

Pathwork Lecture 230: The Universality of Change – Reincarnative Process in the Same Life Span

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This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The original text is in bold and italicized. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p><i>Greetings, my very beloved friends.</i></p> <p><i>Again we are gathered together to exchange</i></p> <ul style="list-style-type: none"> <i>• through my giving to you where the need is greatest and</i> <i>• through your receiving where your need is greatest.</i> <p><i>You thus [i.e., By your receiving where your need is greatest you] fulfill a universal need.</i></p> <p><i>This universal need [i.e., This universal need that you fulfill by your receiving where your need is greatest] is the constant movement toward expansion.</i></p>

by Eva Broch Pierrakos

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	<p><i>All organisms in the universe move toward an expansion, which follows the seedplan within the organism.</i></p>
04	<p><i>What is the seedplan?</i></p> <p><i>It [i.e., The seedplan within the organism] is truly allowing Divine Substance to infiltrate all that is.</i></p> <p><i>And that substance [i.e., And that Divine Substance infiltrating all that is] is never static.</i></p> <p><i>It [i.e., That Divine Substance infiltrating all that is] contains limitless possibilities for</i></p> <ul style="list-style-type: none"><i>• being,</i><i>• expression and</i><i>• creative manifestation –</i> <p><i>literally limitless ways of</i></p> <ul style="list-style-type: none"><i>• joyousness,</i><i>• ecstasy and</i><i>• wisdom,</i> <p><i>to such an extent that it [i.e., that the Divine Substance infiltrating all that is] cannot even be put into human language.</i></p> <p><i>Wherever this movement [i.e., Wherever this movement of the Divine Substance toward expansion following the seedplan of the organism] is stopped, a break in</i></p> <ul style="list-style-type: none"><i>• consciousness and</i><i>• energy</i> <p><i>occurs.</i></p>

05	<p><i>On the human level of development</i> <i>this break</i> [i.e., <i>This break in consciousness and energy that occurs on the human level of development wherever the movement of the Divine Substance toward expansion following the seedplan of the human is stopped</i>] <i>occurs, for example,</i> <i>with death.</i></p> <p><i>But</i> <i>death</i> <i>is only a break</i> [i.e., <i>death is a break in consciousness and energy only on the manifest level</i>].</p> <ul style="list-style-type: none">• <i>Consciousness</i>and• <i>energy</i> <i>are resumed, as it were,</i> <i>on another level,</i> <i>just as</i> <i>sleep</i> <i>involves</i><ul style="list-style-type: none">• <i>a break in consciousness</i> <i>on one level,</i><i>but</i><ul style="list-style-type: none">• <i>continuing consciousness</i> <i>on another level.</i> <p><i>So the break</i> [i.e., <i>the break in consciousness that occurs in sleep and death</i>] <i>is</i> <i>as</i><ul style="list-style-type: none">• <i>illusory – it occurs</i> <i>only</i> <i>on the manifest level –</i><i>as</i><ul style="list-style-type: none">• <i>the fear of movement</i> [i.e., <i>as the fear of movement is illusory</i>].</p>
06	<p><i>Movement toward expansion</i> <i>implies</i> <i>a willingness to change.</i></p> <p><i>And this</i> [i.e., <i>And this willingness to change</i>] <i>is what we are concerned with</i> <i>at this juncture on your path.</i></p>

*You all know
that there is a countermovement [i.e., a countermovement against change]
in the human soul,
and that [i.e., and that countermovement against change in the human soul]
is
the fear
of change.*

*Many of you
are quite capable of
connecting with
• the fear of
change.*

*It is [i.e., In addition to connecting with the fear of change that resists change, it is]
equally important
to connect with
• the deeper movement of your soul
toward
change.*

*Fuller self-expression
means
change.*

*If there is
no change,
there cannot be
self-expression.*

07

*Let us take this phenomenon
first
purely on
the physical level,
so as to demonstrate the principle.*

