

# Pathwork Lecture 075: The Great Transition in Human Development from Isolation to Union

1996 Edition, Original Given December 9, 1960

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Version** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Version so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this rendition of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

*For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, sometimes underlined, but never bolded.]*

To learn more of my Devotional Version and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

*Blessings on your journey, Gary Vollbracht*

¶	Content
03	<p style="text-align: center;"><b><u>Greetings,</u></b> <b><u>my dearest friends.</u></b></p> <p style="text-align: center;"><b><u>Blessings for all of you.</u></b></p> <p style="text-align: center;"><b><u>Blessed is this hour</u></b> [i.e., <b><u>Blessed is this time</u></b> <b><u>we now spend together in this lecture</u>].</b></p>
04	<p style="text-align: center;"><b><u>At the very beginning of this path</u></b> <b><u>you learned to recognize</u></b> <b><u>your</u></b> <b><u>• faults,</u></b> <b><u>your</u></b> <b><u>• weaknesses and</u></b> <b><u>your</u></b> <b><u>• shortcomings</u></b> <b><u>on the most</u></b> <b><u>• superficial and</u></b> <b><u>• obvious</u></b> <b><u>level.</u></b></p>

by Eva Broch Pierrakos

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Edited by Judith and John Saly; Devotional Version Revised – Posted 9/2/15

	<p><i><u>This [initial] recognition [of your faults, weaknesses and shortcomings] was not easy, because you were</u></i></p> <ul style="list-style-type: none"><li>• <i><u>untrained and</u></i></li><li>• <i><u>unused to any kind of</u></i></li><li>• <i><u>self-observation and</u></i></li><li>• <i><u>self-honesty.</u></i></li></ul>
05	<p><i><u>From that stage onward [however,] you learned to</u></i></p> <ul style="list-style-type: none"><li>• <i><u>explore deeper levels and</u></i></li><li>• <i><u>find the greater subtleties of your nature.</u></i></li></ul> <p><i><u>Much ground has been covered since those early stages of finding your faults.</u></i></p> <p><i><u>You may remember my telling you at one point, when we discussed human shortcomings, that</u></i></p> <p><i><u>all faults stem from three basic ones:</u></i></p> <ul style="list-style-type: none"><li>• <i><u>self-will,</u></i></li><li>• <i><u>pride, and</u></i></li><li>• <i><u>fear.</u></i></li></ul> <p><i><u>No matter which fault you take, examining it profoundly, you will</u></i></p> <p><i><u>always find that in the last analysis it [i.e., the fault under consideration] comes from one of these [three basic faults].</u></i></p>

06

The second major phase of this path  
dealt with

your

- complexes, your
- images,
- misconceptions, and your
- unconscious
  - confusions and
  - conflicts.

I stressed

the necessity of  
doing this work  
of self-search

without

- judging yourself,

without

- moralizing, and

without

- evaluating

- the right and

- the wrong,

- the good and

- the bad

from an

ethical standpoint.

Rather,

I told you to

evaluate these findings [from your self-search with curiosity]

as to

how correct [or incorrect]

your thinking was

when you created your

- images and

- misconceptions.

There are good reasons

for such a recommendation [to do your self-search without judgment],

because

destructive guilt [that comes from judging an aspect of yourself  
as wrong or bad]

is in itself such a heavy burden

that it generates

too much resistance

to finding yourself.

**If you approach**  
**your inner findings**  
**in a spirit of**  
**guilt-producing moralizing** [i.e., judging something in you  
as "bad" or "wrong"]  
**before**  
**you have reached a**  
**sufficiently deep level**  
**that transcends**  
**superficial awareness,**  
**it makes your work**  
**harder**  
**than it already is.**

07

**Now comes**  
**a third major phase on this path.**

**For those of you**  
**who have already gained**  
**an overall understanding**  
**about your**  
**inner problems,**  
**it will become necessary**  
**to now** [combine work in phases one – finding faults – and two –  
finding complexes and images and]  
**evaluate**  
**your hidden**  

- **images and**
- **complexes**  
[from your work in phase two]

**with a focus on your**  

- **faults**  
[from your work in phase one]

**that are**  
**embedded in them** [i.e., with a focus on your faults  
that are embedded in your images and complexes].

	<p><b><u>You may</u></b> <b><u>rediscover</u></b> <i>[embedded in your complexes, conflicts, and images]</i></p> <ul style="list-style-type: none"><li>• <b><u>the very same faults</u></b> <b><u>you had found</u></b> <i>[in phase one] at the very beginning of your work and</i> <b><u>which you thought</u></b> <i>you had overcome, or perhaps</i></li><li>• <b><u>variations of them</u></b> <i>[i.e., variations of the faults</i> <i>found in phase one],</i> <b><u>deeply hidden</u></b> <b><u>within</u></b> <b><u>your innermost conflicts.</u></b></li></ul>
08	<p><b><u>When you</u></b> <b><u>recognize your</u></b></p> <ul style="list-style-type: none"><li>• <b><u>misconceptions and</u></b></li><li>• <b><u>wrong conclusions</u></b> <b><u>as compared with</u></b><ul style="list-style-type: none"><li>• <b><u>reality and</u></b></li><li>• <b><u>fact, and</u></b></li></ul></li></ul> <p><b><u>when you also</u></b> <b><u>understand</u></b></p> <ul style="list-style-type: none"><li>• <b><u>where they</u></b> <i>[i.e. where misconceptions and wrong conclusions]</i> <b><u>come from and</u></b></li><li>• <b><u>why,</u></b></li></ul> <p><b><u>you can</u></b> <i>[then]</i> <b><u>see</u></b> <b><u>what damage</u></b> <b><u>the unconscious faulty thinking</u></b> <b><u>causes</u></b></p> <ul style="list-style-type: none"><li>• <b><u>you and</u></b></li><li>• <b><u>others around you.</u></b></li></ul>

**When you can**

- **see and**
- **thoroughly understand**

**all that** [i.e., see and understand where misconceptions come from  
and what damage this faulty thinking causes you and others]

**without a feeling of**

- **guilt and**
- **depression,**

**but rather in a spirit of**

- **joy,**
- **release and**
- **victory –**

**which gives you**

- **strength and**
- **understanding**

**about**

- **your own life and**
- **life in general –**

**then the time has come** [in this  
phase three of the work]

**for a**

**new**  
**evaluation**

[, now] **from an**

- **ethical and**
- **spiritual**

**viewpoint.**

[In this phase three of the work]

