

Pathwork Program Framework
A Vision For Mid-Atlantic Pathwork
An Evolving Discussion Document

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What's Here

1. ***A discussion document* framing how we at Mid-Atlantic Pathwork (Sevenoaks) intend to offer Pathwork programs to meet the psychological and spiritual formation and growth needs for all levels of spiritual travelers.**
2. **Based upon Pathwork Teachings, not charisma of particular leaders**
 - A Pathwork attunement to set purpose for this work
 - Interlude of Pathwork teachings for deeper psychological and spiritual growth
3. **An Introduction and Summary – The Framework**
4. **Seven Keys within the Framework**
5. **Careful blending of Stage 1 and Stage 2 Pathwork throughout – the non-linear spiral nature of spiritual and psychological formation and growth**
6. **Featuring continuous spiritual and psychological formation beyond:**
 - the Pathwork Transformation, Advanced Pathwork Studies (APS) and Helper Training Programs
 - Supporting continuous psychological and spiritual formation and growth of experienced Pathwork helpers as well as all graduates of the Pathwork Transformation Program
 - Setting the context of Sevenoaks 2012/13 Graduate Program
7. **Back to the framework – For further discussion...**

Attunement

A Word From the Pathwork Guide

(Let us read together)

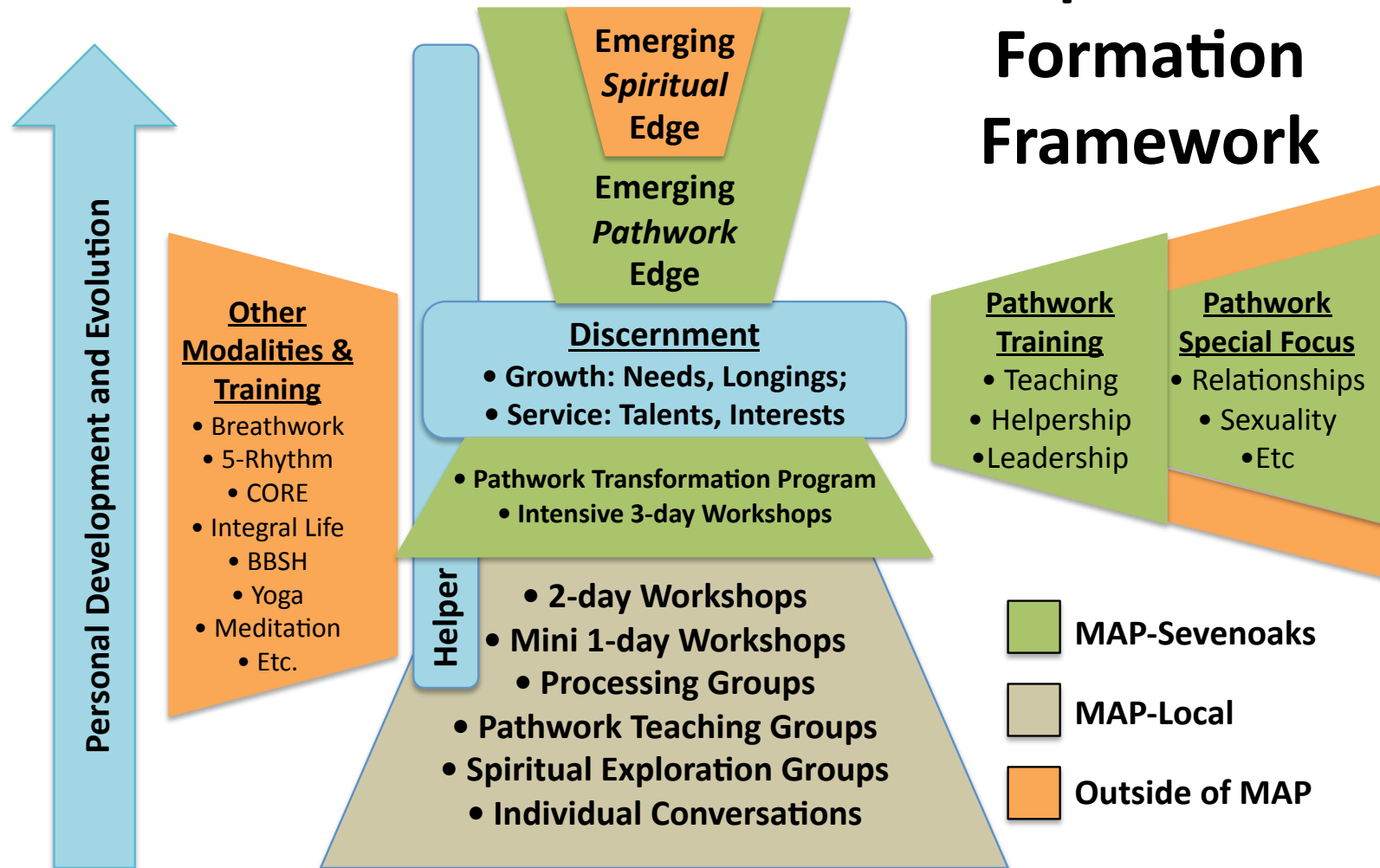
- **Greetings, my dearest friends. The divine blessings streaming in the atmosphere around and within you are a powerful force, available to you provided you are open and receptive to it.** (Pathwork Lecture 151 ¶3)

Continued...

- All of my friends should, once again, consider seriously what this path is. Why are they involved in it? What is its function? Too often vagueness or confusion about the Pathwork's purpose creates unnecessary difficulties and misunderstandings.
- The function of this path is not to remove a bothersome symptom in a person's life.
- This is not a treatment of sickness.
- Nor is the path simply a way of becoming a better person, of developing spiritually. All this happens, of course.
- But it must be fully understood by all of you, no matter how far you decide to follow it, that the aim of the path is the total realization of the divine kernel. And this is not merely a theory. It is indeed possible, right here and right now. (Pathwork Lecture 165 ¶10)

