This lecture is given in an expanded poetic format, what I call a Devotional Format of the lecture, and in that sense, this is my interpretation of the intent of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, devotionally.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The original text is in bold and italicized. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/

Gary Vollbracht

<table>
<thead>
<tr>
<th>03</th>
<th>Content</th>
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<tbody>
<tr>
<td></td>
<td>Blessings, my dearly beloved friends.</td>
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<tr>
<td></td>
<td>God’s light envelops you all.</td>
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<td></td>
<td>This light [i.e., God’s light] contains all you need.</td>
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<tr>
<td></td>
<td>Try to</td>
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<td></td>
<td>• perceive it [i.e., Try to perceive God’s light],</td>
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<tr>
<td></td>
<td>try to</td>
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<td></td>
<td>• feel its reality [i.e., try to feel the reality of God’s light].</td>
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</table>
It [i.e., God’s light] is always there for you, and to the degree you refine your inner being through the purification process, you cannot help being aware of this light [i.e., God’s light] that flows through • all the universe, through • all of creation.

Those of God’s children who have chosen to make the very best of their lives through such a path [as this pathwork] are especially blessed.

For with this opportunity to • purify themselves and • serve God, they fulfill a great need in the Plan of Salvation.

In this lecture I would like to speak about some significant aspects of the New Age. This term [i.e., This term, the “New Age,”] has been used a lot recently by certain groups of people.
• Some use it [i.e., Some use this term, the “New Age,”] with correct understanding,

• some manage to make it [i.e., some others make this term, the “New Age,”] into a cliché.

This [i.e., Turning this term the “New Age” into a cliché], however, is unavoidable;
it [turning spiritual truths and terms into meaningless clichés] happens with all concepts of truth, because of a human tendency to be glib and lazy, and to label, so as to avoid feeling the reality of a specific truth.

But those who do not fall into this trap should not give up altogether using a term that conveys a true concept.

I have often warned against this tendency in the past and have sometimes suggested new words, different expressions for the same truth, or repeated the true meaning of a specific word to keep its true concept alive.
As far as the New Age is concerned,
I have stated before
that at certain intervals in history
a new influx
streams into your world
because
humanity has grown sufficiently
to be ready for it.

This is so now.

We have often discussed
• the meaning and
• the significance
  of the New Age
  in general terms.

We talked about
the consciousness
of the Christ spirit [i.e., about the Christ consciousness]
• permeating this world,
• trying to penetrate
  the consciousness of individuals
to an ever greater degree.

Such a powerful influx [i.e., Such a powerful influx of the consciousness of the Christ spirit, or influx of the Christ consciousness]
must be accompanied by
certain manifestations
that are
not
always
• pleasant,
• welcome,
• agreeable or
• even constructive.
Many events
  on your earth
  that are
    outright undesirable
    are direct results of
      this influx [of the consciousness of the Christ spirit].

In fact, without them [i.e., without these undesirable events]
the
  * growth and
  * expansion
    of consciousness
      inherent in this
        New Age
          could not take place.

Your own mind
  is still very much
    geared to
      the immediate.

You believe that
  what is
    * good and
    * right
      at this moment
    will also
      ultimately
        be
          * good and
          * right.

You believe that
  what may
    appear
      * evil
        to you
          now
    is also
      ultimately
        * evil.
This [i.e., This sense of an event having to be either good both now AND ultimately or evil both now AND ultimately] is hardly the case.

Sometimes an outright negative manifestation [in the NOW] may indeed be necessary [and hence ULTIMATELY good] for a total development to take place.

This applies to
• the individual
as well as to
• mankind as a whole,
or, to put it differently,
to
• the entity earth.

In this lecture I should like to discuss some specifics that accompany the new influx.

One [of these specifics that accompany the new influx of the Christ consciousness] is communication.

Communication is a by-product of highly developed consciousness.
To the degree that
development of spirit
exists,
the ability to
• communicate,
to
• listen and
• express
  • adequately and
  • appropriately
also exists.

[Conversely]
To the degree that
development [of spirit]
is still impaired,
the ability to
• communicate
is
limited.

So [i.e., When development of spirit is impaired and hence where ability to communicate is limited]
you see
innumerable people
who
• cannot and
• will not even try to
  put into words
what they really
• feel
  and
• think.

They are either
too proud
or they
demand
to be understood by others
without having to labor
to make themselves understandable.

