Pathwork Lecture 26: Finding One's Faults

1996 Edition, Original Given March 28, 1958

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to LIVE you.

For clarity: The **original text** is in **bold and** *italicized*. [My adds of commentary/clarification/interpretation are in brackets, italicized, and <u>not</u> bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to https://www.garyvollbracht.com/pathwork-lectures-devotional-format/

Gary Vollbracht

¶	Content
03	Greetings
	in the name of
	• God and
	• Jesus Christ.
	I bring you blessings, my dear friends.
04	
	The last time [Lecture 25 – The Path: Initial Steps, Preparation, and Decisions]
	I talked about
	• the difficulty
	of this path and
	 the dangers of approaching it with the illusion
	with the illusion that
	• a few meditations and
	• some miracle-formula
	will make
	all your earthly troubles
	disappear.

```
It is equally far from the truth
                  to overestimate
                       the difficulties on this path.
              I can see that
                  some of my friends
                       have become a little afraid [of embarking upon this path],
              and this
                  unjustified fear [of this path]
                       serves as an excuse
                          for the lower self
                              that always
                                  wants to avoid
                                      • purification and
                                      • improvement.
05
              Now, my dear friends,
                  let us examine
                       the fears [of embarking upon this path]
                          you may have.
              Certainly
                  the path is difficult,
              but
                  God is
                       • wise and
                       • just
              and He will
                  not give you
                       more than you can
                          • bear or
                          • accomplish.
              That [i.e., what your are given to bear or accomplish], of course,
                  varies
                       with each individual.
              The higher
                  your development,
                       the stronger you are
              and therefore
                  the more
                       can be expected of you.
```

```
But
    if you are still weak,
perhaps
    the smallest effort
         will be sufficient for you.
At any rate,
    none of you
         can truly achieve
            happiness
                in this life
if
    you do not accomplish,
                spiritually speaking,
        the maximum
            according to your destiny.
This path
    with my
         • instruction and
         • guidance
should help you
    reach this end [i.e., reach true happiness by accomplishing
                the maximum, spiritually speaking, according to your destiny].
Therefore,
    the proper attitude
        for you to take,
if you happen to fear
    that this path
         is too much for you,
is that you
    put yourself
        into the hands of God
            and ask Him.
                Let Him
                   decide for you [whether or not this path is too difficult for you].
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```
But how
                  very few people
                       do this [i.e., put themselves into the hands of God and ask Him
                                                                   to make this decision for them]
                          when
                              the mood of doubt
                                 overtakes them!
              Then [i.e., when the mood of doubt overtakes you]
                  you are
                       all
                          very quick
                              to make your own decision,
                                            albeit a temporary one in many cases,
                                 that this path
                                     is too much for you,
              and the thought does not even occur to you
                  to ask God
                       for His will
                          in this respect.
06
              Another great misunderstanding
                  is the mistaken idea
                       that to follow the path I am showing you
              means
                  neglecting your life
                       in other ways.
              You see, my dear friends,
                  I can observe
                       the forms
                          of your
                              • thoughts and
                              • feelings.
```

```
I can see
    your lower self
that fights
    constantly
         against
            the right decisions,
                delivering all sorts of

    excuses and

                   • pretexts,
while you
    remain unaware of
         • why you have these thoughts [i.e., why you have these lower-self excuses
                                                     and pretexts] and
         • what is really behind them.
Some of you may believe
    that a certain amount of
         • time and
         • effort
           for your
                spiritual development
will take too much time
    away from
        your daily struggle for livelihood;
you think you
    may not have enough strength left
        for your
           professional efforts
                and thus fear that
                   your finances may suffer.
Another may believe
    that not enough time remains
         to enjoy life,
and so on.
```

But this way of thinking is so very wrong because • spiritual development in general, and • this path in particular, is not an extra activity in your life that you simply add on to your other activities, thus diminishing the • strength, • time, • effort, and z.est that would otherwise be available to you for all your other • duties and • pleasures. Actually, it is quite the contrary, my friends. 07 The truth is that this path of purification represents the foundation of your life. It [i.e., this path of purification] the ground you walk on, symbolically speaking!

```
When you decide
    to take it [i.e., to take this path of purification],
you simply
    shift the tracks of your life,
                if I may say so,
         into different channels.
After a while,
    even though
         your main problems
            will not disappear
                from one day
                   to the next,
this [i.e., taking this path of purification]
    has the effect of
         awakening in you
            a new life spark
that furnishes you
    with a heretofore
         unfamiliar
            • strength,
            • acumen,
            • vitality, and
            • ability to enjoy life
                as you have never done before.
Thus
    • you will do
         better work
            in your profession;
    · you will get
         more benefit from
            your times of leisure;
    • you will get
         more pleasure out of life
            whatever you may do,
whereas
    now
         life is still
            more or less flat
                for most of you.
```

```
These [better results in all areas of your life – your profession,
                                       your times of leisure, and the pleasure in your life]
                   are the results
                       I can promise
              if you work
                   spiritually
                       in the way I am showing you.
               They [i.e., these better results]
                   won't become apparent
                       at once,
              but only
                   • after a certain time,
                   • after some
                       inner
                           victories.
               Then you will see
                   that this path
                        is well worth taking,
                           • even from
                               your selfish point of view, and
                           • even though
                               your main conflicts
                                  will have not yet disappeared.
08
               This [i.e., this path being well worth taking]
                   is so
                        because
                           on this path
                               you will
                                  eventually
                                      find out
              where
                   in your
                        · deeper feelings,
                        • reactions, and
                        • thoughts,
                   if not in your
                        • deeds,
              you have broken
                        many a spiritual law.
```

```
This realization [that you have broken many a spiritual law in your
                               deeper feelings, reactions and thoughts]
    will enable you to
        gradually
           change
                • inner currents and
                • emotional reactions,
and this will
    automatically
        free a
           • strength and
           • life force
                that was previously
                   • locked or
                   • blocked.
So I do
    not promise you
        a miracle
           that will be given to you
                as a reward
                   from heaven,
but show you
    • plainly and
    • logically
        that this path
           cannot help but work out
                because
                   it is based on
                       the law of
                          • cause and
                          • effect
                               which works quite
                                  • naturally and
                                  • impersonally.
```

```
So I ask you
    not to consider
         the decision to take this path
            as some additional activity in your life,
                such as
                   taking up some new kind of lessons
                        that might rob you of
                           • time and
                           • effort
                               you could give
                                  to other

    necessary or

                                       • desirable
                                              things.
Consider rather
    this path
         as the foundation of your life;
it is supposed to
    make it [i.e., make your life]
         into a well-integrated whole.
For if you can solve
    your
         inner
            • problems and
            • errors,
                as you can
                   only
                        do on this path,
you must eventually also solve
    your
         outer
            problems.
```

```
Because
    you have
         often
            wasted many lives, and
because
    wrong habits of
         • thinking and
         • feeling
            have implanted themselves
                deeper
                   and deeper
                       in you
                          from one incarnation
                              to another,
the knots
    have become
         • tighter and
         • more tangled.
Therefore
    it must take time
         • to dissolve
            these knots,
         • to loosen them up,
         • to understand
            the workings
                of all your
                   inner currents
                       in relationship to
                          spiritual
                               • law and
                               • truth.
However,
    if and when
        you have accomplished this [i.e., if and when you have understood the
                                      working of all your inner currents
                                      in relationship to spiritual law and truth]
            to some degree,
vour
    outer
        problems
            must
                cease.
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```
This [cessation of your outer problems]
                  will certainly
                       not happen
              when you
                  merely
                      put more
                          • effort and
                          • concentration
                              on the
                                 outer
                                     problem alone,
              instead of
                  finding out
                       the corresponding
                          inner
                              problem
              which is
                 always
                       the cause
                          of the
                              outer
                                 one.
09
              By the same token,
                  you will get so much more out of
                       all the good things in life -
                              • happiness,
                              • joy,
                              • pleasure –
                          • if your soul
                              becomes healthy again,
                          • if your
                              inner
                                 reactions
                                     can conform to
                                        spiritual law.
                                      Only then [i.e., only when your inner reactions
                                                                   conform to spiritual law]
                                         will you be capable of
                                             happiness.
```

```
For how many people
    are capable of
         happiness?
                Very few,
                   my friends.
The majority of people
    are actually
        as scared of
           • happiness
        as of
           • unhappiness.
You desire
    great happiness,
         all of you,
but
    the farther out of reach it is,
        the more desirable it seems to you;
whereas
    if once in a while
         there seems to be a chance
           to actually realize such happiness,
                you then
                   shrink away from it.
                       Oh yes, my friends,
                          this is so.
Think back
    in your life;
examine your feelings
    in these rare moments [i.e., in these rare moments where there was a chance
                              for you to realize the happiness you long for];
analyze them [i.e., analyze your feelings in such moments]
    from this angle [from the angle that you are afraid of happiness and ultimately
                shrink away from happiness when happiness becomes possible]
and you will see
```

