

Pathwork Lecture 224: Creative Emptiness

1996 Edition, Original Given October 23, 1974

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. **I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.**

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p><i>My most beloved friends, blessings for every one of you here.</i></p> <p><i>A golden force is flowing through your inner being</i></p> <ul style="list-style-type: none">• <i>now</i>and• <i>forever,</i> <p><i>if you open yourself to it.</i></p>
04	<p><i>I have spoken to you about the coming of a new era.</i></p> <p><i>This event requires that many human beings be ready for it.</i></p>

by Eva Broch Pierrakos

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*For many years,
you on this path
have worked for that purpose [i.e., for the purpose of making the human beings
ready for the coming of this new era],
whether or not
you were aware of it.*

*You have
filed away at
your impurities,
and
you still do so.*

*And you make yourself available for
a powerful force
that has been released
in the universe –
the
inner
universe.*

05

*Many spiritual
• teachers and
• channels
know this [i.e., know that a new era is coming and that
the releasing of a powerful force is part of this],
but many
have
misinterpreted this event.*

*They believe it [i.e., They believe this new era and powerful force]
will bring
geological cataclysms
with effects
on a human level.*

*As I have said before,
this [i.e., this belief that this new era will bring
geological cataclysms on a human level]
is not true.*

*The changes
that are already in progress
are changes in
consciousness.*

*And
you
are working at this.*

*You see,
as you*

- develop and*
- purify*

*yourself,
you become
more
and more ready for an*

- inner*

*awakening
and*

- enlightenment*

that

- has not yet occurred*

and

- is indeed*

*self-perpetuating
in its force.*

*It [i.e., This upcoming new era bringing inner awakening and enlightenment]
is unprecedented,*

*for there was
no other time in human history
when
this power
was as available
as it is now.*

06

*What you
increasingly
experience
is the result of
this power's
coming upon
a receptive channel.*

*If this power
hits
an unreceptive channel,
a crisis arises,
as you well know.*

*Even if
only a part of you
blocks
the great creative beneficial forces
that could make you
thrive
in an entirely new way,*

*you put yourself
under great
• psychic,
• emotional, and
• spiritual
stress.*

*This [i.e., Having even a part of you blocking the great creative beneficial forces,
which puts you under great psychic, emotional, and spiritual stress]
must be avoided.*

07

*On your path
you have learned to contact
the deep levels of intentionality
where you
deny*

- truth and*
- love*

as well as [deny]

- a greater knowing,*
- a power*

*that operates differently
from the outer ego power
you so strive for.*

Real

- truth and*
- love,*

real

- power,*

*come from
within.*

08

*I will now speak about
the importance of
being receptive to
this*

- force,*

this

- energy,*

this

- new consciousness:*

*the Christ consciousness
that is spreading through
human consciousness
wherever possible.*

*To become receptive to it [i.e., receptive to this force, to the Christ consciousness],
you also need to understand
another principle:
that of
creative emptiness.*

09

Most human beings

create

an

• agitated mind,

an

• inner

and

• outer

overactivity,

because

they are frightened

that

• they may be empty,

that

• there may be nothing within

to sustain them.

*This thought [i.e., This thought that there may be NOTHING WITHIN to sustain them]
is rarely conscious,*

but on a path such as this

the time comes

when you

do

become conscious of

this fearful thought [i.e., conscious of this fearful thought

that there may be NOTHING WITHIN to sustain you].

Then [i.e., Then, as you become conscious of this fearful thought
that there may be **NOTHING WITHIN** to sustain you]
the first reaction
is very often,

- **"I do not even want to acknowledge
that I am afraid of this** [i.e., I do not want to acknowledge that I am
afraid that there may be **NOTHING WITHIN** to sustain me].

- **I'd rather
continue busying my mind
in order
not
to face the terror**
 - **that I am
nothing
inside,**

 - **that I am only a shell
that needs sustenance
from without."**

10

This self-deception [i.e., This self-deception that comes by **NOT** acknowledging your
FEAR that there may be **NOTHING WITHIN** to sustain]
is obviously futile.

**It is of utmost importance
that you**

- **face this fear** [i.e., face this **FEAR** that there may be
NOTHING WITHIN to sustain]

and

- **deal with it openly.**

	<p><i>You need to create an atmosphere within yourself in which you allow [i.e., allow rather than fear, defend against, and block] this emptiness [i.e., this emptiness – this having nothing within to sustain you] to exist.</i></p> <p><i>Otherwise you perpetually deceive yourself [i.e., you deceive yourself by not allowing what you fear, i.e., your emptiness in having nothing within to sustain you, to exist], which is very wasteful because the fear [i.e., the fear of your emptiness, the fear of having nothing within to sustain you] is unjustified.</i></p> <p><i>How can you ever live in peace with yourself if you do not know what you fear [i.e., the emptiness that you fear, the fear of having nothing within to sustain you] and therefore make it impossible to find out that what you fear [i.e., that the emptiness that you fear, the fear of having nothing within to sustain you] is not so [i.e., you DO have something within to sustain you]?</i></p>
11	<p><i>As a result of a process that has continued for centuries humanity has conditioned itself to make the outer mind a very busy place, so that when that busyness ceases [even] temporarily, the resulting quiet is confused with emptiness.</i></p>

