## Pathwork Lecture 169: The Masculine and Feminine Principles in the Creative Process

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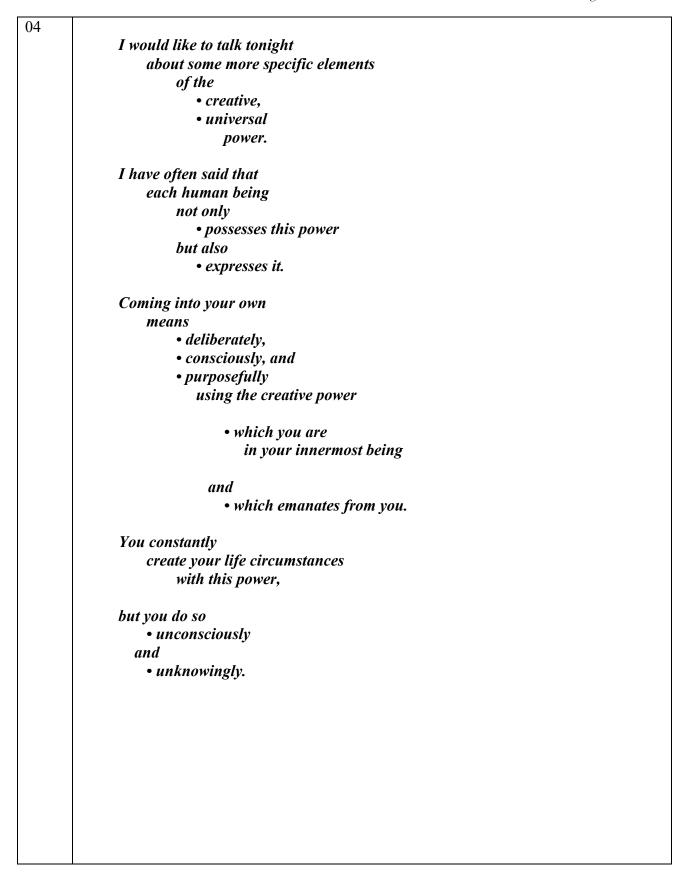
This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense, this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The **original text** is in **bold and** *italicized*. [My adds of commentary/clarification/interpretation are in brackets, italicized, and <u>not</u> bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <a href="https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/">https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/</a>

Gary Vollbracht

¶	Content
03	
	Greetings,
	my friends.
	• Blessings
	and
	• love
	• are extended to you
	and
	• reach you
	in your deepest being
	to the extent
	you open up to them.
	• Receive
	and
	• let
	them [i.e., Receive and let these blessings and love]
	come into you.
	·



```
What you
                  • think and
                  • feel,
              what you
                  • believe and
                  • conceive of,
              what you
                  secretly
                       • wish and
                       • fear,
                          • shape and
                          •determine
                              creative substance
                        and
                          • constitute
                              the motor force
                                 of this power [i.e., of this creative, universal power, which you
                                     ARE in your innermost being and which emanates from you].
05
              What a tremendous difference it makes
                  when you
                       deliberately
                          express
                        and
                          • create
                              vour
                                 • life
                           or
                              your
                                 • fate,
                  rather than
                       creating it [i.e., rather than creating your life or your fate]
                          unknowingly.
              Unconsciously
                  creating,
                       you go through certain experiences
                          which you ascribe to
                              some obscure fate.
```

```
Your experiences
                  seem to have
                      little or nothing to do with
                          • who you are,
                         • what you feel,
                          • what you wish,
                          • what you believe in
                              right now,
                      or with
                          • what you
                              choose to do with
                                 your
                                     • thoughts and
                                     • feelings.
              But
                  self-realized individuals
                      know
                          exactly
                              how they create their lives.
06
              An interim state
                  in the final realization
                      of human consciousness
                          is reached
                              when people
                                 • connect with
                                     their unconscious blocks
                               and
                                 • comprehend
                                     the
                                        • obstructions
                                   and
                                     the
                                        • unhappiness
                                            in their lives.
```

```
It is a great moment
    when one
        suddenly
           • understands
                that it was
                  not
                       • hostile fate
                  but
                       • one's own doing
                          that brought it about,
         and
           • sees
               the secret attitude
                  that produced
                       the unwelcome fate.
Once
    • cause
  and
    • effect
        are connected,
           one's fate
               is no longer a
                  • blind and
                   • malevolent
                       outer power.
From that moment on,
    the individual
        ceases to be helpless.
In truth,
    human beings
        have
           never
               been helpless against
                  any
                       • force or
                       • power
                          outside themselves;
    but they are helpless against
        their own inner processes
           until they
               • recognize and
                • change
                  them.
```

