

Pathwork Lecture 218: The Evolutionary Process

1996 Edition, Original Given February 6, 1974

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense, this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. **I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide's Presence and Love emerging from among the words such that the wisdom comes to LIVE you.**

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

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03	<p>Greetings, my very dearest friends.</p> <p>Blessings for all of you here.</p> <ul style="list-style-type: none">• Happiness <p>and</p> <ul style="list-style-type: none">• love <p>follow truth – the commitment to truth, whatever it may be [i.e., whatever the truth may be].</p> <p>Deep in your heart is the seed for all these potentials:</p> <ul style="list-style-type: none">• truth,• love,• happiness,• wisdom and• peace.

Original by Eva Broch Pierrakos

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***You possess
these***

- ***attributes [i.e., You possess truth, love, happiness, wisdom, and peace],***
- these***
- ***states of being,***
in ample
 - ***quantity and***
 - ***quality.***

***It is up to
you***

to realize them [i.e., It is up to YOU to REALIZE these states of being],
which you do by

first

- ***conceiving of***
these potentialities [i.e., these potentialities of truth, love,
happiness, wisdom, and peace],
deep inside of
your innermost being.

You then conceive of

- ***spreading out***
these slumbering potentials [i.e., spreading out these
slumbering potentialities of truth, love,
happiness, wisdom, and peace],

to

- ***awaken [them] and***
- ***spread them outward,***
so that

they grow
from within you

into
the outer regions
of your life.

04

*The topic of tonight's lecture is
the process of
the evolutionary journey,
for it [i.e., for life's evolutionary process]
is a journey.*

*You begin to notice
this process [i.e., notice this evolutionary process]
increasingly
as you grow,
through your efforts on your path,
as an organic reality
that communicates itself
to you.*

*It [i.e., This evolutionary process of the journey that communicates itself to you]
has
its own
• laws,
its own
• sequences,
its own
• rhythm,
its own
• supreme wisdom,
and
its own
• inner meaning.*

*At the beginning of your path
you sense it [i.e., you sense this evolutionary process of your journey]
only
• vaguely and
• occasionally,
but
as you
• progress,
as you
• become more anchored in truth inside of you,
you see this process [i.e., you see this evolutionary process]
unfolding as an
• alive,
• organismic
event.*

05

*The mistake you make
is in believing
that*

this

- *organismic event,*

this

- *process [i.e., this evolutionary process],*

is a result of

your decision

to follow

- *such a path [i.e., such a path as pathwork],*

- *a path in which you*

 - *find yourself and*

 - *develop.*

*But that [i.e., But that this path (pathwork) in which you find yourself and develop
is a result of YOUR decision to follow such a path]
is a misconception.*

*The process [i.e., The organic evolutionary process of your journey]
exists*

always.

*The only difference is that
when you are*

- *not on a path [i.e., not on a path such as Pathwork, a path]
that activates*

awareness of

your inner reality,

when you are

- *still in*

 - *blindness and*

 - *ignorance*

about

 - *yourself*

and therefore commensurately

about

 - *the universe,*

you must also be

totally

unaware

that this process [i.e., totally unaware that

this organic evolutionary process]

is going on in you.

*So, first of all,
it is extremely important
that
you understand the difference, my friends.*

*The process [i.e., The evolutionary process]
is not
something that happens
only
after
you enter
a developmental path [i.e., a developmental path
such as pathwork].*

*• Entering
and
• progressing on
such a path [i.e., such a developmental path as pathwork]
enables you
to focus your awareness
on something*

- that has
always existed,*
- but that
you have not noticed,*

*and [i.e., and by entering and progressing on such a path as pathwork]
you will be able to
follow the process [i.e., follow the inner organic evolutionary process]
by*

- involving the
ego personality
rather than*
- letting it [i.e., rather than letting the conscious ego personality]
stay behind [i.e., stay behind the evolutionary process
that is going on in and around you].*

06

*This [i.e., INVOLVING the EGO personality in the organic evolutionary process]
is another aspect of
awakening consciousness,
and in that sense
this lecture
is also a sequel of the preceding one [see
Lecture 217: The Phenomenon of Consciousness].*

Consciousness
does not happen suddenly.

It [i.e., Ego consciousness]
is rather
a process of awakening
to something
that has
always
been there.

Awakening consciousness [i.e., Awakening ego consciousness]
suddenly

perceives

- **psychic events,**
- **inner**

as well as

- **outer**

events,

- **states of being**

in

- **the self**

and

in

- **others,**

- **connections**

and

- **interrelationships**

between

- **people**

and

- **things,**

between

- **individual**

and

- **cosmic**

consciousness.

Why has it [i.e., Why has consciousness, or why have all these psychic
events, states of being, connections and interrelationships]
always been there?

Because
time [i.e., time, that spreads things out and separates them from one another]
is but
the illusion
of the limited mind.

The limitation of
that mind
is also responsible for
not perceiving
what is there.

As the mind becomes
less limited,
it becomes capable of
perceiving
what is there.

It will make all the difference for you, my friends,
not to confuse this [i.e., not to confuse this fact that as the mind becomes
less limited it becomes capable of perceiving more of what is there]
with the
"sequence of events,"

for
this new perception [i.e., for this new perception of what is there]
will activate
an aspect
of your consciousness
that is still slumbering:
[namely,]
your power to perceive
in reality.

In the slumbering state
you always

- **confuse**
 - **cause**
- and**
 - **effect,**

you always

- **look through the wrong end of the telescope –**
and thus become more confused.

07

*Now,
you may begin to conceive of
the process of your inner evolutionary journey
as being
always*

- present and*
- ongoing,*

*whether you know it
or not.*

*Let us now speak more specifically
about this process [i.e., about this process of YOUR inner evolutionary journey],
so that you*

- will obtain further help
in self-understanding and*
- can begin to focus in
the right direction.*

*I might define this
evolutionary process
that exists within*

- all*
- aspects of consciousness,*
- all*
- entities and*
- all*
- organismic realities,*

as an ongoing journey.

08

*People often have dreams
in which they are
either*

• on a train ride,

or

*• are about to take a train and
anxious that they
may miss it,*

or

• have missed the train,

or

• are getting off it.

Almost all human beings have these recurrent dreams.

