

# Pathwork Lecture 35: Turning To God

1996 Edition, Original Given August 29, 1958

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

*For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]*

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to

<http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

*Blessings on your journey, Gary*

¶	<i>Content</i>
03	<p><b><u>Greetings</u></b> <b><u>in the Name of the Lord.</u></b></p> <p><b><u>Blessings</u></b> <b><u>for all of you, my friends.</u></b></p>
04	<p><b><u>It is just about a year ago – as humans measure time –</u></b> <b><u>that this group was formed</u></b> [Note: <u>Lecture 1 was given on March 11, 1957;</u> <u>34 lectures were given in the first 18 months</u> <u>of this group that would become Pathwork].</u></p> <p><b><u>And it has been a</u></b> <b><u>productive year,</u></b> <b><u>from our</u></b> <b><u>spiritual point of view.</u></b></p>

by Eva Broch Pierrakos

© 1996 The Pathwork® Foundation (1996 Edition)

Edited by Judith and John Saly; Devotional Format posted 8/1/18

	<p><u>Since</u> <u>all</u></p> <ul style="list-style-type: none"><li>• <u>thoughts,</u></li><li>• <u>endeavors, and</u></li><li>• <u>feelings</u></li></ul> <p><u>create</u> <u>spiritual forms,</u> <u>such a group [i.e., such a group as yours]</u> <u>striving sincerely</u> <u>to get nearer to God</u> <u>is building</u> <u>a veritable temple</u> <u>in the spirit world.</u></p>
05	<p><u>By temple [i.e., By temple in the spirit world]</u> <u>I mean</u> <u>a house to</u> <u>worship</u> <u>the Lord.</u></p> <p><u>I said to you that</u></p> <ul style="list-style-type: none"><li>• <u>the temple foundation</u> <u>was laid,</u></li><li>• <u>some of the walls</u> <u>were erected,</u></li></ul> <p><u>but</u></p> <ul style="list-style-type: none"><li>• <u>the roof</u> <u>was still missing,</u></li></ul> <p><u>as were</u></p> <ul style="list-style-type: none"><li>• <u>various other details.</u></li></ul> <p><u>The building of this temple</u> <u>has been continued</u> <u>by all of you</u> <u>who contribute</u> <u>not only through</u></p> <ul style="list-style-type: none"><li>• <u>the tasks you fulfill</u> <u>for this group,</u></li></ul> <p><u>but also through</u></p> <ul style="list-style-type: none"><li>• <u>every effort you make</u> <u>toward</u> <u>your own purification process.</u></li></ul>

So the temple construction  
has advanced considerably.

The roof  
is almost finished.

And the coming year  
promises continued development of  
this beautiful temple,  
perhaps  
finishing touches can be added,  
all  
in the honor of  
• the Lord  
and  
in the honor of  
• the Savior,  
Jesus Christ.

06

Occasionally, I will tell you about  
the progress of  
your temple.

Now I should like to express  
the joy  
all of us share  
in the progress  
some of my friends have made.

I think that I can promise you that  
a fruitful season is ahead of us,  
one that will bring  
much joy.

Enough of the basic structure of  
your temple  
is secure  
for such a prediction to be made,  
even though we cannot foresee  
an occasional  
individual setback.

You will come to  
feel in your  
• heart and  
• soul  
the reality of  
the temple  
you are  
helping to build,  
each one of you.

We are  
not concerned with  
a large quantity of people  
who may  
• sit and listen  
and  
• not really benefit  
spiritually.

• The overcoming of  
a single  
fault,  
• the full recognition of  
a single  
shortcoming,  
contributes more to  
• the building of your temple  
and  
• the Plan of Salvation  
than  
a large crowd  
at these sessions.

Spiritual progress  
in one individual  
• means more to us  
and  
• makes us happier  
than  
lukewarm participation  
by the many.

07

Now I should like to ask a favor of you.

Always

glorify

• God;

do not ever

glorify

• me.

For I am only

a servant of the Lord,

happy

in my task.

When you

experience

enlightenment

as a result of

the help I am allowed to give,

thank

• God

and only

• Him!

Never forget

that

• it is

God

who is responsible,

that

• without His

• strength and

• grace

none of His creatures

could lift a finger.