This [i.e., Recognizing AND changing inner processes that create one's negative experiences and unhappy life circumstances is the way of the path.  As you discover the root of your negative experience within you, you become capable of transforming that experience.  In order to create positive fate deliberately, it is essential for you to understand more about to understand more about the creative force of the universe and how you can personally use it.	
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to understand more about  • the creative force of the universe  and  • how you can personally use it.	
and • how you can personally use it.	
and • how you can personally use it.	
Now I would like to discuss	
11011 1 110 to this could	
certain very specific aspects	
of this creative power.	
08	
There are	
two fundamental principles	
through which	
the creative process works:	
the first is [i.e., the first is the principle of]	
• activation;	
the other is the principle of	
• getting out of the way	
and	
• letting it happen.	

```
These two creative principles [i.e., 1) activation and 2) getting out the way
                                                             and letting it happen]
    • exist throughout
        the entire universe
  and
    • manifest in
        everything in your life.
They regulate
    all that happens,
         • desirable
       or
         • undesirable,
         • important
       or
         • unimportant,
       from the
         • smallest,
        • most mundane
            occurrence
       up to the
        • creation of
            a universe.
If what is created
    needs to be
         • constructive,
         • fruitful,
        • joyful, and
         • pleasurable,
these principles [i.e., these two creative principles: 1) activation and
                               2) getting out the way and letting it happen]
    must interact
        in a harmonious way:
            they must
                • complement one another
              and
                • be in harmony.
```

```
If what is created is
    • destructive,
    • painful,
    • wasteful, or
    • unhappy,
         these two principles [i.e., these two creative principles: 1) activation and
                               2) getting out the way and letting it happen]
            must also be at work;
                only in this case
                   they are

    distorted and

                       • misunderstood.
Instead of
    • complementing one another,
they
    • interfere with one another.
Instead of these two aspects
    making
        one unitive whole,
a dualism
    makes
        two mutually exclusive opposites out of them.
When both sides of the duality
    are reconciled,
two
    apparently
         opposing forces
            • work together
                toward one goal
         and
            • complement
                one another.
I have discussed
    • unity
  versus
    • duality
```

in many other contexts.

```
It [i.e., Unity versus duality]
                  pertains to
                       all of creation:
                           wherever an entity
                               • is removed from its center
                             and
                               • is therefore in
                                  • ignorance and
                                  • error,
                          duality
                               comes into existence.
                   • The entire earth sphere,
              namely
                   • human consciousness,
                       is in the
                          dualistic state
                               so that
                                  all perceivable creative functions
                                      are split in the middle.
              The principles discussed here [i.e., These two creative principles: 1) activation and
                                              2) getting out the way and letting it happen]
                   are also affected by
                       the dualistic state
                          of the human consciousness.
09
              These two fundamental principles of creation,
                   • activating
                 and
                   • letting be,
                       are universal laws
                          present in
                               everything that has ever been created.
              They are
                   not
                       mechanical laws
                          such as the law of gravity.
```

```
All laws.
    even
        • impersonal,
        • physical
           ones
                • have come into existence
                   • from,
                   • through,
                 and
                   • by
                       consciousness,
             and must
                • have been created
                   in the same manner
                       by combining
                          these two fundamental principles [i.e., by combining
                              these two creative principles: 1) activation and
                              2) getting out the way and letting it happen].
```

Direct creation,
with its own specific laws,
is always
an expression of
consciousness,

for everything in creation can only be a result of consciousness.

Whether the consciousness

- stems from an individual
  - brain or
  - personality,

or whether the consciousness

• is the great universal spirit permeating all life,

does not matter.

