

# Pathwork Lecture 217: The Phenomenon of Consciousness

1996 Edition, Original Given January 9, 1974

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

¶	Content
03	<p data-bbox="375 867 678 934"><b><i>Greetings, my dearest friends.</i></b></p> <ul data-bbox="462 978 833 1188" style="list-style-type: none"><li data-bbox="462 978 581 1010">• <b><i>Love,</i></b></li><li data-bbox="462 1014 574 1045">• <b><i>truth</i></b></li></ul> <p data-bbox="462 1050 516 1081"><b><i>and</i></b></p> <ul data-bbox="462 1085 740 1188" style="list-style-type: none"><li data-bbox="462 1085 630 1117">• <b><i>blessings</i></b></li></ul> <p data-bbox="529 1121 740 1188"><b><i>are given to you in rich abundance.</i></b></p> <p data-bbox="375 1232 691 1337"><b><i>Open your innermost channels and</i></b></p> <p data-bbox="529 1341 678 1409"><b><i>let the flow stream</i></b></p> <ul data-bbox="602 1413 711 1518" style="list-style-type: none"><li data-bbox="602 1413 711 1444">• <b><i>from</i></b></li><li data-bbox="602 1449 656 1480">• <b><i>and</i></b></li><li data-bbox="602 1484 711 1518">• <b><i>into</i></b></li></ul> <p data-bbox="678 1522 737 1554"><b><i>you.</i></b></p>

by Eva Broch Pierrakos

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*In this lecture I wish to deal with  
the phenomenon of  
consciousness  
which is so extremely difficult to explain  
to the human*

- mind –  
to the human*
- state of consciousness.*

*For  
the human  
state of consciousness  
is still an extremely limited one [i.e., is still an extremely limited  
state of consciousness].*

*So, by attempting to give you  
more understanding,*

- that limitation [i.e., that limitation of human consciousness]  
can lessen*

*and*

- you can  
increase your awareness.*

04

*Consciousness  
permeates  
all*

- being,*

*all*

- creation,*

*all*

- existence –  
everything that is.*

*In your  
dualistic realm,  
you speak of*

- consciousness*

*and*

- energy*

*as if they [i.e., as if CONSCIOUSNESS and ENERGY]  
were  
two separate phenomena.*

*This is incorrect [i.e., Consciousness and energy are NOT two separate phenomena].*

• **Consciousness**  
is a  
creator of  
energy

and

• **energy**  
must contain  
consciousness –  
[energy must contain]  
various aspects of consciousness,  
perhaps [i.e., perhaps energy contains]

- "variations" of consciousness,

as well as

- degrees [i.e., degrees of consciousness].

There is no

- physical,
- biological,
- electrical

or

- atomic

energy  
that could be anywhere near as potent  
as  
the energy of  
direct consciousness.

By this [i.e., By "the energy of direct consciousness"]  
I mean  
the energy  
of

- thought,
- feeling,
- intent,
- attitude,
- belief.

05

*Every  
thought  
is  
energy.*

*You  
experience  
this energy  
as  
feeling.*

*There cannot be  
a thought –  
even the most  
• mechanical,  
• dead,  
• sterile,  
• cut-off  
thought –  
that does  
not also contain  
feeling.*

*• Pure,  
• abstract  
• thought  
may  
appear as  
totally divorced from  
• feeling content.*

*This is not so [i.e., Pure, abstract thought is NOT  
totally divorced from FEELING content].*

*As a matter of fact,  
the more  
• abstract  
and  
• pure  
the thought is,*

*the more  
the feeling  
must be commensurate with it [i.e., be commensurate with the thought].*

*You must also  
differentiate  
between*

- *cut-off thought*

*and*

- *abstract thought.*

*Don't confuse them.*

- *Cut-off thought  
is a  
defense against*
  - *feelings**and [against]*
  - *undesirable aspects  
of the self.*

- *Abstract thought  
is a  
result of a*
  - *highly integrated,*
  - *spiritual  
state.*

*But even the former [i.e., But even cut-off thought]  
can never  
be divorced from*

- *feeling –*

*that is, [i.e., that is, can never be divorced from]*

- *energy content.*

*The underlying feeling [i.e., the underlying feeling of cut-off thought]  
might be*

- *fear,*
- *apprehension,*
- *anxiety*

*about*

- *the complexity  
of what the self*
  - *suspects to exist*

*and*

- *wishes to avoid.*

	<ul style="list-style-type: none"><li>• <i>Self-hate,</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>a variety of other feelings</i> <i>which you well know,</i> <i>may coexist with this [i.e., coexist with this fear,</i> <i>apprehension, and anxiety].</i></li></ul>
06	<p><i>[In contrast to cut-off thought]</i> <i>As its</i> <i>underlying energy current,</i></p> <ul style="list-style-type: none"><li>• <i>abstract thought</i> <i>contains a</i> <i>feeling</i> <i>of</i><ul style="list-style-type: none"><li>• <i>immense peace,</i></li></ul></li><li>• <i>an intrinsic understanding</i> <i>of</i> <i>universal law</i> <i>that is bound to induce</i><ul style="list-style-type: none"><li>• <i>joyousness</i></li><li><i>and</i></li><li>• <i>bliss.</i></li></ul></li></ul> <p><i>A purely abstract thought</i> <i>would create this kind of</i><ul style="list-style-type: none"><li>• <i>energetic</i></li></ul></p> <p><i>or</i><ul style="list-style-type: none"><li>• <i>feeling</i> <i>experience [i.e. create a feeling experience</i> <i>of joyousness and bliss].</i></li></ul></p> <p><i>The more</i> <i>subjective [and hence the less objective]</i> <i>the thought is,</i> <i>the more</i> <i>tinged with</i> <i>negativity</i> <i>the feeling becomes.</i></p>

*[In contrast to an objective thought,]  
A subjective thought  
is one that is  
created  
from  
personal  
• desire  
and  
personal  
• fear,  
from  
a state of  
• egotism  
and  
• separation –  
• me  
versus  
• the other.*

*It [i.e., A subjective thought]  
is therefore  
never  
in truth.*

07

*Let us, for example, examine  
• desire.*

*In the realm of  
duality,  
like everything else [i.e., like everything else in the realm of duality],  
desire  
fulfills  
a dual role.*

*Desire,*  
*from a spiritual point of view,*  
*may be*  
*"undesirable,"*  
*to use a paradox.*

