

# Pathwork Lecture 28: Communication With God – Daily Review

1996 Edition, Original Given April 25, 1958

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

¶	Content
03	<p data-bbox="375 898 626 1003"><b><i>Greetings in the name of the Lord.</i></b></p> <p data-bbox="375 1045 659 1150"><b><i>I bring you blessings, my dear friends, as usual.</i></b></p> <p data-bbox="375 1192 654 1297"><b><i>Every living creature is seeking God;</i></b></p> <p data-bbox="375 1339 699 1549"><b><i>every human being is</i></b><ul data-bbox="488 1413 699 1518" style="list-style-type: none"><li><b><i>• consciously or</i></b></li><li><b><i>• unconsciously seeking God.</i></b></li></ul></p> <p data-bbox="375 1591 748 1738"><b><i>Even those you call atheists; they, too, are seeking God.</i></b></p>

by Eva Broch Pierrakos

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*Everyone  
seeks*

- *happiness,*
  - *love, and*
  - *security,*
- and that is*
- *God!*

*Of course,  
where spiritual awareness  
is still lacking,*

*people often*

- *think that these goals [i.e., these goals of happiness, love, and security]  
can be found  
in other things,*

*and therefore*

- *seek security  
either*
    - *in financial terms*
- or*
- *through emotional ties.*

*People also seek*

- *happiness,*
- *love, and*
- *security*

*by reaching for*

- some outstanding success  
in a profession  
whereby they might gain*
- *admiration,*
  - *appreciation, and*
  - *some degree of power.*

*However, if*

*true security is desired –  
and who does not want it? –*

*these aims [of admiration, appreciation, and power]  
are indeed*

*poor substitutes,  
especially*

*if they take the place  
of the security*

*that only*

*a harmonious relationship with God  
can provide.*

	<ul style="list-style-type: none"><li>• <i>Financial success,</i></li><li>• <i>satisfying emotional ties, and</i></li><li>• <i>professional recognition</i></li></ul> <p><i>can also be yours</i></p> <p><i>if</i></p> <p><i>they are a part of</i> <i>your plan for this incarnation,</i> <i>but it makes a great difference</i> <i>whether</i></p> <p><i>they [i.e., financial success, satisfying emotional ties, and</i> <i>professional recognition]</i></p> <p><i>are all you have to hold on to</i> <i>or not.</i></p>
04	<p><i>It is the same way</i> <i>with love.</i></p> <p><i>If love</i> <i>of another human being</i> <i>is sought</i> <i>with the current</i> <i>that is destined for</i> <i>the love</i> <i>of God,</i></p> <p><i>it [i.e., love of another human being]</i> <i>will always leave you</i> <i>with a feeling of</i></p> <ul style="list-style-type: none"><li>• <i>emptiness,</i></li><li>• <i>dissatisfaction,</i></li></ul> <p><i>or even</i></p> <ul style="list-style-type: none"><li>• <i>frustration.</i></li></ul> <p><i>So</i></p> <p><i>if God</i> <i>is not truly</i> <i>the basis of your life and</i></p> <p><i>if instead</i> <i>you seek worldly substitutes,</i> <i>the latter [i.e., worldly substitutes for what is destined to be your love of God]</i> <i>will never</i> <i>really</i> <i>satisfy you.</i></p>

**However,**  
**you may certainly**  
**also [in addition to feeling your love for God]**  
**feel love**  
**• for**  
**and**  
**• from**  
**other human beings –**  
**and indeed**  
**you should [feel love for and from**  
**other human beings].**

**But this love [for and from other human beings]**  
**will have**  
**its proper value;**  
**it [i.e., your love for and from other human beings]**  
**• will not be**  
**your sole anchor,**  
**and you**  
**• will never**  
**feel your life to be meaningless**  
**if for some reason**  
**you lose a human love**  
**as long as**  
**God**  
**has his rightful place**  
**in your heart.**

05

**I have said that**  
**everyone**  
**is seeking God,**  
**though oftentimes**  
**without knowing it.**

**Just as plants**  
**are leaning toward the sun**  
**seeking**  
**• light and**  
**• warmth,**  
**so is the human being**  
**leaning toward God,**  
**often as unconsciously**  
**as the plant.**

