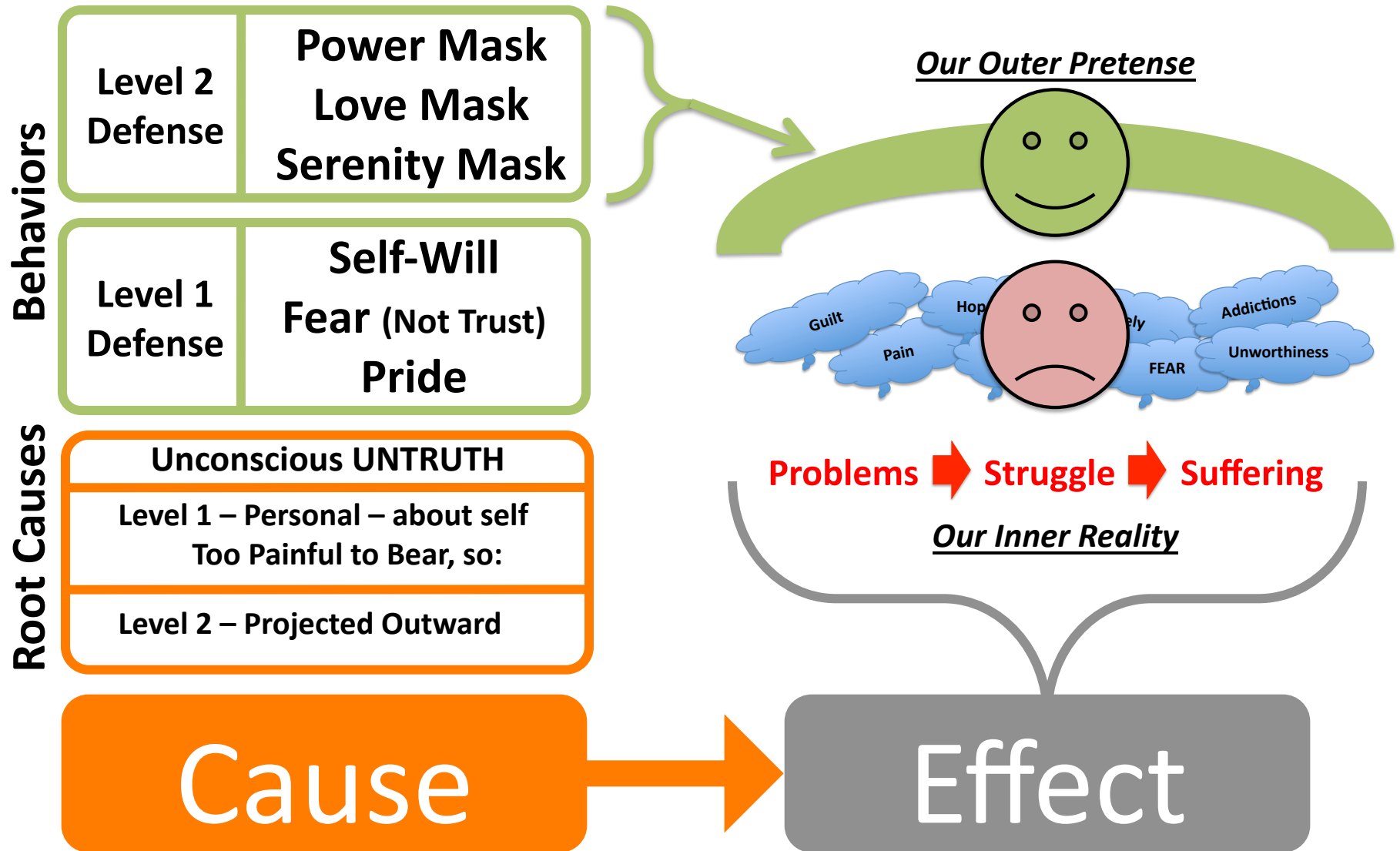
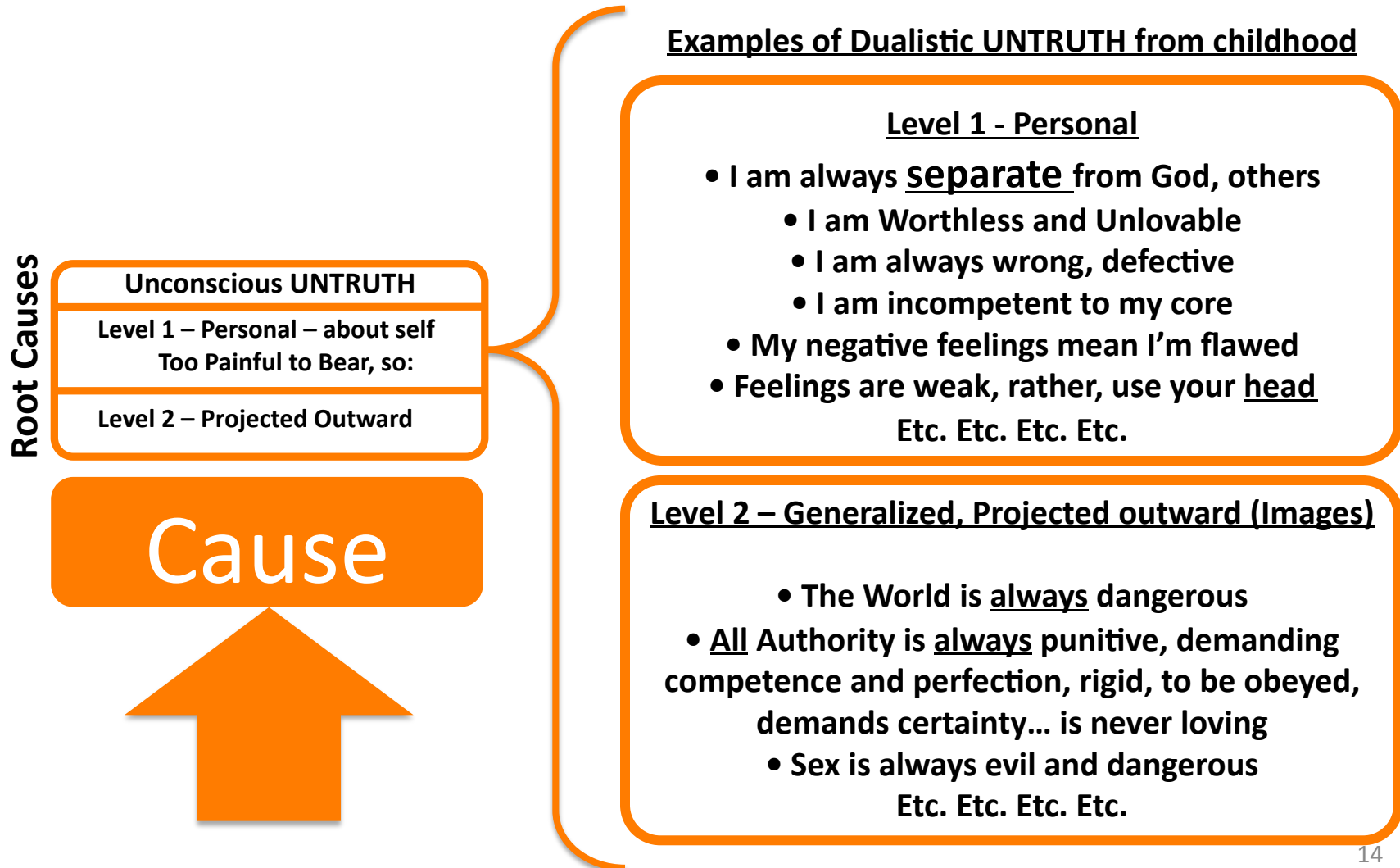


