Pathwork Lecture 29: The Forces of Activity and Passivity – Finding God's Will

1996 Edition, Original Given May 9, 1958

This lecture is given in an **expanded poetic format**, what I call a *Devotional Format* of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, *devotionally*.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to LIVE you.*

For clarity: The **original text** is in **bold and** *italicized*. [*My adds of commentary/clarification/interpretation are in brackets, italicized, and* <u>not</u> *bolded.*] To learn more of my Devotional Format and see the lectures I have done in this way, go to <u>https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/</u>

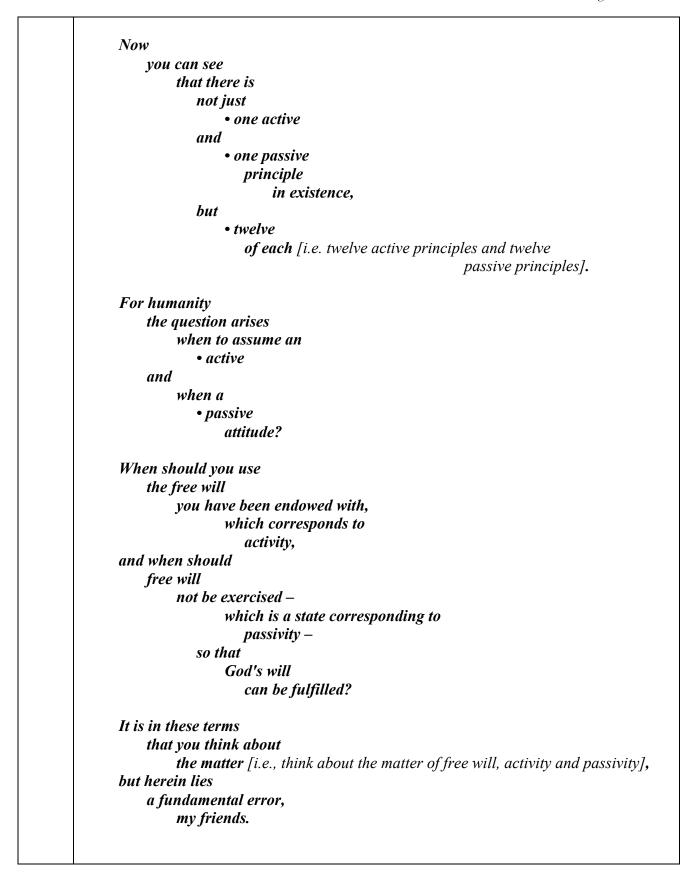
Gary Vollbracht

¶	Content
03	
	Greetings
	in the name of
	the Lord.
	I bring blessings
	for all of you,
	my friends.
	Blessed
	is this hour [i.e., blessed is this time
	we now spend together in this lecture].
04	
	There are
	twelve basic
	• active
	• forces and
	twelve basic
	• passive
	• forces or
	• principles
	in the universe.

According to the scheme of the "Pistis Sophia," these [twelve active and twelve passive] forces are • concentrated in the highest realm of light and • conducted by respective entities who are each • a representative or • a personification of each of these • active and • passive principles. *They* [*i.e.*, *these forces and their respective entities*] are all perfect in their own way. The whole universe is penetrated by these forces and an infinite • variety and • combination of them [i.e., an infinite variety and combination of these forces] is possible. In the "Pistis Sophia" the expression "twenty-four invisibles" refers to • the principles [or forces] as well as to • the [respective] entities.

	<i>They</i> [i.e., the "twenty-four invisibles"]
	are invisible
	in all spheres
	below
	the highest realm of light.
	But in the latter sphere [i.e., in the sphere of the highest realm of light], the
	• principles or
	• forces
	as well as
	• their personified entities
	are visible
	in the form of
	• rays or
	• fine threads
	running through the atmosphere.
	<i>They</i> [i.e., the principles or forces and their personified entities]
	are noticeable
	not only by various
	• colors and
	• shades,
	but also by
	• scent and
	• tone and
	• other qualities
	that are unknown
	to human sense-perception.
05	
	I am telling you about this
	not merely
	to give you information about the higher spheres,
	for that
	in itself
	would not be sufficient reason [for telling you about the higher spheres],
	interesting as this knowledge may be.
	You should always
	get some practical benefit out of these lectures
	for use in your actual life,
	right here and now.

	Since
	every
	• force or
	• principle
	present in the universe
	also penetrates
	each individual human soul,
	you will see that
	a benefit
	can be derived
	from this
	seemingly abstract
	piece of information.
	In other words,
	a personal connection
	• can and
	• should
	be made,
	for
	the whole universe
	is within you.
06	
	How human beings
	• exploit and
	• direct
	these
	• principles or
	• forces
	determines
	their
	• lives,
	their
	• harmony, and
	their
	• happiness.
	I have often mentioned that
	• activity and
	• passivity
	are two basic divine aspects
	are two busic divine aspects
	in the universe.



	For it is not in the least true that you can be passive when you want to fulfill God's will. In order to truly fulfill the will of God you need a great deal of • activity and
	• willpower.
07	When the active forces are used in the channels destined for the passive currents, a congestion occurs, and the result is frustration for the human being.

	If the second se
	the passive forces
	replace
	the active ones,
	entering the channels
	where the active principle
	should
	• work and
	• flow freely,
	there will
	• not be congestion [as occurs when the active forces enter channels
	destined for passive forces],
	but rather a
	• standstill or
	• stagnation,
	not only in
	• general development,
	which, of course,
	the wrong use of
	the active forces brings about too,
	but a sluggishness in
	• particular aspects
	of the human soul,
	and gradually
	<i>it</i> [<i>i.e.</i> , passive forces entering the channels destined for the active forces]
	will affect
	the entire inner makeup of the person.
08	
	Any person on the path
	has a great need to find out
	in what respect
	the forces
	should be
	• active
	0r
	• passive.
	I will try to shed light on this subject.

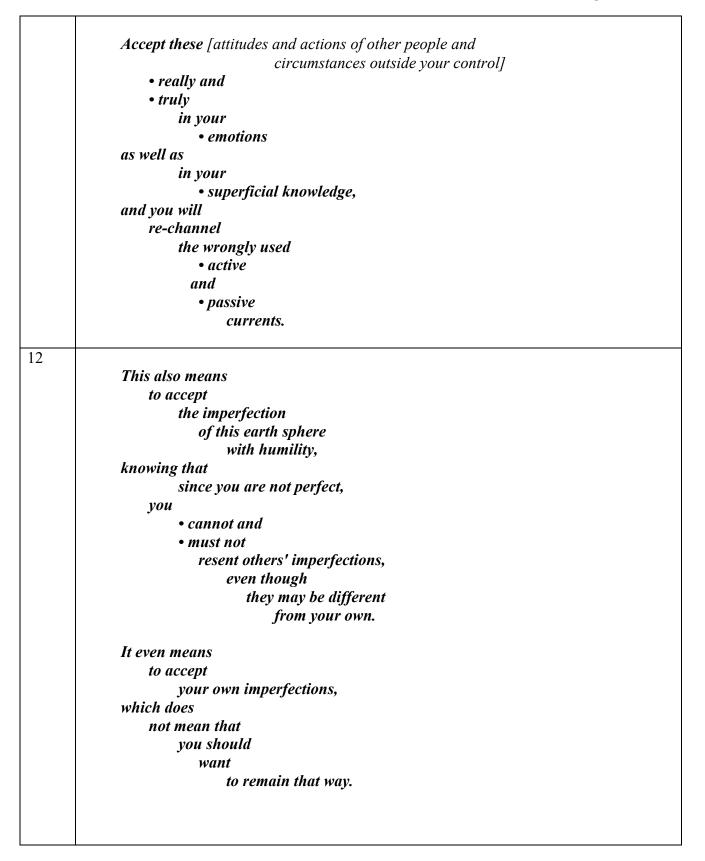
```
My words will also help you
    to understand that
         passivity
            is not necessary
                to fulfill the will of God.
You should
    at all times
         • be active and
         • use your willpower –
                        which does
                           not mean self-will,
                               for these [i.e. willpower and self-will]
                                  are two different things -
            to adhere to
                the laws of God,
                    which you know.
And that [i.e., the laws of God relevant to a given situation]
    is not so difficult to find out,
         even for people
            who do not receive
                • these particular teachings and
                • personal guidance.
```

