

# Pathwork Lecture 216: Connection Between the Incarnatory Process and the Life Task

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This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p><b><i>Greetings, my beloved friends.</i></b></p> <p><b><i>You all float in a safe cloud of divine consciousness and you are nurtured by divine love, whether or not you</i></b></p> <ul style="list-style-type: none"> <li><b><i>• know it,</i></b></li> <li><b><i>• feel it or</i></b></li> <li><b><i>• experience it.</i></b></li> </ul> <p><b><i>Your</i></b></p> <ul style="list-style-type: none"> <li><b><i>• total consciousness knows it;</i></b></li> </ul> <p><b><i>your</i></b></p> <ul style="list-style-type: none"> <li><b><i>• fragmented consciousness does not.</i></b></li> </ul> <p><b><i>Try to connect with your inner being so that you will know this to be true [i.e., know divine love nurtures you].</i></b></p>

by Eva Broch Pierrakos

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04

*In tonight's lecture I will deal with  
aspects of  
the incarnatory process.*

*At this point  
of your development on your path,  
this understanding  
will again be  
exactly what you need  
in order to tie up  
certain insights you have gained.*

*To begin with,  
I have to recapitulate  
some aspects of  
creation  
that I have discussed previously in different contexts.*

*Creation  
is the attempt of  
divine reality  
to fill the void  
with*

- life and*
- being.*

*I dedicated a whole lecture to this [See Lecture 20 God: The Creation]  
and I recommend that you reread it  
in order to fully understand the topic.*

*Fragmented consciousness  
is a result of  
the total consciousness*

- spreading*

*and*

- filling every nook and cranny of  
"space."*

*I use this term [i.e., I use this term, "space,"]  
for lack of a better word.*

05

*The human structure itself  
represents this picture very well.*

*Deep inside your nucleus  
is an  
infinite essence.*

*This  
inward essence  
is*

- *eternal life,*
- *eternal reality,*
- *eternal beauty,*
- *limitless*

- *wisdom and*
- *love,*

*but although your  
outer  
consciousness  
is*

*connected with  
the essence,*

*it [i.e., the outer consciousness]*

- *ignores this fact [i.e., ignores this fact that it is  
connected with the inward essence]*

*and*

- *seems to be*

*disconnected from it [i.e., the outer consciousness*

*seems disconnected from the inward essence].*

*You  
seem to be  
an isolated piece of consciousness.*

*This [i.e., That you SEEM to be an isolated piece of consciousness  
disconnected from the inward essence]*

*is*

- *what makes life  
appear so frightening and*

- *why  
your outer consciousness  
is blindly groping its way back  
to its connection with  
the total self.*

	<p><i>Your outer consciousness will eventually gain awareness of this connection [i.e., gain awareness of this connection between it and your total self, your inward essence], because the connection [i.e., the connection between your outer consciousness and your total self, your inward essence] was really never broken.</i></p> <p><i>It only seemed broken from the vantage point of the limited outer consciousness.</i></p>
06	<p><i>The task of every</i></p> <ul style="list-style-type: none"><li><i>• fragmented,</i></li><li><i>• apparently disconnected</i></li></ul> <p><i>aspect of consciousness is to realize its</i></p> <ul style="list-style-type: none"><li><i>• true identity and</i></li><li><i>• connection with the real self [i.e., connection with the real self, your total self, your essence].</i></li></ul> <p><i>This [i.e., This task for every fragmented aspect of consciousness to realize its true identity and connect with the real self]</i></p> <p><i>happens through</i></p> <ul style="list-style-type: none"><li><i>• an</i></li></ul> <p><i>often laborious groping search,</i></p> <p><i>through</i></p> <ul style="list-style-type: none"><li><i>• attempts of the mind to expand its own narrow limitations.</i></li></ul>

	<p><b><i>The mind holds this potential for expansion;</i></b></p> <p><b><i>even in its disconnected state it [i.e., the mind] contains every aspect of divine reality.</i></b></p> <p><b><i>Using this potential [i.e., Using the mind's potential for expansion] depends only on</i></b></p> <ul style="list-style-type: none"><li><b><i>• which way the mind turns,</i></b></li><li><b><i>• which way the will directs it [i.e., which way the will directs the mind],</i></b></li><li><b><i>• which thought the mind chooses in any given instant.</i></b></li></ul> <p><b><i>This [i.e., This knowledge that the mind's realizing its potential for expansion depends upon which way it turns, which way the will directs it, and which thought the mind chooses in any instant] is an important key, my friends, and we shall return to it later in this lecture.</i></b></p>
07	<p><b><i>The fragmented aspects of</i></b></p> <ul style="list-style-type: none"><li><b><i>• consciousness,</i></b></li><li><b><i>of</i></b></li><li><b><i>• divine light, which seem to have lost their connection [i.e., lost their connection to the real self, your total self, your essence], float around in space.</i></b></li></ul> <p><b><i>These aspects [i.e., These fragmented aspects of consciousness and divine light that are seemingly disconnected from the real self and floating around in space] become personalities.</i></b></p>

**Such personalities** [i.e., *Such personalities that come from fragmented aspects of consciousness and of divine light floating around in space*]  
**develop**  
**problems**  
**because of their**  
**apparent**  
**disconnection** [i.e. *apparent disconnection from the real self*].

**The word "problem"**  
**is in accord with**  
**today's vocabulary.**

**In other periods of history**  
**different words were used,**  
**like "sinfulness," for example.**

**Whatever word you choose,**  
**the fragmented aspect of consciousness**  
**needs**  
**purification**  
**on many levels,**  
**such as** [i.e., *such as the levels of*]  
**• feeling,**  
**• understanding,**  
**• knowledge.**

**It** [i.e., *The fragmented aspect of consciousness*]  
**needs to spread its**  
**awareness**  
**to its full capacity.**

**Spreading** [i.e., *The fragmented aspect of consciousness "spreading" its awareness*]  
**means to realize that**  
**the connection** [i.e., *means to realize that the fragmented aspect of consciousness's connection to the real self, to the divine*]  
**• exists,**  
**• has**  
**always**  
**existed, and**  
**• will**  
**always**  
**exist.**

08

- *A total entity –*
- *a complete entity –*  
*is one*  
*that is*
  - *completely aware of its*
  - *divine nature,**that is*
  - *in total possession of*
  - *divine*
    - *wisdom and*
    - *energy.*