**Look inward**

**to determine where you are**

- **selfish and**
- **proud,**
- **fearful and**
- **withdrawn.**

**Search**

**deep within**

**your inner conflicts** [images, etc. from the second phase of your work]

**for these traits** [of selfishness, pride, fear, and withdrawal],

**even if**

**on other levels of your personality**

**they** [i.e., these traits of selfishness, pride, fear, and withdrawal]  
**may not show.**

*This [third phase of the work where you connect conflicts, images, misconceptions, and confusions with your faults of selfishness, pride, fear, and withdrawal, and see the damage these cause you and others ]*

*is a*  
*very important step forward,*  
*my friends.*

09

*There are*  
*two*  
*basic currents*  
*in the universe.*

*One*  
*is the*  
*love-force,*  
*which*

- *gives out,*
- *communicates, and*
- *rises above*  
*the little ego,*  
*which considers itself*
  - *the center*  
*of all things,*

*yet is only*

- *a part of*  
*a stupendous whole.*

*Your real self*  
*never considers*  
*you*  
*as the ultimate end.*

*When you reach*  
*the height of your potential,*  
*you no longer experience life*  
*within the confines*  
*of your*

- *restricting,*
- *separating*  
*barriers of*
  - *false beliefs and*
  - *misconceptions.*

Then [when you reach  
the height of your potential]

- you
  - find union  
with  
all  
people.
  
- You
  - feel,
  - experience, and
  - think  
in an  
entirely different way.
  
- You
  - become  
a different person,  
while yet remaining  
essentially  
the same individual.

10

The second basic force [in the universe]  
is the

- inverted,
- egocentric  
principle  
by which  
most human beings  
still live.

In that state  
you

- suffer and
- "enjoy" life  
alone [i.e., in isolation].

[In that state of isolation]

No matter

how many dear ones  
may be around you,  
• loving and  
• sharing with  
you,

you

experience

your life

as essentially

- unique,
- separate and
- peculiarly your own,
- unshakable and
- untransmittable.

You

are the only one  
who experiences  
this particular  
• pain or  
• joy  
in quite this way.

You may not ever

think so [i.e., you may never think that you are unique and separate from others  
in these experiences of pain and joy]

consciously.

In fact,

your

outer

knowledge

may [even]

contradict

this inner state

of experiencing life

[as it is really going on inside of you – i.e., experiencing yourself as  
unique, separate, and peculiarly your own, unshakable].

Yet, in your real [inner] feelings,

this is how

you experience life [i.e., as being unique, separate, and unshakable]  
as long as

you are still in the state of  
self-centered separateness.

11

The transition  
from  
• self-centered  
isolation  
to  
• the state of  
union with all  
is the  
most essential step  
on the evolutionary path  
of an individual spirit entity.

At some time,  
in one life or another,  
the transition  
has to come.

When exactly  
this will occur  
varies  
with each individual.

But on this path  
the time must come,  
sooner or later,  
and let us hope  
that you will swing over  
• from one state [i.e. from the state of  
“self-centered isolation”]  
• to the other [i.e., to the state of  
“union with all”]

while you are still in  
this particular incarnation.

12

Words

will not convey to you  
what this change  
really means.

You have heard them [i.e., heard the words]  
many times  
from many

- philosophies and
- teachings.

You may even  
be capable of  
discussing  
the subject  
quite intelligently.

In isolated moments  
you may even have  
experienced  
what I am describing.

But then

- the experience  
vanishes, and
- you are back  
in the old state  
of isolation.

It takes  
a lot more work  
to make the transition [to  
the state of “union with all”]  
permanent,  
and  
the most essential prerequisite  
for permanence  
is

- finding and
- solving  
your hidden conflicts.

13

Moreover,  
it is of  
vital importance  
that you understand  
that  
the ultimate aim  
of your spiritual path

is to make  
the transition  
from  
one state  
into  
another.

In order to do so,  
you must become  
fully aware  
that you still live  
in the  

- old,
- undesirable

state [of self-centered isolation].

• As long as you  
have illusions  
about that [i.e., as long as you hold illusions and think that you do not  
live in the old undesirable state of self-centered isolation], or

• as long as you  

- are confused and
- do not even know

that there are  
two distinctly different states,  
you will have  
a much harder time [making this pivotal transition from  
the old state of self-centered isolation to the new state of union with all].

14

When you  
first glimpse  
the new state of being [i.e., first glimpse of “union with all”],  
you will  
experience  
a liberation  
from the confining wall  
of  
isolating self-centeredness.

You will  
feel  
a deep purpose  
in  

- life,
- your life,
- all life!

You will  
understand  
the purpose  
of  
all your experiences,  
both  
the good  
and  
the bad,  
and will  
evaluate them  
from a  
completely new  
point of view.

You will  
deeply experience  

- union  
with all beings

and  

- the importance  
of  
their purpose  
as well as  
your own [purpose].

	<p><u>A new</u> • <u>joy and</u> • <u>security</u> <u>will</u> <u>penetrate you</u> <u>such as</u> <u>you have never known.</u></p> <p><u>The new security</u> <u>will not be accompanied</u> <u>by</u> <u>the delusion</u> <u>that</u> <u>no more suffering</u> <u>will come to you, and</u> <u>you also</u> <u>will not cringe</u> <u>from such suffering [when it occurs].</u></p> <p><u>You will</u> <u>know</u> <u>that it [i.e. that such suffering]</u> <u>cannot [ultimately]</u> <u>harm you.</u></p>
15	<p><u>A common</u> <u>first experience</u> <u>in the new state [of “union with all”]</u> <u>is the</u> <u>feeling</u> <u>that whatever</u> <u>you</u> <u>experience at the moment</u> • <u>is also felt</u> <u>by millions of other people.</u></p> <p><u>It [i.e., whatever you experience at the moment]</u> • <u>was felt</u> <u>by millions in the past and</u> • <u>will be felt</u> <u>by millions in the future.</u></p>

Ever since  
the world of matter began,  
all these feelings –  
• good or  
• bad,  
• positive or  
• negative,  
• joyful or  
• painful –  
have existed  
and  
people [throughout all time]  
have experienced them.

That you  
seem  
to produce  
a feeling  
does not mean  
that you  
have actually done so.

What you  
do  
produce [instead of a feeling]  
is  
the condition  
of tuning into  
the particular  
• force or  
• principle  
of an  
already existing  
emotion.

This distinction [between your “producing” and your “tuning into”  
the force or principle of an already existing emotion]  
may appear like  
hairsplitting,  
but  
it is not.

To perceive life  
from  
the new outlook [of being in a state of “union with all”]  
is an essentially  
different  
experience [from the experience of life from  
the old outlook of being in a state of “self-centered isolation”].

As long as  
you harbor  
the illusion  
that  
you  
are producing  
the respective  

- emotion or
- life-experience,

you are still  

- unique,
- alone, and
- separate.