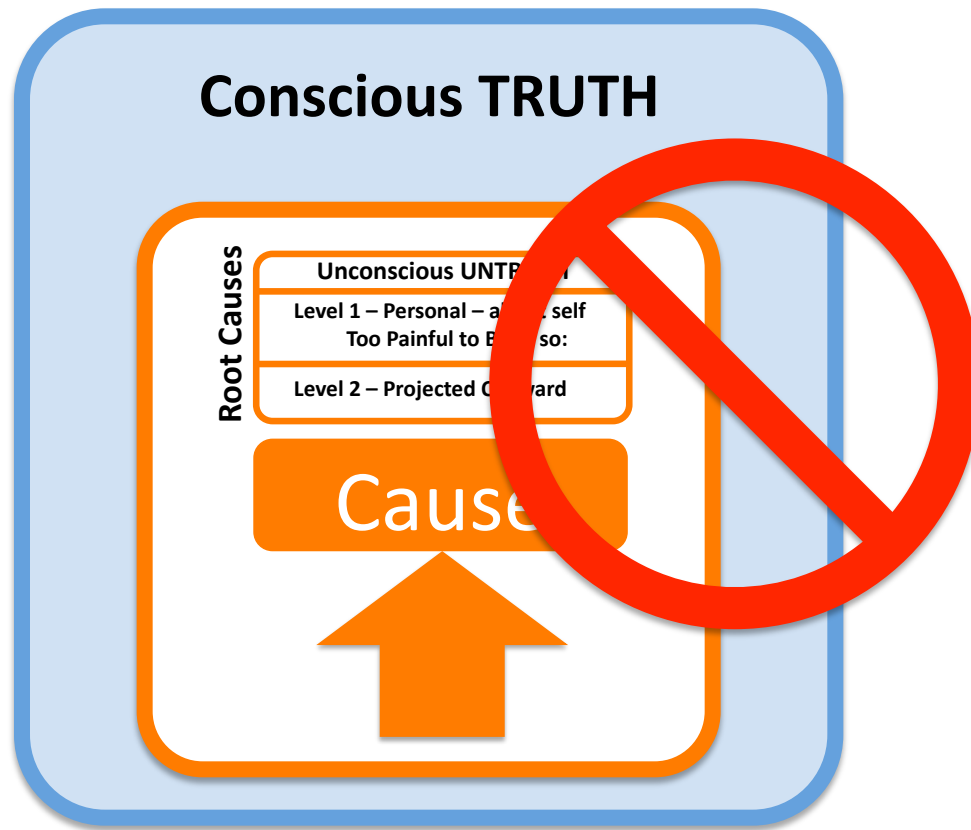
On a Deeper More Complete Level



To Tackle Life – We Address the Root Causes of Suffering – Replacing UNTRUTH with TRUTH