08

Many people  
seek God  
in the wrong way.

I will try to explain what I mean.

On this earth sphere  
there is a considerable amount of  
disappointment.

Sometimes  
human beings  
turn to God  
only because  
contact with  
other human beings  
proves to be unsatisfactory.

Perhaps  
• not enough love  
is forthcoming;

perhaps  
• fear and  
• caution  
cloud  
the expression of  
the innermost divine spark.

- Contact with other human beings  
can be experienced as
  - hazardous,
  - not bringing the blessings you seek.

You may be  
• hurt.

The person  
in frustration  
often turns to  
God.

The feeling is,

"God  
• will not disappoint me.

God  
• has enough love.

God is  
• far away and  
• intangible:

I risk  
nothing  
by loving Him.

From human beings  
I experience  
only  
• disappointment and  
• hurt."

09

Now this [i.e., Now this "turning to God only in frustration" because I experience  
only disappointment and hurt when I turn to  
fellow human beings in my frustration],

my friends,  
is the  
wrong way  
to seek God.

- **It** [i.e., This turning to God only in times of frustration because others can't help] **is infinitely better than**  
**the primitive reaction of**  
**blaming God for**
  - **one's disappointments and**
  - **the failures of others;**
  
- **the most primitive reaction** [i.e., the most primitive reaction to times of  
disappointment or the failures of others]  
**is to**
  - **doubt or**
  - **deny**  
**the existence of God**  
**because of**  
**one's personal disappointments.**

**The human being who does so** [i.e., The human being who  
doubts or denies the existence of God]  
**has not even entered**  
**the school of life.**
  
- **To turn to God**  
**because this** [i.e., because turning to God]  
**is less**
  - **disappointing and**
  - **hazardous**  
**represents**  
**the first grade of elementary school.**

10

*The way to seek God*  
*is out of the fullness of your life.*

*The fullness of life*  
*means*

- *to enter life*  
*without cowardice,*
- *to open yourself to*  
*everything life may bring:*
  - *hardship and*
  - *joy,*
  
  - *unhappiness and*
  - *happiness,*
  
  - *periods of*  
*darkness,*
  - *periods of*  
*light,*
  
  - *disappointments in other human beings, and*
  - *unwaveringly*  
*trust*  
*again*  
*and again,*  
*with an understanding heart.*

*Most of all,*  
*never,*  
*never*  
*be afraid*  
*of*

- *your own feelings and*

*of*

- *life as it is.*

*That [i.e., All of that]*  
*is entering*  
*the fullness of life.*

11	<p><u>But if you</u> <u>turn to God</u> <u>because</u> • <u>it is "safer" and</u> <u>because</u> • <u>He represents</u> • <u>a last resort, or</u> • <u>second best [i.e., or second best resort, that is], a refuge,</u> <u>He will have to show you</u> <u>that</u> <u>love</u> <u>does not work in such a way.</u></p> <p><u>Your tests</u> <u>will be many.</u></p>
12	<p><u>Perhaps you are not</u> <u>consciously</u> <u>aware of reacting</u> <u>negatively to life.</u></p> <p><u>Test</u> <u>your</u> • <u>emotions and</u> <u>your</u> • <u>fears of other people,</u> <u>the</u> • <u>hazards and</u> • <u>risks</u> <u>of</u> • <u>life and</u> • <u>love</u> <u>as you know them,</u> <u>and then ask yourself</u> <u>whether</u> <u>your striving for God</u> <u>does not amount to</u> <u>using Him</u> <u>as a substitute [i.e., as a substitute for living the fullness of life].</u></p>

**This [i.e., This using God as a substitute for living the fullness of life]  
is not the only motive  
in your desire to find God.**

**Motives can be  
mixed;  
they often are [i.e., motives often are mixed]  
in your state of development.**

**The pure motive  
will be**  
• **conscious to you;**  
**for the impure motive,**  
**you must**  
• **search within your soul.**

13

**"If we are disappointed,"  
you may ask,  
"should we not  
then  
turn to God?"**

**Yes,  
you should!**

**But it depends again  
on how you go about doing it [i.e., depends upon how you go about  
"turning to God"].**

*If you pray to God in your disappointment,  
asking Him,*

*"Father,  
help me find out  
what it is  
within myself  
that made such defeat inevitable.*

