

Pathwork Lecture 186: Venture In Mutuality: Healing Force To Change Negative Inner Will

1996 Edition, Original Given November 6, 1970

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

Blessings on your journey, Gary

¶	Content
03	<p> <ul style="list-style-type: none"> • <u>Greetings,</u> • <u> blessings,</u> • <u> strength and</u> • <u> love</u> <p style="text-align: center;"> <u>are poured forth</u> <u>once again</u> <u>into this gathering</u> <u>which has as its one common purpose</u> <u>inner growth,</u> <i>[inner growth] <u>through which</u></i> <u>to find</u> <u>the truth</u> <u>of being.</u> </p> <p> <u>It is a</u> <ul style="list-style-type: none"> • <u>long and</u> • <u>arduous</u> <u>way,</u> <u>but arduous</u> <u>only because</u> <u>the mind is lost</u> <u>in its own maze.</u> </p> </p>

by Eva Broch Pierrakos

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The state of
being lost
always
• undermines and
• creates a split in
your will,
[your will] which has the power
to
• determine and
• shape
your fate.

Each one of you
has
• an outer
conscious will
and
• an inner
unconscious will.

• The second [i.e., the inner unconscious will]
only too often
goes into
the exact opposite direction
from
• the first [i.e., opposite direction from the outer conscious will].

I discussed this topic in a lecture
quite early in our joint undertaking, years ago.

04

Since then [i.e., since that earlier lecture, years ago],
you have developed
both as
• an entity
and as
• individuals
to such an extent
that many of you, my friends,
who are actively engaged in this pathwork today
have made contact with
• your inner intention,
which is so different from
• the outer conscious one [i.e., conscious intention].

05

At the beginning
of one's path,
one is aware
only
of what one
consciously
• desires,
• wishes,
• wants,
• wills,
• intends,
• longs for.

The person is convinced
that their
lack of fulfillment
• is a result of
ill luck, or
• is someone else's fault.

It takes
• time and
• growth
to experience
the truth of life,
[the truth] that there must be
something at work
within
the person
that thwarts fulfillment.

Even when
• this hidden [i.e., unconscious]
agenda [that is within the person and thwarts fulfillment]
is glimpsed and
• conceptual acceptance [of this situation of inner resistance to fulfillment]
develops,
it still seems
impossible to accept
that an actual [i.e., an actual but hidden and unconscious]
inner No
exists
which contradicts
one's conscious desires [i.e., one's conscious outer Yes].

So it is
not easy to accept
that,
through your own inner [unconscious] "reasons,"
you yourself
deny
what you [consciously] so ardently strive for.

Disconnectedness
from one's inner voice [i.e., from one's inner unconscious voice that says No]
is the primary problem.

Any work
concerned with
genuine

- self-search and
- development

must unearth

- this inner negation [i.e., this inner unconscious voice that says No] and
- the reasons for it [i.e., the reasons for this inner No].

06

The progress in this group
is remarkable
because
so many of you

- have actually found
this inner voice and
- have discovered
why it says No.

Although you may still be
far from
being able to change it [i.e., to change this inner voice from No
to Yes],
you are at least
quite conscious of
your self-determining power [i.e., your power to manifest what
happens in your life, here the power of your inner No
to block the fulfillment of your conscious desires].

	<p><u>You</u></p> <ul style="list-style-type: none">• <u>no longer feel victimized and</u>• <u>can set out to investigate the</u><ul style="list-style-type: none">• <u>motivations,</u>• <u>convictions and</u>• <u>assumptions</u> <u>that create</u> <u>the split</u> <u>in your will current</u> [i.e., <u>that split the will current in two:</u> <u>a conscious outer Yes and an unconscious inner No</u>]. <p><u>It is easy to see that</u> <u>unification</u> <u>will remain out of reach</u> <u>as long as</u> <u>conscious awareness of the split</u> [i.e., <u>the split between a</u> <u>conscious Yes and an unconscious No</u>] <u>is absent.</u></p>
07	<p><u>In spite of the fact that</u> <u>awareness of</u> <u>the split in one's will</u><ul style="list-style-type: none">• <u>offers great relief and</u>• <u>increases psychic energy</u> <u>in the whole system,</u><u>everybody</u> <u>fights</u><ul style="list-style-type: none">• <u>this piece of self-knowledge</u> [i.e., <u>fights this self-knowledge of the split</u> <u>between a conscious Yes and an unconscious No</u>]<u>almost more than</u><ul style="list-style-type: none">• <u>the actual</u><ul style="list-style-type: none">• <u>destructiveness and</u>• <u>evil</u> <u>itself</u> [i.e., <u>fights the split more than the destructive No itself</u>].</p>

Part of the resistance [i.e., *Part of the resistance against self-knowledge of the split between a conscious Yes and an unconscious No*]

is based on

wanting to

deny the split,

[the split] which is the

• *inner negation* [i.e., *the inner unconscious and hidden No*]

of the

• *outer affirmation* [i.e., *the outer striving conscious Yes*].

