

# Pathwork Lecture 214: Psychic Nuclear Points

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This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. **I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.**

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p><b><i>Greetings, my most beloved friends.</i></b></p> <p><b><i>Blessings for all of you here.</i></b></p> <p><b><i>The divine power of love flows forth</i></b></p> <ul style="list-style-type: none"><li><b><i>• into you,</i></b></li><li><b><i>• toward you,</i></b></li><li><b><i>• through you.</i></b></li></ul> <p><b><i>Be receptors and let yourselves be enriched by this gift.</i></b></p>
04	<p><b><i>Tonight's lecture is a particularly joyful one for me to give.</i></b></p> <p><b><i>It has been in preparation for a long time – in your terms.</i></b></p>

by Eva Broch Pierrakos

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	<p><i>It required</i></p> <ul style="list-style-type: none"><li>• <i>preparation on your part to be ready to absorb it, as well as</i></li><li>• <i>preparation in the realm I live to adjust the terminology to human understanding.</i></li></ul> <p><i>This was not an easy task, for we are dealing with</i></p> <ul style="list-style-type: none"><li>• <i>concepts and</i></li><li>• <i>principles</i></li></ul> <p><i>for which human language has no room.</i></p>
05	<p><i>This lecture primarily addresses the creative process in the universe.</i></p> <p><i>I do not, however, give lectures for the purpose of handing out information about generalities, no matter how lofty the spiritual truths may be.</i></p> <p><i>These lectures must always be directly connected with something that you can use here and now.</i></p> <p><i>There is no metaphysical truth that cannot find immediate application to your life regardless of your present state of development.</i></p> <p><i>This lecture will begin by dealing with general concepts.</i></p> <p><i>You will then see how you can make use of them [i.e., use of the general concepts] in a very personal way.</i></p>

06	<p><i>You must realize, my friends, that what I will say to you must be highly simplified and therefore cannot even remotely do justice to reality.</i></p> <p><i>But to whatever degree this [i.e. this making general concepts applicable and useful in reality] is possible, I shall try to convey some of the great truths in human language.</i></p>
07	<p><i>Creation requires the meeting of two essential principles that you, in human terminology, may best call the</i></p> <ul style="list-style-type: none"><li><i>• masculine and</i></li><li><i>• feminine</i></li></ul> <p><i>principles.</i></p> <p><i>They [i.e., the masculine and feminine principles] permeate all of creation.</i></p> <p><i>They are the</i></p> <ul style="list-style-type: none"><li><i>• active and</i></li><li><i>• receptive</i></li></ul> <p><i>principles.</i></p> <p><i>These two principles are aspects of one whole.</i></p> <p><i>Nothing can ever</i></p> <ul style="list-style-type: none"><li><i>• exist or</i></li><li><i>• be created</i></li></ul> <p><i>without them coming together.</i></p>

**Positive creation**  
**requires**  
**that these two principles [i.e., the masculine and feminine principles]**  
**meet**  
**in a very**  

- **harmonious,**
- **flexible, and**
- **mutually enhancing**

**way.**

**In any**  
**negative creation**  
**these two principles**  
**clash with each other**  
**in a**  

- **mutually exclusive**

**way.**

**But the [masculine and feminine] principles**  
**remain the same.**

08

**When these two principles**  

- **meet and**
- **interact –**

**whether**  

- **in a constructive**

**or**  

- **in a destructive**

**way –**  
**the force of their meeting**  
**is tremendous.**

**They [i.e., the masculine and feminine principles]**  
**come together**  
**in a highly concentrated form**  
**and converge at**  
**a single point.**

**We might call these points**  
**"psychic nuclear points."**

*They are  
"nuclear"  
in the sense that  
each one  
is*

- a nucleus,*
- a*
  - basic,*
  - fundamental*

*concentrate  
so highly charged  
with creative matter  
that a self-perpetuating  
chain-reaction  
of immense intensity  
follows inexorably.*

*These [psychic nuclear] points  
constitute  
the underlying principle  
of every created form.*

09

*These points are  
"psychic"  
in the sense that  
they are*

- nonmaterial*

*and are essentially*

- an emission*
  - of consciousness,*
  - of the*
    - planning and*
    - thinking*

