

# Pathwork Lecture 229: Woman and Man in the New Age

1996 Edition, Original Given: March 1, 1975

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

¶	Content
03	<p><b><i>Greetings, my very beloved, dearest friends.</i></b></p> <p><b><i>Blessings for every one of you here.</i></b></p> <p><b><i>I have promised to give a lecture tonight about woman in the New Age.</i></b></p> <p><b><i>I do so with great pleasure.</i></b></p> <p><b><i>I shall speak of the evolution of consciousness as it relates to</i></b></p> <ul style="list-style-type: none"><li><b><i>• women and</i></b></li><li><b><i>• the man-woman relationship.</i></b></li></ul> <p><b><i>One cannot discuss this topic without noting the evolving relationship between the sexes.</i></b></p>

by Eva Broch Pierrakos

© 1996 The Pathwork® Foundation (1996 Edition)

Edited by Judith and John Saly; Devotional Format Posted 12/17/17

04

*As*  
• *the planet*  
*is maturing,*  
*so are*  
• *men*  
*and*  
• *women.*

*What does this [i.e., What does this fact that men and women are maturing  
as the planet it maturing]  
really mean?*

*How have*  
• *woman*  
*and*  
• *man*  
• *evolved*  
*and*  
• *where are they going?*

*What is*  
*the ultimate realization*  
*of*  
• *womanhood –*  
*and*  
*of*  
• *manhood?*

*Woman*  
*is coming*  
• *into*  
*her own*  
*in this phase of history;*  
*she*  
*is coming*  
• *out of*  
*her confinement.*

05

*At the dawn of history,  
humanity  
was in a  
very primitive state of development.*

*Distrust of  
anything  
other than  
the self  
was rampant.*

*People distrusted*

- *nature,*
- *animals,*
- *the weather,*
- *the gods,*
- *fate,*
- *other tribes –*
- *anything that*
  - *was*

*or*

- *seemed*
  - *different,*
  - *strange,*
  - *foreign.*

*Distrust of  
the opposite sex  
was also very strong, of course.*

*Man  
innately  
distrusted  
woman,  
and woman, man [i.e., and woman innately distrusted man].*

*Each seemed  
justified  
in his or her distrust  
because of  
the other's  
distrustful attitude.*

	<p><i>Since</i></p> <ul style="list-style-type: none"><li>• <i>man was physically stronger,</i></li></ul> <p><i>and since</i></p> <ul style="list-style-type: none"><li>• <i>physicality was the sole expression of early humans,</i></li></ul> <p><i>man also assumed a general aura of superiority over all who were weaker.</i></p>
06	<ul style="list-style-type: none"><li>• <i>The mutual distrust and man's physical domination were very overtly acted out in these early periods of humanity.</i></li></ul> <p><i>Since then the same</i></p> <ul style="list-style-type: none"><li>• <i>traits and attitudes have remained embedded in the consciousness of</i></li><li>• <i>woman and man,</i></li></ul> <p><i>though to a lesser degree.</i></p>

	<p><b>Today</b></p> <ul style="list-style-type: none"><li>• <b>they</b> [i.e., the traits and attitudes of mutual distrust and man's physical domination]</li></ul> <p><b>may be</b> <b>overshadowed by</b> <b>more</b></p> <ul style="list-style-type: none"><li>• <b>realistic and</b></li><li>• <b>mature</b></li></ul> <p><b>awareness;</b></p> <ul style="list-style-type: none"><li>• <b>they</b> [i.e., the traits and attitudes of mutual distrust and man's physical domination]</li></ul> <p><b>may not be acted out</b> <b>in the same way,</b> <b>but</b> <b>a dark corner in the psyche</b> <b>remains</b> <b>that needs to be</b></p> <ul style="list-style-type: none"><li>• <b>exposed to consciousness</b></li></ul> <p><b>and</b></p> <ul style="list-style-type: none"><li>• <b>changed.</b></li></ul>
07	<p><b>When you look back in history,</b> <b>you can see that</b> <b>the entire species</b> <b>did</b> <b>what so many individuals do:</b></p> <p><b>it</b> [i.e., the entire human species] <b>retained an attitude</b> <b>long after</b> <b>it</b> [i.e., long after the attitude] <b>remained useful.</b></p> <p><b>Man retained his superiority</b> [i.e., his physical superiority] <b>long after</b> <b>physical prowess</b> <b>ceased to be</b> <b>the prime value.</b></p>

*Other values  
that apply  
equally  
to both sexes  
emerged  
as development progressed.*

*Yet*

- *men –*
- and often*
- *women*
- as well –*
- persisted in*
- considering*
- *man*
- superior*
- and*
- *woman*
- inferior.*

*In order to justify this assumption,  
woman*

- was supposed to be*
- *intellectually and*
  - *morally*
- the weaker.*

*But you all know about this.*

08

*To the degree  
man*

- *did not deal with*
- his own feelings of*
- *inferiority and*
- *weakness, and*
- *wished to*
- pretend*
- that he did not have these feelings,*