The principle is the same.

```
10
               The
                   conscious attitude
                        expresses
                           whether or not you
                               • activate
                         or
                           whether or not you
                               • let be.
                   • These two principles [i.e., These two creative principles: 1) activation and
                                               2) getting out the way and letting it happen]
                and
                   • their roles
                        deserve
                           much closer scrutiny.
               To
                   • activate
                        means that the
                           conscious entity
                               deliberately
                                   • claims,
                                   • sets in motion,
                                   • moves toward.
                                   • causes,
                                   • determines, or

    purposefully uses

                                       these forces [i.e., these creative forces]
                                          by
                                               • calling them [i.e., calling these creative forces]
                                                  into action
                                             and
                                               • removing all possible obstructions.
                   • Effort
              and
                   • endeavor
                        are an integral part of
                           setting the creative forces in motion.
               This [i.e., This setting the creative forces in motion]
                   is
                        • active doing.
               We may call this
                   • the masculine principle in creation.
```

```
11
              The attitude of
                   • "letting be"
                       means
                          • to be receptive
                        and
                          • to wait.
              It [i.e., The "letting be" and therefore being receptive and waiting]
                  is also a
                       movement,
                          for anything that is
                              alive
                                 must be moving.
              But
                  this kind of movement [i.e., But this "letting be" movement and therefore
                                                     this being receptive and waiting movement]
                       is very different from
                          the movement of the
                              activating principle [i.e., the setting the creative forces in motion].
              The activating principle
                  moves out
                       toward
                          another state.
              The spirit of letting be
                  is a movement
                       within itself;
              it [i.e., the spirit of "letting be" movement]
                  is a
                       • pulsating,
                       • involuntary
                          movement [i.e., the movement of SURRENDERING to the creative
                              forces that are set in motion by the movement of ACTIVATION],
              while the
                  movement of activation [i.e., the movement of
                                                     setting the creative forces in motion].
                       is
                          • deliberate
                        and
                          • self-determining.
```

```
• Words are insufficient
                       to explain these facts [i.e., these facts about movement of ACTIVATION
                                                            and movement of LETTING BE]
              and
                  • you will have to
                       • listen with your
                          • inner ear
                     and
                       • use your
                          • imagination
                         and your
                          • innermost faculties
                              to perceive what I am telling you here.
12
              The consciousness
                  behind the
                       attitude of
                          letting be
                              is one
                                  of
                                      • patient,
                                      • trustful
                                         waiting,
                                  of
                                      • allowing a
                                         ripening process
                                             come to fruition,
                                  of
                                      • surrendering to a
                                         force
                                             set in motion [i.e., set in motion by the movement of
                                               activation, by the masculine principle in creation]:
              this may be called
                  • the feminine principle in creation.
```

```
As I have said before, the
    • masculine
  and
    • feminine
        principles
            exist in every
                • endeavor and
                • creative act.
The
    • self-determining,
    • voluntary
        act [i.e., the masculine principle that sets in motion
                       the movement of activation of the creative forces]
            expresses
                • self-confidence
               and
                • knowledge of one's
                   divine nature.
The
    • going with the creative forces,
the
    • surrender to them [i.e., the SURRENDER to the creative forces that the
            masculine principle set in motion by the movement of ACTIVATION],
        expresses
            deep trust
                in
                   • life
                and in
                   • the state of being
                       that does not require
                          one iota
                               more movement
                                  than to
                                      activate
                                         the very powers one trusts in.
```

```
Everything
    that functions well in
        • the universe
      down to
        • the smallest manifestations of
            mundane life
                   combines
                       these two aspects [i.e., combines the activating
                                                     and letting be aspects]
                            of
                               • life
                            and
                               · consciousness.
Nothing can be created
    without both of these principles [i.e., without both the
                                             masculine and feminine principles]
        being at work.
No union between the sexes
    can be fulfilling
        unless these principles [i.e., unless these masculine
                                             and feminine principles]
           function
                as they are meant to.
Pleasure supreme
    is possible
        to the degree
            these attitudes [i.e., these attitudes of ACTIVATING the creative forces
                    and SURRENDERING TO the creative forces that are activated]
                are healthy
      and
        to the extent
            trust in
                • self and
                • life
                  make both attitudes [i.e., to the extent TRUST in self and life
                    make both these attitudes of ACTIVATING the creative forces
                    and SURRENDERING TO the creative forces that are activated]
                       possible.
```

```
13
              Both
                   • men
                 and
                   women
                       represent these two principles [i.e., the masculine (or activating)
                                              principle AND the feminine (or letting be) principle];
                          only their
                               · arrangement,
                               • emphasis,
                               • degree,
                               • proportion and
                               • relation to each other
                                  are different.
              However,
                   this does
                       not mean that the
                           • healthy,

    integrated

                               man
                                  represents
                                      exclusively the
                                          activating principle [i.e., masculine principle],
                       or that the
                           · healthy,

    integrated

                               woman
                                  represents
                                      exclusively the
                                         principle of letting be [i.e., feminine principle].
                   • Men
              and
                   • women
                       must express
                            both aspects [i.e., both masculine and feminine aspects],
              but
                   • the emphasis
                       differs and
                   • the areas
                       in which both creative principles [i.e., areas in which BOTH
                                      masculine AND feminine creative principles],
                           • manifest or
                           • apply
                               also differ.
```

```
14
              Once you begin to
                   • think about this and
                   • look at life
                       with the slightly altered vision
                          that acknowledges both principles at work,
              you will
                   • see and

    understand

                       a lot more
                          about