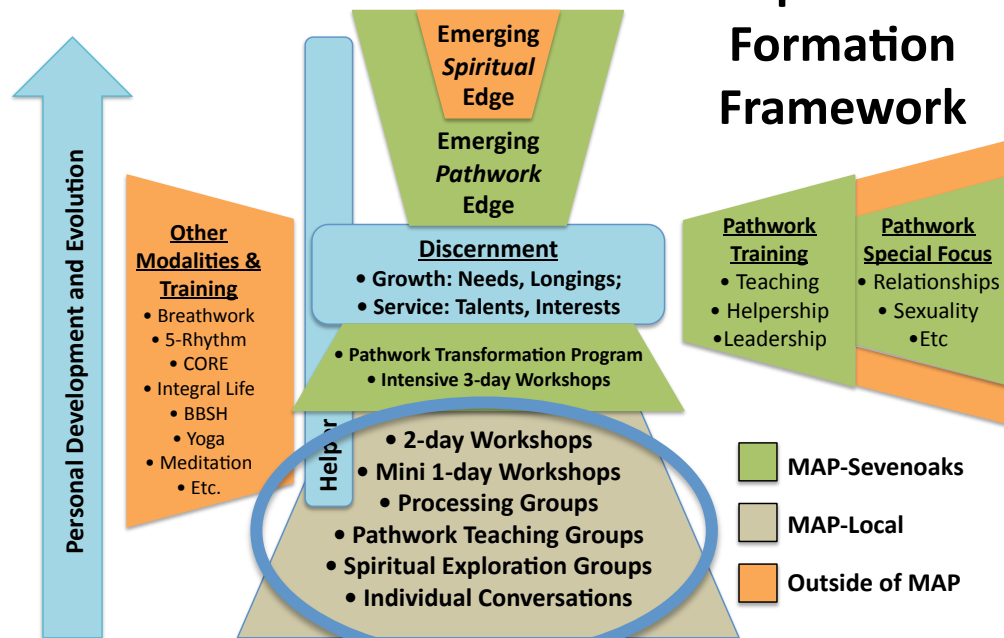
Introduction and Summary of the Framework...

Spiritual Formation Framework



Key # 1

Spiritual Formation Framework

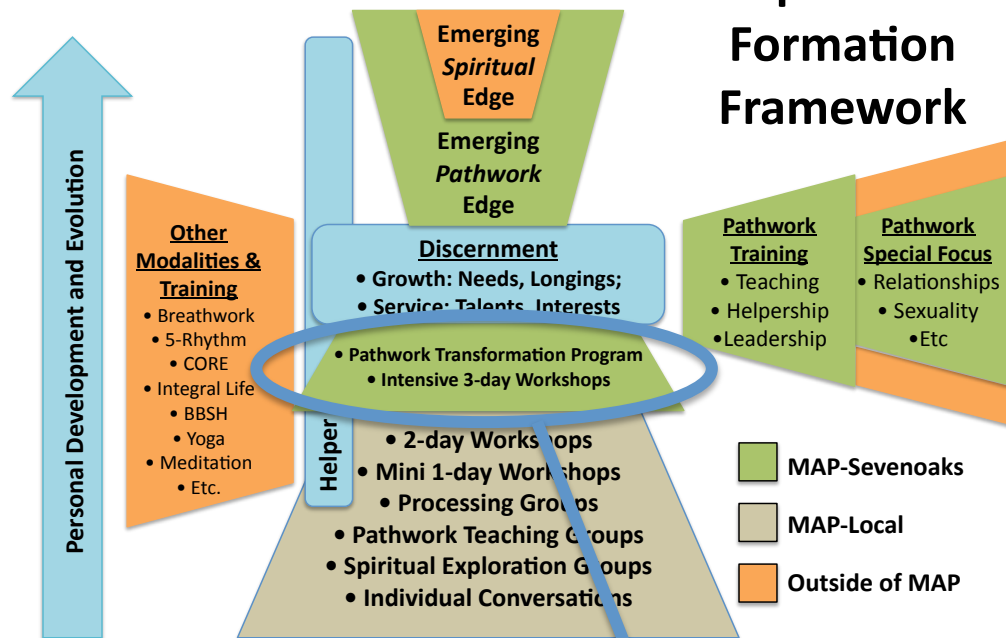


Strong Local Pathwork Program

- Led by Local Helpers/Apprentice Helpers
- Meet Inquirers where they are
 - Begin with Conversation
- Let Inquirers Grow at their own Pace
- Full Range of Offerings

Key # 2

Spiritual Formation Framework

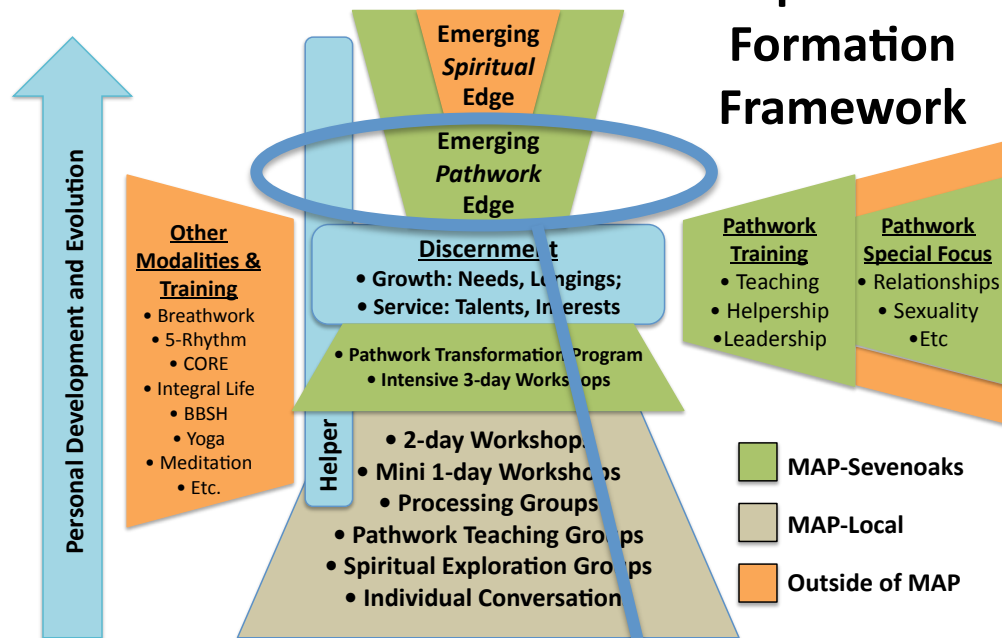


Strong Centralized Pathwork Program

- Led by Helpers, Helper Leadership
- Let Students Grow at their own Pace
- Full Range of Pathwork Programs (School)
 - Stand-Alone Intensive Workshops
 - Multi-Year Pathwork Transformation Program