	<p><i>It [i.e., The resulting quiet after the outer busyness ceases] indeed seems empty.</i></p> <p><i>The noise [i.e., The noise of the outer busyness] will recede, and you must indeed</i></p> <ul style="list-style-type: none"><i>• embrace</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• welcome</i> <p><i>the emptiness as the most important channel through which to receive your innermost Godself.</i></p>
12	<p><i>There are several</i></p> <ul style="list-style-type: none"><i>• psychic and</i><i>• spiritual</i> <p><i>laws</i></p> <p><i>you need to comprehend in order to</i></p> <ul style="list-style-type: none"><i>• nurture</i> <p><i>this emptiness</i></p> <p><i>and</i></p> <ul style="list-style-type: none"><i>• make it</i> <p><i>a creative venture.</i></p> <p><i>Some of these laws seem to be contradictory.</i></p> <p><i>Let me put it this way:</i></p> <p><i>If you cannot let yourself be empty, [then] you can never be filled.</i></p>

**Out of the emptiness
a new fullness
will arise,
yet
you cannot
disregard
your fear [i.e., your fear of being empty, your fear of
having nothing within to sustain you].**

**It [i.e., Your fear of being empty, your fear of
having nothing within to sustain you]
must, like everything else,
be gone through.**

**My advice is
that you**

- **challenge**
*that fear [i.e. challenge whether or not your fear of being empty, of having
nothing within to sustain you, is warranted],*

and at the same time

- **welcome**
*the emptiness
as the doorway
to your divinity.*

**This [i.e., Welcoming the very emptiness that you fear, while at the same time
challenging whether or not your fear of being empty is warranted]
seems contradictory,
but it is not.**

**Both attitudes [i.e., BOTH 1) the attitude of challenging whether or not your fear of
being empty is warranted AND 2) the attitude of welcoming the emptiness]
are necessary.**

13	<p><i>Another apparent contradiction:</i></p> <p><i>It is extremely important that you be</i></p> <ul style="list-style-type: none">• <i>receptive and</i>• <i>expectant,</i> <p><i>yet without</i></p> <ul style="list-style-type: none">• <i>preconceived ideas,</i>• <i>impatience, or</i>• <i>wishful thinking.</i> <p><i>This seems very hard to explain in human words.</i></p> <p><i>It is something you have to feel into.</i></p> <p><i>There must be a</i></p> <ul style="list-style-type: none">• <i>positive expectancy</i> <p><i>that is yet free from</i></p> <ul style="list-style-type: none">• <i>preconceived notions of</i> <ul style="list-style-type: none">• <i>how and</i>• <i>what</i> <p><i>should happen.</i></p>
14	<p><i>Still another related apparent contradiction:</i></p> <p><i>You need to be</i></p> <ul style="list-style-type: none">• <i>specific,</i> <p><i>yet</i></p> <ul style="list-style-type: none">• <i>this specificity</i> <p><i>must be</i></p> <ul style="list-style-type: none">• <i>light and</i>• <i>neutral.</i>

	<p><i>You must be specific</i> • <i>in one way,</i> <i>but not [be]</i> <i>[specific]</i> • <i>in another.</i></p> <p><i>If this seems confusing now,</i> <i>ask</i> <i>your inner being</i> <i>to relay the comprehension</i> <i>to your mind,</i> <i>rather than</i> <i>trying to understand</i> <i>directly</i> <i>with your ego-mind.</i></p>
15	<p><i>The workings of</i> <i>the greater self</i> <i>so far surpass</i> <i>the mind's imagination</i> <i>that specificity</i> <i>would be a hindrance [and be limiting].</i></p> <p><i>Yet</i> <i>the mind</i> <i>must</i> • <i>know what it wants,</i> • <i>be prepared for it,</i> • <i>reach for it and</i> • <i>claim it,</i></p> <p>• <i>know that it</i> • <i>deserves what it wants and</i> • <i>will not misuse it.</i></p>

The
• *outer*
mind
must make
constant changes
in order to
adapt itself
to the greater scope
of the
• *inner*
God consciousness.

Your
outer
mind
must become
• *empty and*
• *receptive,*
yet it must
• *hold itself poised for*
all
possibilities.

Thus it [i.e., the outer mind]
will be able to mate with
• *the inner stillness and*
• *what appears at first as*
emptiness.

16

As you do this [i.e., as you do the work of preparation by emptying the outer mind in order to manifest OUTER emptiness so it will be able to mate with the inner stillness, a stillness that at first APPEARS at first as INNER emptiness],
in a spirit of
• *patient,*
• *persevering,*
• *positive*
expectancy,
yet empty in
• *mind and*
• *soul,*
a new fullness
can manifest.