*mind.*

*They are  
not visible  
on the three-dimensional plane,  
but they are  
perceivable*

- by inference,*
- by intuition, and even*
- by logical deduction,  
if the deduction is carried far enough.*

*They can also be said  
to be psychic  
in the sense of  
being manifestations  
of consciousness,  
although  
not as*

- occult or*
- mysterious "psychic phenomena."*

*No creation  
of any kind  
can take place  
unless  
a conscious intent  
is embedded  
somewhere  
in the force  
that brings it forth.*

*The universe  
consists of*

- consciousness*

*and*

- energy.*

*They [i.e., consciousness and energy]  
are not  
separate factors,  
except  
to limited human perception.*

10

*In principle,  
• consciousness  
and  
• energy  
are one.*

*Consciousness  
cannot exist  
without  
being energy  
at the same time.*

*Every thought  
is  
highly charged energy, and  
energy  
cannot be anything but  
an expression of consciousness.*

*One [i.e., either energy or consciousness]  
cannot exist  
without the other.*

*Consciousness  
sends forth  
energy*

- *through its  
thought processes,*
- *through its  
intention,*
- *through its  
attitude*
  - *toward  
all that is in the universe,*
  - *toward  
that which it creates.*

*Nothing  
can be created*

- *without  
intention,*
- *without  
purpose,*
- *without  
a thought somewhere  
"behind" it all.*

11

*The psychic nuclear points  
are really  
a sequence of psychic events.*

*They [i.e., the psychic nuclear points]  
cannot be just*

- *one point,*
- *one psychic event.*

*One thought  
leads to another [thought]  
in a series of  
logical sequences.*

*The series of thoughts  
leads  
to*

- actions and*
- reactions,*

*to*

- newly born facts  
which, in turn,  
lead to newer facts.*

*These  
facts  
form a series of*

- interacting,*
- interdependent  
chain reactions.*

*Just try to visualize:  
One thought  
brings a  
certain result.*

*That result  
brings forth*

- an attitude and*
- a feeling.*

*• That attitude and  
• that feeling  
bring forth  
an action.*

*That action  
brings forth  
a reaction.*

*That reaction  
brings forth  
another reaction.*

*It is a continuous process.*



12

*These  
chain reactions  
are circular.*

*They are  
highly charged,  
and instead of diminishing  
when the chain reactions compound,  
they [i.e., these chain reactions]  
become  
stronger and  
stronger.*

*They are*  

- *self-perpetuating,*
- *self-feeding,*
- *self-augmenting*

*in*  
*ever-increasing*  

- *speed and*
- *momentum;*

- *self-revolving*

*in an ever-increasing  
swirl of charged energy.*

*When  
the momentum has reached its highest charge,  
an explosion follows.*

*This [explosion]  
is the culminating point  
of a specific creation.*

*The creation  
has now taken form.*

*A new movement  
of psychic chain reactions  
follows  
with  
the recharge.*

*I will say more about this later.*

*The momentum  
increases  
in a spiral movement  
that goes  
faster and faster  
until  
the force  
converges into  
one point  
so infinitesimal  
that no smaller measure  
seems to exist.*

*But what appears as  
one point  
still consists of  
many forces  
that went into  
the chain of psychic events  
of that particular creation.*

13

*I have to use terms like*

- "measure,"
- "size," or
- "time,"

*which belong  
to the state of consciousness  
the human race has attained,  
but which  
no longer hold true  
when we speak of the concepts I present here.*

*Much of what I say  
may be misleading,  
if you do not understand it*

- intuitively

*and, perhaps,*

- symbolically.

• *Big*  
and  
• *small*  
are  
really not  
matters of  
size.

They [i.e., “big” and “small”]  
indicate  
the significance of  
the creation in question.

If  
the thought  
that brings forth  
a new creation  
is, for example,  
• *very strong,*  
• *unified,*  
• *purposeful*  
in terms of  
the creative plan of evolution and  
if there are  
no countercurrents  
because  
the thought  
is in accordance with  
all universal laws,

then  
the psychic nuclear point  
will be  
large;  
that is,  
• *powerful,*  
• *with durable impact.*

The  
• *charge and*  
• *recharge*  
of the ever-evolving  
• *cyclic movements,*  
• *explosions,*  
• *new creations*  
will be an apparently endless process.

