This lecture is given in an expanded poetic format, what I call a Devotional Format of the lecture, and in that sense this is my interpretation of the intent of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, devotionally.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The original text is in bold and italicized. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/

Gary Vollbracht

| 03 | My most beloved friends, blessings for every one of you here. A golden force is flowing through your inner being • now and • forever, if you open yourself to it. |
| 04 | I have spoken to you about the coming of a new era. This event requires that many human beings be ready for it. |
For many years, you on this path have worked for that purpose [i.e., for the purpose of making the human beings ready for the coming of this new era], whether or not you were aware of it.

You have filed away at your impurities, and you still do so.

And you make yourself available for a powerful force that has been released in the universe – the inner universe.

Many spiritual • teachers and • channels know this [i.e., know that a new era is coming and that the releasing of a powerful force is part of this], but many have misinterpreted this event.

They believe it [i.e., They believe this new era and powerful force] will bring geological cataclysms with effects on a human level.
As I have said before, this [i.e., this belief that this new era will bring geological cataclysms on a human level] is not true.

The changes that are already in progress are changes in consciousness.

And you are working at this.

You see, as you • develop and • purify yourself, you become more and more ready for an • inner awakening and • enlightenment that • has not yet occurred and • is indeed self-perpetuating in its force.

It [i.e., This upcoming new era bringing inner awakening and enlightenment] is unprecedented, for there was no other time in human history when this power was as available as it is now.
What you increasingly experience is the result of this power's coming upon a receptive channel.

If this power hits an unreceptive channel, a crisis arises, as you well know.

Even if only a part of you blocks the great creative beneficial forces that could make you thrive in an entirely new way, you put yourself under great

• psychic,
• emotional, and
• spiritual stress.

This [i.e., Having even a part of you blocking the great creative beneficial forces, which puts you under great psychic, emotional, and spiritual stress] must be avoided.
On your path
you have learned to contact
the deep levels of intentionality
where you
deny
• truth and
• love
as well as [deny]
• a greater knowing,
• a power
that operates differently
from the outer ego power
you so strive for.

Real
• truth and
• love,
real
• power,
come from
within.

I will now speak about
the importance of
being receptive to
this
• force,
this
• energy,
this
• new consciousness:

the Christ consciousness
that is spreading through
human consciousness
wherever possible.

To become receptive to it [i.e., receptive to this force, to the Christ consciousness],
you also need to understand
another principle:
that of
creative emptiness.
Most human beings create an agitated mind, an inner and outer overactivity, because they are frightened that they may be empty, that there may be nothing within to sustain them.

This thought [i.e., This thought that there may be NOTHING WITHIN to sustain them] is rarely conscious,

but on a path such as this the time comes when you do become conscious of this fearful thought [i.e., conscious of this fearful thought that there may be NOTHING WITHIN to sustain you].
Then [i.e., Then, as you become conscious of this fearful thought that there may be NOTHING WITHIN to sustain you]
the first reaction is very often,

- "I do not even want to acknowledge that I am afraid of this [i.e., I do not want to acknowledge that I am afraid that there may be NOTHING WITHIN to sustain me].

- I'd rather continue busying my mind in order not to face the terror
  • that I am nothing inside,
  • that I am only a shell that needs sustenance from without."

This self-deception [i.e., This self-deception that comes by NOT acknowledging your FEAR that there may be NOTHING WITHIN to sustain] is obviously futile.

It is of utmost importance that you
• face this fear [i.e., face this FEAR that there may be NOTHING WITHIN to sustain]

and
• deal with it openly.
You need to
create an atmosphere
within yourself
in which you allow [i.e., allow rather than fear, defend against, and block]
this emptiness [i.e., this emptiness – this having nothing within to sustain you]
to exist.

Otherwise
you perpetually deceive yourself [i.e., you deceive yourself by not allowing what you fear, i.e., your emptiness in having nothing within to sustain you, to exist],
which is very wasteful
because the fear [i.e., the fear of your emptiness, the fear of having nothing within to sustain you]
is unjustified.

