

Pathwork Lecture 256: Inner Space, Focused Emptiness

1996 Edition, Original Given December 13, 1978

This lecture is given in an **expanded poetic format**, what I call a **Devotional Format** of the lecture, and in that sense this is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and I ask you to ponder the words for your own interpretation. I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry – that is, **devotionally**.

The blessings to me in developing this format have been truly profound, and my wish is that this Devotional Format will be a blessing to others. ***I invite you to slowly read and ponder this format of the text – with an open heart to experience the Guide’s Presence and Love emerging from among the words such that the wisdom comes to LIVE you.***

For clarity: The **original text** is in **bold and italicized**. [My adds of commentary/clarification/interpretation are in brackets, italicized, and not bolded.] To learn more of my Devotional Format and see the lectures I have done in this way, go to <https://www.garyvollbracht.com/pathwork-lectures/pathwork-lectures-devotional-format/>

Gary Vollbracht

¶	Content
03	<p><i>My beloved friends, you are blessed in</i></p> <ul style="list-style-type: none"><i>• body,</i><i>• soul and</i><i>• spirit.</i> <p><i>Your path is blessed every step of the way.</i></p> <p><i>You may at times doubt this [i.e., doubt that your path is blessed every step of the way] when the going gets rough.</i></p> <p><i>But when this is so [i.e., when the going gets rough and you doubt],</i></p> <ul style="list-style-type: none"><i>• it is not because blessings are withheld from you.</i><i>• [Rather when the going gets rough] It is because you encounter parts of your inner landscape that need to be successfully traversed.</i>

by Eva Broch Pierrakos

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	<p><i>To traverse difficult inner terrains it is necessary</i></p> <ul style="list-style-type: none">• <i>to understand its [i.e., to understand your difficult inner terrain's] meaning for your own being</i> <p><i>and thus</i></p> <ul style="list-style-type: none">• <i>to dissolve the roadblocks you find on your way.</i>
04	<p><i>We have occasionally discussed this inner landscape.</i></p> <p><i>I have made mention of the inner space that is the real world.</i></p> <p><i>The term</i></p> <ul style="list-style-type: none">• <i>"inner space"</i> <p><i>is used quite frequently in your world these days, as opposed to</i></p> <ul style="list-style-type: none">• <i>outer space.</i> <p><i>Most human beings think of</i></p> <ul style="list-style-type: none">• <i>inner space</i> <p><i>as merely a</i></p> <ul style="list-style-type: none">• <i>symbolic description of a person's state of mind.</i> <p><i>This</i> <i>is not so [i.e., Inner space is NOT merely a symbolic description of one's inner mind]</i></p> <p><i>[Rather,] Inner space is</i></p> <ul style="list-style-type: none">• <i>a vast reality,</i>• <i>a real world.</i>

***It [i.e., Inner space]
is in fact the
• real
universe,***

***while outer space
is
• a mirror image,
• a reflection
of it [i.e., outer space is a REFLECTION OF the inner space,
a reflection of the REAL UNIVERSE].***

***This [i.e., Because outer reality is merely a REFLECTION of inner space, that is,
outer reality is a mere REFLECTION of “real” reality, or of the REAL universe]
is why
outer reality
can never be quite grasped [i.e., OUTER reality can never be quite
grasped because it is NOT REAL].***

***Life can
never be
• truly understood
and
• experientially absorbed

when it [i.e., when life]
is viewed
only
from the outside.***

***This [i.e., Because life can NEVER BE UNDERSTOOD and can never be
experientially absorbed when viewing it only from the OUTSIDE]
is why
life
is
• so frustrating,

and often
• so frightening,
for so many people.***

05

*I can see that it is
hard to understand
how
inner space
can be
a world in itself –
the world [i.e., hard to understand how inner space,
in fact, can be and is THE world].*

*The reason for this difficulty [i.e., The reason for this difficulty in understanding
how inner space can be THE world]
lies again in the
limited time/space continuum
of your
three-dimensional reality [i.e., your three-dimensional reality of
time, space, and movement].*

*Everything you
• see,
• touch and
• experience
is perceived
from a
very limited angle.*

*The mind is
• focused,
• accustomed,
• conditioned
to operate
in a certain direction
and is therefore
incapable
at this juncture
of perceiving life
in any other way.*

*But this way
of perceiving reality [i.e., the mind's ONE WAY of perceiving reality]
is
by no means
• the only way,
• the correct way, or
• the complete way.*

06	<p><i>In every spiritual discipline the goal is to perceive life in</i></p> <ul style="list-style-type: none">• <i>this other way [i.e., to perceive life in a way other than in the mind's current way of perceiving],</i>• <i>the way that goes beyond the outer reflection [i.e., the way BEYOND the OUTER REFLECTION of inner reality, of the real universe],</i>• <i>the way that focuses on new dimensions to be found in inner space [i.e., new dimensions found in INNER SPACE that are BEYOND the three dimensions of time, space, and movement].</i> <p><i>In some disciplines this goal may be directly mentioned, or it may never be mentioned as such.</i></p>
07	<p><i>But when a certain point of</i></p> <ul style="list-style-type: none">• <i>development and</i>• <i>purification</i> <p><i>is reached, the new vision awakens –</i></p> <p><i>sometimes</i></p> <ul style="list-style-type: none">• <i>suddenly,</i> <p><i>sometimes</i></p> <ul style="list-style-type: none">• <i>gradually.</i>

***Even the suddenness of the [new] vision
is only
an illusion,***

***because it [i.e., because the awakening of the new vision]
actually is [i.e., actually is NOT sudden at all, but rather is]
the result of
many
• arduous steps
and
• inner battles.***

08

***Human science
has recognized
that every atom
is a duplication
of the outer universe,
as you know it [i.e., as you know the outer universe].***

***This recognition [i.e., This recognition that every atom
is a duplication of the outer universe as you know it]
is very meaningful.***

***Perhaps you can imagine that
just as
• time
is a variable,
dependent on
the dimension
from which it is experienced,***

***so is
• space
[i.e., so is space a variable, dependent on the DIMENSION from which
SPACE is EXPERIENCED].***

*Just as
there is really
no*

- objective,*
- fixed*

*• time,
so there is
no*

- objective,*
- fixed*

• space.