that I am right.

```
This [shrinking away in fear from a chance to realize the happiness you long for]
                  is, of course,
                       a symptom
                          that the soul
                              • is sick and
                              • has deviated from
                                  one or more
                                      spiritual laws.
              For
                  only those
                       who follow
                          a very important spiritual law,
                              embrace life
                                  · wholeheartedly,
                                  • without fear,
                                  • without self-pity,
                                  • without being afraid of being hurt.
              And only those who can do so [i.e., who can follow a very important spiritual law]
                  are capable of
                       experiencing
                          real happiness.
10
              So everything you do in life
                  will have
                       more
                          • flavor,
                       more
                          • awareness, and
                       more
                          • life spark
              if you
                  • follow
                       the path of
                          • self-knowledge and
                          • perfection, and
                  • do what God wants you to do.
```

It [i.e., following the path of self-knowledge and perfection, and doing what God wants you to do]

will not take more time than is reasonable according to your life circumstances.

All of you without exception are capable,

- with
 - a little willpower and
 - determination and
 - proper organization of your everyday life,

to spend an average of half an hour a day on your spiritual development.

You spend time

on your physical body,

- feed it,
- rest it, and
- cleanse it;

you certainly do not feel

that this takes something away from your

- other duties or
- pleasures.

You take it for granted

that this [care of your physical body]

