

Pathwork Lecture 224: Creative Emptiness

1996 Edition, Original Given October 23, 1974

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

Blessings on your journey, Gary

¶	<i>Content</i>
03	<p><i><u>My most beloved friends,</u></i> <i><u> blessings</u></i> <i><u> for every one of you here.</u></i></p> <p><i><u>A golden force</u></i> <i><u>is flowing through</u></i> <i><u>your inner being</u></i></p> <ul style="list-style-type: none">• <i><u>now</u></i> <p><i><u>and</u></i></p> <ul style="list-style-type: none">• <i><u>forever,</u></i> <p><i><u>if</u></i> <i><u> you open yourself to it.</u></i></p>
04	<p><i><u>I have spoken to you about</u></i> <i><u>the coming of</u></i> <i><u> a new era.</u></i></p> <p><i><u>This event</u></i> <i><u>requires</u></i> <i><u>that</u></i> <i><u> many human beings</u></i> <i><u> be ready for it.</u></i></p>

by Eva Broch Pierrakos

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Edited by Judith and John Saly; Devotional Version Posted 11/22/2014, Rev, 9/29/18

For many years,
you on this path
have worked for that purpose [i.e., for the purpose of making the human beings
ready for the coming of this new era],
whether or not
you were aware of it.

You have
filed away at
your impurities,
and
you still do so.

And you make yourself available for
a powerful force
that has been released
in the universe –
the
inner
universe.

05

Many spiritual
• teachers and
• channels
know this [i.e., know that a new era is coming and that
the releasing of a powerful force is part of this],
but many
have
misinterpreted this event.

They believe it [i.e., They believe this new era and powerful force]
will bring
geological cataclysms
with effects
on a human level.

As I have said before,
this [i.e., this belief that this new era will bring
geological cataclysms on a human level]
is not true.

The changes
that are already in progress
are changes in
consciousness.

And
you
are working at this.

You see,
as you

- develop and
- purify

yourself,
you become
more
and more ready for an

- inner

awakening
and

- enlightenment

that

- has not yet occurred

and

- is indeed

self-perpetuating
in its force.

It [i.e., This upcoming new era bringing inner awakening and enlightenment]
is unprecedented,

for there was
no other time in human history
when
this power
was as available
as it is now.

06

What you
increasingly
experience
is the result of
this power's
coming upon
a receptive channel.

If this power
hits
an unreceptive channel,
a crisis arises,
as you well know.

Even if
only a part of you
blocks
the great creative beneficial forces
that could make you
thrive
in an entirely new way,

you put yourself
under great

- psychic,
- emotional, and
- spiritual

stress.

This [i.e., Having even a part of you blocking the great creative beneficial forces,
which puts you under great psychic, emotional, and spiritual stress]
must be avoided.

07

On your path
you have learned to contact
the deep levels of intentionality
where you
deny
• truth and
• love
as well as [deny]
• a greater knowing,
• a power
that operates differently
from the outer ego power
you so strive for.

Real
• truth and
• love,
real
• power,
come from
within.

08

I will now speak about
the importance of
being receptive to
this
• force,
this
• energy,
this
• new consciousness:

the Christ consciousness
that is spreading through
human consciousness
wherever possible.

To become receptive to it [i.e., receptive to this force, to the Christ consciousness],
you also need to understand
another principle:
that of
creative emptiness.

09

Most human beings

create

an

• agitated mind,

an

• inner

and

• outer

overactivity,

because

they are frightened

that

• they may be empty,

that

• there may be nothing within
to sustain them.

This thought [i.e., This thought that there may be NOTHING WITHIN to sustain them]
is rarely conscious,

but on a path such as this

the time comes

when you

do

become conscious of

this fearful thought [i.e., conscious of this fearful thought

that there may be NOTHING WITHIN to sustain you].

Then [i.e., Then, as you become conscious of this fearful thought
that there may be NOTHING WITHIN to sustain you]
the first reaction
is very often,

- **"I do not even want to acknowledge**
that I am afraid of this [i.e., I do not want to acknowledge that I am
afraid that there may be NOTHING WITHIN to sustain me].

- **I'd rather**
continue busying my mind
in order
not
to face the terror
 - **that I am**
nothing
inside,

 - **that I am only a shell**
that needs sustenance
from without."

10

This self-deception [i.e., This self-deception that comes by NOT acknowledging your
FEAR that there may be NOTHING WITHIN to sustain]
is obviously futile.

It is of utmost importance
that you

- **face this fear** [i.e., face this FEAR that there may be
NOTHING WITHIN to sustain]

and

- **deal with it openly.**

You need to
create an atmosphere
within yourself
in which you allow [i.e., allow rather than fear, defend against, and block]
this emptiness [i.e., this emptiness – this having
nothing within to sustain you
to exist.