*Your real being
can*

- live,*
- breathe*

and

- move,*

and

- cover vast distances*

*within
an atom
according to
your
outer
measurement.*

*When
the spirit
withdraws
to the inner world,*

*the relationship
of*

- *measurement
changes,*

*just as the relationship
to*

- *time
changes.*

*This is why
you seem to lose*

- *contact with*

and

- *awareness of
so-called
"dead" people.*

*They [i.e., so-called "dead" people]
live in
the inner reality
which,
for you,
is as yet
only an
abstraction.*

*Yet
the actual
abstraction
is [i.e., the ABSTRACTION is NOT the INNER reality, as it
as yet seems to you, but rather
the actual abstraction of reality is]
the outer space.*

09	<p><i>In physical death,</i></p> <ul style="list-style-type: none">• <i>the spirit,</i>• <i>that which is alive,</i> <p><i>withdraws</i> <i>into</i></p> <ul style="list-style-type: none">• <i>the inner world,</i> <p><i>not as is often erroneously assumed,</i> <i>into</i></p> <ul style="list-style-type: none">• <i>heaven.</i> <p><i>[In physical death]</i> <i>It [i.e., The spirit]</i> <i>does not</i> <i>lift out of the body;</i></p> <p><i>it [i.e., the spirit]</i> <i>does not</i> <i>float into outer space.</i></p> <p><i>If, at times,</i> <i>an extrasensory perception</i> <i>seems</i> <i>to reveal</i> <i>such a sight [i.e., the sight of the spirit lifting out of the body at death],</i></p> <p><i>it is again</i> <i>only</i> <i>the mirror image</i> <i>of the</i> <i>inner event.</i></p>
10	<p><i>In the same way,</i> <i>a majority of humans</i> <i>have, for the longest time,</i> <i>looked for God</i> <i>up in heaven.</i></p> <p><i>When Jesus Christ came,</i> <i>He taught</i> <i>that God</i></p> <ul style="list-style-type: none">• <i>lives in</i> <i>the inner spaces and</i> <p><i>[that] He [i.e., God]</i> <i>• must be found there [i.e., must be FOUND IN the INNER spaces].</i></p>

	<p><i>This [i.e., Because God lives in the inner spaces and must be found there] is also why all meditational • practices and • exercises focus on inner space.</i></p>
11	<p><i>A long time ago I suggested a meditational exercise in which you • do not think, in which you • make yourself empty.</i></p> <p><i>Those of you who occasionally try this exercise experience how difficult it is to do so [i.e., how difficult it is to not think, to make yourself empty].</i></p> <p><i>The mind is filled with its own material and to still it is not an easy undertaking.</i></p> <p><i>There are several ways of doing it [i.e., several ways of stilling the mind].</i></p> <p><i>Eastern religions usually approach it by [i.e., Eastern religions approach “stilling the mind” by] • long practice and • discipline.</i></p> <p><i>This, in conjunction with • solitude and • outer stillness may eventually produce inner stillness.</i></p>

12

***Our approach [i.e., Our approach to producing inner stillness and emptiness]
on this path [i.e., on this path in pathwork, however,]
is different [i.e., different from the approaches used in Eastern religions].***

***These [pathwork] teachings
do not want to
take you
out of
your world [as do the teachings of Eastern religions].***

***On the contrary,
the aim [i.e., the aim for those following these pathwork teachings]
is to be
in
your world,
in the best possible way –
to
• understand,
to
• accept and
to
• create
it [i.e., to understand, accept, and CREATE
YOUR WORLD]
in the most
• productive,
• constructive
way.***

***This [i.e., understanding, accepting and CREATING your life in YOUR WORLD
in the most productive and constructive way]***

***can only be done
• when you fully
• know and
• understand
yourself and
• when you
• traverse, as I said,
the difficult spaces,
which must make you
better equipped
to function in
the three-dimensional reality [i.e., to function in the
reality of time, space, and movement].***

*Then [i.e., When you fully know and understand yourself and go on to traverse
the difficult spaces in life with this self-knowledge and understanding]
there is*

*no split
between the*

- inner*

and

- outer*

spaces.

As

*• inner truth
reigns,
perception of*

- outer truth*

increases.

As understanding of

*• self
grows,*

so does understanding of

• the world.

As you learn to

• re-mold

- that in you which is*
 - imperfect,*
 - faulty,*

so do you learn to

• restructure –

- transform –*
- your outer life.*

As you learn of

*• your eternal beauty
as a divine manifestation,*

so does

*• your vision
expand
to a greater appreciation
of the beauty of*

- the Creator and*
- creation.*

As

- *peace*
within yourself
comes to be,

so do you become

- *at peace*
with this world,
even when
you are surrounded by
undesirable experiences.

In other words,

- you do not require*
 - *outer conditions*
of absolute seclusion
- to reach*
 - *inner space.*

You take

the other route
in which
you

go right through
what seems
the greatest of obstructions:
the imperfections

- *within and*
- *around*

you.

- *You approach them* [i.e. you APPROACH the greatest of obstructions: the imperfections within and around you],

- *you deal with them* [i.e., you DEAL WITH the greatest of obstructions: the imperfections within and around you] *until they*
lose
their fearsome aspect.

This

is your path.

13	<p><i>Focusing on the inner emptiness [as in Eastern religions] is an additional exercise that is very helpful,</i></p> <p><i>but it [i.e., but focusing on the inner emptiness as in Eastern religions] must never be the sole approach to self-realization,</i></p> <p><i>just as dealing with the outer adverse conditions in your world must never be the sole approach to</i></p> <ul style="list-style-type: none"><i>• your own and</i><i>• your world's salvation.</i>
14	<p><i>Focused emptiness grows, both</i></p> <ul style="list-style-type: none"><i>• deliberately</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• spontaneously, as you remove inner obstacles.</i> <p><i>At the early stages [i.e., At the early stages of your work where focused emptiness grows through your removing inner obstacles],</i></p> <p><i>you experience just that:</i></p> <ul style="list-style-type: none"><i>• emptiness,</i><i>• nothingness.</i> <p><i>If your mind can quiet down, you encounter the void:</i></p> <p><i>this [i.e., this “ENCOUNTERING the VOID”] is what makes the attempt [i.e. the attempt to reach focused emptiness through your work of removing inner obstacles] so frightening.</i></p>

*It [i.e., ENCOUNTERING the VOID]
seems to confirm the suspicion*

- *that there is
nothing
within you,*
- *that you are indeed
only your*
 - *outer,*
 - *mortal
self.*

*This is why [i.e., This suspicion and fear that there is nothing within,
that you are indeed ONLY your OUTER SELF, is why]*

*the mind
makes itself
so*

- *busy and*
- *noisy –*
*in order to
blot out
the quietness
that appears
to herald
nothingness.*

15

*Once again
you need
the courage
to go through
a tunnel of uncertainty.*

*You need to
take the risk
to allow
the great quietude
that is, at first,*

- *empty
of meaning,*
- *devoid
of anything that spells*
 - *life or*
 - *consciousness.*

16

*I believe most of you
have already experienced
how
the voice
of*

- *your inner God,*

of

- *the higher self,*

*sends
its inspirations
through your mind,
not necessarily*

- *immediately*

after

- *meditation or*
- *prayer,*

but [rather]

- *sometime later,*

*often
when you least think of it.*

*It is
then [i.e., It is then, when you least expect inspirations from your inner God,
from the higher self]*

*that
your mind
is*

- *relaxed enough and*
- *sufficiently free
from self-will
to allow*

*the inner voice [i.e., the voice of your inner God-self]
to manifest.*

*The same is true about [i.e., Likewise, when you least expect it, comes]
experiencing*

- *the inner universe –*
- *the real world.*

17

*Focused emptiness
will bring you
in touch with
all
the levels of your being.*

It [i.e., Focused emptiness]

allows

***the emergence of
what was hidden –***

the

- ***distortions,***

the

- ***errors,***

the

- ***lower-self material,***

***and eventually [i.e., and eventually allows the emergence of]
the reality of***

- ***your higher self and***

- ***the vast world***

of eternal life

in which it dwells [i.e., in which your higher self dwells].