	<p><i>The inner stillness [i.e., the inner stillness, rather than being inner emptiness as first it appeared]</i></p> <p><i>will begin to sing, as it were.</i></p> <p><i>From the</i></p> <ul style="list-style-type: none"><i>• energetic point of view, it [i.e., the inner stillness, rather than being inner emptiness as first it appeared] will convey</i><ul style="list-style-type: none"><i>• light and</i><i>• warmth.</i><i>• Strength you never knew you possessed will arise.</i> <p><i>From the</i></p> <ul style="list-style-type: none"><i>• point of view of consciousness,</i><ul style="list-style-type: none"><i>• inspiration,</i><i>• wisdom and</i><i>• guidance will come for the</i><ul style="list-style-type: none"><i>• biggest and</i><i>• smallest issues in your life.</i>
17	<ul style="list-style-type: none"><i>• Receptive,</i><i>• creative emptiness must truly be nurtured.</i> <p><i>Listen with an inner ear, and yet you must not do this [i.e., you must NOT do this listening with an inner ear] with urgency but [rather] become receptive to</i></p> <ul style="list-style-type: none"><i>• when and</i><i>• how you will be filled.</i>

*This is the only way,
my friends,
to
find
• your inner sustenance,
to
find
• your divinity,
and
become
• a receptacle for
the great universal power
that
• is being released
and
• will manifest
in your life,
even more than
you have already experienced.*

18

*This is an
important time in
the history of evolution,
and
you are
all
needed to
• comprehend and
• perpetuate
a great change in
• thinking
and
• perception
regarding the
• laws and
• values
that the
Christ consciousness
is spreading.*

	<p><i>The way must be open from</i></p> <ul style="list-style-type: none"><i>• within and</i> <p><i>from</i></p> <ul style="list-style-type: none"><i>• without</i> <p><i>to create as many receptacles [i.e., as many receptacles for the Christ consciousness] as possible.</i></p>
19	<p><i>The mind can be</i></p> <ul style="list-style-type: none"><i>• a hindrance</i> <p><i>or</i></p> <ul style="list-style-type: none"><i>• an aid</i> <p><i>to this process [i.e., to this process of preparing for the influx of the Christ consciousness].</i></p> <p><i>You all know that your mind is limited only by your own concept of its limitations.</i></p> <p><i>To the degree you limit your mind, you cannot perceive what is beyond it.</i></p>

The mind is
• *finite*
and it must
aim
to spread the boundaries of its finiteness
until it measures up with
• *the infinite*
that is
• *beyond the mind*
and
that is
• *within yourself,*
• *right here,*
• *right now.*

Then [i.e., Then, when it thus spreads the boundaries of its finiteness,]
the mind
merges into
the infinite consciousness
of your inner universe,
in which
you are
• *one with*
all that is,
and yet
you are
• *infinitely*
your personal self.

20

As it is now,
you carry your mind with you
almost as a burden
because
it has become
a closed circuit.

*Inside that circuit [i.e., Inside that closed circuit of the mind]
there is a certain leeway
for*

- *ideas,*
 - *opinions, and*
 - *possibilities*
- you have made room for in your life
as a result of*
- *your education*
- and*
- *the mores of your society.*

*That circuit [i.e., That closed circuit of the mind]
contains*

- what you have
chosen to*
- *learn and*
 - *adopt*
- as knowledge,
both as*
- *part of the group consciousness*
- and as*
- *your personal experience.*

To the degree you have

- *grown and*
- *expanded,*

*the closed circuit
of your mind
has widened;*

*however,
it is still
a closed circuit.*

*You are still burdened with
limiting ideas
about*

- *yourself*
- and*
- *your world.*

*[Because of your closed mind and hence your limited ideas about
yourself and your world]*

*It is therefore necessary,
in order to elicit
creative emptiness,
that you
visualize
the boundaries of your mind
by questioning yourself
about all the things
that you think
are impossible for you.*

Where you are

- hopeless and*
- frightened*

*there must be
an idea of
finiteness
that is simply
locked into your mind;*
*thus you
lock out
the great power
that is here
for all those
who are ready to receive it
honestly.*

21

*Again we have
an apparent contradiction.*

*On the one hand,
it is necessary
that this limited mind
open itself up to
new*

- ideas*
- and*
- possibilities,*

*as you have already learned to do
in your meditation.*

*You have seen infallibly
that where you have
made room for
a desirable new possibility,
it has indeed
come into your life.*

*You have also seen
that when it [i.e., when a desirable new possibility]
does not come into your life,
you deny
that it can [i.e., you deny that it can
ever come into your life]
for whatever reason.*

*It is therefore necessary
that you begin to
puncture
that closed circuit.*

*You cannot
immediately
dissolve it;
• you live with
a mind
and
• you need
your mind.*

*But where you
puncture your mind,
the flow of
new
• energy and
• consciousness
can penetrate.*

*Where it is
not punctured [i.e., Where your mind is not punctured],
you stay locked
within its narrow confines,
which your spirit
is fast outgrowing.*

