Pathwork Lecture 205: Order As a Universal Principle

1996 Edition, Original Given November 17, 1972

This lecture is given in an **expanded poetic format,** what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The **original text** is in **bold and** *italicized*. [My adds of commentary/clarification/interpretation are in brackets, italicized, and <u>not</u> bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to https://www.garyvollbracht.com/pathwork-lectures-devotional-format/

Gary Vollbracht

1	Content
03	Greetings, divine blessings for all of you, my dearest friends. Tonight's lecture is on a topic I have never discussed before.
04	The universe is a miracle of order. Every particle in it [i.e., in the universe] is always in its proper place.

```
Infinitesimal little
    • cogs and
    wheels
         • mesh,
         • interact,
         • complement one another and
         • create
           an immense mechanism
                that humankind
                   can never
                       even remotely
                          conceive of.
The

    harmony and

    • grandeur
         of creation
           could not exist
                without
                  the underlying principle of order;
this universal order
    has an
         • exactitude and
        • mathematical precision
           that escapes
                human vision.
Only at times
    do you vaguely sense
        the existence of
           a greater order.
In the fragmented
    human perspective
         where everything
           is seen
                out of context,
you perceive
    • disorder and
    • chaos.
```

```
The
                  • disorder and
                  • chaos
                       on the human level of life
                         are, of course,
                              real,
                                 because
                                     they [i.e., disorder and chaos]
                                        are consequences
                                            of a distortion.
              You may
                  perceive
                       what appears as chaos
                          also in nature,
             for some natural phenomena
                       apparently
                          destructive.
              Yet,
                  in that very occurrence [of apparently destructive phenomena in nature
                                            that you perceive as disorder and chaos]
                       a larger order
                         manifests itself.
05
              Orderliness
                  is a by-product
                       of
                         divine harmony.
```

```
In this lecture I will discuss
                   what constitutes
                          • inner
                               • order or
                               • disorder,
                       as well as
                          • outer
                               • order or
                               • disorder,
                   and their [i.e., inner and outer order or disorder's]
                       • meaning,
                       • connection, and
                       • relationship.
06
              Inner order
                   exists
                       • when human beings are
                          fully conscious,
                       • when there is
                          no longer
                               any
                                  unconscious material
                                      in the soul.
              Since there is
                   no human being
                       of whom this could be said [i.e., since there is no fully conscious
                                                                            human being],
              order,
                       like other divine manifestations,
                  exists
                       only
                          to relative degrees
                               in human life.
```

```
One can experience [any divine manifestation, such as]
                   • love,
                   • truth,
                   • wisdom,
                   • peace,
                   • bliss,
                   • reality,
                        only
                           • relatively
                           • to varied degrees.
              So it is with [the divine manifestation of]
                   • order [i.e., one can experience order only relatively to varied degrees].
              An entity that is
                   totally conscious
                        of
                           • itself and
                           • the universe
                               is no longer born [i.e., incarnated]
                                   into
                                       • human substance and
                                       • material manifestation.
               Such an entity's [i.e., Such a totally conscious entity's]
                   • life and
                   • whole being
                        are
                           in total order,
                               with no loose ends.
07
               Conversely,
                   wherever
                        awareness is lacking
                   it [i.e., the lacking awareness]
                        indicates
                           disorder.
```

```
If you are
                   not aware,
                        • you cannot be in truth;
                        • things slip away from you.
                        • You become confused.
                        • Confusion and
                        • disorder
                           interact
                               as vou
                                  grope in the dark,
                                       • struggling to make a patchwork
                                          of the half-truths
                                              at your disposal,
                                       • using
                                          anything
                                              to fill the

    holes and

                                                  • gaps
                                                      of your chaos.
08
              Most people
                   can recognize
                        this struggle in themselves [i.e., this struggle going on within themselves
                                       to make a reasonably cohesive fabric from a patchwork of
                                       the half-truths at their disposal, using anything to fill the
                                       holes and gaps of their chaos],
                           if they focus on it [i.e., if they focus on the struggle going on within].
               The disorderliness
                   of the mind
                        becomes frantic
                           in the attempt
                               to impose [i.e., to force and superimpose]
                                  a false order [onto the disorderliness],
                                       which [situation, i.e., the situation of the disorderly
                                                      mind's frantic attempt to superimpose a
                                                      false order onto the disorderliness]
                                          heightens
                                              • the discomfort and
                                               • the disorderliness.
```

```
It is as if
    you were to shove dirt under your furniture,
         where it cannot be seen.
The atmosphere [i.e., The atmosphere of the disordered mind – the dirt
                                       you have shoved under your furniture]
    reeks
         of the
            hidden waste.
• False opinions and
• obsolete behavior patterns
    are
         literally
            waste material,
                to be disposed of.
If they [i.e., If false opinions and obsolete behavior patterns]
    remain in the psyche,
all your
    • opinions,
    • perceptions,
    • actions and
    • decisions
         will be based on
            • half-truths
         or [even]
            • complete distortions and
            • errors.
The result
    must be
         • chaotic and
         • disappointing.
```

```
Unless
                   a person is willing
                        to make order
                           by examining carefully
                               every single
                                   • attitude,
                                   • belief,

    reaction and

                                   • feeling,
               he or she
                   will continue to do
                        patchwork [rather than creating a cohesive whole fabric]
                               the whole fabric [made up of separate disparate pieces, a
                                       patchwork of half-truths, distortions, and errors]
                                  falls apart.
               False structures [here structures of the mind made up of a patchwork of
                                                       half-truths, distortions, and errors]
                        always collapse.