For it [i.e., For making yourself understandable]
does require some labor.
| Communication is an art that everyone can and, indeed, must learn. |
| It [i.e., Communication] requires • goodwill, • a positive intentionality, and • a will to cooperate. |

| Let us start by examining the outermost level [of communication]. |
| It is no coincidence that one of the major byproducts of modern technology is communication. |
| Even though this level of communication [i.e. the level of modern technology's impact on communication] applies to • outer events only, it [i.e., modern technology's impact on communication] has a tremendous impact on the • inner levels of humanity. |
| In the first place, it [i.e., modern technology's impact on communication] brings people much closer together. |
In former times there was a greater sense of separateness because
• the distance between people and
• their lack of communication created the illusion that others
• were intrinsically different and alien,
and therefore
• were enemies to be distrusted.

Experiencing others to be similar when it comes to the basics of
• living,
• dying,
• suffering and
• longing, eliminates much
• illusion,
• fear and
• enmity.

It [i.e., Experiencing others to be similar to you when it comes to basic life experiences] contributes to the ever-growing unity of humankind.
Knowing what is going on in the world has a definite impact on spiritual growth.

- Isolation and
- separateness between people in the past made the world appear too vast to be encompassed.

One's own tragedies seemed unique, hence a sense of
- brotherhood and
- sisterhood was totally lacking.

Today even the least spiritually inclined individuals experience your entire planet in very different ways.

Things no longer appear
- strange or
- foreign.

There is a greater overall awareness, because knowing the events that happen right now in a different corner of the earth has an impact on the soul's development.
<table>
<thead>
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<th>11</th>
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</table>
| **So you see, my friends,**  
  **technology**  
  **is not**  
  **in opposition**  
  **to**  
  **• spiritual development and**  
  **to**  
  **• spiritual life.**  
  
**However, it [i.e., technology]**  
**is often**  
**• abused and**  
**• misdirected**  
**and therefore it is**  
**• seen as**  
**an obstacle to spirituality.** |

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<th>12</th>
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</table>
| **This again shows how**  
  **everything**  
  **• in the universe and**  
  **• on this earth**  
  **• is intrinsically**  
  **an expression**  
  **of divine**  
  **• will and**  
  **• creation**  
  **and**  
  **• can and**  
  **• should**  
  **serve the great plan [i.e., the Plan of Salvation].**  
  
**Nothing**  
**can be created**  
**that does not have**  
**its roots**  
**in the world of spirit.** |
All demonic manifestations can only be
- distortions and
- misuses
of divine creation.

They [i.e., Demonic manifestations] can never be self-creative [i.e., Demonic manifestations can never be CREATED by the “demon” per se].

Your present ability
- to witness
and thus
- to experience events
  with your brothers and sisters elsewhere
has a significant impact on your soul.

Your ability
to move relatively fast from one corner of your earth to the other brings you closer to the laws of the spirit world, where movement is
- instantaneous,
- one with thought.
Communication
is a most important byproduct of
advanced spiritual states.

The ability to communicate
on more
• subtle and
• personal
levels
has also
greatly improved
over the last decades.

Psychological approaches
have created
• a greater awareness
  of self
and therefore
• a greater capacity
  • to understand oneself;
  • to express oneself to others,
  and thereby
  • to communicate.

Before this particular influx,
most human beings
were
completely in the dark
about
• themselves,
• their feelings,
• their needs,
• their true reactions,
  let alone
  those [i.e., let alone the feelings, needs
  and true reactions]
  of others.

It was therefore
impossible
  to create a bridge with another person
  in a significant way.
Similarly, a child in an early stage of development does not really know:
• that it is
  • hurt or
  • lonely,
• that it needs more
  • love,
  • attention or
  • understanding.

If this awareness were articulate in the child, it would be a relatively small step to convey these feelings to another person.

Without communication, you live:
• in the dark,
• alone in a fog of confusion,
• isolated from others.

The Christ spirit represents exactly the opposite.

It [i.e., The Christ spirit] brings the great light of:
• awareness,
  • communication and
  • brotherhood and sisterhood.
Obviously, true communication presupposes communication with:
- the self,
- the inner levels of being that were inaccessible before.

Understanding the self is:
- the groundwork,
- the foundation, for you cannot:
  - convey,
  - explain and communicate something you do not know.

So a path such as the one I guide you on [i.e., a path such as pathwork] must always be primarily concerned with:
- self-exploration and
- self-knowledge.

It must never stop there, however.

Self-knowledge is only the preliminary phase.