In other words

the average human being's predicament

is that he or she

• *consciously wants*

one thing,

• *unconsciously wants*

the opposite,

and then

• *fights to repress awareness of*

this dividedness.

The result is

that you [*consciously*]

strive

• *too hard and*

• *too frantically*

for what you unconsciously

negate

• *all the harder,*

and you find yourself

in a frenzy of

• *frustration,*

• *bitterness and*

• *tension.*

Alternatively,

you may manage

also

to deny –

on a superimposed surface level –

what you long for.

	<p><u>You dull</u> <u>your</u> • <u>senses,</u> <u>your</u> • <u>feelings,</u> <u>your</u> • <u>longings.</u></p>
08	<p><u>When we started our work together</u> <u>many years ago,</u> <u>these ideas</u> <u>were at best</u> <u>a theory</u> <u>for those who</u> • <u>listened to me then</u> <u>or later</u> • <u>read these words.</u></p> <p><u>Some</u> <u>found the theory</u> <u>acceptable,</u> <u>to others</u> <u>it may have appeared</u> <u>nonsensical.</u></p> <p><u>Even for those</u> <u>who could accept the premises</u> <u>because they</u> <u>sensed the truth</u> <u>of the many layers</u> <u>of human consciousness</u> [<u>and the truth of each layer having its</u> <u>own voice – sometimes a Yes voice and at other times a No</u>], <u>there still was</u> <u>much difference</u> <u>between</u> • <u>believing what I said</u> <u>as a</u> • <u>philosophical statement</u> <u>and</u> • <u>experiencing it</u> [i.e., <u>experiencing what I said about the inner No</u>] <u>as a</u> • <u>personal truth.</u></p>

	<p><i><u>In the intervening years, and particularly lately, the majority of my friends have indeed contacted the negative inner will [i.e., contacted the inner No].</u></i></p>
09	<p><i><u>I want to stress how important it is to realize that</u></i></p> <ul style="list-style-type: none"><i>• <u>the more frantically you strive for a desired goal,</u></i><i>• <u>the less you trust in its realization,</u></i><i>• <u>the more this [i.e., the more this striving for a desired goal while simultaneously lacking trust in the desired goal's realization] is an indication that a firm inner No exists.</u></i> <p><i><u>Instead of wasting energy in inner</u></i></p> <ul style="list-style-type: none"><i>• <u>tension and</u></i><i>• <u>frenzy</u></i> <p><i><u>to overcome what appears to block you from outside yourself,</u></i></p> <p><i><u>you would be better advised to set out calmly to uncover</u></i></p> <ul style="list-style-type: none"><i>• <u>your inner negation [i.e., your inner unconscious No]</u></i> <p><i><u>of</u></i></p> <ul style="list-style-type: none"><i>• <u>the frantic outer wish [i.e., your outer conscious Yes].</u></i>

10

Many of you
have discovered
such inner negations [i.e., inner No's].

This [discovery of such inner negations of the goals for which you strive]
is indeed
a tremendous step.

Once you
• stop battling [against what appears to be blocks to your goals that are
imposed by factors outside of yourself],
once you
• accept
your split [i.e., your split between a conscious Yes to your goals and an
inner unconscious No to your goals],
a great deal
of frustration
is eliminated –
but by no means
all of it [i.e., by no means is all of your frustration eliminated].

Many of you
have found yourselves
strangely stuck at this point [i.e., at this point where you see your split
between a conscious Yes to your goals and an inner unconscious No].

Contrary to what you may believe
awareness of a
• totally irrational,
• self-destructive
will to negate
what is desirable
does not
automatically
eliminate it [i.e., does not eliminate the destructive will to negate
what is desirable, i.e., does not eliminate your No].