There are

many

- ***stages and***

- ***phases***

[i.e., many stages and phases of focused emptiness]

to go through.

The later stages [i.e., The latter stages of focused emptiness]

can take place

only when

a certain

- ***purification and***

- ***integration***

has been achieved.

- ***Unfocused emptiness [i.e., UNfocused emptiness, IN CONTRAST TO
FOCUSED emptiness,]***

is a

- ***lessening
of consciousness.***

- ***Focused emptiness [i.e., FOCUSED emptiness, IN CONTRAST TO
UNfocused emptiness,]***

is a

- ***heightening
of consciousness.***

	<p><i>The former [i.e., UNfocused emptiness]</i> <i>is</i></p> <ul style="list-style-type: none"><i>• a tuning out,</i><i>• a vague wandering of the mind</i> <i>that may lead to</i> <i>mindless</i> <i>emptiness.</i> <p style="text-align: right;"><i>• Sleep, or</i> <i>• other states of</i> <i>unconsciousness</i> <i>are the final stages [i.e., are the final stages of</i> <i>UNfocused emptiness].</i></p> <p><i>Focused emptiness [i.e., in contrast to UNfocused emptiness, FOCUSED emptiness]</i> <i>is</i></p> <ul style="list-style-type: none"><i>• extremely concentrated,</i><i>• aware, and</i><i>• fully there.</i>
18	<p><i>If you focus on</i> <i>• the inner world</i> <i>to the exclusion of</i> <i>• your outer world,</i> <i>you</i> <i>not only create</i> <i>• a split [i.e. create a split between the INNER world and your OUTER world],</i> <i>but also</i> <i>• a condition in which</i> <i>you forfeit</i> <i>the purpose</i> <i>of your incarnation [i.e., forfeit the purpose of your incarnation</i> <i>into your OUTER world].</i></p>

**How can you
fulfill your task,
whatever it may be,
if you do not
utilize
your outer world [i.e., your outer world experience into which
you were incarnated]
for that purpose [i.e., for the purpose of fulfilling your task in this
incarnation]?**

**You would
not have come into
this dimension [i.e., the dimension of the dualistic earth plane of your
incarnation, the three-dimensional world of time, space and movement]
if it had not been a
necessity
for you [i.e., a necessity for you, a necessity for your further
GROWTH and DEVELOPMENT].**

So you need to
• **make use of it [i.e., make use of your incarnation on the dualistic earth plane –
the three-dimensional world of time, space and movement]**
and
• **always bring**
• **outer**
and
• **inner**
conditions
into
a meaningful relationship
with one another.

**You are learning to do so [i.e., learning to bring outer and inner conditions into a
meaningful relationship with one another]
on this path [i.e., on your path in this pathwork].**

All
your
• outer experiences
are related to
your
• personality,
your
• various levels of self.

Your
• inner being
always
creates
your
• outer conditions,

a truth
you soon learn to recognize
on this path.

If relating
• the outer
to
• the inner

is not a
constant
way of life,

the imbalance [i.e., the imbalance and split between the outer and the inner]
must create
unfavorable conditions.

You can see sometimes
in your world
how people
who do a lot of good work
outwardly
lose their way

just as easily [i.e., lose their way just as easily]
as those who
never
give others a thought.

	<p><i>The outer</i></p> <ul style="list-style-type: none">• <i>good intent and</i>• <i>good works</i> <p><i>must have an inner focus in order to avoid</i></p> <ul style="list-style-type: none">• <i>a disharmonious condition and</i>• <i>a dangerous split [i.e., a dangerous split between the INNER and the OUTER].</i>
19	<p><i>Focused emptiness brings you eventually to the light of the eternal.</i></p> <p><i>Maybe we can categorize certain basic stages [i.e., certain basic stages of focused emptiness – here we shall identify FIVE stages of focused emptiness], even if we have to somewhat oversimplify.</i></p> <p><i>In reality the stages [i.e., the stages of focused emptiness, here we identify five such stages,]</i></p> <ul style="list-style-type: none">• <i>often overlap and</i>• <i>do not come neatly</i> <p><i>in the succession outlined here for the purpose of clarification.</i></p>

20	<p>1) [<i>i.e., Focused Emptiness – Stage-1</i>)] You experience</p> <ul style="list-style-type: none">• <i>the noise and</i>• <i>the busyness of the mind.</i>
21	<p>2) [<i>i.e., Focused Emptiness – Stage-2</i>)] As you succeed in quieting the noise, you encounter</p> <ul style="list-style-type: none">• <i>emptiness,</i>• <i>nothingness.</i>
22	<p>3) [<i>i.e., Focused Emptiness – Stage-3</i>)] Recognitions about the self,</p> <ul style="list-style-type: none">• <i>connections between</i><ul style="list-style-type: none">• <i>some aspects of the self</i> [<i>i.e., some aspects of the inner space of the self</i>]• <i>outer experiences become clear.</i> <p>• <i>New understanding and with it</i> [<i>i.e., and with this new understanding</i>]</p> <ul style="list-style-type: none">• <i>heretofore unrecognized levels of lower-self material appear.</i>

	<p><i>This stage [i.e., Stage 3 of focused emptiness] is</i></p> <ul style="list-style-type: none">• <i>a ray of divine guidance,</i> <p><i>and not merely</i></p> <ul style="list-style-type: none">• <i>an experience of the lower self.</i> <p><i>• Recognition of the lower self</i></p> <p><i>is always</i></p> <ul style="list-style-type: none">• <i>a manifestation of higher-self guidance.</i>
23	<p><i>4) [i.e., Focused Emptiness – Stage-4)]</i></p> <p><i>Direct manifestation of higher-self messages, or what you call the opening of your channel.</i></p> <p><i>You receive</i></p> <ul style="list-style-type: none">• <i>advice,</i>• <i>encouragement,</i>• <i>words intended to give you</i>• <i>courage and</i>• <i>faith.</i> <p><i>In this phase [i.e., Stage 4 of focused emptiness]</i></p> <ul style="list-style-type: none">• <i>divine guidance still operates primarily through</i>• <i>your mind.</i> <ul style="list-style-type: none">• <i>It [i.e., Divine guidance in this Stage 4 of focused emptiness] is not necessarily a total</i>• <i>emotional and</i>• <i>spiritual experience.</i>