The next organic step [i.e., the next organic step after self-knowledge] is learning the great art of communication.
This [i.e., Learning the great art of communication] requires
- intention,
- thought,
- practice,
- self-observation.

It [i.e., Learning the great art of communication] means
giving up
the state of being only half awake,
assuming
unthinkingly
that others
should know
what you
feel.

It [i.e., Learning the great art of communication] means
making the effort
- to explain,
- to reach out,
- to search through
  the mazes of misunderstanding –
  • patiently and
  • lovingly.

Here [i.e., Here in learning the great art of communication],
as in everything else,
practice leads to
an increasingly
- spontaneous and
- automatic
  ability
- to be
  outwardly
  what you were previously
  only
  • secretly and
  • inwardly, and
- to communicate this state
to others.
Just use your imagination
and think about
the enormous difference
this [i.e., this practice of the art of communication]
makes in human communication.

How often do you believe
someone is mean to you
when, in reality,
this other person
  • fears you and
  • erroneously uses a
    • coldness or
    • rejecting attitude
      as a defense?

Knowing this [i.e., Knowing that the person fears you and is erroneously
using defenses of coldness and rejection against you]
removes
your
  • fear,
your
  • false pride
your
  • anger.

It [i.e., Knowing that the person fears you and is erroneously
using defenses of coldness and rejection against you]
may enable you
to meet this person
in an entirely different way
that, in turn,
will dissolve
  his or her negative defense
  that alienates you.

So you see how
communication
brings souls together,
eliminating walls of fear
that create
hate
  between humans.
Therefore

communication

is an intrinsic part of

the good life.

However,

the fact

that you may

attempt
to explain yourself

is not enough.

The

way

in which you reveal yourself

is what makes communication

an art.

If you explain yourself

in a way that implies

• blame and
• accusation,
you only create

a bigger wall.

But

if you attempt to explain yourself

by simply conveying

your

• feelings and
• needs,
your

• impressions and
• assumptions

in a

• questioning and
• open spirit

without insisting

that they [i.e., that your assumptions]

be the truth,

then you can reach

a true understanding.
[In this way]

You can establish
• clarity,
• light and
• truth.

By
• learning
  the skill of communication,
and
• practicing it [i.e., and by practicing the skill of communication]
  as an art,
    you foster
    • love and
    • unity.

How can you
• assuage your loneliness
  unless you
    establish bridges with others?

How can you
• lose your fear of people
  unless you
    truly expose the misconception
      that others want to be your enemies?

You can achieve this [i.e., You can assuage your loneliness and lose your fear of others, fear brought on because of your misconceptions]
  only by
    taking the trouble of
    exploring
      yourself
        sufficiently
          to know what it is
            you really feel.

Often
  you believe
    that you feel in a certain way,
  yet it is
    not at all
      what is really
        going on in you.
<table>
<thead>
<tr>
<th>You need to</th>
<th>take the apparent risk of explaining yourself, even if this can rarely be done in one simple stroke.</th>
</tr>
</thead>
</table>

[Rather than trying to explain yourself in one simple stroke,] You need to enter an ongoing dialogue, • full of goodwill, • increasing your willingness • to shed your pride and • to give up your stake in blaming.

This is what communication entails on an emotional level.

This is how the great oneness among all human beings will be established.

This is how • fear and • hate – hence • war on all levels – will increasingly disappear.

In other words, true communication will contribute to bringing the Kingdom of Heaven to earth.
But there is an
even deeper level of communication
which you
ignore.

It [i.e., This even deeper level of communication that you ignore]
is still
very obscure
but
once you focus your attention on it,
it will reveal itself
as clearly as
the levels [of communication that]
I have just discussed.

All interactions
between human beings
ultimately
contribute to
the final aim:
• reconciliation,
• oneness,
• brotherhood,
• love,
• understanding,
• truth.

In the final analysis,
even the
most negative interaction
between individuals
serves this [final aim and] purpose.
When
  two entities – either
    • individual or
    • collective
  ones –
  are involved in
  a negative interaction,

a deeper purpose
  is being fulfilled,
  even if
  the interaction
    has a most undesirable result
    at the moment.

The higher selves
  of both entities
  are always at work.

The higher self
  has not created
  the negative interaction per se,
but it [i.e., but the higher self]
  uses
    what already exists – negativity –
    for the purpose of
      dissolving it [i.e., for the purpose of dissolving the negativity].