Even when you
unearth

- mistaken
conclusions,

- false and
unjustified
fears

which determine the negation [i.e., which determine the inner No],

even then

it is often
impossible

to give it up [i.e., to give up the negation, the destructive will to negate
what is desirable, the inner No to what you are striving for].

At this point [however]

- you do have
more energy and
- you must also
be less

- blaming and
- accusing

of others [for your not realizing the goals for which you strive].

- Self-blame and
- self-accusation

may seem to have increased, however,

for what

you heretofore

- projected onto others

you now see

- directed against yourself –

all the more so [blaming yourself]

since you are

puzzlingly

incapable of

changing

- the No-current

into

- a Yes-current.

This is where many of you are.

11

At this point
I have a gift to bring.

Yet the gift
is not something
you can
passively
receive;
it [i.e., the gift I bring]
does not come to you
without your participation.

It [i.e., The gift I bring]
is made possible
as a result
of your significant progress, and

its [i.e., the gift's] execution
will also require
your active engagement.

The gift
has built itself
from your progress in

- awareness and
- acceptance

of the negation of
your conscious affirmation.

The

- ever-present,
- ongoing
 - blessedness and
 - richness

of the universe
can now extend itself
more

- pointedly and
- potently

to the
inner place
where you are stuck.

12

The gift
is a
• living
• powerful
force
of healing
that can flow through
the instrument
through which I manifest.

To be precise,
the healing force
can now flow through
the hands
of this person [i.e., the hands of this person, Eva].

This [living, powerful, healing force]
is not
a healing power
on the physical level.

Nor does it [i.e., Nor does this living, powerful, healing force]
allow you
merely
to be passively receptive.

This venture [into this living, powerful, healing force experience]
must truly
become
mutual.

It [i.e., [This living, powerful, healing force]
can work
only
as a mutuality.

The last lecture [Pathwork Lecture 185: Mutuality: A Cosmic Principle and Law]
has given you some understanding of
what the laws of mutuality are.

Let me explain now
how they [i.e., how the laws of mutuality] can work
specifically
in this venture [i.e., this venture of receiving the gift of this living,
powerful, the healing force of the universe].

13

Anyone of you

who

- is specifically
aware of negating
what he or she
consciously desires [i.e., aware of the No current],
- and yet
- feels strangely paralyzed [and unable to dissolve the No current],

is eligible

to benefit from

this healing force.

The force

is a spiritual healing force

which

- comes from
a higher realm of being and
- affects
your
 - inner,
 - spiritual
self,
where you
 - determine,
 - will, and
 - issue
your intentions.

Usually,

when people speak of

- a spiritual
healing force

they mean

- a physical
healing force
 - given to
a passive recipient,
 - destined to remove
a physical symptom
of an
 - inner,
 - spiritual
malfunctioning.

But
to call
this physical healing force [i.e., to call a healing force that removes physical symptoms of an inner spiritual malfunction]
spiritual
is truly a misnomer,
for
a spiritual
healing force

- **must affect**
the spiritual part of the person [rather than merely removing the physical symptoms of an inner spiritual malfunction] **and**
- **requires his or her**
active contribution
in the healing process.

Healers
who dispense
physical healing power
tap a powerful universal energy,
but it [i.e., but the physical healing power dispensed by such healers]
may not necessarily
effect
spiritual healing
in the true sense of the word [i.e., the word “spiritual healing”
or, said another way, is not really a spiritual healing].

14

The following steps
are indicated
for those of you
ready to avail yourselves
of this gift.

Come forth,
either

- **in the Questions & Answers sessions**

or

- **after a lecture,**

and sit very close
in front of this instrument.

Your part
of the mutuality
consists in
acknowledging
as exactly as you can
• what you consciously wish and
• what you – no longer unconsciously –
 • strangely and
 • irrationally
 deny [i.e., acknowledge what your No current is];
• what
 your inner being expresses
 that opposes the conscious wish [i.e., what the No
 expresses].

Then state further,
very exactly,
that you are unable
to make
the inner will
budge [from its No],
even though
your outer being
• would like to release
 the locked force in you [i.e., would like to release your Yes],
• would like to obtain
 from your spiritual self
 the necessary inspiration
 for whatever awareness
 may still be missing,

and [state further]
that you wish
to make
 • fluid
what is now
 • fixed.

You may then uncover
that
• non-fulfillment,
with all its suffering,
appears preferable to
• the dangers
imagined to be lurking
in an
• open,
• flowing
attitude,

so that
• negation and
• negativity,
• evil and
• destructiveness,
seem protective devices.