	<p><i>The manifestation [i.e., The manifestation of divine guidance in this Stage 4 of focused emptiness]</i></p> <p><i>may</i></p> <ul style="list-style-type: none">• <i>excite and</i>• <i>gladden</i> <p><i>you,</i></p> <p><i>but this reaction [i.e., but this reaction of excitement and gladness to guidance given in this Stage 4 of focused emptiness]</i></p> <p><i>is a result of</i></p> <p><i>the knowledge</i></p> <p><i>your mind</i></p> <ul style="list-style-type: none">• <i>has absorbed [i.e., absorbed from divine guidance given in this Stage 4 of focused emptiness]</i> <p><i>and</i></p> <ul style="list-style-type: none">• <i>has found convincing.</i>
24	<p><i>5) [i.e., Focused Emptiness – Stage-5)]</i></p> <p><i>In this stage a</i></p> <ul style="list-style-type: none">• <i>direct,</i>• <i>total,</i>• <i>spiritual and</i>• <i>emotional</i> <p><i>experience</i></p> <p><i>occurs.</i></p> <p><i>Your whole being</i></p> <p><i>is filled with</i></p> <p><i>the Holy Spirit.</i></p> <p><i>You</i></p> <p><i>know,</i></p> <p><i>not [merely]</i></p> <ul style="list-style-type: none">• <i>indirectly</i> <p><i>through</i></p> <ul style="list-style-type: none">• <i>your mind,</i> <p><i>but</i></p> <ul style="list-style-type: none">• <i>directly</i> <p><i>through</i></p> <ul style="list-style-type: none">• <i>all of your being.</i>

	<p><i>Knowing through the mind [i.e., Knowing through the mind ONLY and NOT knowing through all of your being]</i></p> <p><i>is always an</i></p> <ul style="list-style-type: none"><i>• indirect knowledge.</i> <p><i>It [i.e., Knowing through the mind ONLY]</i></p> <p><i>is a</i></p> <ul style="list-style-type: none"><i>• relayed knowledge.</i> <p><i>The human mind is the instrument necessary for human beings to function on this level of consciousness [i.e., on this dualistic level of consciousness].</i></p> <p><i>[However]</i></p> <ul style="list-style-type: none"><i>• Direct knowledge [i.e., Direct knowledge through all of your being in Stage 5 of focused emptiness]</i> <p><i>is different.</i></p>
25	<p><i>This phase [i.e., Stage 5 of focused emptiness]</i></p> <p><i>has</i></p> <ul style="list-style-type: none"><i>• many subdivisions,</i><i>• many stages within itself.</i> <p><i>There are</i></p> <ul style="list-style-type: none"><i>• many –</i> <p><i>no,</i></p> <ul style="list-style-type: none"><i>• limitless – possibilities in which the real world [i.e., the REAL world or INNER space] can be experienced.</i>

One [i.e., One such way the REAL WORLD or INNER SPACE can be EXPERIENCED]
is simply
total
knowing,
which affects
• every fiber
of your
• being,
• every level
of your
• consciousness.

Experience
of the real world [i.e., the REAL WORLD or INNER SPACE]
can also occur
through
• visions of
other dimensions,
but
such visions
are never merely
things one
sees.

They [i.e., Such visions of other dimensions from
the REAL WORLD or INNER SPACE]
are always
• a total experience
that affects
• the total person.

26

In
the real world [i.e., In the REAL WORLD or INNER SPACE],
as opposed to
your fragmented world,
every
sense perception
is total.

Seeing
is never
only
seeing,
it [i.e., seeing]
is
simultaneously

- hearing,***
- tasting,***
- feeling,***
- smelling – and***

many other perceptions
you know nothing about
on your level of being.

In the fifth stage [i.e., In this fifth stage of focused emptiness],

- seeing,***
- hearing,***
- perceiving,***
- feeling,***
- knowing***

are
always
all-inclusive.

They [i.e., Seeing, hearing, perceiving, feeling, and knowing
in this fifth stage of focused emptiness]
encompass
every capacity
God has created.

	<p><i>You can hardly imagine the • richness, the • variety, the • limitless possibilities of these capacities [i.e., capacities of seeing, hearing, perceiving, feeling, and knowing in this fifth stage of focused emptiness].</i></p>
27	<p><i>Focused emptiness [i.e., The fifth stage of focused emptiness] is the ideal state to be filled by the Holy Spirit.</i></p> <ul style="list-style-type: none"><i>• The Holy Spirit</i> <p><i>is</i></p> <ul style="list-style-type: none"><i>• the whole world of God</i><ul style="list-style-type: none"><i>• in all its splendor,</i><i>• in its indescribable magnificence.</i> <p><i>Its [i.e., the Holy Spirit's, the world of God's] richness cannot possibly be conveyed in human language.</i></p> <p><i>There is no way of describing what exists when</i></p> <ul style="list-style-type: none"><i>• fear,</i><i>• doubt,</i><i>• distrust –</i><ul style="list-style-type: none"><i>and therefore</i><ul style="list-style-type: none"><i>• suffering,</i><i>• death and</i><i>• all evil –</i> <p><i>are overcome.</i></p>

*Focused emptiness [i.e., The fifth stage of focused emptiness]
is therefore
nothing but
a threshold
to a fullness
that exists
only
in the world of spirit.*

28

*The practice of
focused emptiness
must
never
be undertaken
in an attitude of
immediate
expectations.*

*In fact,
it is necessary
to have
no
expectations
whatever:*

- *expectations
create*
- *tension,
and*
- *tension
prevents
the necessary state
of*
- *total*
- *inner and*
- *outer
relaxation.*

*Also,
expectations
are
unrealistic,

for it may take
many incarnations of development

before
a human being
can come anywhere near
these experiences.*

*So to have
any kind of
• expectations
will cause
• disappointments
which, in turn,
set off
a chain reaction of
• further negative emotions,
such as
• doubt,
• fear and
• discouragement.*

29

*I am talking about this topic
because
I want to prepare you
for
an important practice
within meditation.*

*I have discussed this in the past
in connection with
the various ways of meditation,

particularly those of
• impressing
and
• expressing.*

*Many of your meditations
have dealt with
impressing,
and should continue to do so.*

Impressing
• is a
 cleansing of the mind
and
• serves to
 make the
 • *mind*
 into
 • *a constructive tool.*

*Then [i.e., Then, AFTER the cleansing of the mind in which
the MIND becomes a CONSTRUCTIVE tool,]
the tool [i.e., the cleansed mind, now a constructive tool,]
becomes
a creative agent.*

30

*The aspect of
expressing*

*has begun to manifest
to some degree
with those of you
whose channels
are open,
perhaps only occasionally [i.e., perhaps whose channels are
open only occasionally].*

***But you need to know
that there are
further***

- *stages [i.e., further stages in EXPRESSING],*

further

- *phases and*
- *possibilities*

[i.e., further phases and possibilities in expressing],

and you should

***approach them [i.e., approach these further stages, phases,
and possibilities in expressing]***

with

- *patience,*
- *awe and*
- *humility.*

You should understand

that these experiences [i.e., that these experiences of EXPRESSING]

will open

the vast inner spaces

in which

many

- *worlds,*

many

- *universes,*

many

- *spheres*

exist,

endless

- *plains,*
- *mountains,*
- *seas*

of indescribable beauty.