The
  • dissolution and
  • transformation
  of negative material
    cannot possibly take place
    unless
      there is
        an outright manifestation [of the negative material].
Even if the entities involved [in a particular negative interaction]
  • are totally in the dark about the part they themselves play in this [negative] interaction

and
  • are still on the level of self-righteous one-sidedness, they [i.e. the entities involved in this negative interaction] nevertheless serve a higher purpose.

How much more does this [serving a higher purpose] happen when entities [rather than being in the dark and feeling self-righteous in their one-sidedness, instead] recognize the total truth of an interaction [i.e., recognize the total truth of a negative interaction] that may be hidden from their immediate view!

So you can see, my friends, that underneath the lower-self exchange, a higher-self exchange exists simultaneously between the entities in conflict.

This is a very important new thought for you to contemplate.
Just imagine:

two

• people – or
• groups of people –
  are at war
  on the surface.

They

• hate and
• accuse
  each other.

They

• wish each other the worst and
• want to harm each other.

At the same time,
  on a deeper level,
  these entities
  agree.

They know
  that

what occurs on the surface
  serves
  • the common good,
  serves
  • truth and
  • love,
  serves
  • their unity.
On this path, when

two of you
  • are at odds with each other
and you
  • work very deeply
to come to the truth
  of the issue,
you often experience
a wonderful conciliation
  in which
  love unites
  the same two individuals
  who
  • hated and
  • accused
each other
  before.

You then
witness
what I explained just now.

On your earth sphere,
in this dimension,
the manifestation of conciliation
happens in
sequential time:
  first
  • the hate,
then
  • the search for truth,
then
  • love and
  • unity.

On the deeper level of being,
there are
no such sequences.

[Rather, on the deeper level of being,] • Truth
  • love and
  • unity
  always exist simultaneously.
Take this
new vision
into account.

It will help you perceive
that
every situation,
* no matter
  how hopelessly
  * confused and
  * negative
  it may appear,
* simultaneously
  harbors
  inner
  * truth,
  * love and
  * unity.

Your understanding of this
will accelerate
the conciliations
on the level of
sequential time,
so that
enmity/search/truth/love/unity
follow each other
in ever quicker succession.

The influx of
the Christ consciousness
brings more
spiritual
* values and
* laws
to your plane.
Many spiritual laws and values are generally known through religions, but few [spiritual laws and values] are truly understood and experienced in depth, let alone lived on the innermost levels.

Still too often humanity takes these laws, confuses and distorts them, and then either disregards them altogether because, distorted, they make no sense, or hypocratically obeys them on a surface level that fails to reach the inner person.
The more humanity grows,
the greater the influx of
the Christ light can be, and
the more it will be possible
to make true spiritual values
part of the human consciousness.

In this particular lecture we are dealing, first of all, with
the law of brotherhood, which I have often mentioned.

Without brotherhood there is no love,
without love there is no brotherhood.

Love is • union.

Hate is • split,
• dissension,
• isolation.

Love means
mutual understanding.
Yet for understanding to grow,
• effort and
• goodwill
are necessary.

In other words,
• love
is not
something that happens like a miracle,
nor is
• union [something that happens like a miracle].

You cannot experience union with
• God
unless you are able to experience union with
• your brothers and sisters,
• those you think are your enemies.

On the • outer level you may not achieve friendship with them [i.e., friendship with your brothers and sisters], for it [i.e., for friendship] takes [i.e., requires] both parties to really desire
• truth and
• union.

But on the • inner level you may well be quite consciously connected with the higher self of that person.
Never forget that
• love –
  union with
  • God and
  • other people –
  is the result of
  • communication.

And
• communication
  is a result of
  • serious effort,
    with a commitment to use
    your
    • attention and
    your
    • energies,
      • to make yourself
        understood
        in the best possible way,
        and
      • to understand
        the other.

For both purposes [i.e., For making yourself understood and
for understanding the other],
you need to
• empty your mind
  of all
  preconceived ideas
  [that] your lower self
  has a stake in retaining.

You need to
• put aside
  • enmity and
  • distrust.

You need to
• listen
  • deeply and
  • openly.
You need to
• convince the other
  of your goodwill
    for
      the truth.

You need to
• summon the maturity
  to realize that
    others
do not know
  what you
• mean,
• feel,
• think and
• want.

You need to
• explain yourself
  in the
• deepest,
• most sincere
  way possible.

If you proceed in that way,
you will find
no problem
between
• you
and
• others
  that cannot be resolved.

Great
• strength and
• self-esteem
  will grow from this,
    my friends.
First, however, you need to sacrifice your:

- pride,
- stubbornness,
- pleasure in having a case against someone or your
- fear of finding out that you are wrong and bad.