Whatever
you must know about yourself
in order to
release
negation [i.e., in order to release your No]
will come to you.

If it is simply a matter of
letting go of
fixedness,
that
will come.

But
you
must clearly state
that you
wish it [i.e., that you wish the letting of fixedness]
to come to you.

15

- When you
make these clear-cut statements,
- when your
inability
to move the inner will
is expressed,
- as your ego-personality
commits to
wanting help,

you will become

- calm,
- open and
- receptive.

With this
you have fulfilled
your half of
the mutual venture.

Then,
through the instrument's hands,
a

- very strong,
- living
 - power and
 - force

will penetrate you.

It [i.e., this very strong, living power and force]
will not
directly affect
your bodily ailments.

Something
more fundamental [i.e., Something more fundamental than affecting
your bodily ailments and symptoms]
will take place,
which can,
if you wish,
also affect
your bodily symptoms.

But this [i.e., But this affecting of your bodily symptoms]
will happen
from within yourself
as a secondary result
of the power given you.

The power given to you
• **will influence**
stagnant soul substance and
• **can go to work**
within you.

This is the gift
• **that all of you who work on this path**
have made possible,
• **that you have**
built yourselves,
as it were.

By fulfilling
your part
of the mutuality,
• **you commit yourself,**
• **you open something in you,**
• **you go "on the record."**

This
"going on the record,"
if I may use this expression,
is a
very important part of the process.

16

I also have a suggestion
for all those
not yet at the point of
clear-cut awareness of
the negation of [i.e., not aware of their inner No to]
their most cherished desires.

It can be considered
• **as homework and**
• **as a most essential help for everybody.**

First

lift out of the vagueness

what

- **you long for,**

what is

- **unfulfilled in your life.**

Most people

do not state this [i.e., not state what they long for, what is unfulfilled in their life]

clearly

to themselves.

They deplore a

- **certain situation or**

- **problem**

but fail

to state clearly

that they wish to resolve it.

The greater

the problem,

the less clear

is the awareness

that there is a problem.

I suggest that you

ask yourself,

preferably on paper,

so that it cannot elude you:

- **"What do I long for?"**

- **What do I wish to be different in my life?**

- **What would I want different**

- **in myself,**

- **in my personality?**

- **How would I like it [i.e., How would I like my personality or my life] to be different?"**

Answer these questions

very clearly

to yourself.

17	<p><u>Then</u> <u>a second series of questions</u> <u>must be</u></p> <ul style="list-style-type: none">• <u>raised and</u>• <u>answered</u> <u>in writing.</u> <p><u>"What do I believe</u> <u>contributes to</u> <u>the absence of</u> <u>the fulfillment?</u></p> <p><u>Do I believe</u> <u>that it [i.e., that what contributes to the absence of the fulfillment]</u> <u>is</u></p> <ul style="list-style-type: none">• <u>an outside factor</u> <p><u>or</u> <u>that it [i.e., or that what contributes to the absence of the fulfillment]</u> <u>is</u></p> <ul style="list-style-type: none">• <u>in me?"</u>
18	<p><u>The third series of questions</u> <u>will be the following:</u></p> <p><u>"Am I at all aware,</u> <u>at this point,</u> <u>that there is</u> <u>a specific fulfillment</u> <u>I</u></p> <ul style="list-style-type: none">• <u>miss, and</u>• <u>say No to?</u> <p><u>Am I aware of it [i.e., aware that there is a specific fulfillment I miss</u> <u>and say No to],</u></p> <p><u>and if so,</u></p> <ul style="list-style-type: none">• <u>why [do I say No],</u>• <u>how [do I say No]?</u> <p><u>How does it [i.e., How does my No]</u> <u>express in my inner being?</u></p>

How does this
inner expression [of No to a specific fulfillment]
make me behave
in such a way
that
I make it impossible for
the conscious wish
to fulfill itself?

On what
• beliefs,
• assumptions and
• ideas
do I base
• the negation [i.e., do I base the inner No]
in contrast to the [beliefs, assumptions and ideas upon which
I base my]
• conscious striving [i.e., my outer Yes]?"

19

When you answer these questions
as concisely as you can,
you will have wrought
a tremendous change
in your entire personality,
regardless of how
• negative,
• immature, or
• destructive
the answers may appear to you.

The benefit of
being aware of yourself
will relieve you from
the tremendous pressure of
the inner division.