*You are*  
*all*  
*total entities,*  
*but*

- *your manifest consciousness,*  
*with which you identify,*

*is*

- *an aspect*  
*that*
  - *your total entity*  
*seeks to reunite with.*

*This [i.e., Your total entity or total being reuniting with your manifest consciousness] can happen only when*  
*the fragmented aspect of your manifest consciousness [i.e., only when this fragmented aspect, that is, only when your manifest consciousness] makes itself*  
*compatible with*  
*the nature of*  
*the total consciousness.*

09	<p><i>Life, in its broader sense, is greatly concerned with the process of</i></p> <ul style="list-style-type: none"><li>• <i>spreading divine consciousness</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>reuniting apparently disconnected aspects.</i></li></ul> <p><i>There are many different terms that designate this process.</i></p> <p><i>It [i.e., This important Life process of spreading divine consciousness and reuniting apparently disconnected aspects]</i></p> <p><i>is often called</i></p> <ul style="list-style-type: none"><li>• <i>the divine plan,</i></li><li>• <i>the evolutionary plan, or</i></li><li>• <i>the Plan of Salvation.</i></li></ul>
10	<p><i>It [i.e., The Plan of Salvation, the Life process of spreading divine consciousness and reuniting apparently disconnected aspects]</i></p> <p><i>is</i></p> <ul style="list-style-type: none"><li>• <i>an ongoing process,</i></li><li>• <i>a ceaseless movement,</i></li><li>• <i>a flowing energy</i></li></ul> <p><i>that seeks</i></p> <p><i>to</i></p> <ul style="list-style-type: none"><li>• <i>spread out</i></li></ul> <p><i>and, at the same time,</i></p> <p><i>to</i></p> <ul style="list-style-type: none"><li>• <i>reunify itself.</i></li></ul> <p><i>In this spreading out the connection [i.e., the connection to the real self, to the total entity, to its source]</i></p> <p><i>is sometimes apparently lost.</i></p>



*So the movement is one of*  
• *spreading out*  
*and*  
• *moving back*  
*to its source*  
*for reunification,*

*forever advancing*  
*in this back-and-forth flow.*

*Each reunification movement back to the source*  
*follows*  
*a spreading out process,*  
*so that*  
*the unified substance*  
*has meanwhile become enlarged.*

*Just visualize it:*

• *spreading out*  
*and*  
• *coming back to the source,*

*each time*  
• *making*  
*the unified substance*  
*wider,*  
• *extending*  
*it [i.e., extending the unified substance]*  
*ever more.*

*This is,*  
*in different terms,*  
*the great plan [i.e., the Plan of Salvation].*

11

*How does this [i.e., How does this great plan, the Plan of Salvation]  
look  
in a smaller framework of understanding,  
more suited to  
your human state of consciousness?*

*I will explain it  
so that you can perhaps  
derive some benefit from  
understanding  
your repeated cycles of life.*

*You have heard many explanations  
about*

- *reincarnation and*

*about*

- *the plans you make*  
*before you undertake an embodiment.*

*You have heard it mentioned  
that you  
make a contract with yourself  
to fulfill a certain task.*

*This planning  
is conducted  
in the world of spirit.*

*I shall speak about this now  
in a slightly different manner.*

12

*When you are*

- *not*

*embodied,*

*when you are*

- *aware of*

*your*

*total*

*being,*

*you are also*

- *aware of*

*those aspects in you*

*that*

- *have remained untended and*

- *need*

*healing and*

*purification.*

*One could also say that*

*a process of reeducation*

*is needed*

*in which*

*seemingly*

*new knowledge*

*is to be gained –*

*although it is actually*

*very old [i.e., very old knowledge].*

*This [i.e., This purification and reeducation process]*

*is parallel to*

*purifying*

- *the feeling*

*into*

- *the pure love of the essence.*

*In order to follow through*

*the process of*

- *spreading and*

- *reunification,*

*the aspect to be purified*

*is, for lack of better words,*

*"sent out," as it were,*

*into the realm of consciousness*

*commensurate with its own state.*

*And that [i.e., And that realm of consciousness commensurate with  
the state or level of consciousness of the aspect being purified]  
is  
the material level  
of life as you know it  
in your conscious being.*

*This realm of existence [i.e., This material level of life as you know it  
in your conscious being]  
is  
the expression of  
the limited state of consciousness of  
the disconnected aspect – the personality –  
and in this*

- *more ignorant and*
- *less aware*  
*state,*  
*all vibratory functions of life  
are grossly slowed down.*

*The flow of energy*

- *rigidifies and*
- *makes*
  - *things and*
  - *people*  
*fixed.*

- *The flow*  
*becomes invisible,*  
*as does*
  - *the entity itself.*

*The grossly condensed form  
of its essence  
appears  
to be  
the sole reality.*

13

*In this state of existence [i.e., In this grossly condensed form  
of the energy's essence, which seems to be the sole reality],  
the process I described  
can continue.*

*The grosser matter  
becomes more  
and more refined  
as more personalities  
refine  
their*

- *vibratory functions and*
- *power of*
- *perception and*
- *awareness.*

*An incarnation  
is thus chosen  
to fulfill specific tasks  
in a vast overall plan.*

*The fragmented aspects  
have certain  
basic states  
in common.*

*When divine perfection  
has undergone  
the distortion  
that  
temporarily  
alters its manifestation  
into a lesser expression,*

*then*

- *distortion,*
- *misconception,*
- *suffering,*
- *darkness and*
- *disconnection*

*seem to be  
the common lot  
of all those  
apparently isolated  
personalities.*

- *The combinations vary,*
- *the degree of development varies,*
  - but some basic components are applicable to*
    - *the divine substance [with all its myriad variations]*
    - as well as*
      - *its distorted version.*

*In other words,*

- *one purified being may be totally different from*
- *another purified being, each representing a different aspect of divinity.*

*Yet there are unalterable basic common denominators [i.e., common denominators for all purified beings],*  
*including*

- *love,*
- *wisdom,*
- *beauty, and*
- *many other qualities.*

*The same principle [i.e., the same principle that holds true for PURIFIED beings, namely that there are many aspects that VARY among purified beings and other aspects that are COMMON to all purified beings, also] holds true of the unpurified personality.*

*Thus, each entity deals differently with the fragmented aspect that needs to be refined.*