Otherwise
you perpetually deceive yourself [i.e., you deceive yourself by not allowing what
you fear, i.e., your emptiness in having
nothing within to sustain you, to exist],
which is very wasteful
because the fear [i.e., the fear of your emptiness, the fear of having
nothing within to sustain you]
is unjustified.

How can you ever
live in peace with yourself
if you
do not know what you fear [i.e., the emptiness that you fear, the fear of
having nothing within to sustain you]
and therefore
make it impossible to find out
that what you fear [i.e., that the emptiness that you fear, the fear
of having nothing within to sustain you]
is not so [i.e., you DO have something within to sustain you]?

11

As a result of
a process that has continued for centuries
humanity has conditioned itself
to make
the outer mind
a very busy place,

so that
when that busyness
ceases
[even] temporarily,
the resulting quiet
is confused with
emptiness.

It [i.e., The resulting quiet after the outer busyness ceases]
indeed
seems
empty.

The noise [i.e., The noise of the outer busyness]
will recede,
and
you must indeed
• embrace
and
• welcome
the emptiness
as the most important channel
through which to receive
your innermost Godself.

12

There are several
• psychic and
• spiritual
laws
you need to comprehend
in order to
• nurture
this emptiness
and
• make it
a creative venture.

Some of these laws
seem to be contradictory.

Let me put it this way:
If you cannot
let yourself be empty,
[then] you can
never be filled.

Out of the emptiness
a new fullness
will arise,
yet
you cannot
disregard
your fear [i.e., your fear of being empty, your fear of
having nothing within to sustain you].

It [i.e., Your fear of being empty, your fear of
having nothing within to sustain you]
must, like everything else,
be gone through.

My advice is
that you
• challenge
that fear [i.e. challenge whether or not your fear of being empty, of having
nothing within to sustain you, is warranted],
and at the same time
• welcome
the emptiness
as the doorway
to your divinity.

This [i.e., Welcoming the very emptiness that you fear, while at the same time
challenging whether or not your fear of being empty is warranted]
seems contradictory,
but it is not.

Both attitudes [i.e., BOTH 1) the attitude of challenging whether or not your fear of
being empty is warranted AND 2) the attitude of welcoming the emptiness]
are necessary.

13

Another apparent contradiction:

It is extremely important
that you be

- receptive and
- expectant,

yet without

- preconceived ideas,
- impatience, or
- wishful thinking.

This seems very hard to explain
in human words.

It is something you have to
feel into.

There must be a

- positive expectancy

that is yet free from

- preconceived notions of
 - how and
 - what
- should happen.

14

Still another related apparent contradiction:

You need to be

- specific,

yet

- this specificity
must be

- light and
- neutral.

You must be
specific
• in one way,
but not [be]
[specific]
• in another.

If this seems confusing now,
ask
your inner being
to relay the comprehension
to your mind,
rather than
trying to understand
directly
with your ego-mind.

15

The workings of
the greater self
so far surpass
the mind's imagination
that specificity
would be a hindrance [and be limiting].

Yet
the mind
must
• know what it wants,
• be prepared for it,
• reach for it and
• claim it,

• know that it
• deserves what it wants and
• will not misuse it.

The

- outer
mind
must make
constant changes
in order to
adapt itself
to the greater scope
of the
 - inner
God consciousness.

Your
outer

- mind
must become
 - empty and
 - receptive,yet it must
 - hold itself poised for
all
possibilities.

Thus it [i.e., the outer mind]
will be able to mate with

- the inner stillness and
- what appears at first as
emptiness.

16

As you do this [i.e., as you do the work of preparation by emptying the outer mind in order to manifest OUTER emptiness so it will be able to mate with the inner stillness, a stillness that at first APPEARS at first as INNER emptiness],
in a spirit of

- patient,
- persevering,
- positive
expectancy,
yet empty in
 - mind and
 - soul,
a new fullness
can manifest.

	<p><u><i>The inner stillness [i.e., the inner stillness, rather than being inner emptiness as first it appeared]</i></u></p> <p><u><i>will begin to</i></u> <u><i>sing,</i></u> <u><i>as it were.</i></u></p> <p><u><i>From the</i></u></p> <ul style="list-style-type: none">• <u><i>energetic point of view,</i></u> <u><i>it [i.e., the inner stillness, rather than being inner emptiness as first it appeared]</i></u> <u><i>will convey</i></u><ul style="list-style-type: none">• <u><i>light and</i></u>• <u><i>warmth.</i></u>• <u><i>Strength</i></u> <u><i>you never knew you possessed</i></u> <u><i>will arise.</i></u> <p><u><i>From the</i></u></p> <ul style="list-style-type: none">• <u><i>point of view of consciousness,</i></u><ul style="list-style-type: none">• <u><i>inspiration,</i></u>• <u><i>wisdom and</i></u>• <u><i>guidance</i></u> <u><i>will come</i></u> <u><i>for the</i></u><ul style="list-style-type: none">• <u><i>biggest and</i></u>• <u><i>smallest</i></u> <u><i>issues in your life.</i></u>
17	<ul style="list-style-type: none">• <u><i>Receptive,</i></u>• <u><i>creative</i></u> <u><i>emptiness</i></u> <u><i>must truly be nurtured.</i></u> <p><u><i>Listen</i></u> <u><i>with an</i></u> <u><i>inner ear,</i></u></p> <p><u><i>and yet</i></u> <u><i>you must not do this [i.e., you must NOT do this listening with an inner ear]</i></u> <u><i>with urgency</i></u> <u><i>but [rather]</i></u> <u><i>become receptive to</i></u><ul style="list-style-type: none">• <u><i>when and</i></u>• <u><i>how</i></u> <u><i>you will be filled.</i></u></p>