               The most radical collapse
                     is
                        physical death,
                           which always affords the possibility
                               to start anew
                                   with a clean slate.
09
               On the day to day
                   outer plane
                        the same process holds.
               It [i.e., the outer life]
                   is not merely
                        symbolic of
                           the inner life,
               it [i.e., the outer life]
                   is an
                        expression of
                           it [i.e., an expression of the inner life].
```

```
The person who [in his outer life]
                  • accumulates
                       useless material
                          in his
                               • closets and
                               • drawers,
                  • never cleans out,
              and [at the same time]
                   • thinks he can
                       superimpose
                          a functional order [in his outer life],
              lives in the illusion
                   of a
                       false [make-believe] order
                          at a great expense.
10
               There is
                   a direct connection
                       between
                          • order
                       and
                          • awareness.
              When there is
                   disorder
                       in the life of a person,
              he or she is
                  • escaping from something,
                  • pursuing a policy of
                       avoidance and
                   • creating
                       the darkness of
                          disorderliness.
```

```
You can perhaps see also
    another connection [between order and awareness and avoidance]:
         • Avoidance
           fails to establish
                • order
                   on whatever level;
         • avoidance
      and
         · lack of awareness
           are
                intimately connected.
On the
    inner level
         this [avoidance through lack of awareness, and hence
                                             this not establishing order]
           happens
                when you are
                   not dealing with [i.e., when you are avoiding]
                       • the old
                          • mental and
                          • emotional
                              accumulations
                                 that need to be
                                      discarded
                [i.e., need to be discarded]
                   so that the
                       • the currently valid
                          • thoughts and
                          • feelings
                               can fit into
                                 the appropriate channels.
[After the old obsolete mental and emotional accumulations are discarded
```

[After the old obsolete mental and emotional accumulations are discarded and the current valid thoughts and feelings are added]

One then

- becomes self-aware and
- can institute a [new]
 - harmonious and
 - fluid

operation

within the psychic system.

```
11
              On the material level,
                   one cleans house.
                       The focus
                          may be on
                               one's
                                  • belongings,
                               one's
                                  • things.
                       It [i.e., The focus]
                          may be directed to
                               one's
                                  • financial affairs,
                               one's
                                  • use of time.
                       It [i.e., Cleaning one's house]
                          may mean [focusing on]
                                  • facing and

    overcoming

                                      habits of procrastination,
                                         the pattern of
                                              postponing things,
                                         rather than
                                              dealing with them
                                                 as they come up.
              The object [of one's cleaning house on this outer level, the material level]
                   in every case
                       is
                          to free one's life
                               of clutter.
```

```
12
              In
                  • inner
                or
                  • outer
                       life
                          the principle is the same.
              One
                  makes a decision
                       to devote
                          • time,
                          • effort and
                          • care
                              to the smooth running
                                  of one's life.
              The greater
                  the accumulation
                    [i.e., in one's INNER life the greater the accumulation of old no-longer-
                    current thoughts and emotional material and patterns, and in one's
                    OUTER life the greater the accumulation of belongings, the more wasteful
                    the use of time and money, and the greater the level of procrastination],
              the greater
                  effort
                       one will have to expend
                          to establish order.
              In the process [of establishing order],
                  • new habit patterns
                       are formed;
                  • you deal
                       instantly
                          with what you used to avoid,
                  • you focus your attention on whatever
                       the moment
                          may need.
              Then [i.e., After order is thus established]
                  a new
                       inner peace
                          automatically
                              establishes itself.
```

```
No matter
                   how much you
                       • meditate and
                       • pray or
                       • devote your energies to
                          • spiritual or
                          • artistic
                               issues,
              this [inner] peace
                   will be lacking
                       if
                          • inner
                       and
                          • outer
                               disorder
                                  clutter up your life.
13
                   • Avoidance
              is
                   • escaping from
                       what is.
              It [i.e., Avoidance and escaping from what is]
                   means
                       you do not know
                          what is going on -
                               • inside
                             or
                               • outside.
              [Being unaware of what is going on inside or outside,]
                   You become

    confused and

                       · disorganized,
                          no matter how much you
                               try to hide
                                  this fact [i.e., try to hide this fact that you are confused
                                                                            and disorganized]
                                      from your consciousness.
```

```
You well know that
    the path
        will always
           bring you
               to what you
                   want to escape from.
As far as your
    inner pathwork
        is concerned,
           [i.e., Through your inner pathwork]
               you create
                   more
                       • order
                 and
                   more
                       • light
                          as you
                              face
                                 what you had evaded.
[By creating more order and light as you face what you had evaded]
    You literally
        feel
           in your being
               an inner
                   • cleanliness and
                   • order
                      you had lacked before.
But [conversely,]
    when
        • you do not know [because you have been evading what
                                            you could and should know],
    when
        • you continue to avoid [that which you have been avoiding],
    you dwell in a
        dark mire
           which
               feels
                   very uncomfortable.
```

```
14
              A third aspect of order [in addition to 1) the aspect of awareness or lack
                          of awareness of a fact and 2) the aspect of facing or avoiding a fact]
                   is
                       reality [concerning a fact versus illusion concerning a fact].
              When you are in
                   disorder,
              vou live in
                   the illusion
                       that
                          vour
                               • evasions,
                          vour
                               • not dealing with
                                  what must be dealt with
                                      if you are to live in
                                          • peace and
                                         • comfort,
                                              will not have any impact on
                                                 your life.
