

# Pathwork Lecture 230: The Universality of Change – Reincarnative Process in the Same Life Span

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This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. *I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide’s Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide’s Wisdom come to live you.*

For clarity: The **original text** is in **bold, italicized, and mostly underlined**. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to <http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/>

*Blessings on your journey, Gary*

¶	Content
03	<p style="text-align: center;"><b><u>Greetings,</u></b> <b><u>my very beloved friends.</u></b></p> <p style="text-align: center;"><b><u>Again we are gathered together</u></b> <b><u>to exchange</u></b></p> <ul style="list-style-type: none"> <li>• <b><u>through my giving to you</u></b> <b><u>where</u></b> <b><u>the need is greatest and</u></b></li> <li>• <b><u>through your receiving</u></b> <b><u>where</u></b> <b><u>your need is greatest.</u></b></li> </ul> <p style="text-align: center;"><b><u>You thus</u></b> [i.e., <i>By your receiving where your need is greatest you</i>] <b><u>fulfill</u></b> <b><u>a universal need.</u></b></p> <p style="text-align: center;"><b><u>This universal need</u></b> [i.e., <i>This universal need that you fulfill by your receiving</i> <i>where your need is greatest</i>] <b><u>is the constant movement</u></b> <b><u>toward</u></b> <b><u>expansion.</u></b></p>

by Eva Broch Pierrakos

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	<p><u><i>All organisms in the universe move toward an expansion, which follows the seedplan within the organism.</i></u></p>
04	<p><u><i>What is the seedplan?</i></u></p> <p><u><i>It [i.e., The seedplan within the organism] is truly allowing Divine Substance to infiltrate all that is.</i></u></p> <p><u><i>And that substance [i.e., And that Divine Substance infiltrating all that is] is never static.</i></u></p> <p><u><i>It [i.e., That Divine Substance infiltrating all that is] contains limitless possibilities for</i></u><ul style="list-style-type: none"><li>• <u><i>being,</i></u></li><li>• <u><i>expression and</i></u></li><li>• <u><i>creative manifestation –</i></u></li></ul><p><u><i>literally limitless ways of</i></u><ul style="list-style-type: none"><li>• <u><i>joyousness,</i></u></li><li>• <u><i>ecstasy and</i></u></li><li>• <u><i>wisdom,</i></u></li></ul><p><u><i>to such an extent that it [i.e., that the Divine Substance infiltrating all that is] cannot even be put into human language.</i></u></p><p><u><i>Wherever this movement [i.e., Wherever this movement of the Divine Substance toward expansion following the seedplan of the organism] is stopped, a break in</i></u><ul style="list-style-type: none"><li>• <u><i>consciousness and</i></u></li><li>• <u><i>energy</i></u></li></ul><p><u><i>occurs.</i></u></p></p></p></p>

05

**On the human level of development**

**this break** [i.e., This break in consciousness and energy that occurs on the human level of development wherever the movement of the Divine Substance toward expansion following the seedplan of the human is stopped] **occurs, for example, with death.**

**But**

**death**

**is only a break** [i.e., death is a break in consciousness and energy only on the manifest level].

• **Consciousness**

**and**

• **energy**

**are resumed, as it were, on another level, just as sleep involves**

• **a break in consciousness on one level,**

**but**

• **continuing consciousness on another level.**

**So the break** [i.e., the break in consciousness that occurs in sleep and death] **is**

**as**

• **illusory – it occurs only**

**on the manifest level –**

**as**

• **the fear of movement** [i.e., as the fear of movement is illusory].

06

**Movement toward expansion**

**implies**

**a willingness to change.**

**And this** [i.e., And this willingness to change]

**is what we are concerned with**

**at this juncture on your path.**

You all know  
that there is a countermovement [i.e., a countermovement against change]  
in the human soul,  
and that [i.e., and that countermovement against change in the human soul]  
is  
the fear  
of change.

Many of you  
are quite capable of  
connecting with  
• the fear of  
change.

It is [i.e., In addition to connecting with the fear of change that resists change, it is]  
equally important  
to connect with  
• the deeper movement of your soul  
toward  
change.

Fuller self-expression  
means  
change.

If there is  
no change,  
there cannot be  
self-expression.

07

Let us take this phenomenon  
first  
purely on  
the physical level,  
so as to demonstrate the principle.

A physical organism  
goes through  
constant  
• phases and  
• periods  
of change.