How can you ever
live in peace with yourself
if you
do not know what you fear [i.e., the emptiness that you fear, the fear of having nothing within to sustain you]
and therefore
make it impossible to find out
that what you fear [i.e., that the emptiness that you fear, the fear of having nothing within to sustain you]
is not so [i.e., you DO have something within to sustain you]?

As a result of
a process that has continued for centuries
humanity has conditioned itself
to make
the outer mind
a very busy place,
so that
when that busyness ceases
[even] temporarily,
the resulting quiet is confused with emptiness.
It [i.e., The resulting quiet after the outer busyness ceases] indeed seems empty.

The noise [i.e., The noise of the outer busyness] will recede, and you must indeed • embrace and • welcome the emptiness as the most important channel through which to receive your innermost Godself.

There are several • psychic and • spiritual laws you need to comprehend in order to • nurture this emptiness and • make it a creative venture.

Some of these laws seem to be contradictory.

Let me put it this way: If you cannot let yourself be empty, [then] you can never be filled.
Out of the emptiness
a new fullness
will arise,
yet
you cannot
disregard
your fear [i.e., your fear of being empty, your fear of
having nothing within to sustain you].

It [i.e., Your fear of being empty, your fear of
having nothing within to sustain you]
must, like everything else,
be gone through.

My advice is
that you
• challenge
  that fear [i.e. challenge whether or not your fear of being empty, of having
  nothing within to sustain you, is warranted],
  and at the same time
• welcome
  the emptiness
  as the doorway
  to your divinity.

This [i.e., Welcoming the very emptiness that you fear, while at the same time
challenging whether or not your fear of being empty is warranted]
seems contradictory,
but it is not.

Both attitudes [i.e., BOTH 1) the attitude of challenging whether or not your fear of
being empty is warranted AND 2) the attitude of welcoming the emptiness] are necessary.
Another apparent contradiction:

*It is extremely important that you be*
  • receptive and
  • expectant,
*yet without*
  • preconceived ideas,
  • impatience, or
  • wishful thinking.

*This seems very hard to explain in human words.*

*It is something you have to feel into.*

*There must be a*
  • positive expectancy
*that is yet free from*
  • preconceived notions of
    • how and
    • what
*should happen.*

Still another related apparent contradiction:

*You need to be*
  • specific,
*yet*
  • this specificity
*must be*
  • light and
  • neutral.
You must be specific
    • in one way,
but not [be]
    [specific]
    • in another.

If this seems confusing now, ask
    your inner being
to relay the comprehension
to your mind,
rather than
    trying to understand
directly
    with your ego-mind.

The workings of the greater self
    so far surpass
the mind's imagination
    that specificity
    would be a hindrance [and be limiting].

Yet the mind must
    • know what it wants,
    • be prepared for it,
    • reach for it and
    • claim it,

    • know that it
    • deserves what it wants and
    • will not misuse it.
The
• outer
mind
must make
constant changes
in order to
adapt itself
to the greater scope
of the
• inner
God consciousness.

Your
outer
mind
must become
• empty and
• receptive,
yet it must
• hold itself poised for
all
possibilities.

Thus it [i.e., the outer mind] will be able to mate with
• the inner stillness and
• what appears at first as emptiness.

As you do this [i.e., as you do the work of preparation by emptying the outer mind in order to manifest OUTER emptiness so it will be able to mate with the inner stillness, a stillness that at first APPEARS at first as INNER emptiness], in a spirit of
• patient,
• persevering,
• positive
expectancy,
yet empty in
• mind and
• soul,
a new fullness can manifest.
**The inner stillness** [i.e., the inner stillness, rather than being inner emptiness as first it appeared]

will begin to

sing,

as it were.

From the

- energetic point of view,

  it [i.e., the inner stillness, rather than being inner emptiness as first it appeared]

  will convey

  - light and
  - warmth.

- Strength

  you never knew you possessed

  will arise.

From the

- point of view of consciousness,

  - inspiration,
  - wisdom and
  - guidance

  will come

  for the

  - biggest and
  - smallest

  issues in your life.