	<p><i>The total entity figures out the incarnations, in conjunction with</i></p> <ul style="list-style-type: none"><li>• <i>specialized,</i></li><li>• <i>highly developed beings.</i></li></ul> <p><i>The plans are carefully drawn.</i></p>
14	<p><i>Being in the body has one purpose common to everyone:</i></p> <p><i>to find the way toward reunifying [i.e., reunifying bodily aspects] with essence.</i></p> <p><i>No matter how different the tasks may be, this goal [i.e. this common goal of reunifying bodily aspects with essence] necessarily remains the same for everyone.</i></p> <p><i>Reunification with essence can occur where the entity is already purified, but that is not where the task is, of course.</i></p> <p><i>The task [i.e., The task to be accomplished in the personality's incarnation] always lies where</i></p> <ul style="list-style-type: none"><li>• <i>the personality is still separate from</i></li><li>• <i>the essence.</i></li></ul>

*It is then up to  
the conscious mind  
to decide whether or not  
it will use*

- *the already purified aspects*

*to help*

- *the unpurified part*

*in the task fulfillment.*

*The conscious ego  
must make this decision [i.e., this decision whether or not to use the already  
purified aspects to help the unpurified part in the task fulfillment].*

*The higher self*

- *will not and*
- *cannot*

*force it [i.e., cannot force use of the purified aspects in the task fulfillment]  
upon the conscious mind.*

*This would go against  
all spiritual law.*

*The task  
cannot be fulfilled  
by putting all emphasis  
on the connection with the divine self that already exists  
without focusing on*

- *the problematic aspects,*
- *the blind spots.*

*I have spoken about this  
in several ways.*

*In this lecture however,  
I want to relate to  
the process of  
connection to*

- *birth and*
- *death*

*from the human standpoint.*



15

*Let us first  
take the process of  
death.*

*Birth  
will be better understood  
as a sequel to  
death,  
rather than  
the way you on earth choose to look at it [i.e., rather than looking  
at death as a sequel to birth].*

*Since humanity  
sees*

- *birth  
as the beginning and*
- *death  
as the end,*

*starting with  
death  
may seem senseless  
from this disconnected view.*

*But you will see  
that you can properly understand  
birth  
only if  
you see it [i.e., only if you see birth]  
as a sequel*

- *to death –*
- or, rather, [as a sequel]*
- *to the manner in which  
death occurred.*

*I am  
not  
referring here  
to the superficial circumstances [i.e., superficial circumstances  
surrounding your death].*

*I mean  
the fulfillment  
of the task  
of the foregoing life,  
which is reflected in  
the manner of death.*

16

*The dying process  
can take many different forms,  
depending on the personality's  
task fulfillment.*

*When the inner being  
permeates  
the outer personality,  
the task  
will be fulfilled.*

*In this case*  
• *the person*  
*will not only have lived*  
*a very full life,*  
*but [also]*  
• *the fluid energy stream*  
*of the divine entity*  
*will withdraw*  
*very gradually.*

• *The energy*  
*recedes,*  
• *the life forces*  
*pull inward*  
*into the*  
• *real,*  
• *eternal,*  
• *infinite*  
*world,*  
*into the*  
• *infinite space*  
*of creation.*

*This causes a*  
• *slow,*  
• *late and*  
• *organic*  
*deterioration of the body.*

*When the life task  
has been  
completely fulfilled,  
the process [i.e., the process of the energy receding, the life forces pulling inward  
into the real, eternal, infinite world, and the deterioration of the body]  
is  
so  
• organic,  
so  
• natural,  
that  
no  
• fear or  
• pain  
is involved.*

*The personality  
has developed  
a strong sense of  
the continuum of all life,  
so it will have  
no  
• contraction or  
• fear  
that can cause  
• suffering and  
• pain.*

*Life  
is an  
• organic and  
• meaningful  
process  
for the souls  
who fulfill the task  
planned in their contracts.*

***The death  
of the physical matter  
is equally meaningful.***

***It [i.e., Death of the physical matter for those who fulfill their task]  
is simply another step of***  

- liberation and***
- unfoldment.***

***It [i.e., Death of the physical matter for those who fulfill their task]  
is not  
traumatic.***

***When death comes [i.e., When death comes for those who fulfill their task]***

- it is not  
feared,***
- nor is it  
wished for  
as the final escape  
from life's difficulties  
which***
  - are not meaningful and***
  - remain unresolved  
as a consequence of  
the personality's stubbornness  
against***
    - opening and***
    - redirecting  
the mind.***

17

***In the truly fulfilled life,  
difficulties  
are increasingly treated as***  

- steppingstones,***
- doors***  
***to yet new liberations,  
which finally  
cease to be experienced as  
difficulties.***

*So when  
neither  
• fear  
nor  
• desire to escape  
occupies the personality's energy system,  
the  
unified  
• inner  
and  
• outer  
being  
strives organically  
toward further completion  
of the great plan,  
in which  
every aspect of consciousness  
plays an important role.*

*As the  
• physical  
life forces  
recede from  
the body,  
• fuller  
life  
emerges.*

18

***But this [i.e., But this process of the unified inner and outer being striving organically toward further completion of the great plan, and fuller life emerging as the physical life forces recede from the body]***

***occurs, my friends,***

***only when***

***the personality***

***learns to***

***• tune in to***

***the inner being and***

***• follow***

***its guidance***

***as a result of***

***concentrating on***

***the aspect of the soul***

***that needs to be purified.***

***Then, and then only,***

***are the inner and outer being***

***in full concordance about everything,***

***including***

***the time and the manner of***

***severing ties***

***with the physical vehicle.***

***In such cases,***

***as the life forces***

***recede from the body,***

***• a***

***• greater,***

***• fuller***

***life***

***comes into being***

***and***

***• the entity***

***can again***

***spread out in***

***• glory and***

***• freedom,***

***unimpeded by***

***the shackles of***

***three-dimensional reality.***

*This awareness [i.e., This awareness of the fact that, when the entity focuses on the aspect of the soul that needs to be purified, then in death, as the life forces recede from the body, a greater and fuller life comes into being and the entity can again spread out in glory and freedom unimpeded by the shackles of three-dimensional reality]*

*exists  
in the manifesting personality,  
which is  
only one aspect of  
your full being.*