*A physical organism
goes through
constant
• phases and
• periods
of change.*

*That change [i.e., That change in a physical organism]
may at first
be so*

- *subtle and*
 - *gradual*
- that it is*
- *hardly noticeable,*

but

- *cumulatively*
- it becomes*
- *very noticeable indeed.*

*Consider the
drastic change of*

- *an infant*

growing into

- *childhood,*

then into

- *adolescence,*

and later into

- *adulthood.*

Think of how

- *the physical organs,*
- *the body,*
- *the whole appearance*

change

from

- *infant*

to

- *child*

to

- *adolescent*

to

- *adult*

to

- *old age,*

after which

*a further metamorphosis
beyond human vision
takes place.*

08	<p><i>So there are cycles of change that, if hindered, result in</i></p> <ul style="list-style-type: none">• <i>atrophy</i> <p><i>and finally in</i></p> <ul style="list-style-type: none">• <i>death.</i> <p><i>Let us suppose you put a human organism into such a constricted space that</i></p> <p><i>its further organic movements [i.e., its further physical movements] are hindered.</i></p> <p><i>It is easy to imagine how this [i.e., how putting a human organism into such a constricted space that its further organic physical movements are hindered] would affect the organism:</i></p> <p><i>it [i.e., a human organism being put into a space so constricted that its further organic physical movements are hindered] would be destructive to life.</i></p>
09	<p><i>It [i.e., The situation that the LIFE of a human's PHYSICAL organism that is put into a space so constricted that its further movements are hindered is destroyed] is no different with [the situation with the life of]</i></p> <p><i>the</i></p> <ul style="list-style-type: none">• <i>psychic organism,</i> <p><i>the</i></p> <ul style="list-style-type: none">• <i>spiritual organism,</i> <p><i>the</i></p> <ul style="list-style-type: none">• <i>mental and</i>• <i>emotional organism.</i>

*Yet
human consciousness
contains a mass-image
of ancient origin,
deeply embedded in the psyche.*

*This mass-image
says that
change
is to be
feared.*

*This image [i.e., This mass-image in the human psyche
that says change is to be feared]
creates a condition [i.e., a creates a condition preventing natural expansion]
in the human psyche,
similar to
a physical restriction,
that prevents
the human organism
from its natural expansion [i.e., from its natural
physical expansion and growth].*

*The space
provided by the image [i.e., by the mass-image that change is to be feared]
is so narrow
that the
natural expansive movement [i.e., that the natural expansive
movement of the human psyche]
cannot occur.*

10

*The belief
that this mass-image perpetuates
is that
only
an unchanging condition
is secure.*

Now, my friends,
this mass-image [i.e., this mass-image that change is to be feared and the
resulting belief that only an unchanging condition is secure]

is

- **extremely strong and**
- **so profound in its effect**
that it is indeed responsible for
the creation of death.

For
you experience life
according to
your conviction.

I have mentioned this principle [i.e., this principle that you experience
life according to your conviction]
many, many times
throughout the years of our contact,
but still
it is frequently overlooked.

The tendency remains
to view the world
• **in reverse, or**
• **upside down:**

you take certain phenomena
as if they were inevitable,
and then you see

their cause [i.e., their cause, which is actually your
conviction that these certain
phenomena are inevitable,]

as

the effect [i.e., the effect being that these certain
phenomena indeed happen, thus “proving”
that your conviction that these phenomena are
inevitable is in fact correct].

*In other words,
you continue to see
death
as*

- an unknown phenomenon,*
- an inevitable fact,*

*and you conclude
that your
fear of death
stems from
this unknown state.*

*In reality,
your fear of death
is the effect of
your belief
that
change*

- leads into
the unknown and*
- must therefore
be feared.*

*The unknown
is thus viewed
as something*

- negative and*
- fearsome.*

11

*If you believe
change
to be fearsome,
you will*

- atrophy
the*
- spiritual and
• psychic
musculature
of your system,*

and

- box yourself
into a state of*
- non-movement and
• non-expansion
in which
you hardly breathe
in order to
prevent
change.*

*And that is
literally, to some varying degree,
the human condition.*

*So it is
extremely important
that you, my friends,
who are
the pioneers of the New Age,
create
the new consciousness within you
that*

- does not fear
change,*

that

- trusts
change
as a*
- completely natural and
• desirable
phenomenon.*

12

*If you examine your
consciousness
you will always find,
in one way or another,
a blind reaction
that expresses
the belief
that
to be safe,
you must
not move.*

*Trust in
life
is just the opposite [i.e., opposite to the belief that
to be safe you must not move].*