People • who find God in any of the current existing • religions or • philosophies and people • who are not particularly close to God, • who may be • agnostics or • even atheists, • but who have high standards of • ethics and • morals, do know what is • right and what is • wrong *if they simply* • face the particular issue and • ask themselves • honest and • self-probing questions. *Then* [*i.e.*, *if they face the particular issue and ask themselves* the necessary honest and self-probing questions] they will know [what is right and what is wrong]. In order to do *just that* [*i.e.*, *in order to just face the particular issue and ask* yourself the necessary honest and self-probing questions in order to discern what is right and then do the right], you certainly do need your willpower.

09	
	However,
	• where the passive forces
	should hold sway, and
	• where they are
	unfortunately
	often replaced by
	your active forces,
	are all the instances
	in which
	you cannot change
	• circumstances or
	• other people.
	People are inclined
	to revolt inwardly
	• when things
	do not go according to their will and
	• when other people
	are wrong.
	Then [i.e., when people are inwardly revolting because things to not go
	according to their will and because other people are wrong]
	an active movement
	begins to take the place of
	passivity.
10	
	Whenever
	an emotion is felt
	and you follow that emotion through
	to its roots,
	you will discover
	that a desire
	is behind it.
	Desire
	means
	activity.

You may have right desires: • going on a path of purification, for example, or • learning to love are such. • Overcoming your weaknesses, or • wanting to be honest with yourself, which causes pain at first, are other • positive, • constructive desires. Therefore the active force must be put in use in order to fulfill them [i.e., to fulfill the positive, constructive desires]. But there are also negative desires. Whenever • resentment, • fear, • hatred, and the like are in your heart, there is a negative desire and therefore an active force is used instead of a passive one. Since a wrong desire cannot really be fulfilled, and if it appears to be fulfilled the fulfillment is very • temporary and • illusory, you become frustrated.

11	
11	
	Practically speaking,
	what must
	your attitude be like
	in those instances
	when you are
	supposed to be
	passive?
	You cannot
	change • this world or
	• other people,
	my friends.
	In your intellect
	you may know that
	very well indeed,
	but
	do your emotions
	always
	know it?
	Certainly not!
	It remains to be seen
	whether
	your emotions • will
	or • will not
	begin to follow
	what you
	know
	in your intellect.
	So the proper attitude
	would be
	to accept
	what you cannot change,
	namely the • actions and
	• attitudes
	of other people and
	• circumstances
	outside your control.



You have to recognize your imperfections and accept for now that they actually do exist. **Right now** you possess many imperfections you have not yet accepted in a conscious way and therefore you revolt against this state of affairs [i.e., you revolt against the state of affairs brought about by your many unconscious imperfections]. In the act of revolting [against the state of affairs brought about by your many unconscious imperfections you set an active force in motion where a passive one should exist. **Only** after the passive force [by which you see, make conscious and accept *your many imperfections*] has been cultivated can a different kind of *active current* [i.e., other than the act of revolting against the state of affairs brought about by your many unconscious imperfections] be brought to bear so you can gradually begin to overcome *the imperfection* [*that gives rise to the state of affairs you do not want*].

	As long as
	you revolt against things
	• that cannot be changed, or
	• that could only be changed
	by a different inner activity [i.e., by an inner passive activity where you
	make conscious and accept your imperfections that are causing the state of affairs you do not want and against which you revolt],
	there is
	• a pressure and
	• an inner pushing
	against a stone wall [i.e., against the "stone wall" of the state of affairs brought about by your own unconscious imperfections].
	As long as
	you do not
	• relinquish or
	• relax
	this pushing force
	going in the wrong direction,
	you
	cannot
	make order
	in your soul.
13	x
	Learn to recognize
	where your desires
	surge into
	wrong directions.

If the active pressure of the wrong desires is relaxed, you will have much more strength left for the • good and • proper desires where an active force is badly needed but where you are presently too weak. Why [are you too weak]? *Not because* less strength has been given to you than to other people, but because you have not managed your household well. You have allowed • disorder, • disorganization, and • mismanagement to set in. The • exactly right and • necessary amount of strength is available for each one of you to fulfill your life as well as possible.

	It is up to
	you
	to
	• use this strength
	properly and
	• not waste it.
14	
	Do not believe for one moment
	that those
	who appear
	• weak and
	• without will
	use less
	active force
	than
	the obviously
	• strong and
	• self-willed
	ones.
	Often
	the contrary
	is true.
	<i>The former</i> [i.e., those who appear weak and without will] <i>simply</i>
	do not display their will
	on the surface
	because of other,
	psychologically conflicting
	trends.
	But
	within their soul
	everything sizzles
	under the pressure
	of their frustrated will
	that pushes in the wrong direction [i.e., their
	will pushes to change that which cannot be
	changed without first addressing their many
	unconscious imperfections causing their
	problems].

```
They [i.e., those whose frustrated will
                              pushes in the wrong direction]
                   may not be
                       consciously
                          aware of this condition [of pushing in the
                                                            wrong direction]
                but the symptoms
                   of their misapplied activity
                       must show
                          by their
                              diminished
                                  • health,
                                  • strength, and
                                  • peace of mind.
The moment
    you become
        passive
where you
    should actually be
        passive –
           not in
                • your thoughts alone,
                   deceiving yourself,
           but in
                • your innermost emotions,
you will have
    a new
         • strength and
         • life force
           that you have not known before.
For this to happen [i.e., for you to have this new strength and life force]
    you have to
        accept
           that which you cannot change
                immediately
                   by direct action.
```

15	
	So far,
	this may
	still sound confusing to you,
	my friends,
	because
	you do not know
	how to find
	your real feelings.
	your real jeelings.
	Knowing how to begin [to find your real feelings]
	is not half as difficult
	as you may think.
	us you may think.
	The fundamental factor is
	again
	• to get to
	know yourself,
	• to ask yourself
	the pertinent questions.
	ine periment questions.
	This is really
	very simple,
	once you decide
	to accept
	the unavoidable necessity
	of doing it [i.e., the unavoidable necessity of getting to know yourself
	by asking yourself the pertinent questions].
	Each time
	you feel
	an unpleasant emotion
	like
	• anger,
	• anxiety, or
	• resentment –
	and your days are often
	full of such emotions –
	stop rationalizing it [i.e., stop rationalizing the unpleasant emotion] away
	by thinking of
	the wrong attitudes
	of others.
	Instead, ask yourself,
	"What do I
	really want?"