14	<p><i>[Conversely,]</i> <b>If</b> <i>the thought</i> <i>starting the new chain of events</i> <i>and culminating in</i> <i>a psychic nuclear point</i></p> <p><b>is</b></p> <ul style="list-style-type: none"><li>• <i>insignificant,</i></li><li>• <i>fraught with erroneous assumptions and therefore</i></li><li>• <i>never focused and</i></li><li>• <i>always countermanded</i></li></ul> <p><i>by an opposite force,</i> <i>the chain reaction</i> <i>must be</i> <i>less intense.</i></p> <p><i>Even if it [i.e., even if such a chain reaction]</i> <i>seems powerful</i> <i>when seen out of context,</i> <i>its impact</i> <i>will be limited.</i></p>
15	<p><i>Psychic nuclear points</i> <i>exist</i> <i>throughout</i> <i>the entire universe.</i></p> <p><i>They [i.e., psychic nuclear points]</i> <i>can be found in</i></p> <ul style="list-style-type: none"><li>• <i>the simplest creations and</i></li><li>• <i>the most complex systems imaginable.</i></li></ul> <p><i>The variables</i> <i>are indeed</i> <i>infinite.</i></p> <p><i>There is</i> <i>no particle of</i></p> <ul style="list-style-type: none"><li>• <i>air or</i></li><li>• <i>ether</i></li></ul> <p><i>that is not such a nuclear point.</i></p>

16

*Although  
some psychic nuclear points  
are  
materialized,  
you cannot  
• measure or  
• discern  
them  
with your human instruments  
at this time:  
They can only be  
deduced.*

*This does  
not mean  
that they have  
no material existence, however.*

*Every cell  
is a materialization  
of psychic nuclear points  
with  
all the chain reactions  
of the cyclic movement  
intact.*

*Every leaf  
is a complex interaction  
of many nuclear points.*

*A gust of wind  
is a series  
of psychic nuclear points.*

*So is  
• the air you breathe,  
as are your  
• bones,  
• muscles,  
• flesh,  
• organs and  
• skin.*

*They form  
an infinitely complicated system  
of intricately connected  
psychic nuclear points.*

17	<p><b><i>Nonmaterial nuclear points are important for nonmaterial existence.</i></b></p> <p><b><i>But they [i.e., but nonmaterial nuclear points] are just as important as materialized psychic nuclear points, for they [i.e., for nonmaterial nuclear points] certainly affect you, in that your own being is also nonmaterial.</i></b></p> <p><b><i>You</i></b></p> <ul style="list-style-type: none"><li><b><i>• relate to,</i></b></li><li><b><i>• are affected by and</i></b></li><li><b><i>• create</i></b></li></ul> <p><b><i>nonmaterial nuclear points whether or not you are aware of them.</i></b></p>
18	<ul style="list-style-type: none"><li><b><i>• The life that you create for yourself,</i></b></li><li><b><i>• the philosophy of life that underlies this creation, and</i></b></li><li><b><i>• even the situation you find yourself in at this particular instant are highly complicated systems of many psychic nuclear points.</i></b></li></ul> <p><b><i>Some of them [i.e., some of the psychic nuclear points] converge.</i></b></p> <p><b><i>Some [i.e., some of the psychic nuclear points] contradict each other.</i></b></p> <p><b><i>Some [i.e., some of the psychic nuclear points] are mutually reinforcing.</i></b></p>

*Every instant of living  
results from  
many*

- *thoughts,*
- *intentions,*
- *actions,*
- *feelings,*
- *attitudes and*
- *expressed traits that have a long history.*

*(Of course,  
these*

- *thoughts,*
- *intentions,*
- *etc.,*

*are in themselves*

- *sometimes more [complicated] and*
  - *sometimes less complicated*
- systems of  
psychic nuclear points.*

*They [i.e., these thoughts, intentions, etc. – systems of psychic nuclear points]  
all form together  
that one point  
that is your life  
at this moment.)*