Key # 3

Spiritual Formation Framework

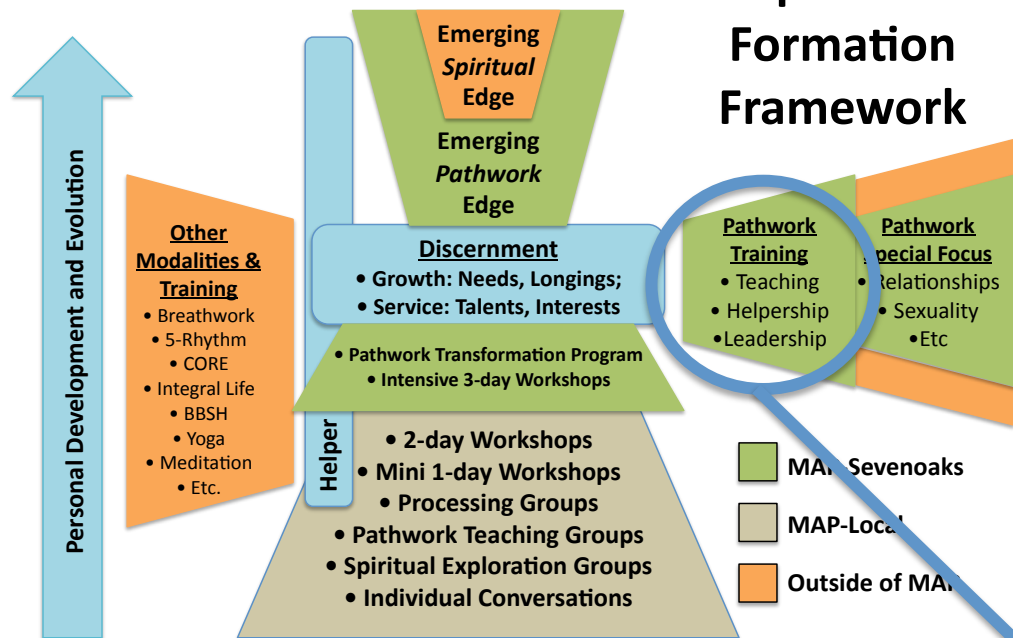


Strong Advanced Pathwork Program

- Led by Senior Helpers
- For Helpers, Teachers, PTP Graduates
- Emphasis: Stage 2 Pathwork – Deepening into Oneness
- Available each year