*For*

- *too much desire,*
- *intense desire,*
- *subjective desire –*  
*desire stemming from*
  - *the ego**and*
  - *its distortions [i.e., and the ego's distortions] –**alienates you*  
*from*  
*the core of your being.*

*Such desire [i.e., Desire that is too strong, intense, and subjective – desire of the ego]*  
*often contains*

- *pride,*
- *self-will,*
- *fear,*
- *lack of trust in the universe.*

*It [i.e., Such desire, containing pride, self-will, fear, and lack of trust in the universe]*

- *creates a*
  - *tense,*
  - *contracted*  
*energy system*

*and*

- *prevents*  
*the flow*  
*of the life force.*

*Hence*  
*spiritual teachings*  
*often advocate*  
*a state of*  
*desirelessness*  
*as a necessary prerequisite*  
*for connecting with*  
*the divine self.*



	<p><i>It [i.e., A state of desirelessness] is a state to be cherished for spiritual self-realization.</i></p>
08	<p><i>At the same time, it is equally true that if there is</i></p> <ul style="list-style-type: none"><li><i>• no desire,</i></li></ul> <p><i>there cannot be</i></p> <ul style="list-style-type: none"><li><i>• expansion.</i></li></ul> <p><i>There cannot be</i></p> <ul style="list-style-type: none"><li><i>• venturing out into • new ground, into • new • realizations and • states of awareness.</i></li></ul> <p><i>There can be [i.e., With NO DESIRE, there can be]</i></p> <p><i>no</i></p> <ul style="list-style-type: none"><li><i>• development</i></li></ul> <p><i>and</i></p> <p><i>no</i></p> <ul style="list-style-type: none"><li><i>• purification.</i></li></ul> <p><i>For what would [i.e., For WITHOUT DESIRE, what would] motivate an individual to muster the</i></p> <ul style="list-style-type: none"><li><i>• courage,</i></li><li><i>• perseverance</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• steadfastness</i></li></ul> <p><i>necessary to grope one's way out of</i></p> <ul style="list-style-type: none"><li><i>• darkness</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• suffering?</i></li></ul>

*Only desire does [i.e., Only DESIRE motivates an individual to grope one's way out of darkness and suffering].*

*This kind of desire contains*

- *faith in the possibility of attaining a better state,*
  - *courage,*
  - *patience*
- and*
- *commitment.*

09

*Here you have a typical example of a dualistic confusion that arises when you say that it is either*

- *right*

*or*

- *wrong*

*to have desire, depending on which aspect of it [i.e., which aspect of desire] you perceive.*

*You can transcend the*

- *painful,*
  - *confusing*
- and*
- *limited*

*state of dualistic consciousness only when you*

- *see beyond the either/or*
- and*
- *see the*
    - *true*
- and [i.e., and also the]*
- *distorted*
- possibilities of both apparent opposites.*

***The moment you see this [i.e., see beyond the “either/or” state of consciousness and see BOTH the true AND distorted possibilities of BOTH apparent opposites], opposites exist no longer.***

***You then pass into a***

- deeper***

***and***

- wider***

***state of consciousness,***  
***in which you comprehend***  
***beyond the***  
***limited dualistic state.***

***This [i.e., Seeing beyond the “either/or” state of consciousness and seeing BOTH the true AND distorted possibilities of BOTH apparent opposites], applies to many manifestations of your life.***

***Rarely if ever is anything in itself***

- good***

***or***

- bad.***

***[Rather than being good or bad in itself,]***  
***It [i.e., the goodness or badness of a thing] depends on***

- how it [i.e., on HOW the thing itself] manifests,***
- what the true underlying motivations are.***

***Desire must exist in the human heart in order to overcome***

- the hurdles,***
- the temptations to self-deceit,***

***which block the way to the abstract knowledge of the universe.***

	<p><i>This does not mean, I repeat, abstraction in the sense of</i></p> <ul style="list-style-type: none"><li>• <i>mechanical,</i></li><li>• <i>dead,</i></li><li>• <i>alienated,</i></li><li>• <i>superficial,</i></li><li>• <i>unfeeling</i></li></ul> <p><i>or</i></p> <ul style="list-style-type: none"><li>• <i>defensive thinking.</i></li></ul>
10	<p><i>How can</i></p> <ul style="list-style-type: none"><li>• <i>knowledge,</i></li><li>• <i>knowing –</i></li></ul> <p><i>which is consciousness – be unfeeling?</i></p> <p><i>Even</i></p> <ul style="list-style-type: none"><li>• <i>unfeeling knowing,</i></li></ul> <p><i>what you call in this era</i></p> <ul style="list-style-type: none"><li>• <i>"intellectual knowledge,"</i></li></ul> <p><i>must have a feeling content.</i></p> <p><i>It [i.e., "Intellectual knowledge"] stirs up certain chain reactions.</i></p>

***And even though***

- ***such knowledge [i.e., such “intellectual knowledge”]  
may be fragmented,***

***and though***

- ***people may use it [i.e., may use such fragmented “intellectual knowledge”]  
to get away from the***
  - ***energy or***
  - ***feeling******aspect of living,***

***it [i.e., “intellectual knowledge”]***

***nevertheless contains***

- ***feeling, as I mentioned before,***  
***although***  
***they may [i.e., although people may]  
not recognize  
these feelings.***

***So,***

***consciousness***

***is always***

- ***a feeling,***
- ***an energy manifestation,***  
***whether or not you are aware of it [i.e., aware of a feeling].***

***The most***

- ***mechanical,***
- ***fragmented and***
- ***cut-off***  
***thought***  
***breeds a series of***  
***energy chain reactions***  
***in your entire psychic system.***