              [When you are in disorder]
                   You delude yourself
                       into believing
                          • that avoiding
                               does not matter,
                          • that you will be
                               unaffected by it [i.e., by the avoiding],
                          • that
                               what you
                                  don't do [and what you avoid doing]
                                      has no creative impact
                                         on your life substance.
              But
                   nothing
                       that you
                          • do or
                          • don't do,
                          • commit or
                          • omit.
                               is without consequences.
```

```
• Not doing something
                        creates
                           • conditions and
                           • psychic substance
              just as much as

    doing something

                        [creates conditions and psychic substance].
               This [i.e., Doing or not doing something having consequences]
                   applies
                       as much
                           to a person's
                               • outer

    habits and

                                  • orderliness,
                                       or its [i.e., orderliness's] absence,
                        as it does
                           to the [person's]
                               • inner
                                  life.
15
              • Lack of awareness [rather than having awareness],
              • avoidance [rather than facing] and
              • illusion [rather than reality]
                   create
                        disorder,
                           which creates
                               more
                                  · lack of awareness,
                                  • avoidance, and
                                  • illusion,
              until [eventually]
                   • the mind and
                   • the will
                        • decide to
                           confront
                               the issue
                                  • profoundly,
                                  • once and for all,
                   and then
                        • commit to
                           sustaining the order [that was created by confronting the issue].
```

```
16
             Awareness
                    is
                       • dealing with
                       • focusing
                          • profoundly and
                          • completely
                               on
                                  whatever issue is on hand;
              reality
                    is
                       • facing the effects
                          of one's manner of living.
              They [i.e., Awareness and reality]
                  provide the terms for

    order and

                       • harmony.
              Order
                  [in turn]
                       creates
                          more
                               • awareness,
                          more
                               • ability to focus
                                  as life unfolds;
              it [i.e., order, also]
                       allows for
                          more
                               • reality.
```

```
17
              You breed
                   disorder
                       out of
                          your illusion
                               that [whatever the disturbance, problem or
                                                                    disorder is in your life]
                                  "it will go away by itself."
              And then you
                  suffer from it [even further, i.e., you suffer even further from not dealing with
                       the issue directly but rather believing that, "it will go away by itself"].
              You may manage
                   to escape from [being aware of even]
                       this particular [additional] suffering,
                          due also to
                               your disorder.
              Because your avoidance
                   is still active,
              you may manage
                   not [even]
                       to be aware of your suffering.
              [And even when you are aware of your suffering,]
                   You may try to ascribe [your suffering, i.e., ascribe]
                       your
                          • tensions,
                          • anxieties,
                          • discomforts,
                          • pressures,
                          • bad conscience,
                          • nagging discontent,
                               to other matters [rather than to the true cause: your disorder].
              [Nevertheless,]
                   The fact remains that
                       your self-created
                          disorder
                               is responsible for
                                  so much of it [i.e., for so much of your suffering].
```

```
18
              It matters little
                   whether
                        one's neglect of order
                           applies to
                               • the big important issues
                               • the unimportant ones.
              [Even] The smallest neglect
                        • causes
                           disorder and
                        • creates
                           discomfort
                               in the soul.
               This rule [i.e., the rule that even the smallest neglect causes disorder
                                                      and creates discomfort in the soul]
                   applies as much to
                        a person's
                           outer
                               • habits and
                               • life
                   as to
                        the
                           [inner]
                               life of the soul.
19
                   • The outer life
              is always related to
                   • the inner life
                        in some way.
              It is important for you, my friends,
                   that
                        you begin to pay attention to
                           your
                               outer
                                   • life and
                                   • habits
                                       from this point of view.
```

```
So far
                   we have dealt with this relation [between the outer life and the inner life]
                        only vaguely.
               We have
                   not yet examined it [i.e., not examined your outer life and habits]
                           gauge [indicator, or measure]
                               of where a person stands
                                  inwardly.
              Outer disorder
                   diverts so much energy
                        that
                           the inner life
                               must then be short-changed.
20
              Orderliness
                    is
                       a spiritual principle.
              Its [i.e., Orderliness's]
                   • manifestation,
              or lack of
                   • it [i.e., or lack of orderliness's manifestation],
                        reveals something
                           about where
                               the inward person
                                  stands.
               The spiritually unified person
                   is therefore also
                       an orderly person
                           in his or her
                               outer habits.
```

```
He or she [i.e., The spiritually unified person] is
    not only
         clean
            in body,
     but
         equally clean
            in the handling of
                his or her daily life.
A harmonious being
    does not
         accumulate tasks
            by procrastination;
instead of following
    the line of least resistance [by accumulating tasks on a list of tasks
                        to be done later rather than doing tasks as they come up],
he or she
    takes care of chores
         as they come up
            even when
                it is momentarily difficult,
                    valuing
                        the peace
                           that follows.
Creating order
    always
         requires
            an investment of effort.
The spiritually mature person
    does not live in the illusion
         that
            • peace of mind and
            • comfort
                can be attained
                    without
                        investing effort,
         realizing [fully]
            that the gains [in inner peace]
                outweigh the investment [of effort required to
                                              create and sustain order].
```

```
The spiritually mature person
                   has order
                        in
                           all matters of life,
                               • inner
                             and
                               • outer,
              and
                   would not want it
                        differently.
              Such people [i.e., Spiritually mature people]
                    • relish order
                 and
                   • are willing
                        to pay the price for it.
               They are
                   in reality [rather than being in illusion].