*That change [i.e., That change in a physical organism]*

*may at first*

*be so*

• *subtle and*

• *gradual*

*that it is*

• *hardly noticeable,*

*but*

• *cumulatively*

*it becomes*

• *very noticeable indeed.*

*Consider the*

*drastic change of*

• *an infant*

*growing into*

• *childhood,*

*then into*

• *adolescence,*

*and later into*

• *adulthood.*

*Think of how*

• *the physical organs,*

• *the body,*

• *the whole appearance*

*change*

*from*

• *infant*

*to*

• *child*

*to*

• *adolescent*

*to*

• *adult*

*to*

• *old age,*

*after which*

*a further metamorphosis*

*beyond human vision*

*takes place.*

08	<p><i><u>So there are</u></i> <i><u>cycles of change</u></i> <i><u>that, if hindered,</u></i> <i><u>result in</u></i> <i><u>• atrophy</u></i> <i><u>and</u></i> <i><u>finally in</u></i> <i><u>• death.</u></i></p> <p><i><u>Let us suppose you put a</u></i> <i><u>human organism</u></i> <i><u>into such a constricted space</u></i> <i><u>that</u></i> <i><u>its further organic movements [i.e., its further physical movements]</u></i> <i><u>are hindered.</u></i></p> <p><i><u>It is easy to imagine</u></i> <i><u>how this [i.e., how putting a human organism into such a constricted space</u></i> <i><u>that its further organic physical movements are hindered]</u></i> <i><u>would affect the organism:</u></i></p> <p><i><u>it [i.e., a human organism being put into a space so</u></i> <i><u>constricted that its further organic</u></i> <i><u>physical movements are hindered]</u></i> <i><u>would be</u></i> <i><u>destructive</u></i> <i><u>to life.</u></i></p>
09	<p><i><u>It [i.e., The situation that the LIFE of a human's PHYSICAL organism that is put into</u></i> <i><u>a space so constricted that its further movements are hindered is destroyed]</u></i> <i><u>is no different with [the situation with the life of]</u></i> <i><u>the</u></i> <i><u>• psychic</u></i> <i><u>organism,</u></i> <i><u>the</u></i> <i><u>• spiritual</u></i> <i><u>organism,</u></i> <i><u>the</u></i> <i><u>• mental and</u></i> <i><u>• emotional</u></i> <i><u>organism.</u></i></p>

Yet  
human consciousness  
contains a mass-image  
of ancient origin,  
deeply embedded in the psyche.

This mass-image  
says that  
change  
is to be  
feared.

This image [i.e., This mass-image in the human psyche  
that says change is to be feared]  
creates a condition [i.e., a creates a condition preventing natural expansion]  
in the human psyche,  
similar to  
a physical restriction,  
that prevents  
the human organism  
from its natural expansion [i.e., from its natural  
physical expansion and growth].

The space  
provided by the image [i.e., by the mass-image that change is to be feared]  
is so narrow  
that the  
natural expansive movement [i.e., that the natural expansive  
movement of the human psyche]  
cannot occur.

10

The belief  
that this mass-image perpetuates  
is that  
only  
an unchanging condition  
is secure.

Now, my friends,  
this mass-image [i.e., this mass-image that change is to be feared and the  
resulting belief that only an unchanging condition is secure]

is

- extremely strong and
- so profound in its effect  
that it is indeed responsible for  
the creation of death.

For  
you experience life  
according to  
your conviction.

I have mentioned this principle [i.e., this principle that you experience  
life according to your conviction]  
many, many times  
throughout the years of our contact,  
but still  
it is frequently overlooked.

The tendency remains  
to view the world  
• in reverse, or  
• upside down:

you take certain phenomena  
as if they were inevitable,  
and then you see

their cause [i.e., their cause, which is actually your  
conviction that these certain  
phenomena are inevitable,]

as

the effect [i.e., the effect being that these certain  
phenomena indeed happen, thus “proving”  
that your conviction that these phenomena are  
inevitable is in fact correct].



*In other words,*  
*you continue to see*  
*death*  
*as*  

- *an unknown phenomenon,*
- *an inevitable fact,*

*and you conclude*  
*that your*  
*fear of death*  
*stems from*  
*this unknown state.*

*In reality,*  
*your fear of death*  
*is the effect of*  
*your belief*  
*that*  
*change*  

- *leads into*  
*the unknown and*
- *must therefore*  
*be feared.*

*The unknown*  
*is thus viewed*  
*as something*  

- *negative and*
- *fearsome.*

11

If you believe  
change  
to be fearsome,  
you will  
• atrophy  
the  
• spiritual and  
• psychic  
musculature  
of your system,  
and  
• box yourself  
into a state of  
• non-movement and  
• non-expansion  
in which  
you hardly breathe  
in order to  
prevent  
change.

And that is  
literally, to some varying degree,  
the human condition.

So it is  
extremely important  
that you, my friends,  
who are  
the pioneers of the New Age,  
create  
the new consciousness within you  
that  
• does not fear  
change,  
that  
• trusts  
change  
as a  
• completely natural and  
• desirable  
phenomenon.

