

Pathwork Lecture 207: The Spiritual Symbolism and Significance of Sexuality

1996 Edition, Original Given January 12, 1973

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

	Content
03	<p style="text-align: center;"><i>Greetings and blessings for every one of you.</i></p>
04	<p style="text-align: center;"><i>Every human manifestation, whether it is</i></p> <ul style="list-style-type: none"> • <i>natural,</i> • <i>instinctual, or</i> • <i>man-made,</i> <p style="text-align: center;"><i>has a deep spiritual significance.</i></p> <p style="text-align: center;"><i>All human experience is always symbolic of a</i></p> <ul style="list-style-type: none"> • <i>wider,</i> • <i>deeper, and</i> • <i>fuller meaning.</i>

by Eva Broch Pierrakos

Original © 1996 The Pathwork® Foundation (1996 Edition)

Edited by Judith and John Saly; Devotional Format, revision posted 4/3/16

05

*Tonight's lecture will deal with the
the spiritual meaning
of sexuality.*

*In one of the early lectures [Lecture 44 -- The Forces of Love, Eros, and Sex],
I discussed*

*three aspects
of the one*

- *great*
- *universal,*
- *creative*

*energy: [i.e., the three aspects of this one energy being:]
the*

- *erotic,*

the

- *sexual, and*

the

- *love*

force.

*All three [forces]
are really aspects of
the same force.*

*They [i.e., the seemingly three forces – the erotic, sexual, and love forces]
only*

*appear as [three]
distinctly different [forces]
within the narrow realm
of the ego.*

*I will use the term
"sexuality"
to represent the [one]*

- *total*
 - *creative*
- force*

*and will discuss
its*

- *purpose and*

its

- *spiritual meaning
as manifested*

in the human realm.

How
sexuality [i.e., How “the one total creative force”]
manifests
varies
according to
the development
of each human being.

We shall discuss
the principle of sexuality
in

- **the totally self-realized individual,**

in

- **the average person, and**

in

- **those who are perhaps**
 - **still on a very low level of spiritual development**
 - **and therefore**
 - **severely**
 - **blocked and**
 - **split.**

06

The sexual force [i.e., the one total creative force named “sexuality”]
is an expression of
consciousness
reaching for
fusion.

You all know that
fusion,
which you can also call

- **integration,**
- **unification, or**
- **oneness**

is
the purpose
of
Creation.

*Whatever term you use,
the final aim
of
all split-off beings
is to
reunify the*

- *individualized,*
- *separated*

*aspects
of the greater consciousness
with
the whole [i.e., with the whole of the greater
consciousness].*

*The split-off aspects [of this greater consciousness]
are
integrally connected
to a
great force
that motivates individuals
to strive toward
unification.*

*The pull
of this [great] force
is
irresistible;*

*it [i.e., this great irresistible force]
exists
in all organisms –
even in
inanimate ones,
where human*

- *intelligence and*
- *perception*

cannot yet observe it.

07	<p><i>The power of sexuality [i.e., The power of the one total creative erotic-sexual-love force],</i></p> <p><i>in its most ideal form</i> <i>can convey</i> <i>more fully</i> <i>than any other human experience</i> <i>what</i></p> <ul style="list-style-type: none">• <i>spiritual bliss,</i>• <i>oneness, and</i>• <i>timelessness</i> <p><i>are.</i></p> <p><i>In the</i> <i>total sexual experience</i></p> <p><i>you break through</i> <i>the confines</i> <i>of</i></p> <ul style="list-style-type: none">• <i>time and</i>• <i>separateness</i> <p><i>to which</i> <i>your limited mind</i> <i>has bound you.</i></p> <p><i>Through</i> <i>such an experience [i.e., through the sexual experience]</i> <i>you are reminded of</i> <i>your true existence</i> <i>in the eternal.</i></p>
08	<ul style="list-style-type: none">• <i>The blissful experience</i> <i>of fusion and</i>• <i>the sense of</i> <i>timelessness</i> <i>in the sexual union</i> <p><i>depend on</i></p> <ul style="list-style-type: none">• <i>the unification</i> <i>of the individuals in question,</i> <i>and therefore on</i>• <i>their attitudes</i> <i>on all levels of their being.</i>

If

- *the sexual experience is an expression of the*
 - *physical,*
 - *emotional,*
 - *mental and*
 - *spiritual levels,*

and if

- *these [four] levels are unified with each other without any conflict,*

then

the people who express their being on all [four of] these levels in accordance with spiritual law

have a sexual experience as

- *complete,*
- *fulfilling,*
- *rich,*
- *joyous,*
- *nourishing,*
- *sustaining,*
- *furthering and*
- *reminiscent of spiritual reality*

as any human experience can be.

Then

in that blissful experience of total union

the fulfillment transcends personal

- *satisfaction and*
- *enrichment.*

*In this way
these individuals
are also
fulfilling
a task in the universe.*

*This [i.e., this fact that such a blissful experience for the individual
could also simultaneously be fulfilling a task in the universe]
may seem strange,
for
the human brain*

*is used to [just the opposite,]
equating*

- *task and*
- *fulfillment*

with something

- *arduous,*
- *difficult,*

or even

- *unpleasant.*

[However]

*In reality,
the more
complete
the*

- *joy,*
- *pleasure,*
- *bliss, and*
- *ecstasy,*

*the more
creative power
is added
to the universal reservoir.*

*Each such [blissful and complete sexual] experience
is like*

a new star

- *lighting up
somewhere in Creation, and*
- *becoming
yet another torch
in the darkness of the void
that is destined to be filled.*

09

*[I shall now describe
the sexual experience
on the
1. physical,
2. emotional,
3. mental and
4. spiritual
levels.]*

***[1.] What is
the meaning of
the sexual experience on the
physical level?***

***What does
the urge
to physically unite
signify?***

***The usual answers,
such as
• the perpetuation of the race or
• the need for pleasure,
are only
• partial answers
and
• rather superficial [answers] at that.***

***When
two human beings
are attracted to each other,
we might say that
they
yearn
• to know each other,
• to reveal themselves to each other,
• to let themselves be
• known and
• found, and
• to find
the true being
of the other person.***

*By revealing yourself
to another being,
your own true being
can enter
the full dimension
of that other person's self
who is also
seeking to know you.*

*This
mutual
desire
which is energized by
an involuntary force*

creates an

- *electrifying*
- *blissful*
 - *feeling and*
 - *longing.*

10

*[However]
If this attraction
exists
merely on*

- *the physical level,*

without

- *the other levels*

*entering into the expression
at least to some degree,*

*the ensuing experience
will*

- *be disappointing, and*

will

- *leave a lot to be desired.*

	<p><i>It [i.e., the experience of attraction when only the physical level is involved] can never be more than the most</i></p> <ul style="list-style-type: none"><i>• infinitesimal and</i><i>• superficial</i> <p><i>representation [or taste] of what the soul</i></p> <ul style="list-style-type: none"><i>• really longs for</i> <p><i>but [what the soul]</i></p> <ul style="list-style-type: none"><i>• is too blind</i><i>• to understand and</i><i>• to pursue.</i> <p><i>The pursuing of full union with another soul requires a</i></p> <ul style="list-style-type: none"><i>• purification and</i><i>• unification</i> <p><i>process such as your path.</i></p>
11	<p><i>Since the</i></p> <ul style="list-style-type: none"><i>• limited and</i><i>• blind</i> <p><i>human consciousness merely gropes in the dark,</i></p> <p><i>very often your attraction to another person is not directed to</i></p> <ul style="list-style-type: none"><i>• the actual person,</i> <p><i>but rather to</i></p> <ul style="list-style-type: none"><i>• an image fabricated in your mind</i> <p><i>of what the other person should be</i></p> <p><i>in order to fulfill your</i></p> <ul style="list-style-type: none"><i>• real or</i><i>• imagined</i> <p><i>needs.</i></p>

**The real person
is often**

- **totally ignored and**
- **willfully denied.**

The desiring person

- **insists on**
his or her illusion and
- **is angry**
when the illusion
cannot be made to come true [in the other person].