is a

- necessary,
- self-evident

part of your life.

```
Yet.
    when the question arises
         whether to do the same
           for your soul -
                       and less time is necessary for that
                          than for your body -
    then
         • fears,
         • doubts, and
         • questions
            bar your way.
But they [i.e., But fears, doubts, and questions]
    cannot do so [i.e., cannot bar your way to spiritual development and caring
                                                                    for your soul]
if you take the trouble
    to think reasonably
        about
            this matter of spiritual development,
                my friends.
You are
    not
        thinking reasonably
            about it [i.e., about your spiritual development], however
because
    you do not evaluate
         these doubts [concerning your soul and your spiritual development]
            as to their [i.e. as to these doubts']
                proper merit.
Instead
    you have them [i.e., you have these doubts concerning your soul
                                              and your spiritual development]
         because
           you are inspired by
                your own
                   lower self.
```

```
As long as
                  you do not
                       recognize
                          • how the lower self works,
                          • how it manifests, and
                          • in what devious ways
                               it hides behind handy excuses [i.e., excuses not to commit to this
                                      path, that is, excuses not to commit to your spiritual
                                      development that is needed to expose
                                              the lower self and its devious ways],
              you will
                   not
                       be able to master it [i.e., not be able to master the lower self],
                          regardless
                               how sincere
                                  your love for God may be.
11
              Love for God
                   is wonderful
              if it manifests
                   in beautiful
                       • prayer and
                       • meditation.
              But
                   the work
                       has to be done
                          too.
               What is the work?
                       This is the work, my friends.
                               To master
                                  your lower self
                                      is the work
                                         that Jesus meant mainly.
                               To do good
                                  to other people
                                      is also part of it.
```

```
But
    can you do
         really good to other people
            as long as
                your impure currents
                   force you
                       into thinking things
                          that are
                               not according to truth?
                                             No.
You may be able to perform
    a good act
         and consider this
            a good deed.
Yet it is
    not really
         a good deed
if it is not supported by
    purified
        feelings.
And purified
    feelings
         are your goal
            on this path,
for which
    you do
         not need
            more than
                • a certain amount of time every day,
                • a certain amount of willpower, and
                • a certain amount of

    detached and

                   • reasonable,
                        common sense thinking.
```

```
12
              Some of you
                  have really made
                       this wholehearted decision [to follow this spiritual path of purification
                                                     and thereby to master your lower self].
              Some of you
                  have not.
              But for both groups [i.e., for both those who have made this wholehearted decision
                              to follow this path of purification and for those who have not],
                  it is important
                       to understand
                          how to deal with
                              the lower self
                                  that
                                      • works in the subconscious mind and
                                      • sends
                                         only subterfuges [i.e., expedients used to evade a rule,
                                                                    or to escape a consequence]
                                             to the surface [i.e., to awareness and consciousness].
              For
                  even those of you
                       who are sincerely willing
                          to walk this
                              path of purification
              will have
                  many fights
                       with this lower self of yours
                          along the way.
              Perhaps
                  not any more [fights]
                       as far as
                          taking this path on the whole
                              is concerned,
                  but [fights] about
                       individual
                          • currents and
                          • trends
                              within you
                                  which
                                      the lower self
                                         does not want to part with.
```

```
So it is important
                   that you
                       train yourself
                          to understand
                               what is underneath
                                  these
                                      • doubts or
                                      • fears
                                         that want to
                                              • lead you
                                                away from the path [of purification] -
                                         or at least
                                             • make it more difficult for you
                                                 to gain
                                                     the necessary
                                                        self-understanding.
13
              So this [i.e., So having fights with the lower self that would keep you from progress
                                                                    on this path of purification]
                   is one factor,
                          my dear friends,
                       that you have to
                          • deal with
                               in the first place, and
                          • keep in mind
                               at all times.
              Learn to see through
                  your
                       · doubts and
                  your
                       • hesitancy;
              learn to see
                   the real meaning of
                       an occasional stubbornness
                          when you
                               do not want
                                  to understand something.
```

```
And
                  the more
                       you come to know
                          • your own
                              entire
                                 personality,
                          • what you
                                 really are and
                          • who
                                 you are,
                  the easier it will become
                       for you to
                          overcome
                              whatever is in
                                 your lower self
                                     that
                                        constantly
                                             draws you away from
                                                this inner work.
14
              Here are thoughts
                  I could observe in some of my friends
                       between the last lecture and tonight:
                       • "Isn't it enough
                          if I am a decent person?
                       • God loves us all and
                          if I just try
                              to
                                 • be good and
                                 • behave right,
                          that should be sufficient.
                       • Why do I have to
                          go through all this [work of purification and dealing with
                                                                          the lower self]?"
```

```
No, my dear ones,
    it [i.e., this limited way of thinking about your spiritual life]
         may be sufficient for
            some people,
but
    do not ever forget
         that for anyone
            who is guided to hear this [lecture],
         there is also
            an obligation involved.
And this obligation
    means that
         more is expected of you
            than
                just being
                   what is commonly considered
                       a decent person
                          who does not harm other people.
That
    the fulfillment of this [larger] obligation
         works out for your own good,
            because
                by overcoming your lower self
                   you free yourself
                       of your own chains,
is something else again.
But let us remain
    for the moment
         with the argument
            that I have observed among some of you
[namely,] that it should suffice
    for spiritual development
         if you [merely]
            • are good and
            • do not harm others.
```

```
What constitutes
    "harm to others"?
To harm others is
    not only
        • to steal from them, or
        • to say ugly things behind their backs, or
        • to kill, or
        • anything like that.
You may harm another person
    by not having
        enough love.
And no
    • outer and
    • forced
        kindliness
           to make up for
               this lack [of love]
will change
    the fact
        that
           this love
is still
    missing
        in your soul.
Or, you may harm another
    by not having
        enough understanding,
    by being
        blind.
```

```
For
                   if you are blind
                       to yourself [including blind to your faults and weaknesses],
              you are perforce
                   blind
                       to your surroundings.
              And
                   each individual fault of yours [to which you are currently blind]
                       stands in the way of
                          unfolding
                               pure
                                  · love,
                                  • insight, and
                                  • understanding.
              In this way
                  you do harm others.
15
              But it is not as simple
                   as all that,
                       my friends.
              Imagine
                   • the love of God,
                   • this marvelous light
                       that lives
                          in the soul
                               of each individual.
              And imagine how
                   the lower self
                       stands
                          in-between
                               • you
                          and
                               • this light [i.e., this light and love that lives within you] and
                               • the beneficial effect
                                  it [i.e., this love and marvelous light that lives within you and
                                                      its beneficial effect, if made available,]
                                       could have
                                          on your surroundings.
```

```
You
                  not only
                       cause harm
                          through
                              actual
                                 • bad deeds,
                                 • bad thoughts, and
                                 • impure feelings,
                  but also
                       by lacking the
                          • love and
                          • understanding
                              you
                                 could be capable of having
                              if you
                                 fulfilled your maximum potential
                                      in this incarnation.
                              That [i.e., fulfilling your maximum potential in this incarnation]
                                 means
                                     following
                                         this path of self-development.
16
              Not only
                  those traits
                       which are commonly called
                          faults
                              • are a hindrance for you,
                       and thus
                          • directly or
                          • indirectly
                              • harm others,
              but also
                  your fears,
                       which are not generally
                          considered to be
                              faults.
```

```
You do not realize that
    your fears
cause
    great harm,
         not only
            • in your own life
         but also
            • in the lives of others.
Your fears
    also
         hide
            your light of
                • love,
                • understanding, and
                • truth.
So,
    being on this path
         is not only
            a matter of
                overcoming
                   your character weaknesses.
Overcoming
    your own fears
         is of equal importance,
for as long as
    there is fear
         in your heart,
you harm
    other people.
[With fear in your heart]
    You actually
         send out
            certain rays
                that have
                   a very unsavory effect.
Do you know that,
    for the spirit,
fear
    has a
         very ugly smell?
```

```
And do you know
    that
         • your spirit,
         • your subconscious mind,
            • smells
                the fear of others
                   all the time and
            • is affected by it
                constantly?
You can only
    guard yourself
         against
            • this fear emanation
                of others and
            • your own consequent
                negative reactions
if you
    oust your own fear [and its emanation to others];
for then
    • you will
         consciously
            understand the fear of others and
     • it [i.e., the fear of others and its emanation toward you]
         will not harm you any more.
You will make
    your instinctive awareness
         of their fear
into
    an intuition
         that will reach
            your entire consciousness.
```

```
But as long as
    you live
         • instinctively,
    and therefore
         • unknowingly,
            • you remain unaware
                of all fears,
            • you are gravely affected
                by them [affected by all fears]
         and thus
            • you will, in turn,
                produce bad effects
                   on others.
Thus
    a vicious circle
         is set in motion
that can only be broken
    if
         • self-awareness and
         • understanding about these facts
            are gained
                in sufficient degree.
If this [inner work of self-awareness and understanding]
    is not done,
the fears of others
    reaching you
         will increase
           your own fears;
this sets up
    a hard wall
         between
            • vou
         and
            • your fellow-creatures
that eliminates
    all divine aspects
         that could be spread outward
           from
                · your own soul,
         as well as
           from
                • the souls of others.
```

```
For there is
                  nothing
                       as contagious
                          as
                              inner currents,
                                 be they
                                      • positive
                                    or
                                      • negative.
17
              So do not believe
                  that it is sufficient
                       to be
                          merely
                              a decent person.
              This term ["decent person"]
                  varies greatly
                       according to
                          • a person's overall spiritual development and
                          • what he or she
                              is capable of delivering
                                   in
                                      • fulfillment and
                                      • purification.
              I mean that
                  God evaluates
                       each individual
                          differently.
              Furthermore,
                  do not imagine
                       that you do not harm anyone
                          by simply refraining from
                              the more obvious evil deeds.
```

```
As long as
                  there is
                       fear
                          in your heart
              you do harm
                  in subtle ways
                       that are not obvious,
                          but are nevertheless
                              just as damaging.
18
              Now, my dear friends,
                  I want you to think about
                       all that I have said to you.
              And,
                  if you really want to follow this path,
              it is not sufficient
                  for you to read this lecture
                       just once.
              You will find
                  that you will need to
                       • reread
                          certain sentences
                              several times and
                       • meditate
                          on them [i.e., meditate on these certain sentences]
                              so that
                                 you gain
                                      • enlightenment and
                                      • deeper understanding.
              Do not
                  just read the lecture once
                       and forget it.
              Some of these sentences
                  have deep meaning
                       for you
                          personally,
              and therefore
                  it is important
                       that you work with them.
```

```
Often
                  it may be
                       very necessary for you
                          to go back to
                              a few previous lectures,
              if there is any particular point
                  which you
                       • still have
                          not quite digested and
                       • still need
                          to deliberate on.
              You yourself
                  will know when this is necessary.
19
              I have promised to show you
                  how you should go about
                       actually starting on this path.
              There are
                  many ways,
              and each individual
                  reacts to them differently.
              Of course,
                  in these general lectures
                       I cannot give
                          • individualized or
                          • personal
                              guidance
                                 for the manner in which
                                      each of you
                                         can work on this path.
              But
                  I will give you certain basic facts to go by
                       as you make
                          your own plan.
```

```
You do not have to work
                   according to my words
                       to the letter;
              certain details of

    method and

                   • timing
              may vary
                  for each one of you.
              This can be all right
                   as long as
                       you keep the basic structure in mind.
20
              You all know that
                   to gain
                       self-knowledge
                          is of
                              imperative importance.
              Now.
                   how can this be done?
              The first step
                   will be
                       to think
                          as objectively as you possibly can
                              about
                                  • yourself,
                              about
                                  all your
                                      • good qualities and
                                  all your
                                      • faults.
              Write down a list,
                   as I have often advised,
              because
                  this writing down
                       • helps you to
                          • concentrate on and
                          • condense
                               what you have found out so far and
                       • will prevent your losing your hold
                          on the knowledge.
```

```
The written words
                  in black and white
                       can
                          • shed a
                              new light of understanding, and
                          • promote
                              a tiny little bit of
                                 detachment
                                     in your consideration of
                                        yourself.
              Later on,
                  when you have gained further knowledge
                       about
                          • yourself and
                       about
                          • your subconscious trends,
              you will be able to
                  combine certain factors
                       of your
                         first-found knowledge,
                              provided it is
                                 • clearly and
                                 • concisely
                                     expressed.
21
              After
                  you have done this conscientiously,
              the next step
                  would be
                       to ask
                          • someone else,
                          • someone who knows you very well,
                              to tell you
                                 what he or she
                                     honestly
                                        thinks about you.
              I know that it takes courage to do that.
```