                               • creation itself
                        as well as
                          about
                               • world events.
              Whether you
                   create
                       • a business,
                       • a situation
                          between
                               • yourself
                             and
                               • another person,
                       • your own fate,
                     or
                       • a universe,
              all depends
                   to what extent
                       you

    understand

                        and
                          • harmoniously use
                               the

    masculine and

                                  • feminine
                                      principles of creation
                and
                   to what degree
                       you
                          • are conscious of both principles
                           • allow them
                               both
                                  to unfold
                                      out of yourself.
```

```
These principles [i.e., These masculine and feminine creative principles],
                  are often
                       • distorted
                     and thus
                       • create
                          • confusion and
                          • disharmony.
              When these creative principles
                  are
                       • distorted and
                       • used in
                          erroneous ways,
              the result
                   is
                       destruction.
15
              A man
                  cannot
                       dare to
                          • be fully a man
                          • activate the creative force
                              in a
                                  • deliberate
                                and
                                  • purposeful
                                      way
                                         when his
                                             unconscious
                                                is still steeped in
                                                     • hostility,
                                                     • rage, and
                                                     • anger,
                                                        because
                                                            the activating principle
                                                               then threatens to
                                                                    express
                                                                       these destructive impulses.
```

```
There are
    many
         • men
    as well as
        • women
            in this world
                who are still
                   so undeveloped
                       that they have
                          no compunction about
                               expressing
                                  their destructive impulses.
They do not mind
    activating
        the masculine principle,
            even though
                it brings forth
                   the most
                       • violent and

    negative

                          actions.
Only when
    • development proceeds further and
    • the individual
        no longer wishes to express

    violence and

            • destruction
will he or she
    • become
        frightened of
            his or her own
                active principle
 and therefore
    • hold it back.
This is why
    you cannot
        be fully
            • a man or
            • a woman
                unless you first come to terms with
                   your negative
                       • emotions and
                       • desires.
```

```
When you
                  fully face
                       these feelings [i.e., fully face
                                              these negative, violent, destructive feelings in you],
              they will
                   lose their power.
              But as long as you are
                   unaware of
                       their existence,
              thev
                   will
                       • control you
                       • force you to act upon them
                           without even knowing
                               • what you are doing
                             and
                               • why.
              You will then
                   rationalize them [i.e., rationalize these negative, destructive feelings in you]
              or you will turn
                   the destructiveness
                       upon
                          yourself,
                               in your fear to
                                  let the active principle out
                                          sow its negative seeds.
16
              Thus, in a
                  transitory state of
                       evolution,
                          people prevent themselves
                              from using the
                                  activating principle,
                                       because
                                          all activation
                                              would be based on
                                                 negativity.
```

```
This [i.e., This fear in this transitory state that ALL activation would be negative]
    explains
         why so many people
           find themselves
                paralyzed in
                   • inactivity and
                   • stagnation.
Temporarily,
    people will hold themselves back
        to prevent their use of
           the creative principle.
Therefore,
    healthy
         • activation,
         • self-assertion, and
         autonomy
            are also
                temporarily bound
                   and must wait for release
                        until the personality
                           has settled its difficulty with
                               its own
                                  destructive nature.
People may have to go through
    a number of appearances on this earth plane
        in which
            their activating forces
                must be dimmed
                   so as to
                       no longer express
                           the distorted form [i.e., the negative, destructive form]
                               of the
                                  creative principle of activation.
```

```
17
              You all experience on this path
                  the necessity
                       of contacting
                          hidden
                              • cruelty,
                              • brutality,
                              • sadism,
                              • vindictiveness, and
                              • malice.
              As you learn to
                  • see,
                  • understand,
                and
                  accept
                       these emotions,
              you can
                  truly
                       outgrow them.
              Only then [i.e., Only then, when you have outgrown these negative emotions,]
                  do you become
                       genuinely
                          convinced
                              that there is
                                 no need for
                                      destructiveness.
              As long as
                  destructiveness
                       is not squarely faced,
                  this conviction [i.e., this conviction that there is no need for destructiveness]
                       is
                          lacking
              and
                  your holding back [i.e., your holding back activation, believing that the needed
                         destructiveness will manifest when you activate these creative principles]
                       is motivated almost entirely
                          by
                              fear of
                                  • retribution and
                                  • consequences.
```

```
Only when you have the

    courage and

    • honesty
         to fully
            • see and
            accept
                these damaging
                   • emotions and
                   • desires,
only when you
    totally

    comprehend and

         • evaluate
            them [i.e., comprehend and evaluate these negative destructive
                                                            emotions and desires],
will you see
    without a shadow of a doubt
        that
            they are
                superfluous
                   as defenses,
            nor do they
                serve
                   any other purpose.
    As these feelings [i.e., As these negative destructive feelings]
        become
            superfluous
and
    you need
        no longer be on guard against
           your own spontaneous reactions,
you will be
    free enough
        to activate
            the greatest power in the universe
                within
                   yourself.
```

```
You will no longer
                  fear this power,
                       for it will be
                          free from
                               • pollution,
                               • perversion, and
                               • distortion.
               You can then
                   • claim your birthright.
              You can then
                   • call into being
                       your own creative forces.
18
              It often happens
                   that a person is
                       sufficiently cleansed of
                           the destructive distortions
                               so as to
                                  safely
                                       use his or her