***The power of***

***choosing***

***which thought***

***to think***

***in itself***

- ***stems from***  
***strong energy movements***

***and***

- ***results in***  
***affect.***

	<p><i>Therefore [i.e., For all the above reasons]</i></p> <ul style="list-style-type: none"><li>• <i>consciousness</i></li></ul> <p><i>must be one with</i></p> <ul style="list-style-type: none"><li>• <i>energy.</i></li></ul>
11	<p><i>In the</i> <i>average</i> <i>human state</i> <i>this [i.e., consciousness being one with energy, and</i> <i>knowledge being one with feeling]</i> <i>does not seem to hold true,</i> <i>at first sight.</i></p> <p><i>However,</i> <i>when you go deeper,</i> <i>you are bound to see that</i></p> <ul style="list-style-type: none"><li>• <i>whatever knowledge you harbor</i></li></ul> <p><i>has a</i></p> <ul style="list-style-type: none"><li>• <i>definite feeling content.</i></li></ul> <p><i>As I said –</i> <i>and I purposely repeat this,</i> <i>for it cannot be emphasized enough in this context –</i></p> <ul style="list-style-type: none"><li>• <i>dry,</i></li><li>• <i>cut-off</i><ul style="list-style-type: none"><li>• <i>knowledge</i></li></ul></li></ul> <p><i>must also contain</i></p> <ul style="list-style-type: none"><li>• <i>feelings.</i></li></ul> <p><i>The underlying</i> <i>• feeling</i> <i>[connected with dry, cut-off knowledge]</i> <i>may be</i></p> <ul style="list-style-type: none"><li>• <i>fear.</i></li></ul> <p><i>The more superficial</i> <i>• energetic state [i.e., The more superficial energetic state of FEAR]</i> <i>may be</i></p> <ul style="list-style-type: none"><li>• <i>boredom.</i></li></ul>

**Boredom**  
is also an  
energetic state,  
although  
a negative one –  
negative in the sense that  
the absence  
of something  
does not mean  
that what is absent  
is not  
• intrinsically  
and  
• essentially  
present.

*If [i.e., What is intrinsically and essentially present in BOREDOM]*  
is only  
temporarily  
made  
absent.

*If you pursue the*  
state of boredom  
deeper into  
the recesses of the soul substance,  
you will find  
that there is  
always  
fear  
somewhere:

fear of  
knowing  
all you can know now,  
about  
• yourself  
and  
about  
• your relationship with  
the universe.

12	<p><i>The relationship between</i></p> <ul style="list-style-type: none"><li>• <i>you</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>the universe</i></li></ul> <p><i>becomes increasingly obvious as you</i></p> <ul style="list-style-type: none"><li>• <i>discover yourself,</i></li></ul> <p><i>as you</i></p> <ul style="list-style-type: none"><li>• <i>become more honest with yourself,</i></li></ul> <p><i>as you</i></p> <ul style="list-style-type: none"><li>• <i>stop acting out.</i></li></ul> <p><i>States of consciousness can roughly be differentiated into the following three groups:</i></p>
13	<p><i>The first and least developed [i.e., The first and least developed state of consciousness] is the state of</i></p> <ul style="list-style-type: none"><li>• <i>slumber,</i></li></ul> <p><i>where a being does not know it exists.</i></p> <p><i>It [i.e., A being at the first and least developed state of consciousness] has</i></p> <p><i>no self-awareness.</i></p> <p><i>It [i.e., A being at the first and least developed state of consciousness] can</i></p> <ul style="list-style-type: none"><li>• <i>feel</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>move</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>grow,</i></li></ul> <p><i>and even, to an extent,</i></p> <ul style="list-style-type: none"><li>• <i>think,</i></li></ul> <p><i>but below the threshold of self-awareness, like</i></p> <ul style="list-style-type: none"><li>• <i>a mineral or</i></li><li>• <i>a plant.</i></li></ul>



*The organisms  
beneath  
the state of self-awareness  
have nevertheless  
in-built patterns of*

- *creation,*
- *self-creation,*

*which that particular organism  
follows through in a deeply*

- *meaningful,*
- *purposeful*

*way,  
always compatible with  
its particular lawfulness.*

*These states are  
states of*

- *consciousness,*

*but not  
states of*

- *self-consciousness.*

*Take for example  
the life of a  
plant:  
it follows its own  
in-built plan.*

*Only its [i.e., Only the plant's]  
now slumbering  
consciousness  
could create*

- *that plan,*

*could create*

- *the imprint*

*with all its own lawful cycles  
by which the organism*

- *lives,*
- *expands,*
- *dies,*
- *reincorporates itself,*
- *gives birth to itself,*
- *expresses itself*

*and*

- *goes on in that same cycle.*

	<p><i>This requires an immensely intelligent plan that only consciousness could fabricate.</i></p> <p><i>Something like this cannot happen</i></p> <ul style="list-style-type: none"><li><i>• "by itself,"</i></li></ul> <p><i>cannot be a</i></p> <ul style="list-style-type: none"><li><i>• dead,</i></li><li><i>• disconnected process.</i></li></ul>
14	<p><i>The apparent disconnection of inanimate matter is only temporarily frozen consciousness, as I explained in a recent lecture on the processes of</i></p> <ul style="list-style-type: none"><li><i>• creation</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• the psychic nuclear points</i></li></ul> <p><i>[See Lectures 214 Psychic Nuclear Points and Lecture 215 Psychic Nuclear Points Continued – Process in the Now].</i></p> <p><i>When consciousness creates in a certain direction, the life spark slows down and down, until the energetic stream petrifies.</i></p>

***It [i.e., The petrified energetic stream]  
condenses into such a thick crust  
that  
the underlying energy  
is***  

- invisible,***

***that is,***

- not perceivable with the human eye.***

***However,  
beings  
whose expanded state of consciousness  
makes them capable of  
perceiving  
more than the surface,  
can observe very clearly  
the highly potent  
energy aspect  
within inanimate matter  
which has  
no  
manifest  
consciousness.***

***But such beings [i.e., But such beings with expanded states of consciousness]  
can also perceive [i.e., can also perceive, in addition to perceiving  
the highly potent ENERGY aspect within inanimate matter,]  
• the consciousness  
content within  
this potent energy,  
• the consciousness  
contained within  
the  
outwardly  
"dead" material.***

15

*What does such consciousness [i.e., What does such consciousness contained within  
the outwardly "dead" material]*

*"say"  
when it is aslumber?*

*It may say,*

- *"I do not want to know;*
- *I do not want to know  
me –  
me in relationship to  
the world around me."*

*This statement [i.e., The statement, "I do not want to know, to know me – me  
in relationship to the world around me"]*

*is a  
creative nucleus –  
a statement made  
by  
• consciousness,  
by  
• deliberate  
• choice  
and  
• disposition.*

*This statement [i.e., The statement, "I do not want to know, to know me – me  
in relationship to the world around me"]*

*brings forth  
an inexorable chain of events,  
leading gradually  
but surely  
to the  
• condensed,  
• slowed-down  
state  
that finally becomes  
a "crust,"  
• hardened  
and apparently  
• dead.*

