Pathwork Lecture 249: The Pain of Injustice – Cosmic Records of All Personal and Collective Events, Deeds, Expressions

This lecture is given in an expanded poetic format, what I call a Devotional Format of the lecture, and in that sense this is my interpretation of the intent of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, devotionally.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The original text is in bold and italicized. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/

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My beloved friends!

• Greetings and
• blessings
  for all of you.

May these words
  reach
  • your deepest core,
  • your
    • inner and
    • outer
    understanding,
  so that
  you will be further motivated
  to plow through
  the thicket of
    • confusion and
    • illusion
  until you
  experience
  the Great Light.
There are
so many different kinds of pain
in your world,
for which you have
but one word.

It is the same
with many other realities,
such as
love,
for example.

So many varieties
of the manifestation of love
are described
by only one word.

Many other
human experiences
are not seen
in a true light
because of
• the limitation of your
  conceptual understanding, as well as
• the limitation of your
  ability to
  experience.

These limitations [in conceptual understanding and ability to experience]
in turn
create
limitation of language.

Language
is your vehicle to
communicate,
• not only
  with others but also
• within
  yourself,
for the purpose of
creating
• widened,
• more realistic
  understanding.
Obviously this [multifaceted limitation of humans regarding conceptual understanding, experience, and language]
is a cyclic process,
leading to [either]
• benign
or
• vicious
circles.

A fuller [conceptual] understanding will take you to
fuller experience
which, in turn,
will expand
your ability to
• convey and
• communicate
it [i.e., communicate your experiences]
and [thereby]
make your experience comprehensible to
• yourself and
• others.

You will then be able to organically expand your language.

I venture to say that in a hundred earth years your language will contain many concepts as yet unknown.

New words will exist to differentiate between different kinds of
• love or
• pain or
• many other states of inner experience.
In the meantime
I will help this cyclic process along
by discussing
different kinds of
human experiences
now lumped together
under
one
designation.

At various phases
certain human
experiences
need to be understood
in a fuller way
and differentiations
have to be made.

For example,
now
it is essential
that you understand about
different kinds of
pain.

First let me name
a few variations of pain,
and then we can
focus on
one particular pain
which you rarely, if ever,
think of as
one specific pain.

The most familiar kind of pain,
distinctly different from all other kinds,
is what you
feel
when someone
• wounds you,
• hates you,
• wishes to hurt you.
The confusion of not quite understanding
  • what pains you
  and [of not quite understanding]
  • what goes on
  in you
  brings about another pain.

The vague feeling that
  you
  have
  • created or at least
  • co-created
  your own pain
  without fully understanding
  • how and
  • why,
  [you created your own pain]
  gives birth to
  yet another pain,
  which is related to
  the pain of
  your resistance to
  being in truth.

Then you have
  the distinct pain
  of your guilt [for causing your own pain and for resisting
  being in truth]–
  guilt
  for which
  you have
  no intention
to make restitution.
Some of the above pains are obviously interrelated.

For example, the unwillingness to
• clearly face and
• make restitution for your guilt
leads to
• confusion and
• frustration.

These [pains of 1) unrestituted guilt and of 2) confusion and frustration], in turn, are often
projected onto others whom you blame for causing your pain.

These two kinds of pain create
a vicious circle.

Nevertheless, they are
two entirely different kinds of pain –
[1.] the pain of
• confusion and frustration and
[2.] the pain of
• unrestituted guilt.

They [i.e., these two forms of pain] are so different that they might well deserve two completely different words.

And, as I said, one day this will be so.

It [i.e., having two words for these two forms of pain] will develop organically, for human language reflects the organic development of humanity as a whole.
You
• have experienced and
• know about
these [two] types of pain,
although
you did not always perceive
that each one
is of a
• different nature,
• origin and
• cause,
with totally different
• dynamics and
• effects.

They [i.e., these two kinds of pain] are
as different
from each other
as the
sequential emotions
within
• a vicious or
• a benign
circle
are different,
even though
they [i.e., the sequential emotions of such a cycle] create one another.

For example:
• Guilt
creates fear,
• fear
creates anger,
• anger
creates
• self-doubt and
• self-hate,
• self-hate
creates
• negative behavior patterns and
• self-destructiveness.

All these emotions,
although interconnected,
are as different from one another
as one kind of pain is from the other [kind of pain].
This preface to the topic of tonight's lecture should help clear up some of the cobwebs in your mind.