Usually
this is mutual –
both parties

- **seek someone else, as it were [i.e., seek someone other than**
the real other person who is actually involved],

and

- **do not know it.**

The measure of fulfillment
you [actually] experience [in a sexual relationship]
is a good gauge
of
how much you seek
the real person [i.e., how much you seek the real person who is actually
in the sexual relationship with you rather than seek an
illusion of what you think the other person should be]

[Conversely,]
The absence of bliss [in a sexual relationship you are in]

- **indicates**
the illusory nature
of the search [you are in],

it [i.e. the absence of bliss in a sexual relationship you are in]

- **reveals instead**
the willful superimposition
of another person,
such as a parent figure,
over the real person [you are with].

	<p>When your attraction to another</p> <ul style="list-style-type: none">• is truly genuine and• arises from a<ul style="list-style-type: none">• real and• healthy <p>foundation, you will find it [i.e., you will find your attraction to another] is directed to that specific person [as he or she really is]</p> <ul style="list-style-type: none">• to whom you wish to reveal yourself in a most<ul style="list-style-type: none">• intimate and• real• with whom you wish to be as closely connected as possible.
12	<p>The longing for close connection</p> <ul style="list-style-type: none">• never ceases in the human soul, but it [i.e., but the longing for close connection]• takes different forms in an<ul style="list-style-type: none">• infant and• adult. <p>For an infant, closeness is an entirely passive experience: the child</p> <ul style="list-style-type: none">• takes in,• receives,• soaks up<ul style="list-style-type: none">• nourishment and• affection <p>as a merely receptive organism, thus illustrating the universal feminine principle.</p>

*The mother in this case [i.e., this case of relating to her infant child]
is the
giver,
and in that capacity [i.e., in the capacity of the giver]
the truly feminine woman
expresses
her masculine principle.*

*For the adult,
closeness
can be successfully consummated
only
when the experience
is mutual –
when both participants
actively*

- reach out,*
- give,*
- sustain,*
- nurture,*

- receive, and*
- take in.*

This

- organic*
- self-regulating,*
- spontaneous*

*rhythm
cannot
be determined
by the mind.*

*It is
the involuntary expression
of a lawful process,
so*

- exacting,*
- intricate, and*
- meaningful*

*that to convey it
to your
human scope of understanding
is impossible.*

13

*As you all know,
blocks
to true fulfillment
exist
because
the infant
within
the adult personality
still seeks
its own [i.e., the inner infant's own]
mode of fulfillment.*

*It [i.e., the infant within the adult personality]
seeks
• a nurturing parent
rather than
• the specific other person [i.e., the other person who is
in the relationship], and*

*it [i.e., the infant within the adult personality]
seeks
the merely
• receptive,
• in-taking
kind of closeness.*

*The fusion
thus aspired to [i.e., aspired to by the infant within the adult who seeks
merely a receptive in-taking kind of closeness]
can never take place.*

*Hence, the person [i.e., the person seeking only a receptive in-taking kind
of closeness]
lives in a treadmill
of perpetual frustration*

*[a frustration] which then seems to
justify
his or her
• caution,
• withholding, and
• negativity.*

*The movement toward closeness [in such a personality seeking only
the inner infant's desire for receiving and in-taking]
is split off and
a counter-movement is instituted
which causes a short-circuit in the system.*

*This short-circuit
is then experienced
as an involuntary*

- *block,*
- *inhibition, and*
- *deadness*

*[to the sexual experience, in the
movement toward fusion].*

14

*[2.] On the emotional level,
the movement toward fusion
must be expressed in a
feeling-exchange.*

*What does
feeling-exchange
mean
in*

- *adult,*
- *realistic*

terms?

- *Feeling-exchange, or*
- *the emotional level
of sexuality,
is determined by
love*
 - *in its*
 - *real sense*
 - *with all its many*
 - *aspects and*
 - *manifestations.*

*You use
the word
love
very freely,*

*but
only too often*

- there is
no meaning
attached to the word when it is pronounced,*

or even worse,

- the word love is
used as
a label
behind which
are hidden
very different feelings [from feelings of true love,]
[feelings] such as*
 - ego-needs and*
 - negative aims.*

*People
use each other
in the most exploitative way
and call this [i.e., call this “using each other” in exploitive ways]
love.*

*What is
the [actual]
• vivid,
• living
experience
behind
the stereotyped label [i.e., the stereotyped label of “love”]?*

*The [authentic]
experience of love
is primarily
the attempt to
perceive
the
multiple
reality
of the other person.*

Such an endeavor [i.e., an endeavor to love authentically, i.e., to perceive the multiple reality of the other person]

requires that you temporarily put aside

- *your ego,*
- *your own*
 - *needs,*
 - *expectations, and*
 - *personal preoccupations*

[in order] to make yourself empty.

Then [i.e., when you are sufficiently empty of your own needs, expectations, and personal preoccupations]

you can let in

- *what is,*

let in

- *the other person*

so you can

truly

- *perceive,*
- *experience, and*
- *feel*

all

the complexities of this other being.

What more fascinating experience

could there be [in life than perceiving, experiencing, and feeling all the complexities of this other being]?

	<p><i>When you have no stake in maintaining an illusory image of who the other person ought to be, and then resenting it when he or she is not that, [then] you will be</i></p> <ul style="list-style-type: none"><i>• open and</i><i>• sufficiently empty</i> <p><i>to let in what is [i.e., let in what is actually there in the other person].</i></p> <p><i>This [i.e., being open and sufficiently empty to let in what is actually there in the other person] is one way of expressing love.</i></p> <p><i>From that solid basis [of expressing love] a feeling-exchange can be built.</i></p>
15	<p><i>If you perceive in reality, you are [then] free enough of</i></p> <ul style="list-style-type: none"><i>• your self-will,</i><i>• your pride, and</i><i>• your fears</i> <p><i>to be sufficiently ready to deal with what is [i.e., deal with what is actually there in the other person].</i></p> <p><i>You will be able to handle even</i></p> <ul style="list-style-type: none"><i>• pain and</i><i>• frustration</i> <p><i>if necessary, so that reality which is ultimately bliss can come to you.</i></p>