This is the only way,
my friends,
to
find
• your inner sustenance,
to
find
• your divinity,
and
become
• a receptacle for
the great universal power
that
• is being released
and
• will manifest
in your life,
even more than
you have already experienced.

18

This is an
important time in
the history of evolution,
and
you are
all
needed to
• comprehend and
• perpetuate
a great change in
• thinking
and
• perception
regarding the
• laws and
• values
that the
Christ consciousness
is spreading.

	<p><u>The way</u> <u>must be open</u> <u>from</u></p> <ul style="list-style-type: none">• <u>within and</u> <p><u>from</u></p> <ul style="list-style-type: none">• <u>without</u> <p><u>to create</u> <u>as many receptacles</u> [i.e., <u>as many receptacles for</u> <u>the Christ consciousness</u>] <u>as possible.</u></p>
19	<p><u>The mind</u> <u>can be</u></p> <ul style="list-style-type: none">• <u>a hindrance</u> <p><u>or</u></p> <ul style="list-style-type: none">• <u>an aid</u> <p><u>to this process</u> [i.e., <u>to this process of preparing for the influx</u> <u>of the Christ consciousness</u>].</p> <p><u>You all know that</u> <u>your mind</u> <u>is limited</u> <u>only</u> <u>by your own concept of</u> <u>its limitations.</u></p> <p><u>To the degree you</u> <u>limit your mind,</u> <u>you cannot perceive</u> <u>what is beyond it.</u></p>

The mind is

• finite

and it must

aim

to spread the boundaries of its finiteness

until it measures up with

• the infinite

that is

• beyond the mind

and

that is

• within yourself,

• right here,

• right now.

Then [i.e., Then, when it thus spreads the boundaries of its finiteness,]

the mind

merges into

the infinite consciousness

of your inner universe,

in which

you are

• one with

all that is,

and yet

you are

• infinitely

your personal self.

20

As it is now,

you carry your mind with you

almost as a burden

because

it has become

a closed circuit.

Inside that circuit [i.e., Inside that closed circuit of the mind]

there is a certain leeway

for

- *ideas,*
- *opinions, and*
- *possibilities*

you have made room for in your life

as a result of

- *your education*
- and*
- *the mores of your society.*

That circuit [i.e., That closed circuit of the mind]

contains

what you have

chosen to

- *learn and*
- *adopt*

as knowledge,

both as

- *part of the group consciousness*
- and as*

- *your personal experience.*

To the degree you have

- *grown and*
- *expanded,*

the closed circuit

of your mind

has widened;

however,

it is still

a closed circuit.

You are still burdened with

limiting ideas

about

- *yourself*
- and*
- *your world.*

[Because of your closed mind and hence your limited ideas about
yourself and your world]

It is therefore necessary,
in order to elicit
creative emptiness,
that you
visualize
the boundaries of your mind
by questioning yourself
about all the things
that you think
are impossible for you.

Where you are
• hopeless and
• frightened
there must be
an idea of
finiteness
that is simply
locked into your mind;
thus you
lock out
the great power
that is here
for all those
who are ready to receive it
honestly.

21

Again we have
an apparent contradiction.

On the one hand,
it is necessary
that this limited mind
open itself up to
new
• ideas
and
• possibilities,
as you have already learned to do
in your meditation.

You have seen infallibly
that where you have
made room for
a desirable new possibility,
it has indeed
come into your life.

You have also seen
that when it [i.e., when a desirable new possibility]
does not come into your life,
you deny
that it can [i.e., you deny that it can
ever come into your life]
for whatever reason.

It is therefore necessary
that you begin to
puncture
that closed circuit.

You cannot
immediately
dissolve it;

- *you live with*
a mind
- and*
• *you need*
your mind.

But where you
puncture your mind,
the flow of
new

- *energy and*
- *consciousness*
can penetrate.

Where it is
not punctured [i.e., Where your mind is not punctured],
you stay locked
within its narrow confines,
which your spirit
is fast outgrowing.

On the other hand,
your mind must
• rest,
• not hold opinions,
• be neutral,
in order to be
receptive
to the great new force
sweeping the
inner
universe
of all consciousness.