Key # 4

Spiritual Formation Framework

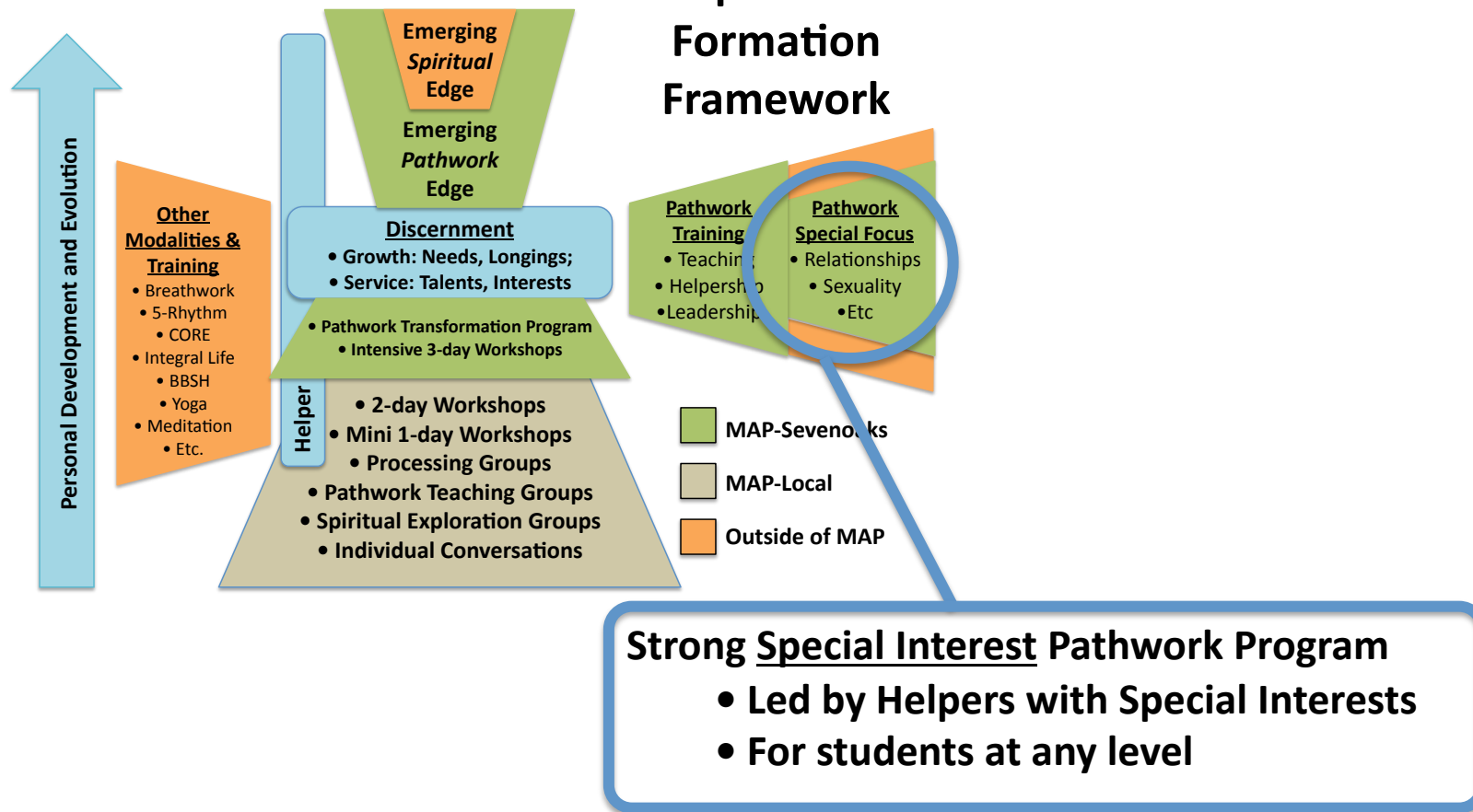


Strong Training Pathwork Program

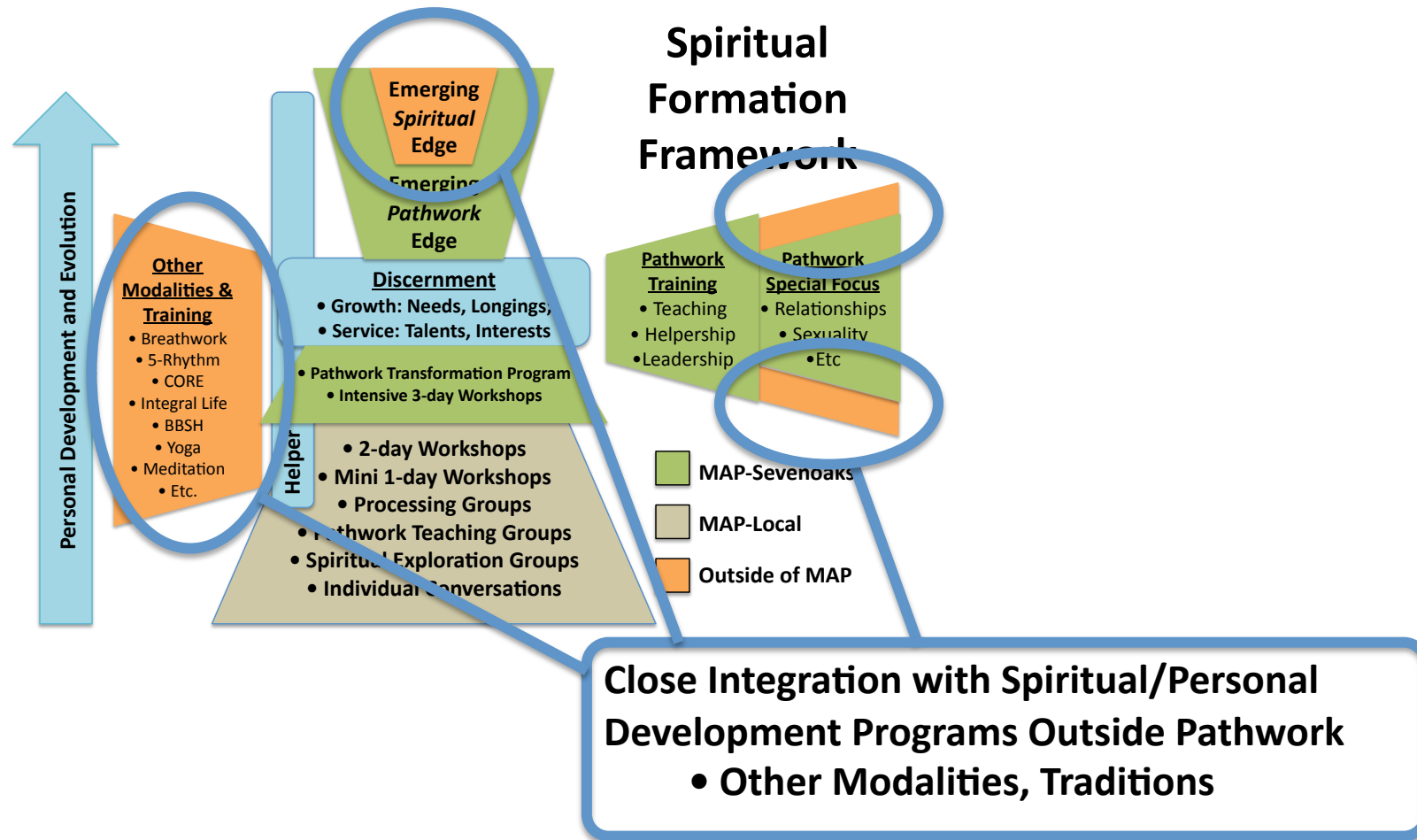
- Led by Director of Training/Pathwork Council
- For students with aptitude and interest in
 - Teaching Pathwork
 - Helpership
 - Community Leadership (Emissaries)

