

Pathwork on
Getting Stuck on the Path

Pathwork Lecture 47 *The Wall Within* notes that we can start on our path, such as Pathwork, have certain victories and spurts of growth, and still get stuck. The answer, as always, is self-examination.

21	Only you yourself can find out when and how you are hiding behind your wall, and what truth you are misusing. Only by examining your feelings, by listening into your emotions can you get the answer. The fact that you have overcome the initial resistance and won your first victory is, in most cases at least, a milestone indicating that you will not leave this path again. But this does not mean that other resistances do not lie in wait, that other victories do not have to be won. Although you may never leave this path, you may get stuck at a certain point and go around in circles without penetrating deeper. This happens when truth and true findings are used as hideouts.
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