21
               When people are
                   disorderly
                        in their
                           outer life manifestations -
                               in their

    person and

                                   • personal affairs,
                                       • their
                                          • physical surroundings,
                                          • money matters,
                               in
                                   • the tasks they have to fulfill -
              a very insidious thing
                   begins to happen.
                        [Namely,]
                           They become preoccupied
                               with the disorder they create.
```

```
This [i.e., This creating disorder and being preoccupied with the disorder
                                                                     they create]
    is often an ongoing process,
         whether they are aware of it or not.
It never occurs to them
    that
        it could be different.
Often they fall into
    the further illusion
        that
            creating order
                requires energy
                   they do not have.
Nothing
    could be further from the truth.
         Disorder [i.e., not creating order, is what]
            • consumes energies,
            • wastes them [i.e., wastes energies],
            • dissipates them [i.e., dissipates energies].
[And further,]
    Since
         order is
             • a divine manifestation,
          and therefore
            • natural,
    the moment
         energy is summoned -
                       perhaps, at first, with some effort -
            energy will be released.
Then [i.e., When energy is thus summoned]
    more energy
         becomes available,
            energy hitherto used
                to

    avoid reality and

                   • keep consciousness dim.
```

```
22
              The creation of
                   • inner
                 and
                   • outer
                       disorder
                          is therefore
                               a tool of the
                                  unconscious
                                      negative intentionality.
              This [i.e., That disorder is a tool of the unconscious negative intentionality]
                   may be a new angle
                       for you to view
                          outer
                               disorder.
              In whatever way
                   disorder
                       exists,
              it fulfills
                  the [negative] purpose of [creating and sustaining]
                       resistance
                          to
                               • harmony,
                               • truth,
                               • health, and
                               • wholeness.
              Disorder
                   creates
                       • tensions and
                       • preoccupations;
              it [i.e., disorder]
                   consumes
                       valuable creative energy
                          that could otherwise be used
                               to find
                                  God
                                      within.
```

```
I repeat:
                   Though one may not be conscious of
                        the anxiety
                           that disorder creates
                               on any level,
                   the anxiety [created by disorder on any of the various levels]
                        is there.
               One's affairs
                   are left unattended,
                        as life
                           constantly slips away,
                                waiting to be
                                   • lived,
                                   • fulfilled
                                       in the morrow.
23
              It is easy to see
                   that
                        if you accomplish your tasks
                           on time [as they come up],
                        • you [then] have
                           control over your life.
                        • You do not accumulate
                           old waste,
                        • you deal at once
                           with the necessary issues,
                        • you do not
                           • avoid,
                           • procrastinate, or
                           • delude yourself
                               that it [i.e., that procrastination]
                                   does not matter.
               This [dealing with matters as they come up]
                     is
                        • healthy,

    necessary

                           control.
```

```
It [i.e., Dealing with matters as they come up and thereby gaining
                                               healthy, necessary control]
    is a function
         that
            the ego
                should perform.
• Disharmony and
• distortion
    create
         imbalance
and
    • a false lack of control [i.e., choosing not to control where one
                        could and should control, hence false lack of control]
         exists
where
     • control
         should be.
This [i.e., Disharmony and distortion]
    always
         also creates
            • the split-off
            • opposite
            • distorted
                condition:
                        False
                           • control [i.e. trying to control where one cannot and
                                       should not control – hence false control]
                tries to compensate for
                        the false
                           • lack of control [i.e. tries to compensate for choosing
                                       not to control where one can and should
                                       control – hence compensate for false lack of
                                       control, or for false letting go of control],
                        and vice versa [i.e., false lack of control or false letting go
                                of control tries to compensate for false control].
```

```
The over-control [i.e., the forced false control – trying very hard to control
                                                      where one cannot and should not control]
                   on the
                       feeling level
                           will be easier to relinquish
                               when control
                                  is exerted
                                       where it is functional [i.e., where the healthy ego is
                                              controlling what it can and should control].
              If you
                   hold yourself together
                       in the
                           right
                               • way and
                           right
                               • place,
              it is [then]
                   easier to
                        • abandon yourself and
                        • relinquish control
                           where that [i.e., where relinquishing and letting go of control]
                   and to
                        • give in [fully, spontaneously, and freely]
                               • feelings and
                               • involuntary processes.
24
              A person
                   with
                        right ego control
                           is capable of
                               surrender
                                  in ways that the person
                                       who lives in chaos
                                          is not.
```

```
In chaotic states
    it is virtually impossible
         to let go of controls
because,
         unless
            one's ego
                has been strengthened
                   through self-discipline,
    one would
         drown
            in one's own chaos.
So, you see,
    self-discipline
        is an
            unavoidable prerequisite
                   • spiritual
                  and
                   • worldly
                       fulfillment.
It [i.e., Self-discipline]
    makes abandonment
        to
            involuntary processes
                safe.
The self-disciplined person
    can surrender
        to
            • spirituality,
        to
            • sexuality,
        to
            • the deeper [involuntary]
                • feelings and
                • processes.
```

It is safe [to do so, to surrender to these deeper involuntary feelings and processes, to spirituality and to sexuality].

```
He or she [i.e., The self-disciplined person]
                   stands on
                       the firm ground
                           of reality,
                               • fulfilling
                                  the functions of the ego,
                           rather than - falsely -
                               • dispensing with it [i.e., rather than falsely dispensing with
                                                             the ego and its proper functions].
25
              Order
                   always means
                        discipline.
               The immature person
                   refuses
                        discipline in any form,
                           associating it [i.e., associating discipline]
                                  parental authority
                                       against which
                                          he continues to wage war.