The specific pain
• I wish to discuss,
• that is so important to be seen in a new light at this state of your development,
is the pain of injustice.

This type of pain contains more than can be expressed by this word [i.e., by this word “injustice”].

It is not just actual injustice happening to you here and now.

Such injustice [i.e., such actual injustice happening to you here and now] could be classified as pain of being
• wounded and
• hurt.

There is more to it [i.e., more to the pain of injustice] than that.

[Rather.] It [i.e., the pain of injustice] is a fear that the universe can allow destruction to exist without safety valves.
It [i.e., the pain of injustice] is the fear
• that nothing has rhyme or reason,
• that doing good – or bad – has no effect on the outcome of cosmic history and evolution.

You will say, quite rightly, that
• this pain [of injustice],
• this fear, is actually
• a doubt,
• a lack of faith in a meaningful universe [a universe] that consists of
• supreme intelligence,
• love, and
• justice.

True.

There is of course
• the pain of doubting,
• the pain of not experiencing God's existence.
However,

not knowing that

all actions, including
  • outer and
  • inner
  • attitudes and
  • states,

have distinct consequences,

creates

a very specific pain.

Realizing this [i.e., realizing that all actions have distinct consequences] establishes the faith without which you suffer the pain of doubt.

So

the pain of doubt

is not the same as the pain of not experiencing justice.

The latter leads to the former and the former also leads to the latter, but they are not quite one and the same.

The pain of injustice connotes fear
  • of a meaningless universe,
  • of chaos.
It [i.e., the pain of injustice] distinctly results from – and further creates – disconnection.

If effects are disconnected [from causes] in the field of human vision, fear of meaninglessness results.

And that is the specific kind of pain I am concerned with.

The human field of vision is more often than not too narrow to allow the perception of connections [between causes and effects].

I discussed this more generally in the lecture on cause and effect.

We are now focusing on a particular aspect of the disconnection between cause and effect.

We see that it [i.e., that this particular aspect of the disconnection between cause and effect] leads to certain ramifications that create a very specific kind of pain.
Every phenomenon in the universe is experienced within the human soul.

The
• larger,
• macrocosmic
• fear of injustice,
that is,
• meaninglessness,
also exists in a personal manner in the microcosm.

On your path you constantly deal with this phenomenon, whether or not you are aware of it.

Much of the resistance you encounter in your personal purification process is based on
• this existential fear of a meaningless universe, and
• the passage of time, and
• the pain of life that results from it [i.e., the passage of time and pain of life that results from this existential fear of a meaningless universe].
Underneath
the resistance
to face the lower self
is the pain
of an
• unjust,
• chaotic,
• meaningless
creation.

Or,
to put it a bit more accurately,
the lower self
is a direct result of
the
• fear and
• pain
• injustice,
• meaninglessness and
• chaos.

As usual,
the process then becomes
self-perpetuating
and works both ways:
The pain of injustice
creates
• negativity,
that is,
• the lower self.

And, conversely,
the guilt
about the lower self [aspects of oneself]
fosters an attitude of [the self]
not deserving
• salvation,
that is,
not deserving
• eternal life,
• goodness,
• joy,
• total justice.
When you ponder your progression on your path, it will become clear to you that in the process of your personal work, you frequently encounter a puzzling phenomenon.

It is the following: After overcoming resistance – often quite strong resistance – to face not only • lower-self traits, but also • their consequences and • painful effects on • you and • your life, you experience profound relief.

It is as though a weight had been lifted off your shoulders.

Suddenly everything • falls into place and • fits.

Why do you think this happens?

It is precisely because you now • literally and • personally experience in your own microcosm that life is totally • just and • fair.
This [experience that your own life is totally just and fair]
   is infinitely more important
than
   having to own
   • self-destructive devices and
   • impairment of
     your divine nature.

These [self-destructive devices and this impairment of your divine nature]
   can be corrected,
but
   a universe
   in which
   evil
   could win
   • cannot be corrected and
   • is an utterly dismal prospect.

A related manifestation
   is its converse:
   Whenever you seem to
get away with
   your lower self [and not have to experience its negative and
destructive consequences and effects],
   the momentary triumph
is very shallow
   and covers a deep despair.

Your dual nature
   is in constant battle here.