12

*If you examine your  
consciousness  
you will always find,  
in one way or another,  
a blind reaction  
that expresses  
the belief  
that  
to be safe,  
you must  
not move.*

*Trust in  
life  
is just the opposite [i.e., opposite to the belief that  
to be safe you must not move].*

*You need to  
begin*

- *deliberately,*
- *intentionally and*
- *consciously*
  - to conceive of*
  - change*
  - as a*
    - *desirable and*
    - *joyful*
  - movement*
  - in which*
  - you can*
  - further realize*
  - joyous experience.*

• **Remember**

**these words** [i.e., *Remember these words: “You need to begin deliberately, intentionally, and consciously to conceive of CHANGE as a DESIRABLE and JOYFUL MOVEMENT in which you can further REALIZE JOYOUS EXPERIENCE.”*]

**and**

- **indelibly imprint them**  
**upon your soul substance.**

**When you do,**

**you will no longer**

**halt the natural movement**

**to follow your fuller self-expression**

**into**

**more**

- **inner unity and**

- **wholeness,**

**more**

- **peace,**

- **joy, and**

- **creativity.**

13

**Time itself**

**is an illusion**

**that, as I stated recently,**

**stems from**

**the ongoing movement**

**of all that is alive.**

**Time**

**stems also**

**from the belief**

**that you must**

- **avoid**

**the future and**

- **hold on to**

**the past**

**to continue existing.**

*It [i.e., The belief that you must avoid the future and  
hold on to the past to continue existing]*  
*is the innate  
false belief  
of all humankind.*

*Only when you  
alter this belief  
with*  
*• courage and  
• faith*

*will*  
*the manifestations of*  
*• time and  
• death  
change.*

*It always*  
*requires*  
*• courage,  
• the taking  
of an apparent risk,  
to believe in something  
• new and  
• positive.*

*By allowing yourself  
to flow  
with the movement of life,*  
*you will*  
*increasingly,  
within your lifetime,  
expand  
your positive experience of life.*

*As you thus [i.e., As you, by expanding your positive experience of life,]*  
*gain trust in*  
*the universe*  
*in which you*  

- *dwell and*
- *operate as an integral part,*

*so will you*  
*trust*  
*that*  
*what*  
*now*  
*seems*  
*mysterious –*  
*although it may actually*  
*be mysterious*  
*by virtue of being*  

- *unknown and*
- *new –*

*does not threaten you.*

14

*Imagine*  
*a life*  
*in which there is*  
*no fear of death.*

*How would you live?*

*If you are a*  

- *highly developed*
- *conscious, and*
- *God-expressing*

*individual,*  
*no fear of death*  
*would mean*  

- *unending joy,*
- *a fearless existence*

*in which*  
*you bring*  
*your innate divine potentials*  
*to ever greater expression.*

**But**  
**if you**  
• **are still half asleep**  
**and therefore**  
• **fear**  
• **universal life, or**  
• **expansion into**  
**universal life,**  
**then**  
**absence of**  
**the fear of death**  
**would perhaps**  
**make you even**  
• **lazier and**  
• **less motivated to**  
• **move,**  
• **develop, and**  
• **experience.**

15

**Now, I am not saying**  
**that the fear of death**  
**is given**  
**[in order] to manipulate you**  
**into further initiative.**

**But I say to you**  
**that the fear of death**  
**that**  
**you**  
**have created**  
**through**  
**your fear of**  
• **moving and**  
• **changing**  
**can also become**  
**its own medicine.**

**It [i.e., Your fear of death]**  
**then [i.e., then, when it becomes its own medicine,]**  
**works for you**  
**in a self-healing way.**

I have explained this before  
as one of the  
most remarkable manifestations of  
the benign nature of creation:

the evil  
• unwittingly or  
• wittingly  
created by individual entities  
becomes the very agent  
with which  
evil heals itself.

All  
• self-produced errors  
and  
• their resultant  
• fear,  
• suffering, and  
• negativity  
can, if you so choose,  
become  
your means  
of coming out of that state.

16

As you  
• grow  
and  
• overcome  
your distrust  
of change,  
you will  
no longer prohibit yourself  
from  
• changing and  
• expanding.



Then [i.e., As you grow and overcome your distrust of change]

you will

experience

- the universe and
- life

as

intensely

- trustworthy,
- desirable
- beautiful, and
- secure.

What you

feared

in the tomorrow

will have become a

joyous

today.

Therefore,

what is

behind the curtain

of so-called death

need not be

- feared,
- even if it is
- unknown.

Other life experiences

that lay once in

- the unknown future

have now become

- a joyous present.

Consequently,

you will now also

trust

the unknown future.

17

As you  
cease fearing  
future death,  
this new attitude [i.e., this new attitude of trusting the benign nature of the  
universe and fearing neither the unknown nor change, including death]  
becomes more known  
in your  
• innermost being,  
in your  
• intuitive perception.

So as you grow, my friends,  
not only  
• do you become  
• whole and  
• acclimated to  
intense joyous self-expression,  
but [also]  
• you  
completely lose  
the fear of changing;  
• you  
visualize  
change  
as the most  
• positive,  
• desirable  
state possible.