When [on the other hand]  
you begin to  
feel  
that you are  
tuning into  
what already exists,  
you  

- automatically  
become  
a part of the whole and
- can no longer be  
the separate individual  
you have felt yourself to be.

16

*I do not expect*  
*that these words*  
*will*  
*immediately*  
*produce this new state in you.*

*But*  
*your work on the path*  
*progresses steadily, and*  
*if you*  
*train*  
*your inner perception*  
*by*  

- *meditating and*
- *trying to*  
*feel*

*these words,*  
*you may*  
*accelerate*  
*the transition.*

*Recognizing*  
*your commonality*  
*with all others*  

- *will widen your horizon considerably;*

*it [i.e., recognizing your commonality with all others]*  

- *will give you*  
*a new outlook*  
*on your passing sorrows, and*

*it [i.e., recognizing your commonality with all others]*  

- *will help you*  
*to make constructive use*  
*of any*  
*negative finding*  
*within yourself.*

*It [i.e., recognizing your commonality with all others]*  

- *will also heighten*  
*your creative abilities.*

17

Humanity's  
fundamental longing  
is to  
actually participate in  
the new state of being [i.e., the new state of "union with all"]  
that follows the transition [from the old state of  
"self-centered isolation"].

You may  
• obstruct it [i.e., obstruct the state of "union with all"] and  
• fear it [i.e., fear the state of "union with all"]  
in your ignorance,  
but  
the longing [for participating in the state of "union with all"]  
always remains.

For  
in the state  
that is  
natural  
for all of God's creatures –  
the state of union –  
there is  
no aloneness  
any more.

In your  
present state,  
you are still  
essentially alone.

The best  
you can occasionally achieve  
is the realization that  
others  
• go through similar experiences and  
• feel the same way.

But that is  
not at all  
what  
the new state  
really is.

18

*In the new state [of “union with all”]*  
*you will*  
*know deeply*  
*that*  
*all*  

- *things,*
- *feelings,*
- *emotions,*
- *thoughts and*
- *experiences*  
*already exist*

*and*  
*that*  
*you share*  
*in any*  
*of the existing currents*  
*because of*  
*self-produced*  
*conditions.*

*These*  

- *forces and*
- *principles*  
*work*
  - *all around and*
  - *within*  
*you.*

*It is up to*  
*you*  
*which one*  
*will affect you.*

19

*Visualize*  
*all emotional experiences,*  
*from*  

- *the lowest*

*to*  

- *the highest,*

*as*  

- *streams or*
- *currents.*

According to

your

- personal frame of mind,
- state of emotion,
- general development,
- character tendencies, as well as
- passing moods or
- outer happenings,

you tune into

one of these currents [or streams of emotional experiences],

while [at the same time]

you may

simultaneously

be

partly

tuned into

- another,
- conflicting

one [i.e., partly tuned into a different conflicting  
current or stream of emotional experiences].

With this [new] approach,

a drastic change

is bound to occur

in your entire

- inner and
  - outer
- outlook.

From a

- separate,
- self-centered

being [i.e., the old state of being]

you are

bound to become,

little by little,

the being

you actually are [namely, the new state of being,

the being in union with all other beings].

20

You imagine  
with your limited thinking capacity [in your old state of being]  
that  
only as a  
unique individual  
do you have

- dignity and
- a chance for happiness.

You also feel –  
often unconsciously –  
that  
if you are  
but a cog in a wheel,  
you do not count.

You are still under  
the illusion  
that  
you are  
but one  
out of billions,  
and therefore  
your  
happiness  
is not important.

Another illusion  
misinterprets  
the right  
to individuality;  
it [i.e., this illusion misinterpreting the right to individuality]  
claims that  
you are  
a separate being  
and therefore essentially

- separate,
- alone and
- unique.

At best,  
you believe  
that others  
may be  
in a similar plight.

*This is*  
*an illusion,*  
*but*  
*it does exist*  
*in most of you*  
*in some measure.*

*As long as*  
*this misunderstanding [regarding the right to individuality]*  
*is within you,*  
*you are*  
*unconsciously*  
*fighting an*  

- *unnecessary and*
- *tragic*

*battle.*

*[In this misunderstanding of individuality]*  
*You think*  
*you have to be*  
*opposed to*  
*giving up*  
*your individual right*  
*to be*  

- *happy and*
- *important.*

*If the inner error, [namely, the error in which you think]*  
*that you are*  
*fighting*  
*for*  
*your*  

- *individuality and*
- *happiness*

*when in fact*  
*you [actually] struggle [and fight]*  
*to*  
*preserve your separateness [i.e., to preserve your separateness in the*  
*old state rather than to preserve your individuality and*  
*happiness which requires the transition to the new state],*  
*were cleared up*  
*it would make the fight [to transition into the new state of “union with all”]*  
*easier.*

21

The truth –  
and you will  
experience it one day –  
is this:

In the new state [i.e., In the state of “union with all”]  
you will see that

- being  
no more  
and  
no less  
than  
a part of a whole, and
- sharing with so many others  
something that already exists,  
makes you  
a happier person.

You have  
the right  
to happiness, and  
you have  
more  
rather than  
less

- dignity and
- individuality  
because of this fact [i.e., because of the fact that  
you have a right to happiness].

Your dignity  
will increase  
to the extent  
that  
your  
pride of separateness  
decreases.

The

- fullness and
- richness

of life

will increase

to the extent

that

you leave

your

[old] state of separateness

in which

you assume

that

- in order to  
have more for yourself
- you have to  
take away from others.

That is

- the error and
- the conflict.

In the old state,

that is the way it works out.

In the new state

this is not true.

The importance

of your welfare [and happiness]

is infinitely greater

just because

you are

a part of a whole.

The moment you gain  
even  
a momentary glimpse  
of the truth,  
you will  
never be again torn  
by the old conflict  
that  
either  
you can have  
a happiness  
that is selfish,  
or,  
if you choose to  
refrain from this "selfishness,"  
your happiness  
is unimportant [and will not be attained, because of  
the belief that happiness requires being selfish].

22

This inherent misunderstanding  
causes  
a deep guilt  
in the human soul  
because  
you don't know  
what to do with  
your desire  
to be happy [since you believe that happiness requires  
selfishness and selfishness leads to guilt].

The conflict [of believing you have two equally unsatisfactory choices: choosing to  
be happy but selfish and hence guilty, or choosing to  
be unselfish but then having to live with unhappiness]  
will vanish  
the moment  
you train your outlook  
to take in  
the new approach.

The instant  
you have experienced  
that  
first glimmer of understanding  
you will recognize  
how steeped in separateness  
you were.

The moment  
the insight comes  
you will truly see  
that  
the old state  
of separateness  
• was, and  
• still is,  
your world.