22

But let us return to
the process of
puncturing
the limited mind.
How do you do that?

First
tell yourself
that you
do hold limited beliefs,
instead of
unquestioningly
taking them [i.e., instead of taking these limited beliefs]
for granted [i.e., for granted as being the
unquestionable truth].

The next step
is to
challenge them [i.e., challenge these limited beliefs rather than
assume, without question, that these beliefs are true].

This [i.e., Challenging these limited beliefs as to whether or not these beliefs are true]
requires taking the trouble

- to walk through,
in the well-practiced attitude of
 - self-observation and
 - self-confrontation,your limited beliefs

and
• to truly think about them [i.e., to truly think about your limited beliefs].

Sometimes it is
not just
that you have a
• false belief
but also
that you have a
• stake in it [i.e., you have a stake in holding onto this false belief].

This [i.e., your having a stake in holding onto your false belief]
must be examined.

Once you put together
[both]
• the negative belief,
and
• the possible negative intentionality
in holding on to it,
you can see
how you
• keep the circuit closed
and
• deprive yourself of
the inner filling you yearn for.

23

Another law
of great importance for this purpose
is that
the opening to
the greater universal consciousness
must
not
be approached
in a spirit of
magic
that is supposed to
eliminate the
• becoming
• growing and
• learning
process.

Now, in whatever way
this ultimate of power
is supposed to
• fill and
• sustain
you,
your outer mind
must go through the steps of acquiring whatever
• knowledge and
• know-how
are necessary.

You all see this in the
arts and sciences.

You cannot be
inspired
as a great artist,
no matter how much
genius
you have,
unless
you learn
• the craft and
• the technical dexterity.

If the
childish lower self
wants to use
the channel to the greater universe
in order to avoid
the initial tedium of
• learning and
• becoming,
the channel
will remain closed.

For this [i.e., For avoiding the initial tedium of learning and becoming]
amounts to
cheating,
and
God
cannot be cheated.

When you
cheat,
the personality
may become
seriously doubtful
that
anything
beyond the mind
exists,
because
no inspirational response comes forth
when using
"magic"
to coddle your

- laziness and
- self-indulgence.

The same is true of

- science

or

- any other field.

24

Now how about
this same law
with respect to
inspiration
for your

- personal life

and

- decisions?

Here, too,
you must not fail to go through
the work
that the
outer ego-self
has to do
in order to become
a proper channel
for the
God consciousness.

You do this [i.e., *You do this preparatory work that is needed by the ego-self in order for you to become a proper channel for God consciousness*]
in pathwork.

You need to truly know

- *yourself,*
 - *your weaknesses,*
 - *your lower self,*
 - *where you are corruptible,*
 - *where you are*
 - *dishonest*
- or tend to be.*

As you all know,
this is hard work,
but it needs to be done.

If you
avoid it [i.e., *If you avoid the necessary hard work by the ego-self of truly coming to know all of yourself*],

the channel

- *will never really be reliable*

and

- *may contain a lot of wishful thinking,*
stemming from your “desire nature,”

or it [i.e., *or the channel*]

- *may reveal “truth”*
that is based on
 - *guilt and*
 - *fear*

and is thus
equally unreliable.

25

Only when you work in this fashion
on your development [i.e., Only when you work on your development in this fashion
by doing the necessary hard work of truly coming to know ALL of yourself]

will you come to a point
when you no longer
confuse

- gullibility and
- wishful thinking

with

- faith,

or

- doubt

with

- discrimination.

As a great pianist
can be a channel for
higher inspiration
only

when he goes through

- the finger exercises and
- the hours of practice

that make his playing
finally effortless,

so must God-inspired people
work

on

- their purification process,

on

- deep self-knowledge

and

- self-honesty.

	<p><u>Only then</u> [i.e., <u>only with doing this hard work of purification</u> <u>and gaining self-knowledge</u>]</p> <p><u>does the receptacle</u> <u>become</u></p> <ul style="list-style-type: none">• <u>commensurate with</u> <u>higher</u><ul style="list-style-type: none">• <u>truths and</u>• <u>values,</u>• <u>fit to be</u><ul style="list-style-type: none">• <u>influenced</u> [by these higher truths and values] <u>and</u> [thereby become fit to be]• <u>used for higher purposes</u> <u>to enrich</u><ul style="list-style-type: none">• <u>the world</u> <p style="text-align: center;"><u>and</u></p> <ul style="list-style-type: none">• <u>the self.</u>
26	<p><u>At the same time</u> <u>you need to cultivate a</u> <u>neutrality.</u></p> <p><u>Your devotion to</u> <u>fulfilling the will of God</u> <u>must include an attitude that</u> <u>whatever comes from God</u> <u>is all right,</u> <u>whether you desire it or not.</u></p> <ul style="list-style-type: none">• <u>Too much desire</u> <u>is as much a hindrance as</u><ul style="list-style-type: none">• <u>the absence of all desire,</u> <u>which manifests as</u><ul style="list-style-type: none">• <u>resignation and</u>• <u>hopelessness.</u>

The refusal
to endure
any kind of frustration
creates an
• inner tension
and
• defensive structure
that
• close up
the vessel of the mind
and
• maintain the closed circuit.