*The moment now  
is a “psychic explosion”  
that has run  
through millennia  
to the last half hour you have lived,  
culminating in  
the very thought  
you finish thinking  
this minute.*

*After this [psychic] explosion [culminating in  
the thought you just finished thinking]  
the pieces will again fall into place,  
re-forming*

- *either the same pattern of chain reactions*
- *or a new one [i.e., or a new pattern of chain reactions],  
according to the turn your consciousness takes.*

19

*At the same time,  
the psychic nuclear point  
that all this history culminates in the fractional now  
is already*

*preparing chain reactions  
that will ensue in*

- *the next minute,*
- *the next half hour,*
- *the next day,*
- *the next month,*
- *the next year,*
- *the next decade and*
- *[the next] century.*

*But since  
mind*

- *can always be changed, and*
- *has infinite possibilities  
for infinite change  
at all times,*

*negative creation  
can be altered.*

*An important aspect of the pathwork  
is that you*

- *discover and*
- *become aware of  
the individual  
chain of events  
you have created.*

*You  
discover  
highly charged energy*

- *that is  
self-perpetuating,*
- *that has  
found its own life.*

*You learn in this work  
how to change a course  
that leads to an*

- *inorganic and*
- *futile  
life experience.*



20

*I have discussed  
for quite a few years  
the principle of*

- *benign and*
- *vicious*

*circles  
of human attitudes,*

*which is  
only a limited aspect of  
the principle I explain here.*

*Wherever you discover  
a vicious circle  
within  
your psychic system  
you feel caught in it [i.e., you feel caught in this vicious circle].*

*Caught, that is,  
until you*

- *are aware of  
its existence and*
- *find what I call  
the "breaking point,"  
where you  
transform  
the vicious circle  
into  
a benign circle  
by changing  
the specific attitude  
that sets the circle in motion.*

*When humans  
find themselves  
in the illusion of  
being helpless,  
they have lost touch with  
the intentionality  
that created  
the specific situation,  
that is, [lost touch with]  
the materialization of  
a psychic nuclear point.*

	<p><i>It cannot be emphasized enough that the momentum of each psychic nuclear point – whether</i></p> <ul style="list-style-type: none"><li><i>• positive or</i></li><li><i>• negative –</i></li></ul> <p><i>is the result of</i></p> <ul style="list-style-type: none"><li><i>• thought and</i></li><li><i>• intentionality.</i></li></ul>
21	<p><i>Now we will speak about another aspect that I referred to earlier: augmentation [i.e., process of growing and becoming greater].</i></p> <p><i>One might suppose that an energy current will, after a while, exhaust itself.</i></p> <p><i>In the matter of creative forces this is never the case.</i></p> <p><i>Instead of diminishing,</i></p> <ul style="list-style-type: none"><li><i>• force and</i></li><li><i>• momentum</i></li></ul> <p><i>become stronger, as do the</i></p> <ul style="list-style-type: none"><li><i>• attitudes</i></li></ul> <p><i>responsible for the creation.</i></p> <p><i>Even a</i></p> <ul style="list-style-type: none"><li><i>• weak,</i></li><li><i>• negative,</i></li><li><i>• contradictory</i></li></ul> <p><i>psychic nuclear point works according to this principle of augmentation.</i></p>

***It [i.e., the weak, negative, contradictory psychic nuclear point]  
perpetuates itself  
with ever-increasing momentum  
until  
it explodes.***

***In this case, however,  
the explosion  
may have  
less impact  
than [that of] a  
• positive,  
• focused  
psychic nuclear point  
because it [i.e., because the explosion of the negative psychic nuclear point]  
occurred  
before greater force could gather.***

***But  
within the framework  
of its own inner life cycle,  
the nuclear point  
must  
augment itself [i.e., make itself greater].***

22

***The more  
you love,  
the more  
love there will  
• be in you and  
• come to you,  
recreating  
more strongly  
your capacity for loving,  
in an  
ever-increasing cycle.***

*This is why  
it is such a misconception  
to believe*

- *that if you love one person  
you cannot love others,*
- *that [if you love one person]  
you have less to give*
  - *to others*
- or, for that matter,*
  - *to yourself.*