**Only**  
*when you have  
found God  
within yourself*

**will**  
• *your heart  
be at rest and*

**will**  
• *your puzzling life  
make sense.*

**Only**  
*by finding God*

**will**  
*the light of knowledge  
be yours –  
not necessarily*

- *general or*
- *abstract*

*knowledge,  
for that is of lesser importance.*

*It [i.e., the light of knowledge of which I speak]  
will be*

- *personal  
knowledge.*

*You will understand*

- *why you had to go through  
particular difficulties, and*
- *why so many  
incomprehensible experiences  
happened to you  
that originally  
appeared as  
the result of*
  - *the cruelty of others or*
  - *"fate."*

*All of a sudden  
your life  
will make such deep sense to you  
that you will not quarrel anymore  
with its hardships.*

*You will be glad  
that you have had them [i.e., have had life's hardships],  
my dear ones,  
not only because*

- you will fully perceive  
the justice of them [i.e., the justice of  
life's hardships]*

*but also because*

- you will realize*
  - how good and*
  - how strengthening  
these hardships  
were for you.*

*Yes,  
indeed,  
you will.*

06

*God is  
sought  
in different ways.*

*He cannot, however,  
be found*

- outside of  
yourself,*
- in some building or*
- up in the sky.*

*You all know that.*

*He can  
only  
be found  
within you.*

*In spite of the fact  
that you do know  
He lives within  
each of you,  
many of you  
still seek God  
in the wrong way.*

*No matter  
what  
• religion or  
• philosophy  
you believe in,  
you can  
only find God  
within  
by going through  
your lower self.*

*If you have  
a treasure  
hidden deep in the soil,  
the only way  
you can get to that treasure  
is by digging up the dirt,  
which means  
that you have to  
come in close contact with it [i.e., with the dirt]  
for a while.*

*You know  
that handling this dirt  
is  
• worthwhile and  
• necessary  
for freeing your treasure,  
so you do this  
temporarily unpleasant work  
to get it over with  
once and for all.*

	<p><i>There is absolutely no way to get the treasure out unless you are willing to grapple with the mud first.</i></p> <p><i>The simple logic of this will be comprehensible to all.</i></p>
07	<p><i>Why not then do this excavation work to uncover the treasure house of God that lies embedded in everyone of you?</i></p> <p><i>Why do you hope to gain the</i><ul style="list-style-type: none"><li><i>• greatest and</i></li><li><i>• most precious</i></li></ul><i>treasure of all</i></p> <p><i>without being willing to face your lower self?</i></p> <p><i>Does that make sense?</i></p> <p><i>Certainly not.</i></p> <p><i>However, many of you still hope somehow to do that.</i></p>



*Many of you human beings  
who do know  
perfectly well  
that God  
can only be found  
within you,  
continue to search  
vaguely  
in some hidden recesses of your souls*

- *to find a spark,*
- *to experience God.*

*Perhaps you hope to do this*

- *by seeking*
  - *general,*
  - *abstract*

*knowledge of God or*

- *by doing*  
*certain spiritual exercises.*

*If this is  
the only way you seek him,  
what you will receive  
will be everything else  
but  
God.*

*You must  
not try to disregard  
whatever  
the difficulties in your life  
immediately in front of you  
are.*

*If you seek  
in this way [i.e., if you seek for God by looking at the difficulties in your life  
immediately in front of you],  
you will find God  
to be so much nearer  
than you thought.*

*But if you try any other way [i.e., other than by looking at  
the difficulties in your life],  
He will be infinitely farther away from you  
than you can ever fathom.*

*To find God,  
you need to*

- recognize  
your hidden emotions and*
- evaluate them  
in the light of divine law.*

*Acknowledge  
your  
true  
[emotional] reactions  
instead of  
making yourself  
believe  
you react [emotionally]*

- in another way and*
- for reasons  
different from  
the real ones.*

*First  
see your faults  
clearly.*

*I have said so many times before  
that you have to find  
those parts of you  
of which  
you are not even aware yet.*