               This behavior [i.e. Refusing discipline in any form, associating discipline
                                                                     with parental authority]
                   is among
                       the obsolete waste material
                           of soul stuff.
               The more
                  you look for
                       parental authority
                           to take care of your life,
              the more
                  you rebel and
              the less
                   do you adopt attitudes
                       that would make you capable of
                          fulfilling your life
                               with

    ease and

                                  • peace.
```

```
Thus do you
    misinterpret
         • self-discipline
    for
         • deprivation.
                What an error!
Actually,
    the more you
        refuse
            voluntary self-discipline,
    the more you
         unavoidably
            deprive yourself
                of the
                   • peace and
                   • comfort
                       that are its [i.e., that are voluntary self-discipline's]
                          rewards.
You deprive yourself
    of the
        • deep pleasure
      and
         • bliss
            of the
                involuntary
                   life stream
                       that you can only allow to come through you
                          when
                               your ego
                                  stands on
                                      the firm ground
                                         built by
                                             self-discipline.
```

```
26
              Create
                  a new climate
                       in your life
                          that will facilitate
                              • your
                                 • growth and
                                 • development,
                              • the solving of
                                 painful problems,
                              • the fulfillment of
                                 your real needs.
              By learning
                  self discipline,
                       you will establish
                          order in your life:
                              In the way
                                 you arrange
                                     your
                                         • time,
                                     your
                                         • money,
                                     your
                                         • possessions,
                                     your
                                         • surroundings,
                                     your
                                         • personal appearance.
              Arrange your day in such a way
                  that you,
                          at least most of the time,
                       take care of tasks
                          as they come.
              Organize the details
                  in such a way
                       that your day
                          will run smoothly.
```

```
Devote
    • time and
    • effort
            • create this new order and
         to
            • clean up old disorder,
and then
    sustain it [i.e., sustain this new order].
Deliberately
    meditate
         for the
            • energy,
            • consciousness, and
            • guidance
                to follow through.
If you experience
    a great deal of resistance
         to doing so [i.e. If you experience resistance to deliberately meditating for
            the energy, consciousness, and guidance to follow through on creating
            this new order, cleaning up old disorder, and sustaining the new order],
let your helper
    help you
         • express
            the negative intentionality [that is behind your resistance] and
            the meaning of it [i.e., deal with the meaning of the resistance and
                                       its cause – your negative intentionality],
                as you do
                   in all other matters [through your pathwork].
Begin to view your
    • outer
         • life
as a reflection of an
    • inner
         • attitude and
         • intent.
```

```
27
              If the resistance
                   is not too great
                        to establish
                           this
                               new mode of life,
              you will see
                   what a difference it [i.e. what a difference this new mode of life]
                        will make.
                               • Burdens
                                  will fall off your shoulders.
                               • You will relish a
                                  • peace and
                                  • comfort
                                       that will give you clarity
                                          • to solve
                                              your inner problems and
                                          • to surrender to
                                              the deeper [involuntary]
                                                 self.
               When you
                   have control
                        where it is needed
              you
                   can relinquish control
                        where it is not needed.
28
              Outer
                   disorder
                       in a person's life
                           always reflects
                               the inner
                                  attitude:
                                       It [i.e., The outer disorder] mirrors
                                          the inner sense
                                                 • false abandonment [of needed discipline],
                                              of
                                                  • wishful thinking and
                                                  • avoidance [of facing reality].
```

```
It [i.e., The outer disorder]
                           reflects
                                • your illusory state.
Outer
    order [rather than outer disorder]
         in a person's life,
            however, is
                not necessarily
                    a sign of
                        inner

    harmony and

                           • order
                                reached.
[Rather,]
    It [i.e., outer order]
         • may [be], and
         • often is,
            an indication of
                the exact opposite [i.e. an indication of inner disorder].
Then [i.e., when outer orderliness indicates inner disorder]
    [outer] orderliness
         is not an expression of
            • inner clarity,
         but [rather, outer orderliness is]
            • a compensation [for],
            • a false attempt to resolve
                inner
                    disorderliness.
When
    • orderliness becomes compulsive
 and
    • you are
         • tense and
         • obsessed,

    afraid and

         • anxious
            when established routines
                cannot be met -
that [compulsiveness for order and anxiety when established routines are not met]
    is a reliable sign of
         inner
            disorderliness.
```

```
If orderliness
    • becomes
         a burden in a person's life, or
    exists
         at the expense
              of
                 • feelings,
                • expansion,
              of
                • relaxation,
                • freedom,
then
    the innermost being
         is sending a message
            to the conscious self.
The message says,
         "make order in yourself."
But the message
    comes through
         garbled
            because
                • the outer self
            is insufficiently attuned to
                • the inner self.
The outer self
    is still too resistant
         to
            • communicate with
                the inner self
         to
            • trust in its [i.e., to trust in the inner self's]
                guidance and
            • decipher its [i.e., to decipher the inner self's]
                messages.
```

```
Resistance to
    creating
         inner order
            is, as you know,
                always
                   strong.
One person
    • reflects this [resistance to inner order directly]
         in his
            outer life [so that his or her outer life is in disorder,
                                                      disarray, and chaos];
another type of personality
    • misreads the message [from the inner self calling for order]
         and applies it [i.e., and applies the message from the inner self
                                                      that is calling for order]
            only
                to
                   the outer plane [thus leaving out the inner plane].
Order in such instances [i.e., In instances where order is reflected only in the outer
                        plane and is not reflected in the inner plane, order]
    always
         becomes
            • compulsive and
            • obsessive.
