

**Pathwork Lecture 257**

**Aspects of the New Divine Influx:  
Part 1: Communication**

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# Divine Influx

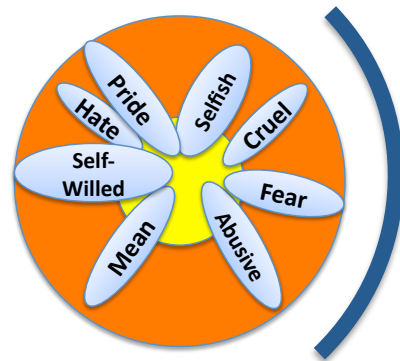
**Divine  
Consciousness  
Raises  
All Consciousness**

**Impacts:**

- **Communications**
- **Group Consciousness**
- **Exposure**

# With Limited Consciousness, Misunderstanding Happens

**A**



Wall  
of  
Hate

**B**

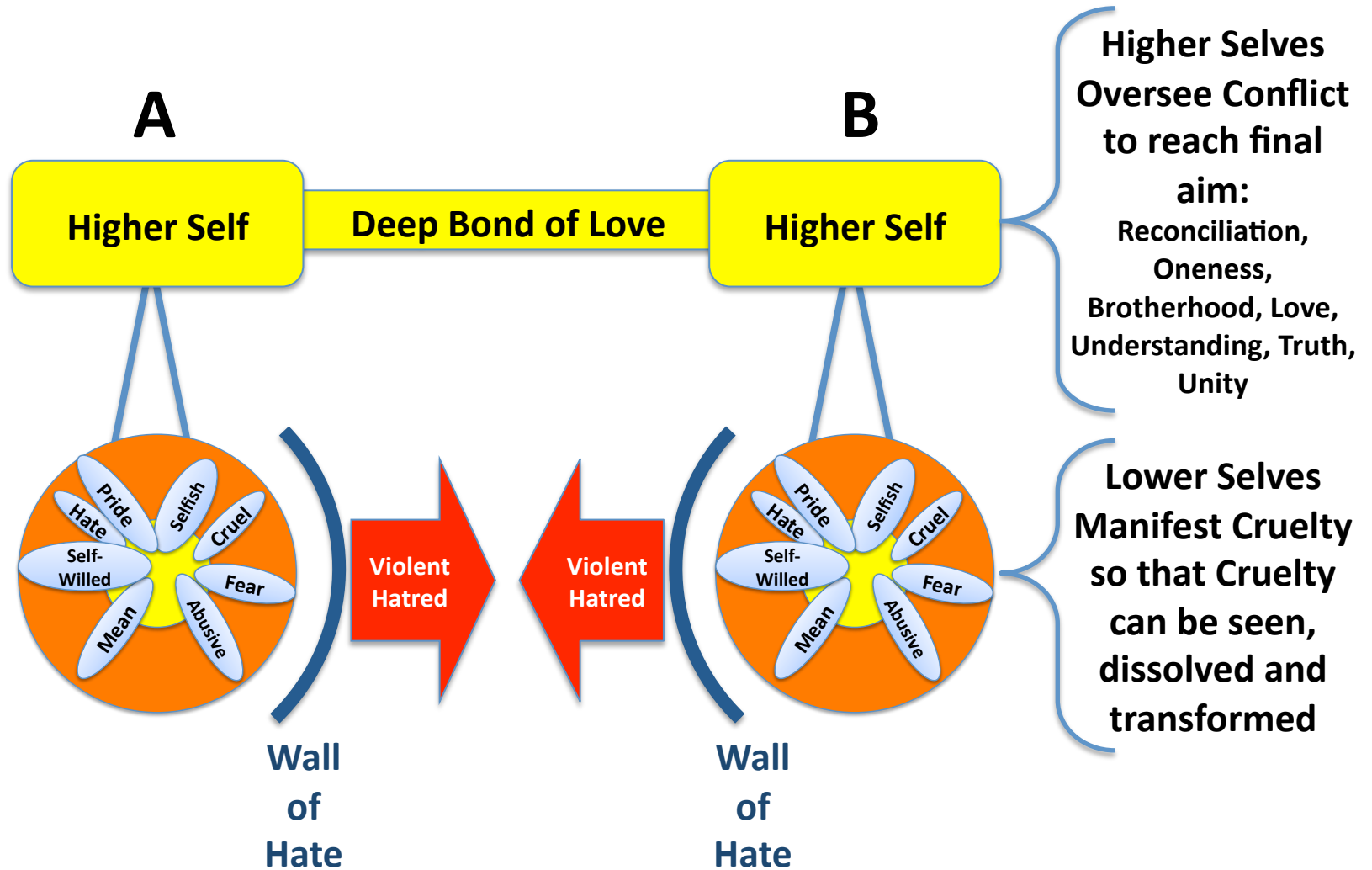


Wall  
of  
Hate

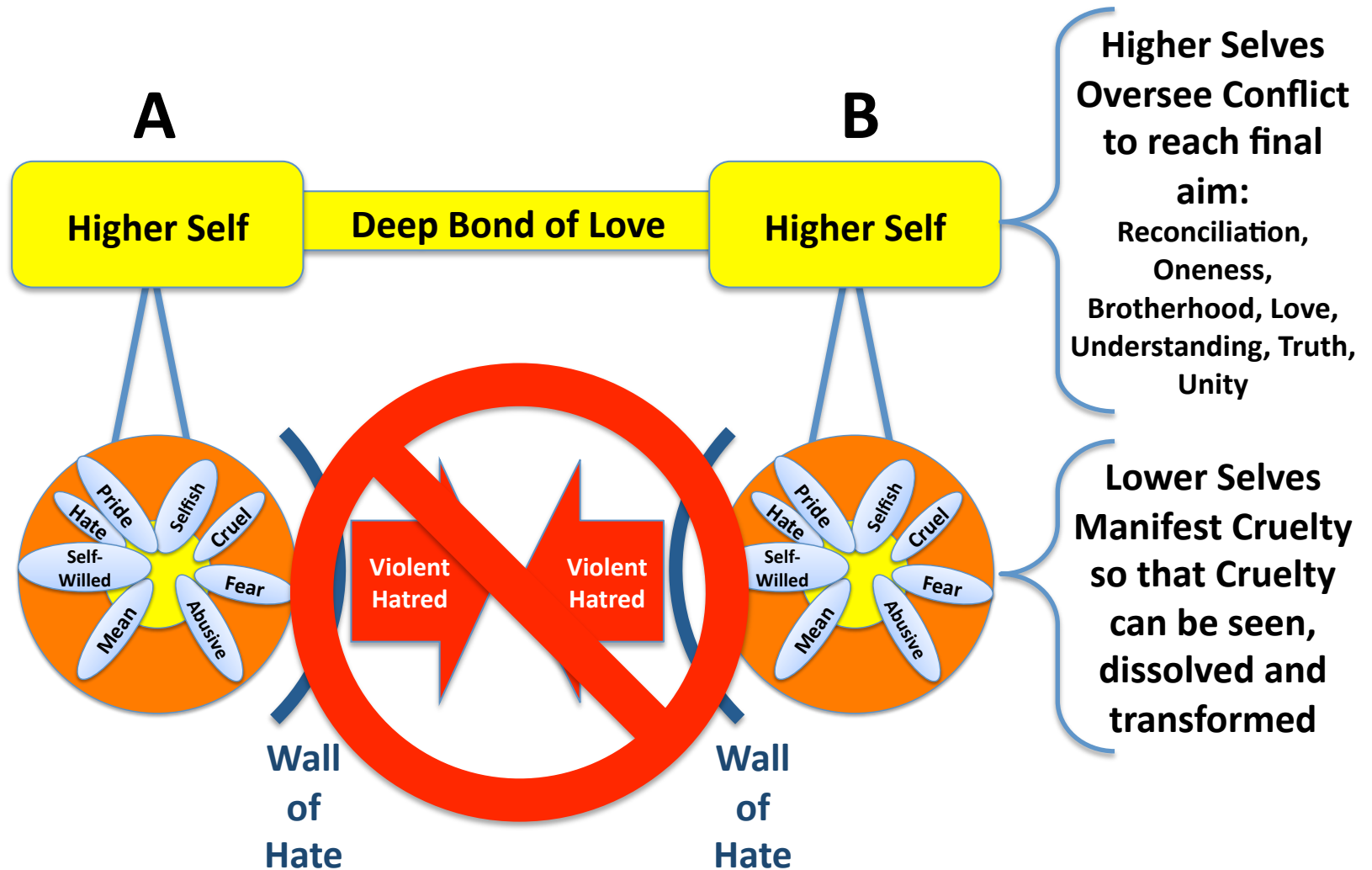
Facts, More  
Facts  
Arguments,  
Bravado

