

## ***227 Faith in God Begins With Faith in Oneself***

In this quote from L102 (P47 ¶40 – P49 ¶41) *The Seven Cardinal Sins*, the Guide speaks of faith in God requiring faith in oneself.

40	<p><b><i>QUESTION:</i></b> <i>The conquest of fear in Matthew is by way of  faith in God.</i></p> <p><i>How would you relate that to our teachings?</i></p>
41	<p><b><i>ANSWER:</i></b> <i>As you all know by now, faith in God, in a</i></p> <ul style="list-style-type: none"><li><i>• genuine,</i></li><li><i>• secure,</i></li><li><i>• profound, and</i></li><li><i>• sincere</i></li></ul> <p><i>way, can only exist if you first have faith in yourself.</i></p> <p><i>To the degree that you lack faith in yourself, you cannot have faith in God.</i></p>

*Yes, you*  
• *can*  
*superimpose it [i.e., superimpose “faith in God”]*  
*and*  
• *deceive yourself about it [i.e., deceive yourself about*  
*“believing” that you have a “faith in God”],*  
*out of a need to*  
*cling to a*  
  
*loving authority,*  
  
*but it cannot be*  
*true faith*  
*unless you have gained the maturity of*  
  
*faith in yourself.*  
  
*Now,*  
*how can you have faith in*  
*yourself,*  
  
*unless you*  
  
*understand yourself*  
*as much as possible?*  
  
*As long as you*  
• *are puzzled*  
*and*  
• *grope in the dark about*  
*what effect*  
*you have on others*  
*and*  
*the effect*  
• *life*  
*and*  
• *others*  
*have on you,*  
*you ignore*  
*some vital information*  
*about*  
*your own psychic life.*

**Ignorance** [i.e., This ignorance regarding some vital information about  
your own psychic life]

is a result of

- your inner unwillingness  
to discover

the truth,

- an unwillingness  
that is often

unconscious.

**Overcoming the**

**hidden resistance** [i.e., OVERCOMING the hidden RESISTANCE to discovering  
the TRUTH of your own psychic life]

will make you

- understand  
yourself  
better

and [i.e., and make you]

- have increasing faith  
in

• yourself,  
and thus

in

- God.

**Only in this way**

**can you**

**conquer fear.**