In other words,
you,
as a receptacle,
need to be
neutral.

You need to
give up the
• strong,
• tight,
• self-willed
• yes
or
• no
to make way for
• a flexible trust
guided by
your inner God.

You need to be
• willing,
• pliable,
• flexible,
• trusting and
• forever ready for
another change
you had not contemplated.

What is right
now
may not be right
tomorrow.

27

There is
no fixedness
when it comes to
the divine life
that springs from within
your innermost being.

This idea [i.e., This idea that there is NO FIXEDNESS]
makes you
insecure,
for you believe that
security
lies in
fixed rules.

Nothing could be further from the truth.

This is one of those beliefs [i.e., That security lies in having FIXED RULES is
one of those false limited beliefs you hold]
that need to be
challenged.

Envisage that
in the idea
of forever meeting
every new situation
by being
inspired anew
there lies
a new kind of security
which you have not found as yet.

What is
right
in one situation
may not be right
in another.

This [i.e., That what is right in one situation may not be right in another situation]
is one of those laws
of the new age
that is opposed to
the old "stable" laws
according to which
[only] what is

- *fixed*

and

- *unchangeable*

is secure.

28

The laws
that pertain to
this new venture into
your inner

- *creativity and*
- *life*

need to be studied
very carefully;

you must work with them.

These are not just words
to listen to;
you need to
make them [i.e., you need to make these words]
your own.

These laws are
apparently
full of contradiction.

- You need to
 - acquire knowledge,
 - the mind
 - must be expanded,
- it
- must be able to conceive of
truthful possibilities,

and yet

- you must make your mind
 - neutral and
 - empty.

This seems

contradictory

from the point of view of

- the dualistic consciousness,

but

from the point of view of

- the new consciousness

that is spreading

through your

inner

universe,

these are

not

contradictions at all.

For years I have tried to show you

in many areas

how this principle works:

something that is

- in truth

and

• commensurate with the higher laws of life
conciliates [i.e., reconciles or makes compatible]

opposites

that are mutually exclusive

on the lower level of consciousness.

	<p><u>What is</u></p> <ul style="list-style-type: none">• <u>conflict-producing</u> <u>on the lower level</u> <p><u>is</u></p> <ul style="list-style-type: none">• <u>mutually helpful</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>interactive</u> <u>on the higher level.</u>
29	<p><u>More and more</u> <u>you will discover</u> <u>the truth of</u> <u>unification,</u></p> <ul style="list-style-type: none">• <u>where</u><ul style="list-style-type: none">• <u>dualities cease to exist</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>contradictions no longer contradict;</u> <ul style="list-style-type: none">• <u>where</u> <u>you experience</u> <u>two previous opposites</u> <u>as valid aspects</u> <u>of the same truth.</u> <p><u>When you</u></p> <ul style="list-style-type: none">• <u>begin to comprehend this principle</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>apply it to</u> <u>your</u><ul style="list-style-type: none">• <u>own life,</u> <u>your</u><ul style="list-style-type: none">• <u>outlook</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>values,</u> <p><u>then</u> <u>you are indeed</u> <u>ready to receive</u></p> <p><u>the new consciousness</u> <u>released in realms</u> <u>far beyond your own.</u></p>

30

When I say that
you must
not
approach your divine channel
with the attitude
that it should
save you the work of

- living and
- growing,

I am
not
contradicting
the necessity of
being
passively receptive.

It is simply
a shift of balance:

- where you have been
overactive with your mind,
you now need to
 - quiet down and
 - let things happen;
- where you
insisted on taking the controls,
you must now
 - relinquish them and
 - let a new inner power take over.

On the other hand,
where you before

- tended to be
 - lazy and
 - self-indulgent

and

- looked for
the line of least resistance

and therefore

- made yourself dependent on others,

you now need to

- take over

and

- actively nurture the principles
that help to establish the channels
to your inner God.