*You need to
begin*

- deliberately,*
- intentionally and*
- consciously*

*to conceive of
change
as a*

- desirable and*
- joyful*

*movement
in which
you can
further realize
joyous experience.*

	<ul style="list-style-type: none">• Remember <i>these words [i.e., Remember these words: “You need to begin deliberately, intentionally, and consciously to conceive of CHANGE as a DESIRABLE and JOYFUL MOVEMENT in which you can further REALIZE JOYOUS EXPERIENCE.”]</i> <p><i>and</i></p> <ul style="list-style-type: none">• indelibly imprint them <i>upon your soul substance.</i> <p><i>When you do,</i> <i>you will no longer</i> <i>halt the natural movement</i> <i>to follow your fuller self-expression</i> <i>into</i> <i>more</i><ul style="list-style-type: none">• <i>inner unity and</i>• <i>wholeness,</i><i>more</i><ul style="list-style-type: none">• <i>peace,</i>• <i>joy, and</i>• <i>creativity.</i></p>
13	<p><i>Time itself</i> <i>is an illusion</i> <i>that, as I stated recently,</i> <i>stems from</i> <i>the ongoing movement</i> <i>of all that is alive.</i></p> <p><i>Time</i> <i>stems also</i> <i>from the belief</i> <i>that you must</i><ul style="list-style-type: none">• <i>avoid</i> <i>the future and</i>• <i>hold on to</i> <i>the past</i> <i>to continue existing.</i></p>

*It [i.e., The belief that you must avoid the future and
hold on to the past to continue existing]*

*is the innate
false belief
of all humankind.*

*Only when you
alter this belief
with*

- courage and*
- faith*

will
the manifestations of

- time and*
- death*

change.

*It always
requires*

- courage,*
- the taking*
of an apparent risk,
to believe in something
 - new and*
 - positive.*

*By allowing yourself
to flow
with the movement of life,
you will
increasingly,
within your lifetime,
expand
your positive experience of life.*

*As you thus [i.e., As you, by expanding your positive experience of life,]
gain trust in
the universe
in which you*

- *dwell and*
- *operate as an integral part,*

*so will you
trust
that
what
now
seems
mysterious –
although it may actually
be mysterious
by virtue of being*

- *unknown and*
- *new –*

does not threaten you.

14

*Imagine
a life
in which there is
no fear of death.*

How would you live?

If you are a

- *highly developed*
- *conscious, and*
- *God-expressing
individual,*

*no fear of death
would mean*

- *unending joy,*
- *a fearless existence*

*in which
you bring
your innate divine potentials
to ever greater expression.*

	<p><i>But</i> <i>if you</i> • <i>are still half asleep</i> <i>and therefore</i> • <i>fear</i> • <i>universal life, or</i> • <i>expansion into</i> <i>universal life,</i></p> <p><i>then</i> <i>absence of</i> <i>the fear of death</i> <i>would perhaps</i> <i>make you even</i> • <i>lazier and</i> • <i>less motivated to</i> • <i>move,</i> • <i>develop, and</i> • <i>experience.</i></p>
15	<p><i>Now, I am not saying</i> <i>that the fear of death</i> <i>is given</i> <i>[in order] to manipulate you</i> <i>into further initiative.</i></p> <p><i>But I say to you</i> <i>that the fear of death</i> <i>that</i> <i>you</i> <i>have created</i> <i>through</i> <i>your fear of</i> • <i>moving and</i> • <i>changing</i> <i>can also become</i> <i>its own medicine.</i></p> <p><i>It [i.e., Your fear of death]</i> <i>then [i.e., then, when it becomes its own medicine,]</i> <i>works for you</i> <i>in a self-healing way.</i></p>

*I have explained this before
as one of the
most remarkable manifestations of
the benign nature of creation:*

the evil

- *unwittingly or*
- *wittingly*

*created by individual entities
becomes the very agent
with which
evil heals itself.*

All

- *self-produced errors*

and

- *their resultant*
 - *fear,*
 - *suffering, and*
 - *negativity*

*can, if you so choose,
become
your means
of coming out of that state.*

16

As you

- *grow*

and

- *overcome*
your distrust
of change,

you will
no longer prohibit yourself
from

- *changing and*
- *expanding.*

*Then [i.e., As you grow and overcome your distrust of change]
you will
experience*