You must put all this aside.

In that way you will greatly contribute to the ever-growing flow of communication that is unprecedented in your era.

In that way you help herald an important aspect of the Christ consciousness within:

- yourself
- and
- others.

You then truly become a servant to God's plan [i.e., the Plan of Salvation].
Desist from yielding to the temptation to
• keep yourself locked up in
  • isolation and
  • resentment.

Desist equally from yielding to the temptation to
• accuse and
• blame.

Make yourself neutral,
  at least temporarily,
  until you have the chance of finding out what the truth is.

Do not fear the truth.

It [i.e., The truth] will be so liberating!

It [i.e., The truth] will let you off the hook of your own secret self-accusation and
it [i.e., the truth] will free others of your accusations [of them].
You may well find imperfections in both
• yourself
and
• others,
but these imperfections will have a new connotation that will free you of
• hurt and
• shame,
as well as [free you of] the need to put
• hurt and
• shame
on others.

Yes, my friends, this is what you have been doing in your work all along.

I am not telling you about a new process, but I want to shed a new light on it [i.e., shed a new light on the work you have been doing all along] now, from a new angle, so that you can deepen your commitment to follow through.
The new influx of
the Christ consciousness
sweeps through your world
with tremendous force,
yet
its manifestations
are not always recognized.

At first
the influx [of the Christ consciousness]
reaches humanity's
inner
consciousness.

Wherever
there is the slightest potential,
[humanity's inner] consciousness
begins to change
• gradually,
• subtly.

It [i.e., Humanity’s inner consciousness]
may change
through
• new ways
  of thinking about
  life
or
through
• a desire to find a way
to understand
  • the self
  and
  • life
  more profoundly.

Even those
who are less
• ready and
• developed
may lend a hand,
perhaps unwittingly,
to the unfolding of
the Great Plan [i.e., the Plan of Salvation].
They [i.e., those who are less ready and less developed], too,
become instruments,
even though
their instrumentality
may appear
entirely negative.

Through their sphere of
• influence and
• activity
they affect events,
which then conspire
to bring about
new conditions.

It is again, as I explained before,
the higher self
of such a person
• working
  in conjunction with
  the Plan [i.e., the Plan of Salvation] and
• using the
  negative outer will
to contribute
  positively
to the whole picture.

The new influx –
called
the New Age –
also affects
outer
events,
often
in a most obscure way.
What may appear an entirely
• undesirable,
• negative
occurrence
is, in reality, a necessity for
• establishing new values and
• reestablishing life
based on
• spiritual premises,
• truth and
• love.

In other words, destructiveness
that has advanced so far that it can no longer be
• changed,
• molded or
• transformed,
needs to be destroyed before a
• new and
• better structure can be erected.
Many destructive events on your earth are of this kind [i.e., the kind of destructive events that destroy the destructiveness that has advanced so far that it can no longer be changed, molded, or transformed].

You need to learn to distinguish between
• those [destructive] events that are
  • outright unnecessary and
  • directly opposed to life, being expressions of evil,
and
• those [i.e., those destructive events] that fall into the category I just described.

The distinction [between these two kinds of destructive events] is not always immediately clear,
but as you
• train your inner vision
and
• become more aware of these processes of creation [i.e., aware of these processes of creation that sometimes require destruction of the old and entrenched destructive structure before the building of the new structures can be started], your perception will become more accurate.
Many of you already see that new values are
  • springing up all over,
  • working their way laboriously through
    • the thicket of obsolete values,
    • the old
      • negative and
      • destructive attitudes toward life.

The new values are still
  • small and
  • delicate plants that need nurturing with
    • courage,
    with
      • commitment to the larger cause of life and
    with
      • the ever-necessary self-honesty that fosters
        • development and
        • expansion of individual consciousness.

The more people nurture this growth, the stronger
the new plants will become on your planet.
The process [of growing new values] is always based on a cellular structure.

It [i.e., The process of growing new values] begins with the single cell, the individual consciousness that needs to change.

Such individual change cannot take place in isolation, but always in conjunction with others.

For
- individual consciousness is part of
  - the collective consciousness,
  - the great whole.

Individual
- values and
- development can only be measured by interaction with others.

Communication is one aspect [of individual development] that improves interaction [with others] until there is no separation.