                                          own inner powers,
              but the
                   old habit pattern of
                       holding back
                           is so firmly rooted
                               that the personality will
                                  needlessly
                                      forgo the use of
                                          the activating principle,
                                              not yet aware
                                                 that it is
                                                      safe
                                                         to use this power.
              The destructiveness that still exists
                   is no longer
                       dangerous
                           because
                               it is now sufficiently conscious.
```

```
The person is
                  too alert
                       to allow
                          the destructiveness
                               to

    rule and

                                 • precipitate
                                      negative actions.
              The individual
                  does not know yet,
                       however,
                          that the power to handle
                              the remaining aggressions
                                 also
                                      enables him or her
                                         to use
                                             the greatest forces
                                                in the universe within the self.
              Now
                  becoming godlike,
                       one can use the activating power
                          to create circumstances
                              according to
                                 one's own choice.
19
              So we must
                  differentiate
                       between
                          those who rightfully dim their creative activity
                              because they are
                                 justifiably
                                      afraid of
                                         the negative components in it,
                       and
                          those who dim this power
                              simply because
                                 they do not know of its
                                     positive
                                        potential.
```

```
They [i.e., Those who dim their creative activating power
                              simply because they do NOT KNOW of its POSITIVE potential]
                  are like a man who has
                      been asleep
                         for a very long time,
                              and when he wakes up
                                 he has yet to discover
                                     • the power
                                        of all his faculties
                                   and
                                     • the scope
                                        of their unfoldment.
20
              The masculine principle
                  • is outgoing
                 and
                  • leads to
                      action,
                          which has consequences.
              The action following the
                  • driving force or
                  • impetus
                      actively
                          • builds,
                          • affects,
                          • causes, and
                          • determines.
```

```
When the personality
                   is fully aware of
                       no longer

    needing

                     and therefore
                       no longer
                           • fearing
                               the destructive forces,
              it [i.e., the personality]
                   also begins to know
                       that it can create.
              At this point
                  people discover
                        • the powers within them
                     and
                        • that
                           their minds
                               can activate them.
21
               The feminine principle
                    of
                       • receptivity,
                       • letting the activating forces
                           work their lawful way toward fruition,
                               is distorted
                                  when the entity
                                       refuses
                                          self-responsibility.
              If
                   self-activation
                       is relinquished
                           and,
                               instead of surrendering to
                                  • the self-activated inner powers,
                               one surrenders to
                                  • another person's authority,
              then
                   the role of the creative feminine principle
                       is perverted.
```

```
By the same token,
    a woman
        who surrenders her autonomy
                a mate
                   because
                       she is too
                          • fearful and
                          • lazy
                              to assume the
                                 consequences
                                     for her own actions
                                         makes a
                                             • travesty and
                                             • caricature
                                                out of
                                                    femininity.
Her surrender to
    the mate
        will
           never
                be motivated by
                   • love and
                   • trust
                       in him;
her aim
    will
        not be
           to experience ecstasy
                by uniting
                   these two creative principles
                       in this particular manifestation.
Instead,
    she surrenders to him
        out of fear of
           life,
                refusing to
                   assume her obligations
                       in life.
Such distorted surrender
    cannot bring anything favorable
        to either partner.
```

```
When a woman wants to
    • be a
        parasite
  and
    • burden her partner with
         the brunt of
            her responsibilities,
she is
    cheating life,
but
    life
         cannot be cheated.
The result is
    that she must
         increase
            her fear of
                • life,
          as well as
            her fear of
                • the man
                   who is supposed to be
                        her authority.
She must
  fear
         her self-determined enslavement.
Thus
    • the feminine principle or
    • femininity
         is often wrongly associated with
            • helplessness,
            • passivity,
          and
            • inferiority,
while
    • the masculine principle or
    • masculinity
         is often wrongly associated with
            • brute force
          and
            • superiority.
```

```
22
              In reality,
                  a woman
                       cannot truly be
                          a woman
                              unless
                                 she is
                                     self-determining.
             In the terms of this lecture,
                  a woman
                       has to be
                          secure in her selfhood
                                 activating
                                     the creative principle
                                         within
                                             herself,
             for only when
                  she is
                       • accountable for
                          her mistakes
                     and
                       • willing to
                          • accept and
                          • learn from
                              them
              can she be
                  • strong
                and
                  • self-responsible.
              Then she will be
                  unafraid
                          • total surrender,
                        of
                          • letting go,
                        of
                          • allowing the
                              involuntary
                                 forces in herself
                                     to guide her.
```

```
23
              Conversely,
                  a man
                       cannot be truly
                          a man
                              • when he is
                                 not free from
                                      destructiveness,
                            and
                              • when he is
                                 not willing
                                      to let the
                                         activating principle
                                             go to work
                                                 in
                                                    its own
                                                       fashion.
              In other words,
                  he must
                       observe
                          the feminine principle
                              in order to
                                 fully activate
                                      the masculine one,
                                        just as
                                             the full woman
                                                must activate
                                                    the masculine principle
                                                       in order to give herself over to