*Test yourself  
concerning  
your  
real  
feelings.*

	<p><b>Only</b></p> <ul style="list-style-type: none"><li>• <b>by taking this road</b> [i.e., this road into your faults, faults of which you are not yet aware, and into your real feelings and emotional reactions] <b>and</b></li><li>• <b>by really going through</b> your lower self,<ul style="list-style-type: none"><li>• <b>facing it and</b></li><li>• <b>dissolving it</b></li></ul>step by step with<ul style="list-style-type: none"><li>• <b>courage and</b></li><li>• <b>conviction,</b></li></ul></li></ul> <p><b>will you find</b></p> <ul style="list-style-type: none"><li>• <b>true happiness and</b></li><li>• <b>security</b><ul style="list-style-type: none"><li>• <b>in God,</b></li><li>• <b>with God, and</b></li><li>• <b>through God.</b></li></ul></li></ul>
08	<p><b>"How can I do that?"</b> <b>is always the question.</b></p> <p><b>There are</b> <b>many points</b> <b>from which we can start,</b> <b>my friends.</b></p> <p><b>It is recognized</b> <b>by all</b> <b>who are already on this road</b> <b>that you</b> <b>always</b> <b>have to tackle</b> <b>all problems</b> <b>from</b> <b>at least two sides and</b> <b>often from more.</b></p>

*You cannot find God  
unless  
you strive  
to overcome your imperfections.*

*But on the other hand,  
you  
certainly  
cannot overcome your imperfections  
by yourself alone,  
no matter  
• how strong you are and  
no matter  
• how good your will may be.*

*You  
do need  
God's help.  
So it is  
an alternating process.*

09

*First,  
you have to  
• meditate  
to  
• recognize and  
• evaluate  
your own imperfections,  
and then  
• build a bridge [to God] from there.*

*Next  
you have to  
• analyze honestly  
what is really going on in you.*

*This is  
not quite as difficult  
as you may believe,  
provided  
you truly  
• desire and  
• choose  
to do so.*

*You have to recognize*

- *the ever-present  
sluggish tendency  
in every person*

*along with*

- *the basic evolutionary drive  
in all living creatures  
to strive upward to God.*

*Though*

*your yearning for God  
is often*

- *misunderstood,*
- *misinterpreted, and*
- *misdirected  
into wrong channels,*

*it [i.e., your yearning for God]  
is still there.*

*It takes*

- spiritual awareness*
- *to understand  
this yearning [for God] and*
- *to direct it properly.*

*The sluggish tendency*

*in the lower self  
makes you  
hold back  
when it comes to  
overcoming the obstacles.*

*It [i.e., the sluggish tendency in the lower self]*

- *does not want to fight,*
- *neither does it tolerate  
doing anything  
uncomfortable.*

*As long as*

*you do not recognize  
your own version  
of this sluggishness,  
you cannot get ahead.*

*So at one stage  
your work  
is on the imperfections  
that form  
part of your lower self.*

*At another stage,  
you have to  
actively  
enlist God's help,  
even though  
due to  
your particular imperfections,  
you may  
not yet  
have close contact with God.*

*Still,  
with the little contact [with God] you may have,  
you can ask  
that divine help  
be given to you  
in order to  
further build the bridge [to God].*

*This  
constantly alternating process  
requires you  
to build it [i.e., to build the bridge to God]  
first*

- from one side [i.e., working on your imperfections]*

*and then*

- from the other [i.e., enlisting God's help].*

10

*However,  
there is one sure way,  
which I will even call  
a shortcut,*

*to establish  
a personal*

- *relationship with or*

*a personal*

- *experience of  
God.*

*You see,  
my dear friends,  
many of you*

- *believe in God*

*but many of you*

- *also have  
deep in your hearts  
a corner of disbelief.*

*You are  
afraid to face  
the corner of disbelief,  
and this attitude [of fear of your possible corner of disbelief in the reality of God]  
is responsible for  
your resistance  
to delving into  
your own soul.*

*You believe that  
if you  
disregard  
the corner of doubt in yourself  
by covering it up,  
the doubt will*

- *disappear or*
- *not count.*

*This is not so.*

*Whatever  
you discover in yourself  
never represents  
the entire picture,  
because  
you are made up of  
many  
contradictory  
currents.*

*Do not fear  
to face  
that one part of you that*

- does not believe in God*

*and even*

- sincerely wants to  
strengthen  
the disbelief.*

*Do not cover up  
any  
doubt  
for you will  
not accomplish anything  
by telling yourself  
that it [i.e., that the doubt about God's existence]  
does not exist.*