*What can I learn from it [i.e., What can I learn from such a defeat]?*

*Help me to overcome  
my cowardice.*

*Let me meet life  
with all its pains  
courageously."*

*Then you do  
the right thing.*

*But*

- if you withdraw  
from other people,*
- if you withdraw in fear  
from your own feelings  
while you are  
trying  
to believe  
that  
the reason for such inner action [i.e., reason for such  
inner action of withdrawing from other people]  
is that you can  
find God  
better  
by  
"renouncing the world,"*

*then you are misdirected in two ways:*

- God is really a substitute for you [i.e., God is really a substitute for  
living the fullness of life while in the world];*
- and secondly,*
- you are lying to yourself [i.e., you are lying to yourself by telling yourself  
that you can find God better by "renouncing the world"  
than by "living the fullness of life while in the world"].*

14

**It is**  
**not easy**  
**to find out**  
**the truth** [i.e., It is not easy to find out the truth about how you pray and seek God – whether rightly from the fullness of life, or wrongly, either by making God a substitute for living from the fullness of life or by telling yourself that “renouncing the world” is a better way of finding God than is living the fullness of life while in the world].

**These** [i.e., These emotions connected with how one prays or seeks God and how one does or does not live in the fullness of life]

**are**

- **subtle and**
- **hidden**  
**emotions,**

**and**

**only the most**

- **severe and**
- **sincere**  
**self-testing**

**can teach you**

**the truth about**

**your [unconscious] soul-reactions.**

**Do not be deceived by**

**the part of you**

**that seeks God**  
**in truth;**

**look for**

**the hidden part** [i.e., the unconscious part that lives in the soul]

**that does not** [i.e., that does not seek God in truth].

*Do not ever forget, my dear ones,*  
*that*  
*your emotions*  
*are mixed.*

*The conscious part*  
*that is*  

- *right and*
- *pure*

*does not eliminate*  
*the possibility of*  
*a hidden [i.e., the possibility of an unconscious]*  
*wrong*  

- *reaction,*
- *emotion, and*
- *motive.*

*So*  
*test yourself.*

15

*The best way*  
*to find God*  
*is always*  
*by learning*  
*to love*  
*other people.*

*As you know,*  
*this [i.e., this learning “to love other people,” “to open to the fullness of life,”*  
*and thereby “to find God”]*  
*is a long road.*

*We*  

- *have begun*  
*to work*

*and*  

- *are continuing*  
*to work*

*on this [i.e., to work on learning “to love other people,”*  
*“to open to the fullness of life,” and thereby “to find God”].*

	<p><u>Nothing but</u> • <u>love of your fellow creatures</u> <u>can open you to</u> • <u>the fullness of life,</u> <u>which alone is</u> • <u>the proper basis for</u> <u>finding the Lord.</u></p>
16	<p><u>Looking upon humanity,</u> <u>we of the spirit world</u> <u>often become sad.</u></p> <p><u>We see so many</u> <u>struggling men and women</u> <u>longing</u> • <u>to be loved</u> <u>who do not know that</u> <u>what they</u> <u>actually long for is</u> • <u>to love.</u></p> <p><u>It is just that</u> <u>they do not know it</u> [i.e., <u>they do not know that what they actually long for is</u> <u>TO love; they actually do NOT long for BEING loved</u>].</p> <p>• <u>The coarser matter of their soul,</u> • <u>the layer that lies</u> <u>between the</u> • <u>divine spark</u> <u>and the</u> • <u>physical body</u> <u>translates</u> <u>the longing</u> • <u>to love</u> <u>into</u> <u>a longing</u> • <u>to receive love.</u></p>

**In this layer** [i.e., In this coarser matter of their soul, in this layer that lies  
between the divine spark and the physical body]

**exists**

**the ego**

**with all its**

- **vanity,**
- **pride,**
- **fear, and**
- **ambition.**

**This ego layer**

**believes**

**that the best thing is**

**to receive love**

**without**

**taking the risk of**

**getting wounded;**

**it** [i.e., this ego layer]

**thinks**

- **remaining aloof** [i.e., remaining aloof and not taking the risk either of  
getting wounded by daring to open to receiving another's love or of  
getting wounded by daring to love and not having one's love received]