Then  
your  
conscious  
desire  
to leave  
the old world behind  
will increase.

23

When I say  
self-centeredness  
I do  
not  
use the word  
in a  
• moralizing,  
• blaming,  
• admonishing  
way,  
but [rather]  
• philosophically.

	<p><u>It [i.e., the word <i>self-centeredness</i> I use]</u> <u>indicates</u></p> <ul style="list-style-type: none"><li>• <u>one basic state of being</u> <u>as opposed to</u></li><li>• <u>an entirely different state of being,</u> <u>[and]</u></li><li>• <u>one world, or</u></li><li>• <u>one soul principle,</u> <u>as against</u></li><li>• <u>another.</u></li></ul>
24	<p><u>As you gradually</u> <u>make this transition [from “<i>self-centered isolation</i>”</u> <u>to “<i>union with all</i>”],</u></p> <ul style="list-style-type: none"><li>• <u>your values</u> <u>are bound to change.</u></li><li>• <u>Your purpose,</u></li><li>• <u>your aim, and</u></li><li>• <u>your concept of life</u> <u>are bound to change.</u></li></ul> <p><u>This change</u> <u>will not be</u> <u>the superficial adoption</u> <u>of new [outer] opinions,</u> <u>but a very</u></p> <ul style="list-style-type: none"><li>• <u>natural,</u></li><li>• <u>gradual,</u></li><li>• <u>organic,</u></li><li>• <u>inner</u> <u>growth.</u></li></ul> <p><u>The change</u> <u>comes</u> <u>slowly;</u> <u>it is an</u></p> <ul style="list-style-type: none"><li>• <u>inner</u> <u>change</u></li></ul> <p><u>rather than an</u></p> <ul style="list-style-type: none"><li>• <u>outer</u> <u>[change].</u></li></ul>

Your  
outer  
opinions  
do not even  
have to undergo  
a drastic revision.

They may essentially  
remain the same,  
but  
you will  

- experience and
- feel

them  
differently.

25

People are  
so afraid of  
change.

But  
you have  
nothing to fear.

Much of  

- your life and
- your opinions

may remain  
the same  
while  
you  
change.

This sounds like  
a paradox,  
my friends,  
but  
it is not.

To remain  
the same  
and yet  
to change  
is possible  
in a  

- good,
- constructive, and
- natural

way

because  
the call of your life  
is to  
grow  
to the maximum.

However,  
it is also possible  
to  

- change

and  

- remain the same

in some  

- wrong and
- destructive

ways.

Truly,  
you have  
nothing to fear  
in approaching  
this great transition,

for  
what is  

- valuable and
- valid,

what is  

- essentially you,

will remain  
the same,  
only  
enriched.

	<p><u>Only</u> <u>what was</u> <u>not</u> <u>essentially you</u> <u>will gradually</u> <u>fall off,</u> <u>like an old outworn cloak.</u></p> <p><u>Creative forces</u> <u>will flow out of you</u> <u>of which</u> <u>you are still</u> <u>completely</u> <u>unaware.</u></p>
26	<p><u>The direction of</u> <u>your</u> <u>innermost currents</u> <u>will be reversed</u> <u>when you attain</u> <u>the new state of</u> <u>oneness [with all].</u></p> <p><u>In your</u> <u>present state of</u> <u>[self-centered] isolation,</u> <u>many creative forces,</u> <u>such as</u><ul style="list-style-type: none"><li>• <u>love or</u></li><li>• <u>talents,</u></li></ul><u>try to</u> <u>stream out of you,</u> <u>but</u> <u>due to your</u> <u>basic inner state of</u> <u>self-centered separateness</u> <u>they are</u> <u>turned back.</u></p>

	<p><i>[In your present state of self-centered isolation,]</i> <u>After</u> <i>the initial effort of</i> <ul style="list-style-type: none"><li>• <i>streaming out,</i></li><li>• <i>reaching the cosmos, and</i></li><li>• <i>teaching others,</i></li></ul><i>they [i.e., the many creative forces, such as love or talents]</i> <u>are</u> <ul style="list-style-type: none"><li>• <i>withdrawn,</i></li><li>• <i>held back, and</i></li><li>• <i>made inactive.</i></li></ul> <u>Your</u> <i>innermost nature [naturally]</i> <u>rebels against</u> <i>such great frustration [of your streaming out being withdrawn]</i> <u>because</u> <i>it [i.e., this withdrawing, holding back]</i> <u>is</u> <u>against</u> <ul style="list-style-type: none"><li>• <i>nature,</i></li></ul><u>against</u> <ul style="list-style-type: none"><li>• <i>creation, and</i></li></ul><u>against</u> <ul style="list-style-type: none"><li>• <i>harmony.</i></li></ul></p>
27	<p><u>This basic rebellion</u> <i>of your inner nature [against your withdrawing]</i> <u>causes</u> <u>many conflicts</u> <u>that can</u> <u>never be solved entirely</u> <u>by [merely] recognizing your</u> <ul style="list-style-type: none"><li>• <i>images and</i></li><li>• <i>conflicts,</i></li></ul><i>which were created</i> <u>by</u> <u>childhood conditions.</u></p>

While  
the dissolution of childhood conflicts  
is essential  
to bring about  
the new state of being,  
it is important  
to recognize  
that dissolving childhood conflicts  
is  
not  
an end in itself.

If your aim  
is to stop short [i.e., short of your ultimate potential, i.e., to stop]  
at  

- resolving  
childhood conflicts and
- straightening out  
psychological deviations,

you are  
bound to  
fail  
in fulfilling yourself.

You may not  
even succeed  
in really  
resolving these conflicts  
if their resolution  
is not  
a means  
toward  
the greater aim:  
the transition  
from  

- the self-centered state of isolation

into  

- the state of union with all.

