

Pathwork Lecture 249: The Pain of Injustice – Cosmic Records of All Personal and Collective Events, Deeds, Expressions

1996 Edition, Original Given March 8, 1978

This lecture is given in an **expanded poetic format**, what I call a *Devotional Format* of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, *devotionally*.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.*

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p><i>My beloved friends!</i></p> <ul style="list-style-type: none"> • <i>Greetings and</i> • <i>blessings</i> <p><i>for all of you.</i></p> <p><i>May these words reach</i></p> <ul style="list-style-type: none"> • <i>your deepest core,</i> • <i>your</i> <ul style="list-style-type: none"> • <i>inner</i> <p><i>and</i></p> <ul style="list-style-type: none"> • <i>outer</i> <p><i>understanding,</i></p> <p><i>so that</i></p> <p><i>you will be further motivated to plow through the thicket of</i></p> <ul style="list-style-type: none"> • <i>confusion</i> <p><i>and</i></p> <ul style="list-style-type: none"> • <i>illusion</i> <p><i>until you experience the Great Light.</i></p>

by Eva Broch Pierrakos

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04

*There are
so many different kinds of
• pain
in your world,
for which you have
but one word.*

*It is the same
with many other realities,
such as
• love,
for example.*

*So many varieties
of the manifestation of love
are described
by only one word.*

*Many other
human experiences
are not seen
in a true light
because of
the limitation of your
• conceptual understanding,
as well as
the limitation of your ability to
• experience.*

*These limitations [i.e., These limitations in conceptual UNDERSTANDING
and ability to EXPERIENCE]*

*in turn
create
limitation of language.*

*Language
is your vehicle to
communicate,
not only
• with others
but also
• within yourself,
for the purpose of
creating
• widened,
• more realistic
understanding.*

Obviously this [i.e., this multifaceted LIMITATION of humans regarding conceptual UNDERSTANDING, ability to EXPERIENCE, and LANGUAGE] is a cyclic process, leading to [either]

- **benign**

or

- **vicious circles.**

A fuller

- **understanding will take you to fuller**
- **experience which, in turn, will expand your ability to**
- **convey and**
- **communicate it [i.e., communicate your experiences] and [i.e., and thereby] make your**
- **experience comprehensible to**
- **yourself and**
- **others.**

You will then be able to Organically expand your

- **language.**

I venture to say that in a hundred earth years your language will contain many concepts as yet unknown.

	<p><i>New words will exist to differentiate between different kinds of</i></p> <ul style="list-style-type: none"><i>• love</i> <p><i>or</i></p> <ul style="list-style-type: none"><i>• pain</i> <p><i>or</i></p> <ul style="list-style-type: none"><i>• many other states of inner</i><i>• experience.</i>
05	<p><i>In the meantime I will help this cyclic process along by discussing different kinds of human experiences now lumped together under one designation.</i></p> <p><i>At various phases certain human</i></p> <ul style="list-style-type: none"><i>• experiences need to be understood in a fuller way</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• differentiations have to be made.</i> <p><i>For example, now it is essential that you understand about different kinds of pain.</i></p>

06

*First let me name
a few variations of pain,*

*and then we can
focus on
one particular pain
which you rarely, if ever,
think of as
one specific pain.*

*The most familiar kind of pain,
distinctly different from all other kinds,
is what you
feel
when someone*

- wounds you,*
- hates you,*
- wishes to hurt you.*

*The confusion
of
not quite understanding*

- what pains you*

and
[of not quite understanding]

- what goes on
in you
brings about another pain.*

*The vague feeling
that you have*

- created*

or at least

- co-created
your own pain
without fully understanding*
 - how and*
 - why,*

*gives birth to
yet another pain,
which is related to*

- the pain of
your resistance to
being in truth.*

	<p><i>Then you have the distinct pain of</i></p> <ul style="list-style-type: none"><i>• your guilt – guilt for which you have no intention to make restitution.</i>
07	<p><i>Some of the above pains [i.e., SOME of the above pains – the pain of being WOUNDED or HATED by another, the pain of CONFUSION, the vague pain of NOT KNOWING, the pain of your RESISTANCE TO be in TRUTH, and the pain of UNRESTITUTED GUILT] are obviously interrelated.</i></p> <p><i>For example, the unwillingness to</i></p> <ul style="list-style-type: none"><i>• clearly face</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• make restitution for your guilt</i> <p><i>leads to</i></p> <ul style="list-style-type: none"><i>• confusion</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• frustration.</i> <p><i>These [i.e., These pains of 1) unrestituted guilt and of 2) confusion and frustration], in turn, are often projected onto others</i></p> <p><i>whom you blame for causing your pain.</i></p>

*These two kinds of pain [i.e., These pains of 1) unrestituted guilt
and of 2) confusion and frustration]*

*create
a vicious circle.*

*Nevertheless,
they are*

*two entirely different
kinds of pain –*

- [1.] the pain of*
 - confusion and frustration and*
- [2.] the pain of*
 - unrestituted guilt.*

*They [i.e., these two forms of pain]
are so different
that they might well deserve
two completely different words.*

*And, as I said,
one day this will be so.*

*It [i.e., Having two words for these two forms of pain]
will develop organically,*

*for
human language*

*reflects
the organic development
of humanity as a whole.*

08

You

- *have experienced*
- and*
- *know about*

*these types of pain [i.e., the pain of 1) unrestituted guilt
and the pain of 2) confusion and frustration],*

although

you did not always perceive

that each one

is of a

different

- *nature,*

- *origin*

and

- *cause,*

with totally different

- *dynamics*

and

- *effects.*

They [i.e., these two kinds of pain]

are

as different

from each other

as the

sequential emotions

within

- *a vicious*

or

- *a benign*

circle

are different,

even though

*they [i.e., even though the pain of 1) unrestituted
guilt and the pain of 2) confusion and
frustration]*

create one another.

	<p><i>For example:</i></p> <ul style="list-style-type: none">• <i>Guilt</i> creates fear,• <i>fear</i> creates anger,• <i>anger</i> creates<ul style="list-style-type: none">• <i>self-doubt and</i>• <i>self-hate,</i>• <i>self-hate</i> creates<ul style="list-style-type: none">• <i>negative behavior patterns</i>and• <i>self-destructiveness.</i> <p><i>All these emotions, although interconnected, are as different from one another as one kind of pain is from the other [i.e., from the other kind of pain].</i></p>
09	<p><i>This preface to the topic of tonight's lecture should help clear up some of the cobwebs in your mind.</i></p>
10	<p><i>The specific pain</i></p> <ul style="list-style-type: none">• <i>I wish to discuss,</i>• <i>that is so important to be seen in a new light at this state of your development,</i> <p><i>is the pain of injustice.</i></p> <p><i>This type of pain [i.e., the pain of injustice] contains more than can be expressed by this word [i.e., by this word "injustice"].</i></p>

It is not just

actual injustice

***happening to you
here and now.***

***Such injustice [i.e., such actual injustice
happening to you here and now]***

***could be classified as
pain***

of being

- ***wounded and***
- ***hurt.***

***There is more to it [i.e., more to the pain of injustice]
than that.***

***It [i.e., the pain of injustice]
is a fear***

that the universe

can allow

destruction to exist

without

safety valves.