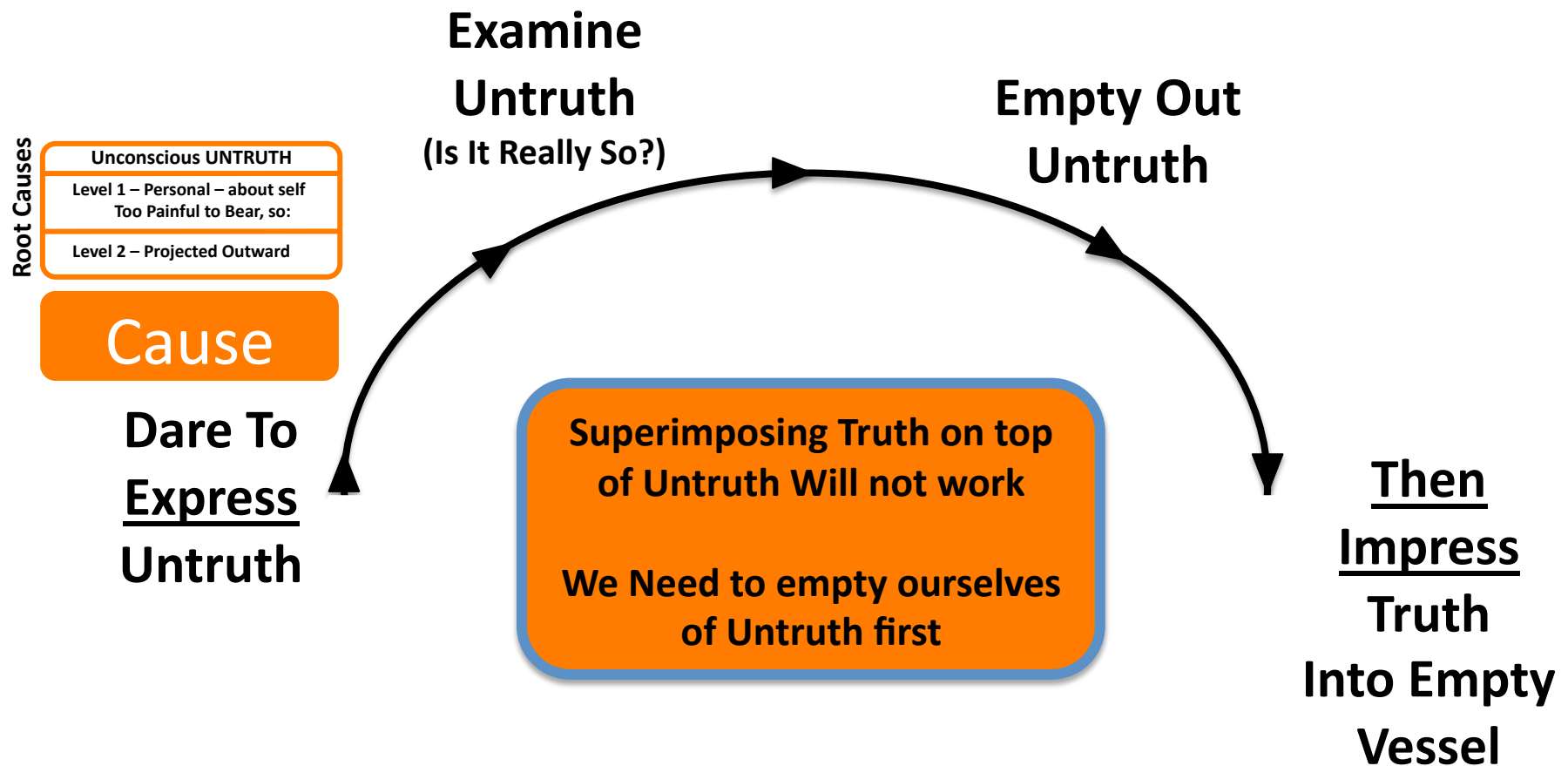


But Cannot Superimpose Conscious Truth On Unconscious Untruth

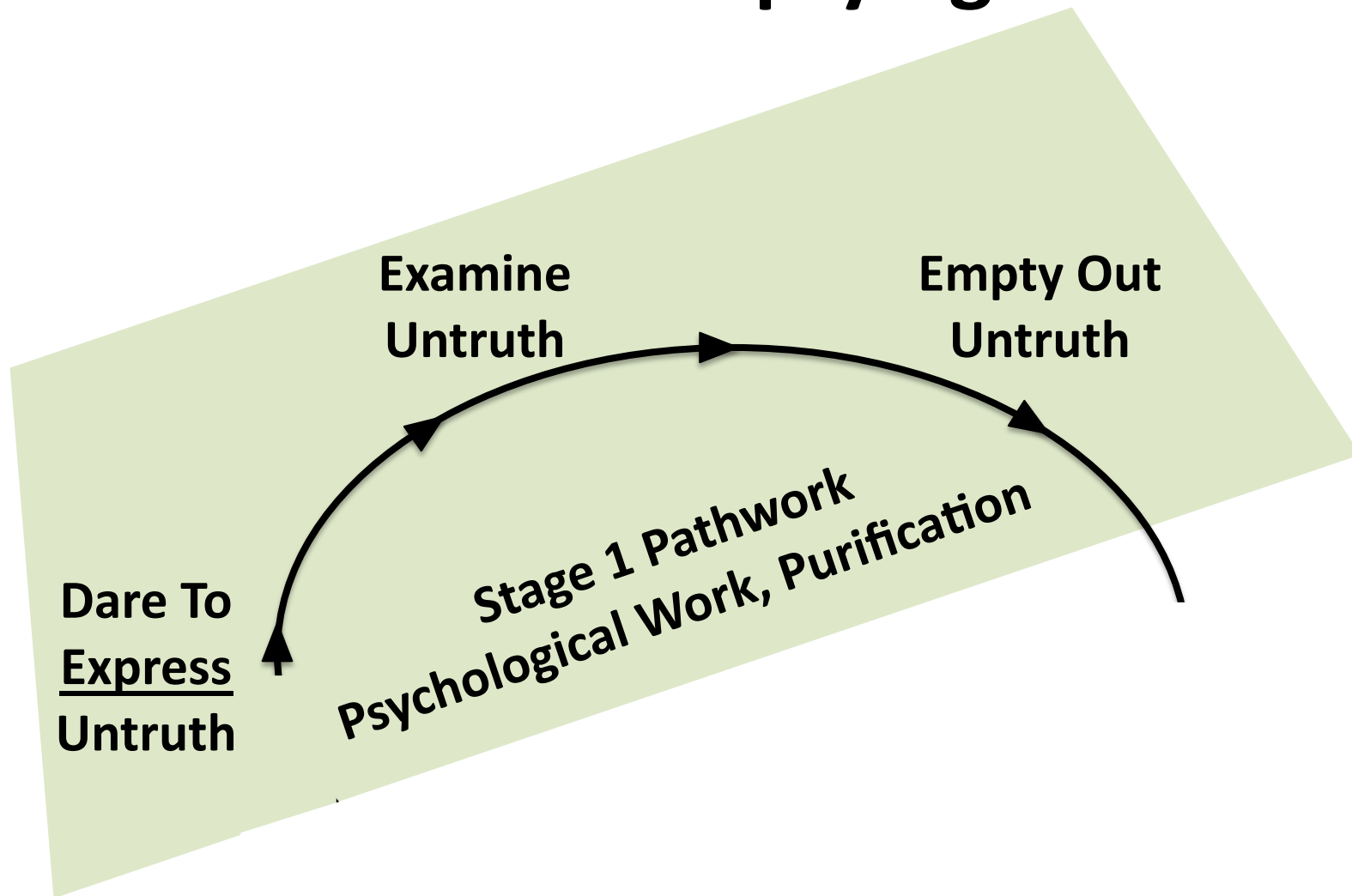


- Truth superimposed on top of Untruth will not hold
 - Unstable
 - Untruth will leak out sideways and have negative effects
 - Especially if the Untruth is unconscious