*They are universal dreams
that come sporadically.*

*When they come,
they convey your relationship to
your own process [i.e., to your own inner evolutionary process].*

*Do you [i.e., Does your conscious ego]
• follow the train's movement [i.e., the movement of
your own inner evolutionary process].*

*or do you [i.e., or does your conscious ego]
• stay behind?*

*The process goes on [i.e., the inner, evolutionary process goes on]
as the train continues its ride,*

*but the ego consciousness
has a choice.*

*It [i.e., The ego consciousness]
can choose*

• to go with it [i.e., go with one's inner, evolutionary process]

or

• to stay behind.

*The choices are
not always consciously made,
but they are nevertheless
made
in distinct intentionality.*

	<p><i>Incidentally, when you do not happen to have a train dream, it is not an</i></p> <ul style="list-style-type: none"><i>• indication or</i><i>• proof</i> <p><i>that you are following [i.e., that your ego consciousness is following] the inner journey.</i></p> <ul style="list-style-type: none"><i>• The unconscious may not always succeed in sending its message to the consciousness [i.e., to your ego consciousness],</i> <p><i>or</i></p> <ul style="list-style-type: none"><i>• the messages may be given in a different form [i.e., different from a train dream].</i>
<p>09</p>	<p><i>For example, when you choose</i></p> <ul style="list-style-type: none"><i>• to enter such a path [i.e., enter a path such as pathwork],</i><i>• to search within yourself</i> <p><i>and make more meaning out of your life,</i></p> <p><i>that is as much of a choice as when you choose not to do so [i.e., choose NOT to take a path such a pathwork in order to search within yourself and make more meaning out of your life], regardless of the</i></p> <ul style="list-style-type: none"><i>• rationales and</i><i>• excuses</i> <p><i>[i.e., regardless of the rationales and excuses for NOT choosing to take a path such a pathwork in order to search within yourself and make more meaning out of your life that] you may manufacture for yourself.</i></p>

***When you live the day
as if it [i.e., as if entering a path such as pathwork and searching within
yourself in order to make more meaning out of your life]
did not matter,***

***that is
as***

- active and***
- distinct***

a choice

as when you

allow yourself

to feel

the inner urging

to follow

your inner journey.

When you are

- passive and***
- inert,***

it is as much of a choice

as when you are

- active and***
- take the initiative.***

These are all choices.

- Do you [i.e., Does your ego]
go with [i.e., become more and more aware of]
your inner, evolutionary process,***

or

- do you
stay behind [i.e., or does your ego consciousness choose to stay
UNAWARE of your inner, evolutionary process]?***

10

The choice [i.e., The choice as to whether you GO WITH and become increasingly AWARE of your inner, evolutionary process, or STAY behind and UNAWARE] is determined by how much you give in to the always existing

- *fear and*
- *resistance*

that are so tragically misplaced.

Because

if you need to

- *fear and*
- *resist*

anything,

it [i.e., your fear and resisting anything in life]

is

- *the non-movement,*
 - *the stagnation,*
 - *the denial of*
- going with*

the process

that evolves [i.e., that evolves organically and naturally]

out of

your innermost being

as the

- *wisest,*
 - *most meaningful*
- reality*

conceivable.

Therefore, my friends,

when you resist

following the inner movement [i.e., when you resist following the inner movement that is naturally and spontaneously evolving and arising out of your innermost being as the wisest reality conceivable]

that is

so much

- *wiser,*

so much

- *more profound*

than what the human brain
can think of,

you make a

weighty decision.

	<p><i>It is important for you to understand</i></p> <ul style="list-style-type: none">• <i>what that decision means [i.e., to understand what that decision to RESIST or to FOLLOW that organic, natural inner movement means].</i>• <i>What does it [i.e., What does the decision to RESIST or to FOLLOW that organic, natural inner movement arising within] imply?</i> <p><i>And, also,</i></p> <ul style="list-style-type: none">• <i>what are its ramifications [i.e., what are the ramifications of the decision to RESIST or to FOLLOW that organic, natural inner movement arising within]?</i>
11	<p><i>I want to say here that the decision in question is more than just</i></p> <ul style="list-style-type: none">• <i>whether</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>not</i> <p><i>to enter such a path as this [i.e., as this pathwork].</i></p> <p><i>Even if the general decision for such a path [i.e., for taking such a path as pathwork] has been made, there may nevertheless be areas where a reserve is kept.</i></p> <ul style="list-style-type: none">• <i>"I will go only so far and no further.</i>• <i>Here I will not go along with the inner train of my movement.</i>• <i>Here or there I will hold on and stay behind.</i>• <i>I will not change in this respect.</i>• <i>I will go that far and then I will get off the train, even while I still follow the pathwork in other areas."</i>

*You see, my friends,
in psychic reality
it is possible
to be*

- *on the train
in some respects,*

but

- *off the train
in others.*

*These others [i.e., These other respects in which you decide to get OFF the train]
count heavily
because
they create*

- *an imbalance and*
- *a discrepancy.*

Did you

- *get off your train
in some areas, my friends,
and perhaps*
- *dwell in
an interim station*

and then

- *try to get on again [i.e., try to get back on your train of awareness
again later]?*

*Don't you realize that
the train [i.e., that the train, which is your evolutionary inner movement,]
does not wait?*

*Your inner movement
follows
its innate plan [i.e., its innate, inner evolutionary plan]
and when
the ego gets off,
the inner movement [i.e., your inner movement, which follows its innate,
inner evolutionary plan]
still goes on.*

*It is then
so much more difficult
to catch up again.*

	<p>When you are in such a predicament [i.e., the predicament of trying to catch up with your train (become aware of your evolutionary inner movement) as you get back on after having been off (off the train and NOT aware of your evolutionary inner movement) in some aspects of your life],</p> <p>you experience</p> <ul style="list-style-type: none">• long,• drawn-out <p>states of</p> <ul style="list-style-type: none">• disharmony,• anxiety,• crisis,• depression,• upheaval.
12	<p>It is of course realistically quite impossible to always follow the inner movement [i.e., always stay aware of your inner evolutionary movement in all areas of your life] exactly one hundred percent.</p> <p>Were you that aware [i.e., Were you so aware that you ALWAYS, exactly one hundred percent of the time, were aware of and followed your inner movement, which follows its innate, inner evolutionary plan],</p> <p>you would not be in the human state.</p> <p>The human state is in itself the result of disconnection and thus you need to struggle to find the connection again with the inner reality.</p>