*I do not say  
that this [doubt about God's existence]  
is the only factor  
that you are afraid to face  
within yourself.*

*But whether it is*

- the doubt about God or*
- some other aspect of yourself,*

*the principle  
is always the same:*

*you cannot conquer  
any feeling  
as long as  
you are afraid to face it.*



*I promise you  
that any feeling you have  
will not be  
half as frightening  
as you now believe  
once you  
do face it.*

11

*Coming back to  
the shortcut  
to knowing God:*

*If you sense  
that a lack of belief [in the existence or reality of God]  
exists in you,*

*there is one*  

- wonderful,
- sure, and
- fast

*way*

*to*  
*experience*  
*the*  

- reality and
- presence

*of*

- God and
- His spirit world

*so strongly  
that all your doubts  
will dissolve  
like snow in the sun.*

*It [i.e., the sure and fast way to experience the reality and presence of God]  
is the way of*

*sacrifice,  
my friends.*

*If you are capable of  
sacrificing something for God,  
you will have that experience [i.e., that experience of the reality  
and presence of God].*

	<ul style="list-style-type: none"><li>• <i>The knowledge,</i></li><li>• <i>the certainty, and</i></li><li>• <i>the reality</i></li></ul> <p style="padding-left: 40px;"><i>which you will gain from the experience of making a sacrifice [for God]</i></p> <p><i>will be</i></p> <p style="padding-left: 40px;"><i>infinitely more valuable than what you have given up.</i></p>
12	<p><i>I realize that</i></p> <p style="padding-left: 40px;"><i>you do not know</i></p> <ul style="list-style-type: none"><li>• <i>how to go about sacrificing</i></li></ul> <p style="padding-left: 40px;"><i>or even</i></p> <ul style="list-style-type: none"><li>• <i>what it is you should sacrifice.</i></li></ul> <p><i>I will show you the way.</i></p> <p><i>Nothing melodramatic is asked of you.</i></p> <p><i>As a matter of fact, I would like to emphasize that</i></p> <p style="padding-left: 40px;"><i>the less other people know about your sacrifice</i></p> <ul style="list-style-type: none"><li>• <i>when you do it, or</i></li><li>• <i>when you intend to do it,</i></li></ul> <p style="padding-left: 40px;"><i>the better it is.</i></p> <p><i>Only</i></p> <ul style="list-style-type: none"><li>• <i>you</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>God</i></li></ul> <p><i>must know, and perhaps your spiritual teacher if you need help with it.</i></p>

	<p><i>It [i.e., your sacrifice for God] should not serve your ego in any way, so it [i.e., so your sacrifice for God] should not be something</i></p> <ul style="list-style-type: none"><li>• <i>striking or</i></li><li>• <i>spectacular.</i></li></ul> <p><i>There is no martyrdom of any sort connected with what I am talking about.</i></p>
13	<p><i>If you are in a dilemma about a decision, or if there is a continuing disharmony in your life, it should serve as a sign that something is wrong.</i></p> <p><i>For whatever you do, if it has God's blessing it [i.e., whatever you do that has God's blessing]</i></p> <ul style="list-style-type: none"><li>• <i>will be harmonious and</i></li><li>• <i>will not create constant friction for</i></li><li>• <i>you or for</i></li><li>• <i>others.</i></li></ul> <p><i>If you are too strongly committed</i></p> <ul style="list-style-type: none"><li>• <i>to an idea, or</i></li><li>• <i>to something you desire</i></li></ul> <p><i>and do not want to relinquish, that may also serve the purpose [for being something to sacrifice for God].</i></p>

	<p><i>Take whatever it is –</i></p> <ul style="list-style-type: none"><li>• <i>your problem,</i></li><li>• <i>your decision,</i></li><li>• <i>your excessive attachment –</i></li></ul> <p><i>and present it to God.</i></p> <p><i>Open yourself completely and ask first, "What is it that I really want?"</i></p> <p><i>Finding a clear answer to that question [i.e., to the question, "What is it that I really want?"] is important because when you are not clear about what you actually want, problems are bound to arise.</i></p>
14	<p><i>Once you have given yourself the answer [to the question, "What is it that I really want?], thus clearly establishing your</i></p> <ul style="list-style-type: none"><li>• <i>wish and</i></li><li>• <i>preference,</i></li></ul> <p><i>ask yourself, "Is what I want perhaps not God's will?"</i></p>