The compulsive orderliness [in one's outer life]
    creates
         as much
            • trouble and
            • hardship
                in the person's
                   inner life
         as
            disorderliness does.
The degree varies, of course.
The strongest manifestations [of order that manifest on only the outer plane]
    are
         • wash compulsions, and
         • the like.
```

```
29
               This factor [i.e., the factor that outer order could be compulsive and actually
                               indicate a state of inner disorder rather than a state of inner order]
                   is important to understand
                        so that
                           you do not fall into the error of
                               • blind,
                                • flat
                                  evaluation [in this matter of assessing the meaning of order in
                                                                                     one's outer life].
              Look very carefully
                   to sense
                        the climate
                           of a person's life.
              If
                   • the personal atmosphere is

    relaxed and

                        • easy
                and
                   • the orderliness
                        creates
                           more
                               • ease
                           than
                               • strain
                                   in a person's life,
              then it [i.e., then this orderliness]
                   is indeed
                        an expression of
                           the divine orderliness
                               you find in the universe.
```

```
30
              You have now
                   another tool
                       with which to

    look at yourself

                               in a newer light and
                          • gain
                               new understanding.
              Those who are helpers
                   can apply this tool
                       for
                          • their own benefit
                    and
                       for
                          • those whom they help.
              Wherever
                  you find disorder
                       in your
                          outer
                               life,
                                  in whatever areas
                                      it [i.e., disorder in your outer life] may manifest,
              begin to focus on
                  your discomfort
                       about it [i.e., your discomfort about areas of disorder in your outer life].
              Allow yourself to
                  feel
                       how much it [i.e., feel how much disorder in various areas
                                                                            of your outer life]
                          • disturbs and
                          • harasses
                               you.
              You may be surprised
                   to learn
                       how many of your [inner]
                          • anxieties and
                          • tensions
                               you had ascribed to
                                  insolubly deep conflicts [within yourself]
                                      will vanish
                                         as you discipline yourself [and thereby bring order to
                                                     various outer areas of disorder in your life].
```

```
Of course,
    • the resistance
        to self-discipline,
    • the need
        to make
            disorder
                in your life,
                     is
                       an expression of
                          such deep problems [and conflicts within].
The new awareness
    of its [i.e., of outer disorder's and discipline's]
         importance
            will help you greatly
                   • tackle the problem [of disorder]
                       also
                          from the outside
                 and
                   • actually rearrange your [outer] life
                       in a new way.
You may now
    be far enough
         to do so [i.e., be far enough in your development to rearrange
                                      your outer life in a new way, simply]
            because
                you so choose,
                   [and choose]
                       • with an
                          inner understanding,
                       • not merely
                          to perform
                               an outer obedient act.
```

The latter [i.e., merely disciplining your life to perform an outer obedient act] would not be very meaningful, because vou would • resent it [i.e., resent merely being obedient to an "outer authority" without an inner understanding of why you are doing this] and • make the changes [in order to obey an "outer authority," only] in the expectation of pleasing the parental authority who is supposed to give you what you demand [as a reward for your obedience]. If you then failed to comply [with the imagined outer parental authority's wishes for you to be more disciplined], you would feel **falsely guilty** [falsely guilty since there was in fact no parental authority to be obeyed in the first place in this matter], *which* [rather than helping you in adding the needed discipline] would rather **hinder you** [in adding the needed discipline]. This [risk due to your earlier immaturity that would create unhelpful false guilt for not obeying imagined parental authority in this matter of discipline] is why I waited for so long to discuss this topic [i.e., this topic of order, disorder, and discipline]. 31 Pay attention to how disturbed you really are by your disorder. The resisting part in you [i.e., your negative intentionality not to do your inner work, develop, grow, and evolve in accord with the plan of salvation] knows that if you free yourself of the burden of disorder, vour inner work will be much easier.

```
And the resisting part [i.e., your negative intentionality not to grow and develop]
    wants to avoid
        just that [i.e., wants to avoid making your inner work easier].
The disorderly person
      is
        never
           able to concentrate.
The same [i.e., Never being able to concentrate]
    applies of course also
        to
           the [outwardly] compulsively orderly person
                who merely compensates
                   for the
                       inner
                          disorder [by being compulsively orderly outwardly].
Disorder
    makes
         • concentration and
         • focusing
           impossible.
The mind
    must wander,
        preoccupied
           with
                • things undone,
           with

    disorganized life and

                • chaos.
The mind
    may not directly wander
        toward
           • the disorder,
        toward
           • the immediate disturbance
                created by
                   the disorderliness.
[Rather,]
    It [i.e., The mind]
         may wander elsewhere.
```

```
But if you
                   • follow the [mind's]
                        wandering thought
                           through
                 and
                   • examine the

    content and

                        • climate
                           behind it [i.e., the content and climate behind
                                                              the mind's wandering thought],
               you will see
                   how disturbed you are
                           the many little things in your life
                                that you do not wish to
                                   • tackle and
                                   • set in order.
32
               Often
                   people
                        negate
                           personal order
                                as an
                                   important aspect of life.
               They may even feel
                  it [i.e. feel that personal order]
                        is pedantic [i.e., feel personal order is overly detailed, formal and dogmatic]
                           to speak of it [i.e., even to speak of personal order in their lives],
                                because
                                   it [i.e., because personal order, it seems to them,]
                                        has nothing to do with
                                           the important questions of
                                               · creativity, or
                                               • spirituality, or
                                               • life.