One part [of you, the negative part]
   strongly aims for
   • covering,
   • justifying,
   • projecting,
     and thereby
     increasing
     the lower-self
     • energies and
     • activities.
This [negative] part of you
• fights
  the path process
  in many ways and
• aims
  • to deceive your helper,
  • to convince him or her
    that your cover-ups are valid.

But the other part of you [i.e., your positive higher self]
is very unhappy
when the first part [of you, the negative part] succeeds.

Whenever your helper
• fails to discover
  your lower-self maneuvers and
• is blind, together with you,
  about the connections –
  that is, cause and effect [behind your
destructiveness and negative
undesirable experiences and pain] –
  sooner or later
  you resent your helper
  for this failure.

No matter how much
  you may have battled
  at first
  against
  seeing the connections
  between
  • negative intent
  and
  • undesirable experience,
you feel
  truly let down
  when the helper
do not
  ally with
  your higher self,
  no matter
  how covered up it [i.e., how covered up your
  higher self]
  may still be
  at the time [with lower self aspects].
Lack of trust
  in the helper
  is directly connected with
the lack of trust
  in a fair universe.

If you can
  • deceive and
  • “win” with
    • your negativity,
    • your evil,
    • your destructive attitudes,
you
  • realistically and
  • logically conclude that

  Creation as a whole
  is
    • untrustworthy and
    • chaotic.

This [wrong conclusion that Creation is untrustworthy and chaotic]
is perhaps one of the
  most unbearable pains
  in the human soul!

I strongly recommend
  that you focus
  right now
  on what I am discussing here.
Try to perceive that behind resistance to face certain negative aspects [in yourself] lies an even greater resistance to see [law of cause and effect, in other words, resistance to see] that these negative patterns create inevitably

- negative experiences and
- undesirable life circumstances.

Once you can admit the resistance [to seeing the law of cause and effect], it will be easier to go one layer deeper and become conscious of both a deep longing to make these connections [between causes and effects] and an equally strong painful fear

- that no connections [between causes and effects] exist,
- that all [in the Universe] is

  - arbitrary and
  - senseless.

Resistance to making connections between cause and effect covers the

- fear and
- pain

that there are no such connections.
Find
  the moments of relief
  in your past work
when,
  after having overcome resistance [to making the connection
  between cause and effect],
  you [then] realized
  the intrinsic fairness of life.

Remember how,
  after seeing the connections [between causes and effects],
  you always felt
  much more secure about life.

With this insight
  into hitherto
  • obscure and
  • unnamed
  reactions [to life],
  you will have made
  the pain of injustice
  conscious.

This is why
  a path
such as the
  • one you are choosing for your
    • development and
    • growth,
  • one that goes into these
    • depths and
    • hidden crevices,
brings a
  • new and
  • true
  security.
It [i.e., a path such as this pathwork] eliminates the pain of injustice because it establishes connections between • cause and • effect in your own soul life [connections] that remain inaccessible as long as strong resistances are not overcome.

• Love of and • trust in your helpers are commensurate with your • goodwill and • intent to help them help you see what you most deeply long for.
How can you
• trust and
• believe in and
• experience
  a just universe
    unless you
      see plainly
        how every one of your
          • actions,
          • thoughts,
          • hidden intentionalities,
          • feelings and
          • attitudes –
            • positive and
            • negative –
              has definitive
                • results and
                • effects?

Little by little
  the personal connections
    • unroll and
    • reveal larger processes,
      gradually
        leading into
          the macrocosmic events.

At first,
  almost all earthly events
    seem disconnected
      from one another.

Things happen
  as if
    • arbitrarily,
    • nonsensically.
Only when
the microcosmic connections
are being made
do macrocosmic events
reveal their
• meaning and
• connections, their
• causes and
• effects –
at least to a degree.

As long as
you
• live in
  the shell of matter,
• encased in time,
there are
many connections
you can never
fully make.

They [i.e., the connections between causes and effects]
remain invisible,
although at times
you can
intuitively
sense some links.

To understand
that
main connections [between causes and effects]
exist
needs
faith.

But
true faith
is
to some degree
experiential.
It [i.e., true faith] comes exactly because your inner process moves toward an increasing uncovering of connecting links [between causes and effects].

This movement [toward increasing uncovering of these connecting links between causes and effects]

• allays the fear of the pain of injustice and
• heals the wounds it [i.e., heals the wounds that the fear of the pain of injustice] causes.