	<p><i>No</i> <i>no</i></p> <ul style="list-style-type: none">• <i>human being,</i>• <i>path-follower</i> <i>can boast of</i> <i>never</i> <i>going through periods of</i><ul style="list-style-type: none">• <i>darkness and</i>• <i>crisis.</i> <p><i>They [i.e., These periods of darkness and crisis]</i> <i>are inevitable,</i> <i>and</i> <i>it is good that way,</i> <i>because these very states [i.e., these very states of</i> <i>darkness and crisis]</i> <i>are</i><ul style="list-style-type: none">• <i>reminders,</i>• <i>messages and</i>• <i>signposts</i> <i>to spur you on</i> <i>to make a redoubled effort</i> <i>to find again</i> <i>the harmony</i> <i>with</i> <i>the inner meaning</i> <i>of the individual process.</i></p>
13	<p><i>I am speaking here of</i> <i>protracted states</i> <i>of</i><ul style="list-style-type: none">• <i>disharmony,</i> <i>of</i><ul style="list-style-type: none">• <i>escape,</i> <i>of</i><ul style="list-style-type: none">• <i>resistance</i> <i>on a larger scale</i> <i>to deal with</i> <i>certain areas</i> <i>of the self.</i></p>

*The question
can be simply stated as follows:*

*Are you
totally committed
to*

- all of yourself,*

to

- the whole truth,*

to

- complete*
 - non-avoidance [of]*
 - and [i.e., and complete]*
 - surrender to*
the will of God?

*Only
you
can give a truthful answer
to this question.*

*You can easily know the answer
if you
wish
to know it.*

You can easily determine

- if*

and

- how*
you hold out,
- what are the areas*
where you
 - hold back and*
 - make reservations,*

and
where you

- deny*
the holy process
of
your inner movement into
divine reality.

14

*Some form of battle
is
always
required
to make you
understand
the
• signs,
the
• messages,
the
• directions
of your process,
so as to
get into its swing again.*

*Each stopping [i.e., Each stopping and getting off the train and losing awareness]
is much more
of a delay
than you realize.*

*When I speak of
delay,
I do not want to give the impression
that you should be
• hasty and
• rushed
in your mental attitude,
but
that you should
• realize and
• learn to
tune in on
the movement of your process and
• learn to understand
• its messages and
• its meaning,
as well as
• the meaning of your
• fear and
• resistance
that make you
• get off the train and
• stay behind.*

15

If you

- *truly examine*
the simple core
of the
 - *fear and*
 - *resistance*

and

- *translate*
its meaning [i.e., translate the meaning of
the core of the fear and resistance],

what will

inevitably
come to the surface
is something like this:

"I do not trust
• divine reality.

I do not trust
• divine life.

I do not trust
• my higher self.

I do not trust
• God's creation and
• God's will

- *for and*
- *in*

me.

I rather trust my
• ego-defenses and
• protective blockings,
no matter
how destructive
they may happen to be.

I may regret this destructiveness [i.e., I may regret the
destructiveness of my ego-defenses and protective blockings],
but since I trust

- *it [i.e., I trust my ego-defenses and protective blockings]*

more than

- *God,*

I will continue with it [i.e., with my ego-defenses]."

*You rather trust
the pseudo-reality
of your*

- *misconceptions,*

of your

- *puny*
- *fears and*
- *defenses,*

of

- *false safety,*

of

- *illusions,*

of

- *the laziness and*
- *the lure*

of the line of least resistance.

*You
particularly trust
the illusion
that it is
not necessary
to move along with [i.e., stay AWARE of]
your evolutionary process.*

*Thus [i.e., By TRUSTING the ILLUSION that it is NOT NECESSARY to get on
and stay on the train and move along with your evolutionary process]
you
deny yourself
the awareness
that it [i.e., the awareness that your evolutionary process]
even exists.*

16

You

- *distrust*
- *the beauty of*

*the inner movement [i.e., You DISTRUST the beauty of the inner
movement of your evolutionary process],*

and

you

- *trust*
- *stagnation.*

You

- *distrust*
 - *the truth*

and

- *trust*
 - *the denial of truth.*

You

- *trust in*
 - *closing your sensibilities*
to the messages of
your process [i.e., the messages of your inner evolutionary process].

You never even give yourself
the chance

to find out
how much

- *God,*
- *the [evolutionary] process,*
- *truth, and*
- *total commitment to*

• *confronting*
all that is in you
and thus

- *following*
your process [i.e., following your inner evolutionary process]

can be trusted,

while you

despair about

your constant disappointments,

refusing to connect them [i.e., refusing to connect your disappointments]

with

the fact that

you consistently

trust

the wrong things.

You choose to

trust

wishful thinking.

*You follow the motto that
what you
do not know*

- *does not exist*

and

- *will not hurt you.*

*You deny that
you miss out on
fulfilling the
potential within you.*

Thus you

- *create*
more
 - *illusion,*
more
 - *false reality*

and

- *become*
more
 - *disconnected,*
• *confused,*
• *empty –*
 - *choosing*
not
to understand why

and

- *accusing*
life
of being bad.

You

- *fear*

and

- *resist*
 - *the truth*

and

- *beauty,*

• *the benign reality*
you could live in.

	<p><i>All this may not apply to all of you [i.e., all parts of you], but even if it applies only to</i></p> <ul style="list-style-type: none"><i>• part of you,</i> <p><i>to</i></p> <ul style="list-style-type: none"><i>• some aspects,</i> <p><i>it represents</i></p> <ul style="list-style-type: none"><i>• waste</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• unnecessary struggle.</i>
17	<p><i>Consider all this, my friends.</i></p> <p><i>Ponder the question of misplaced</i></p> <ul style="list-style-type: none"><i>• trust and</i> <p><i>misplaced</i></p> <ul style="list-style-type: none"><i>• distrust</i> <p><i>that make you decide to</i></p> <ul style="list-style-type: none"><i>• get off the train [i.e., become UNAWARE of your process]</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• stay behind i.e., stay UNAWARE of your evolutionary process], even if only temporarily.</i> <p><i>It is very important that you</i></p> <ul style="list-style-type: none"><i>• account to yourself for your decisions</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• trust and</i><i>• confront</i> <p><i>these issues [i.e., these issues of what you TRUST and what you DISTRUST], even if you manage not to know that you are making decisions</i></p> <ul style="list-style-type: none"><i>• every day and</i><i>• every hour of your life.</i>

*These are decisions
about what to*

- *think,*

about how to

- *view*
 - *events in your life*

and

- *your reactions to them,*

about whether
to direct your attention
in your daily life
to the

- *outer projections*
of your inner realities

or
to the

- *inner realities themselves.*

*All these are decisions
that you make
constantly.*

*If you test yourself
as to*
the meaning of
these decisions – and [i.e., and if you realize]
that they are indeed decisions –
at least you will
stop
the creation of an

- *illusory and*
- *false*

reality
that gives
so much

- *pain*

and

- *fear.*

*"Illusory reality"
may sound like a
contradiction,
but it is not,
for you
constantly*

- manufacture*

and

- believe in*
 - temporary,*
 - illusory*

realities.