Know that the moment there is emotion in you, there is something you want. **Otherwise** you would not feel that way. I certainly do not say that all emotions are wrong, but unpleasant emotions must have a faulty premise somewhere, no matter how wrong others may be. The assumption of a faulty premise often manifests in an active pressure to change a • condition or • circumstance where acceptance should reign.

16	
	Find out
	what this pressing desire is
	and examine it.
	It does take
	• training, and
	• forming the habit
	of observing yourself
	from this point of view [i.e., from the point of view that unpleasant
	emotions in you are due to a faulty premise in you that says you
	should actively try to change a given situation, circumstance or
	condition that goes against your desire, rather than accept it],
	but
	how beneficial
	this way of thinking is!
	Once you
	• begin
	• and do not let up,
	you will see that it [i.e., that observing yourself from the point of view that
	unpleasant emotions in you are due to a faulty premise in you that says
	you should actively try to change a given situation, circumstance or
	condition that goes against your desire, rather than accept it]
	becomes
	• second nature,
	• a good habit
	without which
	you
	• would not and
	• should not
	want to live anymore.
	It [i.e., this habit of observing yourself from the point of view that
	unpleasant emotions in you are due to a faulty premise in you that says
	you should actively try to change a given situation, circumstance or
	condition that goes against your desire, rather than accept it]
	is part of
	the daily
	cleansing of the soul.
	······································

	Before
	you start looking at yourself
	<i>in this way</i> [i.e., from the point of view that unpleasant emotions in you are due to a faulty premise in you that says you should actively try to change a given situation, circumstance or condition that goes against your desire, rather than accept it],
	you are
	often caught up
	in an emotional confusion
	about the nature of your soul.
	You do not realize
	clearly
	 what is going on in you, and what your desires are.
	Once you begin
	to focus your attention
	on the feelings,
	noticing
	what the desire is
	behind them,
	<i>recognition</i> [of what is going on in your soul and what your desires are] <i>becomes</i>
	very simple, indeed.
17	<i>And that</i> [i.e., self-knowledge – recognition of what is going on in your soul and what your desires are]
	is the purpose of
	the daily review
	I mention so often.
	But if some of you
	• cannot or
	• do not like to
	do your discovery work
	in the form of
	daily review,
	there are
	other ways of doing it [i.e., other ways of doing your self-discovery work].

Whenever you have a free moment, think about the past few hours and think what your feelings actually were • *during them* [*during the past few hours*] or • during any particular experience. Then ask yourself, "What is my desire?" And when you find the answer [to the question, "What is my desire?"], you will already have a clue [as to what is going on in you]. The answer [to the question, "What is my desire?"] will often be that another person has done • something wrong or • what seems wrong to you and you want [i.e., you desire] that person to change. There you can actually observe close at hand that where you should be passive, you are active because you actively desire *a change* [in the other person whom you think *has wronged you, a change]* that you cannot bring about.

	When these
	overactive desires run in the wrong channel [i.e., run in the channel that calls for passivity rather than actively trying to make the other person change in some way], you completely forget those instants when you
	have the power to change,
	<i>if you would only</i> <i>look at yourself</i> [rather than try to change the other person].
	For there is so much power given to each one of you!
	Yet, you do not realize it.
	Why [do you not realize that you have been given so much power, i.e., you have been given all the power you need] ?
	Because you misdirect your power into the wrong channels [i.e., into the channels of trying to change others rather than into the channels of changing yourself] and it goes to waste.
	You use it up unproductively.
18	If you learn to examine yourself in this manner [i.e., by looking at the desires behind your feelings], you will not only find • wrong and • unfulfillable desires in you
	but • conflicting desires as well.

Г

	You often
	• wish
	at one and the same time
	for two impossible things and
	• create
	a short circuit within,
	stemming from
	these conflicting desires.
	Become aware of
	the paradoxical
	state of affairs
	within you.
	The only way you can do so
	is by practicing
	any type of
	daily review.
	Use
	Use
	self-honesty
	to examine
	• your feelings and
	• the desires behind them.
	That is the process
	to reach maturity,
	my friends.
19	
17	Your
	• unconscious and
	• often conflicting
	desires
	are
	always
	immature.

You often desire the impossible, like a child; you find yourself desiring something • that cannot be had, or • for which you are not prepared to pay the price. The fact that you • do not consider the problem from this angle, and • are therefore unaware that there is a price to be paid for each desired gratification, does not alter the circumstances in the least. In your unwillingness to pay the necessary price for a desired goal, you leave the issue in the unconscious, thinking childishly to get around it. It is uncomfortable to • realize and • obey the laws of justice, so by leaving the issue in the unconscious you make yourself ill. not only • physically, but • on all levels of your existence.

20	
	So, my dear friends,
	try to
	• observe yourselves;
	• identify
	your real desires.
	your real destres.
	You will be surprised
	how much relief
	<i>this knowledge alone</i> [i.e., knowledge of your real desires and their price]
	will already bring you,
	provided
	you have
	wholeheartedly
	decided to do so [i.e., wholeheartedly decided to identify
	your real desires and their price],
	without any subterfuges.
	You will be relieved
	by the mere knowledge [i.e., the mere knowledge of your real desires
	and their price],
	for that
	• will explain the mishaps of your life and
	• will strengthen your trust in
	• God's justice and
	• the wonderful order of the universe.
	God
	does not want you
	to be a puppet
	dependent on
	the wrong concept of divinity
	that makes you
	hold on to God's apron strings,
	expecting Him
	to run your life for you.
	Then fine when you make yourself a number dependent on
	Then [i.e., when you make yourself a puppet dependent on
	the wrong concept of divinity]
	of course
	if your life
	is not what you want it to be,
	you can blame Him for it
	in some hidden way.

In reality God wants you to be • independent and • strong, and you can only be that by following the way I am showing you. You can conduct your life satisfactorily, but He will not do it for you. He will let you run your own life, and if it becomes a mess, then it is • you who must change, not • others or • circumstances. However, you can even control • circumstances and • other people the moment you start allowing • your wrong overactive currents to become • passive and • the wrong passive currents to become • active.

	For those purified surgents [i.e. the right passive and active surgents maning
	<i>For those purified currents</i> [i.e., the right passive and active currents running in their right respective channels]
	will
	• emanate from you and
	• indirectly affect
	the subconscious of other people.
	And that effect
	will come back to you
	gradually,
	in the form of
	more
	• truthful and
	• harmonious
	interactions.
21	
	Now the question of
	what the will of God is for you
	still remains open.
	I have said that
	it is not only
	• wrong
	to believe that you
	have to be passive
	in order to fulfill God's will,
	but it is
	• impossible
	to be
	• passive and
	• without a will
	to do that [i.e., to fulfill God's will].
	To fulfill the will of God
	means
	overcoming
	your inner resistances
	and for that [i.e., for overcoming your inner resistances to fulfilling the will of God] you do need
	activity,
	although
	• of a different kind,
	 running on different tracks, so to speak.