The more individual cells of consciousness begin to
- purify and
- align themselves with the divine will,
the more they [i.e., the more the individual cells of consciousness] will affect the totality of the earth entity.
The [individual] cells 
meld into 
one structure, 
although 
they [i.e., the individual cells] 
each have 
their individual life.

You have
a great deal of ambivalence
about this melding [i.e., this melding of the individual cells of consciousness into one structure].

On the one hand,
• you fear giving up
what you call
your individuality.

  • You believe that
    • your uniqueness,
    • your particular divine manifestation,
      is dependent on
      your separation.

  • You falsely assume that
    in oneness with the whole
    you lose
    what is
    uniquely yours.

    In reality
    it is just the other way round [i.e., in oneness with the whole you more fully manifest what is uniquely yours].

Thus
you struggle against
the innate fate
of all created beings –
the striving toward oneness.
You
• resist and
• fight
  it [i.e., you resist and fight against striving toward oneness
  which is the innate fate of all created beings],
  to your great chagrin.

For, on the other hand [i.e., the opposite hand to the hand that fears losing your
uniqueness and individuality should you move toward oneness],
the longing for
  oneness
  can never be relieved
  without
  oneness
  being achieved.

The longing [for oneness]
  is desperate
  in your soul, and
the pain of
  not experiencing oneness
  is excruciating.

• Not knowing
  of this [desperate] longing [for oneness in your soul],
• not feeling
  the [excruciating] pain [of not experiencing oneness],
  is even worse [than the pain of the desperate longing for oneness
  per se and the excruciating pain of not
  experiencing oneness per se];
  it [i.e., this state of not knowing the pain of this longing for oneness
  in your soul and not feeling the pain of not
  experiencing oneness]

is a state of
• apathy,
• unaliveness,
• confusion and
• secondary pain.
It [i.e., This state of not knowing the pain of this longing for oneness in your soul and not feeling the pain of not experiencing oneness]

is a state that you can never understand because it [i.e., this state of not knowing the pain of this longing for oneness in your soul and not feeling the pain of not experiencing oneness]

is a result of a long chain reaction whose origin is precisely the pain of denying oneness.

It has often been mentioned that
• the New Age, or as it is also called,
• the Aquarian Age, brings about group
  • formations, group
  • consciousness.

Such a process [of group formations or group consciousness] has not existed in the same way before.

Of course, humanity as a whole is a group on a larger scale.

Society could not exist unless group consciousness were cultivated to some degree.
<table>
<thead>
<tr>
<th>But until now individuals were mainly concerned with</th>
</tr>
</thead>
<tbody>
<tr>
<td>• themselves and</td>
</tr>
<tr>
<td>• their own interests, regardless of</td>
</tr>
<tr>
<td>the effects of such self-concern on the rest of the world.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Not that this [individualistic] attitude has now disappeared.</th>
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<tbody>
<tr>
<td>Far from it. But a new awareness is growing in which people are beginning to see that if they pursue nothing but their self-interest to the detriment of others, they go far beyond violating • moral and • spiritual • laws and • values. They are beginning to see that they themselves must eventually suffer from this attitude as much as, if not more than, those they disregard with shortsighted selfishness.</td>
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</table>
The human family could not exist without a group spirit.

But most societies have not yet put sufficient weight on spiritual values.

They [i.e., Most societies] are unaware of any new influx and they proceed by old standards and values that are often based only on expediency and on the most shortsighted goals.

It is surely no coincidence that in your time new groups, new communities of all sorts are springing up all over.

Many of them [i.e., Many of these new groups and communities of all sorts that are springing up all over] are misguided.

Many [i.e., Many of these new groups and communities of all sorts that are springing up all over] succumb to the influence of destructive forces and evil spirits.
This [misguidance and influence of destructive forces and evil spirits] can never be different on your plane of consciousness.

Wherever there is divine influx, the demonic forces send out their own influences
   • to corrupt those who are not purified,
   • to tempt them and
   • to destroy them.

This [i.e. The fact that the demonic forces send out their own influences] does not change the fact that new communities must spread
   • which represent the new values and
   • which become models for new ways of life.

The point is always
   • to be wakeful and
   • to never neglect the work of self-purification.

This [i.e., Being wakeful and never neglecting the work of self-purification] is the only key of safety.

If you follow this through [i.e., If you remain wakeful and never neglect the work of self-purification]
   • painstakingly,
   • in the spirit of service to fulfilling God’s will,
then evil forces cannot confuse you.
[If you remain wakeful and never neglect the work of self-purification]
You will
• always know,
you will
• find the answers,
you will
• ultimately stay clean,
even if there must be some
temporary
manifestations of
your lower selves.