*he assumed a position of*

- *arrogance and*
- *superiority*

*over those who were  
physically weaker.*

*He needed  
slaves  
in order to convince himself of  
his own value.*

*This applied  
to*

- animals,*

*to*

- peoples whom he subjugated  
through warfare,*

*and also*  
*to*

- women.*

*Woman  
later assumed a*

- mental and*
- emotional*

*position of  
dependency,  
thus*  
*actively choosing  
enslavement,  
no matter how much  
she tried to put the blame [i.e., the blame for  
her enslavement]  
exclusively  
on man.*

09

*By the same token,  
man  
feared  
those who were  
physically  
stronger than he.*

*And  
the more  
he feared them [i.e., the more he feared  
those who were physically stronger than he],  
the greater  
his urge became  
to subjugate  
weaker people.*

*This human trait [i.e., This human trait to fear those who are stronger and  
subjugate those who are weaker]  
in the unenlightened person,  
which you well know from your own inner processes,  
is compensation.*

*It [i.e., This compensation, this human trait to fear those who are stronger and  
subjugate those who are weaker]  
still exists  
in human consciousness.*

*It [i.e., This compensation, this human trait to fear those who are stronger and  
subjugate those who are weaker]  
is not something  
that woman  
is free of either.*

*When you look very deeply  
into your own consciousness,  
you will find  
similar attitudes.*



10

*Why has woman  
been*

- *subjugated and*
- *denied*

*her birthright*

*of*

- *self-expression,*

*of*

- *mental,*
- *emotional, and*
- *spiritual*

*equality with man*

*so long after*

*physical prowess*

*has ceased to be*

*an individual's*

*main value?*

*Woman*

*could not simply be*

*a victim of*

*man's egotistical desires*

*to*

- *feel*
  - *superior and*
  - *stronger*

*and*

*to*

- *possess her*  
*as an object.*

*The woman*

*also*

*plays a role here.*

11

*You, my friends on this path,  
no longer  
find it  
extremely difficult  
to ascertain*

- where you  
do not want to assume  
self-responsibility,*
- where you  
want  
to be taken care of  
by a stronger authority figure.*

*Again,  
similar attitudes [i.e., attitudes of not wanting to assume self-responsibility  
and wanting to be taken care of by a stronger authority figure]  
exist in man.*

*However,  
in the old relationships  
between*

- man  
and  
• woman,  
• the woman  
victimized  
herself  
by acting out  
a denial of  
self-responsibility;*
- she  
acted out  
taking the line of least resistance  
so she could be taken care of.*

*She wanted  
an authority figure  
to*

- make decisions for her,*
- take the blame for her mistakes, and*
- battle with the hardships of life.*

*She wanted  
to indulge in  
the pseudo-comfort  
of subjugation.*

*This [i.e., This victimizing herself through denial of self-responsibility, letting an authority figure make decisions for her and take the blame for her mistakes, and then indulging in the pseudo-comfort of subjugation]*

*has turned out to be a*

- *disappointing,*
  - *unfulfilling*
- way of life for her.*

*All misconceptions*

*sooner or later*

*turn out this way [i.e., turn out to be disappointing and unfulfilling ways of life].*

*But woman*

*still abstains from*

*taking her share of responsibility.*

*She still puts*

*all the blame*

*on man.*

12

*The new women's movement contains a great deal of truth,*

*but it is,*

*like all dualistic approaches, a half-truth.*

*The truth is*

*that woman*

*indeed*

*possesses*

*the same faculties of*

- *intelligence,*
  - *resourcefulness,*
  - *creativity,*
  - *psychic strength, and*
  - *productive self-expression*
- as man.*

	<p><i>To claim that she does not [i.e., To claim that woman does not possess the same faculties as man]</i></p> <ul style="list-style-type: none"><li>• <i>makes no sense at all</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>has become a game on the part of man,</i><ul style="list-style-type: none"><li>• <i>who does not want to face his own feelings of</i><ul style="list-style-type: none"><li>• <i>weakness and</i></li><li>• <i>inferiority</i></li></ul></li></ul></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>who therefore needs to feel superior to woman.</i></li></ul>
13	<p><i>By the same token, woman, in order to make the new women's movement truly meaningful, must ascertain within herself the part that has invited her enslavement.</i></p> <p><i>I would venture to say that the stronger</i></p> <ul style="list-style-type: none"><li>• <i>the rebellion and</i></li><li>• <i>the blaming of the opposite sex [i.e., blaming man],</i></li></ul> <p><i>the stronger must also be, within the soul of that individual woman, the desire</i></p> <ul style="list-style-type: none"><li>• <i>not to govern her own life,</i></li><li>• <i>not to be responsible,</i></li></ul> <p><i>but [i.e., but rather, the desire]</i></p> <ul style="list-style-type: none"><li>• <i>to lean on someone else.</i></li></ul>

