Sacred Dimensions *of the* Pathwork
Four 3-Day Engagements *each year*

What is this program and for whom is it intended?

• *Deep and enlivening 3-day Engagements with the Pathwork and each other*
  • *(4) 3-day Engagements per year – each a stand-alone event*
• *Offered primarily for*
  • *Pathwork Transformation Program graduates or equivalent*
  • *Pathwork helpers and/or leaders*

What is the Format for each 3-day Engagement?

Each 3-day Engagement is offered at **Sevenoaks Retreat Center** and is unique, depending upon the Pathwork lectures used, the make up of the leader team and group, and the movement of Spirit moment by moment through the weekend. The work in each 3-day Engagement is grounded in the wisdom of **3-4 assigned Pathwork lectures** – each participant bringing and offering what the lecture material and Spirit has stirred and evoked from within.

Over each 3-day-Engagement **24-hours of spiritual and personal development** are offered – including times for:

  • ***meditation***
  • extended periods of ***silence***
  • ***experiential awareness practices:***
        • ***movement*** and ***dance***
        • times in ***nature***
  • ***emotional processing*** to build energy and move through blocks
  • wisdom from ***other spiritual traditions and teachers***
  • ***deep engagement*** with the ***Guide's wisdom*** and with ***one another***

The program is directed by **Erena Bramos** and Erena and/or other senior Pathwork leaders facilitate each Engagement. Erena has been a Pathwork Helper, Pathwork teacher and psychotherapist in private practice for over thirty-five years. She steps into the work from the dimension of non-dual consciousness,

This Pathwork program is offered not only for each participant's **life-long spiritual and personal growth and development**, but it also carries a spirit of **obligation** by transforming, enabling and inspiring participants to **spread the light and truth of spiritual wisdom and love** wherever they are in the world.

For more information about future dates, themes for the next 3-day Engagement, and registration, go to: https://www.garyvollbracht.com/pathwork-support/workshops/