Think of your reactions

• when you witness earthly events of cruelty whose perpetrators seem to remain unapprehended, or
• when
  • good deeds and genuine
  • love and giving seem to
    • elicit undeserved negative effects, or at least
    • fail to produce just rewards.

On some occasions it is possible to go beyond the surface and see deeper connections [between causes and effects] that reveal the perfect justice of life.
[However] In some instances it is truly a question of time.

The

- connections [between causes and effects] and
- justice
  are not immediately visible,
  but the unrolling of time,
  in your dimension,
  makes the connections obvious.

Time brings them [i.e., brings the connections between causes and effects] eventually to the surface.

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<td>But in how many instances,</td>
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<td>• in small issues as well as</td>
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<td>• in large ones,</td>
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<td>• in personal issues as well as</td>
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<td>• in general and universal ones,</td>
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<td>it is quite impossible to see the connections [between causes and effects]!</td>
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The unrolling of time extends beyond the human vision.

All spiritual scriptures speak about the reality of ultimate justice, often

- perceived and
- experienced only after
  • your body is left behind and
  • your vision becomes more extended.
The concept of
• the "Last Judgment" or
• "Judgment Day"
  is an intimation
  of this fact.

These terms
  convey that
  there is a "time"
  after death
  when
  all is revealed.

Human beings
  usually react unfavorably
  to this concept [of all in their lives “being revealed”]
  because they think of it
  in terms of
  • a punishing deity,
  • a cruel, unmerciful ruler
    who would impose
    more injustice on them.

This ancient concept
  confused
  • God
  with
  • cruel earthly
    • leaders and
    • fathers.

But
  the true meaning of
  the "final judgment"
  is the revealing of
  connections [of causes with effects]
    that show
    the unutterable beauty of
    the faultless justice of
    spiritual laws.
The
• joy and
• security
of the discovery [of the unutterable beauty
  of the faultless justice of spiritual laws]
  by far
  outweighs
  the personal price
  that needs to be paid
  for infringement of
divine law.

Even if
negative karma
results
from the actions of a lifetime,
it [i.e., the negative karma]
is joyfully undertaken
once the covers fall off,
because
living in a
• just and
• trustworthy
universe
  has much greater value [than the negative karma that
  may have to be undertaken temporarily].

This is parallel to
experiencing
at certain stages on your path
the relief of
seeing cause and effect,
even if it means
paying the price [for your negativity
that caused painful effects].
On one level
you resist [acknowledging cause and effect],
because
you desire
• never
to be accountable for
your misdemeanors,
• never
to have to pay the price [for your misdemeanors].

On a deeper level
you dread this possibility,
but
you are also
profoundly relieved
to find out that
every smallest particle of consciousness
creates effects
which, in turn,
must come back to you
and extract a price:
• positively,
in a life-affirming way, or
• negatively,
in a life-denying way,
   according to the cause.

How is it possible
that
• all deeds,
• all attitudes,
• all ever so secret intentionalities
can be accounted for,
   often decades later?
How can someone's life be adjudged long after the fact?

It is important that you have some
• concept and
• understanding about the principle operating here.

This understanding will help you to open up your inner valves to intuitive experiences.

You already know that every human being contains an inner substance – sometimes referred to as "soul substance" – which reflects every particle of the person's life.

Nothing is lost, nothing glossed over.

• Every thought of any significance,
• every feeling,
• every intent,
• every will direction,
• every action – with all its ramifications – is imprinted into this [soul] substance and thereby made available to review.

Thus a person's life may be perused from every conceivable point of view.
One's life is truly an open book.

You all contain an inner recording device, if you will.

One of your greatest illusions – and you have many – is that

- thoughts and
- intentions and
- desires can be kept secret and should therefore have no impact.

Individuals often feel resentful when others react to

- their unspoken intentions,
- their secret negative wishes, as if they [i.e., as if their unspoken intentions and secret negative wishes] should not count.

Whatever seems to be

- got away with or
- unaccounted for in an individual's life,

- good or
- bad,

will

- ultimately be open and
- inevitably have its commensurate effects.
There are definite laws in operation that determine when effects follow causes –

• when and why, in certain instances, effects follow suit relatively quickly [after their causes] and are thereby immediately traceable [to their causes], and

• when and why there is a longer time span between them [i.e., a longer time span between effects and their causes].

It would be much too complicated to delve into this now.