**is a**

- **desirable state.**

**In other words,**  
**you want to**  
**cheat:**

- **you want to**
  - **receive**
- **without**
  - **giving fully.**
- **You set limits.**
- **You calculate.**
- **You extend yourself**  
**only to**  
**receive love.**

**And then you are bitter –**  
**because**

**it** [i.e., **because setting limits on and controlling love, wanting only to**  
**receive love from others and never wanting to love others]**

- **does not work;**

**it** [i.e., **setting limits on and controlling love, wanting only to**  
**receive love from others and never wanting to love others]**

- **cannot work.**

**Even if**  
**occasionally**

**this strategy** [i.e., **this strategy of setting limits on and controlling love,**  
**wanting only to receive love from others and**  
**never wanting to love others]**

**seems to work,**  
**you are not gratified by**  
**the love bestowed upon you.**

Think about it [i.e., Think about times when love was bestowed upon you even though you were setting limits on and controlling love, wanting only to receive love from others and never wanting to love others].

Has it not happened in your life  
that  
other people  
loved you  
as best they knew how,  
but since you were  

- incapable or
- unwilling

to love,  
their love  
was  
more of  

- a burden

than  

- a cause for happiness?

Something within you  
knows  
that  
you do not deserve love,  
and so  
you feel guilty.

The more love  
is given to you,  
the unhappier  
you become  
if  
you are not able to  
overcome  

- your ego,
- pride,
- fear, and
- the cowardice

that allows you to cheat.

17

If you

- overcome a weakness and
- begin to give some love,  
even before  
you are capable of giving  
real love,

your act of

unselfish giving  
will bring you  
a feeling of

- happiness and
- security  
that never comes to you  
when you  
receive

- selfishly and
- greedily.

I realize

that these are  
old truths  
you have heard many times.

You have to

experience  
the same truths  
again  
and again

so that

they [i.e., so that these truths that you have heard many times before]  
may become

- a living reality
- and do not remain  
• mere words.

18

*My friends,*  
*one of the most important practices on this path*  
*is the*  
*daily*  
*struggle*  
*to make or*  
*to receive*  
*enlightenment*  
*out of*  
*words*  
*you already know.*

• *"Oh, I knew that already,"*  
*you say.*  
• *"It is nothing new,"*  
*and*  
*a door*  
*automatically*  
*closes*  
*within yourself.*

*In this way*  
*you do yourself*  
*great harm.*

*You should*  
*understand*  
*better.*

*Do you*  
• *feel*  
*and*  
• *live*  
*what you*  
*think*  
*you know?*

To know  
in your brain  
is only the beginning.

You have  
a considerable amount of  
knowledge in your  
• brain  
that  
from our standpoint  
we do not consider  
knowledge.

The knowledge you have in your  
• soul,  
knowledge that  
• penetrates your being  
through and through,  
forever a part of you,  
is comparatively  
small.

19

Now I want to say a few words about  
prayers.

We observe you  
as you pray.

You say  
• the right kind of prayers;

you are praying  
• ardently,  
• untiringly,  
even  
• patiently  
for the things  
you  
should  
pray for.

Yet  
it often happens  
that  
when your prayers  
are answered,  
you  
do not know it.

You do not realize  
that  
events  
that appear to you as  

- disagreeable tests

are nothing less than  

- answers to your prayers.

You need to  
go through these tests  
before  
that for which you pray  
can come to you.

But you do not know it [i.e., But you do not know that you need to go through  
these tests before that for which you pray can come to you];

you think  
that  
the answer to your prayer  
should come in a certain way.

You fail to consider  
that  

- if you  
lack a fulfillment,

or  

- if  
any kind of hardship  
exists in your life,

  
it is because  
you have violated  
some spiritual law.