*Life on earth
is the best example of it.*

18

*It is therefore
essential
that you
question yourself
deeply
about*

- how you relate to
your own process [i.e., your own organic
evolutionary process]*

and

- what that means.*

*Then,
when you have answered yourself,
the next question should be,*

*what is the meaning of
this answer?*

*Are you
really
allowing
that inner movement [i.e., that inner spontaneous involuntary movement]
to guide you?*

*It is only at the
beginning of
each such decision
that making it [i.e., that making such a decision about
what you TRUST and what you DISTRUST]
seems an effort.*

*But that effort in itself
is one of the illusions
you created by
constant belief in falsity –
in this case [i.e., in this case the FALSITY]
that*

- non-movement
is
effortless*
- and*
- movement
is
struggle.*

In reality, the

- effort
lies in*
 - staying behind [i.e., staying UNAWARE by not getting on the train]
and [i.e., and thereby]*
 - resisting
the movement [i.e., resisting
the natural, inner, organic evolutionary movement],*

while

- effortlessness,*
- ease and*
- inner relaxation
lie in*
 - the harmony
that is being established
between*
 - the ego*
 - and*
 - the inner process of movement [i.e., and the natural, inner
organic, evolutionary process of movement]
through the decision*
 - to follow at the same speed, [i.e., to get on the train]*
 - to discover the meaning
of your process.*

19

*That brings me to
the next aspect of this topic,
which is
that there is
no event in your life,
• big
or
• small,

• outer
or
• inner,
that is
not
• an intrinsic message
or
• a meaningful manifestation of
the whole process.*

*Your
• task and
• path
consist
of
• deciphering these messages [i.e., deciphering these messages
from the big and small, outer and inner EVENTS in your life]
of
• understanding the meaning
behind the
• events [i.e., behind the events of your life]
or
• moods
you are in.*

To the degree

you make deliberate efforts to do so [i.e., efforts to decipher and understand the messages from and meaning behind the EVENTS of your life and MOODS you are in],

**you will succeed,
though
not**

- **immediately and**
- **not always**
- **in a straight line.**

But the meaning [i.e., But the MEANING behind the EVENTS of your life and behind the MOODS you are in]

will evolve,

- **surely and**
- **inexorably.**

The more

this is the case [i.e., The more the MEANING behind the EVENTS of your life and behind the MOODS you are in EVOLVES],

the deeper your

- **security,**
 - **peace and**
 - **joy**
- will be.**

Conversely,

the meaning of

your

- **life and**

your

- **experiences,**

your

- **moods and**
- **states of mind,**

will never take on

deeper meaning

without

serious

- **effort and**
- **commitment.**

	<p><i>To the degree you do not make this</i></p> <ul style="list-style-type: none">• <i>effort and</i>• <i>commitment,</i> <p><i>[to that degree] your life will be</i></p> <ul style="list-style-type: none">• <i>sterile and</i>• <i>anxiety-ridden.</i>
<p>20</p>	<p><i>When you experience events as</i></p> <ul style="list-style-type: none">• <i>isolated</i>• <i>haphazard happenings,</i> <p><i>life must appear</i></p> <ul style="list-style-type: none">• <i>meaningless,</i>• <i>frightening,</i>• <i>confusing and</i>• <i>burdensome.</i>

[On the other hand,]

**When you begin
to perceive**

- *the incredible meaningfulness,*
- *the much wider*
 - *wisdom and*
 - *purpose*

of every event –

how it

is

- *deeply connected with*

and

- *a part of*
the

- *wise and*

- *wholesome*

totality

of

- *your life,*

of

- *the sequences of life –*

then all

- *fear and*

- *confusion*

must vanish,

because

everything

you experience

has its

deepest

- *meaning and*

- *connection.*

*That awareness [i.e., That awareness that everything you experience has its
deepest meaning and connection]*

can be established

only

when your

outer consciousness [i.e., your ego-consciousness]

is willing to make the effort

to overcome

the always existing temptation

to yield

in the direction of least resistance.

*Usually
you just put it aside –*

- *this event, or*
- *that mood or*
- *inner climate, or*
- *a particular state
of emotional reaction –*

*as one of those things
that happen because of an*

- *isolated,*
- *disconnected
coincidence.*

*Even though you may no longer
[intellectually continue to]
pay lip service to
coincidence [i.e., now thinking INTELLECTUALLY that there are NO
coincidences and that everything fits together in a
purposeful cause and effect way],*

*your
emotional reactions [i.e., your EMOTIONAL reactions to life]
are still geared to it [i.e., still geared to COINCIDENCE],
as if your
experience
were a product of "it," [i.e., a product of a "COINCIDENCE,"
an "it" "out there"].*

*"If only this or that would have happened differently,
then I would be happy"*

or,

*"If only this particular person could react differently,
then all would be well" –*

*these familiar reactions,
although not necessarily expressed in these exact words,
indicate a lingering belief*

- *that life is haphazard and*
- *that your state of mind
depends*

- *on others and*
- *on circumstances*

*that have little if anything to do with
a meaningful reality
beyond the surface.*

This [i.e., Because your emotional reactions reveal that you have a lingering belief that LIFE IS HAPHAZARD and that your state of mind depends on others and on circumstances that have little if anything to do with a meaningful reality beyond the surface]

is why you become

- *depressed,*
- *anxious,*
- *confused.*

It is only when you ask yourself about

*whatever happens to you,
every
day
and
every
hour
of your life –*

"How could this [i.e., How could this INCIDENT or this happening to me, or this MOOD in me]

be

- *a message,*
- or*
- *a reflection,*
- or*
- *an indication,*
- or*
- *a sign*

of

a total picture about

- *my life and*
- *its course*

*that I still do not
completely grasp?" –*

that you will gain

- *meaningful answers,*

that the

- *inner cohesive reality*

will reveal itself to you.