*At this point [i.e., the point where you ask, "Is what I want  
perhaps not God's will?"]  
the hidden corner of your heart  
where you harbor doubts [about the existence or presence of God]  
may manifest.*

*It will then be  
extremely important  
for you to*

- allow into your consciousness  
the*
  - reactions and*
  - feelings*
- that will come up and*
- give them  
clear expression.*

*They [i.e., the reactions and feelings from the hidden corner of your heart]  
may say to you,*

*"Yes, this is all very well,  
but perhaps  
there is no God.*

*If there is no God,  
I certainly  
do not see  
any reason  
why I should give up  
what I like.*

*Why  
should I  
sacrifice?"*

*If you can  
articulate this inner doubt,  
my dear ones,  
that is already  
a step forward,  
believe it or not!*

	<p><i>In this way [i.e., by clearly articulating your doubts about the reality of God that lurk in the hidden corner of your heart]</i></p> <ul style="list-style-type: none"><li>• <i>your innermost spiritual problem,</i></li><li>• <i>the hidden sour point in you,</i></li></ul> <p><i>begins to take on a precise shape, so that you can deal with it [i.e., deal with your innermost spiritual problem, the hidden sour point in you] intelligently .</i></p>
15	<p><i>Continuing this discussion with yourself, the logical side of you might say:</i></p> <p><i>"All right, if there really is no God, I am not risking anything by asking [whether or not what I want is God's will], for then [i.e., for, if there really is no God, then] I cannot receive an answer from Him.</i></p> <p><i>Before I consider letting Him make my decision, I will ask God himself whether He exists.</i></p> <p><i>Dear God,</i></p> <ul style="list-style-type: none"><li>• <i>one side of me believes in you;</i></li><li>• <i>another side does not.</i></li></ul> <p><i>Which is true?</i></p> <p><i>Please help me."</i></p>

*If you first  
settle this question [concerning the reality and presence of God]  
between*

- *yourself*

*and*

- *God,*

*you will receive  
enlightenment.*

*However,  
you must*

- *face the question [concerning you doubt of the reality of God]*

*instead of*

- *evading it.*

16

*Then you may say:*

*"And if I know  
that you are God,*

*I will*

- *be ready to sacrifice and*
- *let*

*my will  
go."*

*But  
are you  
willing to*

- *sacrifice and*
- *let*

*your will  
go?*

*Should you  
be ready  
to do that?*

*If you do  
not  
thoroughly  
experience  
the enlightening realization  
that He who is*

- the living God and*
- the greatest reality of all,  
truly exists,*

*then,  
paradoxically  
you can still  
only receive this knowledge [i.e., this knowledge that He who is the  
living God and greatest reality of all truly exists]*

*if  
you are prepared  
to sacrifice for God.*

*You  
always  
wait  
for Him to manifest [to you]  
first,  
and only then [i.e., only after God manifests to you]  
decide  
whether you will  
perhaps  
put your life into His hands.*

*But approaching Him in this way [i.e., by waiting for Him to manifest to you first  
before you decide that you will put your life into His hands, if He exists]  
you continue  
to run around in circles;*

*the question [i.e., the question of the existence, reality, and presence of God]  
will never be settled  
as long as  
you are  
not willing  
to put aside*

- your self-will*

*for*

- His will  
first.*



***By doing so [i.e., by first putting aside your self-will for His will]  
you will solve  
two problems  
at once:***

- the reality of God's existence,  
and***
- your attachment to something  
other than  
God's will.***

***Only by taking this route [i.e., the route of putting aside your self-will for His will]  
in your everyday life  
will there be  
no disadvantages  
of any sort:***