*The ability
to take*

- *frustration and*
- *pain*

are essential to

- *giving and*
- *receiving and*
- *experiencing
bliss.*

*On the other hand,
if you are very*

- *threatened by and*
- *defended against
pain –*
 - the pain of*
 - *not having your way,*
 - the pain of*
 - *being hurt a little,*
 - the pain of*
 - *having to give up*
 - *an imaginary*
- or even*
 - *a real advantage –*

*you will
create
a hard wall
out of
your flowing energy stream.*

*Nothing can
come into you
through this wall,*

*nor can anything
flow out from you
toward others.*

	<p><i>[Then when you are thus behind this hard wall that you have created out of your flowing energy stream in order to protect yourself from fear,]</i></p> <ul style="list-style-type: none">• <i>You are isolated in the self-created prison of your defense against</i><ul style="list-style-type: none">• <i>pain and</i>• <i>unpleasantness.</i> • <i>You become numb</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>[you] cannot live fully.</i> • <i>You cannot fuse [with another]</i> <p><i>and thus</i></p> <ul style="list-style-type: none">• <i>you can have no pleasure.</i>
16	<ul style="list-style-type: none">• <i>Loving, and therefore</i>• <i>the ability to</i><ul style="list-style-type: none">• <i>give and</i>• <i>receive,</i> <p><i>depends on</i></p> <p><i>one's ability to perceive reality with uncluttered vision.</i></p> <p><i>This ability [to perceive reality with uncluttered vision], in turn, depends on</i></p> <p><i>how well you can suffer pain in an</i></p> <ul style="list-style-type: none">• <i>undefended way</i> <p><i>that is [in a way that is]</i></p> <ul style="list-style-type: none">• <i>free from manipulative interpretations of the pain.</i>

	<p><i>Such [manipulative] interpretations [of the pain] only aim to</i></p> <ul style="list-style-type: none">• <i>annul the pain,</i> <p><i>whereas</i></p> <p><i>letting the pain be [as it is]</i></p> <ul style="list-style-type: none">• <i>will make room for a truthful interpretation of the events which bring the pain about.</i>
17	<p><i>The aspect of real love which I refer to as letting the other be means more than</i></p> <ul style="list-style-type: none">• <i>just accepting</i>• <i>where and</i>• <i>who the other person is at any given moment.</i> <p><i>It [i.e., the aspect of real love referred to as letting the other be] means</i></p> <ul style="list-style-type: none">• <i>having a vision of the total person,</i>• <i>including his or her as yet unrealized potential.</i> <p><i>Such a vision of the unmanifest in another person is a great act of love.</i></p>

***It [i.e., having a vision of the total person, including as yet unrealized potentials]
has nothing to do with
the illusion of
manufacturing
another kind of person [i.e., manufacturing a
person different from who the other person
actually is and has the potential to become]
for the purpose of [satisfying one's own]
self-willed needs [by the other].***

***If you can give
that freedom
"to be who you are"
to the person you love,
[then] you can
exchange trust.***

***[And in return for giving that freedom "to be who you are" to the person you love]
You thus gain
the freedom
to assert your own right
to be [who you are],
which you can then do
without
• defiance and
without
• playing your negative games.***

***This real self-assertion [i.e. this self-assertion to be who you are]
stems from
the guilt-free state
that follows
the truly giving attitude.***

***If you can
say "yes"
to wholeheartedly giving,
you can also
say "no."***

	<p><i>If you truly give, you can also assert your inner right to receive – and that [i.e., asserting your inner right to receive] is not to be confused with</i></p> <ul style="list-style-type: none"><i>• childish,</i><i>• neurotic demands.</i>
18	<p><i>Not giving feelings makes mutual exchange impossible.</i></p> <p><i>Since in reality</i></p> <ul style="list-style-type: none"><i>• giving</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• receiving are one,</i> <p><i>you cannot give to</i></p> <ul style="list-style-type: none"><i>• others</i> <p><i>without also giving to</i></p> <ul style="list-style-type: none"><i>• yourself.</i> <p><i>Conversely, by withholding from</i></p> <ul style="list-style-type: none"><i>• others,</i> <p><i>you inevitably withhold from</i></p> <ul style="list-style-type: none"><i>• yourself.</i>

[When you withhold from others, and hence from yourself]

**You then blame
the consequent deprivation
on
the other person**

**because
you are still clinging to the illusion
that**

- **giving**

and

- **receiving**

are two separate acts.

**The fusion
you long for
can only come about
if**

- **every feeling
you long to receive,**
- **every single aspect of
loving,**

**is richly flowing
out of you.**

**These aspects of love [that need to be flowing out of you toward others]
include**

- **tenderness,**
- **warmth,**
- **respect,**

and also

- **the recognition of
the essence of the other
with his or her
capacity for**

- **growth,**
- **change, and**
- **goodness.**

Add to these [i.e., Add to these aspects of love that need to be flowing out of you]

- *patience, and*
- *giving the other
the benefit of the doubt.*

- *Make room for
alternative interpretations [of situations involving the other].*

- *Trust [the other], and*
- *give the other
room*

- *to unfold and*
- *to be.*

*You also
yearn passionately
to be given
these aspects of perfect love.*

*Fusion
can take place
on the emotional level
only when
you are
fully committed
to learn
to expand
your own capacity
to give
these components
of perfect love.*

19

*But in order to
fuse emotionally –
and therefore
[to fuse] totally –
it is equally necessary [not only to give these components of
perfect love but also]
to express yourself
truthfully
toward the other person,
even when this [i.e., even when your truth]
may not be*

- *welcome or*
- *desired.*

*Not doing so [i.e., not expressing yourself truthfully to the other even when
your truth may not be desired or welcomed by the other]
under the guise of a so-called*

- *loving goodness and*
- *taking it in silence*

is

- *sentimental*

and usually

- *dishonest.*

*For in reality
you*

- *merely fear
the unpleasant consequences and*
- *are thus
not willing to risk*

- *pain,*
- *exposure,*
- *confrontation, and*
- *the hard work
of reintegrating the relationship
on both a*

- *higher and*
- *more profound
level.*

*This [i.e., This expressing yourself truthfully to the other even when your truth
may not be desired or welcomed by the other]*

can only be done

- *healthily*
- *without guilt*

when you have

- *dealt with and*
- *eliminated*
your own cruelty.

As long as

any

cruelty
exists in you,

you will
never

be able to tell the truth to others
without hurting them,
because

the hidden motive
to hurt others

so

- *pervades your energies and*
- *affects your*
 - *actions and*
 - *words*

that it

paralyzes your courage to

- *speak up and*
- *confront a situation*
that requires improvement.