	<p><i>Then [i.e., Then, when you see INCIDENTS and MOODS in your life as messages revealing a total picture about your life and its course that you had not before grasped,]</i></p> <p><i>all the little pieces of</i> <i>your</i> <i>• life,</i> <i>your</i> <i>• experiences,</i> <i>your</i> <i>• state of mind,</i></p> <p><i>will fall into place.</i></p>
21	<p><i>Believe me, my friends,</i> <i>there is</i> <i>nothing you experience</i> <i>that does</i> <i>not</i> <i>have to be</i> <i>exactly the way it is.</i></p> <p><i>This is</i> <i>not</i> <i>because some deity</i> <i>predestines it for you</i> <i>in a spirit of</i> <i>• punishment</i> <i>or</i> <i>• reward.</i></p> <p><i>That kind of thinking [i.e., the thinking that God is punishing or rewarding you]</i> <i>totally</i> <i>misses the point.</i></p> <p><i>It is much rather like this:</i></p> <p><i>your experiences</i> <i>are the product of</i> <i>where you are on your journey</i> <i>within your own process.</i></p> <p><i>This is why</i> <i>you cannot be at any other place [i.e., any place other than where you are].</i></p>

22

Let us assume an organism,

- *human*

or

- *any other,*

is

very

- *angry,*

very

- *self-rejecting,*

very

- *impatient*

because

its own growth process

is only

halfway accomplished.

Let us assume

a child

is

- *angry*

and

- *impatient,*

- *guilty*

and

- *self-rejecting*

because

it is not yet an adult.

Would that not be foolish?

The growth process [i.e., Here, in the child, the growth process]

is in itself

- *beautiful,*
- *meaningful, and*
- *to be respected.*

It is the same [i.e., It is beautiful, meaningful, and to be respected]

with

the evolutionary process

that includes the

purification of

- *distortions and*
- *negativity.*

*If an organism
is only
half grown,
that is exactly
where that organism is*

and
• to scold it –
or
• for it to scold itself –
is
senseless.

Only
when
• that state [i.e., Only when that half-grown state]
is
• fully accepted
and
• not obstructed,
when
• its meaning [i.e., when the meaning of its half-grown state]
with its ramifications [i.e., with the ramifications of its being
in a half-grown state]
is clear –
which includes an
assessment of
the effect of
negativity [i.e., and only when the meaning of the
inevitable negativity in that
half-grown state is clear] –
is the growth process
free to evolve.

• Rejection
of the current state [i.e., Rejection of the current half-grown state]
and
• anger
about it [i.e., anger about being only half-grown]
are obstructions
that are like
barricades,
prohibiting the
"train" [i.e., prohibiting the natural evolutionary process]
from taking its course [i.e., taking its natural course].

*If you apply this principle
to the
physical level
it is easy to see.*

*Imagine that
you squeeze a
growing physical organism
into
a tight container.*

This would

- thwart
the growth

and

- cripple
the organism.

It is the same with

- mental
and
• psychic
processes.

Misunderstanding the

- dynamics,
- meaning and
- necessity
of growth –
with its [i.e., with growth's natural evolutionary]
process of
- purification,
- consciousness-expansion and
- deepening of perception –

*and thus feeling
impatient about
your present state [i.e., your present half-grown state with its need for
additional purification, expansion of consciousness and perception] –
only leads to*

- self-hate,
- denial,
- repression,
- self-justification and
- projecting onto others.

	<p><i>This [i.e., This feeling of self-hate, denial, repression, and self-justification and this projecting onto others, all brought on by your impatience with your being in your current half-grown state]</i></p> <p><i>in turn leads</i> <i>to</i></p> <ul style="list-style-type: none">• <i>more negativity,</i>• <i>real guilt,</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>confusion –</i> <p><i>in short,</i> <i>to</i></p> <ul style="list-style-type: none">• <i>crippling</i> <i>the growing organism.</i>
<p>23</p>	<p><i>Offhand</i> <i>it may appear as if</i> <i>this attitude of</i> <i>impatience with</i> <i>the limited state of the self</i> <i>indicated</i></p> <ul style="list-style-type: none">• <i>an eagerness to grow</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>goodwill toward</i> <i>a more perfected</i><ul style="list-style-type: none">• <i>state and</i>• <i>consciousness.</i> <p><i>These attributes [i.e., These attributes of eagerness to grow, and to be in a more perfected state and consciousness]</i></p> <p><i>are, of course, the</i> <i>original divine qualifications</i> <i>behind the distorted expression [i.e., distortion of not accepting being in but a half-grown state and hence being impatient with the self] –</i></p> <p><i>and</i> <i>this [i.e., and this understanding that there is an original divine nature behind the distortion of non-acceptance and impatience]</i> <i>is good to know.</i></p>

	<p><i>But it is just as important to know that the way this manifests [i.e., the way the original divine nature (attributes of eagerness to grow and to be in a more perfected state and consciousness) manifests here in non-acceptance of and impatience with being in the state of the half-grown self]</i></p> <ul style="list-style-type: none"><i>• is in distortion</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• is far from furthering the growth process [i.e., is far from furthering the natural organic growth process].</i>
24	<p><i>You can see where you are</i></p> <p><i>once you free yourself of the</i></p> <ul style="list-style-type: none"><i>• additional, unnecessary burden</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• negativity of the denial of your present state [i.e., burden and negativity of the denial and non-acceptance of your current half-grown state].</i> <p><i>• Denial</i></p> <p><i>and</i></p> <ul style="list-style-type: none"><i>• repression [i.e., Denial and repression of your present half-grown state] lead to</i> <ul style="list-style-type: none"><i>• self-justification,</i><i>• destructive guilt</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• blaming of others.</i> <p><i>Your pathwork helps you to shed these burdens [i.e., shed these burdens of denial, repression and non-acceptance of your present half-grown state, which lead to the further burden of self-justification, destructive guilt and blaming of others].</i></p>

Then [i.e., Then, with the help of your pathwork,]
you can perceive [i.e., perceive a deeper truth and do so with curiosity
and without moralizing]
your present state [i.e., perceive your present half-grown state],
for which you have
• **entered**
the process of evolution,
for which you have
• **contracted for**
a chain of incarnations.

[Having entered the process of evolution and having contracted for
a chain of incarnations,]

You thus are
part of the divine plan
to bring light into the void.

Wherever
your manifest consciousness [i.e., your EGO consciousness, your present
but incomplete manifest consciousness]
has
• **"forgotten" its connection**
and
• **lost touch**
with its divine nature [i.e., "forgotten" its connection with its divine
nature and lost touch with its divine nature],
there lies your task
which is destined to
reestablish the connection [i.e., reestablish connection BETWEEN your
EGO, your manifest but incomplete consciousness,
AND its essential DIVINE nature].