- *the universe and*
- *life*

as
intensely

- *trustworthy,*
- *desirable*
- *beautiful, and*
- *secure.*

*What you
feared
in the tomorrow
will have become a
joyous
today.*

*Therefore,
what is
behind the curtain
of so-called death
need not be*

- *feared,*
- even if it is*
- *unknown.*

*Other life experiences
that lay once in*

- *the unknown future*

have now become

- *a joyous present.*

*Consequently,
you will now also
trust
the unknown future.*

17

*As you
cease fearing
future death,
this new attitude [i.e., this new attitude of trusting the benign nature of the
universe and fearing neither the unknown nor change, including death]
becomes more known
in your*

- innermost being,*

in your

- intuitive perception.*

*So as you grow, my friends,
not only*

- do you become*
 - whole and*
 - acclimated to*

intense joyous self-expression,

but [also]

- you*
completely lose
the fear of changing;
- you*
visualize
change
as the most
 - positive,*
 - desirable*

state possible.

*You may not even know
exactly how joyous
the tomorrow
can be,
but
your attitude [i.e., your attitude, your visualization, your emotional climate]
is one of*

- trust and*
- the desire*
 - to move into change,*
 - to experience yourself*
 - in a*
 - new and*
 - different*
 - way*
 - that is*
 - forever*
 - more*
 - desirable,*
 - more*
 - alive,*
 - more*
 - fascinating.*

*And,
as the
threat
of tomorrow
is taken away
by your new attitude,
even though
tomorrow
is not known as yet,
you
intuitively
experience
your soul's
nonthreatening aliveness,
which
transcends
your physical existence.*

*And thus
your fear of death
is eliminated
as*

- you realize
your God-nature,*
- and*
- you do not block
the change
which is
joyfully waiting
within
every one of your cells,*

- physical*
- as well as*
- psychic.*

18

*So I say to you, my beloved friends,
do not halt
the movement
that is
the expression of life.*

*Confidently
allow it [i.e., Confidently allow the movement or change
that is the expression of life]
to unfold,
for
nothing but good
can come from it [i.e., nothing but good can come from change
or the movement that is the expression of life]
if
you visualize it [i.e., if you visualize the change or
movement that is the expression of life]
as good.*

	<p>But if you visualize change [i.e., <i>If you visualize change or movement</i> <i>that is the expression of life]</i> as bad, that very idea [i.e., <i>that very idea that change or movement that is</i> <i>the expression of life is bad]</i> must bring about bad effects.</p> <p>So begin to visualize your change as • good, as • joyful and • secure.</p>
19	<p>To those of you who fully • welcome and • encourage this movement, I say:</p> <p>you already begin to overcome death.</p> <p>It is not only that the fearsome unknown ceases to be fearsome and that you • begin to trust it [i.e., <i>that you begin to trust the unknown]</i> and therefore eventually • will intuitively perceive what you now cannot even imagine.</p>

	<p><i>You also begin to overcome death in a more direct sense.</i></p> <p><i>And about this I would like now to speak, for</i></p> <ul style="list-style-type: none">• <i>it is a concept I have not touched upon before, and</i>• <i>it is time for you to</i><ul style="list-style-type: none">• <i>comprehend it and</i>• <i>take it into your consciousness.</i>
20	<p><i>In this work [i.e., in this Pathwork work], reincarnation is</i></p> <ul style="list-style-type: none">• <i>discussed and</i>• <i>taken for granted.</i> <p><i>There are many theories about it [i.e., about reincarnation].</i></p> <p><i>As you know, I am usually quite reluctant to speak about</i></p> <ul style="list-style-type: none">• <i>past or</i>• <i>future lives.</i> <p><i>But there is one phenomenon</i></p> <ul style="list-style-type: none">• <i>that I would like to discuss here and</i>• <i>that is usually</i><ul style="list-style-type: none">• <i>neglected or</i>• <i>denied</i> <p><i>in spiritual teachings:</i></p> <p><i>A person who is truly on a path of accelerated development</i></p> <ul style="list-style-type: none">• <i>can,</i> <p><i>and frequently</i></p> <ul style="list-style-type: none">• <i>does,</i> <p><i>literally reincarnate in the same lifetime.</i></p>

*As I have explained,
you plan
a life task for yourself
before incarnation.*

*With the aid of spiritual advisers,
you*

- plan a*
 - certain environment and*
 - certain conditions, and*
- set*
 - certain goals of fulfillment
as a task for yourself.*

*Many,
many
human beings
barely fulfill this task;*

many

- leave physical existence
with the task unfulfilled and*
- must return
in a new embodiment
to try again,
perhaps under different conditions.*

*This
you know.*

*This
I have discussed.*

21

But

- *another,*
- *quite different*
phenomenon
is possible.