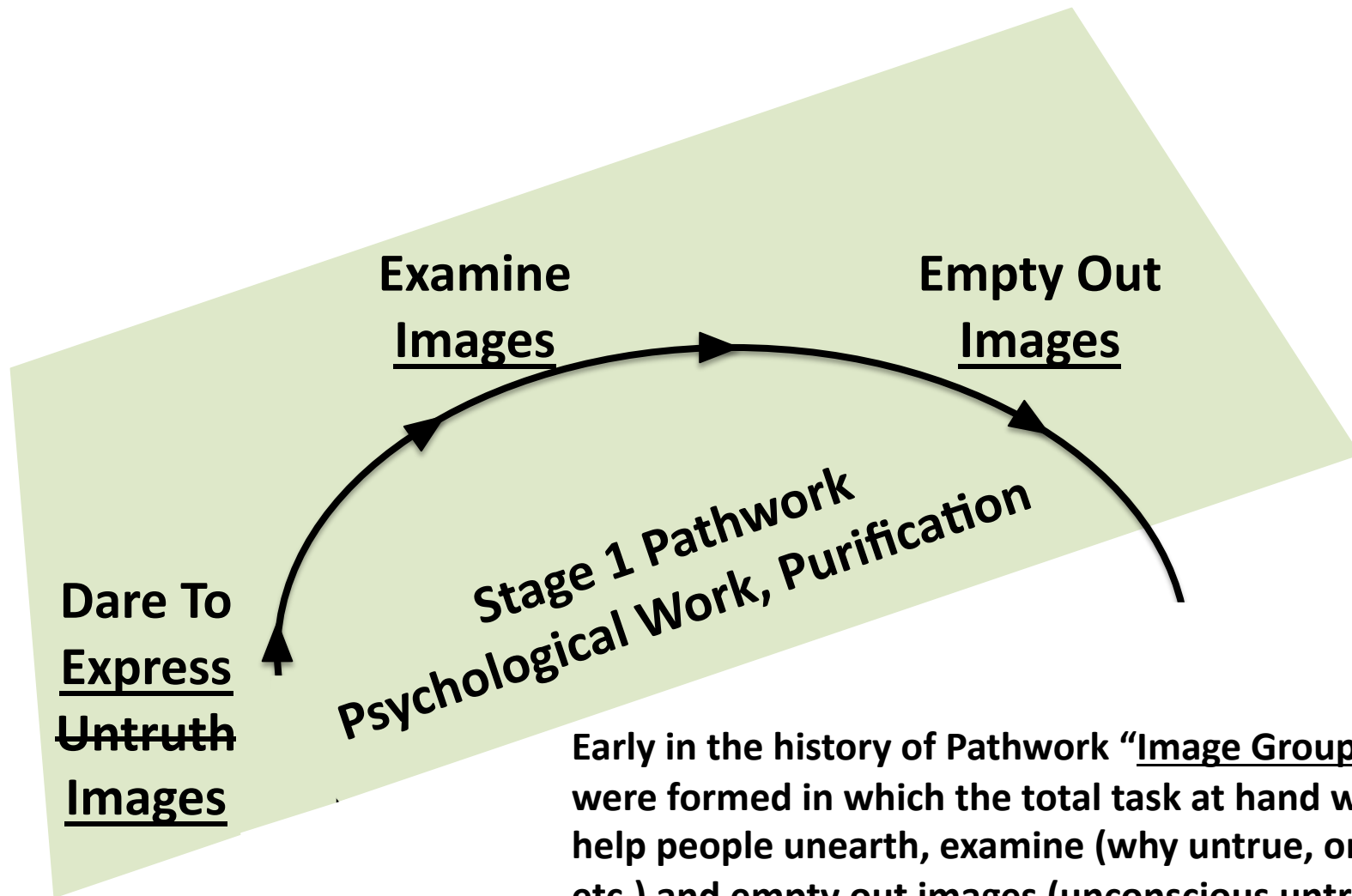
Radical Idea 2 – Empty Before Filling



Stage 1 Pathwork – The Expressing and Emptying



OR: Stage 1 Pathwork – Expressing and Emptying Out Images



Early in the history of Pathwork “Image Groups” were formed in which the total task at hand was to help people unearth, examine (why untrue, origins, etc.) and empty out images (unconscious untruths) – a major phase of Pathwork.

Stage 1 Pathwork – 2 Tools

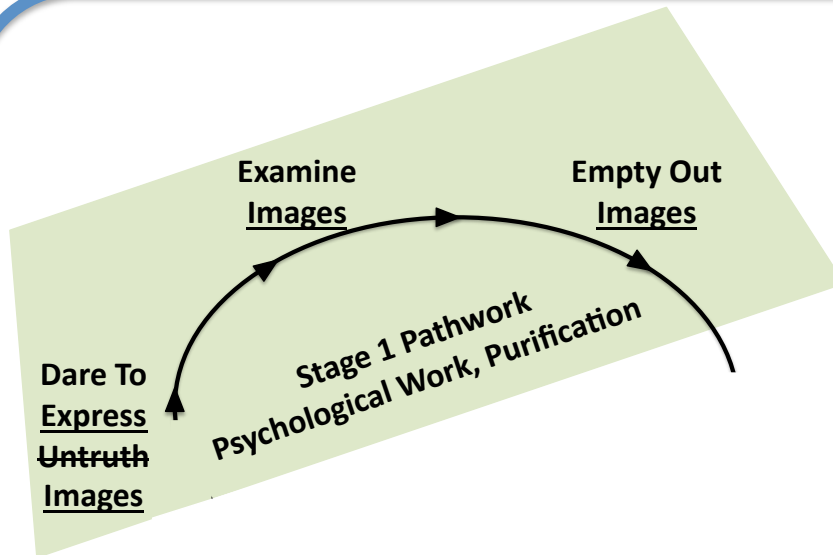


Problems ➡ Struggle ➡ Suffering

Clouds – Disharmonies in Daily Life

- **Tool 1 – Daily Review**

- Identify and keep track of, in detail, the disharmonies (clouds) in daily life.