Key # 5

Spiritual Formation Framework

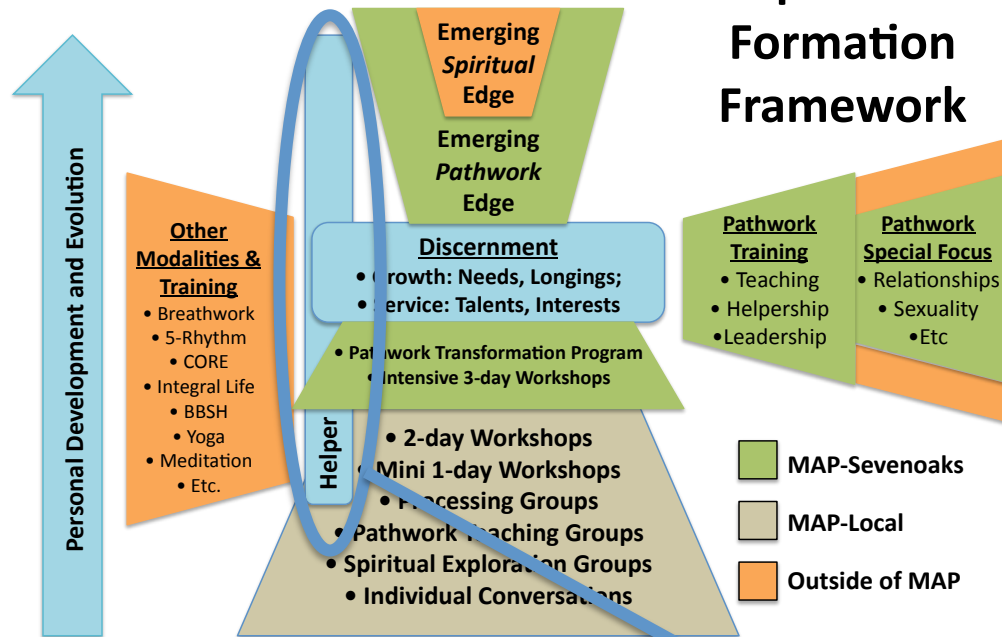


Key # 6



Key # 7

Spiritual Formation Framework

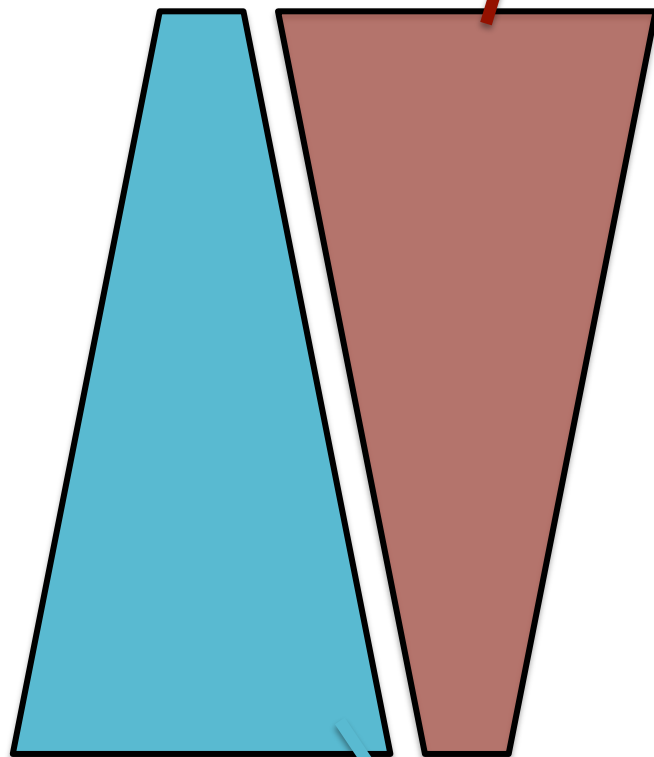


Strong Helper Throughout

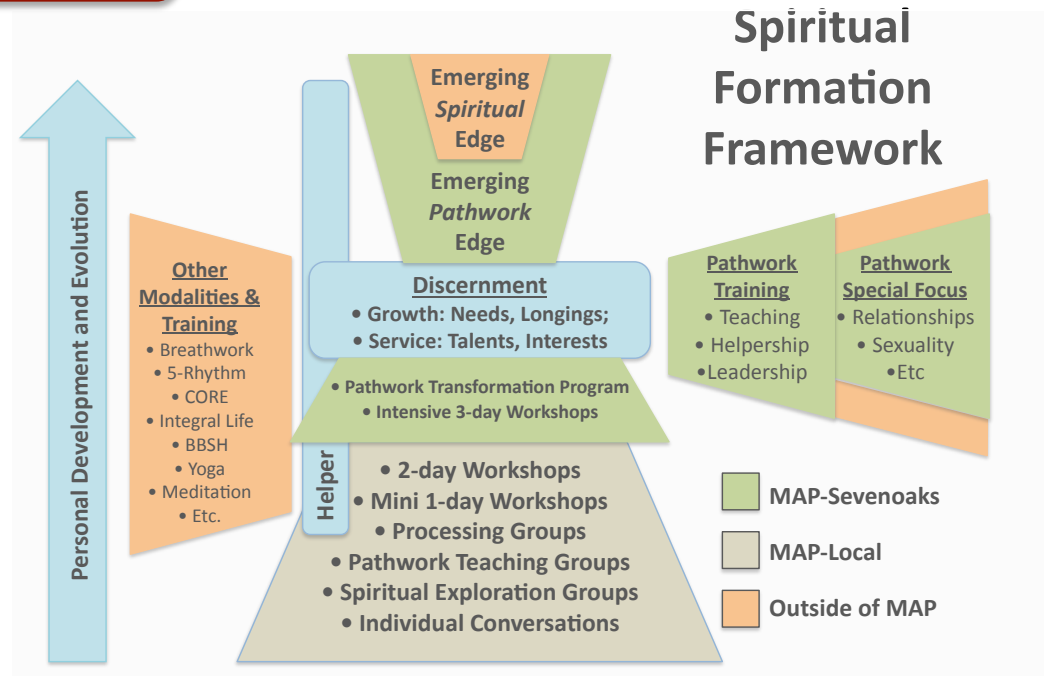
- After spiritual traveler decides to pursue Pathwork
- Pathworker never outgrows need for helper