And that is when a human being

- *fulfills the task*
and
 - *is ready to take on*
a further task
that would ordinarily
await
a new embodiment,
after the person has spent some
so-called time
not in the body.

On an accelerated path,

- *a new incarnation*
can be undertaken
without
 - *leaving the old body behind and*
 - *creating a new incarnation.*

Thus, a

- *laborious change and*
- *break in consciousness*
can be bypassed
if
the personality
is truly devoted
to give all of itself
 - *to its own expansion and*
 - *to fulfilling*
a seedplan
that ordinarily
would be activated
only in
a new incarnation.

***It [i.e., Fulfilling a seedplan that ordinarily would be activated*
*only in a new incarnation]***

- *can be done*
within
the same life span.

- *The life
that would be terminated earlier
can be extended,*
- and*
- *the new seedplan
can*
 - *be "taken out"*
- and*
- *become the task
within
this
life span.*
- Or,*
- *a life
that might have continued
in certain circumstances –
according to the old seedplan –
completely changes
in*
 - *feelings,*
 - *expressions,*
 - *experiences,*
 - *environment, and*
 - *task.*
- *New talents
may
manifest,*
- and*
- *old ones
may
be expressed differently.*

22

*A path such as this one you have chosen [i.e., A path such as pathwork]
is indeed
a very*

- *rare and*
- *intense*

one.

*Some of you
may already connect
intuitively
with
a complete change
in your life experience,
so that
other potentialities
that would have remained dormant
in the incarnation you were born into
can now
come to the fore.*

*With less development,
these potentialities
would remain to be expressed
only
in a future lifetime.*

23

*This change [i.e., This complete change in your life experience so that other
potentialities can now come to the fore]
is a wonderful occurrence.*

*It [i.e., This complete change in your life experience so that other
potentialities can now come to the fore]
is an acceleration of
the organic movement.*

*And in this extended period
of energetic influx
of the Christ consciousness,
there are
more individuals
opening themselves
to this change.*

	<p><i>When you do not shrink from it [i.e., When you do not shrink from this change that is now possible in this extended period of energetic influx of the Christ consciousness], when you</i></p> <ul style="list-style-type: none"><i>• trust it and</i><i>• go with it [i.e., When you trust and go with this change that is now possible in this extended period of energetic influx of the Christ consciousness],</i> <p><i>you can indeed bring forth a second incarnation within one embodiment.</i></p>
24	<p><i>I suggest that you practice</i></p> <ul style="list-style-type: none"><i>• active meditation and</i><i>• visualization</i> <p><i>in which you trust change as the most</i></p> <ul style="list-style-type: none"><i>• desirable,</i><i>• positive,</i><i>• brilliant, and</i><i>• joyful</i> <p><i>phenomenon, which you want to</i></p> <ul style="list-style-type: none"><i>• go with</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• not stem against.</i>

*A further suggestion has to do with
the familiar.*

*You feel
safe
in a*

- *familiar territory,*

*even though
this territory [i.e., this familiar territory]
may actually be
less safe
than the*

- *unfamiliar one.*

*So you
frequently
remain in a*

- *constricted and*
- *confined*

*circumference
to avoid
the imagined danger of
the unfamiliar.*

*Living a
full life
always
means*

- *stepping beyond
the old fences*

and

- *making
new territory
your own familiar ground,
in which
you soon feel as comfortable
as in the old.*

*Realizing yourself
means
feeling comfortable
in a new self-expression.*

That is the task.

*And only
the first few whiffs
of the new experience
are unfamiliar.*

Soon
• *the new*
becomes
• *the familiar,*
and
you expand
your circumference;
you expand
the territory
for your psychic "at-homeness"
until finally
• *all the universe*
and
• *all states of consciousness*
are
• *truly your own,*
• *intensely familiar.*

Then
you are
one
with
the universe.