- Receptive,

- creative emptiness

  must truly be nurtured.

Listen

with an

inner ear,

and yet

you must **not do this** [i.e., you must **NOT do this** listening with an inner ear]

with urgency

**but** [rather]

become receptive to

- when and
  - how

  you will be filled.
This is the only way, my friends, to find
• your inner sustenance,
to find
• your divinity, and become
• a receptacle for the great universal power that
  • is being released
  and
  • will manifest in your life, even more than you have already experienced.

This is an important time in the history of evolution, and you are all needed to
• comprehend and
• perpetuate a great change in
  • thinking
  and
  • perception regarding the
    • laws and
    • values
    that the Christ consciousness is spreading.
The way must be open from:
  • within and from:
    • without to create as many receptacles [i.e., as many receptacles for the Christ consciousness] as possible.

The mind can be:
  • a hindrance or
    • an aid to this process [i.e., to this process of preparing for the influx of the Christ consciousness].

You all know that your mind is limited only by your own concept of its limitations.

To the degree you limit your mind, you cannot perceive what is beyond it.
The mind is
• finite
and it must
aim
to spread the boundaries of its finiteness
until it measures up with
• the infinite
  that is
  • beyond the mind
  and
  that is
  • within yourself,
  • right here,
  • right now.

Then [i.e., Then, when it thus spreads the boundaries of its finiteness.] the mind
merges into
the infinite consciousness
of your inner universe,
in which
you are
• one with
  all that is,
and yet
you are
• infinitely
  your personal self.

As it is now,
you carry your mind with you
almost as a burden
because
it has become
a closed circuit.
Inside that circuit [i.e., Inside that closed circuit of the mind] there is a certain leeway for
• ideas,
• opinions, and
• possibilities
you have made room for in your life as a result of
• your education and
• the mores of your society.

That circuit [i.e., That closed circuit of the mind] contains what you have chosen to
• learn and
• adopt as knowledge,
both as
• part of the group consciousness and as
• your personal experience.

To the degree you have
• grown and
• expanded,
the closed circuit of your mind has widened; however,
it is still a closed circuit.

You are still burdened with limiting ideas about
• yourself and
• your world.
[Because of your closed mind and hence your limited ideas about
yourself and your world]

It is therefore necessary,
in order to elicit
creative emptiness,
that you
visualize
the boundaries of your mind
by questioning yourself
about all the things
that you think
are impossible for you.

Where you are
• hopeless and
• frightened
there must be
an idea of
finiteness
that is simply
locked into your mind;
thus you
lock out
the great power
that is here
for all those
who are ready to receive it
honestly.

Again we have
an apparent contradiction.

On the one hand,
it is necessary
that this limited mind
open itself up to
new
• ideas
and
• possibilities,
as you have already learned to do
in your meditation.
You have seen infallibly
    that where you have
    made room for
    a desirable new possibility,
    it has indeed
    come into your life.

You have also seen
    that when it [i.e., when a desirable new possibility]
    does not come into your life,
    you deny
    that it can [i.e., you deny that it can ever come into your life]
    for whatever reason.

It is therefore necessary
    that you begin to
    puncture
    that closed circuit.

You cannot
    immediately
    dissolve it;
    • you live with
      a mind
      and
    • you need
      your mind.

But where you
    puncture your mind,
    the flow of
    new
    • energy and
    • consciousness
    can penetrate.

Where it is
    not punctured [i.e., Where your mind is not punctured],
    you stay locked
    within its narrow confines,
    which your spirit
    is fast outgrowing.
On the other hand, your mind must
- rest,
- not hold opinions,
- be neutral,
in order to be receptive
to the great new force sweeping the inner universe of all consciousness.

But let us return to the process of puncturing the limited mind. How do you do that?

First tell yourself that you do hold limited beliefs, instead of unquestioningly taking them [i.e., instead of taking these limited beliefs] for granted [i.e., for granted as being the unquestionable truth].

The next step is to challenge them [i.e., challenge these limited beliefs rather than assume, without question, that these beliefs are true].