Blending Stage 1 and Stage 2 Pathwork -- Throughout

**Stage 2 Emphasis – Spiritual Practices
Grace, Transformation, Inspiration**

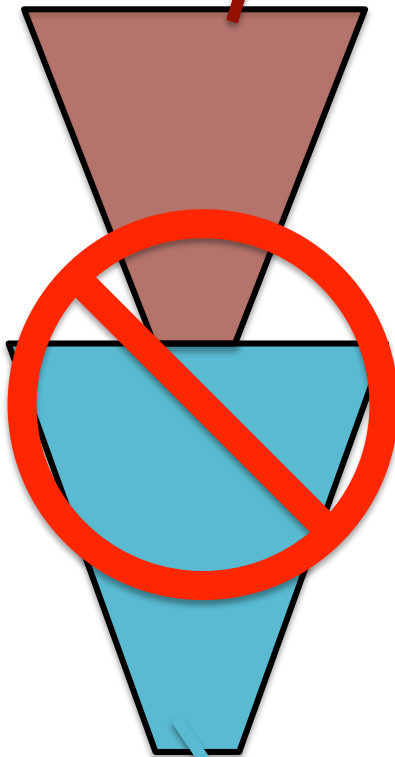


**Stage 1 Emphasis – Psychotherapeutic Work
Self-Responsibility, Purification**

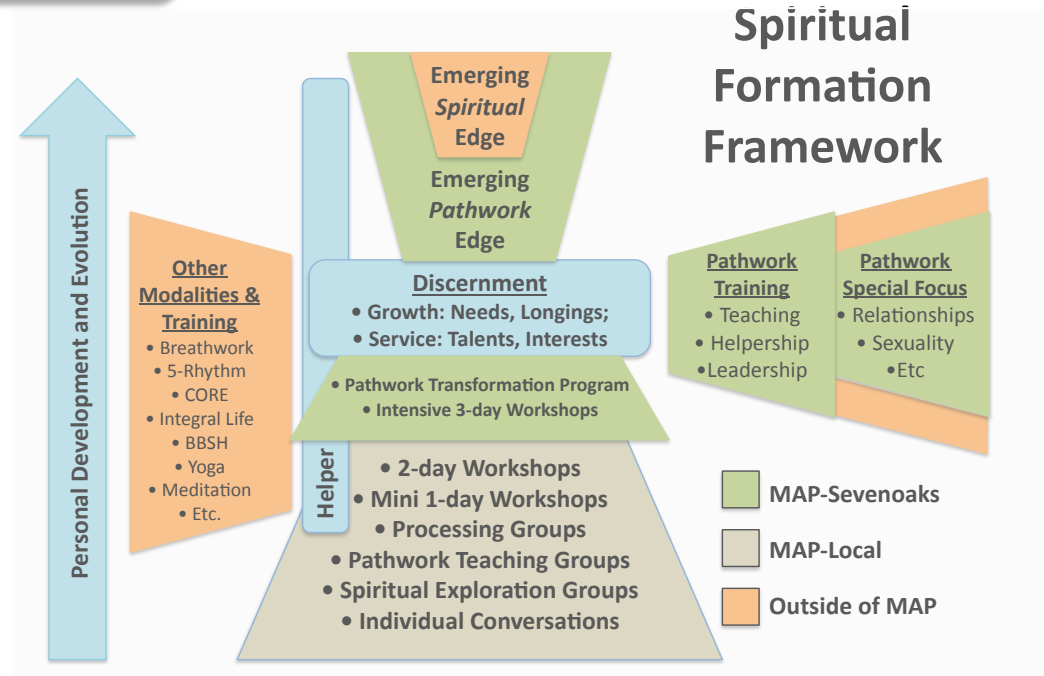


Blending Stage 1 and Stage 2 Pathwork – NOT Sequential

**Stage 2 Emphasis – Spiritual Practices
Grace, Transformation, Inspiration**

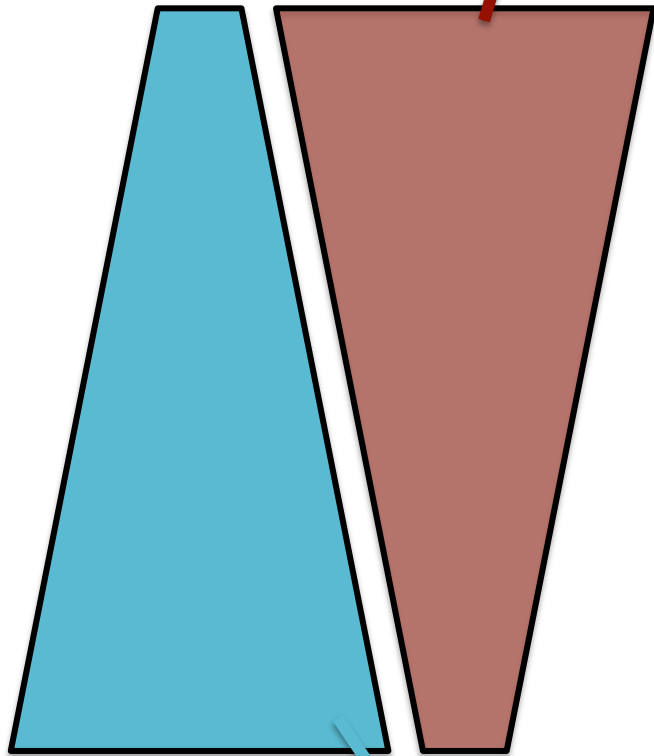


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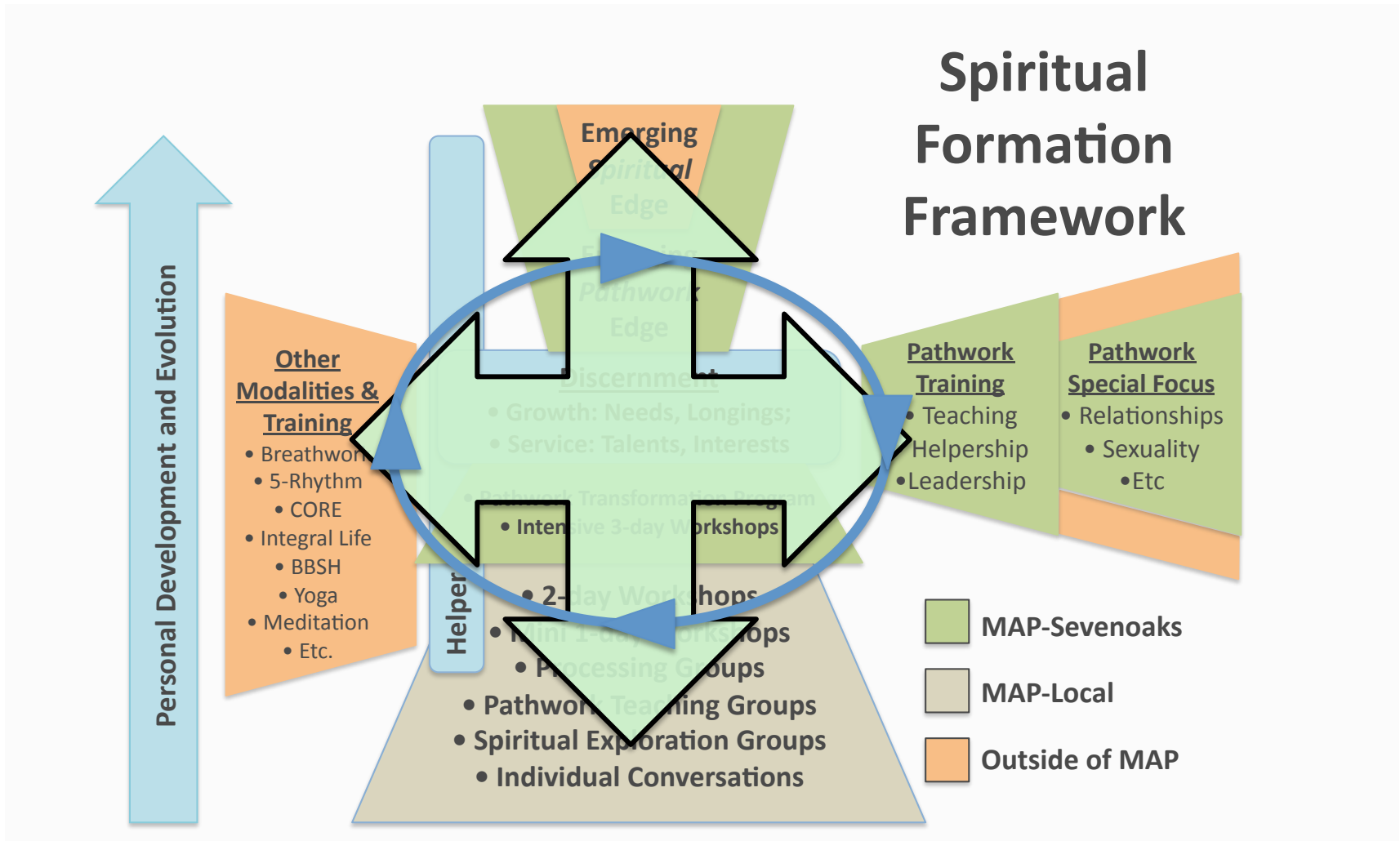