	But [to fulfill the will of God] you need • activity and • strength of will nevertheless.
	The passivity is necessary, though certainly not in order to fulfill God's will.
22	<pre>First of all, you confuse • God's will with • self-will i self-will in comparison with • free will. Self-will is the will of the little ego. Free will comprises everything: you can use free will for • good or • bad ends. That is up to you.</pre>

	To agree on the terminology so as not to invite any misunderstandings:
	self-will • belongs to the little blind ego and • is thus the will of the lower self.
23	
	Now, in order to find God's will, you must certainly be free of self-will, but your • active and • clean willpower must be used, first, • for the desire to meet your resistances [against following God's will] without any • wishful thinking and • self-deception; second, • for making sure that you do leave your self-will aside; and third, • for preparation to use your willpower even more actively
	even more actively to follow
	the will of God
	once you know it.

24 To determine what the will of God is in individual instances, you very rarely need a transcendent revelation. God's will is always contained within you, behind your blind spots. From the moment you take off • your masks and • the rose-colored glasses you use when you view • your own self, • your motives, and • your life, God's will *must evolve* • clearly and • without a doubt. It will evolve as you • discover your real desires and • put them down in black and white and • say to yourself, "This is what I actually want when I am honest with myself." You may be surprised how this • newly-discovered • inner wanting deviates from • your conscious desires.

	But do not believe
	<i>that because of this conflict</i> [between your newly-discovered inner wanting
	and your conscious desires]
	you are
	despicable.
	uespicubie.
	No,
	you should know
	that your soul
	consists of layers
	which may be called
	• the higher self
	and
	• the lower self.
	Accept
	that
	both are in you
	and all will be well.
	Then you will not lose
	your sense of proportion
	in evaluating yourself,
	either exaggerating
	• in one direction
	or [exaggerating]
	• in the other.
25	The moment you do
	The moment you do • examine
	a particular desire
	of your lower self and
	• bring it into your consciousness –
	being careful
	not to allow it to slip away again
	into unconsciousness –
	you will be able
	to know quite clearly
	what is God's will
	in nine out of ten cases.
	I can promise you that.

	Examine
	the various chain reactions
	that led you to the present state,
	consider
	• the repercussions,
	• the significance, and
	• the consequences
	of your desire and
	<i>compare it</i> [i.e., compare your desire]
	with the spiritual laws
	as far as you know them.
26	
	If you
	• are in a certain situation now
	which you want to change, or
	• face a difficult decision,
	you will of course
	not know what God's will is
	if you merely let it go at that [i.e., merely let it go at looking at
	various chain reactions that led you to the present state or
	at comparing your desire with spiritual laws].
	But the moment you ask
	more penetrating questions of yourself
	concerning
	underlying desires
	that may be responsible for your present state,
	the answer [as to what God's will is in a particular situation]
	must evolve
	• clearly,
	• strongly, and
	• self-evidently.
	It [i.e., the answer as to what God's will is in a particular situation]
	will evolve all the
	• quicker and
	• better
	if you
	enlist God's help for this purpose,
	because God
	never gives any help of this sort
	if you have not made the first step.

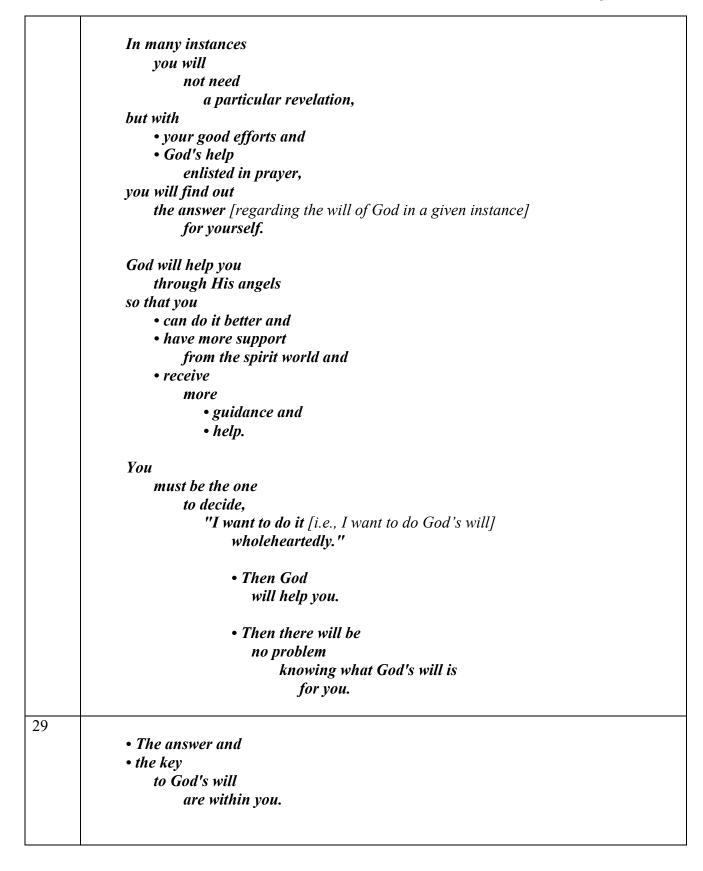
	The Gust stor
	The first step,
	in addition to
	your sincere goodwill to
	 purify yourself and do God's will in all instances,
	,
	is always your endeavor toward
	• self-knowledge,
	• self-honesty.
	- seij-nonesiy.
	The
	• wise and
	• mature
	attitude, of course,
	is
	not believing
	that you can change
	• from one day to another or
	• without making an effort
	on your own behalf.
27	
	If your present situation
	feels
	unsatisfactory
	in any way, or
	if you are
	not clear about
	a decision you are called upon to make,
	do not expect God
	• to decide for you or
	• to alter an unpleasant situation
	without your active participation in the process.
	winoui your acuve participation in the process.
	You have to
	• realize that there must be something in you
	that contributed to the undesirable circumstance
	to begin with and
	• be willing to
	• find what it is
	and
	• change it.

Pathwork Guide Lecture No. 29 (1996 Edition) Page 36 of 75

Do not forget that the wrong is not necessarily a sinful • action or • thought, but [often rather] an unrecognized • emotion that • surges in a wrong channel or • violates a spiritual law. God recognizes your goodwill, and if you combine • prayer with • the work of • self-examination and • tearing down your masks, His answer will become ever more clear, so that there will be no possible room for doubt in you. But as long as your resistance against this way of working persists, no matter what the • pretexts and • excuses are, • the sluggishness and • the immaturity of your lower self has the better of you.

	You will have
	• wrong reactions and
	• distorted instincts,
	which you will then want to interpret
	to fit the resistance
	of your lower self.
	oj your tower selj.
28	
	The only way
	you can positively know
	whether a
	• right and
	• good
	instinct
	or a
	• wrong and
	• false
	one
	guides you
	is by the
	• happiness,
	• relief,
	• freedom, and the
	• sense of
	 utter rightness and
	• peace with the world
	that you will have
	as a result of it [i.e., the result of following the instinct] –
	or by the
	• experience
	of the very opposite.
	If your will
	is free of
	• self-pampering and
	is
	• pure and
	• humble,
	God's will
	can clearly manifest,
	no matter
	how
	He chooses to reveal Himself to you.