20

How then can an
unhampered
giving of love
be

- *reinstated and*
- *increased?*

*It is possible
that you*

- are free from cruelty and*
- can speak up
in a totally constructive way,
and still
the other person
is hurt –
maybe because
he or she insists on
never
being
• criticized or
• frustrated.*

But

*if you can deal with
the hurt that arises in you
from this reaction [of the other person being hurt by you],
you can truly*

- risk this event and*
- battle it through
so that
an open exchange of
feelings
can be made possible.*

*You will find that
the more*

*you act out of your sincere intention
to*

- love and*
- feel
more deeply,*

the more

*fruitful
the outcome will be
when you risk
offending your partner.*

*Conversely,
when you
"speak the truth"
because
you need to hurt [the other person by "speaking the truth"]
but do not wish to admit it [i.e., not admit your need to hurt],
the outcome [of "speaking the truth"]
must be
undesirable.*

*Your guilt
for this hidden motivation [and intention to hurt the other]
will be
a shield
standing
between
• you
and
• the truth and
between
• you
and
• the other person.*

21

*The
• fulfillment and
• bliss
your soul longs for
can only be satisfied
through
fusion
with another consciousness.*

*It [i.e., fusion with another consciousness]
depends on
your ability*

- *to risk,*
- *to confront,*
- *to admit*

*your most guarded secret,
and as a result*

- *to speak up*

*when the other person
puts obstructions in the way [i.e., puts obstructions in the
way of fusion].*

*You must also recognize
your own limitation
to express
your best feelings
when the*

- *unexpressed negativities and*
- *hidden games*

*of your partner
make this [i.e., make expressing your best feelings]
impossible.*

*The positive assertion
I speak of here
is entirely different from
making
a blaming demand,
which truly
puts the responsibility
on the other person.*

*The kind of assertion
I refer to here
does not blame
the other,
and yet
it [i.e., the positive assertion I refer to here]
also [at the same time still]
recognizes
what the other is doing.*

*When you
no longer
have a stake in blaming,
you can truly
speak up.*

*You are
no longer
too blind
to fully see
the emotional involvement
in your
negative exchange.*

*As long as
you can only
perceive
this negative exchange
indirectly,*

- your struggle
must be painful and*
- you will
not experience peace
from recognizing
your partner's role
in the exchange.*

*But
when your recognition
of your partner's negative contribution
stems from
the clear vision
you could only gain
as a result of [your own]
• self-confrontation and
• deep honesty,*

*then
• you will risk [confrontation of the your partner], and
• the temporary pain [i.e., the temporary pain you experience from
confronting your partner]
will not diminish you.*

22

*In order to
fuse emotionally,
honest exchange
at the risk of
occasional crises
is necessary.*

*This
honest exchange
is totally dependent on
the individual's*

- self-honesty and*
- goodwill*

to abandon

- dishonest,*
- hurtful, and*
- destructive*

patterns.

If you are

- hampered,*
- inhibited, and*
- afraid,*

you also
inhibit
the mutual

- scope and*
- depth*

*of the bliss
that arises from
fusion.*

*In that case,
you have to ask yourselves
where this fear
has its origin
in
both
of you.*

*And since
you
can only be responsible for
yourself,
ask especially
where the fear originates
in you.*

*Where is
the cruelty
in you
that makes you
afraid of [taking the risk of]
saying what you see [in your partner]?*

*Where does
your blindness
toward yourself
inevitably
blind you
toward
the other person,
so that
you are*

- unsure and*
- defensive*

*about what you see [in the other]
– and consequently*

- militant and*
- hostile*

[in the way you express what you see in the other]?

*Again,
emotional fusion
can exist
only to the degree
that the prerequisites I discussed here
are fulfilled.*

23

***[3.] Mental fusion
exists on the level of
the thinking mind.***

The ability

- ***to exchange
the deepest***
 - ***ideas and***
 - ***thoughts and***
- ***to risk***
 - ***disagreement and***
 - ***disapproval***

are

basic [for mental fusion].

Mental fusion

***can only exist
when there is
a certain blend
of compatibility.***

Two compatible partners

***have to share
certain fundamental ideas
about life.***

They [i.e., two compatible partners]

***must also be
spiritually
more or less
on the same plane of development.***

[However]

***This does not mean
that every small idea
must be shared.***

That is

***quite impossible and
divergence
in some ways
is necessary.***

*It [i.e., divergence in some ways]
is
both*

- *a result of
the [inevitable] variety within human beings*

and also

- *a necessary help
for each one's
further development.*

*Several qualities
are required
for reaching
mental fusion.*

*One is
the need
to grow toward
truthful understanding
of each other,*

*another is
the humility to*

- *search for, and*
- *discard if necessary,
the*
 - *ideas and*
 - *opinions*

you both may hold.

*[Third,]
You also need
the humility
to let*

- *the other*

and also

- *yourself*
be
 - *right*

or

- *wrong.*

*The very act
of looking for
a deeper way of truth
concerning
even the tiniest issues*

- provides wonderful fuel
for growth and*
- helps you to reach
deeper union
on the mental level.*

[Both]

- The attitudes
you bring to bear
on the points of difference*

and

- the ways you approach
them [i.e., the ways you approach the points of difference]
are important.*

[For example:]

*Do you
avoid
any confrontation of ideas
because
it is simply
too uncomfortable
to make waves?*

*Do you agree
[but only] superficially
so as to
have peace
because
the issue is
"unimportant" anyway?*

*Can you perhaps
not be bothered
to even deeply think about
things that do not directly concern you?*

*Or do you
insist on
being "right"
merely for its own sake?*

	<p><i>Is disagreement a way to find an outlet for the negative</i></p> <ul style="list-style-type: none"><i>• feelings and</i><i>• thoughts</i> <p><i>stored up in you which you do not choose to deal with constructively?</i></p>
24	<p><i>The freedom to have different ideas can be granted only when you are both</i></p> <ul style="list-style-type: none"><i>• anchored in spiritual truth</i> <p><i>and when you [both]</i></p> <ul style="list-style-type: none"><i>• aim in that direction [i.e., both aim in the direction of truth].</i> <p><i>When spiritual reality is forever the ultimate aim, you also know that there is only one truth.</i></p> <p><i>And this applies every bit as much to the</i></p> <ul style="list-style-type: none"><i>• large vital issues as</i> <p><i>to the</i></p> <ul style="list-style-type: none"><i>• smallest everyday inanities.</i> <p><i>But you also know that this one truth has many facets, often including two apparent opposites that are parts of one [larger] whole.</i></p>

With
spiritual truth
as the ultimate goal,
you will
sit lightly
in the saddle
of

- **opinions,**
- **ideas, and**
- **thoughts.**

This [i.e., sitting lightly in the saddle]
will make it possible
to

- **share and**
- **exchange**

them [i.e., share opinions, ideas and thoughts].

If you
always aim for
the

- **inner**

truth,
[which is of course]
the

- **spiritual**

truth,
then
the little

- **disagreements or**
- **different opinions**

slowly disappear.

First
they [i.e., disagreements or different opinions]

- **cease to matter;**

then
they [i.e., disagreements or different opinions]

- **become**
- **integrated or**
- **fused**

in the
all-uniting truth of spirit.

25

*Mental sharing
must
not
be neglected.*

*One often sees relationships
with*

- *sexual
sharing*
- and, to a degree,*
- *emotional
sharing,*

but

- *mental
sharing*

is strangely neglected [and, ironically, this neglect is]

*in a world that stresses
the importance of*

- *the intellect,*
- *ideas, and*
- *the mind*

so much.

Yet

*people live next to each other
day in and day out,
depriving*

- *themselves and*
- *each other*
- of the*

joys of mental fusion.

*They do not mentally expose
their innermost*

- *beings,*
- *ideas,*
- *beliefs,*
- *dreams,*
- *aspirations,*
- *feelings,*
- *fears,*
- *goals,*
- *yearnings,*
- *insecurities, and*
- *hopes.*

The world of
• *the mind and*
• *ideas*
is an
integral part of
total sharing.