Consider this your first effort to overcome a little bit of your pride. By doing so [i.e., by thus overcoming a little bit of your pride], you will have attained some victory that will already free you of one little inner chain. 22 I would suggest, my friends, that • all of you who are here, and • all of you who read these words and • cannot be present at these sessions personally but are also willing to walk this path, get together with one or two other friends who are interested in reaching the same goal. Some of you who read these words may not be able to belong to this group. If you • are all alone in this spiritual quest, and • wonder how to find the proper person to work with, I advise you to pray for guidance. You will see what happens.

```
For whoever
                  • needs help and
                  • knocks on the door,
                       knowing how to ask,
              will be answered.
              I can promise you that
                  if your wish
                       is sincere,
                  you will be guided.
23
              As far as
                  my friends who are here
                       are concerned,
              you should not have a problem
                  because
                       you can always
                          • arrange to get together with
                              one other person here
                       and perhaps
                          • meet once a week
                              to discuss things
                                 pertaining to
                                     your work on this path.
              For,
                  in many ways,
                       it is very important
                          not to do this work
                              completely alone.
              In the first place,
                  there is a spiritual law, my friends:
                       • to be able to open up,
                       • to really open your heart
                          to another person
                              brings a spiritual help
                                 that you
                                      could not
                                         receive by yourself.
                                             It is
                                                the law of brotherhood.
```

```
For people who are
                  always alone,
                              no matter

 how hard they work,

                              no matter

    how intelligently

                                     they
                                         • read or
                                         • study,
                              no matter
                                 • how much
                                     self-honesty
                                         they try to have,
                       become locked
                          in a certain vacuum
                              that bars
                                 a complete
                                      · understanding and
                                      • evaluation
                                         of the self,
                                             an understanding
                                                that automatically
                                                    flows into them
                                                       if they can
                                                           open themselves
                                                               to another soul.
              By remaining
                  all alone,
              you violate
                  the law of brotherhood
                       in some subtle way.
24
              Not isolating yourself
                  requires
                       a certain amount of humility
                          which
                              does not come easily
                                 at the very beginning,
                          but after some time
                              it becomes second nature
                                 through a fruitful cooperation
                                      with another person.
```

```
Soon you will be able to
    • talk openly
         about
            your
                • difficulties,
            your

    weaknesses and

            vour
                • problems,
and
    • receive criticism.
The latter [i.e., receiving criticism], of course,
    is equally healthy
        for the soul.
Each one of you
    who has already tried
         opening up
will confirm
    that
         merely discussing a problem
            you have kept to yourself
                without hearing good advice,
will cause it
    to all of a sudden
         lose
            • its exaggerated proportions, and
            • some of its fearful aspects.
By being yourself
         • as you really are
            with at least one person,
         • with the minimum of
            • masks and
            • defenses
                possible,
    you imbibe
         a very healthy medicine
            for yourself.
```

```
At the same time
    [by being yourself as you really are]
        you offer
           an act of love
                to the other person
                   whom you help
                       more by
                          • showing your own human weaknesses
                       than by
                          • trying to appear superior.
Your
    • partner or
    • co-worker
         will do the same
           for you.
So
    try to organize this
         with each other.
You will see
    after a while
         how
            • helpful and
            • fruitful
                this will be.
• It will give you
    food for thought;
• you will
    help each other and
• you will
    learn a lot
        in
            • brotherhood,
        in
            • humility, and
         in
            • detached understanding.
```

```
25
              Asking others
                  about your faults
              may not always be possible
                  with the person
                      you have chosen
                          as your spiritual co-worker,
              because
                  not all people
                       who come here
                          know each other very well.
              Your own
                  • friends or
                  • family
              may not
                  share your interest in this work,
              but they still
                  • know you very well and
                  • can tell you
                       more about yourself
                          than your new-found friends here.
              I would advise you
                  to ask those
                       who know you really well.
              No matter
                  what they believe,
              they will
                  respect you
                       • for your sincere endeavor
                          • to improve,
                          • to learn about your faults, and
                       • for listening to them.
```

```
You can ask
                  in the right way,
                       explaining to them
                          • that four eyes
                              often see more than two, and
                          • that you
                              • want to improve and
                              • will not be
                                 • hurt or
                                 • angry with them
                                      even if
                                         they say something
                                             that may seem unjust to you.
              My friends,
                  you know
                       it is possible
                          that by doing just that much,
              you can open a door
                  to the very people
                       vou
                          • had hoped to convince and
                          • were unable to reach
                              • by merely lecturing them,
                              • by trying to prove a truth
                                 they could not see as yet.
26
              When your
                  • friends or
                  • family
                       do tell you
                          your faults,
              think about them
                  calmly.
              Someone may say something
                  that at first
                       will seem
                          entirely
                              • unjust and
                              • hurtful
                                 to you.
```

```
You may also,
    for that matter,
         be even more hurt
              if
                a truth [concerning a real fault in you]
                   is told to you.
Even if you have
    the sincere conviction
        that the criticism
            is an injustice,
try to
    evaluate it [i.e., evaluate the criticism]
         nonetheless.
There may be
    only one grain of truth in it;
the other person may
    • just see you
         a little differently or
    • see you just on
         a superficial level.
He or she
    may not have
         the full understanding of
            • what lies underneath,
            • why
                you react in this way, and
            • all the complicated mechanisms
                of the workings of the soul.
He or she
    may not choose
         the right words.
But
    the one grain of truth
         in what is said
may open
    a new door of understanding
        for you.
```

```
It [i.e., the criticism or fault]
                   may not even be
                       something entirely new for you,
              but it is often necessary
                   to consider
                       the same
                           • fault or
                           • trait
                               • from new angles,
                               • under a different light,
              so as to understand
                   the various effects
                       this same fault
                           may have on
                               your surroundings.
               When you
                   • say your daily prayer and
                   • do your meditation,
              this [i.e., this set of faults that others may see in you]
                   is what you should
                        concentrate on.
27
              Perhaps it is better for you
                   now
                       to devote less
                           • time and
                           • concentration
                               to
                                  general deliberations,
              and instead
                   ask God
                       for help
                          to be able to
                               recognize yourself
                                  • in truth,
                                  • without
                                       the distorted view
                                          the self
                                              generally reserves
                                                 for itself.
```