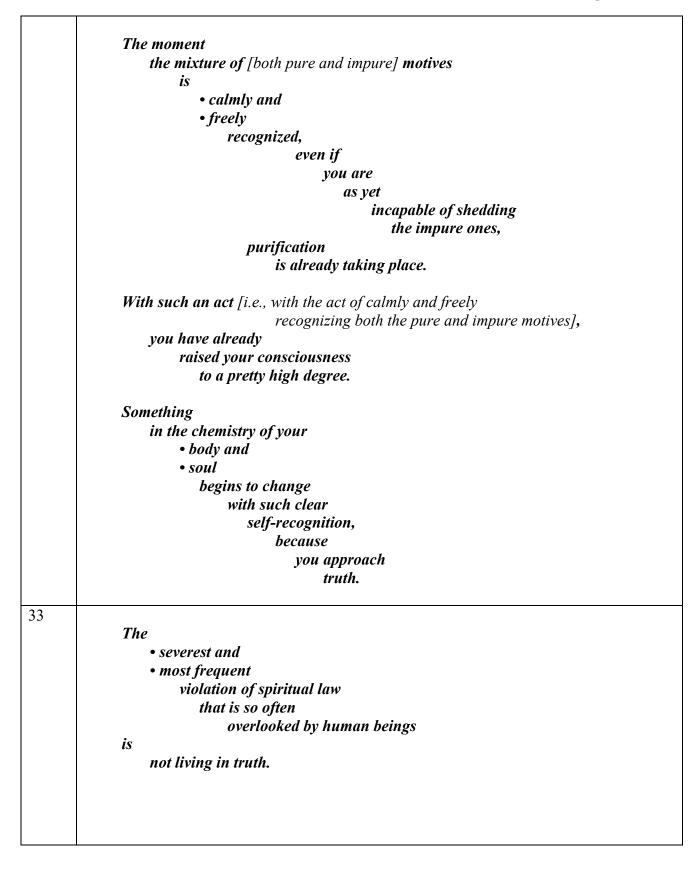
Т



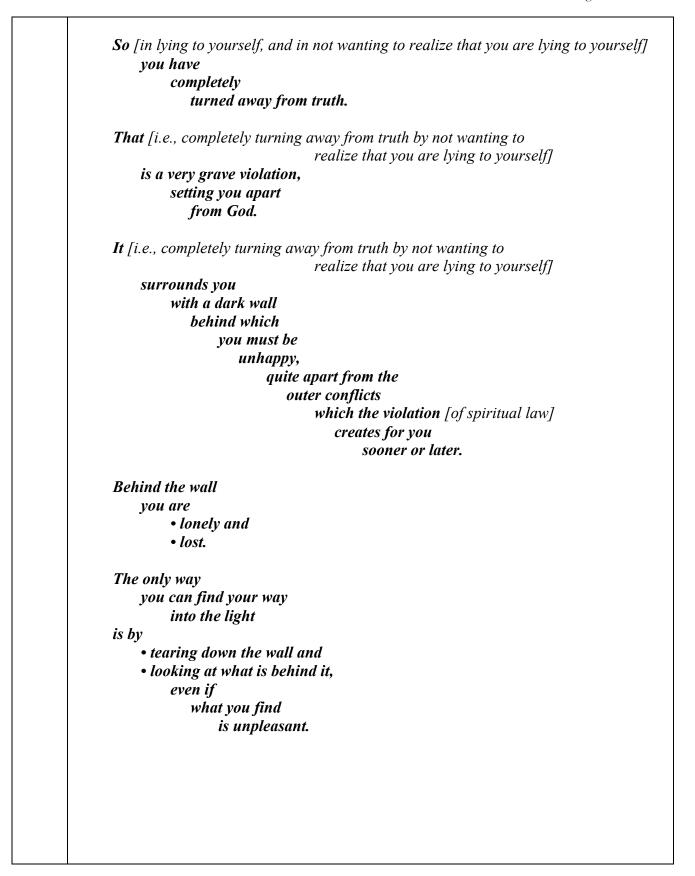
	It [i.e., the answer regarding God's will for you in a particular instance]
	lies in
	your imperfections;
	it lies in
	every instance
	where you have
	• deviated from or
	• broken
	a spiritual law,
	be it merely in your
	unconscious
	desire-currents.
	And then,
	as you digest the answers [as to the will of God for you in a particular instance],
	• the active process
	will start functioning properly as by itself and
	flow into the right channels; and so will
	• the passive forces.
	Yes, my friends,
	<i>this change</i> [of the active and passive processes functioning properly and
	flowing into the right channels]
	• will and
	• must
	happen.
	nuppen.
	It cannot be otherwise.
	And that, of course,
	will change
	your entire life
	for the better.
30	
	QUESTION:
	How can we tell
	if desires
	come from
	• the higher
	0r
	• the lower self?

31	
	ANSWER:
	By examining
	• the desires and
	• their real motives.
	• Very clearly and
	• very concisely
	ask yourself the question,
	"What is it
	I want and
	why
	do I want such and such?
	What is
	my real motive
	behind [wanting] it?"
	You see,
	it may very often be
	that you have
	• a right desire
	coming from
	• a good motive.
	At the same time
	there is also
	an impure motive in [wanting] it.
	<i>The moment you recognize this</i> [i.e., the moment you recognize that there are pure as well as impure motives in wanting such and such],
	you already
	have done something
	for your purification.
32	
	Purifying
	does not mean
	that you are
	already perfect;
	purification
	is the process of
	becoming perfect.

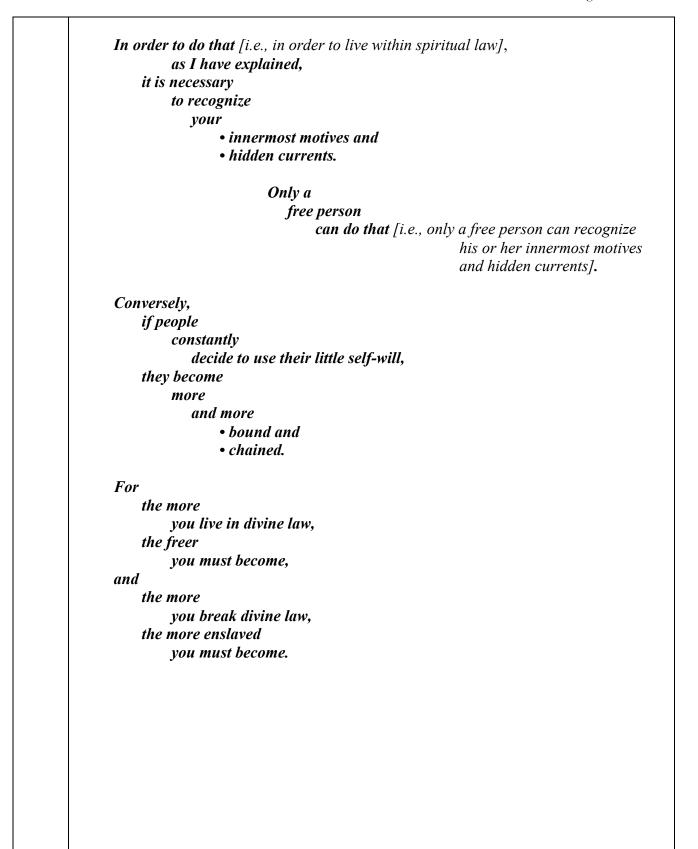
```
An integral part
    of the [purification] process
         is to say,
         "In addition to my
            • good motive,
        there is also a
            • selfish or
            • vain
                motive
                   hidden under
                        the good cause."
Take the example of a person
    who is spiritually
         very active
            with
                • clean and
                • pure
                   motives
                       to help other people.
                These good motives
                   exist
                        indubitably [i.e., they exist beyond a shadow of a doubt].
At the same time,
    the desire-current
         of the lower self
            mingles with
                the good motives,
                   perhaps
                        as the ego's
                           vain desire
                               to be
                                  • outstanding,
                               to be
                                  • admired,
                               to be
                                  • an authority.
```