And it is
quite impossible
for
• *one person*
to fuse with
• *another*
on one level
[and on that one level fuse]
in a truly satisfying way,
while keeping separate
on any
of the other levels
and thus
not staying in tune with
the natural [organic] movement
toward fusion [on all levels].

For instance,
quite often
when frustration
is ascribed to
sexual incompatibility,
the sexual incompatibility
may not be a result of
an absence of
physical attraction
at all.

It [i.e., the frustration and sexual incompatibility]
may [rather] be the result of
insufficient fusion on
• *any one or*
• *all*
of the other levels.

26

***[4.] Spiritual fusion
is always
a natural result
of fusion on the***

- physical,***
- emotional, and***
- mental***

levels.

***Fusion
existing on these three levels [i.e., the physical, emotional, and mental levels]
means that
the parties involved
must be
highly developed spiritual beings,
actively***

- working on and***
- involved in***

a spiritual path.

***They [i.e., the parties involved]
must be
sufficiently awake
to***

- consciously and***
- deliberately***

***seek
spiritual truth.***

***Reaching
the spiritual self
must be
one's primary aim
if
total fusion
is to exist.***

*It is therefore true
that the*

- fulfillment and
- bliss

*that every created being longs for
is possible
to the degree that
a person's
spiritual development*

- has advanced and
- still continues to advance.

*Such a state [of fulfillment and bliss]
is maintained
to the degree that*

- the partners are in movement, and

to the degree that

- destructiveness
has made room for
 - constructive,
 - outgoing,
 - positive
 - attitudes and
 - behavior.

*All too often
human beings*

- are stuck and
- have no intention
to move out of
their stagnation.

*They
are then surprised
when
their yearning
for oneness
remains unfulfilled, and
they
blame*

- others,
- circumstances, and
- life

for it [i.e., for the unfulfillment of their yearning for oneness].

27

*All matters of life
must finally
be related
to*

- *the spiritual self and*

to

- *spiritual reality.*

*All disputes
can truly be*

- *resolved and*
- *conciliated*

only
*in the spiritual self
which is
one
in all created beings.*

*When
two human beings
fuse with
the feeling
that there is
a spiritual world
within
both of them
where they can
discover
their oneness,*
*then
spiritual union takes place.*

*The tremendous creative power
of the sexual force
generated through
union
on all levels
has
self-perpetuating life
with
both*

- *positive*

and

- *negative*

aspects.

*Participating in this life,
the partners
striving for union
set something in motion
that takes on
its own momentum
like a stream
which [then]
the [individual] human personality
has to learn to follow.*

28

*Whatever exists within the human psyche
shows up
in the sexual experience;*

*it is impossible
to keep anything out [of the human psyche when one is in the sexual experience].*

*The manner of
the sexual experience
is therefore
an infallible indicator
of
where a person's psyche is.*

*It [i.e., the sexual experience]
will reveal
where
a person is*

- liberated and*
- at one with divine law,*

*where
[a person is]*

- evil and*
- destructive, and*

*where
[a person is]*

- stuck and*
- stagnant*

because the destructiveness is

- hidden and*
- not dealt with.*

Hidden facets [in the psyche]

become

- *magnetized and*
 - *energized*
- by the sexual current,*
thereby
determining its [i.e., determining the sexual current's] direction.

When this direction [i.e., the direction of the sexual current]

is

- *negative*
- and therefore*
• *shamefully denied,*

both

- *the person's development*

and

- *the vitality of the life force*

are hindered.

The powerful

creative energy

inherent in

sexual expression

creates a condition

where

- *all character attitudes*

and

- *all aspects of one's most hidden nature*

must

manifest [i.e., must manifest in the sexual expression].

Unfortunately,

human beings

are extremely blind to this.

*Even
the most advanced psychology
is oblivious to the fact
that
the way in which sexuality manifests –
not necessarily in
• action,
but in
• inclination –
reveals
one's whole character
with all one's
• attitudes,
• personality and
• ego trends,
• problems and
• impurities,
as well as one's
• already purified beauty.*

*All that information [about one's whole character]
is
• revealed and
• available
to anyone
who knows
• how and
• where
to look for it.*

*All too often
sexual attitudes
are dealt with
in a glib way
by simply judging them
as
• healthy
or
• neurotic,
or as morally
• right
or
• wrong.*

***There is also a
defiant refusal
to recognize
the keys
contained in them [i.e., the keys contained in sexual
attitudes, actions, and inclinations].***

***In such cases [i.e., cases where there is a defiant refusal to recognize
the keys contained in sexual attitudes, actions, and inclinations]***

***• these manifestations [of sexual attitudes, actions, and inclinations]
are separated from
• the rest of the person***

***as if such inclinations [in sexual attitudes, actions, and expressions]
were purely a matter of
• taste, or
• inborn traits
such as
being born with blue eyes or brown.***

***Labels
are so often
supposed to take care of the matter.***

***Often
the spiritual
message
of the
inner reality
is completely overlooked,
no matter how
• clearly and
• loudly
it [i.e., the spiritual message that the inner reality]
speaks
through a person's
sexual inclinations,
whether [these sexual inclinations are]
• allowed to manifest [in the person's life]
or
• denied and
• repressed.***

*If character defects
deform
one's sexual drive
into*

- *cruel,*
- *destructive*
[sexual] fantasies,

*to act them out [i.e., to act out these cruel and destructive sexual fantasies]
is just as unnecessary as
to act out
other destructive feelings.*

*The same is true for
any murderous feelings
you own up to on your path;*

*they [i.e., any murderous feelings you discover and own up to on your path]
don't need to be acted out
in order for you to be able to*

- *face,*
- *understand,*
- *accept, and*
- *deal with*
them

and to

- *recognize*
their inner meaning.

29

*It is precisely because
sexual energy
is
so powerful
that*

- *every*
- *small,*
- *apparently insignificant*
attitude
existing in the human personality

*reappears
symbolically
in one's
sexual expression.*

*The way
sexuality
expresses itself in an individual
mirrors
those
inner aspects
which the person
desperately
needs to be aware of.*

*My friends,
it is a question of
learning to
use
this knowledge.*

*Look at
your sexuality
in a new way.*

- *What does it [i.e., what does your sexuality]
reveal to you
about*
 - *your non-sexual nature,*
 - *your person,*
 - *your attitudes,*
 - *and so on?*

- *Where does your sexuality
expose*
 - *your problems, and*

- *where and*
- *how*
 - *does it [i.e., does your sexuality]
reveal*
 - *your purified nature?*

30

When
you and your partner
are not fusing
at [any specific] one of
the four levels [of sexuality] we discussed [i.e., not fusing at any
specific one of the four levels: the physical,
emotional, mental, or spiritual],

then that [lack of fusing with your partner at that one specific level]
must be apparent
in your life [overall].

Let us say that
your

- **attractions,**
- **needs, and**
- **desires**

are strong on
the physical level.

Let us assume
you are ready to

- **expose yourself**
- on that level and**
- **seek fusion**

there [i.e., seek fusion on the physical level].

But let us also assume
that on

- **the emotional and/or**
- **the mental**

level

this is
not at all the case.