Ask God to inspire you how to react rightly to enlightenment about yourself; ask for help to receive unpleasant truth from others in a productive way. If you start in this way, you have made a very good beginning. If you take all the faults you are beginning to recognize more and more clearly into your daily meditation, and if your wish [to know and react rightly to all your faults] is truly sincere, you have made the best beginning imaginable. 28 And, my dear friends, if you do that [i.e., if you recognize, know, and react rightly to all your faults], train yourself to observe your inner reactions when you deal with the unpleasant within you. This is of utmost importance.

```
I have begun this lecture
    by saying that
         the lower self
            constantly
                resists your endeavors.
Here [i.e., as you observe your inner reactions when you deal with
                                               the unpleasant within you]
    you have a wonderful opportunity
         to observe
            your undisguised
                lower self
                   as it

    works and

                        • reacts.
Try to watch it [i.e., Try to watch your undisguised lower self]
    as you would a third person.
Try to be
    a little less involved in it [i.e., less involved in your lower self].
Try to put
    a little distance
         between

    your powers of

                self-observation
         and
            • the reaction of
                your
                    • lower self,
                your
                    • ego,
                your
                    • hurt,
                your
                   • vanity
         that become involved
            when you are dealing with
                the unpleasant side of your personality.
```

```
By thus recognizing
    your own reactions [i.e., reactions of your lower self, ego, hurt, and vanity when
                                      you are dealing with your faults, the
                                       unpleasant side of your personality]
         and understanding them [i.e., understanding your own reactions
                                                             to your faults],
           perhaps
                • humoring them [i.e., humoring the reactions of your lower self
                                                             to your faults]
                   a little and
                • not taking yourself
                   so deadly seriously
                        in this respect [i.e., in respect to your faults and
                                                     your reactions to them],
you will gain
    another step up
         on the ladder.
But I admonish you
    not to expect this awareness [of your faults and of your reactions to them]
         to happen
           from one day
                to the next.
It [i.e., to gain this awareness of your faults and of your reactions to them]
    means
         constant work,
and after some time of
    regular work
         each day,
            let us say for only half an hour,
you will make progress.
```

```
You will come to the point
                   when you
                       feel quite clearly
                          the distance
                               between
                                  • the real you
                               and
                                  • your hurt little ego,
                       and you can humor it [i.e., humor your hurt little ego] a little bit
                          without being
                               so very much
                                  in it [i.e., without being in your hurt little ego].
              Once you have accomplished this [i.e., accomplished putting distance between
                                                     the real you and your hurt little ego],
                   the door will open
                       for further self-understanding.
29
              This [self-understanding, understanding of your various reactions to your faults
                               by working with a co-worker]
                   might be
                       a very good way to begin [your work of discovering your faults],
                          dear friends.
              Those of you
                   who have not found as yet
                       the right co-worker,
                          as we might call it,
              can pray for
                  guidance
              and you
                   will be helped.
```