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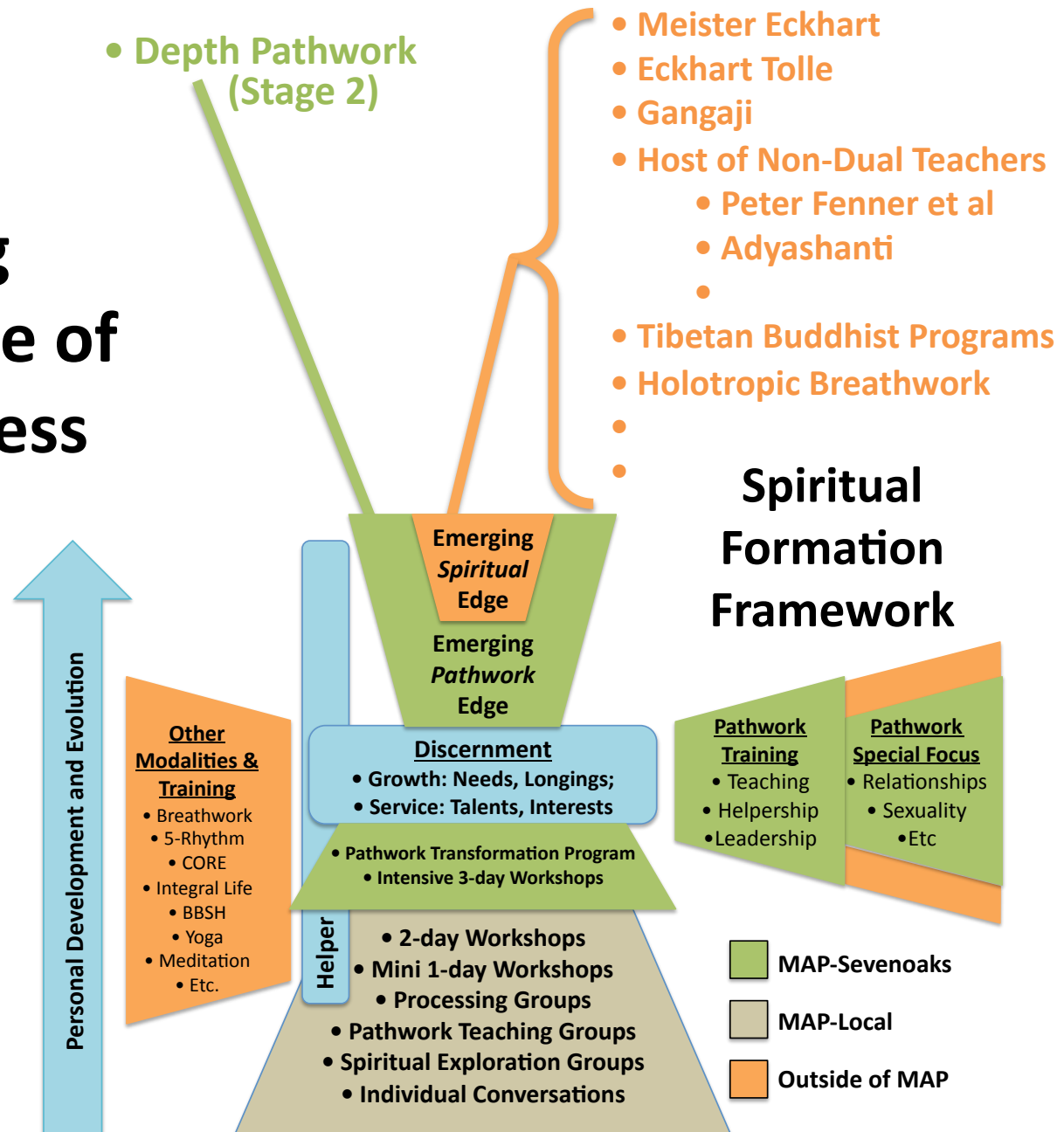
- **Stage 2 Pathwork Needed From Beginning:**
 - To Inspire the Worker to do the hard work of Phase 1 Pathwork
 - To meet new students where they are – sometimes already far along their spiritual journey – sometimes they come with hunger for the spiritual rather than with a problem
 - When entering the realm of negative intentionality one needs Spiritual help of Phase 2 (Transformation)
- **Stage 1 Pathwork Needed from Beginning to the End – one does not outgrow Stage 1**
 - The Path is Spiral, and one continuously comes to deeper and deeper hidden Lower Self Aspects that have to be worked via
 - Stage 1 (Purification) and
 - Stage 2 (Transformation) work
 - New workers who are more spiritually oriented need to go back and do the psychotherapeutic work of Stage 1 (purification)

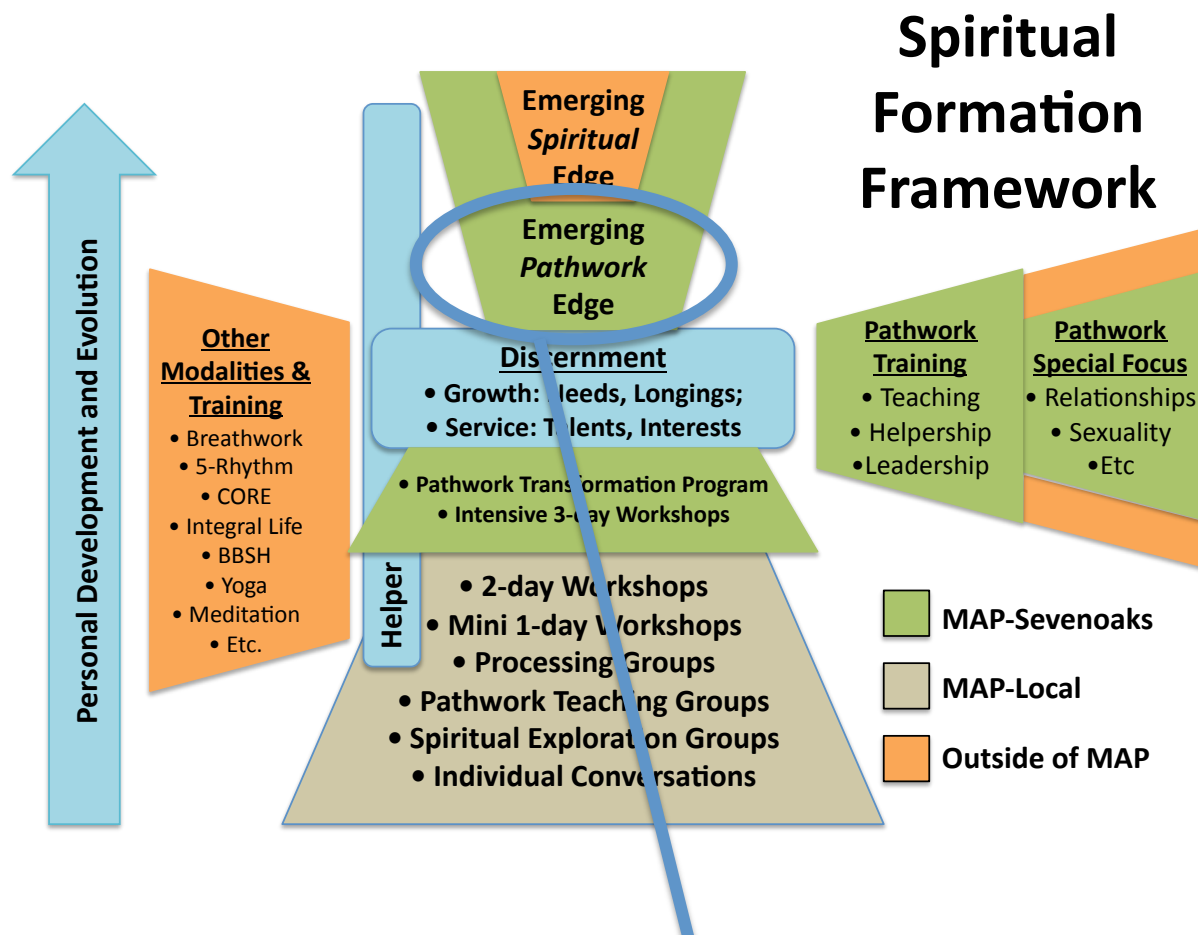
Horizontal and Vertical Growth

The Spiral of Spiritual Development



Emerging Spiritual Edge of Consciousness





Mid-Atlantic 2012/13 Pathwork Graduate Program

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A Teaching Interlude:
Back To the Pathwork Guide...
On the Nature and Purpose of Deeper Pathwork
(Let us read together)