*You must have  
more [love],  
because*

*the momentum of the intense charge [of love]  
creates  
more and more  
of the same thing [here, more and more love],  
as long as your consciousness*

- *goes along with it*
- *rather than  
creating  
a contradictory force  
by setting up  
a countervailing attitude.*

*The same [augmentation principle]  
applies to everything else:*

- *knowledge,*
- *negative intent,*
- *talent and*
- *life expression, or*
- *an attitude toward life,  
whether*
  - *in truth or*
  - *in error.*

*Whatever it is,  
it breeds more of the same,  
unless  
you wish to  
halt the process.*

23	<p><i>Each psychic nuclear point, in its ever-increasing momentum, comes to its own</i></p> <ul style="list-style-type: none"><li>• <i>inner explosion, or</i></li><li>• <i>breaking point.</i></li></ul> <p><i>That [breaking point] has nothing to do with the breaking point I mentioned in connection with the vicious circles.</i></p> <p><i>The latter [i.e., the breaking point related to vicious circles] is a deliberately sought measure to reverse negative creation.</i></p> <p><i>It may require a great deal of effort to find such a breaking point, and even more effort to follow through with the decision to break the cycle there.</i></p>
24	<p><i>The</i></p> <ul style="list-style-type: none"><li>• <i>explosion or</i></li><li>• <i>breaking point</i></li></ul> <p><i>I mention here [as related to psychic nuclear points] is an inexorable phenomenon that happens constantly.</i></p> <p><i>It [i.e., the explosion or breaking point related to psychic nuclear points] is actually the point where a creation manifests itself</i></p> <ul style="list-style-type: none"><li>• <i>on any of the psychic planes or</i></li><li>• <i>on the earth plane.</i></li></ul>

	<p><i>It [i.e., the explosion or breaking point related to psychic nuclear points] is</i></p> <ul style="list-style-type: none"><li>• <i>a climax,</i></li><li>• <i>a creative orgasm</i></li></ul> <p><i>in the universal process that creates an event.</i></p> <p><i>The event may be</i></p> <ul style="list-style-type: none"><li>• <i>a life situation,</i></li><li>• <i>a work of art,</i></li><li>• <i>a human organism,</i></li><li>• <i>a musical tone that reaches the ear,</i></li><li>• <i>a new attitude toward life.</i></li></ul>
25	<p><i>Once the explosion [of this psychic nuclear point] has taken place, it [i.e., this psychic nuclear point] may have reached its final point as far as this particular combination of</i></p> <ul style="list-style-type: none"><li>• <i>attitudes,</i></li><li>• <i>thoughts and</i></li><li>• <i>intents</i></li></ul> <p><i>is concerned.</i></p> <p><i>The energies released after the explosion can now be</i></p> <ul style="list-style-type: none"><li>• <i>reformulated,</i></li><li>• <i>gathered and</i></li><li>• <i>sent in a new direction.</i></li></ul> <p><i>An entirely new psychic nuclear spiral can thus be started, culminating in a new nuclear point.</i></p>

	<p><i>The particles that swirl after the explosion then reorganize themselves into either a</i></p> <ul style="list-style-type: none"><li><i>• similar,</i></li><li><i>• identical or</i></li><li><i>• altogether different pattern.</i></li></ul> <p><i>Consciousness determines which pattern is formed.</i></p>
26	<p><i>• Large and • small explosions take place constantly</i></p> <ul style="list-style-type: none"><li><i>• throughout the universe,</i></li><li><i>• in each of your cells,</i></li><li><i>• in your thoughts and</i></li><li><i>• [in] your feelings.</i></li></ul> <p><i>Some you can actually feel as an energy movement in your body, forming successive tiny explosions as if stars were dancing in your system.</i></p> <p><i>But for the most part you are totally oblivious to them.</i></p> <p><i>You notice only the end creation, which appears to be a fixed thing.</i></p>