All I can say at this time is that the more an entity is developed, the faster effects follow causes.

Beings who are still relatively undeveloped find themselves in the darkness of groping through the webs of cause and effect, more often than not completely missing the connections [between effects and their causes], discovering them only much later, when the body is shed as a garment no longer needed.
Just as each individual carries his or her own inner soul tableau in which his or her personal records are kept, so does your planet have a soul substance into which all that ever happened on earth is imprinted and can be read as an immaculately kept record.

Some human beings have special gifts of clairvoyance, through which parts of the world record are revealed to them.

Of course, personal misinterpretations due to limited consciousness can distort their vision.

Since the world recording system exists beyond three-dimensional time, the future – that is, certain possibilities of the reality which might most likely manifest can be as available as the past.
The world [soul] substance
is infinitely malleable,
just as personal soul substance is.

They [i.e., both the world soul substance and the personal soul substance]
are of the same "material."

Nothing that
• ever happened,
• is happening,
• will happen
  is ever lost.

Everything
    automatically
    imprints itself
    in this [soul] substance.

It [i.e., this soul substance] does
not only show the
• raw event –
or even the plain simple
• thought,
• attitude or
• will direction.

It [i.e., this soul substance] also shows the
• most hidden motives, the
• most secret intention, the
• exact balance of ambivalent feelings and the
• real reasons for making a decision.

It [i.e., this soul substance] registers
• which alternative
  • the individual or
  • the collective entity
    is acting upon.

In that way,
    no
• darkness or
• confusion
  can ever exist
    in the record [i.e., in the world or personal soul substance].
Much
• argument,
• dissension,
• painful struggling
in
• dark and
• confused
states of mind,
is based on
a most superficial level of awareness;
the persons are
nevertheless
affected by
the hidden levels of consciousness.

Clarity of vision
totally eliminates
all
• fear and
• pain
of injustice.
It [i.e., clarity of vision]
shows without a doubt
that you live in
an infinitely just Creation
in which
no error
is ever possible.

But this awareness [i.e., this clarity of vision]
cannot be given gratuitously.

Each entity
must develop into it [i.e., develop into awareness or clarity of vision]
through struggle.

This [struggle] means
overcoming the resistance
• to making every crevice of the self
  known and
• to taking responsibility for it [i.e., overcoming resistance to taking
  responsibility for every crevice of the self].
Scriptures of many
• religious and
• spiritual
    movements
    have always hinted at
    ultimate justice.
"Judgment Day"
means nothing else
but this [i.e. nothing else but ultimate justice in Creation].

It is human consciousness,
with its
    present
    limitations,
    that interpreted
judgment
    • to imply
      an unloving attitude
      on the part of those
      who were supposed to judge,
    • [even interpreting judgment] to imply
      • unfairness,
      • arbitrariness,
      • rejection.

This [interpretation of judgment]
is clearly
    a projection of
    humanity's own
    state of affairs.

Divine justice [in contrast to limited human justice]
is nothing more, nor less,
than
    the full vision of
    all an entity expresses,
so that
    the inevitable consequences [of all an entity expresses]
become
    • the measure and
    • the medicine
to grow into
    wholeness,
    that is,
    holiness.
You need to
• clearly understand and
• differentiate
between
• the fear of and
• resistance to
this full vision of
unconcealed revelation
• of all that is –
• of the World Soul Substance
  that hides nothing –

and [its opposite:]
• the deepest longing
  in your soul
  for exactly
  this
  • knowledge and
  • experience.

For only then [i.e., only when you understand and differentiate between, on the one hand, the resistance to seeing and, on the other hand, the longing to seeing the unconcealed revelation of all that is]

will you heal
the profoundly painful wound
of believing
that you live in
an unreliable universe
in which there exists
no justice.

You need to understand
the deep struggle
in your soul
between
these two opposite
will directions [i.e., one will-direction not to see the truth,
the other will-direction to see the truth of all that is].

When you do so [i.e., when you do understand the deep struggle between these two opposite will-directions operating in your soul],
you will be able to help its [i.e., help this struggle’s] resolution
with your
clear consciousness.
What your
  • outer self
    often opposes
    most vigorously,
your
  • inner self
    longs for
    most ardently.

When
  • the outer self
    • succeeds and
    • rules
      the will direction
      of the
        • manifest,
        • acting
          personality,
  • the inner self
    is in
    the greatest despair.