I wish to discuss now
another manifestation of
the new influx:

exposure.

Again,
you can see this aspect
• individually and
• collectively.

It [i.e., Exposure]
can hardly be missed,
it [i.e., exposure]
is so obvious.

Through
• psychology, and
recently through
• profound spiritual work,
exposure of self
has reached depths
unknown before in your history,
with the exception of
initiates,
who formed
small minorities
in different cultures.
Now

exposure of
the deeper levels of self
has reached
unprecedented degrees.

Even the
least knowledgeable people
have attained
a certain degree of awareness
that there are
deeper levels of being
which determine their lives.

You may now
take this [degree of self-awareness] for granted,
yet it [i.e., yet this degree of self-awareness]
was by no means
always so.

This new ability to
explore the self
is a combination of
• communication and
• exposure.

The
• willingness to expose
leads
• to communication
and
• communication
leads
• to oneness,
• to alignment with
  the Christ spirit
  that sweeps
  with great force
  through your world.
The resistance to exposure is always present.

It is obvious that refusal to expose creates isolation.

When you deny exposure it always means that you have a stake in maintaining
- a rotten structure,
- a structure that you need to
  - eliminate and
  - replace.

This unwillingness to expose clearly implies the wish to continue living a lie.

Dedication to the truth must bring
- the willingness and
- the courage
  - to expose

and
  - to change.
If it [i.e., if exposure] is not done willingly, secret matters will be exposed through • outside forces, through • crises that will bring them [i.e., will bring secret matters] to the surface.

Once the force of the new influx is set in motion, it [i.e., the force of the new influx] cannot be halted.

The more opposition it [i.e., the new influx] encounters, the more painful the crisis will be.

This has also become very obvious in your public life.

In very recent times, a great deal of hidden destructiveness has been • exposed and • communicated to the public.
Again, this [level of public exposure of hidden destructiveness] has never been the case before
  • in the same way and
  • to the same degree.

And it continues.

Something new
  has been set in motion.

Through
  • communication,
  through
  • exposure,
    the whole world
    knows of political misdeeds
    that would
    previously
    have remained secret.

Through
  • the evolving group consciousness
    a great
    • interplay and
    • interaction
    takes place
    that allows
    all of humankind
    to participate in
    the drama
    of development.
Viewing world events with this understanding is important.

It is exactly the process you follow on this path:
- you expose your lower self,
- you share it [i.e., you share your lower self],
- you communicate it [i.e., you communicate your lower self] to others.

Can you think of a better way to establish
- love,
- trust,
- closeness?

Again and again I show you parallels between the development of the individual and [the development] of the planet.

All the processes you learn to apply to yourselves also apply in some form on the collective level.
Exposure

has never existed

in the way it does now.

• Masks
  are beginning to fall,
• lower-self aspects
  begin to show clearly,
  with less concealment
  than ever before.

Thus

• events and
• intentions
  can be recognized
  • for what they really are,
  • without the camouflages
    that bring
    • lying,
    • suffering,
    • confusion.

Exposure

is very much a part of

the new influx.

It [i.e., exposure]

is a direct expression of
the Christ consciousness
that sweeps through
the
• inner
  and
• outer planes of this planet
at this time.
Spiritual development without exposure can, at best, be only a half measure that leads eventually to a stalemate.

But unless exposure is infused with love, it [i.e., exposure] becomes self-defeating.

Show respect for the person who has the courage to do it [i.e., courage to drop masks and expose lower-self aspects] willingly.

Those who refuse to open up willingly must not be allowed • to destroy their environment and • to influence events through their concealment.
The courage and strength necessary to bring about exposure wherever appropriate and necessary stems from the inner conviction that it [i.e., that exposure of lower-self aspects] is done • in the service of a larger cause – in other words, [the inner conviction that exposure of lower-self aspects is done] • in love.

The more you expose yourself • to yourself, and subsequently • to others, the more you will discover your • true • intrinsic worth.

You will know that the already developed higher self is the part that makes the exposure [of lower-self aspects] possible.
It is the same with the planetary entity.

The earth's higher self is conducting all the exposures that occur now on the political front.

Do not think of the New Age as a general, vague force.

[Actually] It [i.e., the New Age] is a consciousness by and in itself.

Specific aspects [of this New Age consciousness] manifest in various parts of your earth as the need arises.

As all consciousness, the New Age [i.e., the New Age consciousness] consists of many aspects that complete a harmonious whole.