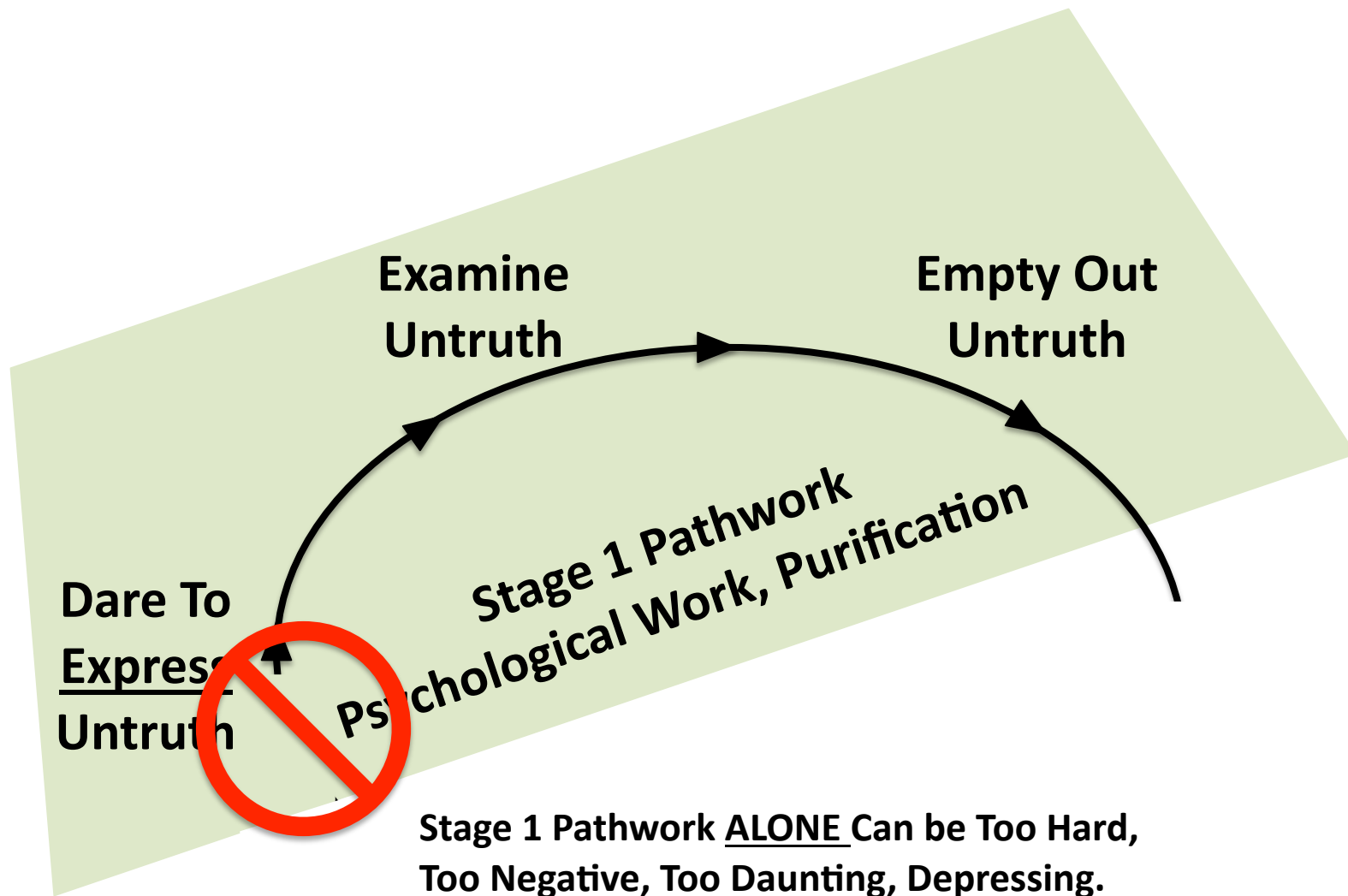
- **Tool 2 – Image Work**

- Dare to mine from the unconscious the images that have formed and guided one's entire life.
- Examine images (their origin, why untrue, etc.)
- Release images – empty them out of the psyche

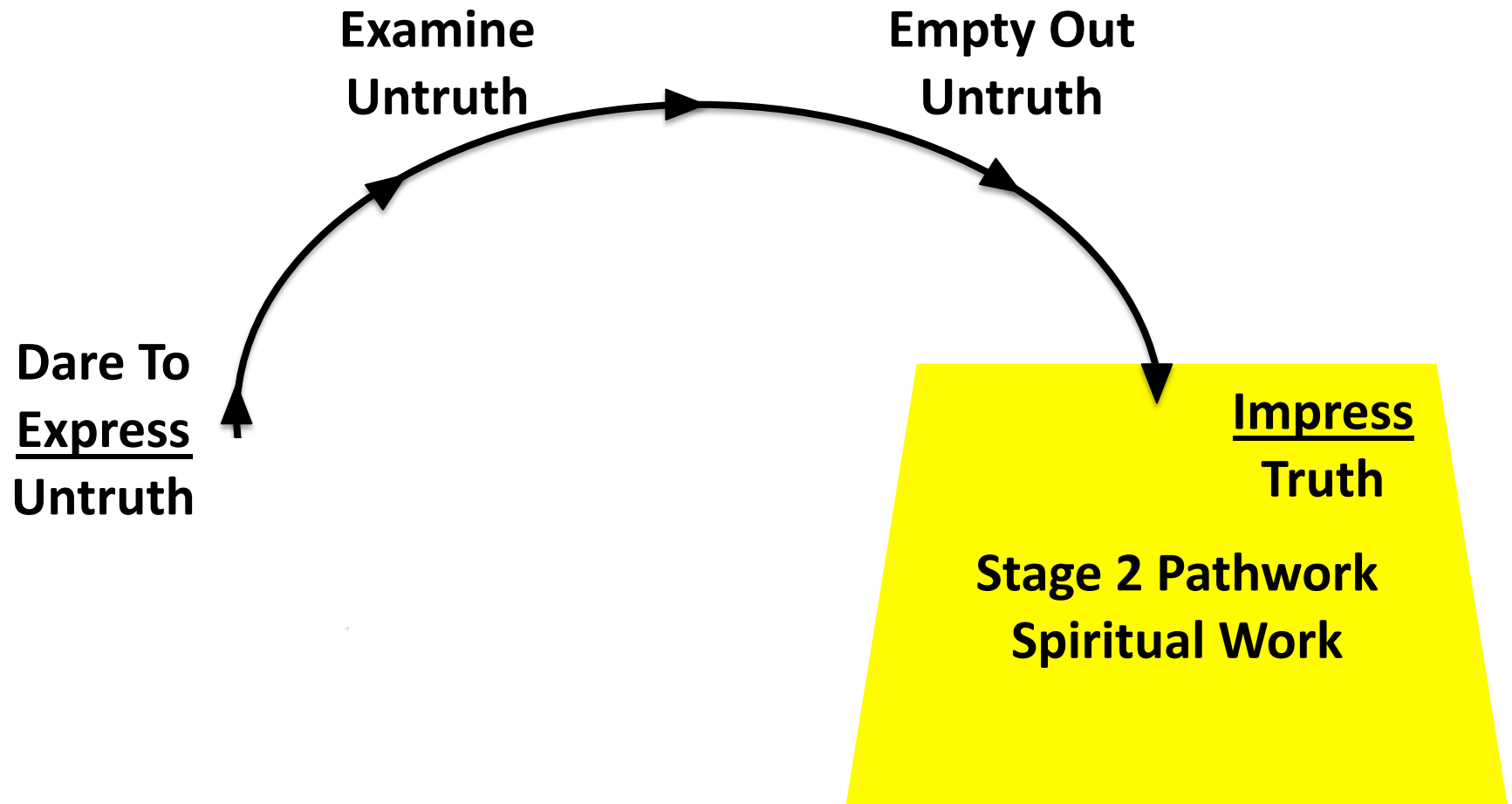
But We Resist!