***It [i.e., the pain of injustice]
is the fear***

- ***that nothing***

has rhyme or reason,

- ***that doing***

good

– or bad –

has no effect

on the outcome

of

cosmic

- ***history***

and

- ***evolution.***

11

*You will say,
quite rightly,
that*

- *this pain [i.e., this pain of injustice],*
- *this fear,*

is actually

- *a doubt,*
- *a lack of faith*

*in a meaningful universe
that consists of*

- *supreme intelligence,*
- *love,*

and

- *justice.*

True.

There is of course

- *the pain of
doubting,*
- *the pain of
not experiencing
God's existence.*

*However,
not knowing
that*

*all actions,
including*

- *outer and*
- *inner*
- *attitudes and*
- *states,*

have

distinct consequences,

creates

a very specific pain.

*Realizing this [i.e., realizing that ALL ACTIONS have distinct CONSEQUENCES]
establishes*

the faith

without which

you suffer

the pain of

doubt.

So
the pain of
• doubt
is not the same as
the pain of
• not experiencing justice.

The latter [i.e., the pain of not experiencing justice]
leads to
the former [i.e., the pain of doubt]
and
the former [i.e., the pain of doubt]
also
leads to
the latter [i.e., the pain of not experiencing justice],
but
they [i.e., but the pain of INJUSTICE and the pain of DOUBT]
are
not quite
one and the same.

The pain of injustice
connotes fear
• of
a meaningless universe,
• of
chaos.

It [i.e., the pain of injustice]
distinctly
results from –
and further creates –
disconnection.

If effects
are disconnected [i.e., If EFFECTS are DISCONNECTED from CAUSES]
in the field of human vision,
fear of
• meaninglessness
results.

And that is [i.e., And the FEAR of MEANINGLESSNESS is]
the specific kind of pain
I am concerned with.

12	<p><i>The human field of vision is more often than not too narrow to allow the perception of connections [i.e., connections between CAUSES and EFFECTS].</i></p> <p><i>I discussed this more generally in the lecture on cause and effect [See Lecture 245: Cause and Effect on Various Levels of Consciousness, given four months earlier on November 16, 1977].</i></p> <p><i>We are now focusing on a particular aspect of the disconnection between</i><ul style="list-style-type: none"><i>• cause</i><i>and</i><ul style="list-style-type: none"><i>• effect.</i></p> <p><i>We see that it [i.e., that this particular aspect of the DISCONNECTION between CAUSE and EFFECT] leads to certain ramifications that create a very specific kind of pain.</i></p>
13	<p><i>Every phenomenon in</i><ul style="list-style-type: none"><i>• the universe</i><i>is experienced within</i><ul style="list-style-type: none"><i>• the human soul.</i></p>

	<p><i>The</i></p> <ul style="list-style-type: none">• <i>larger,</i>• <i>macrocosmic</i> <p>• <i>fear of injustice,</i> <i>that is,</i></p> <ul style="list-style-type: none">• <i>meaninglessness,</i> <p><i>also exists</i> <i>in a</i></p> <ul style="list-style-type: none">• <i>personal manner</i> <i>in the</i>• <i>microcosm.</i> <p><i>On your path</i> <i>you constantly</i> <i>deal with</i> <i>this phenomenon [i.e., the phenomenon of the FEAR OF INJUSTICE</i> <i>that makes a MEANINGLESS UNIVERSE],</i> <i>whether or not</i> <i>you are aware of it.</i></p>
14	<p><i>Much of</i> <i>the resistance</i> <i>you encounter</i> <i>in your</i> <i>personal purification process</i></p> <p><i>is based on</i></p> <ul style="list-style-type: none">• <i>this existential fear</i> <i>of a meaningless universe,</i> <i>and</i>• <i>the passage of time,</i> <i>and</i>• <i>the pain of life</i> <i>that results from it [i.e., the passage of TIME and PAIN of</i> <i>LIFE that results from this existential</i> <i>FEAR of a MEANINGLESS UNIVERSE].</i>

*Underneath
the resistance
to face the lower self*

*is the pain
of an*

- *unjust,*
- *chaotic,*
- *meaningless
creation.*

*Or,
to put it a bit more accurately,*

*the lower self
is a direct result of*

the

- *fear*

and

- *pain*

of

- *injustice,*
- *meaninglessness*

and

- *chaos.*

*As usual,
the process then becomes
self-perpetuating
and works both ways:*

The pain of injustice

creates

- *negativity,*

that is [i.e., that is, the PAIN OF INJUSTICE creates]

- *the lower self.*

	<p><i>And, conversely,</i></p> <ul style="list-style-type: none">• <i>the guilt about</i>• <i>the lower self [i.e., the guilt about oneself having lower-self aspects] fosters an attitude of [i.e., an attitude of the self] not deserving</i>• <i>salvation,</i> <p><i>that is,</i></p> <ul style="list-style-type: none"><i>not deserving</i>• <i>eternal life,</i>• <i>goodness,</i>• <i>joy,</i>• <i>total justice.</i>
15	<p><i>When you ponder your progression on your path, it will become clear to you that</i></p> <p><i>in the process of your personal work, you frequently encounter a puzzling phenomenon.</i></p> <p><i>It [i.e., This puzzling phenomenon] is the following:</i></p> <p><i>After overcoming resistance – often quite strong resistance – to face not only</i></p> <ul style="list-style-type: none">• <i>lower-self traits,</i> <p><i>but also</i></p> <ul style="list-style-type: none">• <i>their consequences</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>painful effects</i> <p><i>on</i></p> <ul style="list-style-type: none">• <i>you</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>your life,</i> <p><i>you experience profound relief.</i></p>

It is as though [i.e., *It is as though, after OVERCOMING your RESISTANCE to FACING yourself and instead choosing to FACE not only 1) LOWER-SELF traits in you but also 2) their painful EFFECTS on YOU and YOUR LIFE] a weight had been lifted off your shoulders.*

Suddenly

everything

- falls into place***
- and***
- fits.***

Why

do you think this happens?