*I repeat:*

*This [i.e., This process]  
applies to  
the ideal instances of  
total task fulfillment.*

*I hope that  
all of you  
on your path toward fulfillment  
will follow through sufficiently  
to reach this state of*

- awareness and*
- connection,*

*long before  
your inner being  
has decided that  
your time is up  
because  
you have accomplished  
what you have set out to do.*

19

*In this connection  
I would like to interject  
that there are people  
who have a deep misconception  
that prevents them from  
full commitment  
to their task.*

*It [i.e., This deep misconception that prevents them from  
full commitment to their task]*

*is the idea that  
if they*

- *resolve  
their problems and*
- *eliminate  
their darkness*

*and thus*

- *become*
- *happy and*
- *fulfilled,*

*then*

*they must die.*

*The way they  
visualize dying*

*is, of course,  
not at all like the*

- *harmonious,*
- *productive and*
- *meaningful*

*process I described,  
which is*

*the natural byproduct of*

- *purification,*
- *fulfillment and*
- *connection.*

*They fear dying  
as a*

- *disconnected,*
  - *disharmonious*
- process.*



20

*It is, of course,  
utterly false  
to assume that  
the moment your problems are resolved,  
your life is finished.*

*Quite the contrary  
is true.*

*In fact,  
only when  
your problems are resolved  
can  
a new aspect  
of task fulfillment  
begin.*

*For  
no personality can go through life  
without letting  
others  
benefit from  
what it [i.e., letting others benefit from what the personality]  
has learned.*

*The  
• need,  
the  
• urge and  
the  
• longing  
to give  
are an integral part of the soul.*

*They [i.e., The need, urge, and longing to give]  
come from  
the inner entity.*

*The full life  
that unfolds  
after  
the bulk of clouds in the soul has been dissolved  
is part of  
the task fulfillment.*

*So, please,  
do not hold back  
your progress, my friends,  
because you consider*

- suffering and*
- unfulfillment*

*of the soul  
to be  
the only agents  
that keep you connected with  
your body.*

*Such thoughts [i.e., Thoughts that suffering and unfulfillment of the soul are  
the only agents that keep you connected with your body]  
may not be quite conscious,  
but  
they nevertheless exist.*

21

*Your*

- awareness of*

*and your*

- connection with*

*the*

- inner,*
- real*

*self  
will make*

- life*

*glorious,  
and so you  
will experience*

- death*

*as glorious.*

*That state of consciousness [i.e., That state of consciousness in which your awareness of and connection with the inner, real self makes the experience of both life and death glorious]*

*will make  
life  
fearless  
because  
there is nothing to fear in  
dying.*

*Such fearlessness  
is the ultimate development  
of each human soul.*

*That [i.e., That fearlessness]  
is the goal  
you are trying to reach.*

22

*But now let us look at  
various other possibilities  
regarding  
the process of dying.*

*Those  
who do not  
totally fulfill their task in life  
must  
feel*

- a vague longing,*
- a tugging discontent  
throughout their lives.*

*Always heed this [i.e., Always heed this vague longing and  
tugging discontent throughout your life]  
as a sign  
that  
something is amiss.*

*[When this longing and discontent, this sign that something is amiss is present,]  
The conscious mind  
should start  
a deliberate search.*

*This longing [i.e., This vague longing and  
tugging discontent throughout your life]  
also occasionally besets  
those who are basically committed to  
a path like this one.*

*New phases  
come out of the soul,  
which  
the conscious mind  
at first  
has trouble  
• understanding and  
• recognizing.*

*• Vague discontent and  
• anxiety  
are definite signs  
that something  
is being missed.*

*Only when  
the personality  
• understands  
and  
• heeds  
the full meaning of the sign  
will it [i.e., will the personality]  
find itself once again  
in a state of  
inner  
• peace,  
• joy and  
• security.*

23

***The gauge  
that measures completion of the task***

***is***

- ***inner peace,***
- ***fearlessness and***
- ***the organic quality of  
your***
  - ***living and***
  - ***dying.***

***Those who  
refuse to look in the right direction  
will feel the***

- ***tugs and***
- ***whispers  
of the  
inner being  
in their  
outer consciousness.***

***The personality***

***then attempts [i.e., The personality that refuses to look in the right direction  
and that, as a result, feels the tugs and whispers of the  
inner being in its outer consciousness, then attempts]***

***to***

- ***squelch this voice [i.e., squelch this voice of the inner being],***

***to***

- ***escape from it [i.e., escape from this voice of the inner being],***

***to***

- ***produce a lot of  
superficial***
  - ***noise and***
  - ***movement***

***so as not to heed it [i.e., so as not to heed this voice  
of the inner being].***

	<p><b>Often you mistake</b></p> <ul style="list-style-type: none"><li>• <i>the vague discontent</i></li></ul> <p><b>for</b></p> <ul style="list-style-type: none"><li>• <i>the neurosis itself,</i> <i>as if</i> <i>the absence of</i> <i>this experience [i.e., as if the absence of this vague discontent],</i> <i>without changing your life's direction,</i> <i>would mean</i> <i>emotional health.</i></li></ul> <p><b>In reality,</b> <i>you produce neurosis</i> <i>as a result of</i> <i>failing</i></p> <ul style="list-style-type: none"><li>• <i>to establish the connection with</i> <i>the inner self</i></li></ul> <p><i>or</i></p> <ul style="list-style-type: none"><li>• <i>to fulfill the contract</i> <i>the soul has come to carry out.</i></li></ul>
24	<p><b>I want to draw your attention to</b> <i>another important point</i> <i>that often leads to</i> <i>misunderstandings.</i></p> <p><b>Total fulfillment</b> <i>of the life task</i> <i>is not necessarily</i> <i>contingent on</i> <i>attaining [i.e., not necessarily dependent upon attaining]</i> <i>a high state of development.</i></p> <p><b>It is quite possible</b> <i>that</i> <i>a fragmentary personality aspect,</i> <i>embodied in a physical vehicle,</i> <i>is not highly developed at all.</i></p> <p><b>Nevertheless,</b> <i>this personality [i.e., Nevertheless this less developed fragmentary personality]</i> <i>fulfills its task</i> <i>completely.</i></p>