You feel
  this despair [of your inner self]
  sometimes
    only vaguely,
  at other times
    quite keenly,
but you
never
understand
  it [i.e., never understand the despair of your inner self]
  clearly.

Often you
misinterpret
  this despair [of your inner self]
and you blame
  • life or
  • others
    for it.
So, my friends, I say to you,
experience the pain of
believing you live in
an unjust universe.

Only when you
establish full awareness
of this specific pain [i.e., full awareness of this specific pain of believing you live in an unjust universe],
can you then, as the next step,
establish full awareness
of the struggle in you
to heal this pain [of believing you live in an unjust universe].

They [i.e., the resistance to seeing the truth, believing the truth is that
you live in an unjust universe and your longing to see the truth
that this is not the case and that you live in a totally just universe]
are two opposite
will directions.

At this point,
you need to understand
that there is no other cure
for this specific pain [i.e., this specific pain of believing
you live in an unjust universe]
but
• to obtain the relief
  you resist most, that is,
• to [obtain the relief that comes when you] ascertain
  the connections
  between
  • the causes you set in motion
  and
  • their effects
    on
    • yourself and
    • others.
Once you remove your wall of resistance to seeing the truth of these connections between causes and effects, you will see how foolish it was to have this wall of resistance blocking the truth of these connections between causes and effects, and what a relief it is to see:

- the orderliness,
- the beauty,
- the infinite merciful justice of Creation.

<table>
<thead>
<tr>
<th>Become aware of</th>
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<tbody>
<tr>
<td>• living,</td>
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<tr>
<td>• breathing, and</td>
</tr>
<tr>
<td>• being</td>
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<tr>
<td>in a living substance that registers at all times</td>
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<tr>
<td>• all that you are,</td>
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<tr>
<td>• all that you manifest,</td>
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<tr>
<td>• all that you express,</td>
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<tr>
<td>• all that you strive for.</td>
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</table>

Your • being, your • aliveness has impact on the world you live in, whether you know it or not.

Do not fear this fact, do not resist it.
You
  * fear and
  * resist

  knowing this [i.e., you fear and resist knowing that your being has impact on the world]

because
  you believe that
  your destructive aspects
  are
    * your essence,
    * your ultimate reality.

[If it were true that your destructive aspects were your essence and ultimate reality.]

That would indeed be unbearable.

That [negative] alternative is whispered into your ears by the forces of darkness whose interest it is that you remain in
  * pain,
  * fear and
  * confusion,
  * disconnected from
    * the greater reality of life.

In the darkness you prefer to struggle with the pain of an unjust universe, rather than
  * see the
    * beauty and
    * justice of God's creation and
  * discover that you are ultimately good.
So you need to pray for the faith in your ultimate divine essence that can fully reveal itself only when you recognize what covers it up.

This step of • courage and • faith [in your ultimate divine essence] is exactly what you need to take on your path, again and again.

The awareness of having impact on life • through your very being, • simply existing, will give you • a tremendous sense of peace and • a sense of your own values rather than frighten you.

It [i.e., this awareness of having impact on life through your very being and by simply existing] will motivate you to unfold all your still dormant divine potentials, with which you will then mold ever-newly unfolding life.
Life's infinite possibilities depend
  • on every single created conscious entity,
  • on each entity's decision,
    in every fraction of time,
      • which way to
        • go,
      • which way to
        • think,
        • act and
        • will.

You are the director of your thoughts.
Your thoughts do not befall you [i.e., your thoughts do not happen to you by chance or fate].

Through your thoughts, you create
  • the flow of feelings and
  • the direction of your vital energies.

The You that can make these decisions is the already-manifest divinity.
It is an illusion to believe that by not making decisions in your
• thoughts,
• opinions or
• acts,
you have no impact.

Even when you actively choose, you often doubt that your decisions have impact.

How much more will you doubt [that you have any significant impact] when it comes to your
• non-actions, your
• lukewarm withholding or
• not taking a stand,
• not actively searching for truth at all times!

The reality is that your non-actions are actions in themselves that have every bit as much impact as your overt actions.

Your soul substance registers the hidden motives for non-action.

It [i.e., your soul substance] registers
• feelings and
• attitudes that are contained behind the decision not to act.
Since you are • consciousness,
since you are • a divine manifestation,
you cannot help breathing into the world substance by virtue of simply existing.

All consciousness does that.