	<p><i>To the degree she makes</i></p> <ul style="list-style-type: none"><li>• <i>unfair and</i></li><li>• <i>unrealizable</i></li></ul> <p><i>demands,</i></p> <p><i>she must</i></p> <ul style="list-style-type: none"><li>• <i>resent and</i></li><li>• <i>blame</i></li></ul> <p><i>male authority</i></p> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>play</i></li></ul> <p><i>the victim game.</i></p>
14	<p><i>Similarly,</i></p> <p><i>to the degree</i></p> <p><i>man</i></p> <p><i>does not face his</i></p> <ul style="list-style-type: none"><li>• <i>fears,</i></li><li>• <i>guilts, and</i></li><li>• <i>weaknesses,</i></li></ul> <p><i>he will</i></p> <ul style="list-style-type: none"><li>• <i>play a</i></li></ul> <p><i>power game</i></p> <p><i>in one form or another</i></p> <p><i>and then</i></p> <ul style="list-style-type: none"><li>• <i>resent</i></li></ul> <p><i>the woman</i></p> <p><i>for</i></p> <ul style="list-style-type: none"><li>• <i>exploiting him and</i></li><li>• <i>overburdening him.</i></li></ul>

	<p><b><i>The immature soul of both [i.e., The immature soul of both woman and man] wants</i></b></p> <ul style="list-style-type: none"><li><b><i>• the advantage without</i></b></li><li><b><i>• paying the price:</i></b><ul style="list-style-type: none"><li><b><i>• man wants the superior position but resents the price of taking care of a parasite.</i></b></li><li><b><i>• Woman wants the advantage</i></b><ul style="list-style-type: none"><li><b><i>• of being taken care of,</i></b></li><li><b><i>• of not standing on her own two feet, but resents the price of losing her autonomy.</i></b></li></ul></li></ul></li></ul> <p><b><i>Both [i.e., Both woman and man] play the same game but hesitate to see how they mutually create this distortion.</i></b></p>
15	<p><b><i>On a still deeper level of consciousness, one finds the opposite of the manifest behavior.</i></b></p> <p><b><i>The man also</i></b></p> <ul style="list-style-type: none"><li><b><i>• shrinks from the responsibility of adulthood</i></b></li></ul> <p><b><i>and</i></b></p> <ul style="list-style-type: none"><li><b><i>• envies the woman her socially sanctioned position [i.e., the sanctioned position of the woman, here for the man, of being taken care of by others and not standing on his own two feet].</i></b></li></ul>

**He compensates for this** [i.e., He compensates for his shrinking away from the responsibility of adulthood and envying the woman her socially sanctioned position of being taken care of by others and not standing on her own two feet] **by overemphasizing the power game.**

**The woman**  
**hides the part in her**  
**where she, too,**  
**wants**

- aggression,
- power,
- strength –

**not only in**

- the real,

**but also in**

- the distorted

**sense** [i.e., she wants aggression, power, and strength in both the real and the distorted sense of these masculine traits].

**She**

**envies man**

**too** [i.e., She envies man who has these traits of aggression, power, and strength].

**In earlier times,**

**this side of her** [i.e., this side of her that wants aggression, power, and strength] **had to be totally repressed.**

**It** [i.e., This side of the woman that wants aggression, power, and strength] **was as socially unacceptable**

**as the man's hidden wishes** [i.e., as the man's hidden wishes to shrink away from the responsibility of adulthood and wishes to be taken care of by others rather than standing on his own two feet].

**Only recently has this part** [i.e., has this part in the woman that wants aggression, power, and strength and this part in man that wants to avoid the responsibility of adulthood and instead to be taken care of] **emerged,**

**but it** [i.e., but this part in both man and woman that is not sociably acceptable] **is still often confused with genuine selfhood.**

16	<p><b>Both</b></p> <ul style="list-style-type: none"><li>• <i>men and</i></li><li>• <i>women</i></li></ul> <p><i>must find their way out of the confusion:</i></p> <p><i>how can man be equal to woman without being weak?</i></p> <p><i>How can woman have her emotional fulfillment and still be an autonomous adult?</i></p> <p><i>These [i.e., Strength versus weakness; being taken care of versus taking full responsibility for being an autonomous adult]</i></p> <p><i>are</i></p> <ul style="list-style-type: none"><li>• <i>not real opposites</i></li><li>• <i>but consequences of the dualistic confusion.</i></li></ul>
17	<p><b>When</b></p> <ul style="list-style-type: none"><li>• <i>movements,</i></li><li>• <i>orientations, and</i></li><li>• <i>philosophies</i></li></ul> <p><i>deal</i></p> <ul style="list-style-type: none"><li>• <i>not with the whole picture</i></li><li>• <i>but with only half,</i></li></ul> <p><i>it is impossible to right the balance.</i></p>



	<p><i>Although in the course of evolution the pendulum must swing from</i></p> <ul style="list-style-type: none"><li>• <i>one extreme</i></li></ul> <p><i>to</i></p> <ul style="list-style-type: none"><li>• <i>its exact opposite,</i></li></ul> <p><i>deeper insight into the unitive truth can help one to avoid excess.</i></p>
18	<p><i>You already know the opposing principles of</i></p> <ul style="list-style-type: none"><li>• <i>dualism</i></li></ul> <p><i>versus</i></p> <ul style="list-style-type: none"><li>• <i>the unitive consciousness.</i></li></ul> <p><i>In duality, man will feel</i></p> <ul style="list-style-type: none"><li>• <i>superior and believe woman to be inferior.</i></li></ul> <p><i>He will consequently</i></p> <ul style="list-style-type: none"><li>• <i>exploit her but will also feel</i></li><li>• <i>exploited by her.</i></li></ul> <p><i>In such a relationship fulfillment is impossible.</i></p>