               But it is a fact
                   that
                        the great questions
                           always rest on
                                many little ones [i.e., many little questions].
```

```
When the
                  little
                       attitudes
                          fall into place,
                                  as creation does
                                      in every tiniest detail,
                       then your
                          creative expression
                               will be
                                  • less [rather than more] hampered,
                                  • much more free.
              I ask you
                   not
                       to underestimate
                          this topic [of orderliness].
33
              You are now all [mature enough and therefore]
                  profoundly enough
                       involved with
                          the deeper levels
                               of your
                                  • negation and
                                  • destructive [negative] intent
              so that
                   there is little danger
                       for you to use
                          outer
                               orderliness
                                  as a
                                      • false gauge
                                  and a
                                      • false evaluation
                                         of your
                                             inner
                                                 state.
```

```
And those
                   who newly joined the pathwork
                       are enveloped by
                          the rest of you
                               who are
                                  sufficiently aware of yourselves
                                      to avoid
                                         the danger of
                                             glib judgment [against yourselves or others
                                                     for any disorder or any lack of discipline].
              This danger [of your moralizing your state of disorder or lack of discipline]
                   is another reason
                       I waited so long to give this lecture.
34
              As a task
                  for all of you [i.e., As a task for all of you whether you are
                                                             new or old to pathwork],
                       I suggest that you
                          look at your life
                              from the point of view
                                  expressed in this lecture [i.e., from the point of view of
                                                             inner and outer order and disorder].
                                      In what way
                                         have you
                                              created an order
                                                 that affords you
                                                     • ease and
                                                     • relaxation?
                                      In what way
                                         do you
                                              resist doing so [i.e., do you resist creating order]?
                                      In what way
                                         do you
                                              suffer from
                                                 disorder?
                                                     Are you [even] aware of the fact that
                                                        you do suffer from it [i.e., that you do
                                                                            suffer from disorder]?
```

```
If you are
    not [aware that you suffer from disorder],
search inside
    and
         see the indirect discomfort [i.e., see the discomfort in your life caused
                                                 indirectly by disorder in your life].
[When you do this,]
    Suddenly you will recognize
         many little
            • actions and
            • reactions
                in your daily life
                    in a new light.
You will become
    intensely
         aware of
            • how much
                you do suffer from
                   your disorder
         and

    how it was

                always
                   so.
See how
    your disorder
         • makes you
            lose yourself
                in the wrong way [i.e., makes you lose yourself in the wrong way
                        by lack of control and self-discipline where you should have
                        control and self-discipline – the healthy role of the ego]
    and thus
         • prevents you from
            losing yourself
                in the right way [i.e., prevents you from losing yourself
                        to the inner involuntary divine energies within you].
```

```
35
              In this connection [i.e., in connection with disorder making you lose yourself
                       in the wrong way and preventing you from losing yourself in the right way]
                   I want to come back to
                       avoidance.
              Avoidance
                   exists across the board.
              You want to
                   avoid seeing
                       your
                          • negativity,
                       vour
                          • destructiveness,
                       vour
                          • dishonesty,
                               the little thoughts about
                                  how you
                                      wish to cheat,
                                         even if you do not actually do it.
              This [negativity, destructiveness and dishonesty in so many seemingly little ways]
                   can be so easily

    overlooked and

                       • glossed over.
              These
                   • invisible,

    secret

                       • thoughts and
                       • attitudes
                          • seem
                               harmless to you
                       and
                          • you delude yourself
                               that they have
                                  no impact
                                      on you.
```

```
You
    want
        to avoid
           the feelings
                that are
                   inconvenient.
The price you pay
   for avoiding [these inconvenient feelings]
        is literally
            insanity.
However,
    if you [on the other hand]
         confront
            what you would rather avoid,
    • the golden point in the middle,
    • the wonderful point
         of
            • truth and
            reality
                will suddenly appear.
• Deep within
    the dreaded area,
• through
    the dreaded area,
        you find
            • the golden point
                of
                   • light,
                   • truth, and
                   • unification,
        [that is, you find]
            • the golden point
                of
                   • God.
```

```
36
              Every
                  • area of avoidance
                       bears within itself
                          that golden point.
              Every
                  • dreaded point
                       bears its
                          golden center.
              Go toward it [i.e., Go toward the area of avoidance, the dreaded point]
                  and
                       all woe
                          dissolves.
              Go away from it [i.e., Go away from the area of avoidance, the dreaded point]
                  and
                       you increase
                          your
                               • suffering,
                          vour
                               • confusion and
                              • darkness.
              You may think
                  that there are areas
                       • that cannot be faced,
                       • that have
                          no golden point
                              at their ground:
                                  The areas of
                                      vour
                                         • terror or
                                      your
                                         • evil.
              This is not so.
              As long as
                  you avoid
                       your
                          • terror and
                          • evil.
              they [i.e., your terror and evil]
                  live in you
                       as phantoms.
```

```
These phantoms [of terror and evil that live in you and that you avoid]
    create
         • disaster and
         · chaos.
Turn around
    one hundred and eighty degrees.
Instead of
    • going
         away from it [i.e., Instead of going away from and avoiding
                                       the terror and evil that live in you]
    • go
         into it [i.e., go into the terror and evil that live in you],
            no matter
                how bad
                   it may feel,
                        at first.
If you
    • summon your
         • courage and

    honesty and

    • persevere
         with a minimum of faith,
you will
    • penetrate
         the darkness
  and
    • come to
         what I call the
            "golden point"
                in the center of your being.