There [i.e., on the emotional and/or mental level]
you

- **wish to keep separate and**
- **do not wish either**
 - **to give, or**
 - **to risk, or**
 - **to constantly integrate**

each level
on a yet
higher plane.

	<p><i>The physical level [of your sexual drive] will then not only become severely restricted, but the nature of your sexual drive [i.e., the nature of your sexual drive being to hold back fusion and keep separate from your partner on the emotional and/or mental level] must, in one form or another, reveal the</i></p> <ul style="list-style-type: none">• <i>emotional and</i>• <i>mental attitudes</i> <p><i>you may keep hidden [in other areas of your life beyond the sexual areas].</i></p> <p><i>You may have no notion [or awareness] that these [emotional and mental] attitudes [in other areas of your life] reappear in a sexualized form [in your relationship with your partner, here],</i></p> <ul style="list-style-type: none">• <i>infused and</i>• <i>magnetized</i> <p><i>by the sexual force.</i></p>
31	<p><i>If the negativities of the psychic system [i.e., the psychic system overall, beyond the sexual arena] are denied consciousness,</i></p> <p><i>the sexual experience must be</i></p> <ul style="list-style-type: none">• <i>blocked,</i>• <i>flat,</i>• <i>unsatisfactory,</i>• <i>mechanical</i> <p><i>and, in more severe instances, even</i></p> <ul style="list-style-type: none">• <i>totally paralyzed.</i>

***If this denial [of negativities of the psychic system]
is removed [such that the negativities of the psychic
system become conscious],
the sexual inclination
may show up
[the corresponding now-conscious negative]
character tendencies
such as
finding pleasure
in being cruel [i.e., being cruel in sexual interchanges
with your partner].***

***There are
many
• variations and
• details
that cannot possibly be generalized.***

***For example,
if [in the overall psyche, facing its own negativities such as cruelty,]
both
• the guilt [i.e., guilt for one's own cruelty or other negativity]
and
• the ensuing self-punishment [i.e., self-punishment for one's
own cruelty or other negativity]
are
• denied and
• repressed,
they [i.e., the guilt and ensuing self-punishment]
may show up
in a sexual inclination
to be
• hurt,
• humiliated, or
• rejected.***

***There are
innumerable
• possibilities and
• meanings.***

	<p>Each sexual fantasy must be</p> <ul style="list-style-type: none">• reawakened and• allowed to be, <p>so that it [i.e., so that the sexual fantasy] can be understood.</p> <p>This [i.e., This bringing underlying cruelty and other negativity in the psyche to consciousness by coming to understand how such cruelty and negativity is expressed in your sexual fantasies] is the only way to bring stagnant sexual energy back into a flowing state,</p> <p>even if it first means living out the fantasies, either</p> <ul style="list-style-type: none">• in your mind <p>or</p> <ul style="list-style-type: none">• in a playful way within an<ul style="list-style-type: none">• intimate and• established <p>relationship.</p>
32	<p>Often the deviated sexual expression [revealed in your sexual fantasies]</p> <ul style="list-style-type: none">• is quite conscious and• is<ul style="list-style-type: none">• indulged in and• enjoyed <p>to whatever degree it is possible to do so in this hampered [and distorted] way.</p>

However,
such [deviated] sexual expression
is not connected to
its [i.e., not connected to the deviated sexual expression's]
deeper meaning –
[rather,]
the person
simply assumes,
"this is the way I am," [regarding my sexuality]
and
is unwilling to give up
this [deviated sexual] pleasure,
convinced that
this [pleasure from deviated sexual expression]
is the only way
he or she can have pleasure.

This [i.e., this belief that this pleasure from deviated sexual expression
is the only way one can have pleasure]

is
totally untrue;

the pleasure [in the healthy sexual expression between partners]
that would become available
if
the negative characteristic [in the psyche revealed in the deviated
sexual expression that gives pleasure]
were recognized

is
incomparably higher [than the pleasure from the deviated sexual expression]
in

- **intensity and**
- **quality,**

and
nothing
has to be given up for it.

	<p><i>In order to change, one first allows oneself to make the connections between</i></p> <ul style="list-style-type: none"><i>• the recognized negative trait [in the deviated sexual expression revealed in one's sexual fantasies],</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• the non-sexual aspects of one's being.</i> <p><i>From there, a natural transformation in the direction of the sexual current will organically take place.</i></p>
33	<p><i>You who have been working on this path for some time have already confronted some of your negativities.</i></p> <p><i>Can you believe that these negativities do not express themselves in your sexuality?</i></p> <p><i>Can you, even for an instant, assume that your negativities</i></p> <ul style="list-style-type: none"><i>• do not manifest in your sexual attitudes</i> <p><i>and therefore</i></p> <ul style="list-style-type: none"><i>• do not influence your capacity for</i> <ul style="list-style-type: none"><i>• fulfillment,</i><i>• fusion, and</i><i>• bliss?</i>

That [i.e., assuming that your negativities do not manifest in your sexual attitudes and therefore do not influence your capacity for fulfillment, fusion, and bliss]
would indeed be foolish.

So perhaps
this [use of what manifests in your sexual expression and is revealed in your sexual fantasies]
could be
a new way
for you to approach
your task
of seeing
• what specific negativities
cause
• what specific manifestations.

To some extent
you have made these connections [i.e., these connections between cause and effect],
but not anywhere near the extent
of what is available
for you to
• discover and
• use
in this way [i.e., in this way of using your sexual expressions, fantasies and experiences to discover causes and effects in other areas of your life].

This [use of sexual experience, fantasies, and investigation]
will be
an extremely exciting undertaking for you,
one that will yield many keys.

The more
• specific you can be,
the more
• revealing and
• enlivening
• your insights and
• your understanding
about yourself
will be.

34

*You all know
that
making the connections
between*

- *cause*

and

- *effect*

*is an important aspect
of*

- *personal development and*
- *self-confrontation.*

The greatest

- *pain and*
- *dissonance*

*in the human personality
exists*

not only
because of the split

- *between the levels of the personality,*

but also
[because of the split]

- *between cause and effect.*

*Nothing
is more painful
than suffering
an effect
whose cause
you ignore.*

35

*For most human beings
it is still inconceivable to
**combine sexuality
with spirituality.***

*This concept [of combining sexuality with spirituality]
is bound to change soon;*

*the spiritual influxes of today
have already wrought
the beginning of
a new era.*

*In former times,
• sexuality
and
• spirituality
were considered
antithetical.*

*It was
not known
that
• true spiritual union
is a consummate result of
• union on all levels of being,
including
the physical-sexual one.*

*It was
not known
that
• total integration and
• oneness
must
bring
• sexuality
into alignment with
• spirituality.*

*The realization of
your spiritual life
is possible
only
as a result of
• total unification
on all these other levels,
and certainly never
as a result of
• splitting off
any one part from the other.*

*The real meaning
of spirituality is
• oneness and
• wholeness,
and that means
it must include
• all there is.*

*Satisfying relationships with others
therefore
always mirror
the degree of the individual's
inner unification.*

*If you cannot find
union
with others,
you are
in disunity
within yourself.*

36

*The difficulty
human beings have
in unifying*

- *spirituality*

and

- *sexuality,*
even in a concept,

*is due precisely to
what I explained before –
namely,
the fact that
hidden evil
manifests*

- *in and*
- *through*
the sexual expression.

