

CHRISTMAS LECTURE 1975
[excerpts from lecture 239]

Greetings, my beloved ones. The birth of Christ celebrates and symbolizes birth - not only birth of an entity, of a human being, but birth of new expressions, of new ways of expressing God in life, birth of new levels of consciousness.

The Christ lives within everyone and within everything that breathes and has consciousness. The Christ has been given birth by your work, my beloved friends. At each step of your path where you find a misconception, a negativity, a block, a destructiveness, a problem, an ignorance, you find a direct obstruction to the Christ within.

You can afford generosity. You can afford to be in a state of love. You can afford to have courage and risk truth. Your offerings, symbolized in the ornaments on your tree, are very real. These offerings must often be repeated, perhaps in your daily meditation, in your work sessions, in your group experiences, in your interaction with one another. When you listen for the truth you will find the Christ within. You will experience so much more the greater life, the real life that you are a part of, your greater being, your eternal reality. You will know there is nothing to fear and nothing to mourn.

What greater gift could you give to yourself than making an effort to create a channel to that in you which is the Christ? The Christ in you is your true identity, which knows all and fears nothing and lives forever. It is that you that is always bathed in light, that is a light body, an energy body, truly indestructible.

Christ is born every minute, every second, in time. Every new realization, every spurt of new consciousness, every breath of love, every change of attitude gives birth to the Christ, until all these many little lights that you light up in your own souls, spreading into others' souls, converge and emerge into one huge sea of light, into a sea of love, into a sea of intense joyous awareness.

Continue your tasks of self-purification, thus spreading this great light and being carriers of the Christ. The love that envelops the universe, that permeates the universe, can be borne by your purified souls. Let this love surge through you, and be one with it. Be your God. Be the Christ.