	<p><i><u>This [transition from the self-centered state of isolation into the state of union with all]</u></i></p> <p><i><u>includes</u></i></p> <p><i><u>the recognition of</u></i></p> <p><i><u>yourself</u></i></p> <p><i><u>as</u></i></p> <p><i><u>an integral part of creation</u></i></p> <p><i><u>which strives</u></i></p> <ul style="list-style-type: none"><li><i><u>• endlessly and</u></i></li><li><i><u>• ceaselessly</u></i></li></ul> <p><i><u>toward</u></i></p> <p><i><u>a greater fulfillment.</u></i></p>
28	<p><i><u>Only when you take</u></i></p> <p><i><u>the greater aim</u></i></p> <p><i><u>of</u></i></p> <p><i><u>union with all</u></i></p> <p><i><u>as your</u></i></p> <p><i><u>personal goal</u></i></p> <p><i><u>will you</u></i></p> <p><i><u>be capable of</u></i></p> <p><i><u>utterly</u></i></p> <p><i><u>fulfilling yourself.</u></i></p> <p><i><u>You will</u></i></p> <p><i><u>develop</u></i></p> <p><i><u>all</u></i></p> <p><i><u>your capacities,</u></i></p> <p><i><u>and then</u></i></p> <p><i><u>the great stream</u></i></p> <p><i><u>of</u></i></p> <ul style="list-style-type: none"><li><i><u>• life,</u></i></li></ul> <p><i><u>of</u></i></p> <ul style="list-style-type: none"><li><i><u>• health, and</u></i></li></ul> <p><i><u>of</u></i></p> <ul style="list-style-type: none"><li><i><u>• strength</u></i></li></ul> <p><i><u>will flow through you.</u></i></p>

[However]

When your  
ultimate outlook on life  
is

- distorted or
- not clearly formulated,

your

- creative and
- health-giving  
forces

cannot be regenerated

by

the great cosmic stream.

[Then]

The cosmic forces  
are constantly

- blocked and
- halted

by your

- ignorance,
- confusion,
- lack of awareness, or
- the wrong perspective

on

the real meaning of life.

[However]

With the proper outlook,  
you are  
bound to

- approach
- and finally
- make

the transition.

In the new state [of union with all],  
your own creative forces  
will naturally  
flow  
out of you,  
allowing  
the cosmic forces  
to constantly  
flow  
into you,  
• renewing and  
• regenerating  
your entire being.

Your  
outgoing forces  
will touch other beings  
who are attuned  
to them [i.e., who are attuned to  
your outgoing forces],  
• wherever and  
• whoever  
they [i.e., the other beings]  
are.

29

I know that this topic  
is difficult  
to understand.  
It is abstract  
and not easily  
put into practice.

It needs  
all  
your  
• inner senses,  
your  
• intuitive nature, as well as  
your  
• sincere desire  
to really understand the  
deeper meaning  
of these words.

- Through
  - study and
  - meditation,
- through trying to
  - feel and
  - use  
your own  
inner findings
- with the help  
of this overview,  
you will  
come to the point  
where these words  
will be a revelation to you.

Then  
a new door will open  
through which  
you will gladly enter.

You will then  
recognize  
how long  
you have  
battled  
to step across  
this threshold.

The cultivation  
of this new approach to life  
will eventually  
reveal to you  
an understanding  
not only of

- yourself and
- others,

but also about

- your purpose  
in the universe and
- your function  
in it [i.e., in the universe].

Nothing else  
can give you  
the real security  
you still  
are searching for.

All great  
• teachers and  
• sages  
have spoken,  
in various ways,  
about  
this great transition [from “self-centered isolation”  
to “union with all”].

You who are on this path should  
• think about it [i.e., think about  
the state of “union with all”],  
• envision it, [i.e., envision  
the state of “union with all”] **and**  
• know that its time  
is bound to come.

30

How the human soul  
struggles  
against  
this,  
the ultimate fate  
of every being!

How afraid  
it [i.e., the human soul] is  
to leave  
a state of  
• unhappiness  
for  
a state of  
• happiness and  
• security!

How foolish of you  
to fear,  
deep within your hearts,  
that  
in  

- leaving  
the old world and
- attaining  
the new

you have to  
leave  
something precious  
behind.

Try to find that  

- unreasonable,
- irrational  
  - fear and
  - resistance.

It is right there  
in you.

All you have to do  
is look at it.

You do not  
have to reach very  

- far or
- deep

to find the fear.

The basic resistance  
to transition  
is expressed  
in innumerable  
little ways  
in your  
everyday life.

Find it [i.e., find your resistance to transition],  
and  
you will have found  
a valuable key.

First it is necessary  
that you become aware of  
how you are struggling  
to maintain  
the isolated life,  
in which, at best,  
you want to share your life  
with [only] a few  
chosen individuals.

[Start there, and]  
If you can give  
some manner  
of love  
to those few,  
you are already a step beyond many  
who cannot even do this.

31

I hope my words  
will not be misunderstood  
to mean  
that you should undertake  
a drastic change  
in your  
outer  
life.

The transition [from “self-centered isolation”  
to “union with all”]  
is  
much more subtle than that.

Once you begin  
to recognize  
the symptoms  
of your  
• old,  
• self-centered,  
• isolated  
way of life,  
you are bound to see  
how every impulse  
related to  
this [old, self-centered, isolated] outlook  
• creates  
• fear and  
• insecurity and  
• is  
• futile and  
• senseless.

[By contrast,]  
The new state [of “union with all”]  
is one of  
• continuous joy and  
• deep inner security.

[However]  
I do not mean  
that difficulties  
cannot come your way any more.

I have said that many times before and  
I do not ever  
want to be misunderstood  
on that subject.

No one  
should contemplate [and take on]  
• this path [of pathwork] and  
• the development taking place on it  
with the idea that  
if you proceed properly  
your difficulties will cease.

*That expectation [that on the “right” spiritual path  
all difficulties will cease]*

*is, of course,*

- *utterly unrealistic and*
- *wrong*

*as long as*

*you are incarnated  
as a human being.*

*However –*

*as I said before –*

*that which*

*you*

*need [as a human being]  
to go through*

*will not*

*frighten you anymore.*

*[Rather]*

- *It [i.e., a difficult problem you meet]  
will*

*make sense to you, and*

- *you will go through it  
courageously,*

*growing*

- *with and*

- *from  
it.*

*You will*

- *accept it [i.e., accept  
the inevitable difficulties of life]*

*as [a natural]*

*part of life [on this earth],*

*instead of*

- *shrinking away from it.*

32

*So you see,  
my dear friends,  
what humanity [in its unconsciousness]  
is actually  
struggling  
to maintain  
is a state of  
isolating darkness [which is its “old” state].*

*It is  
a senseless struggle  
from which  
you reap [only]  
unhappiness,  
and this alone [i.e., the fact that you  
reap only unhappiness]  
proves  
that  
the direction [you have taken]  
• is [utterly] wrong and  
• must be  
changed.*

*The results  
of changing  
your  
inner  
direction [to a new one that embraces the  
“new” state of “union with all”]  
are  
• freedom and  
• joy,  
• purpose and  
• security.*

*It appears to you  
as though  
what you are giving up  
is something  
• valuable,  
but once you decide  
to let it go  
you will see  
that you have given up  
• nothing.*

33

The first tentative steps  
in the transition  
from

- one
- state or
- world

into

- another

are

- self-knowledge and
- the understanding  
of your  
unconscious
  - problems,
  - concepts, and
  - attitudes.

- Self-knowledge and
- self-acceptance

are

the prerequisites [to making this transition].