25	<p><i>Now, are there any questions about this topic?</i></p> <p>QUESTION: <i>The concept of reincarnation in the same life is very • moving, very • touching.</i></p> <p><i>What I want to ask you is, in such a process, is the person aware of it [i.e., aware of reincarnation in the same life]?</i></p> <p><i>Are there any physical signs?</i></p> <p><i>Does it occur in • sleep or in • a waking state?</i></p>
26	<p>ANSWER: <i>The change [i.e., The change going on in an individual who is experiencing a reincarnation in the same life he or she is currently in] occurs gradually on the outer level and may not be immediately sensed by the individual.</i></p> <p><i>But there is definitely a change.</i></p>

*It [i.e., The change that occurs in the individual going through
a reincarnation in the same life he or she is currently in]
is instigated by
the soul
in the spirit world
during sleep
when discussions with
spiritual advisers
always
take place
when a person is on
a developmental path.*

*So
change is
• discussed and
• planned
on
another level of reality.*

*On the
• manifest,
• physical
level,
you may experience it [i.e., you may experience the change]
first
as a
gradual change of
• attitudes,
• interests,
• activities,
• environment, or
• expression.*

*Later on,
retrospectively,
you see that
your life
has become
very different.*

*But the difference
is realized
not
• abruptly
but
• gradually.*

*Sometimes
a deep crisis
indicates the changeover [i.e., the changeover that occurs in the individual
going through a reincarnation in the same life he or she is currently in],
but this crisis
is
in principle
no different from
physical
• death
and
• rebirth.*

*There, too,
are often crises
for those who are still in
a dim state of consciousness.*

*It [i.e., Going through a reincarnation in the same life the individual is currently in]
is of course
less traumatic [i.e., less traumatic than physical death and rebirth]
in one way,
in that
there is
no cut in consciousness
that then must be
regained
through laborious search.*

*And that [i.e., And the fact that in reincarnation in the same life the individual is
currently in there is no cut in consciousness that
then must be regained through laborious search]
is
the great advantage of
reincarnation in the same life.*

27	<p>QUESTION: <i>In this type of reincarnation within the same life, do different aspects of the entity come forth?</i></p>
28	<p>ANSWER: <i>Yes, aspects that were not called forth in the first incarnation of that lifetime.</i></p> <p><i>New aspects may awaken that never have appeared in this lifetime.</i></p> <p><i>On the other hand, aspects that were emphasized in the first incarnation may die down after the rebirth.</i></p> <p><i>They [i.e., Some aspects that were emphasized in the first incarnation of the current lifetime but that die down after rebirth]</i></p> <ul style="list-style-type: none"><i>• are no longer of interest,</i> <p><i>they</i></p> <ul style="list-style-type: none"><i>• no longer serve a purpose, so they are put aside.</i> <p><i>This [i.e., The fact that some aspects that were emphasized in the first incarnation of the current lifetime but that die down after rebirth, aspects that are put aside because they are no longer of interest or serve a purpose] is sometimes why a person completely changes his or her sphere of interest in the course of a spiritual path.</i></p>

	<p><i>It [i.e., The fact that a person completely changes his or her sphere of interest in the course of a spiritual path] may not necessarily indicate an incarnatory process.</i></p> <p><i>It [i.e., The fact that a person completely changes his or her sphere of interest in the course of a spiritual path] may also be that the person has veered off from his or her original plan, but later becomes sufficiently open to sense the deviation and thus changes course.</i></p> <p><i>Also, the same</i></p> <ul style="list-style-type: none"><i>• talents and</i><i>• interests</i> <p><i>can reappear, perhaps having</i></p> <ul style="list-style-type: none"><i>• improved very much or</i><i>having been</i><i>• directed into a different expression.</i>
29	<p>QUESTION: <i>Can you tell us why the influx of the new Christ consciousness energy has accelerated this process?</i></p>
30	<p>ANSWER: <i>Because the energy [i.e., Because the new Christ consciousness energy] is extremely strong.</i></p>

The energy [i.e., This new Christ consciousness energy]
expresses
the highest caliber
of

- *consciousness,*

of

- *purity,*

of

- *love,*

of

- *development.*

It [i.e., This new Christ consciousness energy]
is of such high frequency
that it can be
beneficially experienced
only
by

- *souls and*
- *personalities*

who are compatible with it.