It [i.e., the "golden point" in the center of your being]
    is in
         the center of the area
            that you
                most dread.
```

```
37
              There is
                  no horror
                       that does not bear
                          the golden point
                               within itself.
              There is
                   • no death
                       that does not bear
                          the golden point
                                  • life.
              There is
                   • no darkness
                       that does not contain
                          the golden point
                               of
                                  • brilliant light.
              There is
                  • no evil in you
                       that does not bear
                          the golden point
                                  • your goodness.
              If you can hold to
                   this truth –
                          and it is truth indeed! -
              it will become
                 so much easier for you
                       not
                          to avoid,
                       but [rather]
                          to go through
                               the tunnel of darkness,
                                  into
                                      the golden area.
              This is my message for you tonight.
```

```
38
              A particular blessing is given
                  for the meeting to follow.
              It [i.e., This meeting to follow concerning the new Center in the country]
                   is yet another step
                       in creating
                          the earthly place
                               where such
                                  • wonderful work,
                                  • unfoldment, and
                                  • love
                                       can exist.
              You have
                   • special blessings
                       for this meeting [that follows],
                and
                   • a great deal of guidance.
39
              Now,
                   • as my instrument
                       comes out of the state of trance,
                   • as you
                       • are quiet and
                       • listen to the music,
                          I ask that you
                               all
                                  meditate specifically
                                      for giving something of yourself
                                          to this venture:
                                              Your
                                                 • positive attitude;
                                              your
                                                 • positive intentionality,
                                              your
                                                 • goodwill,
                                              your
                                                 • good thoughts,
                                              your
                                                 • intention of giving
                                                     your good feelings to it.
```

```
If you
    do this,
and
    the more you do this,
        the more wonderful
            the venture will grow.
What will take place there [i.e., What will take place at your new Center]
    increasingly
         will be something
            that cannot take place
                • when you are all
                   in different locations in the city,
                · where you cannot
                   • focus
                        in the same way
                  and
                   • be by yourselves
                        in the same way.
What increasingly
    will take place [at your new Center in the country]
         is the transformation
           from negative
                to positive
                   · energy,
           from negative
                to positive
                   · consciousness.
We have begun to do this [i.e., We have begun the transformation from
                               negative to positive energy and consciousness],
    to some extent.
It is not coincidental
    that the new movement
        I had announced for this working year
            comes at the same time
                as your Center in the country
                   is being established.
There [i.e., There at your new Center in the country]
    it [i.e., this new work of transformation from negative to positive
                                                     energy and consciousness]
         will best take place.
```

```
Your ability
                   • to make this transformation [i.e., this transformation from negative
                                                             to positive energy and consciousness],
                  • to
                       • sustain and
                       • feel comfortable with
                          positive
                               • feelings,

    energy and

                               • consciousness,
                   will grow
                       as a result of
                          · having owned up, and
                          • continuing to own up,
                               to the negative.
40
              The work will go on
                   constantly
                       in these two ways,
                          alternating
                               between
                                  • exposure of negativity
                               and
                                  • transforming
                                      the negative
                                         into the positive.
              You will learn more
                   • techniques and
                   • approaches
                       [to this two-part work]
                          as you become ready for them
                               in your progress.
              You will have
                   • the means,
                   • the peace,
                   • the privacy and
                   • the surroundings
                       in which it will be possible
                          to do this work.
```

```
41
               Use this gauge:
                        Where
                           the positive
                                • is unbearable and
                                • cannot be sustained,
                        it is an indication that,
                                        [even] with all the recognitions [of the negative in you that]
                                           you have made,
                           • you still have
                                not
                                   fully

    accepted and

    exposed

                                           yourself;
                           • you have not quite

    understood or

    faced

                                   negative attitudes in you.
               They [i.e., these negative attitudes you have not fully dealt with]
                   may not even be different from
                        those you already know
                           in principle,
               but your knowledge [of these negative attitudes merely in principle]
                   is not sufficiently

    deep and

                        • wide.
               Full acceptance [of these negative attitudes you have not fully dealt with]
                   is still absent.
               You are
                   still submerged
                        in those [negative] attitudes,
                           as if
                                half blind.
```

```
You are not really cognizant of
    • the way
  and
    • the strength with which
         you perpetuate
            these [negative] attitudes.
So your
    ability
         to bear
            • good feelings,
            • intimacy,
            • love, and
            • pleasure
                is
                   an exact indication
                        of that [i.e., an exact indication that you are not really
                                cognizant of the way and the strength with
                               which you perpetuate your negative attitudes].
The work in the Center
    will particularly help you with
         the transforming aspect of
            the twofold task [i.e. the twofold task of 1) exposing your negativity and
                        then 2) transforming the negative in you into the positive].
This [two-fold task of the transformation work]
    is a wonderful thing
         to look forward to.
Just think of
    the meaning of it all:
         You will
            no longer need to take refuge
                in your negativity,
                    which
                        appears
                           to be
                                more comfortable
                                   than
                                       • love,
                                       • closeness, and
                                       • pleasure.
```

```
• Love,
              • closeness, and
              • pleasure
                   will be the
                        • most comfortable and
                        • easy
                           state to live in.
               This [i.e., the state of love, closeness, and pleasure]
                   is the natural state,
                        and
                           that [positive natural state]
                               is
                                  what you will attain.
42
              Blessed be
                   everyone of you,
                        my dearest ones.
                   • Feel
              and
                   accept
                        the love
                           that pours forth
                               from
                                  the spiritual side.
              Be blessed,
                   be in peace.
```

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