*You should know
that*

- *these inner spaces
are*

not

- *abstractions or*
- *symbolic expressions;*

- *they [i.e., rather, these INNER SPACES]
are*

much more

- *real and*
- *accessible*

than

your

- *outer,*
- *objectified
world*

that you

believe to be

the only reality.

*Inner space
is based*

on

- *different measurements*

on

- *a different relativity*

of

*time/space/movement
measurement.*

Even a

- *vague and*

- *hazy*

consideration

of this concept [i.e., this concept of EXPRESSING INNER SPACE]

on your part

- *will change your outlook*

and

- *will create a new approach
to your further work
on your path.*

31

You
need not
spend hours
practicing
focused emptiness.

That [i.e., Spending hours practicing focused emptiness]
is
not
the purpose [i.e., not the purpose of these teachings].

But
you may attempt it [i.e., But you may attempt practicing focused emptiness]
to some degree
every time
you
• pray and
• meditate,

after
you use
your mind
to
• impress
your soul substance [i.e., impress and
thereby purify your soul substance]
and
• align it [i.e., align your soul substance]
with
divine intent.

32

*Your primary aim
is still
reaching autonomy,
in its fullest*
• *sense and*
• *meaning.*

*You, as a group,
have made progress,
but
there is still
a lot to be accomplished.*

*Everything
depends on
this basic prerequisite [i.e., the prerequisite of reaching FULL AUTONOMY]:*

- *Your ability to*
 - *respect yourself and*
 - *discover your values;*
 - *your capacity for*
 - *loving and*
 - *finding the fulfillment
you yearn for;*
 - *your fulfilling
the spiritual task
you have entered this earth for;*
 - *your experience of
the living God*
 - *within and*
 - *around
you;*
 - *your ability*
 - *to be
a true leader and*
 - *to be
a follower as well;*
- and, last but not least,*
- *your ability to*
 - *let go of the mind and*
 - *find the inner space*
 - *which is
your real home and*
 - *which, alone, can*
 - *convey eternal life to you and thus*
 - *remove all fears from you forever.*

***You cannot
surrender
to the will of God
unless
you are
in possession of yourself [i.e., unless you are in possession of
yourself and therefore have full autonomy].***

***Nor can you
truly
• find and
• be
yourself [i.e., Nor can you truly find and be yourself
and therefore have full autonomy]
unless
your surrender to God
is
unconditional.***

33

***Since this [i.e., Since being in full possession of yourself, finding and being
yourself, and thereby reaching full autonomy]
is such
a fundamental necessity,
we need to spend some time again on this topic,
although I have said much about it in the past.***

***But still
I see much resistance
to reaching
the all-important state
of
autonomous selfhood [i.e., much RESISTANCE to reaching this
all-important state of autonomous selfhood or in other
words, reaching the state of full autonomy].***

[Rather than being in the state of autonomous selfhood or the state of full autonomy]

You still

crave

an authority figure

who will

take over for you

when

• life becomes hazardous,

when

• your inevitable mistakes

force you

to pay the price for them,

when

• your unavoidable imperfections

create conditions

that you need to

• experience,

• explore and

• fully understand

on all levels.

You still

crave

the "perfect life"

in which

none of that is necessary [i.e., You still crave the "perfect life" in which you NEVER make mistakes and NEVER have to do the hard work of experiencing, exploring, and fully understanding on all levels the conditions you create because of your unavoidable human imperfections and mistakes].

You still

delude yourself

that it is possible

to

avoid

• mistakes and

avoid

• paying the price for them.

	<p><i>This illusion [i.e., This illusion that you can avoid all mistakes and avoid paying the price for the mistakes you inevitably make] is dangerous, all the more so because it [i.e., because this illusion] is</i></p> <ul style="list-style-type: none"><i>• so subtle and</i><i>• can so easily be glossed over.</i> <p><i>The manifestation of this delusion [i.e., The manifestation of this delusion that you can avoid making all mistakes and avoid paying the price for the mistakes you inevitably make] can be rationalized – hence denied.</i></p>
34	<p><i>Whenever you are</i></p> <ul style="list-style-type: none"><i>• unsure and</i><i>• confused</i> <p><i>about</i></p> <ul style="list-style-type: none"><i>• yourself,</i><i>• your environment,</i><i>• the events around you,</i> <p><i>see it</i></p> <p><i>as a sign</i></p> <p><i>that you still</i></p> <ul style="list-style-type: none"><i>• suffer from this delusion [i.e., from this delusion that you can be perfect, can avoid making all mistakes, and can avoid paying the price for the mistakes you inevitably make because you are human]</i> <p><i>and thus [that you]</i></p> <ul style="list-style-type: none"><i>• deliberately avoid</i> <p><i>growing into</i></p> <p><i>full selfhood [i.e., AVOID GROWING into full selfhood by NOT being open to LEARNING FROM the inevitable mistakes you make as a human being and from paying the price for your inevitable mistakes].</i></p>

	<p><i>Whenever you rebel against authority figures, take it as a sure sign that you are still craving</i></p> <ul style="list-style-type: none"><i>• the "right" authority,</i><i>• the super-person who protects you</i><ul style="list-style-type: none"><i>• from the vicissitudes of life [i.e., protects you from making any mistakes in the vicissitudes of life]</i> <p><i>and thus</i></p> <ul style="list-style-type: none"><i>• from experiencing your reality [i.e., protects you from experiencing your human reality of inevitably making mistakes and having to pay the price for them].</i>
35	<p><i>When autonomy exists [i.e., When AUTONOMY exists, including the freedom to make inevitable mistakes and the willingness to learn from them],</i></p> <ul style="list-style-type: none"><i>• there is no need for rebellion against authority.</i><i>• There is no confusion.</i><i>• You have a clear perception of what is</i><ul style="list-style-type: none"><i>• true and</i><i>what is</i><ul style="list-style-type: none"><i>• false</i><i>and therefore you can</i><ul style="list-style-type: none"><i>• agree or</i><i>• disagree</i><i>without</i><ul style="list-style-type: none"><i>• rebellion or</i><i>• fearful submission.</i>

The
• *road to*
the clarity
and
• *ability to*
discriminate
is the willingness
• *to*
• *search,*
• *question,*
• *probe,*
• *be open,*
• *to*
• *explore.*

Such a course [i.e., A course such as this where one is willing to search, question, probe, be open, and explore and slowly learn from making mistakes] requires
• *patience,*
rather than
• *quick,*
• *ready-made*
answers,
regarding
any specific issue
in your life.

But the
• *childish,*
• *dependent*
person
abhors
the patient way
of
• *probing and*
• *finding out,*

for this [i.e., because this work of probing and learning from mistakes] means
labor.

The

- **childish**
 - **dependent**
 person
 - **wants**
 - **quick,**
 - **easy**
- answers**
- and therefore**
- **tends to**
 jump to conclusions.