20	<p><u>The final question is:</u></p> <p><u>"To what degree am I willing</u></p> <ul style="list-style-type: none">• <u>to cooperate in this mutual venture,</u>• <u>to</u><ul style="list-style-type: none">• <u>receive the healing power,</u>• <u>take it into me and</u>• <u>let it work in me</u> <p><u>until, finally,</u> <u>I release these same</u></p> <ul style="list-style-type: none">• <u>healing,</u>• <u>living</u> <p><u>forces</u> <u>from within</u> <u>my own being?"</u></p>
21	<p><u>Do not feel ashamed</u> <u>of saying,</u></p> <p><u>"No, I am not ready.</u></p> <p><u>I do not want</u> <u>what I want."</u></p> <p><u>But</u> <u>do explore</u> <u>the reasons why [you do not want what you want].</u></p> <p><u>At least then [i.e., then when you know why you do not want what you want]</u> <u>you are no longer in the predicament of</u> <u>putting useless pressure on yourself</u> <u>that</u></p> <ul style="list-style-type: none">• <u>short-circuits your energies</u> <p><u>and also</u></p> <ul style="list-style-type: none">• <u>creates the emotional hazard</u> <u>of projecting onto the outside world</u> <u>the non-fulfillment</u> <u>you [actually]</u> <u>impose upon yourself.</u>

	<p><u><i>This confusion [i.e., This confusion brought about by projecting onto the outside world the non-fulfillment you actually impose upon yourself]</i></u></p> <p><u><i>always</i></u> <u><i>induces</i></u></p> <ul style="list-style-type: none">• <u><i>bitterness,</i></u>• <u><i>a sense of injustice</i></u> <p><u><i>and, therefore,</i></u></p> <ul style="list-style-type: none">• <u><i>resentments!</i></u> <p><u><i>You blame the world</i></u> <u><i>for withholding from you</i></u> <u><i>what you believe</i></u> <u><i>you ardently desire.</i></u></p>
22	<p><u><i>Another aspect</i></u> <u><i>of the problem</i></u> <u><i>is unawareness of</i></u> <u><i>your actual state,</i></u> <u><i>that</i></u> <u><i>your whole inner being</i></u> <u><i>longs for something</i></u> <u><i>desperately.</i></u></p> <p><u><i>Therefore</i></u> <u><i>a third layer</i></u> <u><i>has to be examined.</i></u></p> <p><u><i>The top layer [i.e., the first layer]</i></u> <u><i>of consciousness</i></u> <u><i>is</i></u></p> <ul style="list-style-type: none">• <u><i>hazily unconcerned,</i></u>• <u><i>unaware of a great need,</i></u> <u><i>perhaps of a legitimate human fulfillment,</i></u> <p><u><i>that creates</i></u> <u><i>on a less conscious level</i></u> <u><i>an urgency</i></u> <u><i>which, in turn,</i></u> <u><i>manifests only indirectly.</i></u></p>

- Tension,
 - anxiety,
 - inability to concentrate,
 - absent-mindedness,
 - a sense of futility about one's life,
 - depression,
 - lack of energy,
- and often
- physical difficulties
characterize this state.

These manifestations
are the consequences
of being unaware of
a deep

- longing or
- need.

At times,

- a legitimate human need

may be distorted by

- a so-called neurotic need,

but
the deviation [i.e., the deviation or distortion of a legitimate human need
by a so-called neurotic need]
is seldom
a total illusion.

Such need [i.e., the distorted legitimate human need, or a so-called neurotic need]
always harbors
the germ
of a

- real,
- legitimate
need.

Therefore it [i.e., the distorted legitimate human need, or a so-called neurotic need]
must not be
totally thrown out,
even if it is

- childish,
- destructive, and
- unrealistic
in its present manifestation.

