

Pathwork on

Merely Reading and Studying Pathwork Lectures Is Not the Pathwork Path

This quote from Pathwork Lecture 57, *The Mass Image of Self-Importance*, emphasizes that Pathwork is not merely studying the Pathwork Lectures on one's own. To be effective and transformative Pathwork must include working with a Pathwork Helper and a Pathwork Group.

34

... I would like to say a few words to some friends who have never found their way here and who have never had any personal contact with this group, but who read the lectures with interest.

Attention has been brought to us that some of them try, on their own, to reach the depth of their souls by themselves, or with some friends.

Their good intent is appreciated. But I should like to tell them that *it is not really possible to succeed by oneself, or even with someone else who has not had personal experience in this particular method.*

The method of the work itself cannot be conveyed by the lectures. The lectures serve as general material, but they cannot give the method itself. You will do no harm in working by yourself, but *you will not really get very far.*

I would therefore suggest to those friends, do not hesitate to *get in touch with those members of this group who are qualified to help.* If they are really interested in using this method, whether for others or for themselves, *this will be necessary.*