	<p><i>On the other hand, your mind must</i></p> <ul style="list-style-type: none"><i>• rest,</i><i>• not hold opinions,</i><i>• be neutral,</i> <p><i>in order to be receptive to the great new force sweeping the inner universe of all consciousness.</i></p>
22	<p><i>But let us return to the process of puncturing the limited mind. How do you do that?</i></p> <p><i>First tell yourself that you do hold limited beliefs, instead of unquestioningly taking them [i.e., instead of taking these limited beliefs] for granted [i.e., for granted as being the unquestionable truth].</i></p> <p><i>The next step is to challenge them [i.e., challenge these limited beliefs rather than assume, without question, that these beliefs are true].</i></p> <p><i>This [i.e., Challenging these limited beliefs as to whether or not these beliefs are true] requires taking the trouble</i></p> <ul style="list-style-type: none"><i>• to walk through, in the well-practiced attitude of</i><i>• self-observation and</i><i>• self-confrontation,</i> <p><i>your limited beliefs</i></p> <p><i>and</i></p> <ul style="list-style-type: none"><i>• to truly think about them [i.e., to truly think about your limited beliefs].</i>

*Sometimes it is
not just
that you have a
• false belief
but also
that you have a
• stake in it [i.e., you have a stake in holding onto this false belief].*

*This [i.e., your having a stake in holding onto your false belief]
must be examined.*

*Once you put together
[both]
• the negative belief,
and
• the possible negative intentionality
in holding on to it,
you can see
how you
• keep the circuit closed
and
• deprive yourself of
the inner filling you yearn for.*

23

*Another law
of great importance for this purpose
is that
the opening to
the greater universal consciousness
must
not
be approached
in a spirit of
magic
that is supposed to
eliminate the
• becoming
• growing and
• learning
process.*

*Now, in whatever way
this ultimate of power
is supposed to*

- *fill and*
- *sustain*

*you,
your outer mind
must go through the steps of acquiring whatever*

- *knowledge and*
- *know-how*

are necessary.

*You all see this in the
arts and sciences.*

*You cannot be
inspired
as a great artist,
no matter how much
genius
you have,
unless
you learn*

- *the craft and*
- *the technical dexterity.*

*If the
childish lower self
wants to use
the channel to the greater universe
in order to avoid
the initial tedium of*

- *learning and*
- *becoming,*

*the channel
will remain closed.*

*For this [i.e., For avoiding the initial tedium of learning and becoming]
amounts to
cheating,
and
God
cannot be cheated.*

*When you
cheat,
the personality
may become
seriously doubtful
that
anything
beyond the mind
exists,
because
no inspirational response comes forth
when using
"magic"
to coddle your
• laziness and
• self-indulgence.*

*The same is true of
• science
or
• any other field.*

24

*Now how about
this same law
with respect to
inspiration
for your
• personal life
and
• decisions?*

*Here, too,
you must not fail to go through
the work
that the
outer ego-self
has to do
in order to become
a proper channel
for the
God consciousness.*

You do this [i.e., You do this preparatory work that is needed by the ego-self in order for you to become a proper channel for God consciousness] in pathwork.

You need to truly know

- *yourself,*
 - *your weaknesses,*
 - *your lower self,*
 - *where you are corruptible,*
 - *where you are*
 - *dishonest*
- or tend to be.***

As you all know, this is hard work, but it needs to be done.

If you

avoid it [i.e., If you avoid the necessary hard work by the ego-self of truly coming to know all of yourself],

the channel

- *will never really be reliable*

and

- *may contain a lot of wishful thinking, stemming from your “desire nature,”*

or it [i.e., or the channel]

- *may reveal “truth”*

that is based on

- *guilt and*
- *fear*

and is thus

equally unreliable.

25

***Only when you work in this fashion
on your development [i.e., Only when you work on your development in this fashion
by doing the necessary hard work of truly coming to know ALL of yourself]
will you come to a point
when you no longer
confuse***

- *gullibility and*
- *wishful thinking*

with

- *faith,*

or

- *doubt*

with

- *discrimination.*

***As a great pianist
can be a channel for
higher inspiration
only***

when he goes through

- *the finger exercises and*
- *the hours of practice*

*that make his playing
finally effortless,*

***so must God-inspired people
work***

on

- *their purification process,*

on

- *deep self-knowledge*

and

- *self-honesty.*

	<p><i>Only then [i.e., only with doing this hard work of purification and gaining self-knowledge]</i></p> <p><i>does the receptacle become</i></p> <ul style="list-style-type: none"><i>• commensurate with higher</i><ul style="list-style-type: none"><i>• truths and</i><i>• values,</i><i>• fit to be</i><ul style="list-style-type: none"><i>• influenced [by these higher truths and values] and [thereby become fit to be]</i><i>• used for higher purposes to enrich</i><ul style="list-style-type: none"><i>• the world</i><i>and</i><i>• the self.</i>
26	<p><i>At the same time you need to cultivate a neutrality.</i></p> <p><i>Your devotion to fulfilling the will of God must include an attitude that whatever comes from God is all right, whether you desire it or not.</i></p> <ul style="list-style-type: none"><i>• Too much desire is as much a hindrance as</i><ul style="list-style-type: none"><i>• the absence of all desire, which manifests as</i><ul style="list-style-type: none"><i>• resignation and</i><i>• hopelessness.</i>