- everything  
will  
feel***
- so right***
  - in every respect.***

***This  
feeling [i.e., this feeling that everything is so right in every respect]  
is what distinguishes***

- God's way***

***from***

- your human way.***

	<p><i>Here again the process works both ways:</i></p> <p><i>only if you are first completely</i></p> <ul style="list-style-type: none"><li><i>• ready and</i></li><li><i>• willing</i></li></ul> <p><i>in your every</i></p> <ul style="list-style-type: none"><li><i>• thought and</i></li><li><i>• intention</i></li></ul> <p><i>to relinquish</i></p> <ul style="list-style-type: none"><li><i>• your self-will and</i></li><li><i>• your own desires</i></li></ul> <p><i>to God in the event that</i></p> <p><i>His will should manifest clearly to you,</i></p> <p><i>can you receive an answer [to your questions regarding the reality, presence, and will of God].</i></p>
17	<p><i>The willingness to let go of yourself constitutes the knocking on the door – only this [willingness to let go of yourself and your self-will] and nothing else will open it [i.e., will open the door to God].</i></p> <p><i>As long as</i></p> <ul style="list-style-type: none"><li><i>• your self-will</i></li></ul> <p><i>is stronger than</i></p> <ul style="list-style-type: none"><li><i>• your desire</i></li></ul> <p><i>to put God first, you will never know the certainty of His existence.</i></p>

*Until such time [i.e., until the time comes when your desire to put God first  
is stronger than your self-will],*

*God  
will not be  
a reality for you,  
no matter  
how much  
you*

- speak and*
- think*
- of Him,*
- pray and*
- meditate.*

*He [i.e., God]  
will be*

- something*

*vaguely abstract*

*and*

- not*

*a living reality*  
*in your everyday life.*

*Therefore,  
I say to you:*

*be ready to sacrifice  
your self-will  
for the sake of  
God,  
even if  
a corner of unbelief  
still remains in you.*

*If you are  
truly*

- *ready and*
- *prepared*

*to accept  
even the alternative  
you like least,  
provided  
it is God's will,*  
*you will have  
stepped across  
the most important threshold  
in your entire spiritual development.*

*Everything  
up to that point [in your entire spiritual development process]  
is*

- *mere theory or*
- *preparation for*

*crossing that great dividing line  
on your road upward.*

18

*Let go,  
my dear ones!*

*Of course  
God is  
as yet  
unknown to you.*

*Trust in Him,  
even if you*

- *cannot see Him*

*and  
even if you*

- *do not like the choice*  
*that might prove to be*  
*His will for you.*

**Trust**  
**that He [i.e., trust that God]**  
**knows better.**

**That is all I ask you.**

**There is not one person**  
**who cannot put into practice**  
**this advice**  
**in a thousand little ways**  
**every day.**

**This is as true**  
**for**  
**• big and**  
**• important**  
**decisions**

**as it is**  
**for**  
**• small**  
**ones.**

**In one way**  
**it may be easier**  
**to start with**  
**a really big decision.**

**It [i.e., trusting God rather than your self-will with your big decisions]**  
**may feel as though**  
**you were about to**  
**step under a cold shower.**

**One person**  
**finds it easier**  
**to do this by slow stages**

**while another**  
**wants**  
**to quickly get it over with**  
**and suddenly jumps in.**

***Once you are in [the “cold” shower, that is, once you are trusting God rather than your self-will for your big and little decisions],***

***you will see***

***that the water***

***is not at all as cold***

***as you had first imagined,***

***and after a very short while***

***it will even seem***

***• warm and***

***• soothing.***

***It [i.e., stepping into this cold shower that you feared, the experience of trusting God rather than your self-will for your big and little decisions]***

***will give you***

***healing power***

***for***

***all your problems***

***on all levels of your being.***

***It [i.e., stepping into this cold shower that you feared, the experience of trusting God rather than your self-will for your big and little decisions]***

***will give you***

***a wonderful***

***• harmony,***

***• security, and***

***• victory***

***that you have***

***never known before***

***in your life.***

*Whether*  
*you surrender your self-will*  
*in the little problem areas in your life,*  
*thus going into the water by stages,*  
*or whether*  
*you jump in and [surrender your self-will whenever you]*  
*handle the big problems*  
*does not matter,*

*provided*  
*you are going with the process [of surrendering your self-will to God's will]*  
*and [thereby]*  
*taking this one crucial step*  
*that turns your spiritual life*  
*from*  
*• theory*  
*into*  
*• practice*  
*and*  
*from*  
*• unreality*  
*into*  
*• reality.*