*This is why
for centuries
spiritual teachings
have postulated that
sexuality
is a hindrance to
spiritual development.*

*At an earlier time in history,
there was a reason
for such postulates.*

*They were
not all that wrong
at that time.*

*Early humanity's
less developed state
made people
act out
their*

- *brutality and*
- *bestiality*

*through
their*

- *sexuality.*

- *Consciousness and*
- *conscience,*
- *the influx of the spirit,*
existed
to a much lesser degree than.

Everything
was
acted out

- *with impunity and*
- *in self-righteousness.*

The stronger ones

- *had the rights and*
- *needed no excuses.*

The ability for

- *restraint and*
- *discipline*
was practically
non-existent.

The capacity for

- *empathy with others*
was extremely
 - *weak and*
 - *rare.*

In such a world
the powerful drives [such as sexuality]
had to be restrained
in order to make
any
influx of the spirit
possible.

This explains
the long eras
when
spiritual exercises
were used
to restrain
natural instincts.

*On the one hand,
spiritual development
proceeded,*

*on the other,
it [i.e., spiritual development by way of spiritual exercises and other means]
also
constrained
humanity's natural drives,
and
this [constraint on humanity's natural drives]
was
temporarily
necessary.*

*Only now,
as humanity
enters
a new spiritual era
of unfoldment,
are human beings
strong enough*

- to look at
their hidden instincts and*
- to purify them
without
danger of
acting them out.*

*Yet, even today
hardly anyone
knows
the fine line
between*

- safe,*
- honest*
 - expression and*
 - admission
of negative material,*

and

- destructive
acting out.*

*You
on this path
are indeed
pioneers
in learning
the all-important art
of
making this distinction [between expressing and
acting out your negative material].*

*Only in this way [i.e., only by discovering and purifying your hidden negativities
without acting them out]*

can you

- unify
your total person,*
- purify
all aspects of yourself, and*
- safely
bring out the sexual drive
in whatever way it now manifests.*

*The current predominance
of*

- stagnation,*
- low vitality, and*
- frequent sexual problems*

*are a result of
hemming in
your negative life force
because
you could
not
deal with it
safely.*

	<p><i>You are now learning a</i></p> <ul style="list-style-type: none">• <i>new and</i>• <i>marvelous</i> <p><i>method</i> <i>of</i> <i>freeing your instincts</i> <i>for the purpose of</i></p> <ul style="list-style-type: none">• <i>purifying and</i>• <i>revitalizing</i> <p><i>your life.</i></p>
37	<p><i>If the energy of the life force</i> <i>is concentrated in</i></p> <ul style="list-style-type: none">• <i>unrecognized and</i>• <i>unfaced</i> <p><i>evil,</i></p> <p><i>then</i></p> <ul style="list-style-type: none">• <i>the energy [of the instinctual life force] itself</i> <i>is feared and</i>• <i>a state of stagnation [and numbness]</i> <i>becomes preferred</i> <i>as the lesser evil [and preferred over possibly allowing the</i> <i>instincts to manifest evil].</i> <p><i>This numbness [and stagnation]</i> <i>may be</i> <i>regretted</i> <i>and the yearning [to let the instinctual life force manifest]</i> <i>therefore</i> <i>may become</i> <i>unbearable,</i></p> <p><i>but</i> <i>the inner person</i> <i>is still</i> <i>too</i></p> <ul style="list-style-type: none">• <i>puzzled and</i>• <i>fearful</i> <p><i>to do otherwise [than stagnate and stay numbed].</i></p>

*The evil
is [thereby] denied
and the personality
may then
try to force
the sexual drive
artificially [i.e., by superimposing self-will rather than allowing
the organic emergence of the instinctual sexual force]
with
very unsatisfactory results.*

*The person
may resort to
artificial stimulants,
and then
sexuality
becomes
even more split off
from the rest of the personality.*

*The split
among the levels [i.e., among the physical, emotional, mental, and
spiritual levels]
creates
further short-circuits.*

38

*The dissonance
among
the various levels [i.e., physical, emotional, mental, and spiritual levels]
may [for example] manifest in perhaps
the following way.*

*The emotional level
expresses,

"I do not want to love"

which indicates
denied hate.*

*The mental level
might say,*

*"I ought to love,
and if I do not,
I am bad
and have no pleasure.*

*So
I must
force myself
to love."*

*Another mental level
may simultaneously say,*

*"I have
no use for you;
you are bad,"
as an*

- excuse and*
- explanation*

for not loving.

*The physical-sexual level
may say,*

*"I want to possess you
to have my pleasure."*

*In such a predicament,
sexuality
is either
annulled,*

*or it
functions in what is referred to as
perversion –
pleasure in*

- giving pain,*

pleasure in

- denying*
- the self and*
- the other.*

- *Hating,*
 - *selfish,*
 - *cruel*
- sex*

always

produces guilt

which is then

- *dismissed and*
- *rationalized*

as coming from a

- *puritanical and*
 - *unenlightened*
- attitude.*

But

guilt

still prevails,

in spite of

all "enlightenment."

Where

is the origin

of such a guilt?

Surely guilt

begins in

the concealed

- *hatred and*
- *brutality*

that manifests

covertly

in sexual expressions,

whether or not

one admits to

having these feelings.

If one's desires

- *to put down others,*
- *to be self-serving, or*
- *to be*

- *exploitative and*
- *unmindful*
of others

are not dealt with
directly,

they [i.e., one's desires to put down others or to be self-serving, exploitative
and unmindful of others]

pollute
holy sexuality.

And

sexuality
is indeed
holy.

When

sexuality
is used in the service of

- *ego aggrandizement and*
- *lust for power,*

it [i.e., sexuality]

cannot help but produce

- *"inexplicable" guilt, or*
- *guilt*
that is explained away
with people's
 - *backgrounds*
and with
 - *early influences.*

39

*Nothing is as dangerous
as using a powerful spiritual energy in a*

- *destructive,*
- *inverted*
way,

whether in

- *actual fact*

or in

- *thought and*
- *attitude*
only.

When

- *killing and*
- *hating*
are embedded
in sexuality,

sexuality

becomes

- *vicious and*
- *antagonistic to spirituality.*

This is why

*people acted out for millennia
the most bestial drives
in sexuality,*

thus

giving rise to the belief

that

sexuality was in itself bestial.

Only now

is it possible

for human beings

to

- *take every conceivable evil,*
- *face it, and [yet]*
- *not*
act upon it.

Today
there is a conscience in people
that makes them
quite aware
when they are vicious.

This awareness [or this conscience]
is not
always on the surface,
for people usually try to avoid
what they know [on a deep level],
but it [i.e., this conscience] nevertheless
exists
within the psyche [i.e., although it is not always on the
surface, the conscience always
exists deep within the psyche].

Therefore [i.e., because this conscience always exists within the psyche]
there is a reluctance
to give in to
the sexual drive,
for it [i.e., for the sexual drive]
brings out
one's
• denied negativities,
one's
• evil, and
• destructiveness.