	<p><u>Additional layers</u> <u>of</u></p> <ul style="list-style-type: none">• <u>vagueness,</u>• <u>lack of awareness,</u> <u>[concerning unfulfilled needs]</u> <u>must also be taken into consideration.</u> <p><u>They [i.e., These additional layers of vagueness and lack of awareness</u> <u>concerning unfulfilled needs]</u></p> <p><u>may even exist</u> <u>in some areas of the personality,</u> <u>with people</u> <u>who are quite aware of</u> <u>their</u></p> <ul style="list-style-type: none">• <u>negativities and</u>• <u>negation</u> <u>[i.e., their inner No's blocking fulfillment of needs]</u> <u>in other areas of their personality.</u>
23	<p><u>So we have</u> <u>two manifestations.</u></p> <ul style="list-style-type: none">• <u>Some people</u><ul style="list-style-type: none">• <u>are very conscious of</u> <u>a lack in their lives and</u>• <u>suffer severely from it.</u>• <u>Others</u><ul style="list-style-type: none">• <u>are not aware of</u><ul style="list-style-type: none">• <u>their longing or</u>• <u>their needs.</u>• <u>With their sensibilities dulled</u> <u>they suffer only indirectly</u> <u>from the unfulfillment.</u> <p><u>This insensibility [about the unfulfillment of their needs in this</u> <u>second manifestation]</u></p> <p><u>is</u> <u>not</u> <u>an advantage.</u></p>

*It [i.e., This insensibility about their unfulfillment of their needs
that occurs in this second category of people – people
who are not aware of their needs]*

creates

more

- *self-alienation,*

less

- *aliveness,*

and it

requires

more work

until the layer

of longing

becomes more conscious.

*People in this predicament [i.e., in this second category – people
who are not aware of their needs]*

should

- *deeply listen into themselves*

and

- *ask:*

- *"What is it
that I really want?"*

- *What is
lacking in my life?"*

- *Do I really have
the fulfillment
I long for?"*

- *Is there something
deep inside me
that knows
more is possible
than I allow myself
to experience?"*

24

I emphasize again,
we are
not
dealing here
with personality types –
• one person
falling into the former,
• another
into the latter category.

Each individual
will be in
• different
inner places
with respect to
• different aspects
of their being.

The approach I suggest here
can be applied
by everyone.

It [i.e., The approach I suggest here]
serves to make you
more conscious
of your longing –
and this is good.

25

With regard to
what is
• affirmed
and
what is
• negated,
there are
also
two possibilities:

In some instances
the affirming part of the self
strives for
what is

- healthy,
- furthering
 - pleasure,
 - love,
 - expansion,
 - growth,
 - fulfillment;

while
the

- destructive,
- ignorant
part [of the self]
negates [i.e., says No].

In other instances,
affirming something
may be totally contrary to
the

- unity and
- growth,
- fulfillment and
- health
of the personality,

so that
unconscious negation [i.e., an unconscious No]
springs from the

- best,
- most wise
aspect of the self.

Fixed outer values
are never
a reliable answer to
which is which [i.e., which is wise, right, and best and which
is destructive and wrong].

[Because fixed outer values are never a reliable answer for which choice is right and which is wrong in a given situation with a given person,]
It is therefore necessary
to keep evaluation shelved
until
the personality is aware of

- itself and
- its various voices.

For example,
a certain vocational pursuit
may appear
completely

- acceptable and
- "right,"

but it [i.e., but a certain vocational pursuit]
may
not be "right"
for this particular person.

26

Wherever
you have

- a conflict or
- a problem

in your life

- which seems difficult to resolve,
- that casts a shadow
over your joyousness,

this approach
can be used.

Your lack of
clear awareness of
your saying No
also blocks you
from meditation
in such areas.

This obstruction [i.e., obstruction of your saying No, but not being clear about this],
when you confront it,
is an invaluable indicator of
your dividedness [i.e., your having both a Yes and an unconscious No]
and should be heeded.

27

Those of you
who are ready to receive
this powerful energy
can now come to me.

The result may be
• a deeper
• awareness and
• understanding,
• new knowledge.

But it may simply be
• a new loosening up,
• an ability to
let go of something negative,
• a new
• energy and
• flexibility
within the soul substance.

Or it may be both [i.e., both new knowledge and understanding, as well as a new loosening up, an ability to let go of something negative, and a new energy and flexibility within the soul substance],
one
leading to
the other.

Sometimes
explanations
may also come
• from me,
as this force
is poured into you.

At other times,
whatever knowledge
is needed in you
will come
• from within yourself
as the force goes to work in you –
provided you
• nurture it and
• stay open to it.

The power [of this force from the universe]

can release

your own power

to be

• *inspired and*

• *energized*

by yourself.

This is

the gift

of a new mutuality

• *that can take place and*

• *that can be built later*

into further

and further

extensions

of this

spiritual force.

Everyone

who is truly willing

to receive this help

can receive it.

28

Now, are there any questions?