                                                            the feminine.
24
              This interaction
                  between
                       • man
                  and
                       • woman
                          expresses
                              the two sides of the creative power [i.e., the masculine (activating)
                                            and feminine (letting go) sides of the creative power]
                                 in a very obvious way.
```

```
Union
                  between the sexes
                       is satisfactory
                          to the degree that
                              the two sides [i.e., the masculine (activating) and
                                                                  feminine (letting go) sides]
                                 are in harmony
                                     within
                                         each partner.
              Only when that condition is fulfilled [i.e., Only when the masculine (activating) and
                              feminine (letting go) sides are in harmony WITHIN each partner]
                  can
                       harmony
                          be established
                              between
                                 them [i.e., can harmony be established
                                                            BETWEEN the two partners].
25
              As man
                  is justified
                       in fearing
                          the activating forces
                              as long as he
                                 • is
                                     unaware of
                                         his destructiveness
                              and therefore
                                 • cannot control it,
              so is woman
                  justified
                       in fearing
                          self-surrender
                              as long as she
                                 • makes herself helpless
                                     for whatever
                                         distorted motives.
```

```
If she is
    not in possession of
        her
           inherent powers,
surrender
    must be
        • debilitating and
        • dangerous.
Since
    • men
  and
    • women
        express [i.e., Since men and women EACH express]
           both the
                • masculine
           and
                • feminine
                  principles,
they must
    both
        cleanse
           their activating powers of
                • violence and
                • hostility.
Both
    need to learn to
        ascribe
           the cause
               for
                   all
                       that happens to them
                          to
                              the self,
                       rather than
                          blaming
                              outside factors
                                 for their suffering.
```

```
26
               This [i.e., Because BOTH men and women each express
                               BOTH masculine (activating) and feminine (letting be) principles]
                   is why you find on this path
                       that
                           both
                               • men
                           and
                               • women
                                  come across
                                       the identical patterns of
                                         false activity.
              On the one hand
                   they find
                       false
                           • aggression,
                           • hostility,
                           · violence,
                           • overactivity,
                           • impatience,
                           • refusal to wait for
                               the powers
                                  to lawfully
                                       come to fruition.
              On the other,
                   they find
                       false

    receptivity and

                           • letting go,
                       meaning
                           • denial of self-responsibility,
                           • laziness,
                           • following the line of least resistance.
                               Trying to
                                  find
                                       an authority
                                          who will take on
                                              what is really
                                                 their
                                                      responsibility
                                                         is one such way to
                                                             evade accountability.
```

```
Both
                  • men
              and
                  • women
                      therefore
                         have to work out
                             the same problems,
             but they [i.e., but both men and women]
                  interact [i.e., INTERACT with each other]
                      on a
                          • complementary
                      rather than on an
                         • identical
                              level.
27
             No self-realization
                  is possible
                      unless
                         you become
                             full

    men and

                                • women
                                     in the deepest possible sense.
              This is why
                  human problems
                      are
                         always
                             primarily concerned with
                                the relationship
                                     between
                                        the sexes.
              No matter
                  what other problems
                      you human beings have,
              they are
                  at least indirectly
                      connected with
                          • your
                              • masculinity
                       or
                         • your
                             • femininity.
```

```
The
                  • expression and
                  • handling
                       of the
                          • masculine
                        and
                          • feminine
                              creative principles
                                 permeates
                                     your whole personality.
28
              Let us take for example
                  a problem at work.
              How can your work
                  be successful
                       if the activating principle
                          is
                              • lacking or
                              • dimmed
                    and
                       if you are
                          not sufficiently
                              • outgoing and
                              • healthily aggressive,
                    or
                       if you do
                          not activate
                              your own creative powers,
                          but hold them back?
              What if you let them out [i.e., what if you let your creative powers out],
                  but the
                       activating forces
                          remain
                              • hostile and
                              • antisocial?
              In that case
                  you will inevitably get into difficulties
                       with your environment,
                          no matter how accomplished you may be
                              in your profession.
```

```
If the spirit of love
    is lacking,
vou will
    not want to
         contribute to life
            • with
          and
            • through
                your work.
Therefore
    • there can be
         nothing creative about it [i.e., nothing creative about your work]
  and
    • the deeper spiritual powers
         cannot manifest [i.e., cannot manifest through your work].
If, however,
    you want to
         enrich life,
you can
    safely enrich yourself
         • by
      and
         • through
            your activity,
                without
                   falsely
                       feeling guilty about
                           your
                               healthy aggression.
The creative activation
    will do justice to
         both -
                enriching
                   • others
                 and
                   • the self
                        in every possible way.
```

```
29
              And how can
                   what is activated
                       come to fruition
                          if
                               the feminine creative principle is
                                       not allowed to function
                                          by
                                              • letting be,
                                          by
                                              • waiting for fruition,
                                          by
                                              • trusting the forces set in motion?
              Your own
                   intuitive powers
                       reach your consciousness
                          only when
                               this receptive spirit
                                  of letting be
                                      reigns
                                         after the activation.
              Then [i.e., Then, when the receptive spirit of "letting be" reigns and thereby
                               your own intuitive powers can reach your consciousness]
                  you can be guided
                       according to
                          the highest wisdom,