*If you use this key [i.e., this key that you have a strong, adequate, and truthful conscience],
in the spirit of the pathwork [i.e., in the spirit of seeing your negativities and evil without self-condemnation and without acting them out],
to allow yourself
to*

- see and*
- admit*

the truth,

you will not only

- gain deeper insight into yourself,*
- make new connections, and*
- purify yourself more,*

*but you will
activate
the sexual power
that was so elusive for you before.*

*You thus
will*

- free your sexuality and*
- simultaneously*

*integrate it [i.e., simultaneously integrate your sexuality]
with
your spiritual self –
without*

- untimely,*
- compulsive*

*forcing,
but [rather]*

- in a natural process.*

*You will
free the sexual energy
from
the negative involvement.*

	<p><i>The awareness of where you are caught in a negative sexual expression must be combined with the full understanding of the meaning of this hookup [i.e., the meaning of this hookup of the negative sexual expression with a corresponding negativity in the psyche].</i></p> <p><i>You must account for the negative expression of your sexuality.</i></p> <p><i>How does it [i.e., how does the negative expression of your sexuality] reveal [in your psyche] your • selfishness, your • cruelty, your • lovelessness, your • greed?</i></p>
41	<p><i>Deal with this, my friends.</i></p> <p><i>The more you do this,</i></p> <ul style="list-style-type: none"><i>• the less blocked you will find yourself to be,</i><i>• the more spontaneous the inner movement will become,</i><i>• the more revitalized will you be by the experience of fusion, and</i><i>• the more your involuntary forces will function.</i>

*But you
must first
take the risk of
allowing
the involuntary forces
to reveal
the deepest aspects of your evil
which you are otherwise [i.e., which you are by ways
other than by allowing the involuntary
forces to reveal your evil]
unable to discover.*

*Your
most secret sexual fantasies,
if examined
in the clear light of truth
for what they really are,
will be
your liberation.*

*No truth
is ever
too much to bear.*

*No truth,
if perceived
with a sense of realism,
can ever diminish*

- *your spirit and*
- *your true self.*

*Thus
you*

- *become alive and*
- *awaken from
your deadness.*

*You will
free yourself
from your fears.*

42

*Before ending this lecture,
I want to say just one more thing
in connection with this topic.*

The
• *masculine*
and
• *feminine*
principles in the universe
express themselves
in every creative act.

*How do they [i.e., How do the masculine and feminine principles]
express themselves*
• *between*
and
• *within*
the two partners?

The masculine principle
expresses the
outgoing movement
of
• *reaching,*
• *giving,*
• *acting,*
• *initiating,*
• *asserting.*

The feminine principle
expresses the
receptive movement
of
• *taking in and*
• *nurturing.*

In

- *distortion and*
- *negativity*

***the masculine principle
manifests as***

- *hostile aggressions,*
- *hitting*

rather than

- *giving and*
- *reaching.*

***The feminine principle in distortion
turns from***

- *loving receptivity and*
- *nurturing*

to

- *grasping,*
- *grabbing,*
- *stealing,*
- *holding tight,*
- *catching, and*
- *taking without letting go.*

***These principles manifest
in every living act.***

***Both principles,
in***

- *harmony and*
- *distortion,*

exist

in both

- *men and*
- *women.*

***They [i.e., both the masculine and feminine principles in harmony and distortion]
can easily be detected
with a minimum
of self-observation.***

	<p><i>They [i.e., both the masculine and feminine principles in harmony and distortion] are manifest as soul movements that may or may not also manifest as physical acts.</i></p>
43	<p><i>These [masculine and feminine] movements exist in absolutely everything that could ever</i></p> <ul style="list-style-type: none"><i>• be created or</i><i>could ever</i><i>• be.</i> <p><i>They [i.e., these masculine and feminine movements] are integral manifestations in Creation.</i></p> <p><i>Once you ascertain the manner in which both [the masculine and feminine] principles express themselves in you,</i></p> <p><i>it is easily possible to connect these expressions [of both the masculine and feminine principles] with your</i></p> <ul style="list-style-type: none"><i>• mental,</i><i>• emotional, and</i><i>• physical levels.</i> <p><i>Allow yourself this vision.</i></p>

***Satisfying fusion
between a man and a woman
is possible
only to the degree
that
both [the masculine and feminine] principles
work in harmony
within
both partners,
and thus
complement each other
in the act of fusion.***

***If there is
no harmonious interplay
within
your own
[inner] psychic system
of the
• masculine and
• feminine
principles,***

***if there is
• distortion and
• imbalance
there [i.e., distortion and imbalance of the masculine and
feminine principles within your own psychic system],
then this [distortion and imbalance of the masculine and feminine principles
within your own psychic system]
must inevitably
also manifest
• in your
choice of partner and
• in the way
you conduct the relationship.***

44

*Harmonious fusion
builds up to a point of
total fusion.*

*Total fusion
is the
total fulfillment
which the two movements [i.e., the masculine and feminine movements]
find
in their culmination.*

*This is again a
universal phenomenon
to be found in
every creative act,
whether this be*

- the creation of
a planetary system,*
- the creation of
a simple object, or*
- the unifying of
two loving mates.*

*This point of fusion
which you may call orgasm
is the total fulfillment;*

*the aim
has been accomplished
in spirit
to the degree that
this fusion
is now possible
for the striving entities
in whatever
creative act.*

*This creative experience
can take place
only to the degree
that*

- *negativities and*
- *egotistical defenses*
are being abandoned,

and

- *the involuntary movement*
is
- *accepted,*
- *welcomed, and*
- *followed.*

*The creative experience
will continue to expand
until
total union
with the whole
takes place.*

*Then [i.e., when the total union with the whole has taken place]
the entity stays
at the point of fusion
in unending spiritual bliss.*

*But
as long as
the universe
has not found
its completion
by filling the void
with spiritual light,
orgasm in creation
can only be temporary.*

Hence
the parts
• find themselves
separate again
and
• continue their striving
forever more,
until
• one is all and
• all is one,
until
• there is
• no more darkness
and
• only
• spiritual light,
• truth, and
• beauty
prevail.

45

If all of you
could really know
that you have
an inexhaustible treasure
of
• security,
of
• love, and
of
• light
in you!

*The only thing
that blocks you off
from it [i.e., from knowing and experiencing this inexhaustible treasure]
is
your
• thinking,
your
• not knowing,
your
• not wanting
• to feel,
• to know, and
• to consider
this truth.*

Make use of this truth.

46

*My friends,
I assume there must be many questions about this topic.*

I suggest that we treat them in the next question and answer session.

*At this particular point,
the energy is
• very beautiful,
• very strong, and
• very vital.*

*Let yourselves
be moved by it [i.e., be moved by this very beautiful, strong, and vital energy].*

*Let the spirit
move you
into
a freer
expression*

*and
work with
this energy
now.*

47

*I leave you
with*

- *this golden flow of energy and*
- *the feeling*

that has been elicited in most of you.

*Be blessed
in the*

- *truth of life*

that is available at all times,

in the

- *truth of love,*

in the

- *love of truth, and*

in the

- *peace of spiritual reality.*

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork® Foundation
PO Box 6010
Charlottesville, VA 22906-6010, USA
Call: 1-800-PATHWORK, or
Visit: www.pathwork.org

The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.