

#### Contact:

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Pricing:

Workshop: \$450 if registered before May 6, 2013;

\$550 after.

CEUs: 16.5 credit hours for \$50

# When

Thursday June 6, 2013 at 5:00 PM EDT -to-

Sunday June 9, 2013 at 1:00 PM EDT

### Add to Calendar

## Where

Transfiguration Spirituality Center 495 Albion Ave.
Cincinnati, OH 45246



**Driving Directions** 

# LODGING:

This workshop will be held at The Transfiguration Spirituality Center, 495 Albion Avenue, Cincinnati, OH 45246. The cost for room and board is separate and can be booked directly through the Coordinator, Karen Gold Sherman. Room and board costs \$236 and commuters pay \$135 for food including lunch on Sunday. Please send checks, made out to Karen Gold Sherman, to 10 Riverpointe Road, Hastings on Hudson, NY 10706 to secure a room and food. There is limited

# DARe 1 – Overview: Healing Early Attachment Wounds & Embracing the Authentic Self Cincinnati, Ohio · June 6–9 · with Patti Elledge

Presenter: Patti Elledge

This three-day workshop (over four days) will introduce the fundamental concepts of Attachment Styles: Secure, Ambivalent/Preoccupied, Avoidant/Dismissive and Disorganized – as well as how they impact our current adult relationships. Based on Dr. Diane Poole Heller's groundbreaking approach, this workshop will help you learn what the hallmarks are for identifying each style, their challenges and what is needed to heal insecure attachment patterns, as well as what is needed to "learn" and reinforce secure attachment. It will include lectures, experiential exercises, guided imagery meditations, practice sessions, live demos and videos.

PLEASE NOTE: This workshop is a prerequisite for enrolling in sequential DARe 2, 3 or 4 workshops. Purchase of the DARe 1 – Healing Early Attachment Wounds 5-DVD set is optional. If you wish to buy the DARe 1 DVD set at the special discounted price of \$150.00 including shipping, a link and coupon code will be provided in your confirmation email.

16.5 CEUs are available to students who require them for an additional processing fee of \$50.



Patti Elledge is a Somatic Experiencing Practitioner (SEP) who has used clinical application of neuroscience theory for 33 years. She has a broad background in early development, attachment and bonding including self- and co-regulatory processes, sensory processing disorders and the neurobiology of stress and trauma. Patti has studied directly with Drs. Peter Levine, Raja Selvam and Diane Poole Heller; she is a Senior Assistant and approved session provider and case consultant throughout the 3-year SE training. Patti has a private practice in Asheville, NC where she provides support for persons of all ages.

# **Cancellation policy:**

Full refunds will be given if an applicant is denied acceptance into the program or in the rare event that the class is canceled. A full refund, <u>less a \$100 administrative fee</u>, will be issued if a participant chooses to withdraw before 7 days of the workshop date.

Late cancellation: when canceling within 7 days of the workshop date, no refund will be given.

**NOTE:** Paid fees can ALWAYS be transferred to another class (without paying the \$100 administrative fee) even with late cancellation, or the full amount can be applied towards the purchase of educational resources from our webstore: <a href="http://dianepooleheller.com/products/">http://dianepooleheller.com/products/</a>