*The refusal
to endure
any kind of frustration
creates an*

- *inner tension*

and

- *defensive structure*

that

- *close up
the vessel of the mind*

and

- *maintain the closed circuit.*

*In other words,
you,
as a receptacle,
need to be
neutral.*

*You need to
give up the*

- *strong,*
- *tight,*
- *self-willed*
 - *yes*

or

- *no*

to make way for

- *a flexible trust
guided by
your inner God.*

You need to be

- *willing,*
- *pliable,*
- *flexible,*
- *trusting and*
- *forever ready for
another change
you had not contemplated.*

*What is right
now
may not be right
tomorrow.*

27

*There is
no fixedness
when it comes to
the divine life
that springs from within
your innermost being.*

*This idea [i.e., This idea that there is NO FIXEDNESS]
makes you
insecure,
for you believe that
security
lies in
fixed rules.*

Nothing could be further from the truth.

*This is one of those beliefs [i.e., That security lies in having FIXED RULES is
one of those false limited beliefs you hold]
that need to be
challenged.*

*Envisage that
in the idea
of forever meeting
every new situation
by being
inspired anew
there lies
a new kind of security
which you have not found as yet.*

*What is
right
in one situation
may not be right
in another.*

***This [i.e., That what is right in one situation may not be right in another situation]
is one of those laws
of the new age
that is opposed to
the old "stable" laws
according to which
[only] what is***

- fixed***
- and***
- unchangeable***

is secure.

28

***The laws
that pertain to
this new venture into
your inner***

- creativity and***
- life***

***need to be studied
very carefully;***

you must work with them.

***These are not just words
to listen to;
you need to
make them [i.e., you need to make these words]
your own.***

*These laws are
apparently
full of contradiction.*

- *You need to*
 - *acquire knowledge,*
 - *the mind*
 - *must be expanded,*
- it*
- *must be able to conceive of
truthful possibilities,*

and yet

- *you must make your mind*
 - *neutral and*
 - *empty.*

*This seems
contradictory
from the point of view of*

- *the dualistic consciousness,*

but

from the point of view of

- *the new consciousness
that is spreading
through your
inner*

*universe,
these are
not*

contradictions at all.

*For years I have tried to show you
in many areas
how this principle works:*

something that is

- *in truth*

and

*• commensurate with the higher laws of life
conciliates [i.e., reconciles or makes compatible]
opposites*

that are mutually exclusive

on the lower level of consciousness.

	<p><i>What is</i></p> <ul style="list-style-type: none">• <i>conflict-producing</i> <i>on the lower level</i> <p><i>is</i></p> <ul style="list-style-type: none">• <i>mutually helpful</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>interactive</i> <i>on the higher level.</i>
29	<p><i>More and more</i> <i>you will discover</i> <i>the truth of</i> <i>unification,</i></p> <ul style="list-style-type: none">• <i>where</i><ul style="list-style-type: none">• <i>dualities cease to exist</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>contradictions no longer contradict;</i> <ul style="list-style-type: none">• <i>where</i> <i>you experience</i> <i>two previous opposites</i> <i>as valid aspects</i> <i>of the same truth.</i> <p><i>When you</i></p> <ul style="list-style-type: none">• <i>begin to comprehend this principle</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>apply it to</i> <i>your</i><ul style="list-style-type: none">• <i>own life,</i> <i>your</i><ul style="list-style-type: none">• <i>outlook</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>values,</i> <p><i>then</i> <i>you are indeed</i> <i>ready to receive</i></p> <p><i>the new consciousness</i> <i>released in realms</i> <i>far beyond your own.</i></p>

30

*When I say that
you must
not
approach your divine channel
with the attitude
that it should
save you the work of*

- living and*
- growing,*

*I am
not
contradicting
the necessity of
being
passively receptive.*

*It is simply
a shift of balance:*

- where you have been
overactive with your mind,
you now need to*
 - quiet down and*
 - let things happen;*
- where you
insisted on taking the controls,
you must now*
 - relinquish them and*
 - let a new inner power take over.*

*On the other hand,
where you before*

- tended to be*
 - lazy and*
 - self-indulgent*

and

- looked for
the line of least resistance*

and therefore

- made yourself dependent on others,*

you now need to

- take over*

and

- actively nurture the principles
that help to establish the channels
to your inner God.*