                               that of
                                  creative inspiration,
                                      necessary for
                                         all
                                              successful work.
              It [i.e., Creative wisdom],
                   too, consists of
                       the two aspects:
                           inspiration must be
                               • deliberately activated by
                                  the mind,
                            and

    allowed to

                                  • flow,
                                  • take its course, and
                                  • manifest in its own fashion
                                      without interference from
                                          the mind.
```

```
30
              The laws indicated here
                  are applicable to
                       all endeavors.
              Whether you
                   • do menial labor,
                or
                   • work as
                       • an artist,
                       • a scientist,
                     or
                       • whatever else,
              the law is the same,
                  although
                       the degree to which these principles must function
                          may vary.
              Simple menial work
                  can be done
                       • mechanically
                   and yet relatively
                       • efficiently,
              though it
                  can also be
                       • a creative act
                          when it is done
                               in the spirit mentioned here.
              But
                   • artistic,
                  • scientific, or
                   • spiritual
                       work
                          can
                               never succeed
                                  unless
                                      it follows these laws of creation.
```

```
31
              So your
                   • work
                       must fail,
              as your
                   • human relationships
                 and
                   • partnerships
                       must fail,
                           when the
                               • masculine [i.e., activating]
                            and
                               • feminine [i.e., letting be]
                                  principles
                                       do not properly
                                          • interact and
                                          • complement
                                              one another.
              Needless to say that
                   in all these areas
                       the relationship
                           between
                               the two aspects of creation [i.e., between activating
                                                                     and letting be aspects]
                                  varies
                                       as the emphasis varies
                                          at any given
                                              • time or
                                              • phase.
32
              If one of these two principles
                   is
                       healthy,
              the other
                   must also be
                       right.
              It is impossible that
                   one [i.e., one of these aspects or principles of creation]
                       is healthy
              and
                  the other [i.e., other of these aspects or principles of creation]
                       distorted.
```

```
Hence,
    the man
         who has a problem in
            • self-activation
                must, in other ways,
                   be unable to
                       • let go and
                       • let himself be carried.
It would be
    false
        to assume that
            the man who is
                not sufficiently
                   • active and
                   • aggressive
                       is so
                           throughout his total personality.
He will inevitably
    discover an area
        in which he is
            • overactive,
            · over-masculine,
                precisely where
                   the feminine principle
                       should reign.
This distortion [i.e., This distortion of being over-masculine
                               where the feminine principle should reign]
    is a compensation for
        underactivity
            where he should exert
                his masculine activating force,
                   but
                       does not.
```

```
Conversely,
                  the man who expresses an
                       • exaggerated form of
                          the masculine principle
                              must harbor areas
                                 in which he
                                     is
                                        • too passive
                                  and
                                     expresses
                                        • the distorted
                                            feminine principle.
              Both these examples
                  are also applicable to
                       women.
33
              Because
                  the manifestation of the
                       • masculine
                    and
                       • feminine
                         principles
                              in the
                                 inner life
                                     of the individual
                                        is a substantial part of
                                            self-realization,
              your pathwork
                  must be particularly concerned with this topic.
              True spirituality
                  must make
                      fuller
                          • men
                       and
                          • women
                              out of you
                                 in the best sense,
                                        all levels of your being.
```

```
Your growth
                  must inevitably
                       harmonize
                          these levels [i.e., harmonize these masculine and feminine levels].

    To what degree

              and
                  • in what way
                       the imbalance [i.e., the imbalance of the masculine and feminine aspects]
                          exists
                              • varies in each case
                            and
                              • must be found by self-search.
34
              When you become capable of
                  truly loving,
              these principles [i.e., then these masculine and feminine principles of creation]
                  will be
                       perfectly expressed
                          in you.
              Or, to put it the other way,
                  through the
                       deliberate activation of the creative power [i.e., through the MASCULINE
                                       principle of deliberate ACTIVATION of the creative power]
                          to its highest potential
                              because you
                                 • no longer
                                     fear
                                         your own destructiveness,
                               and
                                  • trust the universal powers [i.e., and through the FEMININE
                                        principle of LETTING GO you trust the universal powers]
                                      to finish lawfully
                                         what you have deliberately set in motion,
              you will
                  • be unafraid
                       to surrender to
                          a power greater than your willful ego-self,
                and thus
                  • become capable of
                       loving.
```

```
Whatever
    you do then
        in this spirit [i.e., in this spirit of a harmonized use of the masculine
                                              and feminine principles of creation]
            • will be creative
          and
            • will combine
                these two aspects of creation.
The desire to
    give to life
        will
            never appear as
                self-impoverishment -
                                      on the contrary.
The loving man
    will
        activate
            a sublime power
                in
                   • him
                 and
                   • his mate
                       for the purpose of
                          enriching them both.
Her trust in him
    will be warranted,
         • making her
            self-surrender
                • justified and
                • dignified,
      and
        • enhancing
           her individuality.
```

```
Giving up
   the determining ego
        will be for her
           a desired experience
               that need not be feared;
his activation
    then becomes
        lovingly enriching
           to both.
This is
    quite different from
        the kind of activating
           the pseudo-masterful man
               issues forth.
               He [i.e., The pseudo-masterful man]
                   has an attitude
                       that
                          • puts the woman down
                              to aggrandize himself
                        and
                          • makes her
                              fear of
                                 surrender
                                     • justified and
                                     • reasonable.
               He [i.e., The pseudo-masterful man]
                  therefore
```