25

Ignorance of these

- *principles*
- and
- *truths*

leads to

hating the

*incomplete present state [i.e., hating the half-grown
and incomplete present state],*

which, in turn,

results in

- *hate of*

*self [i.e., HATE of the half-grown and incomplete
present state, not yet able to perceive its
deeper divine essence],*

therefore

- *fear of*

*self [i.e., FEAR of the half-grown and incomplete
present state, not yet able to perceive its
deeper divine essence],*

therefore

- *resistance*

to

- *the whole of your being,*

to

- *view it impartially [i.e., to view it impartially
while it is in its current half-grown
and incomplete state],*

- *assess it objectively*
[i.e., assess it in that incomplete state]

and

- *infuse it with truth [i.e., with DIVINE TRUTH].*

You can see the

*logical sequence of
psychic events here
in clear demonstration.*

*When you
no longer
• fear
and
• hate
yourself,
you will not
• fear
and
• resist
the journey.*

*[Rather,]
You will go
with it [i.e., You will go with the journey of your evolutionary process].*

*When you have
nothing to fear
in
• you,
you have
nothing to fear
of
• the journey of life,
of
• change.*

*On the contrary [i.e., In contrast to FEARING the journey of life and change],
you will look for
the different landscapes
with
• joy and
• excitement,
in
• complete trust.*

*You must understand, my friends,
the inexorable connection
between*

- *fear of*
- *self*

and [i.e., and resulting]

- *fear of*
- *life,*

as opposed to

- *total commitment to*
- *all of the self,*

hence increasing

- *loss of fear of*
- *self,*
- *trust in*
- *self,*
- *trust in*
- *life.*

*Making the
total commitment to*

- *yourself*

means

making the total commitment to

- *following harmoniously*

the movement of

*your process [i.e., following harmoniously
the movement of your natural evolutionary process].*

- *Hating and*
- *rejecting*

*your present state [i.e., Hating and rejecting
your half-grown and incompletely developed present state]*

means

fearing

yourself,

which means

obstructing your

- *journey and*
- *movement.*

This means

"missing your train."

26

*Each process [i.e., Each individual's natural evolutionary process]
is*

- *intrinsically your own,*
- *different from the next one.*

*Each individual has
his or her
own reality,
even though
that reality [i.e., even though each individual's reality]
must be in concordance with
the universal reality,
based on its*

- *laws and*
- *truths.*

*The acceptance of
the state you are in [i.e., The acceptance of the half-grown
and incomplete state you are in]
leads to going
with your*

- *movement,*

with your

- *process,*

*fearlessly letting out
what there may be [i.e., fearlessly letting out what there may
be in your limited half-grown and incomplete state].*

*My friends,
let these words be an*

- *incentive*

and

- *inspiration*

to you
to make a

- *fuller and*
- *more total*

commitment to
all
of yourself,

*for in that way [i.e., for with that fuller and more nearly total
commitment to ALL of yourself]*

you will

- *find the*
trust
*in your inner process [i.e., find the trust in your individual, inner
evolutionary process]*

and

- *understand*
its truly heavenly beauty!

You will
know
its language

- *that will communicate itself to you*

and

- *through which [i.e., and through which language]*
you will discover
 - *the immeasurable beauty*
*of that process [i.e., the immeasurable beauty of your
individual, inner evolutionary process],*
 - *the wisdom*
of it,
 - *the meaning*
of it,

and

- *the peace*
that is contained in it.

*You will
feel
the ongoing
aliveness
that you know
you*

- possess and*
- are a part of,*

*regardless of [i.e., regardless of present]
outer
manifestations.*

*The outer manifestations [i.e., The present outer manifestations]
are, as I said,
in themselves a*

- meaningful*

and

- alive*

*part of the whole,
even though
they [i.e., even though the present outer manifestations]
may momentarily
seem*

- painful,*
- ugly*

and

- not alive.*

*But when you make
the connection
between*

- the manifestations [i.e., between the present outer manifestations]*

and

- your process [i.e., and your individual, inner evolutionary process],*

*your perception
must change drastically.*

*What you experienced as
senseless –*

and therefore

- frightening and*
- ugly –*

*suddenly becomes
infused with
divine meaning.*

27

*A number of laws
apply to the
evolutionary inner process [i.e., apply to your individual
evolutionary inner process].*

*These laws [i.e., These laws that are applicable to your INDIVIDUAL
evolutionary inner process]*

*must not be confused with
the general universal laws,
which apply
to all*

- states of consciousness and*
- to*
- all entities.*

*They [i.e., These general universal laws]
apply*

to those [i.e., to those who are]

- beyond the evolutionary process,*

to those [i.e., to those who are]

- not yet within the evolutionary process,*

*as well as
to those who are*

- within it [i.e., those who are within the evolutionary process].*

*But then there are the
laws of
the process itself [i.e., the laws of the evolutionary process itself]
that apply*

*only
to those who have entered into
this process [i.e., who have entered into
this evolutionary process].*

*Some of these laws [i.e., Some of these laws that apply
ONLY to the evolutionary process]
you will learn in the course of our future lectures.*

	<p><i>Now I would like to speak about two important such laws [i.e., two important such laws that apply only to those who are in the evolutionary process], which will be very useful for you to work with.</i></p>
28	<p><i>The first law [i.e., The first law applicable only to those in the evolutionary process that I would like to speak about] is that</i></p> <ul style="list-style-type: none"><i>• the further the inner consciousness is advanced in one's process [i.e., in one's individual evolutionary process] – or, to put it differently,</i><i>• the greater one's spiritual potentiality to</i><ul style="list-style-type: none"><i>• go with the process [i.e., spiritual potentiality to GO WITH one's individual evolutionary process],</i><i>to</i><ul style="list-style-type: none"><i>• be aware of it [i.e., spiritual potentiality to BE AWARE of one's individual evolutionary process],</i> <p><i>and to</i></p> <ul style="list-style-type: none"><i>• understand</i><ul style="list-style-type: none"><i>• it [i.e., spiritual potentiality to UNDERSTAND one's individual evolutionary process],</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• its meaning [i.e., spiritual potentiality to UNDERSTAND the MEANING of one's individual evolutionary process] –</i> <p><i>the greater must be the repercussion if that potentiality is not developed.</i></p>

*If you are, for example,
ready to follow
such a demanding path of*

- *self-confrontation and*
- *growth*

*[i.e., ready to follow such a demanding path as pathwork],
but
resist
your*

- *experiences and*
- *states of mind,*

*you will
lack*

- *peace,*
- *joy,*
- *meaning*

and

- *aliveness.*

*This [i.e., This LACK of peace, joy, meaning, and aliveness]
is
not true of
an individual who is simply
not yet at the point
where such a path [i.e., such a path as pathwork or
other paths of self-confrontation and growth]
can be followed.*

29

*When I speak of
repercussions [i.e., repercussions to NOT following a path when you are able],
I do not necessarily mean
tragedy,
although that, too [i.e., although tragedy, too],
is part of it.*

*The greater the discrepancy
between*

- *your spiritual potentiality*

and

- *the actual direction you take in life,*

*the more severe
your experiences are.*

But often
it is not a
tragic event [i.e., NOT a tragic, ACUTE and sudden one-time event]
that indicates
such a discrepancy [i.e., that indicates such a discrepancy between
your spiritual potentiality and the actual direction you take in life].