	<p><i>The woman will feel that she is being unfairly exploited by the physically stronger man and will blame him for victimizing her.</i></p> <p><i>Both [i.e., Both the man and the woman] will fail to see the other side, where they are indeed</i><ul style="list-style-type: none"><li>• <i>very similar and</i></li></ul><i>where they</i><ul style="list-style-type: none"><li>• <i>complement one another in a distorted way.</i></li></ul></p>
19	<p><i>Both</i><ul style="list-style-type: none"><li>• <i>the feminine</i></li></ul><i>and</i><ul style="list-style-type: none"><li>• <i>the masculine</i></li></ul><i>principles must be represented in the healthy individual.</i></p> <p><i>They [i.e., The feminine and masculine principles] may not be expressed in exactly the same way in</i><ul style="list-style-type: none"><li>• <i>man</i></li></ul><i>as in</i><ul style="list-style-type: none"><li>• <i>woman,</i></li></ul><i>since</i> <i>the differences [i.e., the differences between how feminine and masculine principles may be expressed in man and woman] make a complementary whole.</i></p>

	<p><b><i>But the differences [i.e., But the differences between how feminine and masculine principles are expressed in man and woman] are not qualitative;</i></b></p> <p><b><i>they [i.e., the differences between how feminine and masculine principles are expressed in man and woman] must never lead to a judgment that one [i.e., that one individual or that one particular woman or man] is</i></b></p> <ul style="list-style-type: none"><li><b><i>• better or</i></b></li><li><b><i>• more developed</i></b></li></ul> <p><b><i>than the other [i.e., than another particular man or woman].</i></b></p>
20	<p><b><i>Let me paint a picture of the woman in the New Age and then see how this [i.e., how this picture of the woman in the New Age] applies to the relationship between the sexes.</i></b></p> <p><b><i>The new woman is</i></b></p> <ul style="list-style-type: none"><li><b><i>• completely self-responsible</i></b></li></ul> <p><b><i>and therefore</i></b></p> <ul style="list-style-type: none"><li><b><i>• free.</i></b></li></ul> <p><b><i>She stands on her own two feet, not only</i></b></p> <ul style="list-style-type: none"><li><b><i>• materially,</i></b></li></ul> <p><b><i>but also</i></b></p> <ul style="list-style-type: none"><li><b><i>• intellectually,</i></b></li><li><b><i>• mentally, and</i></b></li><li><b><i>• emotionally.</i></b></li></ul>

**By that** [By “standing on her own two feet materially, intellectually,  
mentally, and emotionally”]

**I mean specifically  
that**

**she knows**

**that no man**

**can give her**

- **happiness and**
- **flowing feelings**

**unless**

**she herself**

**produces them** [i.e., unless she herself produces  
happiness and flowing feelings]

**through**

- **loving and**

**through**

- **integrity,**

**through**

- **opening**

**her**

- **heart**

**to**

- **loving and**

**her**

- **mind**

**to**

- **her own inner truth.**

**The new woman**

**knows that**

- **loving a man and**

- **surrendering to**

**her feelings**

**for the man**

**enhances**

**her strength.**

*There is  
no conflict  
for the new-age woman  
between being a*

- productive,*
- creative,*
- contributing*

*member of society,  
and being a*

- loving mate.*

*In fact,  
real love  
is not possible  
toward someone  
to whom  
one plays a slave  
in order to avoid  
self-responsibility.*

*The old fairy tale  
that a woman's career  
will make her  
less of*

- a woman,*

*less*

- feeling,*

*less*

- loving,*

*less*

- equipped to be a giving mate,*

*has never had any substance.*

21

*This new state [i.e., This new state for woman]  
requires a*

- strength and*
- autonomy*

*that has to be  
earned.*

*It [i.e., This new state for woman]  
needs to be  
earned  
by shouldering  
the weight of reality,  
• with all it entails,  
• but not in a spirit of  
• hate,  
• rebellion,  
• competition,  
• defiance,  
• not by imitating  
the worst  
• excesses and  
• distortions  
of manhood,  
• the negative aggression and  
• the power games.*

*It [i.e. Earning this new state for woman]  
has to be done  
• through the power of  
• truth and  
• love,  
• from  
• the higher self.*

*Whenever something  
real  
is denied  
because of  
the misconceptions  
that it is  
too difficult,  
those difficulties  
must first be  
accepted.*

*They [i.e., When accepted, those illusory difficulties]  
will then prove  
not so difficult at all.*

