

Pathwork on  
**What is a Human Being?**

Quote from Pathwork Lecture 101...

54	QUESTION: In my private work, my helper and I found that I have an inadequate concept of a human being. What is a human being?
55	ANSWER: If I were to answer that, it would probably take me at least a month of continuous talking. This, I think, may be the best answer for you to adjust your concept to a more truthful one. Compare this statement with the limited concept you have when you say, "he is this or that," or "she is thus and thus." Realize the infinite variety, the manifoldness, the contradictoriness, the unlimited possibilities and potentials of thought, and the range of feelings in every human being. Every human being has, in both a positive and a negative aspect, every emotion, trend, or characteristic you can name. The reasons why the same quality displays its positive facet at one time and its negative at other times are among the difficult intricacies of the human psyche. The more you understand the limitless possibilities and potentials of any human being, the further do you come in understanding a particular human being. On the other hand, the more you believe, either consciously or unconsciously, that a human being is only this or only that, in other words, the more limited your concept is, the less will you understand about others.
56	In a strange way, the unconscious aim of human beings is to limit the human personality, because they believe that if there is less to a human being, it is easier to know one another. This is not true. The more you realize the infinite possibilities and aspects, the more understanding and insight you will have. This is the best answer I can give you. Any description, no matter how detailed, would not do it justice. It would be limited, and it would be an oversimplification.