This [i.e., Challenging these limited beliefs as to whether or not these beliefs are true] requires taking the trouble
- to walk through, in the well-practiced attitude of
  - self-observation and
  - self-confrontation,
your limited beliefs
and
- to truly think about them [i.e., to truly think about your limited beliefs].
Sometimes it is not just that you have a false belief but also that you have a stake in it [i.e., you have a stake in holding onto this false belief].

This [i.e., your having a stake in holding onto your false belief] must be examined.

Once you put together both
- the negative belief,
  and
- the possible negative intentionality in holding on to it,
you can see how you
- keep the circuit closed
  and
- deprive yourself of the inner filling you yearn for.

Another law of great importance for this purpose is that the opening to the greater universal consciousness must not be approached in a spirit of magic that is supposed to eliminate the
- becoming
- growing and
- learning process.
Now, in whatever way
this ultimate of power
is supposed to
• fill and
• sustain
you,
your outer mind
must go through the steps of acquiring whatever
• knowledge and
• know-how
are necessary.

You all see this in the
arts and sciences.

You cannot be
inspired
as a great artist,
no matter how much
genius
you have,
unless
you learn
• the craft and
• the technical dexterity.

If the
childish lower self
wants to use
the channel to the greater universe
in order to avoid
the initial tedium of
• learning and
• becoming,
the channel
will remain closed.

For this [i.e., For avoiding the initial tedium of learning and becoming]
amounts to
cheating,
and
God
cannot be cheated.
When you cheat, the personality may become seriously doubtful that anything beyond the mind exists, because no inspirational response comes forth when using "magic" to coddle your
• laziness and
• self-indulgence.

The same is true of
• science
or
• any other field.

Now how about this same law with respect to inspiration for your
• personal life
and
• decisions?

Here, too, you must not fail to go through the work that the outer ego-self has to do in order to become a proper channel for the God consciousness.
You do this [i.e., You do this preparatory work that is needed by the ego-self in order for you to become a proper channel for God consciousness] in pathwork.

You need to
   truly know
       • yourself,
       • your weaknesses,
       • your lower self,
       • where you are corruptible,
       • where you are
dishonest  
or tend to be.

As you all know,
   this is hard work,
   but it needs to be done.

If you
   avoid it [i.e., If you avoid the necessary hard work by the ego-self of truly coming to know all of yourself],
the channel
   • will never really be reliable
   and
   • may contain a lot of wishful thinking,
      stemming from your “desire nature,”
or it [i.e., or the channel]
   • may reveal “truth” that is based on
      • guilt and
      • fear
   and is thus equally unreliable.
Only when you work in this fashion 
on your development [i.e., Only when you work on your development in this fashion by doing the necessary hard work of truly coming to know ALL of yourself] will you come to a point when you no longer confuse

• gullibility and
• wishful thinking

with

• faith,

or

• doubt

with

• discrimination.

As a great pianist can be a channel for higher inspiration only when he goes through

• the finger exercises and
• the hours of practice

that make his playing finally effortless,

so must God-inspired people work on

• their purification process,
  on
• deep self-knowledge
  and
• self-honesty.
Only then [i.e., only with doing this hard work of purification and gaining self-knowledge] does the receptacle become

- commensurate with higher
- truths and values,
- fit to be
- influenced [by these higher truths and values] and [thereby become fit to be]
- used for higher purposes to enrich
  - the world
  and
  - the self.

At the same time you need to cultivate a neutrality.

Your devotion to fulfilling the will of God must include an attitude that whatever comes from God is all right, whether you desire it or not.

- Too much desire is as much a hindrance as
- the absence of all desire, which manifests as
  - resignation and
  - hopelessness.
The refusal to endure any kind of frustration creates an inner tension and defensive structure that close up the vessel of the mind and maintain the closed circuit.

In other words, you, as a receptacle, need to be neutral. You need to give up the strong, tight, self-willed yes or no to make way for a flexible trust guided by your inner God.

You need to be willing, pliable, flexible, trusting and forever ready for another change you had not contemplated.