Then [i.e., when you have found the right co-worker] • get together once a week and • tell each other • what you have accomplished so far, • where you still have difficulties, • what your inner reactions are, and perhaps • plan together • what pertinent questions you may ask in the next general session here. This will also give great joy to you. 30 So, begin by • making your own inventory of faults. After you • have done your best in this respect, and • have also asked someone who knows you really well about your faults, compare • their observations with • your own findings. Complement the two lists, work with them. Take the results to God in your daily prayer to help you further.

```
These efforts [i.e., efforts of making your own list of faults, talking to another
                               about your faults, comparing the two lists
                               and taking the results to God in your daily prayer]
    are
         a wonderful beginning
            for everyone.
They [i.e., these efforts]
    will not be in vain,
         I promise you.
If
   every day
         you
            • do some
                self-observation work, and
            • meditate on
                some of the pertinent words
                    I am giving here,
you will certainly
    be successful,
         long before
            actual results
                can manifest in your life.
A feeling of
    deep

    contentment and

         • peace
            will come to you
                often,
                   [a feeling of deep contentment and peace]
                        that only those
                           who work on themselves
                               according to God's will
                                   can have.
```

```
On a day when you
   feel
         • strong,
         • alive and
         • full of enthusiasm,
it is
    much easier
        to find contact with
             • God and
             • His truth
                within yourself.
Consider such days
    a source of strength
        that you can gather
           for the more difficult times
                that may follow.
Most important, however,
    are the days
         when you
           feel
                • low and
                • discouraged and
                • doubtful.
Then [i.e., when you feel low, discouraged, and doubtful]
    it becomes
        imperative
           for you to know
                how to fight
                   against
                       giving in
                          to these moods.
Choose these [low] days
    to
         • reread
           what I am saying here and
         • consider it [i.e., consider what I am saying here] again, and
        • take your problem to God.
```

```
It is
    most difficult
        for human beings
to form
    • the right thoughts
 at
    • the right moment.
         The practice of this
            is a training
                in itself.
To have
    • the proper thoughts
  at
    • the proper time
is really nothing else
    but
        a habit
            that has to be formed.
So
    if you are
         • low and
         · discouraged,
do not
    give in
        to your mood
            so easily.
[Rather,]
    Ask God for
         • proper understanding and
         • light
            in this moment [when you are feeling low and discouraged].
Perhaps you could
    make a mark
        on your copy of the lecture
            and put it in a certain place
                where you can easily find it.
```

```
Then,
    if you still doubt [my words here],
ask God for
    • His truth and
    • His will
        for you;
ask Christ
    to help you
        to be receptive to it [i.e., receptive to God's truth and God's will for you].
Pray:
    "Father,
         • is this
            thy truth?
         • Is this
           thy will for me?
    I am open
         to receive
            thy answer."
Nothing more
    is asked
when you are
    in doubt,
         my friends.
But
    if you
         • do this
            • sincerely,
            • with your
                whole heart, and
         • disregard
            the resistance
                of your lower self
                   that
                       always
                           lurks nearby
                               in such moments,
then
    you will have gained
         a major victory.
```

```
I want to impress this [work of discovering and dealing with your faults]
                   upon you;
              take it with you tonight
                   as the first

    actual and

                       • concrete
                          beginning on this path.
31
              Before turning to your questions now,
                   I want to mention once more that
              everything
                  you suffer from
                       in your life,
                          my friends,
              results
                   • directly or
                   • indirectly
                       from your
                          • shortcomings and
                       from your
                          • fears.
              If you did not have
                   any shortcomings,
              there could not be
                   any fear
                       in you.
              It is
                   • fear
                       that makes you
                          so miserable,
                   • the same fear
                       that makes you
                          blind to
                               the joys of life.
```

```
Remember that
    it is in
         your own power
to break
    the chains of fear
         by following this path.
                It is in
                   your own hands.
If
    you wish for
         this power [to break the chains of fear],
you will
    receive it.
No matter
    how busy you are in your life,
you will
    have the time,
         not only
            • to fulfill your duties
                as you have done before,
         but
            • to fulfill them
                infinitely better.
And
    you will have time
         to enjoy life
            infinitely better too
when
    you lose
         the constant
            • fear and
            • insecurity
                in your soul.
It [i.e., the fear and insecurity in your soul]
    spoils
         everything
            for you
                so much,
                    my dear ones.
```

```
Do not think
                  you will lack the strength
                      for the necessary work on this path.
              This strength
                  will be given
                      drop by drop
                         for all your needs,
                             • spiritual and
                             • material,
              when you
                 first decide
                      to
                         • choose this path and
                         • trust God
                             that He will
                                give you
                                     what you need for it.
             And now, my friends,
                  I am ready for your questions.
32
              QUESTION:
              Would you please tell us
                  what Jesus meant by
                       "the meek
                         shall inherit the earth?"
              ANSWER:
              By
                  "meek"
              are meant
                  all who have
                      no
                         hatred,
                      no
                         resentment,
                      no
                         self-will, and
                      no
                          fear.
```

```
They [i.e., those who have no hatred, resentment, self-will, and fear]
    will be able
        to be
            • understanding,
            • loving, and
            • humble
                enough
                   not to have to
                       prove themselves
                          right
                               all the time.
Many people
    may lack the courage
        to put this [understanding, loving, and humble living] in practice,
but
    inside
         they feel frustrated
            when they are
                not
                   able to do it [i.e., when they are not able to practice
                                      understanding, loving, and humble living].
To be like this [i.e., to be understanding, loving, and humble]
   is to have
        a very healthy soul,
because
    this means
         having
            • strength,
            • power, and
            • independence.
Such a person
    lives
         • with
            the divine law
                that works for him or her,
    instead of
         • swimming against
            the stream of the law
                which then sets up
                   very disharmonious currents.
```

```
33
              On the other hand,
                  it should be clearly understood
                       that
                          meekness
                              in the way Jesus meant it
              does
                  not
                       mean
                          that you should
                              let the lower self
                                 of your brother
                                      triumph [over you].
                                             Oh no.
              Jesus Christ himself
                  has not done so [i.e., has not let the lower self of another triumph over him].
              Jesus Christ
                  has fought many a time,
                       and often
                          quite strongly.
              To fight evil
                  • in the other fellow,
                as well as
                  • in yourself,
              also includes
                  being able to
                       accept a hurt,
                          and perhaps
                              learn from it.
              But
                  you must
                       not allow
                          the lower nature
                              of others
                                 to take advantage
                                      of your meekness.
```

```
34
              Finding
                  the right course
                       between
                          these
                              apparently contradictory
                                  courses of action
              is not as difficult
                  as it may appear at first.
              Test yourself
                  first
                       where
                          • your own ego
                              is involved,
                          • your pride perhaps or
                          • your self-will;
              right then and there
                  you should learn
                       to accept humbly
                          that
                              your ego
                                 prevents
                                      your seeing
                                         the truth.
              The fighting spirit
                  that then arises
                       • should be curbed
                     and only
                       • allowed to function
                            if
                              the ego [with its pride or self-will perhaps]
                                  can be neutralized.
              After a while,
                  with proper
                       self-development,
                          • objectivity and
                          • impartial judgment
                              are attained.
```

```
If
    • you can
         clearly feel
            how your ego
                is gradually disappearing, and
    • you are
         not in the center
            of your own universe
                anymore,
you will be able to
    • stand up
        for a right principle and

    know how to fight

         in the right way.