	<p><b><i>But</i></b></p> <ul style="list-style-type: none"><li>• <i>when you become aware of your innermost attitudes,</i></li><li>• <i>when you dissolve your</i><ul style="list-style-type: none"><li>• <i>blocks and</i></li><li>• <i>resistances</i></li></ul><i>against</i></li></ul> <p style="text-align: center;"><i>taking stock of yourself truthfully – and thus become</i></p> <ul style="list-style-type: none"><li>• <i>more open,</i></li><li>• <i>more finely attuned</i></li></ul> <p style="text-align: center;"><i>to all that is going on in an intensely alive creation –</i></p> <p><i>you will also</i></p> <ul style="list-style-type: none"><li>• <i>notice more,</i></li><li>• <i>perceive more realistically</i></li></ul> <p style="text-align: center;"><i>some of these phenomena I now touch upon.</i></p>
27	<p><i>Your scientists know that whole planetary systems</i></p> <ul style="list-style-type: none"><li>• <i>explode,</i></li><li>• <i>disintegrate and</i></li><li>• <i>re-form.</i></li></ul> <p><i>The same is true of everything else.</i></p> <p><i>If these explosions did not take place constantly in your own inner system, you could not renew yourself.</i></p>



	<p><i>When you feel a flow of feelings, the tiniest organisms</i></p> <ul style="list-style-type: none"><li>• <i>explode and</i></li><li>• <i>re-form themselves</i><ul style="list-style-type: none"><li>• <i>on the physical</i></li></ul></li></ul> <p><i>as well as</i></p> <ul style="list-style-type: none"><li>• <i>on the psychic levels.</i></li></ul> <p><i>Significant changes in your life –</i></p> <ul style="list-style-type: none"><li>• <i>crises and</i></li><li>• <i>events that are momentarily traumatic –</i></li></ul> <p><i>are such</i></p> <ul style="list-style-type: none"><li>• <i>explosions and</i></li><li>• <i>re-formations.</i></li></ul> <p><i>But</i></p> <p><i>an ultimate explosion always creates a renewal, even if the mind stubbornly refuses to understand this.</i></p>
28	<p><i>Many</i></p> <ul style="list-style-type: none"><li>• <i>explosions and</i></li><li>• <i>re-formations</i></li></ul> <p><i>of the same vicious circle must ultimately come to the point of absurdity where they [i.e., where the many explosions and re-formations of the same vicious circle] can no longer function.</i></p>

*When the human consciousness*  
• *stubbornly refuses*  
*to heed the signs and*  
• *deliberately*  
*fails to find the breaking point,*  
*the situation explodes*  
*into a crisis.*

*This can provide*  
*an opportunity*  
*for the consciousness responsible for the crisis*  
*to*  
• *struggle to attain*  
• *awareness and*  
• *understanding*  
*of what has come to pass, and thus*  
• *be responsible for*  
*re-forming*  
*the creative energies.*

*Sometimes –*  
*but not always –*  
*physical death*  
*is such a phenomenon.*

*Physical death*  
*can also be a*  
• *harmonious,*  
• *organic and*  
• *creative*  
*process.*

29	<p><i>The explosion is always a climax, but since nothing in creation is ever</i></p> <ul style="list-style-type: none"><li>• <i>final or</i></li><li>• <i>finite,</i></li></ul> <p><i>the released energies form</i></p> <ul style="list-style-type: none"><li>• <i>new spiral organizations,</i></li><li>• <i>new psychic nuclear points,</i></li><li>• <i>new creations.</i></li></ul> <p><i>That which has not taken form emits the inherent energies to</i></p> <ul style="list-style-type: none"><li>• <i>create and</i></li><li>• <i>further fill the void with the glory of divine</i></li><li>• <i>life and</i></li><li>• <i>consciousness.</i></li></ul> <p><i>The charge [of the creative influx] is endless, just as creation is endless.</i></p>
30	<p><i>The charge [of the creative influx] can be diminished only when you</i></p> <ul style="list-style-type: none"><li>• <i>fear it [i.e., fear the charge of the creative influx],</i></li><li>• <i>doubt it [i.e., doubt the charge of the creative influx] and</i></li><li>• <i>counteract it [i.e., counteract the charge of the creative influx] with preposterous thoughts.</i></li></ul>

***But even then [when you fear it, doubt it, and counteract it],  
the charge [of the creative influx]  
is not really diminished,  
for this is impossible.***