	<p><i>Self-responsibility seems difficult, but is not once the apparent hardships are accepted, because such acceptance amounts to an honest approach to life.</i></p>
22	<p><i>Where distortion still exists, woman still wants from the man what she refuses to give to herself.</i></p> <p><i>For the new-age woman this [i.e., the distortion in which she still wants from the man what she refuses to give to herself] will not be the case.</i></p> <p><i>This [i.e., This distortion in which she still wants from the man what she refuses to give to herself no longer being the case for the new-age woman] does not mean that two people sharing their life do not also share, naturally, their difficulties.</i></p> <p><i>But I am not talking about this here.</i></p>

*You know perfectly well  
from your pathwork  
that  
what you secretly wanted from*

- *a superior father authority*

*you have shifted onto*

- *a mate.*

*You also know  
how such an implicit desire [i.e., such a desire to get from your mate what you  
secretly wanted from a superior father authority]  
is bound to destroy  
any relationship.*

*It [i.e., Such a desire to get from your mate what you  
secretly wanted from a superior father authority]  
is bound to make you*

- *resent and*
- *fear*

*the very authority [i.e., here the authority of your mate]  
you wish to exploit.*

*Love  
can flower  
only  
in a climate of  
true equality,  
where  
no*

- *fear*

*exists  
and therefore  
neither*

- *defenses*

*nor*

- *blame.*



*Contrary to the fairy tale  
that  
femininity blossoms  
when the woman  
is just a  
servant to the man,*

*feelings  
can actually blossom  
only when  
the woman  
is*

- *free,*
- *autonomous,*
- *independent*

*in the best sense of the word.*

*So fulfillment  
is completely dependent on  
a true state of  
equality.*

*The moment  
one feels*

- *superior  
to the other,*
  - *one's respect [i.e., one's respect for the other]  
is lowered*

*and*

- *the feelings [i.e., feelings in the presence of the other]  
close.*

*The moment  
one feels*

- *inferior  
to the other,*
  - *resentment,*
  - *fear,*
  - *envy**become inescapable,  
and that, too [i.e., and that, too, as when one feels superior to another],*
  - *closes the heart.*

23	<p><i>The new woman is neither</i></p> <ul style="list-style-type: none"><li>• <i>a slave to the man,</i></li></ul> <p><i>nor is she</i></p> <ul style="list-style-type: none"><li>• <i>his competitor.</i></li></ul> <p><i>Therefore</i> <i>she can love,</i> <i>and</i></p> <ul style="list-style-type: none"><li>• <i>her love</i> <i>will</i><ul style="list-style-type: none"><li>• <i>not lessen her creative self-expression</i></li></ul></li></ul> <p><i>but rather</i></p> <ul style="list-style-type: none"><li>• <i>enhance it,</i></li></ul> <p><i>just as</i></p> <ul style="list-style-type: none"><li>• <i>her creative contribution to life</i> <i>will</i><ul style="list-style-type: none"><li>• <i>enhance her capacity to love.</i></li></ul></li></ul> <p><i>That [i.e., The woman who can open her heart and love as well as who can fully offer her creative self-expression to life]</i> <i>is the new woman.</i></p>
24	<p><i>The man in the New Age will no longer need a weaker mate in order to deny his own weakness.</i></p> <p><i>He [i.e., The new-age man]</i></p> <ul style="list-style-type: none"><li>• <i>meets</i> <i>his own weakness,</i></li><li>• <i>faces</i> <i>it [i.e., faces his own weakness]</i></li></ul> <p><i>and thereby</i></p> <ul style="list-style-type: none"><li>• <i>gains</i> <i>his</i> <i>real</i> <i>strength.</i></li></ul>

**He** [i.e., The new-age man]  
**realizes**  
**that his**  

- **weakness**  
**always comes from**
- **guilt,**

**and**  
**[that] his**  

- **self-rejection**  
**is always**
- **a denial of**  
**the integrity of**  
**his higher self**  
**in one form or another.**

**Therefore** [i.e., Because of these two realizations]  
**the need for**  
**a slave**  
**no longer exists in him.**

**The** [new-age] **man**  
**is then**  
**not threatened by**  
**an equal.**

**He** [i.e., The new-age man]  
**does not require**  
**an inferior mate**  
**to convince himself**  
**of his acceptability,**  
**which, of course,**  
**is then anyway**  
**illusory.**

**Once he**  

- **faces**  
**his**
- **weakness**

**he must**  

- **gain**  
**his**
- **true strength.**

*Therefore [i.e., Therefore, having gained his true strength by facing his weaknesses,]  
his relationship to  
the woman  
is truly one of  
equality;*

*he is  
not threatened  
by someone  
who is  
as  
• creative,  
as  
• adequate,  
as  
• morally strong,  
as  
• intelligent  
as  
himself.*

*He will  
not need to play  
the master.*

*Again,  
this enables  
man  
• to open his heart and  
• to experience  
a fulfillment  
that was previously  
quite impossible.*

25

*Whatever  
• vicious circles  
used to confine him  
will now turn into  
• benign circles.*

*Instead of  
inferiority feelings*  
• *closing the heart,*  
• *creating*  
• *resentment,*  
• *hate,*  
*and therefore*  
• *frustration and*  
• *blame of the other sex,*  
*the benign circle*  
*will*  
*open the heart.*