What is right now may not be right tomorrow.
There is no fixedness when it comes to the divine life that springs from within your innermost being.

This idea [i.e., This idea that there is NO FIXEDNESS] makes you insecure, for you believe that security lies in fixed rules.

Nothing could be further from the truth.

This is one of those beliefs [i.e., That security lies in having FIXED RULES is one of those false limited beliefs you hold] that need to be challenged.

Envisage that in the idea of forever meeting every new situation by being inspired anew there lies a new kind of security which you have not found as yet.

What is right in one situation may not be right in another.
This [i.e., That what is right in one situation may not be right in another situation] is one of those laws of the new age that is opposed to the old "stable" laws according to which [only] what is
- fixed
  and
- unchangeable
  is secure.

The laws that pertain to this new venture into your inner
  • creativity and
  • life
need to be studied very carefully;

  you must work with them.

These are not just words to listen to;
  you need to make them [i.e., you need to make these words] your own.
These laws are apparently full of contradiction.

- You need to
  - acquire knowledge,
- the mind
  - must be expanded,
  - it
    - must be able to conceive of truthful possibilities,
and yet
- you must make your mind
  - neutral and
  - empty.

This seems contradictory from the point of view of
- the dualistic consciousness,
but
from the point of view of
- the new consciousness that is spreading through your inner universe,
these are not contradictions at all.

For years I have tried to show you in many areas how this principle works:

something that is
- in truth and
- commensurate with the higher laws of life conciliates [i.e., reconciles or makes compatible] opposites
  that are mutually exclusive on the lower level of consciousness.
What is
  • conflict-producing
    on the lower level
is
  • mutually helpful
    and
  • interactive
    on the higher level.

More and more
  you will discover
  the truth of
  unification,
    • where
      • dualities cease to exist
        and
      • contradictions no longer contradict;
    • where
      you experience
        two previous opposites
        as valid aspects
        of the same truth.

When you
  • begin to comprehend this principle
    and
  • apply it to
    your
      • own life,
      your
        • outlook
        and
      • values,
then
  you are indeed
  ready to receive

  the new consciousness
  released in realms
  far beyond your own.
When I say that you must not approach your divine channel with the attitude that it should save you the work of
• living and
• growing,
I am not contradicting the necessity of being passively receptive.
It is simply a shift of balance:
• where you have been overactive with your mind, you now need to
  • quiet down and
  • let things happen;
• where you insisted on taking the controls, you must now
  • relinquish them and
  • let a new inner power take over.

On the other hand, where you before
• tended to be
  • lazy and
  • self-indulgent
and
• looked for the line of least resistance and therefore
• made yourself dependent on others,
you now need to
• take over and
• actively nurture the principles that help to establish the channels to your inner God.
You also need to
actively express
its messages [i.e., actively express your inner God’s messages]
in life.

Thus
• activity and
• passivity
need to be reversed [i.e., where you were active you need to be passive,
and where you were passive you need to be active].

Your mind
will thus become
an instrument.

It [i.e., Your mind]
will
• open up,
• puncture its limitations, and
• acquire new concepts –
  • lightly,
  not
  • tightly –
  with which to
"play around" for a while.

This attitude
of
• lightness in your perceptions,
of
• flexibility,
of
• motility of mind

will make you
the most receptive
to your apparent emptiness [i.e., your apparent emptiness
that you have feared feeling].
Now, my friends,
as we approach this emptiness,
  • how does it feel?

• What is it all about?

Again,
  • the human language
    is extremely limited,
    and
  • it is almost impossible
    to squeeze this kind of experience
    into the context of language.

I will try my very best
  to give you some tools, however.

As you listen into
  your inner "chasm,"
  it seems at first
  to be a black gulf of emptiness.

What you
  feel
  at this point is
  fear.

This fear
  seems to
  fill you up.

What is this fear?