Everything else  
arises from that.

You also have to realize  
that there is

a further goal  
beyond

the mere dissolution of  
your inner problems

[namely, the further goal of making  
the transition to the state of “union with all”].

Or, to put it differently,

you cannot

truly

solve these problems

unless

you envisage

this great basic transition

[from the state of “self-centered isolation”  
to the state of “union with all”].

34	<p><u><i>If you can</i></u> <u><i>occasionally</i></u> <u><i>feel</i></u> <u><i>what I have tried to convey to you tonight,</i></u> <u><i>it [i.e., this occasional feeling]</i></u> <u><i>may help you</i></u> <u><i>to</i></u> <u><i>open a little window</i></u> <u><i>from which</i></u> <u><i>you can glean</i></u> <u><i>a new perception.</i></u></p>
35	<p><i>Now, are there any questions?</i></p> <p><b><u>QUESTION:</u></b> <u><i>You were speaking about</i></u> <u><i>tuning in.</i></u></p> <p><u><i>How does one</i></u> <u><i>tune in</i></u></p> <ul style="list-style-type: none"><li>• <u><i>from one state</i></u></li><li>• <u><i>to another?</i></u></li></ul> <p><u><i>What is the technique?</i></u></p>
36	<p><b><u>ANSWER:</u></b> <u><i>It becomes</i></u> <u><i>an automatic process</i></u></p> <ul style="list-style-type: none"><li>• <u><i>when you pursue</i></u> <u><i>this work of</i></u> <u><i>self-search</i></u></li><li>• <u><i>while also [simultaneously]</i></u> <u><i>envisaging</i></u> <u><i>the ultimate aim [i.e., of making</i></u> <u><i>the transition to the state of</i></u> <u><i>“union with all”].</i></u></li></ul>

- Once you have reached  
a deeper understanding  
of  
your innermost
  - problems and
  - deviations,
- as you  
begin  
to solve them,  
your
  - concepts,
  - outlook and
  - values  
begin to change,
    - subtly and
    - slowly,  
but surely.
- With  
a higher degree  
of awareness  
the "tuning in"  
takes place  
automatically.
- You cannot  
tune in  
simply by  
forcing yourself to
  - feel or
  - think  
something [you think you should feel or should think  
when in the state of "union with all"],
- but [on the other hand]  
you can help it [i.e., help the process of "tuning in"] along  
by trying to
  - feel and
  - perceive  
in a
    - natural and
    - relaxed  
way,
      - without expecting  
immediate results,
      - rather than anticipating  
a drastic change.

37	<p><u>There is</u> <u>no magic formula.</u></p> <p>[But]</p> <p><u>You can</u> <u>accelerate</u> <u>the automatic growth process</u> <u>by</u></p> <ul style="list-style-type: none"><li>• <u>cultivating certain thoughts,</u></li></ul> <p><u>by</u></p> <ul style="list-style-type: none"><li>• <u>obtaining spiritual nourishment, and</u></li></ul> <p><u>by</u></p> <ul style="list-style-type: none"><li>• <u>using this lecture</u> <u>as additional material.</u></li></ul> <p><u>All [three]</u> <u>of these [practices] together</u> <u>are bound to bring</u> <u>a different vibration;</u> <u>[and with this different inner vibration]</u> <u>you will [automatically, naturally, and without force]</u> <u>tune into</u> <u>a different</u></p> <ul style="list-style-type: none"><li>• <u>force or</u></li><li>• <u>current.</u></li></ul>
38	<p><u>As yet [in your current state of</u> <u>“self-centered isolation”],</u> <u>the vibrations</u> <u>emanating from you,</u> <u>with all their</u></p> <ul style="list-style-type: none"><li>• <u>disturbances and</u></li><li>• <u>contradictory feelings,</u></li></ul> <p><u>tune into</u> <u>negative currents,</u> <u>which are</u> <u>just as much</u> <u>part of your world</u> <u>as</u> <u>the positive.</u></p>

You  
automatically  
tune into  
that which  
corresponds to  
your own vibration,  
which [in turn]  
is the sum total of  
your

- personality,
- character, and

your

- general outlook on life.

Your

- health

or

- lack of it,

your

- constructive and
- creative

abilitiesor

- lack of them,

your

- sense of
  - being alive and
  - fulfilling a purpose

or

- the lack of it

causes,  
in the aggregate,  
your  
personal vibration.

That [personal] vibration,  
in turn,  
determines  
the

- forces or
- currents

you  
tune into.

39	<p><u>Did you expect</u> <u>a particular formula?</u></p> <p><u>That</u> <u>I cannot give.</u></p>
40	<p><u>QUESTION:</u> <u>In other words,</u> <u>it is a state of</u> <ul style="list-style-type: none"><li>• <u>mind and</u></li><li>• <u>emotion.</u></li></ul></p> <p><u>According to</u> <u>my emotional state,</u> <u>I will attract</u> <u>certain currents.</u></p> <p><u>Now suppose</u> <u>my state of mind</u> <u>is such</u> <u>that I attract</u> <u>negative forces.</u></p> <p><u>My question is:</u></p> <p><u>How do I go about</u> <u>gradually</u> <u>changing these currents?</u></p> <p><u>Because</u> <u>if I start to</u> <ul style="list-style-type: none"><li>• <u>think and</u></li><li>• <u>visualize</u></li></ul><u>that there are</u> <ul style="list-style-type: none"><li>• <u>positive and</u></li><li>• <u>negative</u></li></ul><u>currents,</u></p> <p><u>it makes me think</u> <u>that I</u> <u>have to be careful</u> <u>not</u> <u>to tune into</u> <u>these negative forces.</u></p>

**If I find myself**  
**in that state of mind**  
*[where I have to be careful NOT to tune into negative forces],*  
**how do I**  
**switch**  
**in order to**  
**contact**  
**the positive?**

41

**ANSWER:**  
**What I spoke about tonight**  
**should not change**  
**your approach to**  
**your Pathwork**  
**in the slightest.**

**You seem to feel that**  
**you**

- **are in**  
**greater danger and**
- **more exposed**  
**to forces**  
**beyond your control**  
**[simply] because**  
**you**  
**now consider [and are more aware]**  
**that these [negative] forces**  
**already exist [in the universe],**

- **while [earlier]**  
**the idea that**  
**you produced**  
**negative emotions**  
**yourself**  
**gave you a feeling of**  
**greater protection.**

**This [assessment you seem to have made]**  
**is all wrong.**

The fact  
that  
you  
produce the  
condition  
that makes you  
tune into  
already existent forces  
  
does  
not  
make you  
more helpless.