You may not even know  
exactly how joyous  
the tomorrow  
can be,  
but  
your attitude [i.e., your attitude, your visualization, your emotional climate]  
is one of  

- trust and
- the desire
  - to move into change,
  - to experience yourself  
in a
    - new and
    - different  
way  
that is  
forever  
more
      - desirable,

  

- alive,

  

- fascinating.

And,  
as the  
threat  
of tomorrow  
is taken away  
by your new attitude,  
even though  
tomorrow  
is not known as yet,  
you  
intuitively  
experience  
your soul's  
nonthreatening aliveness,  
which  
transcends  
your physical existence.

And thus  
your fear of death  
is eliminated  
as  
• you realize  
your God-nature,  
and  
• you do not block  
the change  
which is  
joyfully waiting  
within  
every one of your cells,  
• physical  
as well as  
• psychic.

18

So I say to you, my beloved friends,  
do not halt  
the movement  
that is  
the expression of life.

Confidently  
allow it [i.e., Confidently allow the movement or change  
that is the expression of life]  
to unfold,  
for  
nothing but good  
can come from it [i.e., nothing but good can come from change  
or the movement that is the expression of life]  
if  
you visualize it [i.e., if you visualize the change or  
movement that is the expression of life]  
as good.

	<p><b><u>But</u></b> <b><u>if you visualize</u></b> <b><u>change</u></b> [i.e., <u>If you visualize change or movement</u> <u>that is the expression of life]</u> <b><u>as bad,</u></b> <b><u>that very idea</u></b> [i.e., <u>that very idea that change or movement that is</u> <u>the expression of life is bad]</u> <b><u>must bring about</u></b> <b><u>bad effects.</u></b></p> <p><b><u>So begin to visualize</u></b> <b><u>your change</u></b> <b><u>as</u></b> <ul style="list-style-type: none"><li>• <b><u>good,</u></b></li></ul><b><u>as</u></b> <ul style="list-style-type: none"><li>• <b><u>joyful and</u></b></li><li>• <b><u>secure.</u></b></li></ul></p>
19	<p><b><u>To those of you</u></b> <b><u>who</u></b> <b><u>fully</u></b> <ul style="list-style-type: none"><li>• <b><u>welcome and</u></b></li><li>• <b><u>encourage</u></b> <b><u>this movement,</u></b> <b><u>I say:</u></b></li></ul> <b><u>you already</u></b> <b><u>begin to overcome death.</u></b></p> <p><b><u>It is</u></b> <b><u>not only</u></b> <b><u>that</u></b> <b><u>the fearsome unknown</u></b> <b><u>ceases to be</u></b> <b><u>fearsome and</u></b> <b><u>that</u></b> <b><u>you</u></b> <ul style="list-style-type: none"><li>• <b><u>begin to trust it</u></b> [i.e., <u>that you begin to trust the unknown]</u> <b><u>and therefore eventually</u></b></li><li>• <b><u>will intuitively perceive</u></b> <b><u>what you now</u></b> <b><u>cannot even imagine.</u></b></li></ul></p>

You also  
begin to overcome death  
in a more direct sense.

And about this  
I would like now to speak,  
for

- it is a concept  
I have not touched upon before, and
- it is time for you to
  - comprehend it and
  - take it into your consciousness.

20

In this work [i.e., in this Pathwork work],  
reincarnation is

- discussed and
- taken for granted.

There are many theories about it [i.e., about reincarnation].

As you know, I am usually  
quite reluctant to speak about

- past or
- future  
lives.

But there is  
one phenomenon

- that I would like to discuss here and
- that is usually
  - neglected or
  - denied

in spiritual teachings:

A person who is truly on a path  
of accelerated development

- can,  
and frequently
- does,  
literally  
reincarnate  
in the same lifetime.

As I have explained,  
you plan  
a life task for yourself  
before incarnation.

With the aid of spiritual advisers,  
you

- plan a
  - certain environment and
  - certain conditions, and
- set
  - certain goals of fulfillment  
as a task for yourself.

Many,  
many  
human beings  
barely fulfill this task;

many

- leave physical existence  
with the task unfulfilled and
- must return  
in a new embodiment  
to try again,  
perhaps under different conditions.

This  
you know.

This  
I have discussed.

21

**But**

- **another,**
- **quite different**  
**phenomenon**  
**is possible.**

**And that is when a human being**

- **fulfills the task**  
**and**
- **is ready to take on**  
**a further task**  
**that would ordinarily**  
**await**  
**a new embodiment,**  
**after the person has spent some**  
**so-called time**  
**not in the body.**

**On an accelerated path,**

- a new incarnation**  
**can be undertaken**  
**without**
- **leaving the old body behind and**
- **creating a new incarnation.**

**Thus, a**

- **laborious change and**
- **break in consciousness**  
**can be bypassed**  
**if**  
**the personality**  
**is truly devoted**  
**to give all of itself**
  - **to its own expansion and**
  - **to fulfilling**  
**a seedplan**  
**that ordinarily**  
**would be activated**  
**only in**  
**a new incarnation.**

**It [i.e., Fulfilling a seedplan that ordinarily would be activated**  
**only in a new incarnation]**

- can be done**  
**within**  
**the same life span.**



- The life  
that would be terminated earlier  
can be extended,
- and
- the new seedplan  
can
  - be "taken out"
- and
- become the task  
within  
this  
life span.
  