	<p><i>You also need to actively express its messages [i.e., actively express your inner God's messages] in life.</i></p> <p><i>Thus</i></p> <ul style="list-style-type: none"><i>• activity and</i><i>• passivity</i> <p><i>need to be reversed [i.e., where you were active you need to be passive, and where you were passive you need to be active].</i></p>
31	<p><i>Your mind will thus become an instrument.</i></p> <p><i>It [i.e., Your mind] will</i></p> <ul style="list-style-type: none"><i>• open up,</i><i>• puncture its limitations, and</i><i>• acquire new concepts –</i><ul style="list-style-type: none"><i>• lightly,</i><i>not</i><i>• tightly –</i> <p><i>with which to "play around" for a while.</i></p> <p><i>This attitude</i></p> <ul style="list-style-type: none"><i>of</i><i>• lightness in your perceptions,</i><i>of</i><i>• flexibility,</i><i>of</i><i>• motility of mind</i> <p><i>will make you the most receptive to your apparent emptiness [i.e., your apparent emptiness that you have feared feeling].</i></p>

32	<p><i>Now, my friends, as we approach this emptiness, • how does it feel?</i></p> <p><i>• What is it all about?</i></p> <p><i>Again, • the human language is extremely limited, and • it is almost impossible to squeeze this kind of experience into the context of language.</i></p> <p><i>I will try my very best to give you some tools, however.</i></p>
33	<p><i>As you listen into your inner "chasm," it seems at first to be a black gulf of emptiness.</i></p> <p><i>What you feel at this point is fear.</i></p> <p><i>This fear seems to fill you up.</i></p> <p><i>What is this fear?</i></p> <p><i>It is as much a fear of • finding yourself to indeed be empty as [it is a fear] of • finding yourself • with • a new consciousness, with • a new being evolving within you.</i></p>

Although you

yearn for this [i.e., *Although you yearn for this new consciousness,
this new being evolving within you*],
you also fear it [i.e., *you also fear this new consciousness,
this new being evolving within you*].

The fear [i.e., *The fear of this new consciousness, of this new being evolving within you*]
exists

from both ends:

[on one end]

- **You want the new consciousness so much
that you fear disappointment,**

and yet [on the other end]

- **you also fear finding this consciousness
because of all the**
 - **obligations and**
 - **changes****that this might impose on you.**

You must travel through

both these fears [i.e., *both 1) your fear of disappointment that the new consciousness
won't meet your expectations and 2) your fear of the changes
the new consciousness may require of you*].

On this path

**you have received the tools
to deal with such fears
by questioning
your lower self.**

34

*But the time comes
when you
are ready,
notwithstanding the fear,
because
you have already
made the connections.*

*You know, for example,
• what your lower self wants
and
• why you have negative intentions.*

*The time comes when,
in spite of the fear,
you decide
• calmly
and
• quietly
to go into the emptiness.*

*So you
empty your mind
in order to
meet the
emptiness
deep within.*

*Lo and behold, very soon
that very emptiness [i.e., that very emptiness deep within]
will feel,
• not full the same way you are used to,
but it [i.e., that very emptiness]
will contain
• a new aliveness
that the old
artificial
fullness of your mind
made impossible.*

*In fact, you will soon find out
that you
made yourself
artificially dull
by packing yourself tight:*

- tight in the mind
because of its noise,*
- and*
- tight within your channel
by contracting your energy
into hard knots of defense.*

*You had
killed your aliveness [i.e., You had killed your inner aliveness]
with this
artificial
fullness [i.e., with this artificial fullness of the noise in your mind].*

*So you became
needier
because
without
your inner life
you could not be
fulfilled
in a real sense.*

*A vicious circle
was established
as you strove to get fulfillment
from outside,
since you
refused to go through
the necessary steps
to make
fulfillment
first
manifest
within.*

35

*In one sense you
fear*

- *the aliveness*

*more than [you]
[fear]*

- *the emptiness.*

*And perhaps
you had better face that.*

*When you make yourself
sufficiently empty,
the first initial response
is an
inner aliveness,
and [i.e., and out of your FEAR of your INNER ALIVENESS]
you tend to
immediately
shut the lid tight again.*

Yet by

- *denying your fear [i.e., by denying your fear of inner aliveness]*

you also

- *deny that
you are really very unhappy about
your [current]
lack
of aliveness.*

But

- *lack of aliveness*

comes from

- *fearing it [i.e., your lack of aliveness comes from fearing aliveness].*

*You can make
the fear [i.e., make the fear of aliveness]
give way to
[experiencing] aliveness
by letting yourself be
creatively empty.*

36

You will

experience

- *your whole inner being,*
 - *including*
 - *your body*
- and*
- *your energy,*
as a vibrantly alive
"inner tube."

- *Energy*
goes through it [i.e., Energy goes through this "inner tube"],
- *feelings*
go through it [i.e., feelings go through this "inner tube"],

and

- *something else*
is vibrantly coming to the fore
that you cannot as yet name.

If you do not

shy away from
that

unnamable something,

it [i.e., that unnamable something]

will sooner or later
turn out to be
constant inner instruction:

- *truth,*
- *encouragement,*
- *wisdom,*
- *guidance,*
 - *specifically destined to your life*
 - *right now,*
 - *wherever you need it most.*

That

- *emptiness,*

that

- *vibrant alive emptiness,*
is

God

talking to you.

