

Pathwork on  
**Manifesting our Inner Magnificence**

In this beautiful *Christmas Lecture 1975*, Lecture 239, given 3 years before Eva's Death, ***we are challenged to manifest the Christ within***, that is, to manifest our true Higher Self, our Divine Spark, our Inner Magnificence rather than manifest our distorted masky Idealized Self Image that, in fear, tries to *appear* divine but with an insistence of being separated from Source. The latter, to the theme of "I'll do it my way," takes enormous work, exhausting effortful work. It brings no joy, no peace, no satisfaction and in the end satisfies only our pride and vanity, and that only for a brief moment before we return to our vicious circle of getting back on the treadmill of our isolated and exhausting life. The former takes lots of work as well, but it is an effort toward purification so that our Higher Self can manifest unobstructed by all the distortions we carry in our personality. Because we are being energized from within, however, the work of purification and subsequent manifestation of the Christ within is effortless effort.

19	QUESTION: I find that I am filled with distrust and suspicion and fear and it manifests in paralyzing my creativity and ability to work and to pull things together economically in my personal life. I wonder if you could help me?
20	ANSWER: This first early stage on your path is the most difficult struggle. The further you go the easier it becomes. But in this first phase you find it difficult to remove your mask self and look at your lower self without losing sight that you also have a higher self. Yet this higher self must not be confused with the mask self you have identified with for a long time. You confuse this mask self with your higher self. To remove the mask self is complicated, for if you only focus on the lower self you despair. At the same time, if you revert to your mask self, you are right back where you started from. Your despair is that you cannot differentiate between the mask self and the real higher self, and that you believe that if the mask self is taken from you, you are going to disintegrate into an evil person. Now, the lower self is there; it is never beautiful; it cannot be; it is a distortion of the beauty. However, you need to pray for the courage and the strength and the faith to go through it so that you will find the real higher self, not the false version of it. In this initial struggle, my suggestion is to make yourself available to all the help here for you; give yourself to every aspect the pathwork offers you and you will come through. You need also the meditational practice to make full commitment to the courage and the trust to give birth to the Christ in you as you go through your lower self and do not evade it by wishful thinking. Your distrust is an outpicturing of your inner lack of trust that there is a <u>real</u> higher self in you. Your distrust is that you know deep down that your mask self is not genuine and you project that lack of genuineness on the world outside. For it is a human being's weakness to always believe of others what they feel about themselves. One cannot suppose that others are different. You can go over these hurdles, and if you really want to, you can make it.