- **Let us restate the meaning of self-realization.**
 - I shall use new words to reach you in a more dynamic way.
- **Self-realization means to bring forth, as a living reality, the kernel of your spiritual being -- the kernel of self that is eternal.**
 - This is, I repeat, not a religious concept for a faraway future. It is immediately available.

On the Nature of Deeper Pathwork

(Continued)

- How can some of the results or manifestations be best described?
 - I might say that a new area is awakened, located in the center of your body, around the solar plexus.
 - From this area new life flows –
 - new feelings,
 - a new way of perceiving and responding,
 - a new way of knowing life, people, values, and events.
 - Everything is endowed with a new luminosity and a deeper meaningfulness.
 - Beliefs change, or they feel different.
 - The scope of an opinion, conviction, or sensation widens and deepens.
 - Everything becomes fuller.
 - The self becomes at once intensely personal and universal.
 - What appeared to be contradictions suddenly unify without a breach of logic.
 - Fear vanishes, and life becomes unending pleasure just because its opposite is no longer feared.
 - The opposite of the desired state of fulfillment and happiness is not avoided, but its illusory nature is unmasked by going through it.
 - Thus there is nothing to fear.
 - The creative power of the self is available at all times, because of the personality's freedom from fear.

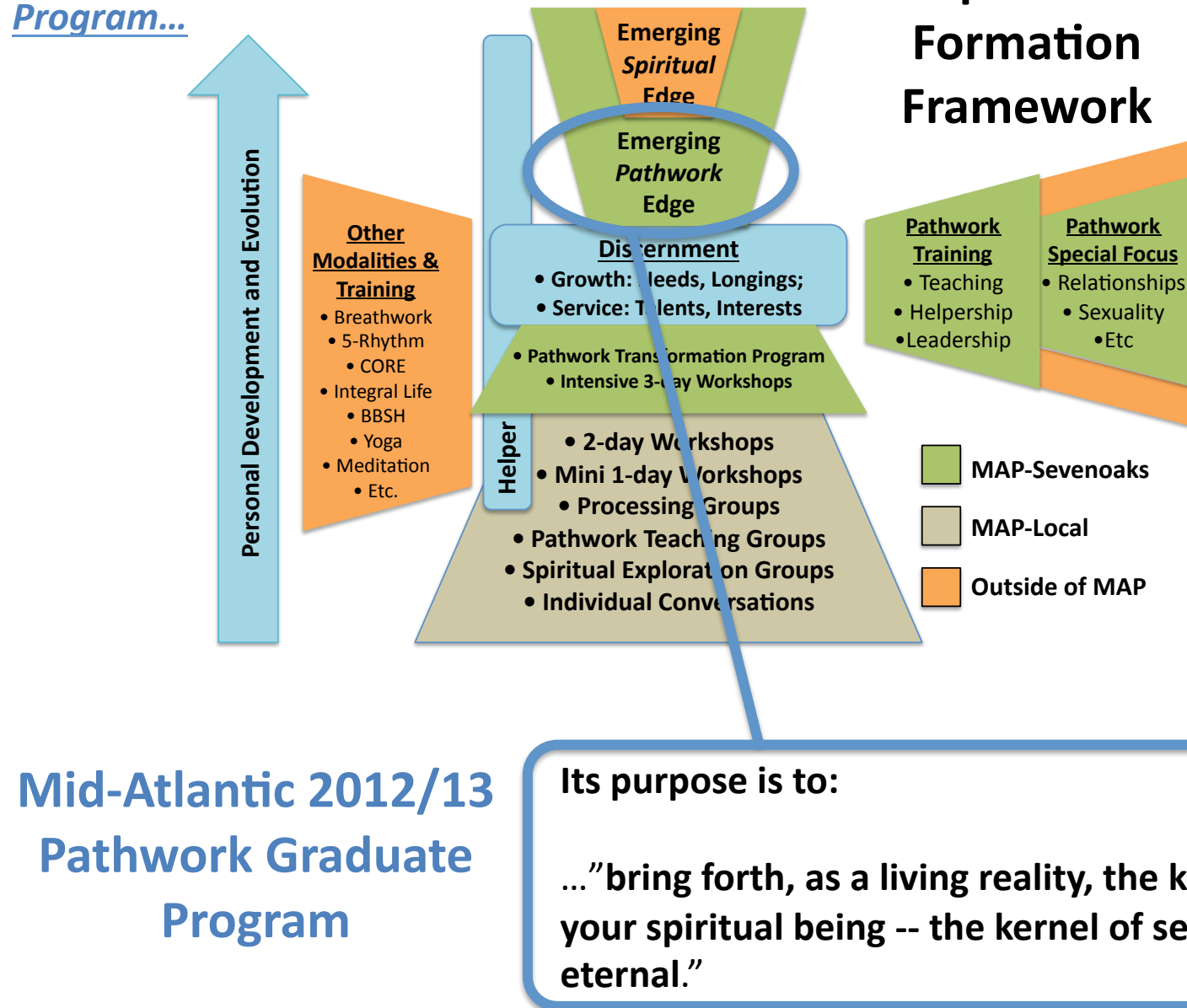
On the Nature of Deeper Pathwork

(Concluded)

- These words are inadequate to describe the state called self-realization. But they may give you a glimmer of what is to come; perhaps you have begun to experience this state to a small degree once in a while.
 - It comes gradually, and yet, at times, suddenly.
 - Only when all surface layers and all contradictory trends of consciousness have unified with the innermost being can this state become a steady condition of the soul. (Pathwork Lecture 165 ¶11-12)

So Back to the Graduate Program...

Back to the Graduate Program...



Now For Further Discussion – Fitting
It All Together...