- Or,
- a life  
that might have continued  
in certain circumstances –  
according to the old seedplan –  
completely changes  
in
  - feelings,
  - expressions,
  - experiences,
  - environment, and
  - task.
  
- New talents  
may  
manifest,
- and
- old ones  
may  
be expressed differently.

22

A path such as this one you have chosen [i.e., A path such as pathwork]  
is indeed  
a very

- rare and
- intense

one.

Some of you  
may already connect  
intuitively  
with  
a complete change  
in your life experience,  
so that  
other potentialities  
that would have remained dormant  
in the incarnation you were born into  
can now  
come to the fore.

With less development,  
these potentialities  
would remain to be expressed  
only  
in a future lifetime.

23

This change [i.e., This complete change in your life experience so that other  
potentialities can now come to the fore]  
is a wonderful occurrence.

It [i.e., This complete change in your life experience so that other  
potentialities can now come to the fore]  
is an acceleration of  
the organic movement.

And in this extended period  
of energetic influx  
of the Christ consciousness,  
there are  
more individuals  
opening themselves  
to this change.

	<p><u>When you</u> <u>do not shrink from it</u> [i.e., <u>When you do not shrink from this change that is now possible in this extended period of energetic influx of the Christ consciousness</u>],</p> <p><u>when you</u></p> <ul style="list-style-type: none"><li>• <u>trust it and</u></li><li>• <u>go with it</u> [i.e., <u>When you trust and go with this change that is now possible in this extended period of energetic influx of the Christ consciousness</u>],</li></ul> <p><u>you can indeed</u> <u>bring forth</u> <u>a second incarnation</u> <u>within one embodiment.</u></p>
24	<p><u>I suggest that you</u> <u>practice</u></p> <ul style="list-style-type: none"><li>• <u>active meditation and</u></li><li>• <u>visualization</u></li></ul> <p><u>in which</u> <u>you</u> <u>trust</u> <u>change</u> <u>as the most</u></p> <ul style="list-style-type: none"><li>• <u>desirable,</u></li><li>• <u>positive,</u></li><li>• <u>brilliant, and</u></li><li>• <u>joyful</u></li></ul> <p><u>phenomenon,</u> <u>which you</u> <u>want to</u></p> <ul style="list-style-type: none"><li>• <u>go with</u></li></ul> <p><u>and</u></p> <ul style="list-style-type: none"><li>• <u>not stem against.</u></li></ul>

*A further suggestion has to do with  
the familiar.*

*You feel  
safe  
in a*  
• *familiar territory,*  
*even though*  
*this territory [i.e., this familiar territory]*  
*may actually be*  
*less safe*  
*than the*  
• *unfamiliar one.*

*So you*  
*frequently*  
*remain in a*  
• *constricted and*  
• *confined*  
*circumference*  
*to avoid*  
*the imagined danger of*  
*the unfamiliar.*

*Living a*  
*full life*  
*always*  
*means*  
• *stepping beyond*  
*the old fences*  
*and*  
• *making*  
*new territory*  
*your own familiar ground,*  
*in which*  
*you soon feel as comfortable*  
*as in the old.*

Realizing yourself  
means  
feeling comfortable  
in a new self-expression.

That is the task.

And only  
the first few whiffs  
of the new experience  
are unfamiliar.

Soon  
• the new  
becomes  
• the familiar,  
and  
you expand  
your circumference;  
you expand  
the territory  
for your psychic "at-homeness"  
until finally  
• all the universe  
and  
• all states of consciousness  
are  
• truly your own,  
• intensely familiar.

Then  
you are  
one  
with  
the universe.

25	<p><i><u>Now, are there any questions about this topic?</u></i></p> <p><b><i>QUESTION:</i></b> <i><u>The concept of</u></i> <i><u>reincarnation in the same life</u></i> <i><u>is</u></i> <i><u>very</u></i> <i><u>• moving,</u></i> <i><u>very</u></i> <i><u>• touching.</u></i></p> <p><i><u>What I want to ask you is,</u></i> <i><u>in such a process,</u></i> <i><u>is the person aware of it [i.e., aware of reincarnation in the same life]?</u></i></p> <p><i><u>Are there any</u></i> <i><u>physical signs?</u></i></p> <p><i><u>Does it occur</u></i> <i><u>in</u></i> <i><u>• sleep or</u></i> <i><u>in</u></i> <i><u>• a waking state?</u></i></p>
26	<p><b><i>ANSWER:</i></b> <i><u>The change [i.e., The change going on in an individual who is experiencing</u></i> <i><u>a reincarnation in the same life he or she is currently in]</u></i> <i><u>occurs</u></i> <i><u>gradually</u></i> <i><u>on the</u></i> <i><u>outer level and</u></i> <i><u>may</u></i> <i><u>not be</u></i> <i><u>immediately</u></i> <i><u>sensed by the individual.</u></i></p> <p><i><u>But there is</u></i> <i><u>definitely</u></i> <i><u>a change.</u></i></p>