Otherwise [i.e., For souls and personalities who are NOT compatible with it],
this same energy [i.e., this same new Christ consciousness energy]
creates

- *crisis –*
- *negative manifestations.*

If you

- *stem against it [i.e., If you stem against this new Christ consciousness energy],*

if you

- *fear its influx and*
- *contract against it,*

it will
appear
to be a
negative force,
yet it is the

- *highest,*
- *most potently*
 - *beautiful,*
 - *loving, and*
 - *wise*

force.

This [i.e., This fact that the new Christ consciousness energy can appear to be a negative force and yet is in fact the highest, most potently beautiful, loving, and wise force]

*shows again
that
the same thing
can be experienced
in entirely different ways.*

*It [i.e., How something is experienced]
depends*

on the

- *consciousness,*

on the

- *expectations and*
- *outlook*

of the individual in question.

31

QUESTION:

*Is it possible
for*

*two different aspects
of the same entity
to reincarnate
in one lifetime simultaneously?*

*Two different personalities
in
two different bodies,
being part of
the same entity?*

32

ANSWER:
My friends,
if you look at it
in a deeply
• truthful and
• realistic
way:
everyone
is an aspect of
the same Entity.

That
is the truth.

33

QUESTION:
Is it possible that
fear of
• life
is really a
fear of
• dying and
• reincarnation
within this life?

• The process of
giving up
• the old
and
moving on to
• the new?

34

ANSWER:

Yes,

that [i.e., that fear of life is really a fear of dying and reincarnation within this life, a fear of the process of giving up the old and moving on to the new] is what I said in this lecture.

Life

is an

- intensely,**
 - constantly**
- moving phenomenon.**

Therefore it [Therefore life]

is

constantly changing.

Now,

if

- change**
- is feared,**

then

- life**
- is feared,**

and naturally

- death**
- is feared as well.**

Death

is only

one aspect of
life.

It [i.e., Death]

must be

feared
as much as
life.

They [i.e., Life and death]

always

go together.

• *Change*
and
• *movement*
mean
constantly
• *dying*
from an
• *old state*
into a
• *new one,*
but always
• *taking*
aspects of
• *the old*
along
in
• *new form.*

One who
completely
• *accepts and*
• *embraces*
life
cannot
fear
death,
and vice versa [i.e., one who completely accepts
and embraces death cannot fear life].

They [i.e., Life and death]
are one and the same phenomenon;
therefore,
one and the same
attitude
must prevail
about
• *life,*
• *death,*
• *change,*
• *movement.*

35	<p>QUESTION: <i>Concerning my recent crisis, I have connected with what you said in this lecture, and I'd like to know whether this [i.e., whether this recent crisis] is actually a rebirth for me at this point?</i></p>
36	<p>ANSWER: <i>My dearest friends, all of you: this question [i.e., this question as to whether or not a particular crisis is a rebirth]</i></p> <p><i>I will never answer.</i></p> <p><i>It [i.e., Whether or not a particular crisis is a rebirth] is something you have to</i></p> <ul style="list-style-type: none"><i>• know and</i><i>• feel</i><i>• within</i> <p><i>and never need a confirmation from</i></p> <ul style="list-style-type: none"><i>• without.</i>

37	<p>QUESTION: <i>When you speak of</i></p> <ul style="list-style-type: none"><i>• change or</i><i>• the fear of change,</i> <p><i>I seem to react differently [i.e., I do not seem to have the fear of change that you describe in this lecture].</i></p> <p><i>I have always been attracted to change and have always been afraid of static situations.</i></p> <p><i>I see that for me this [i.e., I see that for me this attraction to change and fear of static situations] is a way of running away [i.e., a way of running away from situations].</i></p> <p><i>Could you comment on this?</i></p>
38	<p>ANSWER: <i>This kind of desire for change, as you describe it, is very often the misinterpreted desire for the</i></p> <ul style="list-style-type: none"><i>• organic,</i><i>• real</i> <p><i>inner change that the personality denies.</i></p>

**Because you
fear**
• **real and**
• **deep**
change,
and because
this fear [i.e., because this fear of real and deep change]
causes
stagnation,
you
seek change
on a more superficial level
as a substitute.