[By my statement, "not living in truth is the severest violation of spiritual law"] You all imagine that I mean you should not lie. I do not mean that at all. It is self-understood that a person • should be honest and • should not lie. But • lying to oneself is often infinitely more • dangerous and • harmful than • lying to others. Why is it more dangerous [to lie to yourself than to lie to others]? Because when you lie to • others, at least • you are aware of it; • you know it. Thus you are a step nearer to truth than when you lie to • *vourself.* When you lie to yourself, you do not realize it, not because • you cannot, but because • you do not want to!



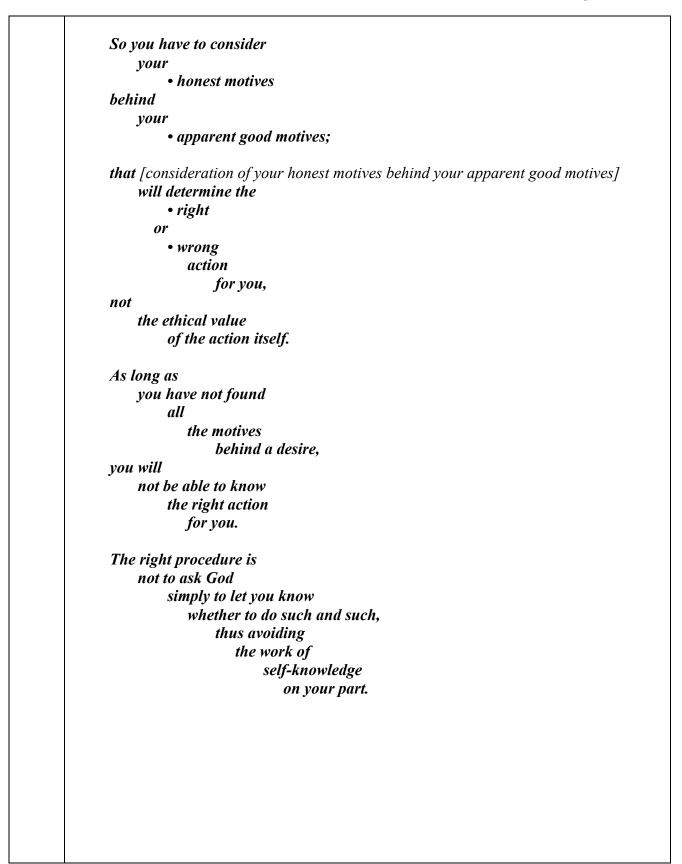
	<i>The first time</i> [you tear down pieces of the wall that hides you from yourself and look at what is behind it]
	you will struggle, but after you have torn down the first few stones of the wall, the relief will be tremendous.
	Then [i.e., after you have torn down the first few stones of the dark wall that hides you from yourself] you will know what it means
	to be on this path. You will know that
	 only this manner of working [i.e., that only honest self-observation] and nothing else counts, my friends.
34	I am trying to make you understand that you are not unfree creatures if you decide to fulfill the will of God – quite the contrary.
	For it needs the • greatest and • freest efforts of willpower to decide to live within spiritual law.



	People who
	do not recognize
	their hidden motives cannot conduct their lives
	freely.
	They are enslaved
	to their
	• lower selves,
	to their
	• unrecognized desires,
	which
	• push
	and
	• pull
	them
	• backward and
	• forward,
	• left and
	• right.
35	
	QUESTION:
	Does that mean that
	whatever we want to do,
	we always have to ask God,
	"Is this Thy will?"
	Or do you have to see
	whether it [i.e., see whether whatever we want to do]
	does not deviate from God's law?
	uoes not acrate from Gou 5 tarr.
36	
	ANSWER:
	I would suggest this:
	In the first place,
	when you are on this path,
	you begin to make
	an inventory
	about your own person,
	as I have often suggested.
	us i nure often suggesten.

Compile a list, not only of your • faults, your • qualities and • virtues, in other words of • what you are, but also of • what you want. • What are your desires really? And when you have done that, begin a constant process of self-analysis of your feelings every day. You will automatically get to know after a while in what respect you have obviously deviated from divine law in your emotional currents. Sometimes, when you discover the nature of a hidden desire, you will know at once *that it* [*i.e.*, *that the hidden desire*] is contrary to God's will, even without any metaphysical knowledge.

In other cases, you may have to probe a little deeper and separate • the clean motive from • *the impure* [motive] in the same desire current. As you view what is at stake in an issue, you will seldom find an answer by asking whether the action you contemplate is • right or • wrong. Since none of you would ever consider committing an • antisocial or • sinful act, the decisions you are faced with could be right *either way* [you decide] in principle. Yet, for each individual there is always • only one right way and • many, many wrong ways possible.



	There may be
	isolated instances
	where this [i.e., where to ask God to let you know what the right action is] can be the right thing to do,
	but not generally,
	not when there seems to be
	• a repetitive pattern and
	• a conflict involved.
	The right procedure
	is to decide
	wholeheartedly
	that
	you wish to find
	all the motives
	behind
	the conscious motive,
	and for that [i.e., for finding all the motives behind the conscious motive]
	you should pray
	for God's help.
	Then He will help you.
	Is that clear?
	QUESTIONER: Yes.
37	
	ANSWER:
	So find out
	your underlying motives –
	which does
	not mean that
	the [conscious] motive on the surface is annulled.
	But the other part [of your motive]
	that is mixed in with it [i.e., that is mixed with the conscious motive]
	has to be found.
	Then you will have the answer fas to whether some action you and
	Then you will have the answer [as to whether some action you are contemplating is in accord with God's will for you]
	contemplating is in accord with God's will for you].

38 There is one more thing I would like to say to you before we turn to your general questions. It is about • the outer will and • the inner will. By the latter [i.e., by the "inner will"] I do not only mean the subconscious will. The inner will I speak of can be made conscious comparatively easily. I have often given you the advice to listen within you where your • solar plexus or • spiritual field is. You may receive answers from there; *you may* feel • right or • wrong from this part of yourself, provided • you have once wholeheartedly decided for the right course and • that the • resistance and • fight are over and done with.