*This is what  
matter  
is composed of.*

*The sequence of events  
leading to  
the state of*

- *hardened,*
- *inanimate*

*matter  
stems from a*

- *negative,*
- *life [i.e., life-negating]*

*and*

- *truth-negating*

*statement.*

*Nevertheless,*  
*once the hardening process is in action,*  
*matter itself*  
*can be used by*  
*consciousness*  
*for*

- *life-affirming*

*and*

- *positive*

*purposes.*

*Free consciousness*  
*can thus*  
*"communicate"*  
*with the*

- *life-substance*

*and*

- *consciousness*

*within*  
*the hardened matter.*

16

*I give you this very brief explanation  
so that you can gain  
some concept about  
the fact that  
consciousness  
exists  
even within  
inanimate objects.*

	<p><i>Your scientists today have already ascertained that</i></p> <ul style="list-style-type: none"><li>• <i>energy exists within matter, so that part is hardly news to you.</i></li></ul> <p><i>You have yet to ascertain that the same holds true about</i></p> <ul style="list-style-type: none"><li>• <i>consciousness [i.e., that CONSCIOUSNESS also exists within MATTER].</i></li></ul>
17	<p><i>Consciousness within inanimate objects is reachable by the</i></p> <ul style="list-style-type: none"><li>• <i>much stronger and</i></li><li>• <i>more active</i></li></ul> <p><i>consciousness of the human mind, though [i.e., though INANIMATE objects are reachable by the consciousness of the human mind] to a lesser degree than the consciousness within</i></p> <ul style="list-style-type: none"><li>• <i>plants,</i></li><li>• <i>animals,</i></li></ul> <p><i>or</i></p> <ul style="list-style-type: none"><li>• <i>other human beings [i.e., to a lesser degree than the consciousness within plants, animals, or other human beings is reachable by the consciousness of the human mind].</i></li></ul> <p><i>Matter</i></p> <ul style="list-style-type: none"><li>• <i>is still malleable</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>can be impressed by human consciousness.</i></li></ul>

*Since  
consciousness  
is capable of*  
    • *inventing*  
*and*  
    • *creating,*  
*it [i.e., consciousness]*  
*can*  
    • *mold,*  
    • *shape,*  
*and*  
    • *form*  
    *out of the*  
    *substances*  
    *within*  
    *matter.*

*Take, for example,*  
*the need to have*  
    • *a piece of furniture,*  
*or*  
    • *a plate,*  
*or*  
    • *a glass,*  
*or*  
    • *a piece of jewelry,*  
*or*  
    • *whatever the inanimate object may be.*

*That need –  
that desire to create these objects –  
molds the*

- *energy*

*and [i.e., and also molds the]*

- *contained consciousness*

*so that even the most alienated aspect of consciousness,  
like inanimate matter [in this case],*

- *receives the imprints of a*
  - *directing,*
  - *stronger,*

*and*

- *more connected  
consciousness,*

*and*

- *fuses with it [i.e., and the consciousness of even inanimate matter  
fuses with the directing, stronger, consciousness]  
in certain definite ways.*

*Thus  
an object  
is created.*

18

*So every object you*

- *use,*
- *enjoy,*

*or*

- *need*

*fulfills its task.*



*Its [i.e., Every object's]  
innermost nucleus of consciousness  
that always  
seeks expression  
toward*

- the divine,*

*toward*

- service,*

*toward*

- truth,*

*toward*

- love,*

*toward*

- being –  
even in this*

- separated*
- deadened*

*state –*

- "replies" to  
the creation of mind*

*and thus*

- fulfills a purpose  
in the great plan of evolution.*

*Even the deadest  
of all dead matter  
is not really dead.*

*Spiritual beings  
who are*

- in greater possession of their  
innate divine faculties*

*and*

- not bound to the  
purely outer  
manifestation  
as human beings are,*

*can perceive*

- the energy form*

*and*

- the consciousness expression  
of  
the most inanimate objects.*

***Such an [inanimate] object  
also contains an  
energy field,  
which is  
its***  

- antenna,***

***its***  

- receiving station,***

***so that it  
must become  
a reactor.***

***Its [i.e., Such an inanimate object's]  
consciousness content  
is still too limited  
to be more than  
a reactor.***

***It [i.e., Such an inanimate object]  
cannot be as yet an***  

- initiator***

***and***  

- creator***

***as the human state is,  
but it [i.e., but such an inanimate object]  
is definitely  
a reactor.***

19

***You may often find  
that you have  
certain relationships with  
objects.***

***There are some objects  
you***  

- cherish,***
- need***

***and***  

- enjoy.***

***They perform well for you.***

*You may think that you  
love them [i.e., you THINK you love these objects you cherish, need, and enjoy]  
because  
they*

- *perform well*
- and*
- *give you*
  - *good service,*
- or*
- *beauty,*
- or*
- *joy.*

*But it [i.e., But your RELATIONSHIP with these objects that you  
think you love because they give you good service, beauty, or joy]  
is one of those  
benign circles  
working*

- where it is hard to say*
- *what*
- or*
- *who*
- started it going.*

*Take, for example,*

- *a motor car,*
- or*
- *a machine you use,*
- like*
- *a record player,*
- or*
- *whatever it may be.*

*You love that machine.*

*You may even use it for  
your spiritual growth  
in one manner or another,  
so the purely utilitarian object  
is really  
not so utilitarian after all.*

*You give it care.*

*Your appreciation  
makes the machine respond,  
even with its*

- *extremely limited,*
- *small*

*inner nucleus of consciousness  
that is just geared  
to*

- *respond*
- and*
- *react,*

*to be*

- *impressed*
- and*
- *molded.*

*Its energy field  
will be affected.*

*With other objects  
it is the other way around.*

- *They never  
work out well.*
- *You*
  - *hate them,*
  - *are annoyed with them,*
  - and*
  - they respond accordingly.*

20

*The separation of consciousness  
that you  
experience  
is therefore  
a very debatable one.*

*When we speak of the fact  
that  
the whole universe  
is permeated with consciousness,  
this is indeed a truth.*