	<p><i>The task [i.e., The task for this less developed fragmentary personality] is, of course,</i></p> <ul style="list-style-type: none"><li>• <i>less taxing</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>commensurate with such an individual's potential [i.e., such an individual's lesser potential].</i></li></ul> <p><i>At the same time, the ease of the task is relative;</i></p> <ul style="list-style-type: none"><li>• <i>the task [i.e., the less-taxing task] is just as difficult for the fragmented individual [i.e., for the less developed person]</i></li></ul> <p><i>as</i></p> <ul style="list-style-type: none"><li>• <i>a much more taxing one would be for a more highly developed person.</i></li></ul>
25	<p><i>In contrast, some people are highly developed, but limp behind their potential to</i></p> <ul style="list-style-type: none"><li>• <i>develop themselves and</i></li><li>• <i>fulfill their tasks.</i></li></ul> <p><i>They [i.e., Those highly developed people who limp behind their potential] will therefore not live in</i></p> <ul style="list-style-type: none"><li>• <i>peace,</i></li></ul> <p><i>but in</i></p> <ul style="list-style-type: none"><li>• <i>fear,</i></li></ul> <p><i>and</i></p> <p><i>their deaths will not be the organic process I have described.</i></p>

*So understand, my friends,  
that*

- *task fulfillment,*
  - *organic*
    - *life and*
    - *death,*
  - *connectedness and*
  - *inner peace*
- are not necessarily  
a result of  
higher development.*

*The more highly developed personalities  
often have  
more difficulty  
in bringing  
the divergent aspects of their souls  
together*

*and therefore  
their struggles  
may sometimes be  
much fiercer [i.e., much fiercer than  
the struggles of a less developed person].*

*Also,  
the less developed person  
will not have*

- *the conscious awareness and*
- *connection with the inner voice.*

*In this case [i.e., In this case with the less developed person],  
fulfilling one's task  
will be more  
instinctive [i.e., more instinctive than for the  
more developed person who has more conscious  
awareness and more connection with the inner voice].*



26

*Anyone*

• *who is on a path such as this [i.e., a path such as Pathwork]*

*and*

• *who makes a*

*total commitment*

*to*

• *truth,*

*to*

• *self-facing,*

*to*

• *self-purification,*

*to*

• *giving up*

• *all*

*defenses and*

• *all*

*subterfuges*

*in order to face*

*what seems*

• *most difficult and*

• *momentarily painful –*

*anyone*

• *who chooses*

*to forgo*

*the temptation to*

*concentrate on the*

• *real or*

• *apparent*

*wrongs of*

• *others*

*so as to avoid*

• *the self –*

*and*

• *who is thus committed to*

*his or her growth*

*above*

*all other considerations in life,*

*will make the connection*

*that will bring*

• *outer*

*and*

• *inner*

*fulfillment.*

27	<p><i>Let us now make several distinctions concerning the process of dying.</i></p> <p><i>In addition to the ideal case described above, other possibilities occur when the bridge between</i></p> <ul style="list-style-type: none"><li><i>• the inner</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• the outer self</i></li></ul> <p><i>is not yet working.</i></p>
28	<p><i>What happens when death comes,</i></p> <p><i>if</i></p> <ul style="list-style-type: none"><li><i>• the outer</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• the inner self,</i></li></ul> <ul style="list-style-type: none"><li><i>• the higher self</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• the ego personality,</i></li></ul> <ul style="list-style-type: none"><li><i>• the will of</i><ul style="list-style-type: none"><li><i>• the divine self</i></li></ul></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• the will of</i><ul style="list-style-type: none"><li><i>• the conscious mind</i></li></ul></li></ul> <p><i>are divided?</i></p>

*Several possibilities exist [i.e., Several possibilities exist if death comes when some of these divine-self, inner-self, higher-self aspects of the entity, on the one hand, AND some of these outer-self, ego-personality, conscious-self aspects of the entity, on the other hand, are divided].*

*For example,*

*if the personality*

- stubbornly refuses  
to heed the guidance  
of the*
  - inner,*
  - divine*
- consciousness, and*
- decides to  
rationalize and*
- follow the line of  
least resistance,*

*the outer personality*

*will have*

*far less possibility of  
fulfilling the task for which it has come.*

*A series of choices*

*in the wrong direction*

*can set*

*the grooves so deeply  
that to retrace one's steps  
becomes almost impossible  
after a certain point.*

*Negative creative processes*

*can set in motion*

*a spiral configuration,*

*consisting of*

*psychic nuclear points*

*that repeatedly*

*unleash their energy.*

	<p><i>When the momentum [i.e., When this negative momentum] has advanced beyond a certain point, it takes far more</i></p> <ul style="list-style-type: none"><li><i>• effort and</i></li><li><i>• investment</i></li></ul> <p><i>to</i></p> <ul style="list-style-type: none"><li><i>• dissolve these negative creations while still in the body</i></li></ul> <p><i>than</i></p> <p><i>to</i></p> <ul style="list-style-type: none"><li><i>• change the vehicle and</i></li><li><i>• choose</i></li></ul> <p><i>different "stage settings," so to speak.</i></p>
29	<p><i>Now, mind you, my friends, this [i.e., this need to change vehicles and enter a new incarnation] is by no means always true.</i></p> <p><i>In many instances it is quite possible to change a groove deeply engraved over considerable time, even in advanced human age.</i></p> <p><i>Whether or not one has reached this point of no return [i.e., Whether or not one must address his or her negativities in a new incarnation], no conscious mind can possibly evaluate – only the deeper divine mind can do so.</i></p> <p><i>But one thing is sure:</i></p> <p><i>The farther you go [i.e., the farther you go in the wrong direction], the harder change becomes.</i></p>

***To avoid all possible misunderstanding:***

***Any individual  
who has reached such a point of no return  
would not even venture  
anywhere near  
a path like this [i.e., a path like this Pathwork].***

***So none of you here  
should believe  
that you may be lost,  
simply because  
you momentarily find yourselves  
• in a deep struggle  
or  
• temporarily feeling hopeless.***

***These manifestations [i.e., These manifestations of deep struggle or feeling hopeless]  
merely bring out  
what needs to reach the surface  
in order to be dissolved.***

***That [i.e., Dissolving those negativities you brought into this incarnation BEFORE  
they become part of a negative creative process that sets in motion a spiral  
configuration of negative psychic nuclear points that unleash their energy]  
is part of your  
task fulfillment.***