	If you
	• become
	• very quiet and
	• relaxed and
	• listen within,
	you may find
	that there is
	another will [i.e., there is a will different from your outer conscious will] coming from there [i.e., from within, from the solar plexus area],
	or you may feel
	the lack of it [i.e. lack of another will coming from within],
	for that matter.
	This will
	0ľ
	its absence
	often conflicts with
	your
	• outer or
	• conscious
	will.
39	
	Let us suppose
	a person
	• sincerely desires
	to love a fellow-creature and
	• desires to do so
	because
	he knows
	that it is
	right.
	This desire
	is in the person's
	outer will.
	After
	• becoming quiet and
	• consulting the inner will,
	the person will find out that
	• the inner will
	does not conform with
	• the outer one.

	To find out such a discrepancy [between the inner will and the outer conscious will] is extremely important, for how can you control yourself if you do not know what is within you?
	By controlling yourself, I certainly do not mean suppressing anything, but rather holding life's reins
	firmly in one's hands.
	How can you cure a wrong current if you do not discover it first?
40	If the inner will is right, it • exists very quietly from deep within and yet • is conscious.

Т

Now, if people desire • to do their best, • to fulfill their tasks as well as they are able to or • to overcome their faults as well as possible at the present stage, their inner will should be directed toward that end, • without pressure, • without haste. The outer will does not press but is relaxed. A pressure from the outer will • must make a person tense and • will only delay the process. The inner will must want • the right thing and • the ultimate goal. The outer will must • be serene and • give leeway for life's • hindrances and • imperfections that make it impossible to proceed • speedily and • according to a certain plan.

The apparent obstacles should be met voluntarily as a means of • growing faster, of • learning to accept that which cannot be altered by the self, of • learning • humility, and • other positive attitudes. *Then* [when the obstacles are thus met as a means of learning and growing] the obstacles will • cease to be obstacles and will instead • become stepping stones on the way to the goal. The outer will must be • flexible; it must be • prepared for change. *Sometimes it [i.e., the outer will]* has to become more active, so you can act. At other times it [i.e., the outer will] has to become more passive.

	The inner will
	has to be active,
	but quietly,
	as befits
	the whole foundation
	of the person's life.
	To understand these words
	truly,
	meditate about them
	• deeply
	and perhaps
	• quite often.
41	
	And now we turn to your other questions.
	QUESTION:
	In the case of war,
	is the act of killing
	by a soldier
	contrary to
	divine law?
42	
	ANSWER:
	No,
	it is not.
	For as Jesus Christ has said,
	• render unto God
	what is God's and
	• render unto Caesar
	that which is due to him.
	If human baines on the earth only and
	If human beings on the earth sphere
	are still so far behind in development
	that war is necessary, then people have to fight
	for their country.

Even if all people refused to fight, evil would not be eliminated. War may be temporarily eliminated [if people refuse to fight], but certainly not evil [i.e., evil would not be eliminated if all people refuse to fight]. War is only one of many other expressions of evil. War is not the cause [of evil]: *it* [*i.e.*, *war*] is only an effect [of evil]. It would be the same if a father allowed a murderer to come into his house and kill his wife and children without defending them. He must defend those he loves and evil has to be fought against. In your present state of development, unfortunately, war often is still your means of fighting evil.

	As spiritual development grows,
	you will learn to
	• go more to
	the roots of the problems and
	• fight against evil
	in better ways.
	As it stands now,
	humanity
	is often forced
	to battle against
	forces that abuse
	• free will and
	• divine law.
	If people
	take the power upon themselves
	to prevent
	other people
	from living as God wants them to live, and
	if your world
	has not found
	other means as yet
	to eliminate this wrong,
	then war
	is the lesser evil.
43	
	You know
	from the spiritual point of view
	that
	death
	is not the worst thing that can happen.
	Spiritual death
	is the worst,
	not
	physical death.

	Every person
	is judged
	individually,
	and the judgment
	comprises also
	• the circumstances and
	• the environment
	in which he or she lives.
	In the spirit world,
	• the real motives
	count more than
	• the act,
	and judgment
	is not passed
	• generally or
	• collectively.
	Everyone
	is judged separately,
	and if a man goes to war
	simply to defend his country,
	this will not count against him.
	What counts
	is a person's
	inner
	• attitudes,
	• feelings,
	• reactions,
	• motives, and
	• sense of responsibility.
44	
	QUESTION:
	How does
	• spiritual law
	correspond with
	• human law
	in the case of
	a death sentence
	for a murderer?

45	
	ANSWER:
	From the spiritual point of view,
	capital punishment
	is wrong.
	That may sound like a contradiction
	when compared with the last answer,
	but it is not.
	In the case of war,
	it is a question of
	defending
	• a nation and
	• humanity.
	For humanity,
	war is often
	the last resort.
	And even the people living in
	the aggressor nation
	are often convinced
	that they are only
	doing their duty;
	they do not see
	the whole picture.
	They have to abide by
	the laws of their society.
	Otherwise
	they might cause
	more hardship,
	not only
	to themselves,
	thereby becoming incapable of
	fulfilling their lives,
	but also
	to others around them.

	Again,
	we cannot generalize,
	for there may be instances
	when it is the duty of a person
	to violate
	• a human law
	in order
	to fulfill
	• a law of God.
	• a law of Goa.
	But these instances are
	• rare and
	• only expected of
	• strong and
	highly developed
	beings
	sent to earth
	with a special mission.
	In general,
	this does not hold true.
46	
	Capital punishment
	is not a necessity.
	However,
	war
	often is [necessary]
	in your present state of development.
	John Tohn and John Tohn
	You have
	not yet
	found the way
	to eliminate
	war.
	· · · · · ·

	<i>The only way to do so</i> [i.e., the only way to eliminate war]
	is when
	• resentment,
	• hate, and
	• fear
	do not live
	in the individual soul
	any more.
	That is
	the only basis
	for peace.
	But
	capital punishment
	is not necessary.
47	
47	ALLEGTION.
	QUESTION:
	You said in my private session to bring up this question:
	What are the various aspects of love?
48	
	ANSWER:
	There are many [aspects of love]
	and I cannot attempt to enumerate
	all of them.
	I will just name a few:
	• compassion,
	• pity,
	• respect,
	• admiration,
	• tenderness,
	• protectiveness,
	• helpfulness,
	• kindness,
	• truth.
	Yes, my friends,
	without truth,
	there can be no love!
	This [list of aspects of love]
	will suffice for the moment.

49	
	QUESTION:
	A seeming
	unproductivity
	in your life;
	is that possibly
	• a stage,
	or
	• an indication
	that you are going
	in the wrong direction?
50	
	ANSWER:
	It [i.e., a seeming unproductivity in your life]
	often is
	an indication
	that you are going
	in the wrong direction.
	It [i.e., a seeming unproductivity in your life]
	might also be
	that in certain circumstances
	• your will
	is counteracted
	by
	• unconscious conflicting desires,
	or by
	• fear.
	As long as
	<i>this reality</i> [i.e., the reality that your will is counteracted by unconscious conflicting desires or fear]
	is not
	brought into consciousness,
	you cannot handle it [i.e., cannot handle the cause for your unproductivity in life] properly.
	So the only course to take
	is the one I advocate [i.e., the course of self-awareness and self-purification].
	Of course,
	I am speaking generally.