*Once you have*  
*sacrificed*  
*your self-will*  
*and therefore [once]*  
*God*  
*has become*  
*a profound reality for you,*  
*all*  
*your doubts [about the reality, existence, and presence of God]*  
*will cease.*

19

*Many of you,  
my friends,  
do not even know  
what  
your  
unconscious  
• image or  
• belief  
about God  
actually is.*

*Ask yourself  
that question also,  
for you will be surprised  
how many different answers  
there may be.*

*With one person  
this  
hidden  
• subconscious or  
• unconscious  
image of God –  
which is, of course,  
not  
• a thought or  
• an idea  
but  
• a feeling –  
is a  
vague impression  
of a  
• very strict,  
• pedantic  
school teacher  
who shakes His finger at you  
and does not understand  
so many of your human problems.*



*Such a [pedantic strict school-teacher]  
concept of God  
may have come from  
another image,  
whether*

- *in this life or*
- *in another,*

*of a human father  
you may have had.*

*It [i.e., this experience with a human father]  
may dangerously color  
your image of God,  
and you should recognize this danger.*

*Other people  
may think  
that their problems  
cannot ever be presented to God,  
because  
God  
does not care about their lives.*

*This is  
so untrue,  
for  
every*

- *decision,*  
*no matter how small, and*

*every*

- *deed or*
- *attitude*  
*of yours,*

*stands in direct relationship  
to one or more of  
the spiritual laws.*

*There are also those  
who think that  
it might be almost blasphemous  
to go to God  
with certain problems.*

*How wrong this is, too!*

*There is  
no problem  
which you  
cannot bring to God,  
no matter what it is,*

*for He certainly  
understands you  
better than  
any*

- *human being,*
- *psychoanalyst,*
- *doctor, or*
- *scientist.*

*You should know*

- *definitely and*
- *consciously*

*that no matter  
what problem  
you take to God  
in a sincere way,*

*He will*

- *understand and*
- *help*

*you,*

*provided  
you are*

- *asking for this help and*
- *willing to trust*
  - *Him*

*more than*

- *yourself.*

*So do not hesitate  
to turn to Him  
because of  
some mistaken image  
you may have  
that often comes  
from*

- influences in the home or  
from*
- religious teachers  
who are also infected  
with such ideas.*

*This [i.e., this mistaken image from parents or teachers]  
is very harmful.*

20

*My dear friends,  
what I have said to you here  
is  
"spiritual dynamite."*

- It will be difficult  
to follow it through and*
- it will mean  
doing battle with  
yourself.*

*But  
if you  
sincerely  
surrender*

- your self-will  
to*
- the divine will*

*you will see  
that your whole life  
will change.*

*So all of you  
who have heard these words  
should go  
within yourselves  
and ask:*

*"Where is something in my life  
that  
God  
may wish to change?"*

*And then  
prepare yourself  
for the battle.*

*Take your time  
with it [i.e., take your time with answering and battling with this question];  
do not do it [i.e., do not answer this question]  
• hastily or  
• superficially.*

*Do not deceive yourself  
by doing it [i.e., by answering this question, "Where is something in my life  
that God may wish to change?"]*

*half-heartedly  
and then  
claim  
that you did not receive an answer,*

*for you  
will not receive one  
if you have not done it [i.e., have not wrestled with this question]  
wholeheartedly.*

*Do not try to  
talk yourself into the conviction  
that something  
must be  
God's will  
because  
you want it so much.*

***Put down  
all your cards  
before God.***

***Make yourself  
empty.***

***Be ready  
to give up  
everything.***

***If it [i.e., if answering this question, “Where is something in my life  
that God may wish to change?”]***

***takes***

- weeks or***
- months,***

***it does not matter.***

***This should be your aim now.***

***If you cannot do so  
because  
something in you  
still does not want to,***

***it is much better  
if you acknowledge that  
to yourself.***

***Better say,  
“I am not ready now,”***

***and***

- go on [your spiritual path]  
in other ways,***
- progress [in your spiritual development]  
in slower stages,***

***and perhaps  
in a year  
you will be far enough [to wrestle with this question, “Where is something  
in my life that God may wish to change?”].***

