

Pathwork on  
**Finding Our Higher Selves – A Brief History of  
 Religion, Psychology, and Spirituality**

This quote is from Pathwork Lecture 234 *Perfection, Immortality, Omnipotence*. It follows the history, limitations, and distortions of early religion and psychology with regard to perfection, immortality, and omnipotence, in short, with regard to our perceptions of the Divine within. And the lecture then points the way to an emerging true Divine state from our core. The lecture also points to our experience of life on earth with both its positive and negative sides. In facing the “good” and the “bad,” we grow from either/or *dualistic consciousness* (seeing life events as ALL bad or ALL good) to both/and *nondual consciousness* (seeing, experiencing, and accepting this both/and nature of our human existence). Nondual consciousness sets the foundation for self-acceptance, realistic growth and deep inner peace along the journey of life. These words from this lecture form a basis of the version of Pathwork called 50/50. In this system we grow in consciousness as we move from 100/100 (dualistic consciousness), to 50/50 (nondual consciousness), and eventually to 100 (unitive consciousness – where all is seen and experienced as good and of God).

31	<p>More highly developed followers of the inner religious movements always knew that these states of perfection existed within humanity as a potential to be realized. They always knew that God is within and they always postulated this. However, at that time, it could not be more than a theory and a faraway goal. This truth was then misunderstood, misrepresented and misused by the prideful, domineering, fearful ego, so that perfection was forced, pretended, punitively dictated, in order to allay the fear of facing those roots of the personality where these states of perfection could not yet exist.</p>
32	<p>This abuse and misuse, this dangerous escape from the necessary developmental steps, necessitated a new movement in your history, which came along with psychology. As psychology developed, it recognized the distorted manifestations as illusory pseudo-solutions and designated them as neurotic states that the maturing individual naturally abandoned, at least to some degree. Through psychology, a person could be led to accept his or her limitation, imperfection and mortality.</p>
33	<p>Eventually, however, this very important psychological movement also began to deteriorate as a result of the dualistic state. It lost sight of the fact that yet another step existed. There is yet another level in which the false becomes true again. The triad of perfection, mortality, omnipotence truly exist, so a total denial of these states by psychology is equally erroneous, although at first necessary in order to follow the curve of growth.</p>
34	<p>In the New Age, everything leads to a discovery of and a fusion with the inner levels -- a fusion of the dualities, of the either/or principle. You will find</p>

	<p>that you are neither perfect, nor do you give up perfection forever. You are neither immortal, nor do you give up immortality forever. You are neither omnipotent, nor do you forever remain limited and separated. You will find that different truths apply to different levels. On the outer level of your personality you are indeed not perfect, you are indeed mortal, you are indeed far from being omnipotent. But absolute perfection, immortality and omnipotence exist already within you. Only as you abandon your insistence of possessing them right away will you even know what is perfect and what is not perfect, what is life and what is death, what is power and what is weakness.</p>
35	<p>When you are in the dualistic confusion you do not know. You often think you know what is perfect and imperfect, but you do not really know, because you lack understanding and cannot see far enough into the chain reactions; you do not perceive the dynamics. You often believe something is death, when it is really life, and life when it is really death. For example, when you deaden your faculty to feel and your faculty to experience deeply and vibrate with life, you think you are alive. And you think slipping through the gate means being dead. Even during life in the body, you believe that experiencing your pain and terror -- or your imagined worthlessness -- is death, that it will annihilate you. When you muster the courage to go through it in a real way, you will find that you have gained new life. In fact, those very feelings you feared as death itself contain much of the life energy and vitality that you have deliberately deadened. So you see, my friends, even knowing what is the one and what is the other cannot truly be possible on the level of personality, of the conscious mind now. In knowing this, you will perhaps gladly learn not to insist any longer on the distorted perfection, immortality and omnipotence that grow out of fear, lack of faith, self-hate, limited vision, pride, impatience, distrustfulness. You will learn to abandon them, as you go through the feelings that create the urgency to be in these states. Thus you will traverse gates, tunnels and walls.</p>