***Anyone who is within the radius of such a path [i.e., such a path as Pathwork]  
can change  
the configuration of  
a negative psychic nuclear spiral.***

30

*In cases where a person  
has veered so far from  
the plan intended for the personality  
that a new direction  
is impossible to establish,  
the inner being  
may decide to die.*

*The higher self  
knows  
that*

- *to continue in the established direction  
is wasteful,*
- *the suffering  
pointless, and*
- *the fragmented personality  
better served by starting over again [i.e., starting over again  
in a new incarnation].*

*In such instances,  
the death  
does not manifest  
as organic,  
but  
it [i.e., but the death in such instances]  
is*

- *meaningful  
under these circumstances*

*and thus*

- *organic  
in the larger context.*

31

*When I say that [i.e., When I say that in such instances]  
death*

*does not manifest  
as organic,*

*I mean that it [i.e., I mean that death]  
may occur*

- *in a  
sudden*
  - *accident or*
  - *illness,*

- *in a*
    - *painful,*
    - *slow*
- illness*

*and, above all,*

- *with the conscious mind  
completely disconnected from  
the inner will.*

*The conscious mind  
may*

- *battle against  
the inner decision [i.e., the inner decision to die] and*
- *contract against  
its own disposition,  
widening  
the disconnection [i.e., disconnection with the inner divine self].*

• *Fear*  
*and*

- *self-will*
  - *take over*

*and*

- *make inner listening  
impossible.*

• *Premature*  
*and*

- *violent  
deaths,  
as when young people die in war,  
often, though not always,  
fall into this category.*

*Nothing can be generalized.*

*But*

*when death occurs in*  
• *contraction and*  
• *fear,*  
*it is an*

*inorganic manifestation,*  
*even though*  
*it is organic*  
*in relation to the higher self.*

*In these instances [i.e., In these instances when death occurs*  
*in contraction and fear],*

*the outer personality*  
*is totally unaware of*  
*the inner self's decision*  
*and that [i.e., and that fact that the outer personality is unaware*  
*of the inner self's decision to die]*

*makes the process of dying*  
*all the more*

- *difficult and*
- *painful,*  
*because it seems*
  - *senseless and*
  - *arbitrary.*

*The outer consciousness*  
*will then struggle*  
*against death*  
*without realizing*  
*that*

*its greater total consciousness*  
*has chosen the best solution*  
*under the prevailing circumstances.*



32

*In such circumstances,  
when the outer personality  
fights against  
the inner being's decision,  
a tremendous struggle  
ensues.*

*That struggle [i.e., That outer personality's struggle and fight against  
the inner being's decision to die]  
may continue  
even into old age,  
because  
the outer personality  
uses its  
life force  
to battle the inner decision.*

*At times,  
the decision of the inner entity  
may deliberately  
outweigh  
the will  
of the outer person.*

*Its powers [i.e., The inner entity's powers]  
are, of course,  
infinitely greater than  
powers available to  
the outer consciousness.*

*But under  
other circumstances  
the struggle may continue  
and the inner self  
may choose  
gradually  
to discontinue  
• the old stage setting –  
• the old incarnation –  
in order to establish  
a new one,  
without, however,  
overexerting its powers.*

*The inner self  
may allow  
the outer self  
to keep the battle going to some extent  
so that  
the soul  
may at least learn some important lessons,  
which it can then utilize  
in the next "scene."*

*In these cases  
a life-or-death struggle  
is literally taking place  
inside.*

*On one level  
the struggle is*

- *against*
- *dying.*

*On another level  
the struggle is*

- *for*
  - *task fulfillment,*
- *for*
  - *going inward*  
*to find out*  
*where the personality most needs*  
*self-work,*  
*so that the outer person*  
*can focus on areas*  
*that it has*
    - *ignored and*
    - *negated,**creating*  
*the agonizing struggle*  
*in the first place.*

33

*Another frequent way  
that people ignore what they most need to look at  
is by  
seeking spiritual paths  
that do not emphasize  
this aspect of self-work.*

*This [i.e., This seeking other spiritual paths that do not emphasize this  
self-reflective, self-confrontational purification aspect of self-work]  
is a convenient way  
to delude the self,  
because  
"spiritual development"  
can become  
an escape,  
even though  
you may*

- gain  
spiritual knowledge,*
- achieve  
beautiful meditations*

*and even*

- gain  
genuine spiritual experiences  
of cosmic reality –  
for moments.*

*All this [i.e., All this "spiritual development" – all this gaining spiritual knowledge,  
achieving beautiful meditations and even, for moments,  
gaining genuine spiritual experiences of cosmic reality]  
can happen  
without dealing with  
the areas  
that give the person  
the most*

- pain,*
- discomfort, and*
- guilt,*

*whether or not  
this [i.e., whether or not this condition of  
pain, discomfort, and guilt]  
is consciously experienced.*

34

*Still another possibility I would like to discuss*

*is*

*the opposite of the case*

*in which*

- *the inner being  
decides for death*

*and*

- *the outer personality  
resists it [i.e., and the outer personality resists death].*

*In this instance [i.e., In the instance opposite to the one in which the inner being  
decides for death but the outer personality resists death],*

*the outer personality*

*may indeed take a favorable direction*

*where every possibility exists*

*for the task fulfillment.*

*Aspects of that personality*

*may, however,*

*cause*

*so much*

- *trouble and*

*so much*

- *resistance,*

*that in spite of*

*the propitious circumstances [i.e., the propitious*

*circumstances supporting task fulfillment],*

*the outer personality*

*may*

*not*

*want to live [i.e., not want to live and work to  
fulfill its task].*

*The person may*

*ignore*

*the favorable direction*

*because it [i.e., because the favorable direction]*

*is so deeply enmeshed*

*with aspects of the problem*

*that the whole is blurred.*

*For example,  
if the outer personality  
refuses to give up stubbornness,  
[then] the isolated areas  
that have not been worked out  
remain*

- obscure and*
- frightening, and*

*the person  
starts feeling hopeless,  
without any real cause.*

*Part of  
the dishonest "game"  
may be to  
aggrandize  
the suffering  
in order  
not to*

- "give in,"*

*not to*

- look for  
new approaches to*
- the self and*
- life.*

*The self-perpetuating principle  
accelerates  
the psychic nuclear point  
so much  
that the personality  
finally  
believes in  
its hopelessness.*