**Therefore** [i.e., Because you have violated some spiritual law, a violation that has caused some lack of fulfillment or some kind of hardship that exists in your life]

**a block**  
**exists in you**  
**that does not allow**  
**the fulfillment**  
**to come to you.**

**God answers your prayer**  
**by making you**

**conscious of**  
**the specific difficulty** [i.e., making you conscious of which specific block or of which specific spiritual law it is that you have violated and that is, therefore,]

**standing in the way of**  
**your fulfillment.**

**You could not become conscious of it** [i.e., You could not become conscious of the block or spiritual law violation that stands in the way of your fulfillment]

**unless**  
**the difficulty** [i.e., unless the difficulty caused by the block or spiritual law violation]  
**manifested**  
**in your physical surroundings.**

**You could not**

- **become aware of**
- and**
- **eliminate**  
**the self-created obstacle.**

We have friends here  
to whom  
such a thing has happened [i.e., to whom the difficulty  
caused by the block or spiritual law violation manifested].

But it does not occur to them  
that  
the unpleasant experience [i.e., that the difficulty that manifested]  
was the very answer  
to their prayers.

Without this occurrence [i.e., Without the occurrence of this  
unpleasant experience or difficulty]  
they could not have removed  
the obstacle  
they had planted  
between  

- themselves

and  

- the infinite bliss  
that God wants  
all His children  
to enjoy.

20

Before I turn to your questions,  
there is one announcement I want to make:

We would be very happy  
if you and/or your group  
would start  
a new activity.

Whenever a friend  

- has a problem and
- needs advice,  
offer your help  
regardless of  
whether this person works privately with me or not;

a meeting should be arranged  
with the friends of the inner nucleus.

*At this opportunity [i.e., at this meeting with the friends of the inner nucleus]  
the friend in need  
should present his or her problem  
as honestly as he or she knows how.*

*And the group should deliberate on it,  
each giving an opinion  
from the point of view of  
what it means [i.e., what the friend's problem means]*  

- *spiritually,*
- *emotionally, and*
- *psychologically.*

*Ask yourselves*

- *what can be learned from it [i.e., what can the friend learn from this problem]  
for the purpose of  
purification;*
- *what spiritual laws might be violated by this problem;*
- *what might be  
the best way to handle it;*

*and so on.*

*Essential  
at the start of such a meeting  
would be for all to join together  
in sincere prayer  
asking for*  

- *divine guidance,*
- *inspiration, and*
- *enlightenment.*

21

*We have many good reasons  
to wish for  
the proper organization  
of such a service.*

We spirits of the world of God  
encourage humans  
to become  
independent.

We do not like to be asked  
at the first sight of a problem,

- "What should I do?
- What would be the right thing?"

Those of my friends  
who work with me privately  
will have noticed that  
I discourage such questions.

If I were to tell you  
• what you must do and  
• how you must do it,  
it would weaken you.

What I always do, however,  
is to show you  
first  
• how to understand  
• the inner causes  
responsible for  
• the outer effect.

I show you  
• how to go about  
searching for  
such understanding.

To achieve this purpose [i.e., to come to an understanding about  
the inner causes responsible for the outer effect of your problem],  
it is essential  
that you talk openly about your problems.

	<p><i><u>This [i.e., This talking openly about your problem]</u></i> <i><u>in itself</u></i> <i><u>will</u></i></p> <ul style="list-style-type: none"><li>• <i><u>shed a new light on</u></i> <i><u>the conflict in question</u></i></li></ul> <p><i><u>and</u></i></p> <ul style="list-style-type: none"><li>• <i><u>bring you deeper insights</u></i> <i><u>necessary for</u></i> <i><u>spiritual growth.</u></i></li></ul>
22	<p><i><u>To ask</u></i> <i><u>and to obey [i.e., and to obey me blindly]</u></i> <i><u>is better than nothing.</u></i></p> <p><i><u>But to ask</u></i></p> <ul style="list-style-type: none"><li>• <i><u>how to find</u></i> <i><u>one's own violations</u></i></li></ul> <p><i><u>and</u></i></p> <ul style="list-style-type: none"><li>• <i><u>how to change</u></i> <i><u>inner currents</u></i></li></ul> <p><i><u>indicates the</u></i></p> <ul style="list-style-type: none"><li>• <i><u>true and</u></i></li><li>• <i><u>mature</u></i> <i><u>spirituality</u></i> <i><u>that we want for you.</u></i></li></ul> <p><i><u>Only in this way [i.e., Only by learning how find your own violations</u></i> <i><u>and how to change inner currents]</u></i></p> <p><i><u>can you</u></i> <i><u>remove the obstacles</u></i> <i><u>for your</u></i> <i><u>independent</u></i> <i><u>channel to open</u></i> <i><u>to</u></i></p> <ul style="list-style-type: none"><li>• <i><u>receive God's will and</u></i></li><li>• <i><u>hear God's answers.</u></i></li></ul> <p><i><u>You do</u></i> <i><u>not</u></i> <i><u>have to be a medium</u></i> <i><u>for that [i.e., You do not have to be a medium</u></i> <i><u>in order to receive God's will and hear God's answers].</u></i></p>