It is precisely

because you now

- literally***
- and***
- personally***

experience

***in your own
microcosm***

that

life

is totally

- just***
- and***
- fair.***

This [i.e., *This EXPERIENCE that your own LIFE is totally JUST and FAIR] is infinitely more important*

than

having to own

- self-destructive devices***
- and***
- impairment of
your divine nature.***

*These [i.e., These self-destructive LOWER-SELF ASPECTS
that you now SEE and FACE,]*

- *can be corrected,*

but

- *a universe
in which*
 - *evil*
 - could*
 - *win*
 - *cannot be corrected*
- and*
 - *is an utterly dismal prospect.*

*A related manifestation
is its converse:*

*Whenever you seem to
get away with
your lower self [i.e., “seem” to “get away with” choosing to allow
your lower self to manifest without having to experience
negative and destructive consequences and effects for doing so],
the momentary triumph
is very shallow
and covers
a deep despair.*

*Your dual nature
is in
constant battle here.*

*One part [i.e., One part of you, the NEGATIVE lower-self part,]
strongly aims for*

- *covering,*
- *justifying,*
- *projecting,*

and thereby [i.e., and by this COVERING of this NEGATIVE lower-self part]

- *increasing
the lower-self*
 - *energies and*
 - *activities.*

This part of you

- *fights*
the path process
in many ways

and

- *aims*
 - *to deceive your helper,*
 - *to convince him or her*
that your cover-ups are valid.

*But the other part of you [i.e., But the POSITIVE higher-self part of you]
is very unhappy
when the first part [i.e., when the NEGATIVE lower-self part of you]
succeeds.*

Whenever your helper

- *fails to discover*
your lower-self maneuvers

and

- *is blind,*
together with you,

about the connections –

*that is, cause and effect [i.e., Whenever your helper is
BLIND to the CONNECTION between the CAUSE (the
NEGATIVE lower-self part of you) and EFFECT (the
RESULTING UNDESIRABLE life experiences and PAIN)] –*

sooner or later

you

resent

your helper

for this failure.

*No matter how much
you may have battled
at first
against
seeing the connections
between
• negative intent
and
• undesirable experience,
you feel
truly let down
when the helper
does not
ally with
your higher self,*

*no matter
how covered up it [i.e., no matter how covered up
your higher self]
may still be
at the time.*

*Lack of trust
in
• the helper*

is directly connected with

*the lack of trust
in
• a fair universe.*

If you can
• *deceive*
and
• *"win"*
with
your
• *negativity,*
your
• *evil,*
your
• *destructive attitudes,*
you
• *realistically*
and
• *logically*
conclude
that

Creation as a whole
is
• *untrustworthy*
and
• *chaotic.*

*This [i.e., This seemingly logical but WRONG CONCLUSION that
Creation is UNTRUSTWORTHY and CHAOTIC]
is perhaps one of the
most
unbearable pains
in the human soul!*

17

*I strongly recommend
that you focus

right now

on what I am discussing here.*

*Try to perceive
that
behind*

- *resistance
to face*
- *certain negative aspects [i.e., negative aspects in yourself]
lies*

- *an even greater resistance
to see
that*

- *these negative patterns
create
inevitably*
 - *negative experiences*
 - and*
 - *undesirable life circumstances.*

*Once you can admit
the resistance [i.e., resistance to face certain negative lower-self aspects],
it will be easier
to go one layer deeper
and become conscious of*

both

- *a deep longing
to make these connections [i.e., a deep longing to make
these connections between lower-self aspects and the
negative experiences and undesirable life
circumstances that these lower-self aspects create]*

and

- *an equally strong
painful fear*
 - *that
no connections
exist [i.e., a painful fear that no such
connections exist],*
 - *that
all is [i.e., a painful fear that all the Universe is]*
 - *arbitrary and*
 - *senseless.*

**Resistance to
making connections
between**
• **cause**
and
• **effect**
covers the
• **fear**
and
• **pain**
that there are no such connections.

Find
**the moments of
relief
in your past work
when,**
**after having overcome resistance [i.e., after having
overcome resistance to making the
connection between cause and effect],
you realized [i.e., you then realized]
the
intrinsic fairness of life.**

Remember how,
**after seeing the connections [i.e., after seeing the connections
between causes and effects],**
**you always felt
much more
secure about life.**

**With this insight
into hitherto**
• **obscure**
and
• **unnamed**
**reactions [i.e., into hitherto obscure and unnamed reactions to your
WRONG conclusion that negative experiences and undesirable
life circumstances in your life are NOT connected to your lower-
self negativity, making the Universe meaningless and chaotic],
you will have made
the pain of injustice**
conscious.

18

*This is why
a path*

such as the

- *one you are choosing for your*
 - *development and*
 - *growth,*

- *one that goes into these*
 - *depths and*
 - *hidden crevices,*

brings a

- *new*

and

- *true*

security.

*It [i.e., A path such as this pathwork]
eliminates*

*the pain of injustice
because it establishes*

- *connections*
between
 - *cause*
- and*
 - *effect*
in
your own
soul life

- *[connections]*
that remain inaccessible
as long as
strong resistances
are
not overcome.

• *Love of*
and
• *trust in*
your helpers
are commensurate with
your
• *goodwill*
and
• *intent to*
help
• *them*
help
• *you*
see
what you
most deeply
long for.

How can you
• *trust*
and
• *believe in*
and
• *experience*
a just universe

unless you
see plainly

how every one of your
• *actions,*
• *thoughts,*
• *hidden intentionalities,*
• *feelings*
and
• *attitudes –*
• *positive*
and
• *negative –*

has definitive
• *results*
and
• *effects?*

*Little by little
the personal connections*
• *unroll*
and
• *reveal larger processes,*

*gradually
leading into
the macrocosmic events.*

*At first,
almost all earthly events
seem disconnected
from one another.*

*Things happen
as if*
• *arbitrarily,*
• *nonsensically.*

Only when the

• *microcosmic*

*connections
are being made*

do

• *macrocosmic*

*events
reveal*

their
• *meaning*
and
• *connections,*

their
• *causes*
and
• *effects –*
at least to a degree.