*The*  
• *fully autonomous,*  
• *self-responsible,*  
• *self-actualizing*  
• *man*  
*and*  
• *woman*  
*have nothing*  
*to*  
• *fear,*  
*to*  
• *envy,*  
*to*  
• *resent*  
*in the other sex.*

*Therefore*  
*they can [i.e., Therefore, since the autonomous, self-responsible, self-actualizing*  
*man and woman have nothing to fear,*  
*envy, or resent in the other sex, they can]*  
• *open all the channels of feelings and*  
• *experience*  
• *fulfillment*  
*as well as*  
• *a sense of gratitude*  
*toward the mate.*

*Thus*  
*two equals*  
*help each other*  
*in their growth*  
*as*  

- *individuals,*

*as*  

- *man*

*and*  

- *woman.*

*This is*  
*the new-age*  

- *man,*

*the new-age*  

- *woman*

*and*  
*the new-age*  

- *relationship.*

26

*Where this [i.e., Where this new-age condition in you,*  
*in your mate, and in your relationship with your mate]*  
*does not yet exist,*  
*the mere fact*  
*that you*  

- *can point out the*  
  - *fallacies,*
  - *misconceptions,*
  - *distorted expectations,*
  - *illusory aims and*
  - *negative feelings**within you*

*and*  

- *can recognize*  
*your stake*  
*in maintaining*  
*an inner warfare,*

*will give you*  
*an entirely different stand*  
*toward*  

- *yourself*

*and*  

- *the other [i.e., and toward your mate].*

*So*  
• *the new-age man*  
*and*  
• *the new-age woman*  
*are*  
*not*  
*necessarily*  
• *perfect and*  
• *totally developed*  
*individuals.*

*Rather,*  
*they are individuals*  
*who look for*  
*the reasons*  
*of their lack of fulfillment*  
*just as much in*  
• *themselves*  
*as in*  
• *the other.*

*Thus*  
*they can recognize*  
*a negative mutuality*  
*that needs to be worked on*  
*together.*

*They do*  
*not*  
*assume the stance*  
*of self-righteous blame*  
*to widen the gap*  
*between*  
• *the self*  
*and*  
• *the other,*  
  
*between*  
• *the self*  
*and*  
• *truth.*

*Autonomy  
is an ever-growing process  
that dissolves  
distrust.*

*The distrust  
that still exists  
between the sexes  
is a residue of ancient times,  
when anything*

- foreign and*
- different*

*was*

- feared,*
- rejected, and*
- conquered by force.*

*In the New Age,  
differences  
will no longer  
induce fear.*

*When  
the universe  
is trusted,  
difference  
always  
possesses  
a special attraction.*

*When you*

- do not fear  
difference*

*but*

- are attracted by it,*

*you*

- fully actualize yourself*

*and*

- dissolve  
blocks of untruth.*

*Thus [i.e., Thus when you do not fear difference]  
you realize  
your highest potentials.*



	<p><i>But when you</i></p> <ul style="list-style-type: none"><li>• <i>fear and</i></li><li>• <i>distrust</i></li></ul> <p><i>the difference</i></p> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>deny</i></li></ul> <p><i>whatever is different,</i></p> <p><i>you can use this [i.e., you can use this fear, distrust, and denial of difference]</i></p> <p><i>as a gauge of</i></p> <p><i>your intent</i></p> <p><i>to remain in</i></p> <ul style="list-style-type: none"><li>• <i>untruth and</i></li><li>• <i>suffering.</i></li></ul>
27	<p><i>In the present state of humanity's consciousness</i></p> <p><i>you find</i></p> <p><i>all these stages of development.</i></p> <p><i>The highest form [i.e., The highest stage of development</i></p> <p><i>regarding your relationship with your mate]</i></p> <p><i>may already exist in your consciousness</i></p> <p><i>to some degree.</i></p> <p><i>You may</i></p> <p><i>consciously embrace</i></p> <p><i>some of the ideas.</i></p> <p><i>But then there are also</i></p> <p><i>deeper levels</i></p> <p><i>where your</i></p> <p><i>emotional reactions</i></p> <p><i>do not at all agree with</i></p> <p><i>the ideas</i></p> <p><i>you consciously hold.</i></p>

	<p><b><i>It does no good to postulate these conscious ideas [i.e., to postulate these conscious ideas regarding the relationship between the sexes] without also seeing</i></b></p> <ul style="list-style-type: none"><li><b><i>• where and</i></b></li><li><b><i>• how</i></b></li></ul> <p><b><i>you deviate from them [i.e., where and how you deviate from them in your actual relationship with your mate].</i></b></p> <p><b><i>For that [i.e., For seeing where and how, in your relationship with your mate, you deviate from the conscious ideas you postulate regarding the relationship between the sexes]</i></b></p> <p><b><i>is the only way to safeguard against</i></b></p> <ul style="list-style-type: none"><li><b><i>• imbalance and</i></b></li><li><b><i>• disharmony</i></b></li><li><b><i>• within –</i></b></li></ul> <p><b><i>and thus [to safeguard] against creating it [i.e., creating imbalance and disharmony]</i></b></p> <ul style="list-style-type: none"><li><b><i>• externally.</i></b></li></ul>
28	<p><b><i>There is of course one key to everything and that key is love.</i></b></p> <p><b><i>Without love</i></b></p> <ul style="list-style-type: none"><li><b><i>• nothing could be mended,</i></b></li><li><b><i>• nothing could unify,</i></b></li><li><b><i>• no truth could ever be gained.</i></b></li></ul>

*And yet  
it is equally true  
that*

- *love*  
cannot be won  
without
- *truth.*

*In a deep corner of your hearts,*

- *hate and*
- *fear,*
- *resentments and*
- *distrust*  
of the opposite sex  
still prevail.