Being must affect life, simply being.

Be aware of • the great privilege, • the great power, • the dignity, • the infinite possibility that this [reality] confers on you.

Know that each thought you harbor is a distinct energy formation, • sending out • waves and • rays, • creating according to the nature of the thought.
Open your eyes
to the beauty
of the fact
that you are,
with your present limited consciousness,
already
a co-creator of reality.

You can
represent God
on the level of
• manifest,
• material,
• three-dimensional
  reality,
or you can
do the devil's work –
  unwittingly in your case,
  but no less harmfully.

Allow yourself
• to ponder,
• to meditate,
• to visualize
  that –
  by simply being –
  you send out
  constant rays
  that convey
  a meaning
  which creates
  distinct effects.
Let this new vision lend
  • a new dignity
    to your life,
  • a new motive
    • for becoming
      as creative as possible
        through your very being,
  • for finding
    • peace and
    • security
      your soul
    has desired
      for such a long time:
        to know that there is
          • perfect,
          • sublime,
          • infallible
            justice
              in the world you live in.

My beloved friends,
  your sphere is ready
    • for
      • new and
      • higher
        values,
    • for
      • new understanding and
      • a deepening of insight
        about
          the nature of life.

Our world is actively involved with
  • awakening
    this new awareness and
  • encouraging it
    to express itself
      in practical ways.
We have made
many inroads
through
• various channels,
• various types
  of divine influx,
  all over your world.

Little by little
new ideas
are spreading
from various sources.

Since
the forces of darkness
have their power
over your sphere,
it is unavoidable
that these
new
• values and
• ideas
  are, at times,
• polluted and
• distorted.

Nevertheless,
the power of
• awakening and
• growing
  consciousness
  cannot be halted.

The current
is in flux.

The great waters
• of truth,
• of love,
• of wisdom,
• of divine reality,
• of the Christ consciousness
  • seek their channels and
  • break through obstructions.
Every one of you can be instrumental in
- removing more of the obstructions and
- halting the pollution of these clear waters.

The earth consciousness is ready for a great new step.

As with individual consciousness, so with a collective entity:
- if overall growth and potential
  - for more understanding and
  - for acceptance of true, divine values
  is hindered by parts that resist this movement,
- crisis and pain are inevitable.

- Pain and crisis are much more severe in these instances when the overall consciousness is more developed, is growing, and there is potential for more understanding and for acceptance of true, divine values.

than when the overall consciousness is less developed and, therefore, on a more even keel.
I have said this many times before, in different contexts.

World history gives you a clear map of this phenomenon.

Whenever there was
• war and
• world catastrophe,
the entity earth was ready to take a step
• in its growth process,
• in the expansion of its collective consciousness,
but parts of the entity hindered it [i.e., hindered the entity earth from taking this step forward in growth and expansion of collective consciousness]
through succumbing to resistances [blocking growth and expansion of consciousness].

These resistances [that were blocking growth and expansion of consciousness] came from quarters that
• either deliberately
• or unwittingly
• listened to the inspiration of evil entities and
• then gained power and influence over the rest of the world.

Those who
• listened to and
• followed these powerful factions were, in their own way, as responsible as those who were directly instrumental in halting the process of unfoldment [of consciousness].
Now

your earth sphere
is ready for
a big step forward.

All the
inner
faculties
have been prepared for this step.

The forces of darkness
know this
and use
every means at their disposal
to halt the process.

If they succeed,
or
to the degree they succeed,
world crisis ensues.

Every one of you
has been prepared
through your
personal path,
• in which
  you have liberated yourself
  • from much
    • confusion and
    • pain,
  • from much
    • guilt and
    • fear, and
• in which
  you continue to
  • cultivate this process and
  • bring it to fruition.
Cultivating the process [of your pathwork] in your own life enables you to become intensely aware
• of what is at stake here,
• of how instrumental you, as an individual, can be:
  • first by creating
    • truth and order
    within yourself and
  • then, as a result of this, by helping to do the same for the entity earth.

You often speak of your "outreach program."

I say to you, my friends, that
your world is indeed ready
• to listen,
• to hear, and
• to begin to make the effort to understand
  the new
    • values and
    • truths
  you are constantly learning here.

Many of these values have already become second nature to you.

Other values you perceive only as vague outlines and you struggle to make them part of you.
Be that as it may, you – this community as a whole – are ready to:
• reach out and
• present to the world much of what you have learned.