Facts, More  
Facts  
Arguments,  
Bravado

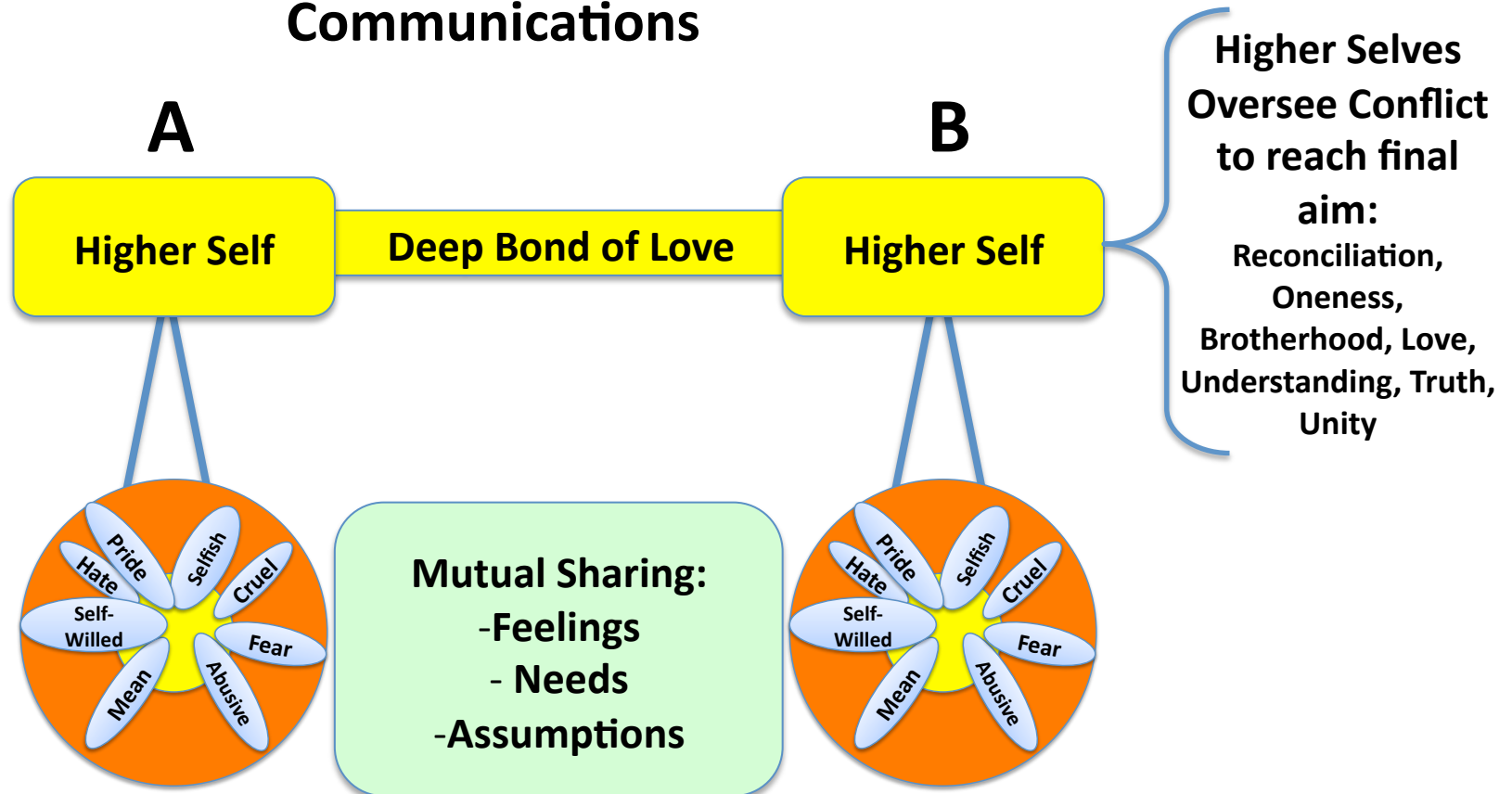
# Higher Consciousness Engages Higher Self