When

- you are**
 afraid
 of making mistakes,
 - you**
 do not question
 your quick conclusions,
 - and so**
 your stiff insistence
 on them [i.e., your stiff insistence that your quick conclusions are CORRECT]
 will
 bar the way
 to
 - **clarity and**
 - **truth**
- [i.e., will bar the way to clarity and truth that requires the patient work of probing and learning from mistakes].*

The resulting

- inner confusion**

 then breeds
 correspondingly
 confusing
 experiences.

	<p><i>If</i> <i>the connections</i> <i>to the ways in which</i> <i>these</i> <ul style="list-style-type: none">• <i>negative and</i>• <i>confusing</i><i>experiences</i> <i>have been created [i.e., If connections of these negative,</i> <i>painful, and confusing experiences to their CAUSES]</i> <i>are lacking,</i></p> <p><i>life</i> <i>appears too</i> <ul style="list-style-type: none">• <i>difficult and</i>• <i>unfair.</i></p> <p><i>Then you demand</i> <i>a perfect authority</i> <i>to put things right.</i></p>
36	<p><i>The more strident</i> <i>your protestations</i> <i>for</i> <i>independence,</i> <i>the more suspect</i> <i>they are [i.e., the more suspect your protestations are].</i></p>

*The more
you need to
prove
that you are*

- *a free agent and*
- *not influenced or*
- *influenceable,*

the more likely it is

- *that you
abhor
real
autonomy,*

- *that you
do
not
wish
to take full responsibility
for
your*
 - *life,**your*
 - *experiences,**your*
 - *decisions.*

*The greater
the rebellion
against
those authority figures in your life
whom you accuse
of denying your selfhood,*

*the more
you
secretly resent them
for
not living up to
your demands [i.e., not living up to your demands that those
authority figures protect you from making mistakes and
from having to bear the consequences of your mistakes].*

37

*What exactly are
these demands [i.e., these demands that you make of those in authority over you]?*

*They are, as I said,
that you be prevented
from*

- making
any
mistakes,*

from

- having to pay
any
price [i.e., pay ANY price for making mistakes]*

and

- going through
any
consequences of
your*

- errors,*
- distortions,*
- negativities, or*
- unwise decisions.*

*You want an
infallible key
handed to you
that equips you
with this kind of
magic [i.e., the magic key that prevents you from EVER making any mistake
and from having to bear any consequences for your mistakes],*

*while
you still remain
"free."*

*This "freedom"
means
to be able to do
whatever you want,
whether or not
it is desirable
for*

- your real self or*

for

- others.*

*You do not want
to
experience
any*

*• frustration [i.e., frustration from making mistakes and having to
learn from them and correct them]*

or

*• necessary discipline [i.e., discipline necessary to help you learn
and to keep you from making mistakes in the future].*

When

*these goals [i.e., When these goals for having the “freedom” to
do what you like without consequences]*

*remain
unreachable,*

you

*• resent and
• blame*

*authority figures,
often accusing them
exactly*

*of the opposite
of what*

*you really expect from them [i.e., accusing them of
blocking the freedom that you want from them].*

To be specific,

*• you blame them [i.e., you blame the authority]
for*

infringing upon your freedom

when

limits are set.

• You refuse to see

that

these limits

are

the limits

of

• reality,

of

• life's laws.

	<p>Perhaps</p> <ul style="list-style-type: none">• <i>unconsciously,</i>• <i>yet deliberately,</i> <p>you create a specific confusion in which you distort the limitations as if</p> <ul style="list-style-type: none">• <i>boundaries</i> <p>implied</p> <ul style="list-style-type: none">• <i>enslavement.</i>
38	<p>I ask all of you to explore this aspect in you [i.e., <i>explore this aspect in you of DISTORTING limitations by saying that ANY legitimate and natural boundaries imply enslavement</i>];</p> <p>see if you can find to what degree it [i.e., <i>to what degree this aspect of distorting limitations by implying that any limitation of your freedom implies enslavement</i>] may still exist in you.</p> <p>Also ask yourself some deeply probing questions.</p> <ul style="list-style-type: none">• Are you really willing to assume full self-responsibility, with all that this implies?• Are you fully reconciled to the fact [i.e., <i>the fact that you are HUMAN and hence</i>] that you are<ul style="list-style-type: none">• <i>still imperfect,</i>that you are<ul style="list-style-type: none">• <i>unable to avoid</i> <i>making mistakes?</i>

	<ul style="list-style-type: none">• Are you truly willing to pay the price for them [i.e., to pay the price for your human imperfections and mistakes]? <p>The more willing you are to do so [i.e., to pay the price for your human imperfections and mistakes], the lower the price will be.</p> <p>The price will turn out to be</p> <ul style="list-style-type: none">• a stepping stone [i.e., a stepping stone on the road of self-development],• a threshold,• a necessary lesson.
39	<p>The strength to do this [i.e., the strength</p> <ul style="list-style-type: none">• to assume full self-responsibility,• to be reconciled to human imperfections and inevitable mistakes, and• to be willing to pay the price for them and learn from them] <p>can come only from surrendering to the will of God.</p> <p>Only then [i.e., only when you surrender to the will of God] can you truly stand in the middle of life as it unfolds around you,</p> <p>never</p> <ul style="list-style-type: none">• fleeing it [i.e., never fleeing life], <p>never</p> <ul style="list-style-type: none">• denying it [i.e., never denying life], <p>never</p> <ul style="list-style-type: none">• using spirituality as a means to escape from it [i.e., never using spirituality as a means to escape from life].

40

All dualistic confusion [i.e., All dualistic confusion about such things as “right” vs. “wrong,” “good” vs. “bad,” or “pleasure” vs. “pain”] will dissolve

when

- *your surrender to God is genuine*

and

when

- *you are willing to be your autonomous self.*

If you

follow through [i.e., follow through with your self-development work] you will no longer be confused

about

- *individuality versus community;*

about

- *self-surrender versus selfhood and real independence.*

True selfhood

creates

a social being

who is

not at odds

with his or her surroundings.

