

Jesus the Christ
From
Letters to a Dying Friend –
Helping Those You Love Make a Conscious Transition
Based on
The Tibetan Book of the Dead
Foreword by H.H. The Dalai Lama
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Two thousand years ago there was a man known as Jesus of Nazareth who was born on Earth with the ability to focus his internal attention on the unceasing inner light of God. He could feel his eternal tie to his fellowman, his tie to all creation, and also his tie to the Source of all power, that which created what he saw and felt around him. He could always do this, no matter what was happening to him in the physical world. No one in the entire history of the Jews, the people into whom he was born, had ever demonstrated such abilities before.

So strong was the pull of the light of God within this man that other people could feel its presence through him. They flocked to be near him, to touch him, to have him teach them about the power that radiated from him like a living being. Although he was treated cruelly and unjustly by men of lesser understanding, he never lost his faith in the God within. He became a symbol of all that is good, all that is godly, all that is perfect on Earth. He became known as Jesus the Christ, *Christos* being the Greek word meaning "light."

Jesus showed it was possible for us to know the inner light of God while we are still very much a part of the physical world around us. Jesus was illumined. Not only at his death but throughout his entire life the primary light of God remained firmly fixed in his consciousness. That is why everything he did flowed and was right and represented the ultimate good. That is what made him different. He absolutely and completely sublimated the ego of Jesus the carpenter and rabbi to his role as Jesus the Christ, the God Being connected to total Universal Consciousness. He lived as that inner God led him, not as he, as an individual ego, might necessarily have wished.