It [i.e., The indicator of such a discrepancy between
your spiritual potentiality and the actual direction you take in life].
may even be
more often a
chronic [i.e., continuous and ongoing in contrast to an acute, one-time]
state of
• **depression,**
• **anxiety**
and, indeed,
• **disconnectedness.**

The same principle applies [i.e., not only to those who have the potential for growth
but who have said “NO!” even to taking such a path as pathwork
or other path of self-confrontation and growth, but also]
to those who are
already on such a path [i.e., already on such a path of
self-confrontation and growth].

They may,
on the whole,
be committed to it [i.e., be committed on the whole to pathwork or
other path of self-confrontation and growth],
but keep
a part of themselves
in reserve.

They [i.e., Those who are, on the whole, already on such a path
of self-confrontation and growth, but who keep part of themselves back,]
do not commit
all
of themselves
to the process [i.e., to the evolutionary process arising in them],
[rather,]
they
hold back in

- **fear,**
- **shame,**
- **secrecy and**
- **the wishful thinking**

that this [i.e., wishful thinking that this holding back in some areas]
will not matter.

The

- **resulting**

and

- **inevitable**

blindness,
be it only momentary,
must
present experiences
that are

- **puzzling,**
- **painful,**
- **disquieting,**
- **confusing,**

or
that

- **simply rob you of**
momentary peace.

30

Learn to view

your

- *daily,*

even

your

- *hourly*
life

so that you see what

your

- *moods,*

your

- *experiences and*
• *perceptions*

reveal about

your process [i.e., about your evolutionary process].

Then you

will go with [i.e., go with instead of resist]

the process

and

will recognize that

the disturbance

is a reflection of

some blindness.

The blindness

lies often in a

totally different direction

from the one [i.e., different from the direction]

you

half-consciously

- *fear and*
• *assume.*

	<p><i>The moment you know that [i.e., The moment you know that the disturbance is a reflection of some blindness in you],</i></p> <p><i>you have</i></p> <ul style="list-style-type: none"><i>• the freedom</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• the possibility</i> <p><i>to use this knowledge [i.e., use this knowledge that this disturbance is a reflection of some blindness in you]</i></p> <p><i>as</i></p> <p><i>your</i></p> <ul style="list-style-type: none"><i>• gauge,</i> <p><i>your</i></p> <ul style="list-style-type: none"><i>• doorway,</i> <p><i>your</i></p> <ul style="list-style-type: none"><i>• key.</i>
31	<p><i>Do you</i></p> <p><i>have to</i></p> <p><i>allow the discrepancy</i></p> <p><i>between your</i></p> <ul style="list-style-type: none"><i>• process [i.e., your individual evolutionary process]</i> <p><i>and your</i></p> <ul style="list-style-type: none"><i>• ego state</i> <p><i>to accumulate into</i></p> <p><i>more disturbing elements,</i></p> <p><i>so that the repercussions</i></p> <p><i>become more unpleasant?</i></p> <p><i>This [i.e., The fact that increasing levels of unpleasantness are the natural repercussions of one not following one's individual evolutionary process]</i></p> <p><i>is</i></p> <p><i>not a punishment, my friends.</i></p>

[Rather,]

It [i.e., *Rather, the fact that increasing levels of unpleasantness are the repercussions of one not following one's individual evolutionary process*]

is the

grace of God

that has made it so,

in order to help you

• to not stay behind

in a useless stagnation,

• to give you

the incentive [i.e., *the incentive to follow*

your individual evolutionary process],

if you only

choose

to

• open your eyes,

to

• use these experiences

and

• pray deeply

for the guidance

to understand,

to

• let yourself

• be open to

the guidance,

and

• trust yourself to

the will of God

and

• go with it [i.e., *let yourself go with the will of God*].

Let yourself

be carried with it [i.e., *Let yourself be carried with*

the will of God].

32

Make,
on the one hand,
all effort possible
to
• see,
to
• comprehend,
to
• search deeply
for the meaning,
to
• overcome resistance.

On the other hand,
surrender yourself
to the inner movement [i.e., surrender yourself to the inner, spontaneous
evolutionary movement]
that will carry you.

These [i.e., These two attitudes – 1) make every EFFORT possible to see,
comprehend, search deeply for meaning, and overcome resistance to your
following your inner evolutionary movement and 2) surrender yourself to
the inner, spontaneous evolutionary movement]
are not
two contradictory attitudes.

[Rather]
They are
mutually interdependent.

• Use the
positive ego-attributes
for the effort to
overcome resistance
and also
• surrender
the ego control
to the guidance of
the divine
inner
• will
and
• movement.

***You have the potential,
if you keep this up [i.e., if you keep up this two-pronged approach –
using both EFFORT and SURRENDER as appropriate and needed],
to create a
faultlessly
• peaceful and
• happy
life.***

***Being in the
human shell of
blindness,
you have to
battle against
the as yet
• unrealized and
• undeveloped
aspects in yourself.***

***Use every opportunity
to avoid staying behind.***

***This will prevent repercussions [i.e., prevent repercussions to NOT following
your inner evolutionary movement]
to a considerable degree.***

***The degree [i.e., The degree of repercussions you experience for NOT following
your inner evolutionary movement]
is really all that matters,
for some blindness, as I said,
is quite inevitable [i.e., inevitable in your limited human shell].***

33

***The more
your path [i.e., your path of pathwork or other self-confrontational growth path]
progresses,
the more
aware you become
of the
inner meaning
of the process [i.e., inner meaning of your individual, inner,
organic evolutionary process].***

*You can take the
tiniest
disturbing mood
and ask yourself:*

- *"What does this mean
for my inner process?"*
- *Where am I blind?*
- *What could I see differently?"*

34

*The second law [i.e., The second law of the evolutionary process
applicable for those who have entered the evolutionary process]
I wish to speak about
is
making connections.*

*When connections
are made,
the process evolves
in its full glory [i.e., in its full glory since you see, understand,
and celebrate your organic, inner evolutionary process].*

*When connections
are not made,
• the process [i.e., your organic, inner evolutionary process]
remains hidden [i.e., hidden from you]
and
• events take on an
• isolated and
• disquieting
appearance.*

*You have to
make connections
primarily
between*

- *your outer experiences*

and

- *the inner process [i.e., your organic, inner evolutionary process],
on the one hand,*

*and, on the other,
between*

- *inner attitudes [i.e., between and among all the inner attitudes]
that [currently]
seem
totally disconnected
from one another.*

Let me briefly speak about both.