	<p><u><i>You also need to actively express its messages [i.e., actively express your inner God's messages] in life.</i></u></p> <p><u><i>Thus</i></u></p> <ul style="list-style-type: none"><u><i>• activity and</i></u><u><i>• passivity</i></u> <p><u><i>need to be reversed [i.e., where you were active you need to be passive, and where you were passive you need to be active].</i></u></p>
31	<p><u><i>Your mind will thus become an instrument.</i></u></p> <p><u><i>It [i.e., Your mind] will</i></u></p> <ul style="list-style-type: none"><u><i>• open up,</i></u><u><i>• puncture its limitations, and</i></u><u><i>• acquire new concepts –</i></u><ul style="list-style-type: none"><u><i>• lightly,</i></u> <p><u><i>not</i></u></p> <ul style="list-style-type: none"><u><i>• tightly –</i></u> <p><u><i>with which to "play around" for a while.</i></u></p> <p><u><i>This attitude</i></u></p> <p><u><i>of</i></u></p> <ul style="list-style-type: none"><u><i>• lightness in your perceptions,</i></u> <p><u><i>of</i></u></p> <ul style="list-style-type: none"><u><i>• flexibility,</i></u> <p><u><i>of</i></u></p> <ul style="list-style-type: none"><u><i>• motility of mind</i></u> <p><u><i>will make you the most receptive to your apparent emptiness [i.e., your apparent emptiness that you have feared feeling].</i></u></p>

32	<p><u>Now, my friends,</u> <u>as we approach this emptiness,</u></p> <ul style="list-style-type: none">• <u>how does it feel?</u> <p>• <u>What is it all about?</u></p> <p><u>Again,</u></p> <ul style="list-style-type: none">• <u>the human language</u> <u>is extremely limited,</u> <p><u>and</u></p> <ul style="list-style-type: none">• <u>it is almost impossible</u> <u>to squeeze this kind of experience</u> <u>into the context of language.</u> <p><u>I will try my very best</u> <u>to give you some tools, however.</u></p>
33	<p><u>As you listen into</u> <u>your inner "chasm,"</u> <u>it seems at first</u> <u>to be a black gulf of emptiness.</u></p> <p><u>What you</u> <u>feel</u> <u>at this point is</u> <u>fear.</u></p> <p><u>This fear</u> <u>seems to</u> <u>fill you up.</u></p> <p><u>What is this fear?</u></p> <p><u>It is</u> <u>as much a fear of</u></p> <ul style="list-style-type: none">• <u>finding yourself to indeed be empty</u> <p><u>as [it is a fear] of</u></p> <ul style="list-style-type: none">• <u>finding yourself</u><ul style="list-style-type: none">• <u>with</u><ul style="list-style-type: none">• <u>a new consciousness,</u> <p><u>with</u></p> <ul style="list-style-type: none">• <u>a new being</u> <u>evolving within you.</u>

Although you

yearn for this [i.e., Although you yearn for this new consciousness,
this new being evolving within you],
you also fear it [i.e., you also fear this new consciousness,
this new being evolving within you].

The fear [i.e., The fear of this new consciousness, of this new being evolving within you]
exists

from both ends:

[on one end]

- **You want the new consciousness so much**
that you fear disappointment,

and yet [on the other end]

- **you also fear finding this consciousness**
because of all the

- **obligations and**

- **changes**

that this might impose on you.

You must travel through

both these fears [i.e., both 1) your fear of disappointment that the new consciousness
won't meet your expectations and 2) your fear of the changes
the new consciousness may require of you].

On this path

you have received the tools
to deal with such fears
by questioning
your lower self.

34

But the time comes
when you
are ready,
notwithstanding the fear,
because
you have already
made the connections.

You know, for example,
• what your lower self wants
and
• why you have negative intentions.

The time comes when,
in spite of the fear,
you decide
• calmly
and
• quietly
to go into the emptiness.

So you
empty your mind
in order to
meet the
emptiness
deep within.

Lo and behold, very soon
that very emptiness [i.e., that very emptiness deep within]
will feel,
• not full the same way you are used to,
but it [i.e., that very emptiness]
will contain
• a new aliveness
that the old
artificial
fullness of your mind
made impossible.

In fact, you will soon find out
that you
made yourself
artificially dull
by packing yourself tight:

- tight in the mind
because of its noise,
- and
- tight within your channel
by contracting your energy
into hard knots of defense.

You had
killed your aliveness [i.e., You had killed your inner aliveness]
with this
artificial
fullness [i.e., with this artificial fullness of the noise in your mind].

So you became
needier
because
without
your inner life
you could not be
fulfilled
in a real sense.

A vicious circle
was established
as you strove to get fulfillment
from outside,
since you
refused to go through
the necessary steps
to make
fulfillment
first
manifest
within.

35

In one sense you

fear

- the aliveness

more than [you]

[fear]

- the emptiness.

And perhaps

you had better face that.

When you make yourself

sufficiently empty,

the first initial response

is an

inner aliveness,

and [i.e., and out of your FEAR of your INNER ALIVENESS]

you tend to

immediately

shut the lid tight again.

Yet by

- denying your fear [i.e., by denying your fear of inner aliveness]

you also

- deny that

you are really very unhappy about

your [current]

lack

of aliveness.

But

- lack of aliveness

comes from

- fearing it [i.e., your lack of aliveness comes from fearing aliveness].

You can make

the fear [i.e., make the fear of aliveness]

give way to

[experiencing] aliveness

by letting yourself be

creatively empty.