	<p><i>Separated</i></p> <ul style="list-style-type: none"><li>• <i>organisms,</i></li><li>• <i>objects</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>entities</i></li></ul> <p><i>are separated only on the surface level.</i></p> <p><i>But</i></p> <ul style="list-style-type: none"><li>• <i>within</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>beneath</i></li></ul> <p><i>that surface level there is a constant interaction.</i></p>
21	<p><i>I started to speak about the three stages of consciousness.</i></p> <p><i>I dwelled for a long time [i.e., for a long time in this lecture] on the first state: consciousness without self-awareness.</i></p> <ul style="list-style-type: none"><li>• <i>Animals,</i></li><li>• <i>plants,</i></li><li>• <i>minerals,</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>inanimate matter</i></li></ul> <p><i>fall under this category.</i></p> <p><i>I wanted to show that nothing exists that does not contain consciousness.</i></p>

	<p><i>It is of course much easier to see this [i.e., is much easier to see that nothing exists that does not contain consciousness]</i></p> <p><i>with</i></p> <ul style="list-style-type: none"><li>• <i>animals,</i></li><li>• <i>plants</i></li></ul> <p><i>and even</i></p> <ul style="list-style-type: none"><li>• <i>minerals,</i></li></ul> <p><i>which have their</i></p> <ul style="list-style-type: none"><li>• <i>growth</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>change</i></li></ul> <p><i>processes,</i></p> <p><i>though much slower ones</i></p> <p><i>than the other categories [i.e., than animals and plants].</i></p>
22	<p><i>The second state [i.e., The second of the three states of consciousness]</i></p> <p><i>is</i></p> <ul style="list-style-type: none"><li>• <i>self-awareness,</i></li></ul> <p><i>which begins</i></p> <p><i>at the human level.</i></p> <p><i>What does</i></p> <p><i>self-awareness</i></p> <p><i>mean?</i></p> <p><i>Awareness of</i></p> <ul style="list-style-type: none"><li>• <i>"I am,"</i></li><li>• <i>"I exist,"</i></li><li>• <i>"I can think,"</i></li><li>• <i>"I can make a decision,"</i></li><li>• <i>"My decisions have impact,"</i></li><li>• <i>"My thoughts have effect,"</i></li><li>• <i>"My feelings reach other beings."</i></li></ul> <p><i>This will be roughly [i.e., This human level of self-awareness will be roughly]</i></p> <p><i>the second state [i.e., the second of the three states of consciousness].</i></p> <p><i>In this state [i.e., in this second state or stage of consciousness,</i></p> <p><i>the human state of SELF-AWARENESS,]</i></p> <p><i>self-responsibility begins.</i></p>

***The awareness of  
having  
an effect  
on the world around the self  
must result in***

- accountability***

***and***

- the seriousness  
of choosing***
  - thoughts,***
  - attitudes,***
  - actions***

***and***

- responses.***

***This state of consciousness [i.e., This second of the three states of consciousness,  
this state of human self-awareness],***

***by virtue of its  
expanded awareness,  
finds many new alternatives  
which are lacking in the***

- blind***

***and***

- more limited***

***state [i.e., blind and more limited FIRST state of consciousness].***

***The state of consciousness  
below the threshold of  
self-awareness [i.e., in the limited FIRST state of consciousness]  
cannot make choices.***

***It [i.e., Objects in the FIRST state of consciousness, the state of conscious  
below the threshold of self-awareness]  
blindly follows  
the in-built pattern  
implanted in its substance.***

	<p><i>The human state [i.e., The human or SECOND state of consciousness]</i></p> <ul style="list-style-type: none"><li>• <i>is capable of re-creating the plan,</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>may increasingly avail itself of wider possibilities of self-expression, commensurate with its own growth.</i></li></ul>
23	<p><i>It is very obvious that within the human state of</i></p> <ul style="list-style-type: none"><li>• <i>consciousness,</i></li></ul> <p><i>of</i></p> <ul style="list-style-type: none"><li>• <i>self-awareness,</i></li></ul> <p><i>there are</i></p> <ul style="list-style-type: none"><li>• <i>many,</i></li><li>• <i>many</i></li><li>• <i>degrees</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>variations.</i></li></ul> <p><i>[At the lower levels of human consciousness]</i></p> <p><i>You have human beings who are as yet unaware of</i></p> <ul style="list-style-type: none"><li>• <i>themselves,</i></li></ul> <p><i>of</i></p> <ul style="list-style-type: none"><li>• <i>their power to</i></li><li>• <i>create,</i></li><li>• <i>change</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>affect.</i></li></ul>



*[At these lower levels of human consciousness]*

- **Their** [i.e., Human beings']  
**ability to differentiate**  
**is as yet limited,**
- **their** [i.e., these human beings']  
**power to**
  - **think****and**
  - **act****independently**  
**is equally limited.**

**To them**

**words such as these** [i.e., words such as, “ability to differentiate,  
to think and act independently,”]  
**could hardly make more sense**  
**than to an animal.**

**They** [i.e., Words such as, “ability to differentiate, to think and act independently”]  
**would be**

**meaningless to them** [i.e., meaningless to those human beings  
at the lower levels of human consciousness].

*[On the other hand, at higher levels of human consciousness,]*

**There are other human beings**  
**whose consciousness**  
**is already**  
**far more developed.**

**They** [i.e., These human beings whose consciousness is already far more developed]  
**know quite well**

**that they have the power**  
**to**

- **choose,**

**to**

- **create**

**and**  
**to**

- **affect.**

	<p><i>They [i.e., These human beings at higher levels of human consciousness]</i> <i>are</i></p> <ul style="list-style-type: none"><li>• <i>self-responsible</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>accountable for their decisions to think</i><ul style="list-style-type: none"><li>• <i>one way</i></li><li>• <i>rather than</i></li><li>• <i>another.</i></li></ul></li></ul> <p><i>To them [i.e., To these human beings at higher levels of human consciousness]</i> <i>such words [i.e., such words as, “ability to differentiate, to think and act independently, ”]</i></p> <ul style="list-style-type: none"><li>• <i>make sense</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>are an</i><ul style="list-style-type: none"><li>• <i>inspiration</i></li></ul></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>encouragement.</i></li></ul> <p><i>There are of course</i> <i>many degrees of consciousness</i> <i>in-between these two categories [i.e., in between these two categories of very LOW and very HIGH levels of human consciousness].</i></p>
24	<p><i>However,</i> <i>even those human beings</i> <i>whose consciousness is</i> <i>least developed</i> <i>are aware</i> <i>that they</i> <i>exist.</i></p> <p><i>They [i.e., Those human beings whose consciousness is least developed]</i> <i>know that they</i></p> <ul style="list-style-type: none"><li>• <i>have needs</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>can, up to a degree,</i> <i>figure out how to</i> <i>fulfill these needs.</i></li></ul>

