

Pathwork

A Spiritual Path For the Soul's Journey

A Path of 21st Century Spirituality & Depth Psychology/Shadow Work

- **Pathwork is Holistic**
 - Integrating Intellectual, Emotional, Physical, Sexual, and Spiritual Aspects of your Essential Nature
- **Pathwork Deals With Real Life Issues...**
 - Your Life's Purpose, Meaning, Identity and Self-Knowledge, Relationships, Midlife Crises, Intimacy, Anger, Loss, Suffering, Addiction, Death, Grief, Success, Money Issues, Organizational Effectiveness, Teamwork, etc. ...
- **Pathwork Builds from where you are...**
 - Whether you consider yourself Spiritual, Religious, Agnostic, Humanist, Atheist, Etc. ...
- **Pathwork Calls Forth Your Essence...**
 - Joy, Creativity, Love, Beauty, Wisdom, Truth, Peace, Sense of Oneness with Source
- **Pathwork is a stand-alone path, or complementary to and deepening other paths**
 - Christianity, Judaism, Islam, Tibetan Buddhism, Twelve-Step Programs, Integral Life Practices, Diamond Approach, Enneagram, Current Spiritual Teachers (Tolle, Adyashanti, Almaas, etc.), Transpersonal Psychology, Somatic Experiencing, Gestalt Therapy, Focusing Therapy, Continuum, Constellation work, etc.
- **Pathwork Provides Support for the Soul's Journey in many forms...**
 - **Pathwork Lectures -- Wisdom Writings**
 - Hardcopy, Kindle, Audio (CD, mp3)
 - Extensive body of material channeled between 1957 and 1978
 - Anticipating teachings of 21st Century Spiritual Teachers
 - Rich metaphysical framework and tools for spiritual development
 - Plus Current web material and blogs
 - **One-to-one support** (Helpers, Supervisors)
 - **Small Group and Depth Work**
 - Teaching/sharing/exploration classes
 - Emotional Processing, movement groups
 - Central Gateway and Local Workshop Programs
 - Five-Year Transformation Program
 - Graduate-level Programs
 - Advanced Training – Teacher's and Helpership Training

Websites - Contacts

International Pathwork Foundation: www.pathwork.org

Sevenoaks (Charlottesville, VA) <https://sevenoaksretreat.org/pathwork/>

For audio recordings and other web support: www.garyvollbracht.com