It is
  as much a fear of
  • finding yourself to indeed be empty
  as [it is a fear] of
  • finding yourself
    • with
      • a new consciousness,
      with
      • a new being
        evolving within you.
Although you yearn for this [i.e., Although you yearn for this new consciousness, this new being evolving within you],

you also fear it [i.e., you also fear this new consciousness, this new being evolving within you].

The fear [i.e., The fear of this new consciousness, of this new being evolving within you] exists from both ends:

[on one end]

• You want the new consciousness so much
  that you fear disappointment,

and yet [on the other end]

• you also fear finding this consciousness
  because of all the
  • obligations and
  • changes
  that this might impose on you.

You must travel through both these fears [i.e., both 1) your fear of disappointment that the new consciousness won’t meet your expectations and 2) your fear of the changes the new consciousness may require of you].

On this path you have received the tools to deal with such fears by questioning your lower self.
But the time comes
when you
are ready,
notwithstanding the fear,
because
you have already
made the connections.

You know, for example,
• what your lower self wants
and
• why you have negative intentions.

The time comes when,
in spite of the fear,
you decide
• calmly
and
• quietly
to go into the emptiness.

So you
empty your mind
in order to
meet the
emptiness
deep within.

Lo and behold, very soon
that very emptiness [i.e., that very emptiness deep within]
will feel,
• not full the same way you are used to,
but it [i.e., that very emptiness]
will contain
• a new aliveness
that the old
artificial
fullness of your mind
made impossible.
In fact, you will soon find out
that you
made yourself
artificially dull
by packing yourself tight:

- tight in the mind
  because of its noise,
  and
- tight within your channel
  by contracting your energy
    into hard knots of defense.

You had
killed your aliveness [i.e., You had killed your inner aliveness]
with this
artificial
fullness [i.e., with this artificial fullness of the noise in your mind].

So you became
needier
because
without
your inner life
you could not be
fulfilled
in a real sense.

A vicious circle
was established
as you strove to get fulfillment
from outside,
since you
refused to go through
the necessary steps
to make
fulfillment
first
manifest
within.
In one sense you
fear
• the aliveness
more than [you]
[fear]
• the emptiness.

And perhaps
you had better face that.

When you make yourself
sufficiently empty,
the first initial response
is an
inner aliveness,
and [i.e., and out of your FEAR of your INNER ALIVENESS]
you tend to
immediately
shut the lid tight again.

Yet by
• denying your fear [i.e., by denying your fear of inner aliveness]
you also
• deny that
you are really very unhappy about
your [current]
lack
of aliveness.

But
• lack of aliveness
comes from
• fearing it [i.e., your lack of aliveness comes from fearing aliveness].

You can make
the fear [i.e., make the fear of aliveness]
give way to
[experiencing] aliveness
by letting yourself be
creatively empty.
You will experience

• your whole inner being,
• including
  • your body
  and
• your energy,
  as a vibrantly alive
  "inner tube."

• Energy
go through it [i.e., Energy goes through this “inner tube”],
• feelings
go through it [i.e., feelings go through this “inner tube”],

and

• something else
  is vibrantly coming to the fore
  that you cannot as yet name.

If you do not
shy away from
that
unnamable something,

it [i.e., that unnamable something]
will sooner or later
turn out to be
constant inner instruction:

• truth,
• encouragement,
• wisdom,
• guidance,
  • specifically destined to your life
    • right now,
    • wherever you need it most.

That
• emptiness,
that
• vibrant alive emptiness,
is
God
talking to you.
At any moment of the day
it [i.e., At any moment of the day that vibrant alive emptiness, or God within]
is talking to you
where you need it most.

If you
really wish to
• attune to it [i.e., wish to attune to that vibrant alive emptiness, or God within
talking to you]
and
• hear it [i.e., and wish to hear to that vibrant alive emptiness, or God within
talking to you],
you will
discern it,
first
• vaguely,
later
• strongly.

You need to condition
your inner ear
to recognize it [i.e., recognize the vibrant alive emptiness
or God within talking to you].