***It [i.e., the charge of the creative influx]  
is only***

- held in abeyance and***
- momentarily***

***prevented from manifesting,  
but it gathers  
"behind the scenes," as it were,  
to be at your disposal  
when you  
seek it.***

31

***It is  
your task  
to find out***

- where you block the charge  
of creative influx and***
- how you thus  
diminish your life.***

***Use the part of your mind  
that is capable of  
observing  
that the thinking behind  
your negative creation  
is absurd.***

***Note  
that such thinking [behind your negative creation]  
is not  
inconsequential,  
as you might prefer to believe,***

***but rather  
that it [i.e., that such negative thinking]  
• leads to***

- action and***
- creation and***

***• is therefore  
of great consequence.***

*You must use  
the part of your mind  
that is capable of*

- *pinpointing  
the absurdity  
of any particular creation,*
- *comparing it [i.e., comparing the absurdity of your creation]  
with its [i.e., with your creation's]  
corresponding truth and*
- *formulating a strong intent  
to use the same energetic power [used to create  
your absurd creation]*

*to shift the emphasis  
into a truthful channel.*

*Thus  
you have the power  
to augment the energy forces  
in a positive sense.*

32

*When you find  
part of yourself*

- *deadened and*
- *numbed*

*and you are frightened of  
reviving it,  
this is what is going on:*

*Psychic nuclear points in your system  
going into a negative direction  
have become frightening.*

*In the past  
your conscious mind  
was*

- *strong and*
- *intelligent enough to note this fact.*

*The alternatives you seemed to face were*

- *either to express your full energy flow  
and thus act out  
often with extreme destructiveness,*
- *or to deaden these forces  
in order to be protected from their energies.*

33

*This [numbing of areas you are afraid to revive]  
is a very common predicament  
at a certain point  
in the individual's development.*

*For example,  
you may feel  
a rush of intense energy  
when you become*

- destructive or*
- enraged –*

*a flow [of intense energy]  
that you  
simply never feel  
in a positive state.*

*Many of you  
have learned  
to express these negative attitudes  
in a harmless way.*

*You*

- take responsibility for them [i.e., for these negative attitudes] and*
- give vent to them*

*in a framework  
where no one gets hurt  
by these expressions.*

*But  
you feel stumped  
because  
you*

- fear their further release and*
- prefer to be in a numb state*

*rather than a destructive one.*

34	<p><i>At this point you have not yet discovered that there is a choice.</i></p> <p><i>You are frightened of the momentum of</i></p> <ul style="list-style-type: none"><li><i>• the explosion and</i></li><li><i>• the charge</i></li></ul> <p><i>that is created by your underlying negative attitude.</i></p> <p><i>Thus you slow down the process.</i></p> <p><i>Now you are reviving the process, as you should.</i></p> <p><i>But it is not enough to merely revive your energies without understanding the consciousness behind the</i></p> <ul style="list-style-type: none"><li><i>• numbness and</i></li><li><i>• deadness</i></li></ul> <p><i>that issues from a negative intent.</i></p>
35	<p><i>It is also important that you completely comprehend how the negative intent is based on a false universal idea.</i></p>

**Only when**  
**you have that specific understanding** [*i.e., that specific understanding of how the negative intent is based on a false universal idea*]  
**will you**  
**dare to revive the energy charge**  
**that lives constantly**  
**in every particle**  
**of your**  

- **spiritual and**
- **material**

**being.**

[*With that specific understanding of how the negative intent is based on a false universal idea*]  
**You will then**  
**dare to allow**  
**the charge to flow.**

36

**You have found**  
**several phases**  
**in the course of this pathwork.**

**A simple overview**  
**would go as follows:**

**First,**  
**the search for your**  

- **conscious and**
- **unconscious**

**negativities.**

**Second,**  
**owning up to them** [*i.e., owning up to your negativities*]  
**in a spirit of truthfulness,**  

- **without denial,**
- **without annihilating yourself and**
- **[without] believing yourself**

**to be only that [negative] part of you.**



*Third,  
seeing*

- *the false ideas and*
- *the false concepts*  
*embedded in*  
*the negative attitude.*