On the contrary,

this kind of person [i.e., a person who is truly autonomous and in his or her true selfhood]

- *is intimately connected with others*

and

- *always contributes to them.*

	<p><i>Truly autonomous people can be</i></p> <ul style="list-style-type: none"><i>• strong leaders,</i> <p><i>as well as</i></p> <ul style="list-style-type: none"><i>• willing followers,</i> <p><i>because</i></p> <ul style="list-style-type: none"><i>• their vision is clear</i> <p><i>and</i></p> <ul style="list-style-type: none"><i>• their selfhood is centered in divine reality.</i>
41	<p><i>If you go through every lecture I have given you so far this season [i.e., lectures given between September and December, 1978, the “last” season for this direct guidance through Eva], you will discover a note [or hint] of another dimension that has not been touched upon previously.</i></p> <p><i>[In this lecture, 256, December 13, 1978] I have opened new vistas for you, even if you may not yet be capable of taking direct steps toward attaining these states.</i></p> <p><i>But the knowledge of their reality [i.e., But even the knowledge of the reality of these states] is important for you at this point.</i></p>

	<p><i>What prevents you most from going through these doors [i.e., through these doors and into these new vistas and states]</i></p> <p><i>is exactly the problem of still avoiding full</i></p> <ul style="list-style-type: none">• <i>self-responsibility,</i>• <i>autonomy,</i>• <i>accountability.</i> <p><i>Your freedom is directly dependent on that [i.e., dependent on taking on full self-responsibility, autonomy, and accountability].</i></p> <p><i>Your ability to let go in</i></p> <ul style="list-style-type: none">• <i>strength,</i> <p><i>rather than [i.e., rather than to let go in]</i></p> <ul style="list-style-type: none">• <i>weakness,</i> <p><i>depends on that [i.e., depends on taking on full self-responsibility, autonomy, and accountability].</i></p>
42	<p><i>Of course,</i></p> <ul style="list-style-type: none">• <i>autonomy,</i> <p><i>or</i></p> <ul style="list-style-type: none">• <i>its lack,</i> <p><i>is always a question of degree.</i></p>

*Many of you
are perfectly able
to stand on your own two feet
as far as
earning your livelihood is concerned.*

*You may do it [i.e., You may earn your livelihood]
in a*

- healthy and*
- productive*

*way
that you therefore
generally enjoy.*

*In this area [i.e., In this area of earning your livelihood]
you may be*

- realistic*

and

- able to accept*
that you will also
encounter
 - difficulties,*
 - boredom or*
 - strife.*

*You can
lend your best
to such times [i.e., to times of difficulties, boredom, or strife as you
go about earning your livelihood].*

*This [i.e., Because you can lend your best to times of difficulties, boredom,
or strife as you go about earning your livelihood]
is precisely
why you*

- are successful and*

why you

- enjoy your work.*

**But there may be
other areas [i.e., areas in your life other than earning your livelihood,
areas which are],**

- **more subtle,**
- **less easily noticeable,
in which
you still want to**
 - **depend [i.e., want to depend upon authorities outside yourself]**
- and**
 - **not be your own self.**

**It is up to you
to explore these [other] areas.**

The telltale sign is

- **how you feel about
authority figures in your life [i.e., authority figures in your life in areas
other than the area of earning a livelihood in which you are successful],**

- **how you can distinguish
between**
 - **those whom you
can trust**
- and**
 - **those who
are not to be trusted.**

Where do your intense feelings go?

**Your positive feelings
may tend
precisely
toward those
who are
not
to be trusted [i.e., those who are NOT to be trusted because
they give you THEIR answers and tell you
EXACTLY what to do],**

**while you
view with suspicion
those who [i.e., those who do NOT give you answers but rather who]**

- **encourage your autonomy [i.e., who encourage and guide you
in finding your own answers]**

- and**
 - **deserve your trust.**

43

*If you
cannot trust yourself,
you can
never know
who is trustworthy.*

*And, of course,
you cannot trust yourself
if you do not know
which part of you
deserves to be trusted.*

*Only too often
you want to insist
that the part in you that is
most
• childish [i.e., immature, self-centered],
most
• destructive,
most
• shortsighted,

is the self
that is
• autonomous.*

*You want to believe
that
• the line of least resistance
and
• what feels
momentarily
most pleasurable

is tantamount to
your autonomy.*

*This may
occasionally
be so,
but
by no means
always.*

*You can
only trust
yourself
if
you have learned to listen to
the true
inner
authority
that is capable of
saying
no
to momentary pleasure,
because
that [i.e., because that which brings
only momentary pleasure],
in the long run,
defeats you.*

44

*True maturity –
• health and
• selfhood –
is the prerequisite
for a
• healthy,
• fully lived and
• satisfying
life.*

*It [i.e., True maturity]
forms
the underpinning
of spiritual self-realization.*

*Without
this state [i.e., Without being in this state of true maturity],
spirituality
must,
sooner or later,
bend into some distortion,
no matter
how well-intentioned
the person may be
when starting out.*

45

*On the other hand,
you cannot reach
this state of*

- health and*
- autonomy*

*by merely
psychological means.*

Your psychologists

- have the right idea and*
- strive*

*toward this goal
in their approach to their patients.*

But

- unless one learns
that there are
several
inner voices to listen to;*

- unless choices are made
about
which voice*
 - to trust*
 - or*
 - to reject;*

- unless these voices
are explored,*

*the goal
will forever remain*

- elusive*

and only a

- beautiful theory.*

*In effect,
the voice
of the higher self
is often
the weakest [i.e., the weakest voice]
at the beginning,*

*yet
you need to listen to it [i.e., to listen to even the weak voice of the higher self]
more than
to
the loud clamoring
of the other voice,
which never wants
to tolerate
any frustration.*

46

*It must become clear to you,
my beloved friends,
that
only a community
that consists of
• autonomous
• people
is [itself]
• autonomous,
• safe
and
• creative
as a
• group entity.*

*In the New Age [i.e., In this New Age we are entering]
everything
tends in that direction [i.e., tends in the direction of true maturity, the state of
being autonomous, safe and creative].*

*Your whole society
can be transformed
to the degree
that
more and more
individuals
• develop
and [by developing]
• reach
• emotional,
• mental and
• spiritual
maturity.*

*When all of society,
at least as
an overall attitude,
represents values
that express this state [i.e., this state of emotional, mental, and
spiritual maturity],*

*then not even those
who come from
the lowest spheres,
with
• destructive intent
and/or
• spiritual ignorance,

will be capable of
wreaking havoc
on your earth.*

*Their influence [i.e., The influence of those who come from the lowest spheres
with destructive intent and/or spiritual ignorance]
will dissolve
like snow in the sun.*

	<p><i>This [i.e., The influence of those “who come from the lowest spheres with destructive intent and/or spiritual ignorance” dissolving like snow in the sun] is not so now, because too many individuals hanker after authority figures who</i></p> <ul style="list-style-type: none"><i>• allow everything and</i><i>• forbid nothing,</i> <p><i>who</i></p> <ul style="list-style-type: none"><i>• promise to take away all hardships of living.</i>
47	<ul style="list-style-type: none"><i>• Deep,</i><i>• intense,</i><i>• realistic</i> <p><i>contact with the Christ</i></p> <p><i>is possible in an extended way only when true autonomy exists in the human personality.</i></p> <p><i>Otherwise [i.e., Without true autonomy existing in the human personality]</i></p> <ul style="list-style-type: none"><i>• the road [i.e., the road to the Christ] is blocked,</i><i>• the experience [i.e., the experience of the Christ] is inaccessible,</i><i>• the voices [i.e., the voices from and concerning the Christ] are confusing.</i><i>• The idea of total surrender to God becomes confusing.</i>