*At any moment of the day
it [i.e., At any moment of the day that vibrant alive emptiness, or God within]
is talking to you
where you need it most.*

*If you
really wish to*

- *attune to it [i.e., wish to attune to that vibrant alive emptiness, or God within talking to you]*

and

- *hear it [i.e., and wish to hear to that vibrant alive emptiness, or God within talking to you],*

*you will
discern it,
first*

- *vaguely,*

later

- *strongly.*

*You need to condition
your inner ear
to recognize it [i.e., recognize the vibrant alive emptiness
or God within talking to you].*

*As you begin to recognize
the vibrant voice
that speaks
in*

- *wisdom and*
- *love –*

not in

- *generalities,*

but

- *specifically to you –*

*you will know
that this voice
has always
existed in you,*

*but you have
conditioned yourself
not to hear it.*

And
in that conditioning [*i.e., in that conditioning so as NOT to HEAR*
that voice of God out of the deep stillness within]
you have

- **tightened**

and

- **packed up**

that "inner tube"
that is [*i.e., that is meant*] **to fill you**
with the
vibrant
music of the angels.

37

When I say
the "music of the angels,"
I do not necessarily mean this literally,
although that, too, may exist.

But what you need more [*i.e., But what you need more than the "music of the angels"*]
is the
guidance for
every decision
about what

- **opinion or**
- **attitude**

to adopt
in a given situation.

That instruction
is truly comparable to
the music of the angels
in its glory.

This fullness
cannot be described
in its wonder;

it [*i.e., this fullness in all its wonder*]
is a treasure
beyond all words.

It [i.e., This fullness in all its wonder]

is what you

constantly

• look and

• yearn

for,

but most of the time

you are not [even] aware of

this searching

and project it [i.e., and project this searching

for the inner wondrous fulfillment you want]

on substitute fulfillments

that you expect to come from

outside.

38

Refocus

on what has

always existed

within you.

Your

• mind and

• outer will

have

• confused and

• complicated

your life,

so this

new contact [i.e., this new contact with God within, speaking

out of the stillness]

is like finding your way out of a maze –

a maze

you

have created.

You can now

recreate

your inner landscape

without that maze.

39

*Now, my dearest friends,
I would like to say a few words about
the new person
in the new era.*

*What is
the new person?*

*The new person
is indeed
always
a receptacle of
the
• universal intelligence,
the
• divine consciousness,
the
• Christ consciousness,
that permeates
every particle
• of being
and
• of life.*

*The new person
is
not
functioning from
the habitual intellect.*

*For many centuries
the intellect
had to be cultivated
to fulfill its role [i.e., to fulfill the intellect's role]
as an important stepping stone
in humanity's evolution.*

By now,
the overemphasis [i.e., the overemphasis on the intellect]
has gone on too long.

[But] This does not mean
you should
revert back
to the purely
• blind,
• emotional
"desire-nature,"

rather, it means
you should open up
to a higher realm of consciousness
within you
and let it unfold.

40

There was a period in evolution
when it was
as hard for people
• to find their ability
to
• think,
to
• weigh,
to
• discriminate,
to
• retain knowledge,
to
• remember,
in short,
to
• use all the faculties of the mind,

as it now seems hard
• to find contact with
the higher self.

*The new person
has established
a new balance
in the inner system.*

*The intellect
must
not
be left out;*

*it [i.e., the intellect]
is an instrument
that must*

- serve,*
- become unified with
the greater consciousness.*

*For many ages
people believed that
the intellectual faculties
were the
highest form of development,*

*and
some still believe this now [i.e., some still believe now that the
intellectual faculties are the highest form of development].*

*So they [i.e., So those who still believe that the intellectual
faculties are the highest form of development]
make no attempt
to journey*

- further*

and

- deeper*

*into their
inner nature
to find greater treasures.*

	<p><i>On the other hand, there are many spiritual movements that practice</i><ul style="list-style-type: none"><i>• discarding</i><p><i>and</i><ul style="list-style-type: none"><i>• inactivating</i><p><i>the mind altogether.</i></p><p><i>This is</i> <i>equally undesirable</i> <i>because it</i> <i>creates</i><ul style="list-style-type: none"><i>• splits [i.e., creates splits between the intellectual faculties and the deeper inner nature]</i><p><i>rather than</i><ul style="list-style-type: none"><i>• unification [i.e., rather than unification of the intellectual faculties with the deeper inner nature].</i></p></p></p></p>
41	<p><i>Both these extremes [i.e., at one extreme valuing ONLY the intellect and not the deeper inner nature and at the other extreme disregarding the intellect and valuing ONLY the deeper inner nature]</i></p> <p><i>are half-truths, though they can have relative validity.</i></p> <p><i>For example, in the past, people</i> <i>were like beasts,</i><ul style="list-style-type: none"><i>• undisciplined and</i><i>• irresponsible</i><p><i>as far as their immediate desires were concerned.</i></p><p><i>They were</i> <i>totally driven by</i><ul style="list-style-type: none"><i>• emotions and</i><i>• desires,</i><p><i>regardless of</i><ul style="list-style-type: none"><i>• ethics and</i><i>• morality.</i></p></p></p>