*It [i.e., The change that occurs in the individual going through  
a reincarnation in the same life he or she is currently in]  
is instigated by  
the soul  
in the spirit world  
during sleep  
when discussions with  
spiritual advisers  
always  
take place  
when a person is on  
a developmental path.*

*So  
change is*

- discussed and*
- planned*

*on  
another level of reality.*

*On the*

- manifest,*
- physical  
level,*

*you may experience it [i.e., you may experience the change]  
first  
as a  
gradual change of*

- attitudes,*
- interests,*
- activities,*
- environment, or*
- expression.*

*Later on,  
retrospectively,  
you see that  
your life  
has become  
very different.*

*But the difference  
is realized  
not*

- abruptly*

*but*

- gradually.*

Sometimes  
a deep crisis  
indicates the changeover [i.e., the changeover that occurs in the individual  
going through a reincarnation in the same life he or she is currently in],  
but this crisis  
is  
in principle  
no different from  
physical  
 • death  
and  
 • rebirth.

There, too,  
are often crises  
for those who are still in  
a dim state of consciousness.

It [i.e., Going through a reincarnation in the same life the individual is currently in]  
is of course  
less traumatic [i.e., less traumatic than physical death and rebirth]  
in one way,  
in that  
there is  
no cut in consciousness  
that then must be  
regained  
through laborious search.

And that [i.e., And the fact that in reincarnation in the same life the individual is  
currently in there is no cut in consciousness that  
then must be regained through laborious search]  
is  
the great advantage of  
reincarnation in the same life.



27	<p><b>QUESTION:</b> <u><i>In this type of reincarnation within the same life, do different aspects of the entity come forth?</i></u></p>
28	<p><b>ANSWER:</b> <u><i>Yes, aspects that were not called forth in the first incarnation of that lifetime.</i></u></p> <p><u><i>New aspects may awaken that never have appeared in this lifetime.</i></u></p> <p><u><i>On the other hand, aspects that were emphasized in the first incarnation may die down after the rebirth.</i></u></p> <p><u><i>They [i.e., Some aspects that were emphasized in the first incarnation of the current lifetime but that die down after rebirth]</i></u></p> <ul style="list-style-type: none"><li><u><i>• are no longer of interest,</i></u></li></ul> <p><u><i>they</i></u></p> <ul style="list-style-type: none"><li><u><i>• no longer serve a purpose, so they are put aside.</i></u></li></ul> <p><u><i>This [i.e., The fact that some aspects that were emphasized in the first incarnation of the current lifetime but that die down after rebirth, aspects that are put aside because they are no longer of interest or serve a purpose] is sometimes why a person completely changes his or her sphere of interest in the course of a spiritual path.</i></u></p>

	<p><i><u>It [i.e., The fact that a person completely changes his or her sphere of interest in the course of a spiritual path] may not necessarily indicate an incarnatory process.</u></i></p> <p><i><u>It [i.e., The fact that a person completely changes his or her sphere of interest in the course of a spiritual path] may also be that the person has veered off from his or her original plan, but later becomes sufficiently open to sense the deviation and thus changes course.</u></i></p> <p><i><u>Also, the same</u></i></p> <ul style="list-style-type: none"><li><i><u>• talents and</u></i></li><li><i><u>• interests</u></i></li></ul> <p><i><u>can reappear, perhaps having</u></i></p> <ul style="list-style-type: none"><li><i><u>• improved very much or</u></i></li><li><i><u>having been</u></i></li><li><i><u>• directed into a different expression.</u></i></li></ul>
29	<p><b>QUESTION:</b> <i><u>Can you tell us why the influx of the new Christ consciousness energy has accelerated this process?</u></i></p>
30	<p><b>ANSWER:</b> <i><u>Because the energy [i.e., Because the new Christ consciousness energy] is extremely strong.</u></i></p>

*The energy [i.e., This new Christ consciousness energy]*  
*expresses*  
*the highest caliber*  
*of*  

- *consciousness,*

*of*  

- *purity,*

*of*  

- *love,*

*of*  

- *development.*

*It [i.e., This new Christ consciousness energy]*  
*is of such high frequency*  
*that it can be*  
*beneficially experienced*  
*only*  
*by*  

- *souls and*
- *personalities*

*who are compatible with it.*

*Otherwise [i.e., For souls and personalities who are NOT compatible with it],*  
*this same energy [i.e., this same new Christ consciousness energy]*  
*creates*  