*These [false ideas and concepts embedded in the negative attitude]  
must be*  
*very clearly articulated*  
*in your consciousness.*

*Some of you*  
*still battle in this phase.*

*The last phase*  
*is the change of intent,*  
*[establishing] the attitude*  
*that clearly formulates the commitment*  
*from*

- *the negative*

*to*

- *the positive.*

*Of course,*  
*the phases*

- *often overlap;*

*they*

- *are not exactly sequential.*

*This is just an overview.*

*You are increasingly*  
*working this way already.*

*This valuable work*  
*is largely responsible for*  
*the exhilarating*

- *movement,*
- *expansion and*
- *growth,*
  - *individually and*
  - *in your group as a whole.*

37

*In the course of these stages, my friends,  
you have often found  
peculiar  
resistances.*

*You have found,*  
• *contrary to  
your intellectual understanding and*  
• *illogical as it may seem,*  
*that you are  
very reluctant  
to energize  
the numbed matter in you.*

*The reason for this reluctance [to energize the numbed matter in you]  
is that*

*it is not quite clear to you*  
• *what the negative nuclear point is,*  
• *what the various psychic events are  
in this nuclear point,*  
• *what the specific false idea is.*  
• *How  
is it false?*  
• *What is  
the right idea?*

*Only when you know [what the right idea is, as opposed to the  
false idea behind the negative nuclear point]  
can you  
wholeheartedly  
state your  
positive intent.*

*As long as this [right idea]  
is not clear,  
you will fear that  
when the energy sets off its negative chain,  
it will culminate in  
a commensurately negative  
• creation and  
• explosion.*

*You therefore prefer to keep yourself*  
• *numb and*  
• *deadened.*

38

*I am not talking about  
whether  
such deadening  
is*

- *advisable  
or not,*
- *good  
or bad.*

*I am not making a  
generalized  
judgment.*

*At certain stages in life  
the temporary numbing  
fulfills  
a benign function*

- *until  
the soul  
is sufficiently  
• aware and  
• strengthened,*

- *until  
the consciousness  
is sufficiently raised  
so that  
the energies  
can be activated  
in a  
• positive,  
• creative  
way.*

*At other stages  
even the*

- *negative explosions and*
- *crises  
are  
• inevitable and  
• serve  
a very important purpose  
for the growth of the soul.*

*In such phases [that result in negative explosions and crises],  
persistently holding on  
to the energies  
amounts to*

- *needless procrastination and*
- *great waste.*

*Each situation  
is entirely different.*

*The inner mechanism at work  
is directed  
by the*

- *real,*
- *divine  
self.*

*Only the*

- *fearful,*
- *separated,*
- *fragmented and*
- *stubborn  
mind*

*can*

- *halt the process and*
- *clog up the channel  
to the divine self.*

*So beware of  
stubbornness, my friends;  
it is a wall  
that shuts out  
the divine inner guidance.*

39

*Understanding this material,  
even in its most simplified form,  
should help raise your consciousness  
so you can  
intuitively  
perceive these creative processes at work*

- *in all that exists,*
- *in all that you are,  
making it much easier for you  
to continue dealing with yourself on your path.*

40	<p><b><i>The acceleration of your pathwork is a tremendously joyful reality.</i></b></p> <p><b><i>It [i.e., the acceleration of your pathwork] will create forever more</i></b></p> <ul style="list-style-type: none"><li><b><i>• joy,</i></b></li><li><b><i>• peace,</i></b></li><li><b><i>• excitement and</i></b></li><li><b><i>• fulfillment</i></b></li></ul> <p><b><i>in your life, until you fully know that it is safe to live in a state of being charged [with creative matter and energy] when the charge [of creative matter and energy] is positive.</i></b></p>
41	<p><b><i>Be blessed in the world of love that</i></b></p> <ul style="list-style-type: none"><li><b><i>• surrounds and</i></b></li><li><b><i>• permeates</i></b></li></ul> <p><b><i>you.</i></b></p> <p><b><i>This [i.e., love] is the only unalterable reality that ever exists.</i></b></p> <p><b><i>Be blessed.</i></b></p>

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