36

You will

experience

- your whole inner being,
 - including
 - your body
- and
- your energy,
as a vibrantly alive
"inner tube."

- Energy
goes through it [i.e., Energy goes through this "inner tube"],
- feelings
go through it [i.e., feelings go through this "inner tube"],

and

- something else
is vibrantly coming to the fore
that you cannot as yet name.

If you do not

shy away from
that

unnamable something,

it [i.e., that unnamable something]

will sooner or later

turn out to be

constant inner instruction:

- truth,
- encouragement,
- wisdom,
- guidance,
 - specifically destined to your life
 - right now,
 - wherever you need it most.

That

- emptiness,

that

- vibrant alive emptiness,

is

God

talking to you.

At any moment of the day
it [i.e., At any moment of the day that vibrant alive emptiness, or God within]
is talking to you
where you need it most.

If you
really wish to
• attune to it [i.e., wish to attune to that vibrant alive emptiness, or God within
talking to you]
and
• hear it [i.e., and wish to hear to that vibrant alive emptiness, or God within
talking to you],
you will
discern it,
first
• vaguely,
later
• strongly.

You need to condition
your inner ear
to recognize it [i.e., recognize the vibrant alive emptiness
or God within talking to you].

As you begin to recognize
the vibrant voice
that speaks
in
• wisdom and
• love –
not in
• generalities,
but
• specifically to you –

you will know
that this voice
has always
existed in you,

but you have
conditioned yourself
not to hear it.

And
in that conditioning [i.e., in that conditioning so as NOT to HEAR
that voice of God out of the deep stillness within]
you have
• tightened
and
• packed up
that "inner tube"
that is [i.e., that is meant] to fill you
with the
vibrant
music of the angels.

37

When I say
the "music of the angels,"
I do not necessarily mean this literally,
although that, too, may exist.

But what you need more [i.e., But what you need more than the "music of the angels"]
is the
guidance for
every decision
about what
• opinion or
• attitude
to adopt
in a given situation.

That instruction
is truly comparable to
the music of the angels
in its glory.

This fullness
cannot be described
in its wonder;

it [i.e., this fullness in all its wonder]
is a treasure
beyond all words.

It [i.e., This fullness in all its wonder]

is what you
constantly

- look and
- yearn
for,

but most of the time
you are not [even] aware of
this searching

and project it [i.e., and project this searching
for the inner wondrous fulfillment you want]
on substitute fulfillments
that you expect to come from
outside.

38

Refocus
on what has
always existed
within you.

Your
• mind and
• outer will
have
• confused and
• complicated
your life,

so this
new contact [i.e., this new contact with God within, speaking
out of the stillness]
is like finding your way out of a maze –
a maze
you
have created.

You can now
recreate
your inner landscape
without that maze.

39

Now, my dearest friends,
I would like to say a few words about
the new person
in the new era.

What is
the new person?

The new person
is indeed
always
a receptacle of
the

- universal intelligence,
- divine consciousness,
- Christ consciousness,

that permeates
every particle

- of being
- and
- of life.

The new person
is
not
functioning from
the habitual intellect.

For many centuries
the intellect
had to be cultivated
to fulfill its role [i.e., to fulfill the intellect's role]
as an important stepping stone
in humanity's evolution.

By now,
the overemphasis [i.e., the overemphasis on the intellect]
has gone on too long.

[But] This does not mean
you should
revert back
to the purely

- blind,
- emotional

"desire-nature,"

rather, it means
you should open up
to a higher realm of consciousness
within you
and let it unfold.

40

There was a period in evolution
when it was
as hard for people

- to find their ability
to
 - think,
- weigh,
- discriminate,
- retain knowledge,
- remember,

in short,

- use all the faculties of the mind,

as it now seems hard

- to find contact with
the higher self.

The new person
has established
a new balance
in the inner system.

The intellect
must
not
be left out;

it [i.e., the intellect]
is an instrument
that must

- serve,
- become unified with
the greater consciousness.

For many ages
people believed that
the intellectual faculties
were the
highest form of development,

and
some still believe this now [i.e., some still believe now that the
intellectual faculties are the highest form of development].

So they [i.e., So those who still believe that the intellectual
faculties are the highest form of development]
make no attempt
to journey

- further

and

- deeper

into their
inner nature
to find greater treasures.

On the other hand,
there are many spiritual movements
that practice

- **discarding**

and

- **inactivating**

the mind altogether.

This is
equally undesirable
because it
creates

- **splits** [i.e., **creates splits between the intellectual faculties and the deeper inner nature**]

rather than

- **unification** [i.e., **rather than unification of the intellectual faculties with the deeper inner nature**].

41

Both these extremes [i.e., **at one extreme valuing ONLY the intellect and not the deeper inner nature and at the other extreme disregarding the intellect and valuing ONLY the deeper inner nature**]
are half-truths,
though they can have
relative validity.