- *crisis –*
- *negative manifestations.*

*If you*  

- *stem against it [i.e., If you stem against this new Christ consciousness energy],*

*if you*  

- *fear its influx and*
- *contract against it,*

*it will*  
*appear*  
*to be a*  
*negative force,*  
*yet it is the*  

- *highest,*
- *most potently*  
  - *beautiful,*
  - *loving, and*
  - *wise*

*force.*

*This [i.e., This fact that the new Christ consciousness energy can appear to be a negative force and yet is in fact the highest, most potently beautiful, loving, and wise force]*

*shows again that the same thing can be experienced in entirely different ways.*

*It [i.e., How something is experienced] depends*

*on the*  

- *consciousness,*

*on the*  

- *expectations and*
- *outlook*

*of the individual in question.*

31

*QUESTION:*

*Is it possible*

*for*

*two different aspects of the same entity to reincarnate in one lifetime simultaneously?*

*Two different personalities*

*in*

*two different bodies, being part of the same entity?*

32	<p><b>ANSWER:</b> <b><u>My friends,</u></b> <b><u>if you look at it</u></b> <b><u>in a deeply</u></b> <b><u>• truthful and</u></b> <b><u>• realistic</u></b> <b><u>way:</u></b> <b><u>everyone</u></b> <b><u>is an aspect of</u></b> <b><u>the same Entity.</u></b></p> <p><b><u>That</u></b> <b><u>is the truth.</u></b></p>
33	<p><b>QUESTION:</b> <b><u>Is it possible that</u></b> <b><u>fear of</u></b> <b><u>• life</u></b> <b><u>is really a</u></b> <b><u>fear of</u></b> <b><u>• dying and</u></b> <b><u>• reincarnation</u></b> <b><u>within this life?</u></b></p> <p><b><u>• The process of</u></b> <b><u>giving up</u></b> <b><u>• the old</u></b> <b><u>and</u></b> <b><u>moving on to</u></b> <b><u>• the new?</u></b></p>

34

***ANSWER:***

***Yes,***

***that [i.e., that fear of life is really a fear of dying and reincarnation within this life, a fear of the process of giving up the old and moving on to the new] is what I said in this lecture.***

***Life***

***is an***

- intensely,***
  - constantly***
- moving phenomenon.***

***Therefore it [Therefore life]***

***is***

***constantly changing.***

***Now,***

***if***

- change***
- is feared,***

***then***

- life***
- is feared,***

***and naturally***

- death***
- is feared as well.***

***Death***

***is only***

***one aspect of***  
***life.***

***It [i.e., Death]***

***must be***

***feared***  
***as much as***  
***life.***

***They [i.e., Life and death]***

***always***

***go together.***

• Change  
and  
• movement  
mean  
constantly  
• dying  
from an  
• old state  
into a  
• new one,  
but always  
• taking  
aspects of  
• the old  
along  
in  
• new form.

One who  
completely  
• accepts and  
• embraces  
life  
cannot  
fear  
death,  
and vice versa [i.e., one who completely accepts  
and embraces death cannot fear life].

They [i.e., Life and death]  
are one and the same phenomenon;  
therefore,  
one and the same  
attitude  
must prevail  
about  
• life,  
• death,  
• change,  
• movement.

35	<p><b>QUESTION:</b> <u>Concerning my recent crisis,</u> <u>I have connected with what you said in this lecture,</u> <u>and I'd like to know</u> <u>whether this [i.e., whether this recent crisis]</u> <u>is actually</u> <u>a rebirth for me at this point?</u></p>
36	<p><b>ANSWER:</b> <u>My dearest friends,</u> <u>all of you:</u> <u>this question [i.e., this question as to whether or not a particular crisis</u> <u>is a rebirth]</u></p> <p><u>I will never answer.</u></p> <p><u>It [i.e., Whether or not a particular crisis is a rebirth]</u> <u>is something</u> <u>you</u> <u>have to</u></p> <ul style="list-style-type: none"><li>• <u>know and</u></li><li>• <u>feel</u></li><li>• <u>within</u></li></ul> <p><u>and never need</u> <u>a confirmation</u> <u>from</u></p> <ul style="list-style-type: none"><li>• <u>without.</u></li></ul>



37

**QUESTION:**

When you speak of

- change or
- the fear of change,

I seem to react differently [i.e., I do not seem to have the fear of change that you describe in this lecture].

I have always been  
attracted to  
change  
and have always been  
afraid of  
static situations.

I see that  
for me  
this [i.e., I see that for me this attraction to change and fear of static situations]  
is a way of  
running away [i.e., a way of running away from situations].

Could you comment on this?

38

**ANSWER:**

This kind of  
desire for change,  
as you describe it,  
is very often  
the  
misinterpreted  
desire for the  

- organic,
- real

inner change  
that the personality  
denies.