In this lecture I discussed three particular aspects [of the New Age consciousness]: communication, group consciousness, and exposure.
We also discussed the inevitable parallel between all these aspects manifesting on the
• individual
and on the
• collective
levels.

You are quite well versed on the
• individual level, since this was the emphasis of your pathwork all along.

Although there are still some
• obstructions and
• resistances, in principle
• you are reconciled with this process [on the individual level]
and
• you comprehend its intrinsic
  • necessity and
  • value.

You can observe how the same [pathwork] process happens on the
• collective level
and this [i.e., this observation of how the same pathwork process happens on the collective level as happens on the individual level] will help your expansion as an individual.
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*By seeing*

  - the same principle
  - repeated
    - *in microcosm* [i.e., on the individual level]
    - and
    - *in macrocosm* [i.e., on the collective level],

*you develop*

  - a deeper understanding.

*Through*

  - *this understanding and*
  - through
    - *your ever-intensified efforts*
      - toward
        - *self-exposure*
        - and
        - *communication*
          - *with your immediate circle of dear ones*
            - *with whom you share your process of development,*

*you greatly contribute*

  - to
    - the earth’s evolution.

*Although it may not be possible*

*for you*

  - *to see this influence* [on the earth’s evolution]
    - *directly and*
    - *immediately,*

*you will* gradually

  - *sense it* [i.e., you will gradually sense your influence on the earth’s evolution];

*it* [i.e., your influence on the earth’s evolution]

  - *will become*
    - an ever-growing realization.
You still need to apply more
• awareness and
• attention
to how you may use these aspects [i.e., use these aspects of communication, group consciousness, and exposure]
better in your own community life.

Often, there still exists a blindness to
• self-exposure and
to the
• exposure of others
that fails to bring the truth to the surface.

This [i.e., This blindness to self-exposure and to the exposure of others that fails to bring truth to the surface] undermines
• communication –
and hence
• love and
• union.

You would enhance communication if you made a more profound effort to
• explain yourself;
and
to help others to
• do likewise [i.e., help others explain themselves] through a non-threatening attitude.
Communication could also vastly improve
• if you
  helped others
to be more receptive
to what you
• know and
• have to teach

and,
similarly [communication could vastly improve],
• if you
  were more
  • open and
  • receptive
to where
  you
  could learn from others.

Too often a
• bland,
• dull
  numbness
encases you
into a
• half-vague,
• opinionated,
• incomplete,
• secretive
  holding onto assumptions
    that closes all doors [to communication].

This [i.e., This exposure and communication]
is where
your spirit friends
wish you to
• improve and
• make of your
  • beautiful,
  • golden,
  • ever-growing
    community
  a greater glory,
  • expressing the Christ,
  • serving the Highest.
I want also to call your attention to a specific observation:

watch the parallels between the
• outer
and
• inner
growth
and
• the expression of your group entity’s higher self.

At times
one [say, for example, the inner growth] is ahead of the other [is ahead of, for example, the outer growth].

At other times it is reversed [i.e., in this example, the outer growth is ahead of the inner growth].

A certain balance [i.e., A certain balance between inner and outer growth] should be maintained, though it [i.e., though the balance of inner and outer growth] can never be completely even.

This [i.e., This complete balance in which inner and outer growth are completely even] is not necessary.
If the imbalance between
  • inner
  and
  • outer
growth
does not become too great,
it [i.e., the imbalance between inner and outer growth] can easily be adjusted.

No crisis will accrue from this imbalance.

It [i.e., the imbalance between inner and outer growth, when not too severe] is all in the scheme of things.

So far your inner development has always exceeded the outer [development],

and this [i.e., and inner development staying ahead of outer development] is truly
  • the more important,
  • the more solidly grounded way [i.e., more important and solidly grounded way for development to happen].

But the time has come when you can consciously help the outer growth catch up and
  • make it [i.e., make the outer growth] more an expression of your inner reality.
Look at this beautiful world with the eyes that
• see the whole,
that • comprehend the Lord's working behind all that is.

Let your hearts be filled with the freshness of life's healing power that flows from the Source that encompasses all that • ever was created and • ever will be created.

This Source resides right in your own center, even when you are unable • to connect with it or • to experience its reality through • your confusions and • your momentary suffering.

It [i.e., this Source] is always there.
You are all surrounded by the great force that flows with such renewed vigor through your universe.

Be blessed, my beloved ones.

Pursue your commitment to the end,

never let up in your devotion to serve God.

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