*They [i.e., Those human beings whose consciousness is least developed]  
know that they  
can act.*

*Maybe their scope  
is more limited  
than the*

- *scope*

*and*

- *power to affect*

*of a more highly developed  
human personality,*

*but nevertheless*

*there is an immense difference  
between*

- *them [i.e., between those human beings*

*whose consciousness is least developed]*

*and*

- *the highest-developed*

*animal state of consciousness.*

*The latter [i.e., Beings with an animal state of consciousness]  
may have*

*some awakening power of  
thinking,*

*but self-consciousness,*

*in the sense I have described,  
is completely lacking.*

25

*The human state  
of self-awareness  
lives within  
its*

*self-created*

*dimension of time.*

*Thus*  
*the sense of*  

- *past,*
- *present,*

*and*  

- *future*

*awakens in*  

- *the human mind,*

*but does not exist in*  

- *the lower states of consciousness [i.e., in plants and animals].*

*As in many areas of development,*  
*there is a similarity*  
*between*  

- *the lowest*

*and*  

- *the highest*

*point of the curve,*  
*which in this case [i.e., in this case the SIMILARITY between the*  
*lowest and highest state of CONSCIOUSNESS]*  
*is*  
*the state of*  
*being.*

*[On the lowest level of the consciousness curve]*  

- *Inanimate matter,*
- *minerals,*
- *plants,*

*and*  

- *animals*

*do*  
*not*  
*live within*  
*time.*

*They [i.e., Inanimate matter, minerals, plants, and animals]*  
*exist in a*  
*timeless*  
*state of being,*  
*but they are*  
*without*  

- *self-consciousness,*
- *self-determination,*
- *a self-propelling initiative.*

*[In contrast to the lowest or first state of consciousness, the state of “being,” the state of consciousness of inanimate matter, minerals, plants and animals,]  
**The human state of consciousness [i.e., or, the second state of consciousness,]  
is  
in time.***

*It [i.e., The human, or second, state of consciousness]  
is therefore  
not  
in the state of  
• being [i.e., is NOT in the state of BEING as the first state is],  
but [rather]  
in the state of  
• becoming,  
though it is already  
fully in possession of  
self-awareness.*

*On the highest rise of the curve [i.e., on the third state of consciousness]  
we return to the  
timeless state of  
• being [i.e., where we were in the first state of consciousness],  
but [in this third state]  
with a  
high degree of consciousness [i.e., consciousness even  
beyond human self-consciousness of the second state].*

26

***This third state [i.e., This third state of consciousness]  
is the highest state  
of the three.***

*We might call it [i.e., We might call this third and highest state of consciousness]  
• universal consciousness,  
or perhaps  
• cosmic consciousness.*

*That [i.e., That state of universal or cosmic consciousness]  
is  
beyond  
the human state [i.e., beyond the second state of consciousness, beyond  
the human state of consciousness or beyond the state of self-awareness].*

***In that state [i.e., In the state of universal or cosmic consciousness]***

- ***all***  
***is one,***
- ***there is***  
***no separation [i.e., there is no self that is***  
***separate from the all – separate from the one].***

***In that state of consciousness [i.e., In that third, universal, or cosmic***  
***state of consciousness]***

- ***all***  
***is known.***
- ***The innermost self***  
***is known,***
- ***the God-self***  
***is known.***
- ***The God-self***  
***of the***
  - ***personal entity,******as well as that of [i.e., as well as the God-self of]***
  - ***other entities******is known.***
- ***The truth of***
  - ***being******is known.***

***In that state of consciousness [i.e., In that third, universal, or cosmic***  
***state of consciousness]***

***you live in a***  
***state of***  
***being.***

*But on this level of development [i.e., On this third, universal, or cosmic state of consciousness]*

*the state of being  
surpasses  
• self-  
awareness.*

*It [i.e., That third, universal, or cosmic state of consciousness]*

*has reached  
• universal  
awareness.*

*To put this differently,  
and possibly more accurately:*

*the self  
is recognized  
as being  
in  
all  
that exists.*

27

*If you  
• ponder  
and  
• meditate about  
the deeper meaning  
of these three states,  
you will  
• see a great deal  
and  
• understand  
much more about  
the greater life  
of which  
you form a part.*

*The "innocent"  
state of being  
can exist  
in purity only.*

*This purity  
can exist [i.e., can exist at the lowest levels of development]  
in one who*

- is still*
  - blindly unaware,*
  - unconscious,*
  - powerless,*

*or [i.e., or can exist at the HIGHEST levels of development]  
in one who*

- has regained  
the state of innocence  
through the*
  - laborious  
descent*

*and*

- simultaneous  
ascent  
of  
self-purification.*

*Then [i.e., Then, when one has regained the state of innocence through  
the laborious descent and simultaneous ascent of self-purification,]  
power  
can merge  
with  
the timeless state  
of  
the eternal now.*

28

*There is a  
self-protective lawfulness  
in the lack of awareness  
of  
the innate potency of consciousness  
as long as  
the soul is  
not purified.*



*As you can all  
so clearly observe on your path,  
this power [i.e., this power of consciousness]  
increases  
in exact proportion  
to your ability  
to be in  
truth  
with  
• yourself  
and  
• others.*

*If you could  
be aware of  
the potency to create  
while there is evil intent in you,  
you could  
• harm,  
• wreak  
• havoc  
and  
• destruction  
to a much stronger degree  
than what now  
must exist [i.e., than the harm and destruction you now inflict]  
for the purpose of  
the self-activating principle  
in which  
the negative result [i.e., the negative result of  
your evil intent]  
becomes  
the medicine [i.e., the medicine leading to  
purification].*

29

*However  
unjust  
an evil manifestation  
may now appear to you,  
it only  
appears  
that way  
because  
in your*

- *limited*
- *time-bound*

*state  
you are not in possession of  
the connections [i.e., the connections  
between cause and effect].*

*Were you thus aware [i.e., aware of the connections between cause and effect],  
you would see that  
all negative manifestations,  
no matter how*