35

*The first –
connections
between*

- *the outer life,*
- *your inner moods,*
- *reactions*

and

- *the process [i.e., your organic, inner evolutionary process] –*

*can be made
only in the way I said before:
first*

- *consider the possibility
of such a connection,*
- *open yourself up to
its realization.*

The moment you

- ***raise that question*** [i.e., that question about the connections ***BETWEEN*** the outer life, your inner moods and reactions ***AND*** your organic, inner evolutionary process]

and

- ***open up to***
receiving the answer,

the meaning [i.e., the ***MEANING*** of the connections ***BETWEEN*** the outer life, your inner moods and reactions ***AND*** your organic, inner evolutionary process]

will communicate itself to you,
sooner or later.

- ***As the meanings***
become clear,

- ***as you***
begin to see
all

experiences as
intrinsically meaningful events
relating

to

- ***your total inner reality***

and

to

- ***your entire path,***

as well as

- ***every particle thereof,***

you will gain a

- ***totally new***

and

- ***infinitely more connected***
understanding of life.

36

The second category [i.e., The second category of CONNECTIONS of this Second Law of Making Connections, that is], making connections between

inner aspects [i.e., making connections between and among the various inner aspects] – problematic aspects, for example –

is something you begin to experience as you progress on your path.

But

much more of that [i.e., much more of that experience of connections between and among the various inner aspects]

- can and
- will happen.

You discover, in the course of your path, apparently isolated problems – outer as well as inner –

- such as*
- faults,
 - shortcomings,
 - impurities,
 - conflicts,
 - difficulties

whose inner dynamics you as yet ignore –

and they [i.e., and these faults, shortcomings, impurities, conflicts, and difficulties] seem to have nothing to do with one another.

And yet, as you go deeper, there is a direct connection between the apparently disconnected

- attitudes and
- aspects.

37

*For example,
what connection could there be
between*

- *a difficulty in establishing fulfilling relationships*

and

- *a blockage in your career?*

Or
*what connection could exist
between*

- *a greedy and*
- *pushy*

attitude
and, say,

- *sexual dissatisfaction?*

Or
between

- *submissiveness,*
- *lack of self-assertion,*

on the one hand,
and

- *covert hostility*

on the other?

*I could name
many more such examples.*

*Seeing the connection between them
will give you*

- *a wholesome sense of meaning*

and

- *a new understanding.*

Suddenly
things are no longer so

- *fragmented*

and

- *anxiety-producing.*

38

First
you may only sense
overall connections,
but
little by little
it [i.e., the profound connection among all aspects and parts]
will become a

- *real and*
- *strong*

understanding
in depth.

The parts of
the whole
are all put together.

There is nothing in you
that does not connect with
everything else,
whether

- *good,*
- *bad,*

or

- *indifferent,*

- *positive*

or

- *negative.*

Not only are

- *various positive aspects*

that
seem
different in kind from one another
connected,

not only are

- *different negative aspects*

connected,

but

- *positive*

and

- *negative*

aspects
are also directly linked [i.e., directly linked with one other]
on an inner level.

39

To establish the connections

you

- *can and*

- *should*

use your

mental abilities

to whatever degree you can

in a spirit of

exercising your mind.

But

the insights

must primarily

come from

within.

[That is,]

You must allow the

intuitive faculties [i.e., the felt-sense that arises from the deep heart]

to provide you with

the connections.

[When you do this]

Then

everything

will take on

a new

- *form,*

a new

- *shape.*

40

***It is very important for you
to understand these
two laws [i.e., these two laws that apply
to all those who are on the evolutionary process]***

***[The First Law
that the further
the inner consciousness is advanced in one's evolutionary process
the greater
must be the repercussion if that potentiality is not developed.***

***The Second Law
of making connections among all aspects of one's life.]***

***Such an understanding
will help you make
the deliberate choice of
finding out***

- what your outer life means***

in terms of

- your inner process [i.e., your organic, inner evolutionary process].***

***Renew the
daily***

- choice and***
- commitment***

***to trusting
the movement of that
process [i.e., trusting the movement of
your organic, inner evolutionary process].***

***Follow it [i.e., Let your ego get and stay on the "train" of AWARENESS of
your evolutionary process and follow it]
and do not stay behind [i.e., do not stay behind and UNAWARE of your
evolutionary process while the "train" of this process moves on ahead].***

*The more
you do this [i.e., The more you follow the movement
of your organic, inner evolutionary process],*

the more

- *exhilarated your*
- *consciousness and*
- *energetic system*

will become,

the more

- *joyful,*
- *peaceful,*
- *secure and*
- *meaningful*

*your life will be –
meaningful in terms of the
total creative process*

*not just for
this one individual lifespan.*

You will

- *know and*
- *sense deeply*

*that you are a
part of a
larger process
of which this
one little lifespan
is only a small link
in a very long chain.*

41

As I

- *leave you*
- and*
- *give you*
 - *blessings*
- and*
- *love,*

*I want to say to all of you
that there is
so much
• growth,
so much
• change
happening in
so many of my friends.*

There is

- so much*
 - *sincere devotion to
your path*

and

- so many*
 - *real fruits
that you begin to reap.*

That is a

*beautiful sight
for us in spirit.*

We see the

- *form of it,*
- we see the*
- *light of it,*
- we see the*
- *glory of it.*

And we know the

- *value of it,*
 - how you contribute to
all of life
with each*
 - *little,*
 - *individual
step of progress
you make.*

	<p><i>You are blessed, all of you, my dearest, dearest friends.</i></p> <p><i>Be in peace.</i></p>
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