On the contrary,  
that knowledge,  
if rightly understood,  
will give you  
greater  

- strength and
- insight

to become  
one with  
the positive  
currents.

Your very reaction  
is proof  
of the  

- basic human struggle and
- unfounded fear

of leaving  
the ["old"] state of separateness.

It is exactly  
what I was trying to convey:  
you erroneously feel  
that you are  

- safer  
in your [old state of self-centered] isolation

and [conversely]  

- become more  
  - exposed and
  - vulnerable

as part of a whole.

You feel  
that you are  
the victim  
of  
• other people's influence  
on you and  
of  
• factors existing  
beyond your control.

You will have  
this wrong impression  
as long as  
your  
inner self-responsibility  
is not  
fully established.

When that [i.e., when your fully-established  
sense of inner self-responsibility]  
comes about  
you will  
automatically  
see that  
the truth  
is not at all  
the way you see it now.

42

Your  
immediate  
approach to the problem  
needs to be  
always the same.

First,  
understand  
the basis of  
your fears.

When you  
• go deeply enough, and  
• don't shy away from  
following through,  
you are  
bound to see  
that  
you are in error.

All  
fears,  
with the exception of  
the healthy instinct of  
self-preservation,  
are based  
on  
• illusion and  
• misconception.

When you  
understand  
the basis  
of your fears  
[and see that this basis of your fears is  
not one of truth but rather  
one of illusion and misconception],  
you will be able to  
give them up  
naturally.

You will then  
have  
the transcendent insight  
that  
your fear  
is  
• unnecessary,  
• futile,  
• illusory, and  
• completely senseless.

*In that realization [that your fear is illusory  
and completely senseless]*

*you will again,  
not abruptly  
but little by little,  
cease  
being afraid.*

*Thus [without this illusory and senseless fear]*

*you will [automatically]  
tune into  
a different current.*

*Your*

- *awareness and*
- *understanding*  
*of the negative*

*is*

*the essential part.*

*All*

• *fears and*  
• *other negative emotions*  
*are the result of*

- *confused and*
- *faulty*  
*thinking,*  
*which can be*
  - *conscious or*
  - *unconscious.*

*By deeply analyzing*  
*such negative emotions,*

*you are*

*finally*

*bound to*

- *reevaluate*
  - *your thinking,*
  - *your concepts,*

*and thereby*

- *straighten out*  
*the existing confusion.*

43

Often  
the greatest difficulty  
is that  
people  
are not even aware of  
being afraid.

When you  
know  
that you are afraid  
it is  
so much better.

So the first step  
is to be aware  
that  
you have fears.

The second step  
is to pin down  
exactly

- what it is  
you are afraid of,
- why, and
- where the fear comes from.

This is  
hard work,  
I admit.

It needs

- patience and
- perseverance.

It needs

- the absolute will to find out.

Then you will encounter

- the original fear and
- its underlying misconception.

At that moment  
the fear  
begins to vanish.

That  
is the only way.

[Conversely]  
Harboring the fear  
that you  
might  
tune into  
the wrong current  
is the  
most unproductive approach imaginable.

Thinking you  
must guard yourself  
against it [i.e., guard yourself against the wrong current]  
by forceful measures  
avails you nothing.

You cannot  
protect yourself  
by isolating yourself  
even more.

The only way  
to master your fear  
is the willingness  
to go through it.

It means  
acceptance of  

- life as a whole,
- including  
the necessary [negative] manifestations  
[that are] due to  
one's  
remaining imperfections.

This is  
the only healthy approach.

44

**QUESTION:**

I was talking about  
the transition time.

It takes a long time  
to find out  
where that fear is.

[And] In the transition time  
one [continually and] automatically  
attracts negative currents.

[Since I do not want to attract negative currents,]  
I am looking for help  
during this [transition] time,  
because, as you said,  
it [i.e., attaining the new state of "union with all"]  
does not come overnight.

So how do I go about it [i.e., how do I go through life  
without attracting negative  
currents during this transition time?]

45

**ANSWER:**

Do you mean  
that  
the inwardly existing fear  
of leaving the old state [per se]  
will attract to you  
new  
negative currents?

You are mistaken  
in believing  
that  
the transition state [per se]  
produces  
new  
fears.

The same old fears  
have existed all along [*prior to you entering the transition*  
*to the “new” state of “union with all”*].

You merely  
become  
more conscious of them  
now [*as you go through this transition*].

This battle [*against making this transition*]  
has been going on  
since time began.

As long as  
you have not [*yet*] made [*i.e., completed*]  
the transition [*to the state of “union with all”*],  
you fight against it [*i.e. fight against the transition*]  
because  
you are unconsciously  
afraid of it [*i.e., afraid of the transition to the state of “union with all”*].

This fear [*of making the transition to the “new” state of “union with all”*]  
may manifest in  
many outer symptoms,  
yet deep down  
it is the basic fear  
of leaving  
the old state [*of “self-centered isolation”*].

46

Human beings  
always fear  
that  
because they are  
more conscious of  
a negative condition,  
they are [*consequently*]  
more endangered  
by it.

[In fact,]  
It is just the opposite.

The more  
you are  
conscious of  
• this or  
• any other  
fear,  
the less  
negative  
will be the effect  
it has on you.

At any rate,  
you cannot  
impress yourself enough  
with  
the truth  
that you are  
never  
a helpless prey  
to the influence of others,  
nor are  
others [a helpless prey]  
to you.

47

QUESTION:  
May I attempt an additional answer  
to both these questions  
which ask for  
specific instruction  
on how to  
tune in?

*I don't feel*  
*that this lecture was about*  
*giving instructions*  
*other than*  
*to*  
*proceed with*  
*the general psychological work,*  
*to*  
*study and*  
*think about*  
*it [i.e., study and think about*  
*the general psychological work].*

*It is rather*  
*a projection [ahead into the future]*  
*of what is*  
*bound to happen*  
*by itself*  
*as a result of this work [we call "Pathwork"].*

*It is not a matter of*  
*tuning into*  

- *a fearful mood or*
- *a joyful mood.*

*There is*  
*no such thing [per se].*

*It [i.e., the work we do in Pathwork]*  
*is gradual work*  
*and if*  
*one has fear*  
*for a while,*  
*there is*  
*just no help*  
*for the time being,*  
*other than*  
*the work we are doing anyway.*

*If we do the [Pathwork] work right*  
*over a period of time,*  
*then slowly*  
*the fear*  
*will begin to change*  
*by itself.*

48

**ANSWER:**

**That is right.**

**Thinking about it [i.e., thinking about what I have said tonight]**  
**may help**  
**create new perspectives.**

**It [i.e. this “thinking about what I have said tonight”]**  
**may help**  
**gain new understanding**  
**from a different angle**  
**so as**  
**to better assimilate**  
**the findings**  
**you make**  
**on this path [called Pathwork].**

**That is all it [i.e., thinking about what I have said tonight]**  
**can do.**

**That is all**  
**any**  
**of these lectures**  
**can do.**

49

**QUESTION:**

***I would like to ask a question about***  
***fear of success.***

**ANSWER:**

***Any such question***  
***can only be answered very generally.***

***Anyone with a [specific] problem like that***  
***would have to***  
***work it out***  
***in his or her***  
***personal work***  
***because***  
***there are***  

- many variations,***
- many possible factors.***

50

Broadly speaking,  
fear of success  
indicates  
a fear of  
not being adequate  
to the success.