*Thus  
the outer personality  
finds itself  
unwilling to move,  
even though it could [i.e., could move and fulfill its task].*

*The*  
• *inner,*  
• *real,*  
    *divine self*  
    • *knows of*  
        *the very favorable circumstances*  
*and*  
    • *is totally in favor of*  
        *a continued life [i.e., a life where the life task could be fulfilled].*

*But*  
    *the outer self*  
        *willfully destroys this life,*  
        *acting out*  
            *its worst impulses*  
            *despite*  
                *all its favorable manifestations.*

*Thus*  
    *the personality*  
        *fragments itself*  
        *so much*  
        *that*  
            *extremely destructive manifestations*  
            *will take place.*

*In extreme cases,*  
    *this may lead to*  
        *suicide.*

35

*When*  
    *the total entity*  
        *terminates life*  
        *in any of these ways,*  
*it determines*  
    *its subsequent life circumstances.*

*These circumstances [i.e., These subsequent life circumstances]  
are figured out  
in a most exacting way  
that you cannot even imagine.*

*Every detail  
is part of an*

- *exacting and*
- *intricate*

*equation  
in which*

*every possibility  
is taken into consideration  
in*

- *complete,*
- *logical*  
*connection with  
the total picture:*

- *the task of  
purification,*
- *the task of  
helpfully influencing others  
in a way best suited to the particular entity,*

- *the specific assets of the total entity  
the life manifestation will bring out,*

- *the greatest*
  - *dangers and*
  - *pitfalls,*
- *how much risk to take,*
- *how many*

- *favorable*  
*and*
  - *unfavorable*

*outer influences should exist in the life  
not necessarily coinciding with*

- *"pleasant"*  
*and*
  - *"unpleasant."*

	<p><b><i>Finding the most fitting</i></b> • <i>environment,</i> • <i>parents,</i> • <i>siblings,</i> • <i>friends,</i> • <i>contacts in later life,</i> <b><i>and</i></b> • <i>many other variables,</i> <b><i>that you cannot possibly envisage</i></b></p> <p><b><i>requires</i></b> <b><i>exacting research.</i></b></p>
36	<p><b><i>You must also imagine that all other people who make contact with the person must equally be figured out.</i></b></p> <p><b><i>Each contact opens many possibilities.</i></b></p> <p><b><i>Will these individuals interact from their higher selves?</i></b></p> <p><b><i>Will their lower selves affect one another?</i></b></p>



***How much  
should each higher self  
infuse its***

- guidance,***
- inspiration and***
- energies?***

***Too much [i.e., Too much infusion of the higher self's guidance,  
inspiration, and energies]  
becomes  
pointless,  
and the personality aspect  
may just as well  
not have embodied itself.***

***The most sophisticated computer of your present-day science  
could never figure out  
all these details.***

***Nothing is left to chance.***

***The total plan  
surpasses human***

- understanding and***
- expertise.***

***I have said in an early lecture [See: Lecture 34 – Preparation for Reincarnation],  
that an entire***

- sphere, or***
- world,***

***deals with exactly this task.***

***A hierarchy of  
highly developed  
spirit beings  
are experts in this field,  
and their task  
is to figure out  
these life plans.***

37

*The fluid system  
of the energy body  
carries the plan within itself.*

*It [i.e., The life plan]  
is always*

- *visible,*
- *available and*
- *recognizable.*

*There are no secrets about it [i.e., no secrets about the life plan].*

*It [i.e., The life plan],  
in turn,  
has great*

- *energetic and*
- *magnetic*

*power.*

*It [i.e., The life plan]  
is the most powerful magnetic field  
an individual*

- *is born with and*
- *carries through life.*

*A being*

- *does not and*
- *cannot*

*arbitrarily choose  
a future incarnation.*

*The stage is set  
as a result of the last incarnation.*

*• How much  
was fulfilled*  
*and*

- *what*

*remains to be done?*

	<ul style="list-style-type: none"><li>• <i>What contributed to the failures</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>what to the proper execution?</i></li></ul> <ul style="list-style-type: none"><li>• <i>Where may more challenge be needed</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>where less?</i></li></ul> <p><i>The plan for future embodiments is determined by the</i></p> <ul style="list-style-type: none"><li>• <i>life</i></li><li><i>and</i></li><li>• <i>death</i></li></ul> <p><i>process outlined in this lecture.</i></p> <ul style="list-style-type: none"><li>• <i>Time,</i></li><li>• <i>place</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>circumstances,</i></li></ul> <p><i>the exact setting of the stage,</i></p> <p><i>must be painstakingly figured out to fit the total plan.</i></p>
38	<p><i>To the degree the life and death process fulfilled the contract from the total entity's point of view, the future life – in your terms – will create a greater connectedness with the eternal being that you are.</i></p>

**The**

- **life forces,**
- **fluids and**
- **various energy currents**  
**of your total entity**  
**will infuse**

**the manifesting personality accordingly;**

**that is, [i.e., the various aspects of your total entity**

**will infuse the manifesting personality]**

**to the degree**

**the plan has been fulfilled.**

**Conversely,**

**to the degree**

**you turn away**

**from the**

- **task fulfillment,**

**from the**

- **inner connection**

- **where it [i.e., where the inner connection to your total entity]**  
**is most needed,**

- **where it [i.e., where the inner connection to your total entity]**  
**seems most difficult at first,**

**[to that degree]**

**you weaken**

**the bridge**

**that allows the**

- **energies,**
- **consciousness and**
- **the currents**

**of eternal life**

**to infuse you.**

*The future incarnation  
then becomes  
that much more difficult:*

- *The outer personality  
must make  
all the efforts;*
- *it [i.e., the outer personality]  
has to gather  
its own forces  
in its disconnected state  
to establish the bridge [i.e., the bridge to  
your inner total entity, to the real self].*

*That  
is the inexorable law.*

*Separated consciousness  
must discover  
its own potential  
to*

- *change direction and*
- *transcend its narrow confines.*

*You can apply all this  
to the lecture I have given about  
the psychic nuclear points [See Lecture 214 - Psychic Nuclear Points].*

*The creation  
has to be set in motion  
until it takes on  
its own momentum.*

39

*When the outer personality  
has finished a series of embodiments  
in which it has consistently  
weakened  
its connection to the real self  
by willfully going  
in the opposite direction [i.e., in the direction  
opposite to the direction of the real self],*