# Higher Consciousness Clears the Way for a New Way of Communications

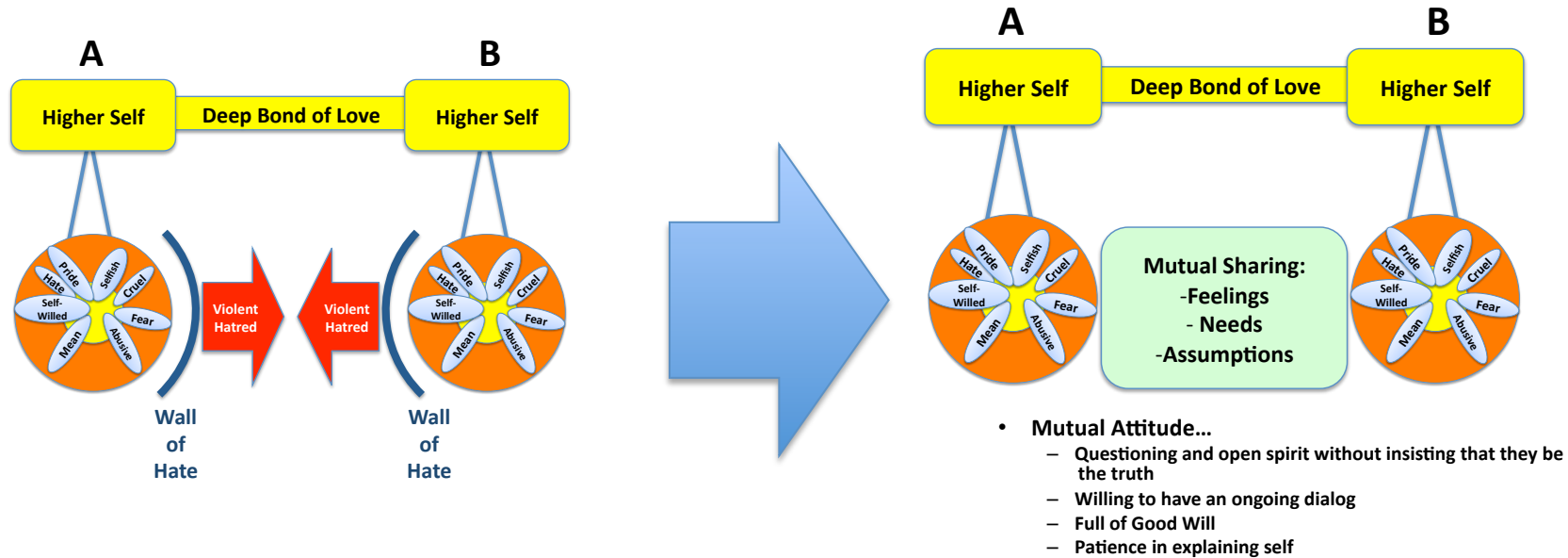


# Divine Influx supports a New Way of Communications

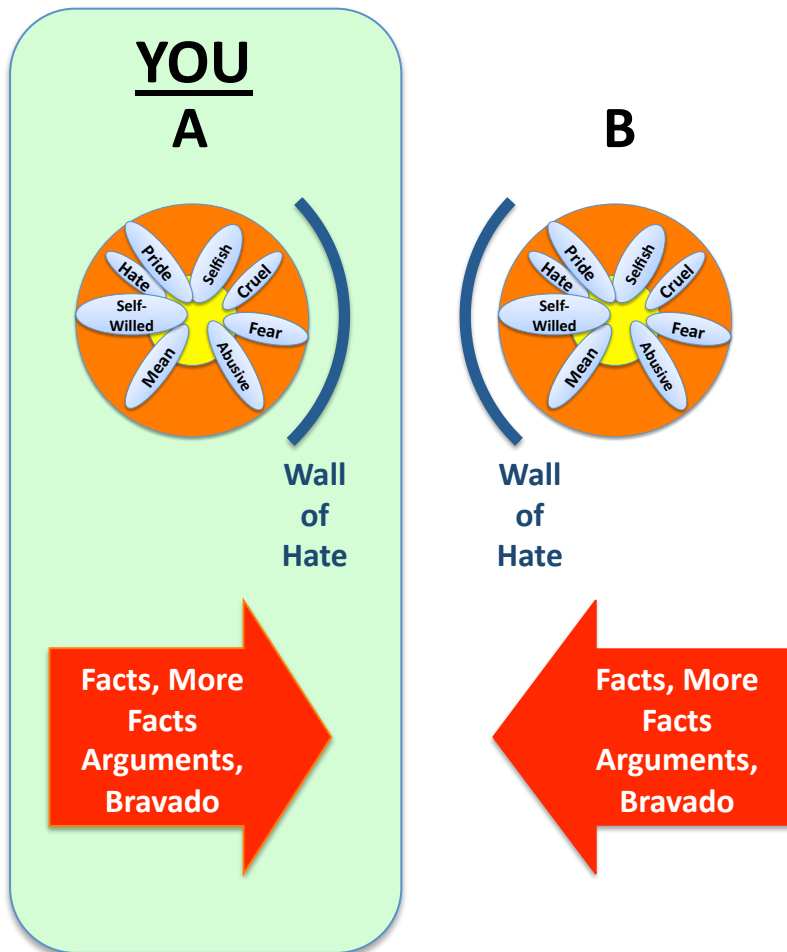


- **Mutual Attitude...**
  - Questioning and open spirit without insisting that they be the truth
  - Willing to have an ongoing dialog