19

*As long as
you
live in
the shell of
• matter,
encased
in
• time,
there are
many connections
you can
never
fully make.*

*They [i.e., The CONNECTIONS between CAUSES and EFFECTS]
remain
invisible,*

*although at times
you can
intuitively
sense some links.*

*To understand
that
main connections [i.e., that main connections between causes and effects]
exist*

*needs
faith.*

*But
true faith
is
to some degree
experiential.*

*It [i.e., True faith]
comes
exactly because
your inner process
moves toward
an increasing uncovering of
connecting links [i.e., links between causes and effects].*

	<p><i>This movement [i.e., This movement toward increasing uncovering of these connecting links between causes and effects]</i></p> <ul style="list-style-type: none">• <i>allays</i> <i>the fear of</i> <i>the pain of injustice</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>heals</i> <i>the wounds</i> <i>it [i.e., heals the wounds that the FEAR of the PAIN OF INJUSTICE] causes.</i>
20	<p><i>Think of</i> <i>your reactions</i></p> <ul style="list-style-type: none">• <i>when you witness</i> <i>earthly events of</i> <i>cruelty</i> <i>whose perpetrators</i> <i>seem to</i> <i>remain unapprehended,</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>when</i><ul style="list-style-type: none">• <i>good deeds</i><i>and</i><ul style="list-style-type: none">• <i>genuine</i><ul style="list-style-type: none">• <i>love</i><i>and</i><ul style="list-style-type: none">• <i>giving</i> <p><i>seem to</i><ul style="list-style-type: none">• <i>elicit undeserved negative effects,</i><i>or at least</i><ul style="list-style-type: none">• <i>fail to produce just rewards.</i></p> <p><i>On some occasions</i> <i>it is possible</i> <i>to go</i> <i>beyond the surface</i> <i>and see</i> <i>deeper connections [i.e., see DEEPER CONNECTIONS</i> <i>between CAUSES and EFFECTS]</i> <i>that reveal</i> <i>the perfect justice of life.</i></p>

	<p><i>In some instances it is truly a question of time.</i></p> <p><i>The</i> • <i>connections [i.e., the CONNECTIONS between CAUSES and EFFECTS]</i> <i>and</i> • <i>justice</i> <i>are not</i> <i>immediately</i> <i>visible,</i></p> <p><i>but the unrolling of time, in your dimension, makes the connections</i> <i>obvious.</i></p> <p><i>Time brings them [i.e., TIME brings the CONNECTIONS</i> <i>between CAUSES and EFFECTS]</i> <i>eventually</i> <i>to the surface.</i></p>
21	<p><i>But in how many instances,</i> • <i>in small issues</i> <i>as well as</i> • <i>in large ones,</i></p> <p>• <i>in personal issues</i> <i>as well as</i> • <i>in general and universal ones,</i></p> <p><i>it is</i> <i>quite impossible</i> <i>to see the connections [i.e., IMPOSSIBLE to SEE the connections</i> <i>between CAUSES and EFFECTS]!</i></p> <p><i>The unrolling of time</i> <i>extends</i></p> <p><i>beyond</i> <i>the human vision.</i></p>

*All spiritual scriptures
speak about
the reality of
ultimate justice,*

often
• perceived
and
• experienced
only after
• your body
is left behind
and
• your vision
becomes more extended.

The concept of
• the "Last Judgment"
or
• "Judgment Day"

*is an intimation
of this fact.*

*These terms
convey that
there is a "time"
after death
when
all is revealed.*

*Human beings
usually react unfavorably
to this concept [i.e., this concept of all in their lives "being revealed"]
because they think of it
in terms of*

a
• punishing
deity,

a
• cruel,
• unmerciful
ruler

*who would impose
more injustice on them.*

	<p><i>This ancient concept [i.e., This ancient concept of a PUNISHING DEITY]</i> <i>confused</i> <i>• God</i> <i>with</i> <i>• cruel earthly</i> <i>• leaders</i> <i>and</i> <i>• fathers.</i></p> <p><i>But</i> <i>the true meaning of</i> <i>the "final judgment"</i> <i>is the revealing of</i> <i>connections [i.e., the "FINAL JUDGMENT" is the REVEALING of</i> <i>CONNECTIONS between CAUSES and EFFECTS]</i> <i>that show</i></p> <p><i>the unutterable beauty</i></p> <p><i>of</i> <i>the faultless justice</i></p> <p><i>of</i> <i>spiritual laws.</i></p>
22	<p><i>The</i> <i>• joy</i> <i>and</i> <i>• security</i> <i>of the discovery [i.e., the discovery of the unutterable BEAUTY</i> <i>of the FAULTLES JUSTICE of SPIRITUAL LAWS]</i> <i>by far</i> <i>outweighs</i></p> <p><i>the personal price</i> <i>that needs to be paid</i> <i>for infringement of</i> <i>divine law.</i></p>

**Even if
negative karma
results
from the actions of a lifetime,
it [i.e., the negative karma]
is joyfully undertaken
once the covers fall off,**

**because
living in a
• just
and
• trustworthy
universe**

**has much greater value [i.e., much greater value than
the negative karma that may have to
be undertaken temporarily].**

**This is parallel to
experiencing
at certain stages on your path**

**the relief of
seeing
• cause
and
• effect,**

**even if it means
paying the price [i.e., paying the price for your negativity
that caused painful effects].**

23

**On one level
you resist [i.e., you RESIST acknowledging CAUSE and EFFECT],
because**

**you desire
• never
to be accountable for
your misdemeanors,**

**• never
to have to pay the price [i.e., NEVER to have to PAY the PRICE
for your MISDEMEANERS].**

	<p><i>On a deeper level</i> <i>you</i></p> <ul style="list-style-type: none">• <i>dread this possibility [i.e., you still DREAD this possibility of having to PAY the PRICE for your MISDEMEANERS],</i> <p><i>but</i> <i>you are also</i></p> <ul style="list-style-type: none">• <i>profoundly relieved to find out that</i> <p><i>every smallest particle of consciousness creates effects</i></p> <p><i>which, in turn, must come back to you and extract a price:</i></p> <ul style="list-style-type: none">• <i>positively, in a life-affirming way,</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>negatively, in a life-denying way,</i> <p><i>according to the cause.</i></p>
24	<p><i>How is it possible that</i></p> <ul style="list-style-type: none"><i>all</i><ul style="list-style-type: none">• <i>deeds,</i><i>all</i><ul style="list-style-type: none">• <i>attitudes,</i><i>all</i><ul style="list-style-type: none">• <i>ever so secret intentionalities can be accounted for,</i> <p><i>often decades later?</i></p> <p><i>How can someone's life be adjudged</i></p> <p><i>long after the fact?</i></p>

	<p><i>It is important that you have some</i></p> <ul style="list-style-type: none"><i>• concept</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• understanding</i> <p><i>about the principle operating here [i.e., some understanding about the principle that someone's life can be adjudged long after the fact].</i></p> <p><i>This [i.e., This understanding] will help you to open up your inner valves to intuitive experiences.</i></p>
25	<p><i>You already know that every human being contains an inner substance – sometimes referred to as "soul substance" – which reflects every particle of the person's life.</i></p> <p><i>Nothing is lost, nothing glossed over.</i></p> <p><i>Every</i></p> <ul style="list-style-type: none"><i>• thought of any significance,</i> <p><i>every</i></p> <ul style="list-style-type: none"><i>• feeling,</i> <p><i>every</i></p> <ul style="list-style-type: none"><i>• intent,</i> <p><i>every</i></p> <ul style="list-style-type: none"><i>• will direction,</i> <p><i>every</i></p> <ul style="list-style-type: none"><i>• action – with all its ramifications – is imprinted into this substance [i.e., into this SOUL SUBSTANCE] and thereby made available to review.</i>