*The wish
to surrender to
the false authority figure
who*

- *permits all and*
- *sets no limits*

*to the line of least resistance,
who*

- *never imposes any frustration,*

who

- *offers this kind of utopia,*

*also creates
a sense of fear
in those who somehow,
in their inner being,
know
the dangers of
such surrender [i.e., know the dangers of such
surrender to the false authority figure].*

*The weaker ones
will surrender to
the false prophets,
as the Bible says.*

*The slightly stronger ones,
who are*

- *still partially*
- *while partially striving for*

real autonomy,

*fear surrender
in all forms.*

*What they [i.e., What these slightly stronger ones who fear surrender in all forms]
really*

- *fear and*
- *distrust*

*is their own desire
for the false prophets
who promise
what they should
never promise.*

	<p><i>These promises [i.e., These promises that should NEVER be made but which are made by false prophets] may not be made in so many words,</i></p> <p><i>but they [but these promises that should never be made]</i></p> <ul style="list-style-type: none"><i>• are implicit in their [i.e., implicit in the false prophets'] messages and</i><i>• reach the consciousness of those who are most vulnerable due to their unwillingness to take charge of their own lives.</i>
48	<p><i>So, no matter how much you may be willing to surrender</i></p> <ul style="list-style-type: none"><i>• to the will of God, and therefore</i><i>• to His guidance in whatever form it may be given you,</i> <p><i>the resistance to doing so [i.e., the RESISTANCE to SURRENDERING to the will of God and His guidance]</i></p> <p><i>cannot be overcome unless you establish full selfhood in all areas of your being.</i></p>

49

*From
the evolutionary point of view,
spirit
can
penetrate matter
to the degree
that
spiritual
• truth,
spiritual
• law,
spiritual
• health
are being established.*

*The individual's
self-responsibility
is indeed*

*the key to this [i.e., The individual's SELF-RESPONSIBILITY is the key to
spirit penetrating matter – self-responsibility to establish within
itself spiritual truth, spiritual law, and spiritual health].*

*When the self
becomes*

*stronger [i.e., When the self becomes stronger by establishing within itself
spiritual truth, spiritual law, and spiritual health],*

*more of
• life*

*can penetrate
• matter;*

*more of
• the spirit*

*can be born in
• the flesh.*

*You will see,
as you grow in stature
through
gaining selfhood,*

that

- *more of
your
real being [i.e., more of your INNER self, your REAL self]
is born into
your physical manifestation.*

- *More talents
may come to the fore
of which you had known nothing before.*

- *Suddenly*
 - *a new wisdom manifests,*
 - *a new understanding*
- and*
 - *capacity to*
 - *feel and*
 - *love,*
 - *a hitherto unsensed strength
unfolds from you.*

*All these manifestations [i.e., All these NEW manifestations]
are*

*the real you
that lives in*

- *the inner space –*
- *the real world.*

*As you
make room*

*for these aspects [i.e., As you make room for these INNER aspects
that live in the INNER space, in the REAL world],*

- *they will push into
the life of matter [i.e., push into the OUTER life of matter]*
- and*
- *you will fulfill
your part
in the evolutionary scheme [i.e., your part in filling the VOID
with SPIRIT and with LIFE].*

These attitudes [i.e., These new attitudes manifesting in you]

do

not

*grow from
outside;*

they

are

not

being added on to you.

They [i.e., Rather, these new attitudes manifesting in you]

are a result of

- *your outer
manifest
being*

making room for

- *the inner,
as yet unmanifest
being.*

This [i.e., This pushing forth of your unmanifest INNER aspects

into your OUTER manifest being]

happens by

- *the growing process,*
- *the hard work
you undertake on this path.*

And,
after a certain point in your development,
it [i.e., the growing process, your hard work]
can be helped along
by focusing on
the inner emptiness

until
you discover
that

- **the emptiness [i.e., the INNER emptiness]**

is

- **illusion.**

• It [i.e., The INNER emptiness]
is

- **a fullness,**
- **a rich world of glory.**

You can

- **receive**
all you need
from
• this inner source

and

- **translate**
it [i.e., and translate what you receive from this INNER source]
into
• outer experience.

50

Christ

has come

- *in many forms,*
- *many times,*
- *as different enlightened ones,*
- *throughout the ages.*

*But never has he [i.e., But never has Christ]
come*

as

- *fully and*
- *completely,*

as

- *freely*

as in

- *Jesus.*

*You can see that, here too [i.e., here too, regarding the degree to which
Christ has come in Jesus and in other forms],*

it is a question of

- *the degree to which
spirit*

*can flow through
into matter,*

- *how unobstructed
matter has become,
so that the maximum*

of

- *spirit,*

of

- *life,*

of

- *consciousness*

*can manifest as
matter.*

*The point will come
in evolution
when
the sphere you now inhabit
will yield
to spirit
so much
that*

- matter
will have
spiritualized completely.*
- Matter
will no longer
be an obstruction
to spirit.*
- The void
will be filled
with life.*

51

*By approaching
the void
without fear,
you also
remove
an obstruction
to life.*

*Focusing on
the inner space
means,
to begin with,
approaching
what
appears as
emptiness.*

***Through this void [i.e., Through this void, through this INNER space,
through what APPEARS as emptiness]***

you reach

- the fullness of spirit,***
 - the totality of life***
- in its***
- pure,***
 - unobstructed***
- form.***

This stuff of life
contains

all possibilities

of

- expression,***

of

- manifestation.***

The joy
of

experiencing
this reality

is greater than

any other [i.e., is greater than any other joy].

***In this joy [i.e., In this JOY of EXPERIENCING this reality of the fullness of spirit,
the totality of life in its pure, unobstructed form that contains ALL
possibilities of expression and manifestation]***

is your oneness

with

the Creator,

where you are
indeed

one.

52

*You can see, my friends,
that*

- *nothing*
in your personality,
- *no aspect*
of it [i.e., no aspect of your personality],

is insignificant
in terms of

- *creation and*
- *evolution.*

There is no such thing as
a "merely psychological aspect."

Every

- *attitude,*

every

- *way of*
 - *thinking,*
 - *feeling,*
 - *being and*
 - *reacting*

reflects
directly on
your participation
in the greater scheme of things.

By knowing this
you will perhaps
find it easier
to give
your

- *life,*

your

- *pathwork,*

your

- *endeavors*

greater value.

	<p><i>You will learn to unify an arbitrary duality –</i></p> <ul style="list-style-type: none">• <i>spiritual</i> <p><i>versus</i></p> <ul style="list-style-type: none">• <i>worldly concerns.</i>
53	<p><i>Make room for</i></p> <ul style="list-style-type: none">• <i>unobstructed life,</i> <p><i>for</i></p> <ul style="list-style-type: none">• <i>unencumbered spirit!</i> <p><i>Let it [i.e., Let unobstructed LIFE, let unencumbered SPIRIT] fill every part of your being</i></p> <p><i>so that you will finally know who you really are.</i></p> <p><i>You are all blessed, my very dearest ones.</i></p>

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