QUESTION:

Is the path of alternation
between

• the inner

and

• the outer

Yes

a path of

• consciousness

or a path of

• action?

If it [i.e., If the path of alternation between the inner and the outer Yes]

is the former [i.e., is a path of consciousness],

the only problem

is really one's ability

to follow it [i.e., to follow what arises in awareness and consciousness].

If it [i.e., If the path of alternation between the inner and the outer Yes]

is the latter [i.e., is a path of action],

which would require

radical changes

in one's lifelong commitments,

then it could be very disturbing.

29

ANSWER:

Outer

• action or

• change

is meaningless

unless it arises out of

a harmonious desire.

Then [i.e., when outer action or change arises out of a harmonious desire]

obstacles

will fall by the wayside.

First

- consciousness,
 - feeling and
 - awareness
- must be cultivated.

Then

- everything else
follows
- naturally and
 - organically.

The change

- may
outwardly
create disruption,

but if

- the inner being
is whole,
these disruptions
are necessary steps
to overcome
previous forms,
[forms] which are
no longer of value
in the life
of the people concerned.

30

The process

- cannot ever
be completely generalized, however.

At times,

- outer changes
must be undertaken
to preserve the wholeness
of the person.

At other times,

- outer changes
occur gradually,
as awareness grows.

This [i.e., times when outer changes occur only gradually, as awareness grows]
does not mean
that there is
no activity.

[In fact,] The inner activity
may be so intense
that the change
wrought in the personality [inwardly]
is more meaningful
than any
outer change
could be –
for example,
[an outer] change enforced
in order to
cover up
an inner

- *fixedness and*
- *resistance*

[will not result in a
meaningful change in the
inner personality].

What is indicated [as right and good]
never lies
in the
outer action.

What is

- *right and*
- *good*

in one case
may be

- *the worst thing*

in another.

Answering the questions
I have raised [in this lecture for your homework] –
because of

- *the honesty required [in answering them] and*
- *the confrontation involved –*

indicates
a highly active state.

The commitment to
the divine power
is not
a passive manifestation.

It too [i.e., The commitment to the divine power, too],
implies activity.

On the other hand,
if a person
waits
to bring about
outer change
until
he or she
is free from

- fear and
- resistance,

expansion
may never
be possible.

Often
the person
must go through these feelings [i.e., feelings of fear and resistance],
regardless of
the unpleasantness,
to fully realize
the truth
of his or her situation.

Self-surrender
is never
an indication
of passivity.

It [i.e., Self-surrender]
is one of
the most active commitments
a person can undertake.

31

QUESTION:

**Why is it so hard
to give up
one's neurosis?**

ANSWER:

**The creative soul substance,
when it is**

- **unobstructed,**
- **free and**
- **in harmony with**
its own creativeness,

**is constantly
moving.**

Living matter
never
stands still.

It [i.e., Living matter]

- **moves and**
- **moves and**
- **moves.**

- **Misconceptions**

and

- **errors**
breed
- **negativity.**

- **Negativity**
breeds more
- **error.**

Soul substance
trapped in

- **error and**
- **negativity**

is

- **stagnant and**
- **fixed.**

The difficulty
is making
that fixedness [in the soul substance]
fluid again.

There is
no
• particle or
• atom
of
• energy or
• substance
that does
not contain
consciousness.

The universe
is permeated
with
energy/consciousness,
but not
as separate entities
existing
side by side.

• Energy
is
• consciousness
and
• consciousness
is
• energy.

Consciousness
that solidifies into
fixed substance
must
• be made
fluid again,
must
• wake up out of
its own stagnation.

• Stagnant,
• fixed
energy/consciousness
needs
its own
loosening up.

Fluid

- consciousness and
- energy
can affect
the
 - stagnant,
 - fixed
parts
only with
the greatest difficulty,
because
true awakening
must happen
within
the dormant part.

Free-flowing

- energy/consciousness
is therefore
always
repulsed by
the fixed state.

This is what I meant by

- the mind
being lost
in its own maze.

Stagnant consciousness

- must somehow
find the way
to let go of
itself.

As long as

- free flow
is not the
mode,
 - substance,
 - energy and
 - consciousness
trapped into
a fixed nucleus
will remain stationary.

32

These words
are
not
easy to understand
because
they deal with concepts
the human mind
cannot grasp.

You must use
your intuitive faculties
to sense the meaning.

Those
who have received inklings of
the true world
where

- all is one,

where

- existing things
are not separated,

will
feel
what I mean here.