- **We resist admitting disharmonies and finding the images (untruths)**
 - We have built our entire life and sense of security and identity on these untruths – our defense against the pains of life
 - This body of untruths has resulted in a powerful defense system, an armored web of patterned behavior
 - All of these Level 1 (Pride, Self-Will, Fear) and Level 2 (Masks of Power, Love, and Serenity) defense patterns are in our unconscious, and often we think our life has “worked pretty well” – we deny or dismiss our disharmonies.
 - A huge perceived risk to undo what has served us well for living our entire life

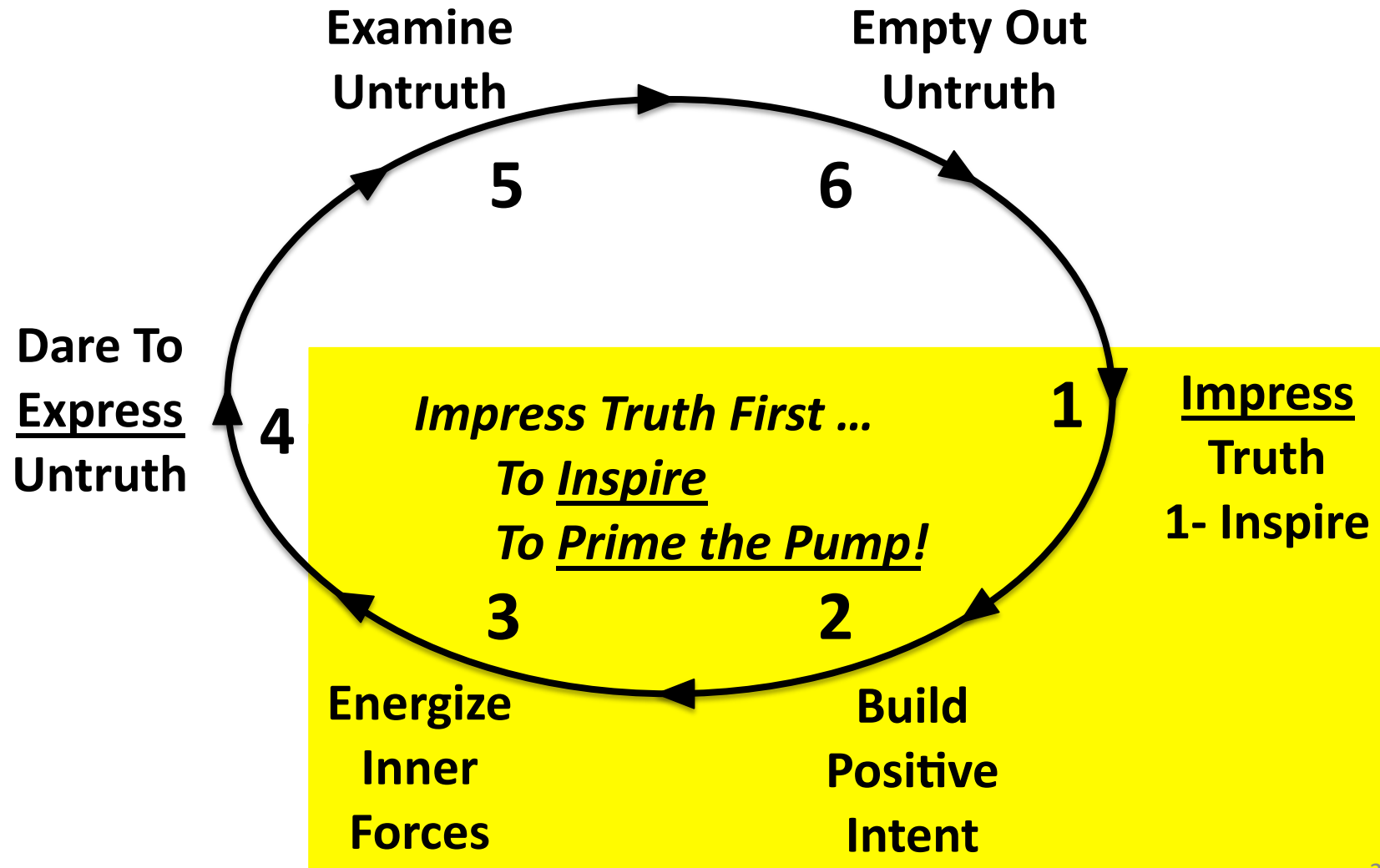
Stage 1 Pathwork Is a Very Challenging Place to Begin the Journey



