• the false concepts  
embedded in  
the negative attitude.

These [false ideas and concepts embedded in the negative attitude]  
must be  
very clearly articulated  
in your consciousness.

Some of you  
still battle in this phase.

The last phase  
is the change of intent,  
[establishing] the attitude  
that clearly formulates the commitment  
from  
• the negative  
to  
• the positive.

Of course,  
the phases  
• often overlap;  
they  
• are not exactly sequential.

This is just an overview.

You are increasingly  
working this way already.

This valuable work  
is largely responsible for  
the exhilarating  
• movement,  
• expansion and  
• growth,  
• individually and  
• in your group as a whole.

37

In the course of these stages, my friends,  
you have often found  
peculiar  
resistances.

You have found,  
• contrary to  
your intellectual understanding and  
• illogical as it may seem,  
that you are  
very reluctant  
to energize  
the numbed matter in you.

The reason for this reluctance [to energize the numbed matter in you]  
is that

it is not quite clear to you  
• what the negative nuclear point is,  
• what the various psychic events are  
in this nuclear point,  
• what the specific false idea is.  
• How  
is it false?  
• What is  
the right idea?

Only when you know [what the right idea is, as opposed to the  
false idea behind the negative nuclear point]  
can you  
wholeheartedly  
state your  
positive intent.

As long as this [right idea]  
is not clear,  
you will fear that  
when the energy sets off its negative chain,  
it will culminate in  
a commensurately negative  
• creation and  
• explosion.

You therefore prefer to keep yourself  
• numb and  
• deadened.

38

I am not talking about  
whether  
such deadening  
is

- advisable  
or not,
- good  
or bad.

I am not making a  
generalized  
judgment.

At certain stages in life  
the temporary numbing  
fulfills  
a benign function

- until  
the soul  
is sufficiently
  - aware and
  - strengthened,

- until  
the consciousness  
is sufficiently raised  
so that  
the energies  
can be activated  
in a
  - positive,
  - creative  
way.

At other stages  
even the

- negative explosions and
- crises  
are

- inevitable and
- serve  
a very important purpose  
for the growth of the soul.

*In such phases [that result in negative explosions and crises],  
persistently holding on  
to the energies  
amounts to*

- *needless procrastination and*
- *great waste.*

*Each situation  
is entirely different.*

*The inner mechanism at work  
is directed*

*by the*

- *real,*
- *divine*  
*self.*

*Only the*

- *fearful,*
- *separated,*
- *fragmented and*
- *stubborn*  
*mind*

*can*

- *halt the process and*
- *clog up the channel*  
*to the divine self.*

*So beware of  
stubbornness, my friends;  
it is a wall  
that shuts out  
the divine inner guidance.*

39

*Understanding this material,  
even in its most simplified form,  
should help raise your consciousness  
so you can*

*intuitively*

*perceive these creative processes at work*

- *in all that exists,*
- *in all that you are,*  
*making it much easier for you*

*to continue dealing with yourself on your path.*

40	<p><b><u>The acceleration</u></b> <b><u>of your pathwork</u></b> <b><u>is a tremendously joyful reality.</u></b></p> <p><b><u>It [i.e., the acceleration of your pathwork]</u></b> <b><u>will create</u></b> <b><u>forever more</u></b></p> <ul style="list-style-type: none"><li>• <b><u>joy,</u></b></li><li>• <b><u>peace,</u></b></li><li>• <b><u>excitement and</u></b></li><li>• <b><u>fulfillment</u></b></li></ul> <p><b><u>in your life,</u></b></p> <p><b><u>until you</u></b> <b><u>fully know</u></b> <b><u>that it is safe</u></b> <b><u>to live in a state of being charged [with creative matter and energy]</u></b> <b><u>when the charge [of creative matter and energy]</u></b> <b><u>is positive.</u></b></p>
41	<p><b><u>Be blessed</u></b> <b><u>in the world of love</u></b> <b><u>that</u></b></p> <ul style="list-style-type: none"><li>• <b><u>surrounds and</u></b></li><li>• <b><u>permeates</u></b></li></ul> <p><b><u>you.</u></b></p> <p><b><u>This [i.e., love]</u></b> <b><u>is the only</u></b> <b><u>unalterable</u></b> <b><u>reality</u></b> <b><u>that ever exists.</u></b></p> <p><b><u>Be blessed.</u></b></p>

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