For example,
in the past,
people
were like beasts,

- **undisciplined and**
- **irresponsible**

as far as their
immediate desires were concerned.

They were
totally driven by

- **emotions and**
- **desires,**

regardless of

- **ethics and**
- **morality.**

So for that stage
the development of the intellect
fulfilled its function [i.e. fulfilled its function of introducing ethics and morality
and thereby reining in uncontrolled emotions and desires].

And the intellect
also fulfilled its function
as a very sharp tool
of

- learning,
- discriminating.

But when it ends there
it [i.e., But when living ends with humans using the intellect for functions of learning,
discriminating and controlling emotions alone, life]
becomes a farce.

Humans
who cannot
become animated by
their divinity
become a farce.

By the same token,
the practice of
leaving the mind
temporarily inactive
is advisable,
and I recommend it myself.

But

- to treat the mind
as if it were the devil and
- to oust it from your life
is missing the point.

42

Being in
either extreme [i.e., Being in either the extreme of using the intellect exclusively
or in the opposite extreme of not using the intellect at all],
people are not full;

they need
all
their functions working

in order to
express
their divinity.

Without a mind,
you become
a passive amoeba;

when the mind
is deemed
the highest faculty,
you become
a hyperactive robot.

The mind then becomes
a computerized machine.

True aliveness
exists only
when you wed

- the mind

with

- the spirit

and allow the mind
to express
the feminine principle
for a while.

Until now
the mind
has been very much linked with
the masculine principle:

- action,
- drive,
- control.

Now
the mind
has to express
the feminine principle:

- receptivity.

This does
not mean
that you will
become
passive.

In a sense, you will be
more
more

- active,
- truly independent
than you were before.

For when
the mind
receives
inspirations
from
the God consciousness,
they [i.e., the inspirations from the God consciousness]
must be put into action.

But this
putting into action [i.e., But this putting into action inspirations
from the God consciousness]

is

- harmonious,
- effortless,

not like a

- cramp.

When your mind
is receptive,
it can be filled with
the higher spirit
within you.

Then
the functioning
becomes

- totally different,
- forever
 - new and
 - exciting.

Nothing
becomes

- routinized;

nothing
becomes

- stale;

nothing
becomes

- redundant.

For
the spirit
is forever

- alive
- and
- changing.

This is the

- energy

and

- experience

you have increasingly
at your Center [i.e., at your Pathwork Center],
where
the new influx
is working so strongly.

43

The new person
makes all decisions
from
this new consciousness
after
working his or her way through to
becoming
truly receptive to
the spiritual being within.

The results
would sound utopian
for someone who has
not begun to
experience
this.

I am happy to say that
quite a number of you
are already part of
this strong cosmic movement
for which
you have made yourself available.

You
experience

- hitherto undreamed of
 - expansion
- joy,
- resolutions of problems
that you never thought possible.

And it continues.

There are
no limitations
to your
• fulfillment,

to the
• peace,
to the
• productivity,
to the
• creativity
of living,

to
• joy,
• love, and
• happiness,

and
to
• the meaning
your life has acquired
as you serve a greater cause.

44

The time has
passed
for each individual
to live
only
for a
• selfish,
• immediate
• little
life.

This can no longer continue.

Those who
insist on this way [i.e., Those who insist on living a selfish,
immediate, little way of life]
lock themselves out
from a power
that would
turn destructive
in a mind
that is still geared to
selfishness.

For that selfishness
comes from
the false belief
that you are
• happy
only when you are selfish,
and
• unhappy
when you are unselfish.

That false belief [i.e., That false belief that you are happy only when you are selfish
and unhappy when you are unselfish]
is one of the first myths
you need to
• explore
and
• challenge.

45

So you create
a new life
for
• yourself
and
• your environment,
of a kind that humanity
has not yet known.

- You
are preparing for it [i.e., You are preparing for this new life, a life of a kind
that humanity has not yet known],
- others
are preparing for it [i.e., others are preparing for this new life, a life of a kind
that humanity has not yet known],
here and there,
all over the world,
quietly.

These [i.e., These people who are preparing for this as yet unknown life]
are

golden nuclei
that spring up
out of the

- gray,
- dark

matter
of
untruthful

- thinking and
- living.

So
further that channel in you.

It [i.e., This channel to God within]
will bring you

- the excitement and
- the peace

you always wanted.

Enter
this new phase,
my dearest friends,
with

- courage

and

- affirmation.

Get out of
that attitude
you still have
toward
yourself,
as if
you were
beaten down.

You are
not
beaten down,
unless
you
affect this role [i.e., unless you affect this role
by beating yourself down].

You can
• rise up
and
• become
who you truly are
and
• experience
life
at its best.

46

All of you
are blessed,
my very dearest ones.

The blessings
will give you the sustenance you need
to go all the way
with all of yourself
and become
• enlivened,
• activated,
• actualized
by the God within.

Be in peace.

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