So We Look For Help From Stage 2 Pathwork – The Impressing of Truth



Radical Idea 3 – Need To Impress Truth First even though Vessel is not Empty



Radical Idea 4 – A BIG Truth – Sun Is Behind the Clouds



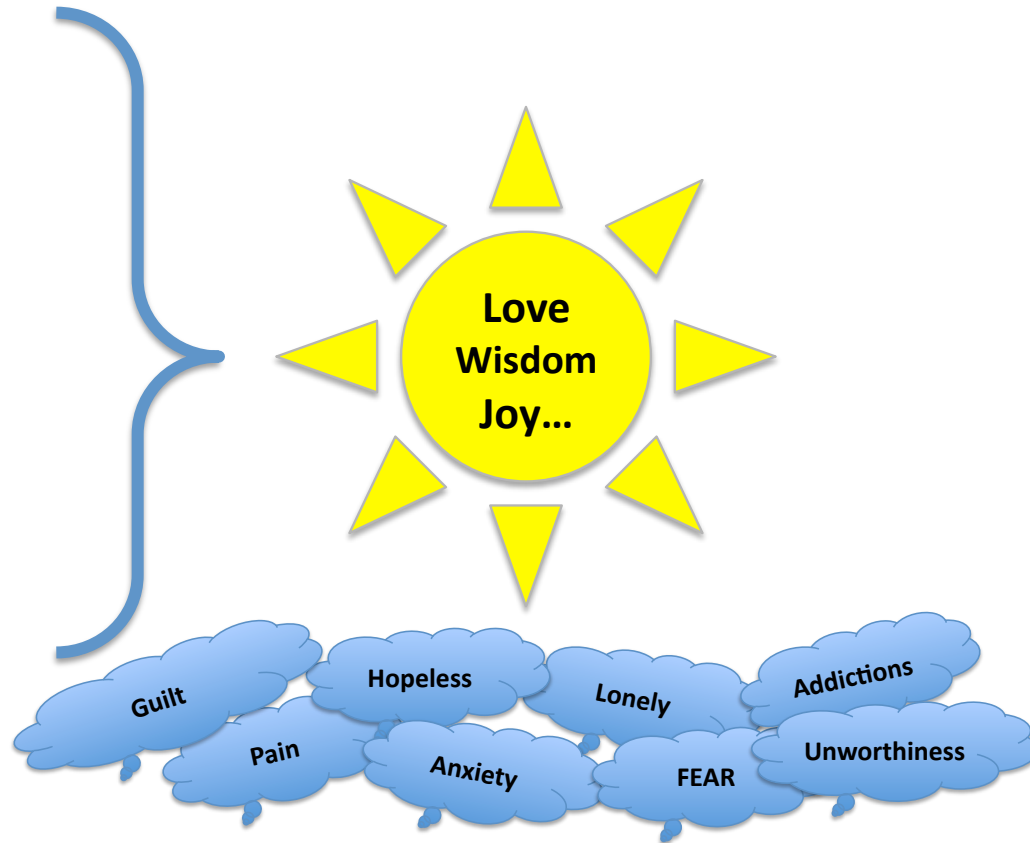
Problems ➡ Struggle ➡ Suffering

Clouds – Disharmonies in Daily Life

Impressing: Let the Big Truth Sink Into Our Cells

God is on our
side and wants
our happiness

We Are NOT
Separate



Problems ➡ Struggle ➡ Suffering

Clouds – Disharmonies in Daily Life

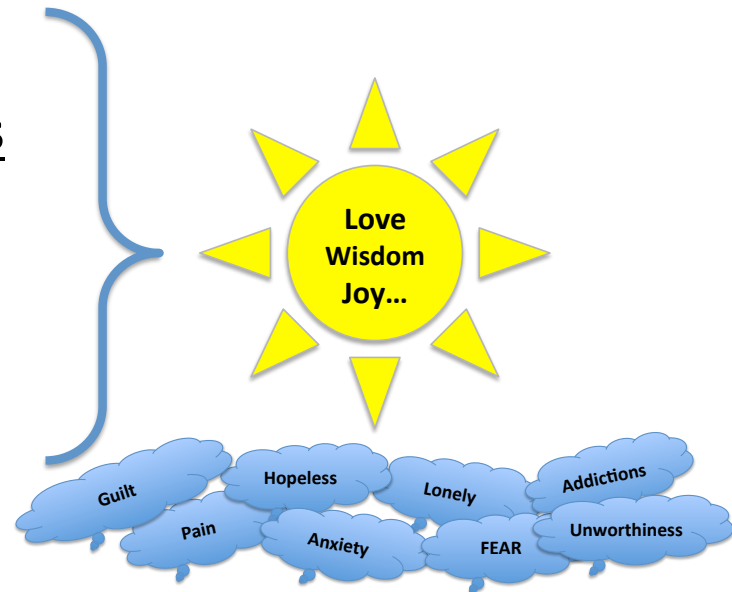
Radical Idea 5 – We Begin Our Pathwork Spiritual Journey with

Stage 2 Pathwork – Coming to consider the possibility that the TRUTH is that the Sun is behind the Clouds (i.e., Disharmonies) in our Life

Start
Spiritual
Journey with
Stage 2 –
Consider This
Truth

God is on our
side and wants
our happiness

We Are NOT
Separate



Problems ➡ Struggle ➡ Suffering

Clouds – Disharmonies in Daily Life