hinders her fulfillment as a woman.

```
35
              The surrender of
                  the loving woman
                       heightens
                          the mastery of self-activation
                              in her mate.
              She [i.e., The loving woman]
                  will encourage
                       his full selfhood,
                          not
                               • competing with or
                               • rejecting
                                  his activation
                                      because it [i.e., because his activation]
                                         no longer is a threat.
              Her receptivity
                  should not be confused with
                       paralyzed passivity
                          which is but a
                               distortion
                                  of
                                      healthy femininity.
              The pulsating activity of
                  the soul
                       in the receptive
                          state of
                              • letting-be,
                          the state of
                               • being,
                              • self-surrender,
                                  is a vibrating force
                                      that contributes
                                          to
                                              • her mate's manhood
                                       and
                                          to
                                              • his strength.
```

36	
	When the
	letting go
	means
	a deliberate choice of
	forgoing
	the active principle
	because
	the person recognizes
	that at a certain point
	other faculties
	must take over,
	an enormous difference [i.e., an enormous difference from
	using the active principle when other faculties should take over]
	is experienced.
	The activating principle of
	becoming
	deliberately causes
	things to happen;
	the being principle is
	• self-perpetuating and
	• involuntary.
	Its effects [i.e., The effects of BEING]
	occur
	indirectly.
37	
	The pathwork itself
	requires
	blending of
	these two aspects [i.e., a blending of the masculine (activating) aspects
	and the feminine (letting go or being) aspects].
	I have discussed this previously
	using different terminology.
	I wish to show you right here how it works.

```
• No obstruction
    can be removed,
• no unhappiness
    eliminated,
        unless the personality,
                       be it
                          • man
                       or
                          • woman,
           uses
               the activating power.
It is necessary to
    deliberately
        turn on this power
           by claiming
               vour
                   • potential
              and
               your
                   • right
                       to become
                          a happy person.
Nor must one shy away from
    the effort of
        finding
           the cause of
               the unhappiness
                   within oneself.
In other words,
    a person must
        • be moving
           in the direction to correct the errors
                within
      and at the same time
        • deliberately call upon
           a higher
                • wisdom and
                • power
                  deep within the self
                       to make this endeavor
                          meaningful.
```

```
The mind
    • issues
         the will
  and
    • determines
         the steps,
 as well as
    • calling upon
         a greater wisdom
            within.
All these
    are truly
         • activities [i.e., activities that are initiated by the ACTIVE principle],
            each
                in its own fashion.
But after these steps [i.e., after these ACTIVE steps],
    • the receptive principle
         must be at work,
            because
                once these forces
                    have been activated [i.e., activated per the ACTIVE principle],
                        the entity
                           has to
                                • let them come to fruition,
                                • let them go to work.
The person
    who cannot wait for this to happen,
         but
            • wants
                immediate results
         and
            • attributes them [i.e., and attributes these immediate results]
                   to his activation [i.e., his activation per the ACTIVE principle],
                        violates
                           the feminine principle
                               of the particular creation.
```

```
Thus [i.e., Thus, because the feminine principle of this particular creation
                                                                               was violated,]
                   the creation
                       will
                           • not be successful, or

    succeed

                               only to the degree to which
                                  the two creative aspects [i.e., or succeed only to the degree to
                                              which BOTH the masculine AND feminine aspects]
                                      were able to function.
              When a seed
                   is sown into the soil,
              it cannot
                   at once
                       be pulled out as a plant.
              It must be given time
                   to grow within the earth
                       until the first shoots appear.
              Agricultural laws
                   demonstrate beautifully
                       the wholeness
                           of these two aspects of creation.
              The pathwork itself
                   is such a purposeful creative act
                       of using
                          the two principles [i.e., of using the masculine and
                                                             feminine principles of creation]
                               in equal measure.
38
              Now, my friends,
                   it is very important for all of you
                        to
                           • understand,
                           • ponder on,
                      and
                        to
                           • meditate with
                               this material.
```

```
It [i.e., The material in this lecture]
                  is bound to help you
                       in the most vital way
                          in your further efforts
                              to find
                                 your
                                      • true nature
                               and thus
                                 your

    happiness

                                         as a co-creator
                                             in the universe.
39
              Are there any questions?
              QUESTION:
              I have a statement that you can comment on, if you will.
              Since the vital recognition I had at Thanksgiving,
                  I have felt this
                       release,
                          which I take to be a sort of
                              • letting be,
                            and a simultaneous
                              • activation.
              It feels very creative.
              Things I can't believe
                  are happening in my mind.
              My intellect
                  has been released
                       which means that
                          my mental faculties
                              which had been numbed to some extent
                                 are active again.
              My learning processes, too, are enhanced.
              I feel very much in motion
                  and my faculties have been supercharged and expanded.
```

```
40
              ANSWER:
              All this is very true,
                   and more so.
              There is a
                   tremendous process
                       going on in you.
              I would like to explain what has taken place
                   in terms of this lecture,
                       for it will help you further.
              During the time you have been on this path,
                  you have activated forces
                       to an enormous extent.
              In fact,
                   at the end
                       there was an
                          overintensifying of
                               the activating principle,
                                  although I did not use these terms.
              In this overintensity,
                   the letting be principle
                       was not sufficiently at play -
                                              it [i.e., the letting be (the feminine) principle]
                                                 must now be cultivated
                                                      so as to round out
                                                         not only

    your progress

                                                         but
                                                             • your personality itself.
              In this new phase,
                  you will learn how to
                       let be
                          without
                               • indifference,
                               • unconcern,
                             or
                               • giving up.
```

```
41
               This [i.e., This letting be (the feminine) principle]
                   is often
                        misunderstood:
                           the blind escape-line of least resistance
                                is a distortion also,
                                   but of the
                                       feminine creative principle.
               The key here is
                   awareness.
              If you
                   • are fully aware of yourself,
                   • activate awareness
                        at all times,
              you can afford to
                   let
                        the forces come to fruition
                           in their own
                                • time and
                                • rhythm
                                   without danger of
                                       stagnation.
               You will
                   now
                        learn
                           to
                                • let fruition take place in you
                                   consciously;
                           to
                                • tune into these forces
                             and
                                • begin to
                                   • experience and

    perceive

                                       • their living reality in you,
                                       • a reality
                                          that builds up
                                               new life.
               This will never mean
                   giving up your efforts;
                        on the contrary [i.e., on the contrary, you will put forth more effort].
```

```
But your efforts
    will be
         more
            • relaxed,
         more
            • meaningful,
         more
            • harmonious,
         more
            • rounded.
As you
    deliberately
         • set the activating principle
            in motion,
so will you
    deliberately
         • let the fruition come about.
No rules
    can determine
         when to use
            more of one,
         and when
            more of the other.
It must be
    intuitively
        perceived
            by activating
                this intuition, too.
For the ego-intellect
    cannot decide
         • when
       and
         • how
            to use both forces harmoniously.
It is
    the greater intelligence
         within
            that must be
                deliberately
                   activated.
```

```
42
              Be blessed, my friends,
                  every one of you.
              May you
                  who are already on this path
                      find
                          new

    strength and

                          new
                              • stimulation
                                 from these words,
                      and a
                          new
                              · opening of doors
                                 to help you
                                     where you may have been
                                        stuck.
              May the
                  new friends
                      who are here for the first time
                          be touched by
                              some of the things I have said.
              Perhaps somewhere
                  an echo is created
                      that will set something in motion
                          within you
                              which may make you
                                 want to
                                     activate more
                                        your search
                                            in the direction that leads
                                               deep into yourself.
              After the obstructions are
                  • faced,
                  · accepted,
                  • understood,
                and
                  • eliminated,
             your highest creative powers
                  can begin to unfold.
```

Be blessed,
bring forth
more
and more
• the greatness
and
• the beauty
that you
inherently are—
God!

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