*Thus
a person's life
may be perused
from every conceivable point of view.*

*One's life
is truly
an open book.*

*You all contain
an inner recording device,
if you will.*

*One of your
greatest illusions –
and you have many –
is that*

- thoughts*

and

- intentions*

and

- desires*
 - can be kept
secret*

and

- should therefore
have no impact.*

*Individuals often
feel resentful*

when others

*react to
their*

- unspoken intentions,*

their

- secret negative wishes,*

*as if they [i.e., as if their UNSPOKEN intentions and
SECRET negative wishes]*

should not count.

	<p><i>Whatever seems to be</i></p> <ul style="list-style-type: none">• <i>got away with</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>unaccounted for in an individual's life,</i> <ul style="list-style-type: none">• <i>good</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>bad,</i> <i>will</i> <ul style="list-style-type: none">• <i>ultimately be open</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>inevitably have its commensurate effects.</i>
26	<p><i>There are definite laws in operation that determine</i></p> <p><i>when</i></p> <ul style="list-style-type: none">• <i>effects follow</i>• <i>causes –</i> <ul style="list-style-type: none">• <i>when and why, in certain instances, effects follow suit relatively quickly [i.e., quickly after their causes] and are thereby immediately traceable [i.e., immediately traceable to their causes],</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>when and why there is a longer time span between them [i.e., a longer time span between effects and their causes].</i> <p><i>It would be much too complicated to delve into this now.</i></p>

*All I can say at this time is that
the more
an entity is developed,
the faster
• effects
follow
• causes.*

*Beings who are still
relatively
undeveloped
find themselves
in the darkness of
groping through
the webs of
• cause
and
• effect,*

*more often than not
• completely
missing
the connections [i.e., MISSING the
CONNECTIONS between
EFFECTS and their CAUSES],*

*• discovering them [i.e., discovering
these connections]*

*only
much later,
when the body is shed
as a garment no longer needed.*

27

*Just as each individual
carries his or her
own inner soul tableau
in which
his or her
personal records
are kept,
so does your planet
have a
soul substance
into which
all that ever happened on earth
is imprinted
and can be read
as an immaculately kept record.*

*Some human beings
have special gifts of clairvoyance,
through which
parts of the world record
are revealed to them.*

*Of course,
personal misinterpretations
due to limited consciousness
can distort their vision.*

*Since
the world recording system
exists
beyond three-dimensional time,*

- the future –
that is, certain possibilities of
the reality
which might
most likely manifest –*

can be as available as

- the past.*

28

*The world substance [i.e., The world soul substance]
is infinitely malleable,
just as personal soul substance is.*

*They [i.e., both the WORLD soul substance and the PERSONAL soul substance]
are of the same
"material."*

Nothing that

- *ever*
happened,
- *is*
happening,
- *will*
happen

is ever lost.

Everything
automatically
imprints itself
in this substance [i.e., in this SOUL SUBSTANCE].

It [i.e., This SOUL SUBSTANCE]
does not only show the

- *raw*
 - *event –*

or even the

- *plain simple*
 - *thought,*
 - *attitude*

or

- *will direction.*

It [i.e., This SOUL SUBSTANCE]
also shows the

- *most hidden motives,*

the

- *most secret intention,*

the

- *exact balance of ambivalent feelings*

and
the

- *real reasons for making a decision.*

*It [i.e., This SOUL SUBSTANCE]
registers
which alternative
• the individual
or
• the collective entity
is acting upon.*

*In that way,
no
• darkness
or
• confusion
can ever exist
in the record [i.e., in the world or personal SOUL SUBSTANCE].*

*Much
• argument,
• dissension,
• painful struggling
in
• dark
and
• confused
states of mind,

is based on

a most superficial level of

awareness;*

*the persons are
nevertheless

affected by

the hidden levels of consciousness.*

29

**Clarity of vision
totally eliminates
all**
• **fear**
and
• **pain**
of injustice.

**It [i.e., CLARITY of VISION]
shows without a doubt**

**that you live in
an infinitely just Creation**

**in which
no error
is ever possible.**

**But this awareness [i.e., But this AWARENESS and CLARITY of VISION]
cannot be given gratuitously.**

**Each entity
must develop into it [i.e., DEVELOP into this AWARENESS or
CLARITY of VISION]
through
struggle.**

**This [i.e., This DEVELOPING into AWARENESS or CLARITY of VISION
through STRUGGLE]
means**

overcoming the resistance

• **to making every crevice of the self
known**

and

• **to taking
responsibility for it [i.e., OVERCOMING RESISTANCE to
TAKING RESPONSIBILITY for
every crevice of the self that is found].**

Scriptures of many
• *religious*
and
• *spiritual*
movements
have always hinted at

ultimate justice.

"Judgment Day"

means nothing else
but this [i.e. nothing else but ULTIMATE JUSTICE in Creation].

It is
human consciousness,

with its
present
limitations,

that interpreted

judgment

- *to imply*
an unloving attitude
on the part of those
who were supposed to judge,

[that even interpreted judgment]

- *to imply*
 - *unfairness,*
 - *arbitrariness,*
 - *rejection.*

This [i.e., This INTERPRETATION of JUDGMENT]
is clearly

a projection of

humanity's own

state of affairs.

	<p><i>Divine justice [i.e., DIVINE JUSTICE, in contrast to limited human justice] is nothing more, nor less, than</i></p> <ul style="list-style-type: none"><i>• the full vision of all an entity expresses,</i> <p><i>so that</i></p> <ul style="list-style-type: none"><i>• the inevitable consequences [i.e., the inevitable consequences of all an entity expresses] become</i> <ul style="list-style-type: none"><i>• the measure and</i><i>• the medicine to grow into</i> <ul style="list-style-type: none"><i>• wholeness, that is [i.e., that is, to grow into],</i><i>• holiness.</i>
30	<p><i>You need to</i></p> <ul style="list-style-type: none"><i>• clearly understand and</i><i>• differentiate</i> <p><i>between</i></p> <ul style="list-style-type: none"><i>• the fear of and</i><i>• resistance to</i> <p><i>this full vision of unconcealed revelation</i></p> <ul style="list-style-type: none"><i>• of all that is –</i><i>• of the World Soul Substance that hides nothing –</i> <p><i>and [i.e., and this fear's and resistance's OPPOSITE, namely]</i></p> <ul style="list-style-type: none"><i>• the deepest longing in your soul for exactly this</i> <ul style="list-style-type: none"><i>• knowledge and</i><i>• experience.</i>

For only then [i.e., *For only when you understand and differentiate between, on the one hand, the RESISTANCE to SEEING and, on the other hand, the LONGING to SEE the unconcealed REVELATION of all that is*] ***will you heal***

the profoundly painful wound

of believing

***that you live in
an unreliable universe
in which there exists
no justice.***

***You need to understand
the deep struggle
in your soul***

between

these two opposite

will directions [i.e., *one will-direction NOT TO SEE the TRUTH, the other will-direction TO SEE the TRUTH of all that is*].