As you begin to recognize
the vibrant voice
that speaks
in
• wisdom and
• love –
not in
• generalities,
but
• specifically to you –
you will know
that this voice
has always
existed in you,

but you have
conditioned yourself
not to hear it.
And

in that conditioning [i.e., in that conditioning so as NOT to HEAR
that voice of God out of the deep stillness within]
you have
• tightened
and
• packed up
that "inner tube"
that is [i.e., that is meant] to fill you
with the
vibrant
music of the angels.

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When I say
the "music of the angels,"
I do not necessarily mean this literally,
although that, too, may exist.

But what you need more [i.e., But what you need more than the "music of the angels"] is the
guidance for
every decision
about what
• opinion or
• attitude
to adopt
in a given situation.

That instruction
is truly comparable to
the music of the angels
in its glory.

This fullness
cannot be described
in its wonder;

it [i.e., this fullness in all its wonder]
is a treasure
beyond all words.
It [i.e., This fullness in all its wonder] is what you constantly
• look and
• yearn for,

but most of the time you are not [even] aware of
this searching

and project it [i.e., and project this searching for the inner wondrous fulfillment you want]
on substitute fulfillsments
that you expect to come from outside.

Refocus on what has always existed within you.

Your
• mind and
• outer will have
• confused and
• complicated your life,

so this new contact [i.e., this new contact with God within, speaking out of the stillness]

is like finding your way out of a maze – a maze you have created.

You can now recreate your inner landscape without that maze.
Now, my dearest friends,
    I would like to say a few words about
    the new person
    in the new era.

What is
    the new person?

The new person
    is indeed
    always
    a receptacle of
    the
    • universal intelligence,
    the
    • divine consciousness,
    the
    • Christ consciousness,
      that permeates
      every particle
      • of being
        and
      • of life.

The new person
    is
    not
    functioning from
    the habitual intellect.

For many centuries
    the intellect
    had to be cultivated
    to fulfill its role [i.e., to fulfill the intellect's role]
      as an important stepping stone
      in humanity's evolution.
By now,  
the overemphasis [i.e., the overemphasis on the intellect]  
has gone on too long.

[But] This does not mean  
you should  
revert back  
to the purely  
• blind,  
• emotional  
"desire-nature,"

rather, it means  
you should open up  
to a higher realm of consciousness  
within you  
and let it unfold.

There was a period in evolution  
when it was  
as hard for people  
• to find their ability  
to  
• think,  
to  
• weigh,  
to  
• discriminate,  
to  
• retain knowledge,  
to  
• remember,  
in short,  
to  
• use all the faculties of the mind,

as it now seems hard  
• to find contact with  
the higher self.
The new person has established a new balance in the inner system.

The intellect must not be left out;

it [i.e., the intellect] is an instrument that must
• serve,
• become unified with the greater consciousness.

For many ages people believed that the intellectual faculties were the highest form of development,

and some still believe this now [i.e., some still believe now that the intellectual faculties are the highest form of development].

So they [i.e., So those who still believe that the intellectual faculties are the highest form of development] make no attempt to journey
• further and
• deeper into their inner nature to find greater treasures.
On the other hand, there are many spiritual movements that practice:
- discarding
- inactivating
the mind altogether.

This is equally undesirable because it creates:
- splits [i.e., creates splits between the intellectual faculties and the deeper inner nature]
rather than:
- unification [i.e., rather than unification of the intellectual faculties with the deeper inner nature].

Both these extremes [i.e., at one extreme valuing ONLY the intellect and not the deeper inner nature and at the other extreme disregarding the intellect and valuing ONLY the deeper inner nature] are half-truths, though they can have relative validity.

For example, in the past, people were like beasts,
- undisciplined and
- irresponsible
as far as their immediate desires were concerned.

They were totally driven by:
- emotions and
- desires,
regardless of:
- ethics and
- morality.
So for that stage
the development of the intellect
fulfilled its function [i.e. fulfilled its function of introducing ethics and morality
and thereby reining in uncontrolled emotions and desires].

And the intellect
also fulfilled its function
as a very sharp tool
of
• learning,
of
• discriminating.