When you become more aware of the power you have to mold life, you:
• will avail yourself of this positive power and
• will be open to the guidance that wants:
  • to come through many of you,
  • to reach into your surrounding world in many different ways.

I ask you to make every effort possible to comprehend this lecture. Complete this understanding by linking it up with the preceding lectures of this year. Your awareness is growing by leaps and bounds. Inner knowing is seeping through, bringing you a vision of the world as it really is.
• Knowledge,
• the experiential knowing
  of
  infinite justice,
  must give you
  the
  • peace and
  • security
  you long for
  in your heart.

Know that
• all you
  • are,
• all you
  • think,
  • will, and
• feel,
  is impressed into
  a malleable universe.

Do not let
  the initial fear of this thought
  drive you back
  into your world of
  • darkness,
  • fear,
  • resistance,
  • distrust and
  • pain –
  the pain of injustice.

This
  pain of injustice
  can only be healed
  when you
  muster the courage
  of allowing yourself
  to know
  • that your negativity
    causes pain
    • to others and
    • to yourself,
  • that it [i.e., your negativity] has
    definite consequences.
The
• courage and
• truthfulness
of this realism [i.e., the truth of realism that your negativity causes pain],
the
• maturity
of this attitude [i.e., the mature attitude that your negativity causes pain] must –
  far from indicating
  a hopeless state
  • in you and
  • in your relationship to God –
restore
• your faith
  • in Christ,
  • in love,
  • in goodness,
  • in mercy,
  • in the world
    as it is created.

It [i.e., your truthful realism and mature attitude that your negativity causes pain to you and others]
will
restore
• your soul,
• your faith
  • in yourself and
  • in God and
  • in all that is good.

Since
life
is
change,
your lower self
is also
a constantly changing aspect of life.
It [i.e., your lower self]
contains
innate capacities
to transform
• the worst
into
• the best.

Taking responsibility
for the lower self
is no longer
so difficult
for most of you.

You have learned to do so
and thereby
you have gained
• new freedom and
• new self-esteem.

What is still difficult
for you to accept
is the fact that
• lower-self aspects
have effects, and
• they [i.e., lower-self aspects]
influence
more of your
• thinking and
• acting, your
• perceptions and your
• reactions,
than you wish to admit.

It is this very fear [i.e., the fear that your lower-self aspects still have so much influence over your thinking, acting, perceptions, and reacting]
that causes
the deeper
fear of injustice.
In not facing the consequences of the lower self, you try to cultivate the illusion that there are no effects [of your lower-self aspects and behaviors].

If you pursue this line of
- inner,
- unconscious reasoning to its logical end,
you create an imaginary world of injustice. This suits the wishful thinking of the lower self and makes you afraid of the consequences [and effects of your lower self aspects] you yourself create.

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<tr>
<th>43</th>
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<tbody>
<tr>
<td>Use</td>
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<tr>
<td>- this clear indicator,</td>
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<tr>
<td>- this key:</td>
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<tr>
<td>to the degree you experience</td>
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<tr>
<td>- fears and</td>
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<tr>
<td>- anxiety,</td>
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<tr>
<td>to that degree you feel the pain of an unjust universe, and to the exact same degree you do not want to know that your lower self has</td>
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<tr>
<td>- effects and</td>
</tr>
<tr>
<td>- consequences.</td>
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</tbody>
</table>
Conversely,  
to the degree  
you name the fear [rather than merely experience it  
or vaguely feel it],  
you look into [i.e., you then look into, explore and dissolve]  
the pain of injustice  
that gnaws at your insides.

Furthermore,  
to the degree  
you overcome  
the resistance  
to seeing  
how you wish  
to disconnect  
from the consequences  
of lower-self attitudes,  
to that exact same degree  
you will free yourself  
of an immeasurable burden  
and will gain  
a deep new security:  
the security that  
all is  
very well  
with life.

You are all blessed,  
my beloved friends.

Many of you  
have learned much  
in your innermost being.

Many of you  
are struggling  
in your growth  
and, as I said before,  
it is a noble struggle  
that elevates you  
in the best sense of the word.
Continue this good struggle, be an instrument for God's Great Plan, put yourself under Christ's protective • energy and • consciousness.

You live in a sea of love, you breathe into a universe of sheer goodness.

Make yourself conscious of this most beautiful of all facts of life!

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