I have no right to give you the answer. It [i.e., giving you the answer as to what of which you are unconscious is *causing your unproductivity*] would weaken you. It will serve your development to find out for yourself [i.e., find out and make conscious what, of which you are as yet unconscious, is causing your unproductivity]. And you can quite easily do that with the guidance of my teachings. Actually, the two possibilities you mentioned [i.e., that a time of unproductivity is *either a stage in life or an indication you are going in the wrong direction*] form a whole. As long as there is conflict within you about a direction of your life, you cannot be successful in the field you have chosen. You can only be successful in anything when there is no conflict within you. And spontaneously, when you have solved the conflict between your • conscious desires and the • unconscious ones, you will find out what the right direction is for you. Then *vour desires* may change.

	Find out
	the real motives
	behind
	your present desires, and
	find out
	what holds you back [from fulfilling your desires].
	Is it [i.e., is what holds you back from fulfilling your desires] • a fear or • a desire
	to not pay the price
	wholeheartedly –
	 which [i.e., the desire to not pay the price wholeheartedly] is not necessarily bad, and
	<i>it</i> [i.e., the desire to not pay the price wholeheartedly]<i>may be good.</i>
	For,
	spiritually speaking,
	the price is sometimes
	too high [for fulfilling your desires].
51	
	At times
	it is
	• the lower self
	that prevents success
	in a certain direction, and
	sometimes
	it is
	• the higher self which recognizes
	that this [desire for success in a particular direction]
	is not good,
	so it prevents you from achieving success.
	so a prevenis you from achieving success.

	You can find the answer [whether it is the lower self or higher self
	that is blocking your success in a given direction]
	by testing your motives without any
	• self-pampering or
	• sensitivity for your ego,
	with
	• utter and
	• shattering
	self-honesty.
	<i>That</i> [i.e., testing your motives with utter self-honesty] <i>is the only procedure</i>
	that I cannot advise strongly enough,
	even at the risk of boring you,
	my friends.
52	
	QUESTION:
	When you say
	an incarnation has taken place in a certain country,
	does that mean
	where a person was born
	even if he or she has only lived there for a very short time,
	or does it mean
	where one has spent most of one's life?
53	
	ANSWER:
	Most of one's life.
	<i>It</i> [<i>i.e.</i> , the country of your incarnation]
	would be where
	your roots are;
	it [i.e., the country of your incarnation]
	would be
	the country
	• you consider your home,
	• where you have made
	• your connections,
	• your ties, and
	• your karmic links.
	~

54	
	QUESTION:
	This does not correspond to
	-
	astrology?
55	
55	ANSWER:
	In astrology
	the situation is different
	because
	the astrological chart
	has to be figured
	according to the geographical part of the world.
	That is something different.
56	
	QUESTION:
	A question in connection with
	• war and
	• killing:
	8
	How are we to regard
	a conscientious objector
	who
	• sincerely follows the admonition
	not to kill and
	• considers
	the whole of the universe
	as his fellow-men
	rather than
	only the part
	he is called upon to defend?
57	
	ANSWER:
	In the first place,
	a man is not defending
	a part of geography
	but [rather is defending]
	his immediate fellow-creatures.

By refusing to go to war, he may in the long run cause more harm than good. With this I certainly do not wish to give the impression that I advocate war. By no means. But war cannot be eliminated by refusing it. *This cancer* [*i.e.*, *war*] • has to be treated in another way and • slowly has to cease in all individuals. A conscientious objector, provided his motives are pure, will be judged accordingly. *Then this* [i.e., then being a conscientious objector] will certainly not be held against him, the same as killing in a war by a soldier will not be held against him, if • his heart is pure and • his conviction sincere. But that does not alter the fact that his [i.e., the conscientious objector's] judgment is wrong.

	More precisely, his [i.e., the conscientious objector's]
	• goal or
	• endeavor
	is a good one [i.e., the conscientious objector's goal to oust an evil
	is a good goal],
	just as the goal of a sincere soldier
	may be a good one,
	but he [i.e., but the conscientious objector]
	selects
	the wrong means
	to oust an evil.
58	
	Refusing to go to war
	could
	not
	be
	the right curative means
	against war.
	For
	as long as
	• there is hatred
	within the individual soul, and
	as long as
	• there is blindness
	caused
	through lack of self-knowledge, and
	as long as
	• people do not
	• purify themselves and
	• strive upward to God, and
	as long as
	• people cannot
	refine their feelings,
	there cannot
	be peace.
	It is impossible.

	War
	is an outpicturing
	of what goes on
	in so many
	individual personalities.
	<i>It</i> [<i>i.e.</i> , war]
	cannot be eliminated
	by collective means alone,
	well meant as they [i.e., as collective means alone] may be,
	unless they [i.e., unless the collective means]
	are supported by
	the right spiritual attitudes [within each of the
	individuals involved].
	<i>The cure</i> [for the evils of war]
	has to start
	from within
	by each individual.
	Otherwise
	you will only succeed
	in eliminating
	one effect [of the root cause of evil],
	and another symptom
	will come.
59	
	It is just the same with
	disease,
	my friends.
	War
	is nothing else
	but a disease.
	Your human
	• history and
	your human
	• science
	show you
	how many ways
	medicine has found
	to eliminate disease.

	Many diseases
	that existed a relatively very short time ago
	are not possible anymore.
	But other diseases
	have sprung up
	that you cannot cure, and
	new diseases
	will continue to do so
	until
	a greater degree of purification
	exists
	on this earth,
	no matter
	what wonderful progress
	• science and
	• medicine
	make.
	As long as
	the disease
	is not cured
	from within,
	• war or
	• other diseases
	will exist.
	If it is not war [that exists],
	it will be something else
	equally terrible.
60	
	In the case of
	an individual,
	it is possible
	to make a mistake in judgment
	and this in itself
	is not held against you
	as long as you
	• are sincere and
	• do not
	• delude yourself and
	• color your motives.

	You all
	make mistakes
	in judgment.
	People have
	very firm opinions
	about any subject
	from
	• religion
	to
	• politics.
	The moment these opinions are
	• fanatical and
	• inflexible,
	people should test
	their real inner motives
	and then they may find out
	that these opinions
	are not as objective
	as they may have thought at first.
	If you dig
	• deeply and
	• honestly,
	you will be surprised
	how often you find a
	• personal,
	• emotional,
	• subjective
	reason
	behind your convictions.
61	
	QUESTION:
	What is
	the opposite aspect
	of vanity?

62	
-	ANSWER:
	Love
	and humility [are opposite aspects of vanity].
	For
	if you are vain,
	you want to place your ego
	in the first row.
	You want
	admiration –
	I am not speaking personally now –
	and you want
	to be more than
	the other person.
63	
	So, my friends,
	God's blessing
	is given to you.
	God's love
	is streaming to you.
	May the words I have given you
	• bear fruit and
	• help you on your path and
	• strengthen you.
	Be in
	• peace,
	be in
	• love,
	be in
	• God!

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork[®] Foundation PO Box 6010 Charlottesville, VA 22906-6010, USA Call: 1-800-PATHWORK, or Visit: www.pathwork.org The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.