When you do so [i.e., *when you do understand the deep struggle between these two opposite will-directions operating in your soul*],

***you will be able to help
its*** [i.e., *help this struggle's*] ***resolution
with your
clear consciousness.***

What your

• outer self

***often opposes
most vigorously,***

your

• inner self

***longs for
most ardently.***

When

- *the outer self*
 - *succeeds*
- and*
 - *rules*
 - the will direction*
 - of the*
 - *manifest,*
 - *acting*
 - personality,*
- *the inner self*
 - is in*
 - the greatest despair.*

You

feel

this despair [i.e., You FEEL this DESPAIR in your INNER self]
sometimes

- *only vaguely,*

at other times

- *quite keenly,*

but you

never

understand

it [i.e., but you NEVER UNDERSTAND the DESPAIR
of your INNER self]

clearly.

Often you

misinterpret

this despair [i.e., MISINTERPRET this DESPAIR of your INNER self]

and you

blame

- *life*

or

- *others*

for it [i.e., for this DESPAIR].

31

*So, my friends, I say to you,
experience
the pain
of
believing
you live in
an unjust universe.*

*Only when you
establish full awareness
of this specific pain [i.e., only when you establish full AWARENESS of this
specific PAIN of BELIEVING you live in an UNJUST universe],
can you then, as the next step,
establish full awareness
of the
struggle
in you
to heal this pain [i.e., can you establish full AWARENESS of the
STRUGGLE in you to HEAL this pain of
BELIEVING you live in an UNJUST universe].*

*They [i.e., The RESISTANCE to seeing the TRUTH, believing WRONGLY that the
“truth” is that you live in an UNJUST universe and your LONGING to see
the TRUTH that you DO, in fact, live in a totally JUST universe]
are two opposite
will directions.*

*At this point,
you need to understand
that there is no other cure
for this specific pain [i.e., this specific PAIN of believing
you live in an UNJUST UNIVERSE]
but*

- to obtain the relief
you resist most,*

that is,

- to ascertain
the connections
between*

- the causes you set in motion*

and

- their effects
on*

- yourself and*
- others.*

	<p>Once you remove your wall of resistance [i.e., Once you remove your wall of resistance to seeing the truth of these connections between causes and effects], you will see</p> <ul style="list-style-type: none">• how foolish it was to have it [i.e., how foolish it was to have this wall of resistance blocking the truth of these connections between causes and effects], <p>and</p> <ul style="list-style-type: none">• what a relief it is to see<ul style="list-style-type: none">• the orderliness,• the beauty,• the infinite merciful justice of Creation.
32	<p>Become aware of</p> <ul style="list-style-type: none">• living,• breathing, <p>and</p> <ul style="list-style-type: none">• being in a living substance that registers at all times all that you<ul style="list-style-type: none">• are,all that you<ul style="list-style-type: none">• manifest,all that you<ul style="list-style-type: none">• express,all that you<ul style="list-style-type: none">• strive for. <p>Your<ul style="list-style-type: none">• being,your<ul style="list-style-type: none">• aliveness has impact on the world you live in, whether you know it or not.</p> <p>Do not fear this fact [i.e., this fact that your BEING has IMPACT on the WORLD], do not resist it.</p>

You

- *fear and*
- *resist*

*knowing this [i.e., You FEAR and RESIST knowing
that YOUR BEING has IMPACT on the WORLD]*

because

you believe that

your

- *destructive aspects*

are

your

- *essence,*

your

- *ultimate reality.*

*[IF IT WERE TRUE that your DESTRUCTIVE aspects
were your ESSENCE and ULTIMATE REALITY,]*

*That would indeed
be unbearable.*

*That alternative [i.e., That alternative that your DESTRUCTIVE aspects
are your ESSENCE and ULTIMATE REALITY]*

*is whispered into your ears
by the forces of darkness
whose interest it is
that you*

remain

- *in*
 - *pain,*
 - *fear*
- and*
 - *confusion,*

- *disconnected from
the greater reality of life.*

*In the darkness
you prefer to*

- *struggle with
the pain of
an unjust universe,*

rather than

- *see
the*
- *beauty
and*
- *justice
of God's creation*

and

- *discover that
you are
ultimately
good.*

33

*So you need to
pray for*

*the faith in
your ultimate divine essence*

*that can
fully reveal itself*

*only
when you recognize
what covers it up.*

This step of

- *courage*

and

- *faith [i.e., faith that you ARE your ULTIMATE DIVINE ESSENCE]
is exactly
what you need to take on your path,
again
and again.*

	<p><i>The awareness of having impact on life</i></p> <ul style="list-style-type: none">• <i>through your very being,</i>• <i>through simply existing, will give you</i><ul style="list-style-type: none">• <i>a tremendous sense of peace</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>a sense of your own values</i> <p><i>rather than</i></p> <ul style="list-style-type: none">• <i>frighten you.</i> <p><i>It [i.e., This awareness that you ARE your ULTIMATE DIVINE ESSENCE and have IMPACT on life through your very BEING and by SIMPLY EXISTING] will motivate you to unfold</i></p> <p><i>all your still dormant divine potentials,</i></p> <p><i>with which you will then mold</i></p> <p><i>ever-newly unfolding life.</i></p>
34	<p><i>Life's infinite possibilities depend</i></p> <ul style="list-style-type: none">• <i>on every single created conscious entity,</i>• <i>on each entity's decision, in every fraction of time,</i><ul style="list-style-type: none">• <i>which way to</i><ul style="list-style-type: none">• <i>go,</i>• <i>which way to</i><ul style="list-style-type: none">• <i>think,</i>• <i>act and</i>• <i>will.</i>

*You
are the director
of your thoughts.*

*Your thoughts
do not
befall you [i.e., Your THOUGHTS do NOT befall you
by CHANCE or FATE].*