- *cruel or*
- *unjust*

*they may  
seem,  
are self-created medicine  
for the purpose of  
ultimate*

- *purification*

*and  
ultimate*

- *bliss.*

*Evil*

- *does not*

*and*

- *cannot*

*destroy –  
it can do so only [i.e., evil can destroy only]*

- *temporarily*

*and*

- *within the framework  
of what I just mentioned [i.e., framework of self-created  
medicine for purification and ultimate bliss].*

*If consciousness  
could expand  
without  
the simultaneous expansion  
of the self-purifying agents,  
evil  
could destroy  
the divine.*

*So,  
as an in-built protective mechanism,  
negativity  
closes  
the perceptive organs:*

- *blindness,*
  - *deafness,*
  - *dumbness,*
- and*
- *numbness*
- set in.*

*The only way  
to come out of this state  
of*

- *ignorance,*
- *limitation,*
- *powerlessness,*

*of*

- *being severed from  
the nucleus  
where there is  
all-connecting life,*

*is by  
the consistent attempt  
to know*

- *yourself  
where you are  
• now –*

*not*

*to know*

- *the universe*
- or*
- *anything outside you.*

	<p><i>That [i.e., Knowing the universe or anything outside you] comes later – gratuitously, as it were.</i></p> <p><i>To concentrate on that [i.e., To concentrate on the universe or anything outside you] would be pursuing a delusion.</i></p>
30	<p><i>Knowing yourself is a</i></p> <ul style="list-style-type: none"><li><i>• slow,</i></li><li><i>• step-by-step process.</i></li></ul> <p><i>It [i.e., Knowing yourself] doesn't ever require an impossible feat of you.</i></p> <p><i>It [i.e., Knowing yourself] only demands what is indeed possible,</i></p> <p><i>to deal with something right there in front of your eyes, if only you choose to see it.</i></p> <p><i>You can use your best</i></p> <ul style="list-style-type: none"><li><i>• will</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li><i>• intent</i></li></ul> <p><i>to find out what you ought to know about yourself at every step of the way.</i></p>

*There is  
no fraction of time in your life, my friends,  
where this [i.e., where knowing yourself]  
is  
not  
possible.*

*You can be sure that  
when you are in a  
disharmonious state,  
you are  
not as aware  
as you could be.*

*To become more aware  
often requires  
intense  
• groping  
and  
• searching.*

*And that [i.e., And that intense groping and searching]  
is indeed  
part of your life task.*

*You may often  
look in the  
wrong direction  
for the answer  
to the present disharmony.*

*Indeed,  
you often resist [i.e., resist looking in the RIGHT direction]  
because  
you fear something  
much "worse"  
than  
what actually exists.*

	<p><i>You would find this out [i.e., find out that you fear something much “worse” than what actually exists]</i></p> <p><i>if only you had the</i></p> <ul style="list-style-type: none"><li>• <i>courage</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>determination</i></li></ul> <p><i>to go</i></p> <ul style="list-style-type: none"><li>• <i>all</i></li></ul> <p><i>the way,</i></p> <ul style="list-style-type: none"><li>• <i>at all</i></li></ul> <p><i>times.</i></p>
31	<p><i>The</i></p> <ul style="list-style-type: none"><li>• <i>disharmonious state,</i></li></ul> <p><i>the</i></p> <ul style="list-style-type: none"><li>• <i>anxious state,</i></li></ul> <p><i>the</i></p> <ul style="list-style-type: none"><li>• <i>unhappy state,</i></li></ul> <p><i>the</i></p> <ul style="list-style-type: none"><li>• <i>depressed state,</i></li></ul> <p><i>the state of</i></p> <ul style="list-style-type: none"><li>• <i>unrest</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>fear</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>negative,</i></li><li>• <i>contracted</i></li><li>• <i>pain</i></li></ul> <p><i>is always a reflection of something you might</i></p> <ul style="list-style-type: none"><li>• <i>know</i></li></ul> <p><i>right now,</i></p> <p><i>but choose –</i></p> <p><i>yes, literally choose –</i></p> <ul style="list-style-type: none"><li>• <i>not</i></li></ul> <p><i>to know.</i></p> <p><i>That choice [i.e., That choice NOT to KNOW what could be known right NOW] creates a</i></p> <p><i>very potent</i></p> <p><i>negative energy field.</i></p>

***This path [i.e., This pathwork]  
helps you to  
deactivate  
these negative energy fields [i.e., to deactivate these very potent negative  
energy fields created by your CHOICE NOT to  
KNOW what could be known right NOW]  
by changing the  
consciousness content  
in them [i.e., by changing the consciousness content  
in these negative energy fields].***

***The first vital step here [i.e., The first step to change the consciousness content  
in these negative energy fields]  
would be  
to transform the***

- "I do not want to know"***

***into an***

- "I want to know,"***

***and follow it through.***

***You can give yourself  
this  
adventure  
of  
discovery.***

32

***In the preliminary stages  
of this phase  
of evolutionary development,  
you must  
eliminate  
the blind spots  
about  
the self,  
so that  
the self  
can find out the answers  
about itself.***

*You cannot  
awaken  
into a higher state [i.e., You CANNOT awaken into  
a higher state of consciousness]  
as long as  
you do  
not know  
what you  
• choose,  
what you  
• think,  
what you  
• feel,  
what you  
• need,  
what you  
• desire.*

*Once you  
do know [i.e., DO KNOW what you choose, think, feel, need, and desire],  
you have increased  
your power to  
change  
what is  
• destructive  
and  
• undesirable.*

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*As you go on  
in this way,  
there will come a period  
in which you  
know  
• yourself  
fairly well,  
but you  
are not yet fully aware of  
• others.*

*Thus you grope  
with the manifestation  
of others.*



*In your blindness*

*to*

- *another person's negativity,*

*or*

- *its exact nature [i.e., or the exact nature of another person's negativity],*

*you may often  
lose yourself*

*in*

- *confusion*

*and*

- *disturbance.*

*Further honest work*

*will lead you to*

*a clear awareness of  
others.*

*This [i.e., This clear awareness of others]*

*will*

- *bring you peace*

*and*

- *show the way  
to deal with situations.*

*Along the way,*

*you will discover*

*new aspects,*

*often*

*very positive ones,*

*about yourself.*

*Often*

*only*

*a crisis with others*

*can bring forth*

*such previously ignored aspects.*

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*The first phase, in this regard [i.e., in regard to your purification, development and awakening into a higher state of consciousness],*