***So for that stage
the development of the intellect
fulfilled its function [i.e. fulfilled its function of introducing ethics and morality
and thereby reining in uncontrolled emotions and desires].***

***And the intellect
also fulfilled its function
as a very sharp tool
of***

- learning,***
- of***
- discriminating.***

***But when it ends there
it [i.e., But when living ends with humans using the intellect for functions of learning,
discriminating and controlling emotions alone, life]
becomes a farce.***

***Humans
who cannot
become animated by
their divinity
become a farce.***

***By the same token,
the practice of
leaving the mind
temporarily inactive
is advisable,
and I recommend it myself.***

But

- to treat the mind
as if it were the devil and***
- to oust it from your life
is missing the point.***

42

Being in
either extreme [i.e., *Being in either the extreme of using the intellect exclusively*
or in the opposite extreme of not using the intellect at all],
people are not full;

they need
all
their functions working

in order to
express
their divinity.

Without a mind,
you become
a passive amoeba;

when the mind
is deemed
the highest faculty,
you become
a hyperactive robot.

The mind then becomes
a computerized machine.

True aliveness
exists only
when you wed
• the mind
with
• the spirit
and allow the mind
to express
the feminine principle
for a while.

*Until now
the mind
has been very much linked with
the masculine principle:*

- *action,*
- *drive,*
- *control.*

*Now
the mind
has to express
the feminine principle:*

- *receptivity.*

*This does
not mean
that you will
become
passive.*

*In a sense, you will be
more*

- *active,*

more

- *truly independent
than you were before.*

*For when
the mind
receives
inspirations
from
the God consciousness,
they [i.e., the inspirations from the God consciousness]
must be put into action.*

*But this
putting into action [i.e., But this putting into action inspirations
from the God consciousness]*

is

- *harmonious,*
- *effortless,*

not like a

- *cramp.*

*When your mind
is receptive,
it can be filled with
the higher spirit
within you.*

*Then
the functioning
becomes*

- *totally different,*
- *forever*
 - *new and*
 - *exciting.*

*Nothing
becomes*

- *routinized;*

*nothing
becomes*

- *stale;*

*nothing
becomes*

- *redundant.*

*For
the spirit
is forever*

- *alive*
- and*
- *changing.*

This is the

- *energy*

and

- *experience*

*you have increasingly
at your Center [i.e., at your Pathwork Center],
where
the new influx
is working so strongly.*

43

*The new person
makes all decisions
from
this new consciousness
after
working his or her way through to
becoming
truly receptive to
the spiritual being within.*

*The results
would sound utopian
for someone who has
not begun to
experience
this.*

*I am happy to say that
quite a number of you
are already part of
this strong cosmic movement
for which
you have made yourself available.*

*You
experience*

- hitherto undreamed of*
- expansion*

and

- joy,*
- resolutions of problems
that you never thought possible.*

And it continues.

*There are
no limitations
to your
• fulfillment,

to the
• peace,
to the
• productivity,
to the
• creativity
of living,
to
• joy,
• love, and
• happiness,
and
to
• the meaning
your life has acquired
as you serve a greater cause.*

44

*The time has
passed
for each individual
to live
only
for a
• selfish,
• immediate
• little
life.

This can no longer continue.*

*Those who
insist on this way [i.e., Those who insist on living a selfish,
immediate, little way of life]*

*lock themselves out
from a power
that would
turn destructive
in a mind
that is still geared to
selfishness.*

*For that selfishness
comes from
the false belief
that you are*

- happy
only when you are selfish,*

and

- unhappy
when you are unselfish.*

*That false belief [i.e., That false belief that you are happy only when you are selfish
and unhappy when you are unselfish]*

*is one of the first myths
you need to*

- explore*

and

- challenge.*

45

*So you create
a new life
for*

- yourself*

and

- your environment,
of a kind that humanity
has not yet known.*

- **You**
*are preparing for it [i.e., You are preparing for this new life, a life of a kind
that humanity has not yet known],*
- **others**
*are preparing for it [i.e., others are preparing for this new life, a life of a kind
that humanity has not yet known],*
here and there,
all over the world,
quietly.

These [i.e., *These people who are preparing for this as yet unknown life*]
are

golden nuclei
that spring up
out of the

- **gray,**
- **dark**

matter
of
untruthful

- **thinking and**
- **living.**

So
further that channel in you.

It [i.e., *This channel to God within*]
will bring you

- **the excitement and**
- **the peace**

you always wanted.

Enter
this new phase,
my dearest friends,
with

- **courage**

and

- **affirmation.**

*Get out of
that attitude
you still have
toward
yourself,
as if
you were
beaten down.*

*You are
not
beaten down,
unless
you
affect this role [i.e., unless you affect this role
by beating yourself down].*

You can

- rise up

and

- become
who you truly are

and

- experience
life
at its best.

46

*All of you
are blessed,
my very dearest ones.*

*The blessings
will give you the sustenance you need
to go all the way
with all of yourself
and become*

- enlivened,
- activated,
- actualized

by the God within.

Be in peace.

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