Because you  
fear  
• real and  
• deep  
change,  
and because  
this fear [i.e., because this fear of real and deep change]  
causes  
stagnation,  
you  
seek change  
on a more superficial level  
as a substitute.

39

**QUESTION:**  
During this lecture  
I had this image of  
another being,  
like me,  
existing beyond me,  
that  
• goes on and  
• doesn't die;  
it [i.e., this other being that is like me  
and that is existing beyond me]  
is eternal.  
  
It [i.e., This other being that is like me  
and that is existing beyond me]  
is  
me eternal.

	<p><b><u>I felt</u></b> <b><u>that it is my task</u></b> <b><u>to link up with it</u></b> [i.e., <u>to link up with this other being that is like me, that is existing beyond me, and that is “me eternal”</u>].</p> <p><b><u>I get an inkling</u></b> • <b><u>of what it is,</u></b> <b><u>and</u></b> • <b><u>that</u></b> <b><u>the more</u></b> • <b><u>I get in touch with it,</u></b> <b><u>the more</u></b> • <b><u>I will become</u></b> <b><u>unified with it.</u></b></p>
40	<p><b><u>ANSWER:</u></b> <b><u>Of course,</u></b> <b><u>that</u></b> [i.e., <u>Of course, becoming unified with the “eternal me”</u>] <b><u>is what it is all about.</u></b></p> <p><b><u>The higher self</u></b> <b><u>is always there, and</u></b> <b><u>you</u></b> <b><u>can always link up with it.</u></b></p> <p><b><u>And when you do</u></b> [i.e., <u>And when you do link up with the higher self</u>], • <b><u>take it seriously,</u></b> • <b><u>do not push it aside</u></b> [i.e., <u>do not push this link-up with the higher self aside</u>] <b><u>as an illusion.</u></b></p> <p><b><u>It</u></b> [i.e., <u>This link-up with the higher self</u>] <b><u>is</u></b> • <b><u>so real,</u></b></p> <p><b><u>it</u></b> [i.e., <u>this link-up with the higher self</u>] <b><u>is</u></b> • <b><u>so beautiful.</u></b></p> <p><b><u>It</u></b> [i.e., <u>This link-up with the higher self</u>] <b><u>is</u></b> • <b><u>life-sustaining.</u></b></p>

41

All right, my

- dearest and
- beloved  
friends.

Perhaps all of you sense from tonight's topic  
how much you

- have
  - grown and
- are
  - growing and
  - moving toward  
a new area in your  
inner universe,  
ready for
    - further self-expression,
- ready to
  - seek change  
as something to
    - cherish and
    - trust.

Visualize yourself

that way [i.e., Visualize yourself as one growing and moving toward a new area  
in your inner universe, as one ready for further self-expression,  
as one ready to seek change as something to cherish and trust]

so that

you can become  
more fully active  
as the carriers of this

- new,
- bright  
culture.

The new person

coming to

- live and
- function

in this new era

is one

who

- never  
fears change,

who

- constantly  
is ready for  
change –

- not from

- fear or

- lack of commitment to  
the depth of  
what is  
now,

- but

in

- full commitment,

in

- peaceful "nowness"  
in which

you give

your fullest

to whatever you are doing.

You

intuitively

sense the

inner rhythm

with which

you harmoniously flow.

Thus,

you no longer need

the old

outer structure

in which

what is right for you

- now

must unquestioningly be right

- tomorrow or

- next year.

*In your new-age community*

*you*

- *learn already, and*
- *will continue to see,*  
*that what is*  
*right for*
  - *now*
- may still be*  
*right*
  - *tomorrow,*
- but it may not be*
  - *right and*
  - *organic*
    - *the day after tomorrow.*

*And it [i.e., And what is right for now]*

*may even change [i.e., change because it is not right]*

- *tomorrow.*

*There are no rules.*

*Only your connectedness*

*with your*

- *greater reality,*

*with your*

- *higher self,*  
*can make you aware of*  
*when such change*

- *is true*

*and*

*when it [i.e., when such change]*

- *is an evasion.*

As with everything else,  
so with change:  
it [i.e., change]  
can occur in a  

- divine,
- rhythmic

way  
that is  
utterly organic,  
or it [i.e., or change]  
can be a  

- superficial substitute

because  
the real change  
is avoided.

Only when  
you  

- constantly  
look for connectedness with  
your highest wisdom and
- are committed to it [i.e., committed to your highest wisdom]

will you know  

- when and
- how  
changed expressions  
are within  
the seedplan of a particular organism,  
whether  
  - groupor  
  - individual, and

- when  
change  
  - is  
    - desirable and
    - creativeand  
  - further  
    - your own self  
in concert with  
      - the universe.

42

*With this,  
my very dearest ones,  
I bless you once again.*

*• Love and  
• gratitude  
of the spiritual universe  
is coming forth  
to all of you  
who give  
of  
yourself  
to  
yourself,  
and thus  
to  
the greater venture.*

*Be blessed,  
all of you!*

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