*is purely*

- *self-explorative.*

*The second phase –*

*often overlapping with the first –*

*expands into*

*knowledge of*

- *others.*

*The third phase*

*leads to*

- *universal knowledge*

*beyond*

*the human state.*

*That [i.e., This series of three phases in regard to your purification, development and awakening into a higher state of consciousness]*

*is the*

*organic development*

*of this path [i.e., of pathwork].*

*When I say*

- *knowledge,*

*my friends,*

*remember that there are*

*different ways of*

*interpreting this word [i.e., interpreting this word “knowledge”].*

*You may have knowledge  
on a purely  
mechanical level.*

*Such knowledge [i.e., Knowledge on a purely mechanical (or material) level]  
is not*

- *insight,*
- *wisdom,*
- *true perception.*

*It [i.e., Knowledge on a purely mechanical (or material) level]  
does not give you  
a sense of*

- *wonder*
- and*
- *awe,*

*nor does it  
fill you with*

- *peace*

*and*

- *joy.*

*[Rather]*

*It [i.e., Knowledge on a purely mechanical (or material) level]  
is*

- *dry,*
  - *cut-off*
- knowledge.*

*I am talking about  
a different kind  
of knowledge,  
in which  
a kind of  
comprehension  
takes place that  
unites  
fragmented understanding.*

***It [i.e., The kind of knowledge I am talking about here]***  
***is a***

- deep***
- and***
- feeling***
- knowledge***
- that indeed brings***
- peace***
- and***
- joy,***
  
- awe***
- and***
- excitement.***

***A revelation***  
***fills you***  
***that***  
***removes all dissension.***

***You***

- experience***
- and***
- relate***

***in a new way.***

***But this [i.e., But this kind of knowledge I am talking about here]***  
***comes***  
***only much later***  
***on the path, my friends.***

***At first***  
***you will experience the***  
***beginnings of***  
***this kind of knowledge [i.e., you will EXPERIENCE the beginnings of***  
***this kind of knowledge I am talking about here]***  
***only occasionally.***

***It [i.e., This kind of knowledge I am talking about here]***  
***manifests much more***  
***when you are, for instance,***  
***in a***  
***helper position.***

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**The more  
you expand,  
the more  
this kind of knowledge [i.e., the more this kind of knowledge  
I am talking about here]  
will fill you.**

**And as that goes on [i.e., as that expansion goes on],  
little by little,  
cosmic knowledge  
occurs.**

**It [i.e., Cosmic knowledge]  
comes from something  
deep within you.**

**It [i.e., Cosmic knowledge]  
transcends  
the personal.**

**It [i.e., Cosmic knowledge]  
is timeless  
and  
it [i.e., and cosmic knowledge]  
gives you  
a deep awareness of the  
• ongoing,  
• ever-present  
life  
that  
• you are  
and  
that  
• everything is.**

**This [i.e., This deep awareness of the ongoing, ever-present LIFE  
that YOU are and that EVERYTHING is, an awareness  
that cosmic knowledge gives you]  
fills you  
with indescribable  
• joy,  
• peace,  
• security and  
• gratitude for what exists.**

*You must  
earn  
this awareness, my friends,  
for  
you cannot  
aim  
directly  
at  
cosmic consciousness.*

*It [i.e., Cosmic consciousness]  
is the final state of  
expanded  
self-awareness  
that you cultivate  
on a path such as this [i.e., such as pathwork].*

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*What I told you in this lecture  
is specifically designed  
to make you aware  
of the potency of*

- your thoughts,*

  
*of the potency of*

- each thought  
that you decide to think,*
- each attitude  
you decide to adopt.*

*Thought  
will create*

- experiences*

*and*

- responses,*

*and  
will also create*

- within you.*

**There** [i.e., *There within you*]

**it** [i.e., *thought*]

**will either**

- **create**

**a new energy field**

**or**

**it** [i.e., *or thought*]

**will**

- **enforce,**

- **reaffirm**

**and**

- **fasten**

**an old one** [i.e., *an old existing energy field*],

**depending on**

**whether the**

- **thought**

**or**

- **intent**

**is**

- **new**

**or**

**is**

- **a repetition of  
the old.**

**Obviously,**

**both alternatives** [i.e., *both creating a NEW*

*and enforcing an OLD existing energy field*]

**can apply to**

**either**

- **real**

**or**

- **false,**

- **constructive**

**or**

- **destructive  
energy fields.**

*When you are truly conscious  
of this potency [i.e., this potency of your thoughts],  
you become  
more  
• responsible  
and  
more  
• capable of creating.*

*You then approach the state  
in which you  
know  
that  
God-consciousness  
is  
within everything.*

*The ego  
only decides  
which way to turn.*

*Right now,  
within your thinking mind  
is the potentiality  
to express God's consciousness  
any way you choose.*

*And when  
your experience  
is negative,  
make sure to find out  
• what created it [i.e., WHAT created the negative experience]  
and  
• how it was created [i.e., and HOW the negative experience was CREATED].*



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*You can all  
discover  
the truth of  
the power of  
your consciousness  
by making the commitment*

- now,
- again

*and*

- again,

*to be in  
truth  
with  
yourself  
in your*

- daily concerns,

*in your*

- reactions,

*in experiences  
that leave you*

- puzzled,
- confused

*or*

- disturbed.

*When you  
feel  
resistance [i.e., resistance to be in truth with yourself in all ways],  
admit  
the resistance,  
rather than  
glossing over it,  
as you may be tempted to do.*

*Admit it [i.e., Admit the resistance to be in truth with yourself in all ways]  
anyway,  
in spite of the resistance.*

*Have faith in  
the truth.*

	<p><i>More and more, you</i></p> <ul style="list-style-type: none"><li>• <i>will become</i></li><li>• <i>free</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>joyous</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>will liberate yourself of the shackles that now still keep you confined in a state less than your birthright.</i></li></ul> <p><i>Make the commitment to truth</i></p> <ul style="list-style-type: none"><li>• <i>in every possible situation,</i></li><li>• <i>about any conceivable incident.</i></li></ul>
38	<p><i>With this</i></p> <ul style="list-style-type: none"><li>• <i>message</i></li></ul> <p><i>and</i></p> <ul style="list-style-type: none"><li>• <i>suggestion</i></li></ul> <p><i>I bless you all with deep love – the love of the universe – for all of you, my most beloved friends.</i></p> <p><i>Be in peace.</i></p>

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