*then the personality*

- *cannot  
feel*

*its intrinsic connectedness [i.e., its connectedness to the real self]*

*and*

- *believes itself  
to be a  
totally separate being.*

*This is a familiar picture for you.*

- *You and*
- *many people you know on this path  
still often  
experience yourself  
in this way [i.e., experience yourself as a totally separate being].*

*Then*

*the effort you need  
to*

- *re-establish connection [i.e., to re-establish connection to the real self],*
- *probe the black spots,  
where it seems most difficult,*

*is much greater.*

**Only with  
this**

- **greater effort and**
- **goodwill**

**can the direction be changed** [i.e., changed from moving **AWAY** from the real self to building a bridge and moving **TOWARD** the real self],

**however**

**it** [i.e., changing direction from moving **AWAY** from the real self to the direction of building a bridge and moving **TOWARD** the real self]

**gradually**

**becomes easier,  
because**

**as you change direction,**

- **a new spiral movement,**
- **a positive force  
builds up, and**
- **psychic nuclear points  
start exploding,**

**creating more**

**and more**

**positive**

- **manifestations,**
- **energies and**
- **momentum.**

**Thus**

**the influx of  
divine**

- **truth,**
- **wisdom,**
- **power, and**
- **love**

**becomes**

**forever**

**greater.**

40

*This infusion of energies  
from the inner being,  
interpenetrating the outer personality,  
is directly connected with  
**the willingness to go through  
what seems most difficult.***

*This [i.e., The level of your willingness to go through what seems most difficult]  
is truly  
a very simple gauge for you.*

*With this gauge [i.e., With this gauge, that is, with seeing your level  
of willingness to go through what seems most difficult,]  
you will find  
all the answers.*

*You will then [i.e. When you see your level of willingness to go through  
what seems most difficult, you will then]  
be able to use  
the already manifest  
connection with the eternal consciousness  
to open the mind  
to more  
and more  
possibilities.*

41

*Let us look at this  
in a more specific way.*

*You all know  
from past experience  
how easy it is  
to believe  
that there is no way out  
when you are in a difficult spot.*



*The moment you  
blindly assume,*

*either*

- *consciously*

*or*

- *unconsciously,*

*either*

- *directly*

*through your thinking process*

*or*

- *indirectly*

*by the way you*

- *act*

*and*

- *react*

*in your situation,*

*that no solution exists*

*but the negative one*

*that creates*

- *hopelessness and*

- *pain,*

*you have closed your*

- *inner*

*and*

- *outer*

*mind*

*to any alternatives.*

*First the*

- *disconnected,*

- *conscious*

*mind*

*must make a*

*deliberate effort*

*to be ready for*

*other possibilities.*

***The conscious mind,  
as it is now available to you,  
contains***

***the potential***

***to***

- ***see more,***

***to***

- ***think in different ways,***

***to***

- ***expand its present circumference.***

***This is its task*** [i.e., *Seeing more, thinking in different ways and expanding its present circumference IS THE TASK OF THE CONSCIOUS MIND*].

***Without this*** [i.e., *Without your conscious mind seeing more, thinking in different ways and expanding its present circumference*]  
***you cannot accomplish  
your goal.***

***This*** [i.e., *Your conscious mind seeing more, thinking in different ways and expanding its present circumference*]  
***is the only way  
you can***

- ***form the connection with  
your greater consciousness***

***and then***

- ***increasingly infuse it*** [i.e., *increasingly infuse your conscious mind*]  
***with the***

- ***consciousness***

***and***

- ***energy***

***of your total being.***

***This is very important  
for you to understand, my friends.***

42

*Another  
equally important aspect  
of changing the tide is  
identification,  
which I have also discussed  
in the past [See Lecture 195- Identification and Intentionality:  
Identification with the Spiritual Self to  
Overcome Negative Intentionality].*

*When you  
totally identify with  
gloom and doom,  
you  
• perpetuate  
the negative creation and  
you  
• strengthen  
the imaginary separation  
from all that  
• has meaning and  
• is good.*

*The  
• negative creation,  
the  
• negative psychic nuclear point,  
makes it increasingly difficult  
for you to discover  
that you are  
more than  
the part of you  
that feels this hopelessness.*

*So when you  
feel  
hopeless  
it is important to realize  
that you now  
identify with  
your hopelessness.*

***When you  
feel***

- ***self-rejecting,***
- ***guilty and***
- ***bad,***

***it is important to realize  
that you now  
identify  
totally***

***with the part of you  
that***

- ***is unpurified and***
- ***hates itself.***

***The moment***

***you realize this [i.e., The moment you realize that you identify with the part of  
you that is unpurified, that hates itself, and that is hopeless],***

***it makes***

***a great deal of difference.***

***You can then***

***take the next step  
by asking yourself,***

- ***"Is there  
no other possibility?"***
- ***Is this really  
all there is for me?"***
- ***Am I not also  
something else?"***

***I don't mean [i.e., I don't mean by "Am I not something else?"]  
something that still  
appears remote.***

***You cannot  
yet***

***experience the reality of***

***your divine self [i.e., Because your divine self still APPEARS  
remote you cannot yet experience its reality, so your  
"divine reality" is not what I mean by "something else"].***

*But even  
in your conscious mind,  
are you not also  
something else?*

*You  
do have the possibility of  
seeing this situation differently,  
maybe by merely  
opening your mind  
to another train of thought  
you have not yet tried,  
but which you certainly can.*

*Opening the doors of the mind  
is exceedingly important  
in changing the tide,  
because  
the fragmented consciousness  
must find its way back  
on its own,  
since it  
is not aware of  
its essential connection with  
the divine.*

*And  
only through  
the means of the disconnected mind  
can the bridge to  
the divine  
be established.*

*And as you establish the bridge,  
you increasingly  
allow  
your fragmented consciousness  
to be infused with  
the powerful energy  
of  
your eternal being.*

43

*Great blessings  
are given to  
every one of you.*

- *Extend love  
to each other,*
- *give sustenance  
to each other,  
even when  
you seem to be rejected.*

*Love is needed,  
perhaps  
not always  
in an overt act,  
but certainly  
always  
in feelings.*

- A*
- *great,*
  - *wonderful  
blessing  
goes deeper  
and deeper into you,  
hallowing your life.*

*Be in peace.*

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