*Even more important,*

- *the will*  
to maintain this state [i.e., the will to maintain this state of hate, fear,  
resentments and distrust of the opposite sex],
- *the intention*  
to
  - *perpetuate and*
  - *hide*  
these feelings [i.e., the intention to perpetuate and hide these feelings  
of hate, fear, resentments and distrust of the opposite sex],

prevent  
the flowering  
of the

- *hearts and*
- *minds*  
of both sexes.

*To the degree  
that you still cling to  
the old state,  
you*

- *have not gained*  
your own self

and

- *are not able to*
  - *relate to the other sex and*
  - *fulfill yourself.*

	<p><b>To attempt such</b></p> <ul style="list-style-type: none"><li>• <b>relating</b> [i.e., such new-age relating to one's mate]</li></ul> <p><b>and</b></p> <ul style="list-style-type: none"><li>• <b>fulfillment</b> [i.e., such self-fulfillment as is possible in the New Age]</li></ul> <p><b>while</b></p> <p><b>the old attitude</b> [i.e., while the old attitude toward the opposite sex] <b>remains unchanged</b></p> <p><b>is</b></p> <ul style="list-style-type: none"><li>• <b>sheer waste;</b></li></ul> <p><b>it is</b></p> <ul style="list-style-type: none"><li>• <b>utterly futile.</b></li></ul>
29	<p><b>So, I say to you, my dearest friends,</b></p> <p><b>find</b></p> <p><b>that</b></p> <ul style="list-style-type: none"><li>• <b>corner in your heart,</b></li></ul> <p><b>that</b></p> <ul style="list-style-type: none"><li>• <b>small hidden crevice</b></li></ul> <p><b>where you</b></p> <p><b>hate</b></p> <p><b>the opposite sex.</b></p> <p><b>You also</b></p> <p><b>defend yourself</b></p> <p><b>against recognizing this</b> [i.e., You defend yourself against recognizing that there are hidden places in you where you hate the opposite sex]</p> <p><b>by</b></p> <ul style="list-style-type: none"><li>• <b>blaming,</b></li><li>• <b>accusing,</b></li><li>• <b>resenting, and</b></li><li>• <b>closing</b></li></ul> <ul style="list-style-type: none"><li>• <b>your heart and</b></li><li>• <b>your feelings</b></li></ul> <p><b>with</b></p> <p><b>apparent</b></p> <p><b>justification.</b></p>

*The woman*  
*will use the*  
*• victim*  
*game;*  
*the man*  
*will use the*  
*• blame and*  
*• superiority*  
*game.*

*He*  
*• will blame*  
*women*  
*for*  
*• exploiting and*  
*• using*  
*him,*  
*and*  
*• will feel superior*  
*to that part in her*  
*that makes her weak.*

30

*Temporarily,*  
*the pendulum*  
*has swung to the opposite extreme.*

*The woman*  
*has become*  
*militant,*  
*thereby*  
*• often forgetting*  
*her*  
*• heart and*  
*her*  
*• love*  
*for the man*  
*and*  
*• rejecting*  
*love [i.e., rejecting love from the man].*

	<p><i>In the countermovement of the pendulum, man</i></p> <ul style="list-style-type: none"><li><i>• has left his positive aggression behind</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• has expressed a weakness he would never have let himself expose in previous eras.</i></li></ul>
31	<p><i>All these pendulum swings have a purpose:</i></p> <p><i>to find the true centered state.</i></p> <p><i>Man will now find his real strength.</i></p> <p><i>He had to leave</i></p> <ul style="list-style-type: none"><li><i>• the false strength,</i></li><li><i>• the false superiority, behind.</i></li></ul> <p><i>He had to become temporarily weak, but he is now coming into a new strength because he is able to face his weakness.</i></p>

***That [i.e., Man being able to face his weakness]***

***is how he***

***expands***

***the***

***real***

***• values and***

***the***

***real***

***• power***

***in him.***

***Therefore [i.e., Having expanded the real values and real power in himself]***

***• he no longer needs to be***

***the superior member of the team.***

***• He can afford***

***to relate from the heart,***

***on the feeling level,***

***to his partner.***

***• He can likewise***

***relate intellectually***

***on a level of equality with her.***

***That is***

***the man***

***of the New Age.***

32

*For relating,  
my dearest friends,  
you need to go into  
this deeper part of you*  
• *where you do  
not  
want  
to*  
• *forgive,  
to*  
• *understand the truth,*  
*and*  
• *where you  
want  
to*  
• *preserve your case and*  
• *go on hating.*