39

QUESTION:
During this lecture
I had this image of
another being,
like me,
existing beyond me,
that
• **goes on and**
• **doesn't die;**
it [i.e., this other being that is like me
and that is existing beyond me]
is eternal.

It [i.e., This other being that is like me
and that is existing beyond me]
is
me eternal.

	<p><i>I felt</i> <i>that it is my task</i> <i>to link up with it [i.e., to link up with this other being that is like me,</i> <i>that is existing beyond me, and that is “me eternal”].</i></p> <p><i>I get an inkling</i> • <i>of what it is,</i> <i>and</i> • <i>that</i> <i>the more</i> • <i>I get in touch with it,</i> <i>the more</i> • <i>I will become</i> <i>unified with it.</i></p>
40	<p>ANSWER: <i>Of course,</i> <i>that [i.e., Of course, becoming unified with the “eternal me”]</i> <i>is what it is all about.</i></p> <p><i>The higher self</i> <i>is always there, and</i> <i>you</i> <i>can always link up with it.</i></p> <p><i>And when you do [i.e., And when you do link up with the higher self],</i> • <i>take it seriously,</i> • <i>do not push it aside [i.e., do not push this link-up with the higher self aside]</i> <i>as an illusion.</i></p> <p><i>It [i.e., This link-up with the higher self]</i> <i>is</i> • <i>so real,</i></p> <p><i>it [i.e., this link-up with the higher self]</i> <i>is</i> • <i>so beautiful.</i></p> <p><i>It [i.e., This link-up with the higher self]</i> <i>is</i> • <i>life-sustaining.</i></p>

41

All right, my
• *dearest and*
• *beloved*
friends.

Perhaps all of you sense from tonight's topic
how much you
• *have*
• *grown and*
• *are*
• *growing and*
• *moving toward*
a new area in your
inner universe,
ready for
• *further self-expression,*
ready to
• *seek change*
as something to
• *cherish and*
• *trust.*

Visualize yourself
that way [i.e., Visualize yourself as one growing and moving toward a new area
in your inner universe, as one ready for further self-expression,
as one ready to seek change as something to cherish and trust]
so that
you can become
more fully active
as the carriers of this
• *new,*
• *bright*
culture.

*The new person
coming to*

- *live and*
- *function*

in this new era

is one

who

- *never*
fears change,

who

- *constantly*
is ready for
change –

- *not from*
 - *fear or*
 - *lack of commitment to*
the depth of
what is
now,

- *but*
in

- *full commitment,*

in

- *peaceful "nowness"*
in which

you give
your fullest
to whatever you are doing.

You

intuitively
sense the
inner rhythm
with which
you harmoniously flow.

Thus,

you no longer need
the old
outer structure
in which
what is right for you

- *now*

must unquestioningly be right

- *tomorrow or*
- *next year.*

*In your new-age community
you*

- *learn already, and*
- *will continue to see,
that what is
right for*
 - *now*
- may still be
right*
 - *tomorrow,*
- but it may not be*
 - *right and*
 - *organic*
 - *the day after tomorrow.*

*And it [i.e., And what is right for now]
may even change [i.e., change because it is not right]
• tomorrow.*

There are no rules.

*Only your connectedness
with your*

- *greater reality,*
- with your*
 - *higher self,*
- can make you aware of
when such change*
 - *is true*
- and*
 - when it [i.e., when such change]*
 - *is an evasion.*

*As with everything else,
so with change:
it [i.e., change]
can occur in a*

- divine,*
- rhythmic*

*way
that is
utterly organic,
or it [i.e., or change]
can be a*

- superficial substitute*

*because
the real change
is avoided.*

*Only when
you*

- constantly*
*look for connectedness with
your highest wisdom and*
- are committed to it [i.e., committed to your highest wisdom]*

will you know

- when and*
- how*
*changed expressions
are within
the seedplan of a particular organism,
whether*
 - group**or*
 - individual, and*

- when*
change
 - is*
 - desirable and*
 - creative*

and

- furthers*
 - your own self*
 - in concert with*
 - the universe.*

42

*With this,
my very dearest ones,
I bless you once again.*

*• Love and
• gratitude
of the spiritual universe
is coming forth
to all of you
who give
of
yourself
to
yourself,
and thus
to
the greater venture.*

*Be blessed,
all of you!*

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