**Every human being  
on the right road  
can receive answers from God.**

**It is our job**

- **to train you** [i.e., to train you about how to open your channel  
and receive answers from God],
  - **not to**
    - **make you dependent** [i.e., not to make you dependent on us]
- and**
- **have you coming to us**  
**with every decision you have to make.**

23

**Opening a channel  
requires**

- **training and**
- **practice.**

**What I have suggested**

*[i.e., namely, that whenever a friend has a problem and needs advice he or she should work with the friends of the inner nucleus to discover what the problem means spiritually, emotionally, and psychologically with the goal of opening one's own channel to discover inner causes responsible of outer effects and become increasingly independent]*

**will afford a very good opportunity  
for everyone exploring the**

- **causes and**
  - **solutions**  
**of the**
    - **inner and**
    - **outer**
- conflicts on the path  
in the right way.**

**It** [i.e., This approach to your problems]  
**will strengthen all of you.**

Such activity is another form of  
"knocking"  
in order to receive  
divine inspiration.

After you have proceeded  
as far as you can  
among yourselves,  
I shall be willing  
to give you advice  
to show you the way.

Such an activity  
will bring the friends in the group  
closer together,  
which is very important.

The law of brotherhood  
will be furthered.

It is so healthy  
for your soul  
to open itself  
to your brothers and sisters on this path  
with

- generosity and
- courage.

Those who

- listen,
- advise, and
- deliberate

will gain strength  
not only from

- what they themselves are able to learn

but also from

- their
  - helpful attitude and
  - unselfishness.

So this will work  
only  
for the good.

24

Not one of you should  
feel shy.

If your shyness  
stands in the way,  
a good part of  
your vanity  
has not been overcome.

If you cannot bring yourself to the point of  
discussing your problems  
with friends  
• who are seriously endeavoring to  
advance on this path of purification  
and  
• who honestly desire to help,  
divine grace  
will not come to you  
in the measure  
it would  
if you were to make the effort  
to overcome such  
• vanity and  
• pride.

• All faults  
bar the way to  
divine grace;

• every effort  
to overcome  
the slightest fault  
opens a door to grace.

It is pride  
that makes you  
shy.

• I cannot stress it enough, my friends,  
and  
• I cannot beg you enough  
to do what I suggest  
if you are in difficulty.

	<p><b><u>Come to the friends of this group.</u></b></p> <p><b><u>Convince yourself</u></b> <b><u>how much God likes you to do that.</u></b></p> <p><b><u>You will receive</u></b> <b><u>the fruits of it [i.e., the fruits of coming to the friends of this group</u></b> <b><u>when you are in any kind of difficulty]</u></b></p> <p><b><u>slowly</u></b> <b><u>but surely.</u></b></p> <p><b><u>A great many blessings</u></b> <b><u>will come</u></b> <b><u>to the</u></b> <b><u>• group</u></b> <b><u>who helps in that way and</u></b> <b><u>to the</u></b> <b><u>• person</u></b> <b><u>who seeks this help.</u></b></p> <p><b><u>Such regular service</u></b> <b><u>will strengthen the group as a whole</u></b> <b><u>tremendously,</u></b> <b><u>my dear friends!</u></b></p>
25	<p><b><u>Be in peace.</u></b></p> <p><b><u>Be in God!</u></b></p>

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork® Foundation  
PO Box 6010  
Charlottesville, VA 22906-6010, USA  
Call: 1-800-PATHWORK, or  
Visit: [www.pathwork.org](http://www.pathwork.org)

The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

#### Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

#### Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.