Of course,
    this cannot happen
         as long as
            you allow
                anything that touches you personally
                   to influence
                       your course of action.
When
    your small ego
        stands in the center,
your judgment
    is always
         colored.
Until
    you can clearly distinguish
         if your ego is
            • still involved and
            • to what extent,
you will have to
    accomplish some work
         on this path.
```

```
For quite a time
    you will find
        that
            • your reactions,
            • your feelings and
            • your views,
                even on quite general subjects,
are at times
    colored
        by your own personal ego-stake.
Not
    to have this ego
        in the foreground any more
is
    to have the humility
         we are always talking about.
         This is
            the meekness
                Jesus mentioned.
This humility
    alone
         will
            • make you
                really strong and
            • give you
                the power
                   to distinguish
                       • when to
                          • keep still
                               after a personal
                                  hurt or
                                  • injustice and
                          • quietly forgive, and
                       • when to
                          • stand up and
                          • fight against
                              something evil,
                                  whether or not
                                      it touches your life.
```

```
To come that far,
                  • you have to be
                       a keen detective of
                          • your most hidden feelings and
                          • their true nature;
                  • you have to
                       train yourself
                          to acquire
                              the strictest possible
                                 self-observation.
35
              QUESTION:
              How do
                  the different main religions
                       continue their activities
                          in the spiritual world?
              Do they fight each other?
              And how far
                  can they influence
                       human beings?
              ANSWER:
                  In all the spheres,
              and
                  in every gradation within them [i.e., within the spheres]
                      from
                          • the highest
                       to
                          • the lowest,
              the different main religions
                  are represented.
              It is self-explanatory that
                  they [i.e., the main religions]
                       work differently
                          in each sphere,
              according to
                  the height
                       of their development.
```

```
Let us begin with
    the highest spheres.
There [i.e., in the highest spheres],
    the different religious denominations
         also have
            their own organization,
but
    in a very different way
         from what is often imagined
            by human beings.
Those [spirits]
    in the highest sphere
         know the
            • real truth
                of the unity of all,
         as well as the
            • falsehoods and
            • truths
                of both
                    • their own religious groups
                    • the others.
They [i.e., spirits of the highest spheres]
    continue to work
        for the Plan of Salvation
            within their own group
                because
                   they have their tasks to fulfill.
If spirits of the highest spheres
    did not also
         come to earth
            within
                the different religious organizations
                    via certain people
                        of a particular church,
the Plan of Salvation
    could not function
         • properly or
         • efficiently.
```

```
36
              By the same token,
                   very high spirits
                       also

    work and

                          • inspire
                               • groups,
                               • nations, and
                               • individuals
                                  who are not bound
                                      to any religion.
              There is
                  so much
                       to be fulfilled
                          in this great plan
              that often has to be done
                   • through and
                   • around
                       existing
                          • conditions and
                          • blindnesses.
              Without such incarnations
                   in different

    churches and

                       • groups
              it would be
                   impossible
                       to tear down falsehoods.
              Truth
                   has to grow
                       slowly.
              Any religion on earth, therefore,
                   will have
                       emissaries
                          born into it
                              from
                                  all spheres
                                      who belong to
                                         this particular denomination.
```

```
They [i.e., the emissaries who are sent]
                  are ranged according to
                       • the development and
                       • the desire
                          of the individual in question [i.e., according to the development and
                              desire of the individual who is to be inspired by the emissaries],
                  and also according to
                       • their [i.e., the individual's] openness to truth.
              Thus,
                  the measure of inspiration [accomplished in a person]
                       always
                          depends on the person [who is being inspired].
37
              You are
                  always
                       inspired
              according to
                  your
                       • aims and
                       • attitudes.
              In the highest spheres
                  the spirits
                       plan
                          with a long view,
              knowing that
                  their inspiration [i.e., the inspiration the spirits offer to human beings]
                       has an ultimate purpose
                          that can rarely be understood
                              by human beings.
```

```
The spirits
    cannot overcome
        the human dogmas;
unless those people
    heard the truth
        from highly developed incarnated spirits
            of their own religion,
they would not be open
    for any inspiration,
         because
            their minds
                are too strongly set.
Whenever this is the case [i.e., whenever people's minds are too strongly set
                       in their own beliefs or in their religion's dogma],
    the doors are closed to
         inspiration
            coming from the spirit world.
Nevertheless,
    enough sincere good will
         may be present
to enable
    the spirit world
         to do good.
God's spirit world
    needs workers
         • in all groups,
         • in all religions,
to attain
    the one great aim
         of
           final unity.
```

```
We [in the spirit world] know
                   that this unity
                       cannot be accomplished as yet,
              but we work
                  best for this goal
                       • not by
                          trying to destroy,
                       • but by
                          building upon
                               that which counts.
              In God's world, therefore,
                   the different religions
                       certainly do not fight.
              They all
                   have the same goal.
              They know
                  the limitations
                       of spirits of lower development, and
              they try to
                  slowly
                       eliminate
                          these limitations
                               by building upon
                                  what is constructive.
38
              However,
                   in the spheres that
                       do not
                          belong to the world of God
                               as yet,
              conditions
                   are different.
              There [in the spheres that do not as yet belong to the world of God]
                   the various religions
                       do not fight either,
              because
                   they do not have an opportunity to do so
                       for the most part.
```

```
There may be an exception
                   in an individual case
                       that is too complicated to explain here,
              but
                   as groups
                       they [i.e., the various religions]
                          • have their own spheres and
                          • remain there.
39
              I have often told you
                   that in the spirit world
                       you live among spirits
                          of your own kind.
              That
                   diminishes
                       • friction,
                   but also
                       • the possibility to advance.
              Let us take the case
                   of human beings
                       who have
                          fervently
                               believed in one particular religion.
              In many ways
                   thev
                       • are still imperfect
                   and therefore
                       • cannot reach higher spheres
                          after shedding their bodies.
```

```
When they enter
    the spirit world
they will
    always
         be surrounded by
            spirits,
                   both
                       • higher
                   and
                       • lower,
                who
                   • are compatible with them
                and therefore
                   • belong to this religious group.
The higher spirits
    may be trying to give certain
         • advice or
         • hints
            about
                • personal errors,
            as well as about
                • the errors of their convictions.
But
    if these happen to be
         • stubborn people,
         • very much
            indoctrinated with
                their own beliefs,
they
    • will not be open
        for such words and
    • will reject
        all
            • advice and
            • hints
                as untrue.
```

```
Since
    free will
         is never violated,
these people
    are free
         to go with
            those spirits
                who have
                   not changed
                        their own beliefs.
They would do so [i.e. They would go with those spirits
                               who have not changed their own beliefs]
    even less
         • in the spirit world
    than
         • on earth;
in the latter case [i.e., on earth]
    they at least
         had the

    knowledge and

            • opportunity
                • of seeing
                   other means of reaching God and
                • of learning something from that.
But
    in the beyond
         they live
            in their own world,
and it
    may take a
         very,
            very
                long time
                   to change their views,
particularly if,
    due to their personal convictions,
they are incarnated again
    into the same surroundings.
```