*You need to  
release  
the hatred toward  
the opposite sex.*

*You have to  
pray for  
this ability:*  
*to*  
• *love,*  
*to*  
• *forgive,*  
*to*  
• *understand, and*  
*to*  
• *see that  
what you*  
• *hate,*  
• *fear, and*  
• *distrust*  
*exists in*  
• *you*  
*in exactly the same way as in*  
• *the other,*  
*though perhaps*  
*manifesting differently.*



33

*The woman  
represents  
the active principle  
just as much as  
the man [i.e., as the man represents the active principle].*

*And the man  
represents  
the receptive principle  
as much as  
the woman [i.e., as the woman represents the receptive principle].*

*In their [i.e., In the woman's and man's]  
coming together  
in sexual union  
this [i.e., this fact that man and woman each represent as much of both  
the active and receptive principles as the other]  
may not  
always  
• manifest [i.e., manifest outwardly]  
in the same way [i.e., in the same way in both partners],  
but the  
• inner forces  
must combine  
both the  
• active  
and  
• receptive  
principles [in both partners],  
otherwise  
imbalance exists.*

*No  
true man  
can be a man  
without incorporating the*

- receptive, or*
- feminine,  
principle.*

*If he expresses  
only  
the masculine principle,  
he becomes  
a caricature of a man.*

*He is then*

- a bully,*
- a tyrant,*
- an exaggeration,*
- a falsehood.*

*By the same token,  
a woman  
who expresses  
only  
the receptive principle  
is*

- a caricature of a woman*

*and is*

- truly an infant  
who*
  - leans on others,*

*who*

- negates her autonomy.*

*So to be  
fully receptive  
on the feeling level,  
woman  
has to express  
the active principle  
every bit as much  
as man.*

34

**The two principles [i.e., the active, or masculine principle AND  
the receptive, or feminine principle]**

**must be**

- **represented in both [i.e., in both partners]**

**and**

**must**

• **complement one another [i.e., the active principle in one partner must complement the feminine in the other and vice versa],**  
**while they [i.e., while the active and receptive principles in both partners]**

**are, at times, also**

- **parallel [i.e., the active principle in one partner may be at times parallel to the active principle in the other and likewise at times for the receptive principles in both partners].**

**This perfect balance [i.e. This perfect balance of the active and  
receptive principles within and between both partners]**

**cannot occur**

**through**

**an intellectual decision.**

**It [i.e. This perfect balance of the active and  
receptive principles within and between both partners]**

**can be found organically**

**only through**

**the inner act of**

- **love,**

**the inner act of**

- **releasing the opposite sex**

**from the bondage of**

- **hate,**
- **distrust, and**
- **blame.**

- *When this release [i.e., When this release of the opposite sex  
from the bondage of hate, distrust, and blame]  
is pronounced  
in daily meditation,*
  - *when God's grace  
can go to work  
within the consciousness of*
    - *the woman*
    - as well as of*
    - *the man,*
- then*
- *love*  
*will lead to*
  - *truth,*
- just as*
- *truth*  
*will lead to*
  - *love.*

*Individuals  
of both sexes  
will function as  
equally productive human beings  
in  
the new universe,*

- *complementing*

*and*

- *aiding*  
*one another,*
- *loving*  
*one another,*
- *respecting*  
*one another*

*and*

- *creating*
  - *bliss and*
  - *a new world*

*for each other  
side by side.*

*This is the way  
life  
should be.*

35

*You may have noticed  
a pattern  
on this path, my friends,  
in which  
an individual  
must first resolve*

- *career problems*

*in order to  
resolve*

- *partnership problems.*

*In the context of this lecture  
this [i.e., this fact that an individual must first resolve career problems  
in order to resolve partnership problems]  
will become very clear.*

*When relationships  
are formed to  
act out*

- *dependency,*
- *parasitism,*
- *exploitation of the other,*

*and/or*

- *the need to*
  - *dominate and*
  - *enslave,*

*then, for a while,  
these individuals [i.e., these individuals who form relationships that are an  
acting out of dependency, parasitism, exploitation,  
and/or the need to dominate and enslave]  
have to fend for themselves  
until  
a certain minimal*

- *autonomy and*
- *independence*

*is established.*

*Once this  
creative channel [i.e., channel of autonomy and independence] is established,*

- *a new freedom  
can release  
previously trapped energies, and*
- *people can  
begin to relate to the opposite sex  
in an entirely new way.*

36

*I was very happy to give you this lecture,  
for everything  
that leads toward  
the further unfoldment  
of the whole person –  
both  
• man  
and  
• woman –  
is a joyful experience  
for us in our world.*

*See  
the beauty of Christ  
that goes through  
all of you.*

*Be in peace,  
be your God.*

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork® Foundation  
PO Box 6010  
Charlottesville, VA 22906-6010, USA  
Call: 1-800-PATHWORK, or  
Visit: [www.pathwork.org](http://www.pathwork.org)

The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

#### Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

#### Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.