*But  
do not give up entirely,  
under some pretext,  
surrendering to God.*

*Being honest  
in this way  
you are preparing yourself  
to cross  
the great threshold  
of spiritual development.*

*But  
if you can use the shortcut  
of sacrifice,  
it will be  
a wonderful deliverance for you  
in  
many,  
many  
ways.*

21

*Before ending this lecture,  
I want to remind  
all of you  
to practice using  
a powerful tool  
called  
daily review.*

*You do not have to be  
extremely far  
in self-development  
to accomplish this.*

*Anyone can do so.*

*All you should do  
is review the day  
and think of  
all the instances  
that have caused you*

*disharmony*

*in any*

- *manner,*
- *shape, or*
- *form.*

*Even if at the beginning  
you cannot understand  
why [an incident caused you disharmony],*

*just*

*put down*

- *the incident*

*and*

- *what you have felt [in your reaction to the incident].*

*When you have done this  
for a while,  
a pattern  
will evolve.*

*It [the pattern that evolves]  
may still*

*not give you a clue  
concerning*

*what is wrong  
in your inner makeup,*

*but you will  
at least*

*see some repetition  
indicating*

*that there must be  
something in you*

*that is causing the disharmony,  
no matter*

*how wrong*

*others may be*

*in their own way.*

	<p><i>If</i> <i>unhappy</i> <i>• events or</i> <i>• feelings</i> <i>recur constantly,</i> <i>they [i.e., the unhappy events or feelings that recur constantly]</i> <i>are a clue</i> <i>to your own soul.</i></p> <p><i>• These repeated occurrences,</i> <i>along with</i> <i>• your reactions toward them,</i> <i>may vary</i> <i>in two or three ways,</i> <i>but there must be a</i> <i>• basic,</i> <i>• underlying</i> <i>problem</i> <i>which you can learn to recognize.</i></p>
22	<p><i>Doing your review</i> <i>will not take more than</i> <i>ten or fifteen minutes</i> <i>every day,</i></p> <p><i>which should</i> <i>certainly</i> <i>be possible</i> <i>for each one of you.</i></p> <p><i>You do</i> <i>not have to</i> <i>write down</i> <i>• everything</i> <i>that has disturbed</i> <i>your sense of harmony</i> <i>during the course of a day,</i> <i>just [write down]</i> <i>• certain key words.</i></p>



**By**  
**constantly**  
**doing this** [i.e., by constantly doing this daily review of disharmonies],

- **you will succeed**  
**in making**  
**the unconscious**  
**conscious**

**and**

- **you will discover**  
**your own**  
**inner trends.**

**You will**  
**most certainly**  
**recognize**  
**definite patterns**  
**in your life**  
**which**  
**you cannot become aware of**  
**otherwise.**

**That** [i.e., the daily review of disharmonies and recognizing patterns in your life]  
**is all you should do**  
**at present.**

**There is**  
**no magic trick to it.**

**After you have kept a daily review for a while,**  
• **read all daily review notes through and**  
• **recollect the incidents,**  
**with your [emotional] reactions.**

**See whether you can at least**  
**sense a pattern,**  
**and then ask yourself,**

**"Can I find the point in myself**  
**where I deviate**  
**from some divine law?"**

23

*Compare*

- *these patterns*

*with*

- *your list of faults*  
*which you have already discovered.*

*Ask yourself questions*

*as to*

- *what your feelings are,*
- *what your desire currents really want, and*
- *whether these*
  - *feelings and*
  - *[desire] currents**are truly*  
*in accordance with divine law.*

*Ask God*

*for enlightenment*

*as to*

*what*

*in these patterns*

*may be*

*even*

- *remotely or*
  - *indirectly*
- connected with*  
*your faults.*

*This is the way*

*to get*

*right into the middle*  
*of this path.*

***Without God's help,  
it would be***  
***• extremely difficult,  
• perhaps impossible,***  
***to gain***  
***the self-knowledge***  
***• which is***  
***• the essence of***  
***and***  
***• the key to***  
***this path and***  
***• without which***  
***you cannot reach***  
***divinity within yourself.***

***It [i.e., the daily review of disharmonies and pattern work]  
takes so very little time,  
and I beg all of you,  
for your own sake,  
to do it.***

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