*Through
your thoughts,
you
create*

- the flow of
feelings*

and

- the direction of
your vital energies.*

*The
You
that can make these decisions
is
the already-manifest
divinity.*

*It is an illusion
to believe
that by
not making decisions
in your*

- thoughts,*
- opinions or*
- acts,*

*you have
no impact.*

*Even when
you
actively choose,

you often doubt
that your decisions

have impact.*

*How much more
will you doubt [i.e., will you doubt that you have any significant impact]
when it comes to*

your
• *non-actions,*

your
• *lukewarm withholding*

or

- *not taking a stand,*
- *not actively searching for truth at all times!*

*The reality is
that your
• non-actions
are
• actions in themselves
that have every bit as much impact
as your
overt actions.*

*Your soul substance
registers
• the hidden motives for
non-action.*

*It [i.e., Your soul substance]
registers
• feelings and
• attitudes
that are contained
behind
the decision
not to act.*

35

Since
 you are
 • *consciousness,*
since
 you are
 • *a divine manifestation,*
you cannot help
 breathing into
 the world substance
 by virtue of
 simply existing.

All consciousness
 does that.

• *Being*
 must affect
 • *life,*
 • *simply being [i.e., simply by BEING].*

Be aware of
 the
 • *great privilege,*
 the
 • *great power,*
 the
 • *dignity,*
 the
 • *infinite possibility*

 that this [i.e., that this reality]
 confers on you.

Know that
 • *each thought you harbor*
 is a distinct energy formation,
 • *sending out*
 • *waves*
 and
 • *rays,*
 • *creating*
 according to
 the nature of
 the thought.

*Open your eyes
to the beauty
of the fact
that you are,
with your present limited consciousness,
already
a co-creator of reality.*

*You can
represent God
on the level of*

- manifest,*
- material,*
- three-dimensional
reality,*

*or you can
do the devil's work –
unwittingly in your case,
but no less harmfully.*

36

*Allow yourself
to*

- ponder,*

to

- meditate,*

to

- visualize*

*that –
by simply being –
you send out
constant rays
that convey
a meaning
which creates
distinct effects.*

*Let
this new vision
lend*

- *a new dignity
to your life,*
- *a new motive*
 - *for becoming
as creative as possible
through your very being,*
- *for finding
the*
 - *peace and*
 - *security**your soul
has desired
for such a long time:
to know that there is*
 - *perfect,*
 - *sublime,*
 - *infallible**justice
in the world you live in.*

37

*My beloved friends,
your sphere
is ready*

- *for*
 - *new and*
 - *higher
values,*
- *for*
 - *new understanding and*
 - *a deepening of insight
about
the nature of life.*

*Our world
is actively involved with*

- *awakening
this new awareness and*
- *encouraging it
to express itself
in practical ways.*

*We have made
many inroads
through*

- *various channels,*
- *various types*

*of divine influx,
all over your world.*

*Little by little
new ideas
are spreading
from various sources.*

Since

the forces of darkness

*have their power
over your sphere,*

*it is unavoidable
that these
new*

- *values and*
- *ideas*

are, at times,

- *polluted and*
- *distorted.*

Nevertheless,

the power of

- *awakening*

and

- *growing*

consciousness

cannot be halted.

*The current
is in flux.*

*The great waters
of*
• truth,
of
• love,
of
• wisdom,
of
• divine reality,
of
• the Christ consciousness

*• seek their channels
and
• break through obstructions.*

*Every one of you
can be instrumental in*

*• removing
more of the obstructions*

and
*• halting the pollution
of these clear waters.*

38

*The
earth consciousness
is ready for
a great new step.*

As with

- *individual consciousness,*
- so with*
- *a collective entity:*

if overall

- *growth*

and

- *potential*

for

- *more understanding*

and

for

- *acceptance of*

- *truer,*

- *divine*

values

is hindered

by parts

that

resist this movement,

- *crisis and*

- *pain*

are inevitable.

- *Pain and*

- *crisis*

are much more severe

in these instances [i.e., PAIN and CRISIS are more SEVERE in these instances when the overall CONSCIOUSNESS is more DEVELOPED, is GROWING, and there is potential for more UNDERSTANDING and for acceptance of TRUER, DIVINE values]

than when

the overall consciousness

is less developed

and, therefore,

on a more even keel.

I have said this

many times before,

in different contexts.

World history

gives you

a clear map

of this phenomenon.

Whenever there was

- *war*
- and*
- *world catastrophe,*

*the entity earth
was ready
to take a step
in its*

- *growth process,*

in the

- *expansion of its
collective consciousness,*

but parts of the entity

*hindered it [i.e., hindered the entity earth from taking this step forward
in growth and expansion of collective consciousness]
through succumbing to
resistances [i.e., through succumbing to resistances
blocking growth and expansion of consciousness].*

*These resistances [i.e., These resistances that were
blocking growth and expansion of consciousness]
came from quarters that*

- *either deliberately*
- *or unwittingly*
- *listened to
the inspiration of
evil entities*

and

- *then gained*
 - *power*
- and*
- *influence
over the rest of the world.*

	<p><i>Those who</i></p> <ul style="list-style-type: none">• <i>listened to</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>followed</i> <p><i>these powerful factions</i></p> <p><i>were, in their own way,</i></p> <p><i>as responsible as</i></p> <p><i>those who were</i></p> <p><i>directly instrumental</i></p> <p><i>in halting the process of unfoldment [i.e., in HALTING</i></p> <p><i>the process of UNFOLDMENT of CONSCIOUSNESS].</i></p>
39	<p><i>Now</i></p> <p><i>your earth sphere</i></p> <p><i>is ready for</i></p> <p><i>a big step forward.</i></p> <p><i>All the</i></p> <p><i>inner</i></p> <p><i>faculties</i></p> <p><i>have been prepared for this step.</i></p> <p><i>The forces of darkness</i></p> <p><i>know this</i></p> <p><i>and use</i></p> <p><i>every means at their disposal</i></p> <p><i>to halt the process.</i></p> <ul style="list-style-type: none">• <i>If they succeed [i.e., If the FORCES of DARKNESS SUCCEED],</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>to the degree they succeed,</i> <p><i>world crisis</i></p> <p><i>ensues.</i></p>

*Every one of you
has been prepared
through your
personal path,
• in which
you have liberated yourself*

*from much
• confusion
and
• pain,*

*from much
• guilt
and
• fear,*

*and
• in which
you continue to
• cultivate this process
and
• bring it to fruition.*

*Cultivating the process [i.e., Cultivating the process of your pathwork]
in your own life*

*enables you
to become intensely aware
• of what is at stake here,
• of how instrumental
you, as an individual,
can be:
• first
by
creating
• truth and
• order
within yourself
and
• then, as a result of this,
by
helping to do the same
for the entity earth.*

40

You often speak of your

"outreach program."

