

Pathwork on
The Call of Pathwork

This quote from Pathwork Lecture 165 *Evolutionary Phases in the Relationship Between the Realms of Feelings, Reason, and Will*, gives a clear statement of what called me to Pathwork – although the Call and my saying “Yes” to it were largely unconscious until after I answered it.

The Lecture invites us to ask ourselves why we are choosing to take Pathwork as our path or at least making Pathwork a significant part of our path. Ultimately the reason is **an aspect of our Life Force** – as if our inner Divine Essence wants to manifest through us in this incarnation on Planet Earth and will do whatever is necessary to bring this about. It is part of the same force by which an acorn becomes an oak.

Our faithfulness to responding to this inner hunger of our soul has in some way been the root factor motivating us who choose Pathwork as our path to do so. Via Pathwork our soul finds Truth, Love, and Creative Power deep within our very being. Via Pathwork, our psyche, overcoming many challenging and often-unconscious obstacles of resistance in us, in the end does indeed choose to remove all obstacles to manifesting the Divine Rays, which are our Essence. The acorn does indeed become an oak, by the grace of God.

We may not realize this as the motivating factor for choosing to use Pathwork. We may think we are doing Pathwork to develop spiritually, to become more fulfilled and happy in life, to develop psychologically into a more mature person, or to overcome a sickness or persistent problems in life. This quote says these desirable outcomes all happen on the path, but achieving these goals is not what ultimately motivates us on this Pathwork path. **What motivates us is our inner hunger to manifest our divine kernel.** Consciously or unconsciously we follow our hunger for Bliss. And this happens in the present moment, the NOW.

Facilitating this process of the total realization of the divine kernel that is our Essence, is the purpose of Pathwork. And elsewhere the Pathwork lectures claim many a time that this Pathwork, though demanding courage and everything in us we can bring to our self-search, is the **fastest path to this realization of our divine kernel.** There are **no shortcuts** to this purification and transformation process. And Spirit meets us, by Grace. In humbleness, and consciously or unconsciously, **we have said YES to our Call.**

10	All of my friends should, once again, consider seriously what this path is. Why are they involved in it? What is its function? Too often vagueness or confusion about the Pathwork's purpose creates unnecessary difficulties and misunderstandings. The function of this path is <u>not</u> to remove a bothersome symptom in a person's life. This is <u>not</u> a treatment of sickness. Nor is the path simply a way of becoming a better person, of developing spiritually. All this happens, of course. But it must be fully understood by all of you, no matter how far you decide to follow it, that the aim of the path is the total realization of the divine kernel. And this is not merely a theory. It is indeed possible, right here and right now.
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Following this statement of what Pathwork is and is not, the next paragraphs of this lecture paint a picture of what our psyche is hungering for, consciously or unconsciously:

11	Let us restate the meaning of self-realization . I shall use new words to reach you in a more dynamic way. Self-realization means to bring forth, as a living reality, the kernel of your spiritual being -- the kernel of self that is eternal . This is, I repeat, not a religious concept for a faraway future. It is immediately available. How can some of the results or manifestations be best described? I might say that a new area is awakened, located in the center of your body, around the solar plexus . From this area new life flows -- new feelings, a new way of perceiving and responding, a new way of knowing life, people, values, and events . Everything is endowed with a new luminosity and a deeper meaningfulness. Beliefs change, or they feel different. The scope of an opinion, conviction, or sensation widens and deepens. Everything becomes fuller. The self becomes at once intensely personal and universal. What appeared to be contradictions suddenly unify without a breach of logic. Fear vanishes, and life becomes unending pleasure just because its opposite is no longer feared . The opposite of the desired state of fulfillment and happiness is not avoided, but its illusory nature is unmasked by going through it. Thus there is nothing to fear. The creative power of the self is available at all times, because of the personality's freedom from fear.
12	These words are inadequate to describe the state called self-realization. But they may give you a glimmer of what is to come; perhaps you have begun to experience this state to a small degree once in a while. It comes gradually, and yet, at times, suddenly. Only when all surface layers and all contradictory trends of consciousness have unified with the innermost being can this state become a steady condition of the soul.

These tastes are pieces of Stage 2 Pathwork (the Spiritual side of Pathwork) – and we use such experiences of Stage 2 Pathwork to inspire, encourage, and motivate us to do the hard work of Stage 1 Pathwork (the Psychological side of Pathwork) – the work of finding, accepting, and emptying out our images, wrong conclusions, untruths, and misperceptions, that is, the work of purification, the emptying out before the refilling with Truth, Love, and Creativity (this process is developed in Pathwork Lecture 131: *Expressing and Impressing*. See my presentation of this lecture on my website under *Pathwork Lecture Presentations, Tools, Techniques, and Rituals*, a heading under Pathwork Resources/Events)

Lecture 165 goes on to talk about the criticality of feeling our feelings as a necessary prerequisite to tasting more of our divine essence, and Lecture 166 describes our need to face and purify both our negativity and our resistance to manifesting our divine essence.

My soul has been called to Pathwork, but I am just beginning to see how this process has worked in me, and I am also just beginning to trust this process to its completion in me. As with the acorn-to-oak cycle, the process alive in me cannot be ultimately stopped, no matter my resistance. And I see my resistance loosening up, by Grace.