

Pathwork on

Inner Divine Self Engaging Fully in Spiritual Experiences, Sexual Ecstasy in Union, and Death

This amazing quote from this amazing Pathwork Lecture – Lecture 142: *The Longing for and the Fear of Happiness – Also, the Fear of Releasing the Little Ego* – speaks to how we can live, and die, fully alive as we live from our inner Divine self. Takes my breath away. I suggest one read the entire lecture, meditate on it, and live it.

08	<p>All truly great human experience comes from the inner, non-volitional self. It can never come from the outer ego, unless the ego is already integrated with the inner self. All acts of creation in art and science, all great inventions, all truly enriching and lasting values emanate from the inner being, as do all spiritual experiences, the experience of the ecstasy of love between the sexes, and finally the great experience of physical death itself which human beings erroneously assume to be sad or horrible. This is no more true of death than of the other two experiences, which are almost equally feared although the fear is not as conscious. Human beings fear a great spiritual experience. They fear the great act of total love and the letting go of the little self during the ecstasy of union. People are afraid to muster the courage required for letting the inner self manifest with its wisdom and truth. You are less aware of these last two fears, while the fear of death has been exaggerated and made into a big and seemingly rational fear.</p>
----	--