*I say to you, my friends,
that*

*your world
is indeed ready*

to

• listen,

to

• hear,

and

to

*• begin to make the effort
to understand*

the new

• values and

• truths

you are constantly learning here.

*Many of these values
have already become
second nature to you.*

*Other values
you perceive
only as vague outlines
and you struggle
to make them part of you.*

*Be that as it may,
you –
this community as a whole –
are ready
to*

• reach out

and

• present to the world

*much of
what you have learned.*

	<p><i>When you become more aware of the power you have to mold life,</i></p> <p><i>you</i></p> <ul style="list-style-type: none"><i>• will avail yourself of this positive power</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• will be open to the guidance that wants</i> <ul style="list-style-type: none"><i>• to come through many of you,</i><i>• to reach into your surrounding world</i> <p><i>in many different ways.</i></p>
41	<p><i>I ask you to make every effort possible to comprehend this lecture.</i></p> <p><i>Complete this understanding by linking it up with the preceding lectures of this year.</i></p> <p><i>Your awareness is growing by leaps and bounds.</i></p> <p><i>Inner knowing is seeping through, bringing you a vision of the world as it really is.</i></p>

- *Knowledge,*
- *the experiential knowing*
of
infinite justice,

must give you
the

- *peace*
- and*
- *security*

you long for
in your heart.

Know that

- *all you*
• *are,*

- *all you*
• *think,*
• *will,*
and
• *feel,*

is impressed into

a malleable universe.

Do not let

the initial fear of this thought [i.e., this thought that ALL you ARE, ALL you THINK, WILL and FEEL is IMPRESSED into a MALEABLE universe]

drive you back
into your world of

- *darkness,*
- *fear,*
- *resistance,*
- *distrust*

and

- *pain –*

the pain of injustice.

*This
pain of injustice
can only be healed
when you
muster the courage
of allowing yourself
to know*

- *that your negativity
causes pain
to*
- *others*

*and
to*

- *yourself,*

- *that it [i.e., that YOUR NEGATIVITY]
has
definite consequences.*

The

- *courage*

and

- *truthfulness*

*of this realism [i.e., the TRUTHFULNESS of this realism that
YOUR NEGATIVITY CAUSES PAIN],*

the

- *maturity*

*of this attitude [i.e., the mature attitude that your negativity causes pain]
must –*

*far from indicating
a hopeless state
in*

- *you*

*and
in*

- *your relationship to God –*

restore

- *your faith*
- *in Christ,*
- *in love,*
- *in goodness,*
- *in mercy,*
- *in the world*

as it is created.

	<p><i>It [i.e., Your TRUTHFUL REALISM and MATURE ATTITUDE that YOUR NEGATIVITY CAUSES PAIN to YOURSELF and OTHERS]</i></p> <p><i>will</i></p> <p><i>restore</i></p> <p><i>your</i></p> <ul style="list-style-type: none">• <i>soul,</i> <p><i>your</i></p> <ul style="list-style-type: none">• <i>faith</i> <p><i>in</i></p> <ul style="list-style-type: none">• <i>yourself</i> <p><i>and</i></p> <p><i>in</i></p> <ul style="list-style-type: none">• <i>God</i> <p><i>and</i></p> <p><i>in</i></p> <ul style="list-style-type: none">• <i>all that is good.</i>
42	<p><i>Since</i></p> <p><i>life</i></p> <p><i>is</i></p> <p><i>change,</i></p> <p><i>your lower self</i></p> <p><i>is also</i></p> <p><i>a constantly changing aspect of life.</i></p> <p><i>It [i.e., Your lower self]</i></p> <p><i>contains</i></p> <p><i>innate capacities</i></p> <p><i>to transform</i></p> <ul style="list-style-type: none">• <i>the worst</i> <p><i>into</i></p> <ul style="list-style-type: none">• <i>the best.</i>

*Taking responsibility
for the lower self
is no longer
so difficult
for most of you.*

*You have learned to do so
and thereby
you have gained
new*

- *freedom*

and
new

- *self-esteem.*

*What is still difficult
for you to accept
is the fact that*

- *lower-self aspects
have effects,*

and

- *they [i.e., and these lower-self aspects]
influence
more of your*
 - *thinking*

and

- *acting,*

your

- *perceptions*

and your

- *reactions,*

than you wish to admit.

*It is this very fear [i.e., It is this FEAR that your LOWER-SEF aspects still have so
much INFLUENCE over your THINKING, ACTING,
PERCEIVING, and REACTING]
that causes*

*the deeper
fear of injustice.*

*In not facing
the consequences
of the lower self,*

you try to cultivate

the illusion

*that there are no effects [i.e., the ILLUSION that there are
NO EFFECTS of your lower-self aspects and behaviors].*

*If you pursue
this line of*

- inner,*
- unconscious
reasoning
to its logical end,*

*you create
an imaginary
world of*

injustice.

This

- suits*

the wishful thinking

of the lower self

and

- makes you
afraid of*

*the consequences [i.e., makes you AFRAID of the CONSEQUENCES
and EFFECTS of your lower self aspects]*

you yourself create.

43

Use

- *this clear indicator,*
- *this key:*

*to the degree
you experience*
• *fears*
and
• *anxiety,*

*to that degree
you feel the pain
of an unjust universe,*

and
*to the exact same degree
you do
not
want to know
that
your lower self
has*
• *effects*
and
• *consequences.*

Conversely,

*to the degree
you name the fear [i.e., to the degree you NAME the FEAR, rather than
merely experience it or vaguely feel it],*

you look into [i.e., to that degree you look into, explore and DISSOLVE]

*the pain of injustice
that gnaws at your insides.*

*Furthermore,
to the degree

you overcome

the resistance
to seeing
how you wish
to disconnect
from the consequences
of lower-self attitudes,

to that exact same degree

you*

- will free yourself
of an immeasurable burden*

and

- will gain
a deep new security:
the security
that
all is
very well
with life.*

44

*You are all blessed,
my beloved friends.*

*Many of you
have learned much
in your innermost being.*

*Many of you
are struggling
in your growth*

*and, as I said before,
it is a
noble struggle
that elevates you
in the best sense of the word.*

- *Continue
this good struggle,*
- *be an instrument
for
God's Great Plan,*
- *put yourself
under
Christ's protective*
 - *energy**and*
 - *consciousness.*

*You live
in a sea of*

- *love,*

*you breathe into
a universe of*

- *sheer goodness.*

*Make yourself
conscious of
this
most beautiful
of all facts of life!*

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