But when it ends there
it [i.e., But when living ends with humans using the intellect for functions of learning,
discriminating and controlling emotions alone, life]
becomes a farce.

Humans
who cannot
become animated by
their divinity
become a farce.

By the same token,
the practice of
leaving the mind
temporarily inactive
is advisable,
and I recommend it myself.

But
• to treat the mind
  as if it were the devil and
• to oust it from your life
  is missing the point.
Being in either extreme [i.e., Being in either the extreme of using the intellect exclusively or in the opposite extreme of not using the intellect at all], people are not full; they need all their functions working in order to express their divinity.

Without a mind, you become a passive amoeba;

when the mind is deemed the highest faculty, you become a hyperactive robot.

The mind then becomes a computerized machine.

True aliveness exists only when you wed • the mind with • the spirit and allow the mind to express the feminine principle for a while.
Until now
the mind
has been very much linked with
the masculine principle:
• action,
• drive,
• control.

Now
the mind
has to express
the feminine principle:
• receptivity.

This does
not mean
that you will
become
passive.

In a sense, you will be
more
• active,
more
• truly independent
than you were before.

For when
the mind
receives
inspirations
from
the God consciousness,
they [i.e., the inspirations from the God consciousness]
must be put into action.

But this
putting into action [i.e., But this putting into action inspirations
from the God consciousness]
is
• harmonious,
• effortless,
not like a
• cramp.
When your mind is receptive, it can be filled with the higher spirit within you.

Then the functioning becomes
- totally different,
- forever
- new and exciting.

Nothing becomes
- routinized;
nothing becomes
- stale;
nothing becomes
- redundant.

For the spirit is forever
- alive and
- changing.

This is the energy and experience you have increasingly at your Center [i.e., at your Pathwork Center], where the new influx is working so strongly.
The new person makes all decisions from this new consciousness after working his or her way through to becoming truly receptive to the spiritual being within.

The results would sound utopian for someone who has not begun to experience this.

I am happy to say that quite a number of you are already part of this strong cosmic movement for which you have made yourself available.

You experience:
- hitherto undreamed of
- expansion
- joy,

- resolutions of problems that you never thought possible.

And it continues.
There are no limitations to your fulfillment,

to the peace,
to the productivity,
to the creativity of living,
to joy, love, and happiness,
and to the meaning your life has acquired as you serve a greater cause.

The time has passed for each individual to live only for a selfish, immediate little life.

This can no longer continue.
Those who insist on this way [i.e., Those who insist on living a selfish, immediate, little way of life]

lock themselves out from a power that would turn destructive in a mind that is still geared to selfishness.

For that selfishness comes from the false belief that you are
  • happy only when you are selfish,
  and
  • unhappy when you are unselfish.

That false belief [i.e., That false belief that you are happy only when you are selfish and unhappy when you are unselfish]

is one of the first myths you need to
  • explore and
  • challenge.

So you create a new life for
  • yourself and
  • your environment, of a kind that humanity has not yet known.
• You
  
  are preparing for it [i.e., You are preparing for this new life, a life of a kind
  that humanity has not yet known],

• others
  
  are preparing for it [i.e., others are preparing for this new life, a life of a kind
  that humanity has not yet known],

  here and there,
  all over the world,
  quietly.

These [i.e., These people who are preparing for this as yet unknown life]
  are

  golden nuclei
  that spring up
  out of the
  • gray,
  • dark
  matter
  of
  untruthful
  • thinking and
  • living.

  So
  further that channel in you.

It [i.e., This channel to God within]
  will bring you
  • the excitement and
  • the peace
  you always wanted.

Enter
  this new phase,
  my dearest friends,
  with
  • courage
  and
  • affirmation.
Get out of that attitude you still have toward yourself, as if you were beaten down.

You are not beaten down, unless you affect this role [i.e., unless you affect this role by beating yourself down].

You can • rise up and • become who you truly are and • experience life at its best.

All of you are blessed, my very dearest ones.

The blessings will give you the sustenance you need to go all the way with all of yourself and become • enlivened, • activated, • actualized by the God within.

Be in peace.
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