You all know that  
the child in you  
wants something  
handed to it

- on a silver platter,
- without the necessary
  - responsibility,
  - work,
  - decision, and
  - cost.

When  
mature,  
you accept  
all  
these conditions [i.e., you accept the  
necessary responsibility, work, and cost],  
but  
if  
the child in you  
does not [accept all these conditions for success],  
then  
fear of success  
may be the result.

Therefore,  
an additional fear  
is created.

It is the fear of  
losing  
any possible success  
that may be gained.

The deeper knowledge  
of your soul  
transmits to you  
that  
you can only  
rightfully keep  
what you  
earn  
with a mature attitude.

If this mature attitude  
is lacking in any way,  
deep down  
you know  
that success  
will be fleeting.

Therefore  
you try to avoid the  

- shame and
- exposure, the
- failure and
- grief

by sabotaging  
the success  
at the outset  
with your fear.

51

So what creates  
fear of success  
usually is:  

- (1) feelings of inadequacy;
- (2) lack of self-responsibility,  
even if only on a subtle inner level;
- (3) guilt:  
the feeling of "I do not really deserve it."

This too  
is connected with  
what I discussed here.

If one is  
unwilling  
to assume  
mature responsibility,  
then one  
naturally  
feels guilty  
[even] for  
desiring  
the goal.

If [on the other hand]  
a person

- accepts full adult  
self-responsibility,
- is willing  
to pay the price for anything, and
- is capable of  
making a mature decision,

there will be  
no such guilt.

52

Whenever  
such a problem [i.e., whenever fear of success]  
exists,  
one is bound to  
find the elements  
discussed here.

You may find them  
in particular personal variations,  
but basically  
the aspects covered here  
are bound to be present  
in some form  
if one goes deep enough.

53	<p><u>On a yet</u> <u>deeper</u> <u>spiritual</u> <u>level, however,</u> <u>another element enters.</u></p> <p><u>This is</u> <u>very closely connected</u> <u>with</u> <u>• the psychological causes</u> <u>I just discussed</u> <u>and with</u> <u>• tonight's subject.</u></p>
54	<p><u>You may remember</u> <u>that in a previous talk</u> <u>I explained</u> <u>the fear of happiness</u> <u>that exists</u> <u>to some degree</u> <u>in every human being.</u></p> <p><u>Fear of happiness</u> <u>is closely connected</u> <u>with</u> <u>• the new state [of "union with all"]</u> <u>I discussed tonight,</u> <u>• the state</u> <u>in which</u> <u>you are</u> <u>• a part of a whole,</u> <u>instead of</u> <u>• an end in yourself [in a state</u> <u>of "self-centered isolation"].</u></p> <p><u>The</u> <u>• blind and</u> <u>• ignorant</u> <u>human ego</u> <u>is struggling against</u> <u>the unknown new state</u> <u>of pure happiness.</u></p>

	<p><i>[However,]</i> <b><u>Any real happiness</u></b> <b><u>must</u></b> <b><u>in some way</u></b> <b><u>be connected with</u></b> <b><u>the new state of being [i.e., the state of “union with all”]</u></b> <b><u>which will [automatically]</u></b> <b><u>be yours</u></b> <b><u>after the transition.</u></b></p>
55	<p><b><u>Any success</u></b> <b><u>that is</u></b> <b><u>more than</u></b> <b><u>just superficial,</u></b> <b><u>but</u></b> <b><u>that is not</u></b> <b><u>experienced in</u></b> <b><u>the spirit of</u></b> <b><u>your</u></b></p> <ul style="list-style-type: none"><li>• <b><u>being a part of the whole</u></b></li><li><b><u>and</u></b></li><li>• <b><u>sharing the common aim</u></b> <b><u>of bringing</u></b> <b><u>the entire universe</u></b> <b><u>to unity</u></b></li></ul> <p><b><u>will be</u></b></p> <ul style="list-style-type: none"><li>• <b><u>shallow,</u></b></li><li>• <b><u>unsatisfactory, and</u></b></li><li>• <b><u>temporary.</u></b></li></ul> <p><b><u>It [i.e., such a success]</u></b></p> <ul style="list-style-type: none"><li>• <b><u>will not be rewarding and</u></b></li><li>• <b><u>is bound to be frightening in some way.</u></b></li></ul>

True  
• satisfaction  
and  
• safety,  
which should be  
the byproduct  
of real success,  
are incompatible with  
the separate state  
even though  
this separate state  
may not show  
this incompatibility  
with  
• satisfaction and  
• safety  
clearly.

It [i.e., the separate state's incompatibility  
with satisfaction and safety]

is a  
• subtle,  
• unpronounced, and  
• unconscious  
factor.

The incompatibility creates  
the fear of success [when in a separate state of  
"self-centered isolation"].

56

I shall now retire  
with special blessings  
for this season [i.e., the Christmas season].

Of course, in our world  
we do not  
• have or  
• know  
"seasons."

But you,  
in your world,  
have chosen  
this particular time of the year  
to celebrate the birth  
of one  
who has come  
to demonstrate,  
in the best possible way,  
the transition  
I have talked about.

He has demonstrated it [i.e., Christ has demonstrated this transition  
from a separate state of "self-centered isolation"  
to the state of "union with all"]  
in symbols.

For life itself  
is a symbol,  
much more so  
than your dreams.

So with the  
special blessing  
of Christ  
who  

- was  
love, and
- is  
love, and

who  

- will always be  
love,

I leave you  
with  

- strength and
- our love, and

with  

- our wishes  
that you may continue  
to struggle on this one path,  
this path of  
  - finding yourselves and
  - developing yourselves to become  
the person you are meant to be.

**For there is**  
**nothing**  
**more**  
**• worthwhile and**  
**• purposeful**  
**that you could possibly do,**  
**as long as**  
**you are truly honest with yourself.**

**Self-honesty is**  
**the first step**  
**toward love.**

**So**  
**• be blessed,**  
**my dearest ones,**  
**• be in peace,**  
**• be in God!**

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