The task
of the

- fluid,
- enlightened
consciousness
can be accomplished
only little by little,
 - influencing and
 - affecting
the
 - stagnant,
 - entrapped
energy/consciousness/substance,
which [stagnant, entrapped
energy/consciousness/substance]
is what is called
"neurosis."

Since
the deadened consciousness
is dead –
which may sound like a redundant statement,
but is not –
it takes
a great deal of

- patience and
- searching

finally
to influence
it [i.e., to finally influence
the deadened consciousness]

- with
 - the free consciousness,
- allowing the
 - fluid,
 - flowing
energy [of the free consciousness]
to influence
the stagnant mass.

For if

- free
- enlightened
 - consciousness and
- fluid
 - energy
did not prevail upon
 - fixed
 - consciousness and
 - soul substance,

it [i.e., the fixed consciousness and fixed soul substance]
would remain
fixed
forever
and ever.

The
free-flowing
consciousness/energy
eventually
prevails.

33

(After this,
two people
availed themselves of the Guide's offer;
they came close to Eva
and stated their

- specific,
- personal
 - negations and
 - affirmations.

The forthcoming

- energy and
- power

was a deep experience
for everyone present.

The room
was filled with it [i.e., filled with the forthcoming energy and power]
and, to a few,
radiating energy
was visible.

Unfortunately
it is not possible
to describe the experience
in words.)

34

My dearest,
dearest
friends:

- Love,
- spiritual power, and
- wisdom

are
one.

The help
that comes from "outside" here [i.e., the help that comes in this process of
channeling this force from the universe "outside" through this instrument]
is not the kind
that will ever make you
passive.

It [i.e., the help that comes in this process of channeling this force from the universe “outside” through this instrument] will elicit the same source within you that is the fountain of all life.

It must be that way.

It [i.e., the help that comes in this process of channeling this force from the universe “outside” through this instrument] will more and more prevail upon stagnant

- energy and*
- consciousness*

and make them light again.

The first step [in this process of your receiving this force] lies in your active participation as you walk the path that leads into your innermost being.

The second step [in this process of your receiving this force],

- stating and*
- clarifying*

your conflict –
as two of my friends here have done –
must generate
more of
the great universal power
that is in infinite supply –

- outside and*
- inside*

of you.

35

This [i.e., this gift of the force]
is a blessed thing, my friends.

It [i.e., this gift of the force]
• *arose*
out of
your contribution
and
• *will continue to grow*
out of
your contribution.

It [i.e., this force]
is indeed
a living force.

It [i.e., this force]
is a reality.

As all living things,
its [i.e., this force's]
• *continuous life and*
• *fruitful manifestation*
depend entirely on
the degree to which
this enterprise
remains mutual.

The mutuality
will express itself
first
between
• *your own giving of yourself*
in truthfulness
and
• *the helping power coming through*
• *me and*
• *the hands of the instrument.*

Later, it [i.e., Later, the mutuality]

will work

between

- your ego-consciousness

and

- the source of all life
within yourself,

which [both i.e., your ego-consciousness and the source of all life within you]

converge together

onto

the stagnant matter,

to loosen it up

more

and more.

Maybe you can visualize

the difference

between

- stagnant

- matter,

- stagnant

- energy and

- consciousness

that

without change

- hates

and holds, and

- holds

and hates,

and

- fluid

- matter,

- consciousness and

- energy

that knows

the truth

of

- life and

- love.

When you
visualize
those two ways of being [i.e., the stagnant ways of being versus
the fluid ways of being],
it will make it easier for you
to make a

- deliberate,
- conscious

choice:
to let

- the latter [i.e., the fluid ways of being]

influence

- the former [i.e., the static ways of being].

36

Love
comes to
every one of you here.

Some of this power
comes forth
whenever

- blessings are expressed,

whenever

- you are open for them [i.e., open for blessings].

These blessings
can

- reach you

and

- lighten your burden
by making
your own stagnancy
fluid again.

But
when you sit here

- defensively

and

- doubtingly,
the blessing force
cannot reach you.

However,
it [i.e., the blessing force]
is always forthcoming
to some degree,
and
it [i.e., the blessing force]
will come now
stronger
and stronger,
as you
open to it

- **more**
- **and more,**
- **conscious of its reality,**
- **becoming more receptive to it.**

Thus you will
increase
the power
of the blessings.

Be in peace
my loved ones.

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