40 Some spirits in these spheres may be a little disappointed that their world is not more beautiful; but then they may also realize, and rightly so, that this is due to • their own imperfection and has nothing to do with • their religious belief. Only at a later state of purification does it occur to them that stubbornness and • narrow-mindedness are at the core of their lower self, and these traits [i.e., their lower self stubbornness and narrow-mindedness], among other things, were responsible for their one-sidedness. As long as this stubbornness exists. no one of you can receive inspiration for something that may be contradictory to your own stubborn convictions, unless it is through an act of God's grace that may only come in rare instances. Such grace has to be earned

in other ways.

```
41
              As I have often said,
                   it is possible
                       for a
                          • person or
                          • spirit
                               to develop
                                  in every religion.
              Only if
                   a certain point of development is reached,
              will the realization dawn
                   that
                       all truth
                          meets
                               finally
                                  in one universal form.
              When you have reached this awareness,
                  you will see that
                       • there is
                          no division
                               among religions;
                       • there is
                          no longer
                               any attitude
                                  of
                                       "only
                                         this way
                                              is right
                                         and all others
                                              are wrong."
              You will then see
                   the many errors
                       of particular religions,
              and
                   still
                       work with
                          the truth.
```

QUESTION:

What happens after death to a person who was an atheist, for instance?

ANSWER:

There are spheres for every possibility.

You know very well that the issue is not so much

• what religion you believe in,

but

 whether or not you fulfill the best that can be expected of you in your incarnation.

If people are
atheists,
they will be judged
according to
their accomplishments;

the same applies to everyone, of course.

These accomplishments
are measured
individually
according to
one's previous

- incarnations,
- merits,
- omissions, and so forth.

People

may have been atheists and still have accomplished something;

perhaps they have overcome

- a particular weakness or
- a hatred against

someone sharing their last incarnation and this counts in their favor.

So those people will be in the sphere

- that belongs to them,
- that they have built

with their

• feelings,

with their

• thoughts, and

with their

- general and
- particular attitudes.

You tend to forget, my friends, that

• the spheres are

not

out there and

• you are

not

put into them.

The spheres

are your own creations.

You build them,

and whatever you have built

is

- your sphere,
- your temporary home.

```
43
              QUESTION:
              I always thought
                  that atheists
                       remained in darkness
              because
                  they are
                       separated
                         from divine light?
              ANSWER:
              Yes, this is so
                  in most cases.
              But here too,
                  one cannot generalize.
              There may be an instance
                  where
                       an atheist
                          is not
                              in darkness.
              He or she
                  will certainly
                       not
                          be able to live
                              in a sphere of
                                 • bliss,
                                 • beauty, and
                                 • divine harmony,
              but they
                  do not
                       have to live
                          in dire misery
                              either.
              It depends on
                  so many considerations, my friends,
             for
                  • the judgment or
                  • the evaluation
                       of a particular case
                          is entirely relative.
```

```
Beings who are
    still very undeveloped
         have much less
            expected of them.
Let us take for example
    souls
         • who are
            still very young,
         • who have
            only had
                a few incarnations.
                Their instincts
                   are still
                       • low and
                       • coarse.
Now such people
    may be tempted
        to give in to these instincts
            and perhaps
                kill someone.
If this temptation
    can be overcome,
         even though
            such people
                • do not believe in God,
                • but have merely some sense of decency,
their souls
    will have earned
        great merit.
This
    may be
         • more in their favor and
    may be
        • of infinitely greater merit
            than what people
                of higher development
                   acquire.
```

```
44
              What counts
                   is the effort
                       to overcome
                          one's lower self.
              Whether
                  the lower self
                       still contains
                          such dark trends
                               in a younger spirit,
              or whether
                  the lower self
                       simply contains
                          the
                               • faults,
                               • weaknesses, and
                               • sick currents
                                  that any of you possess,
              is
                  immaterial.
              The
                  effort
                       counts.
              Therefore,
                   atheistic souls
                       such as the ones I mentioned here
              will have
                   • some light
                       in their sphere,
                   • some bright spot
                       that signifies
                          • hope
                          • encouragement or
                          • a certain strength
                               that will flow
                                  into them
                                      in their next incarnation.
```

```
In the spirit world
                  evaluation
                       is never
                          general.
              It is
                  always
                       strictly personal,
                          and
                              judgment
                                 is passed
                                      on all personal considerations.
              Everything
                  is taken into account,
                       and therefore
                          judgment
                              is always
                                 completely fair.
              For human beings
                  this [i.e., judgment being personal and where everything is taken
                                                                   into consideration]
                       is hard to imagine,
                          since you tend
                              so very much
                                 to

    oversimplify and

                                      • generalize.
45
              Now I
                  • will retire
                       into my world and
                  • will leave you
                       with God's
                          warm blessings
                              for each one of you.
              Next week
                  you celebrate Easter [Note: Easter was April 6 in 1958, this lecture was given
                              on Friday March 28, 1958, the Friday before Holy Week].
```

```
It [i.e., Holy Week]
    marks the time of
        the greatest sacrifice
            that has been made,
                my dear ones.
Think of this sacrifice these days
    with particular gratefulness.
It [i.e., this sacrifice]
    was done
        for each and every one of you
            without exception.
Take the strength with you
    that was given to you this evening.
         • May it
           fortify you, and
         • may it
           fill you
                with
                   • love and
                   • courage.
Go your way
    in peace;
```

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