  - Full of Good Will
  - Patience in explaining self

# The Process of Reconciliation



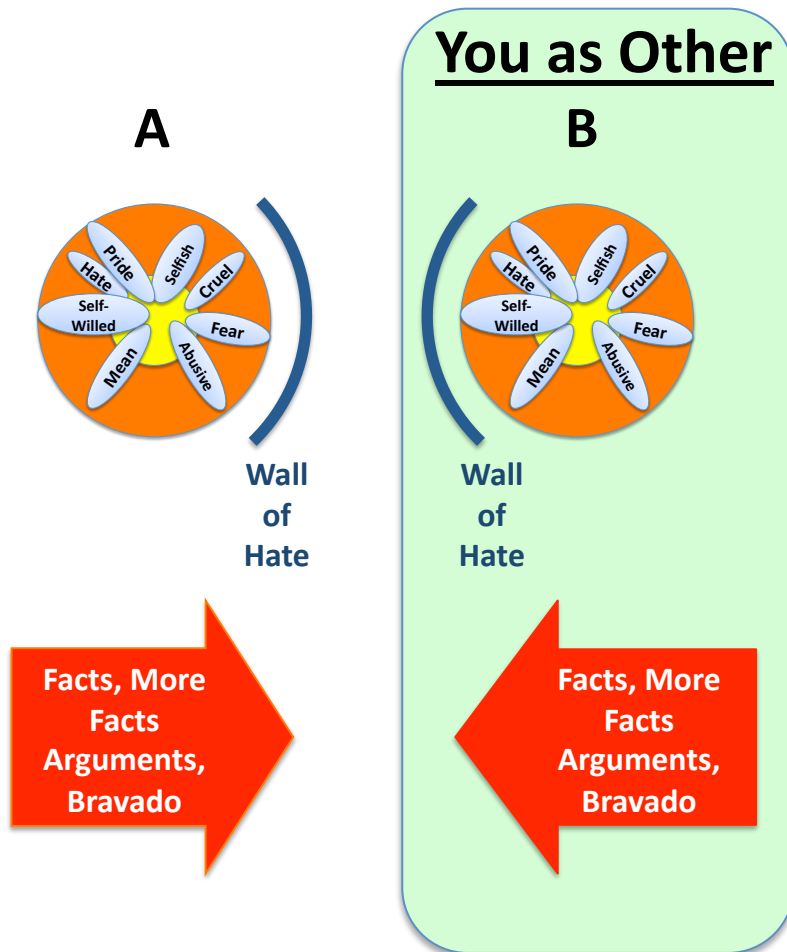
# Exercise – Trying Out a New Way



- Part 1
- Pick a person with whom you struggle
- Name the issues and points over which you are conflict
- Let pillow be other person, and take your stand in the “Old Way.” Really get into it! WIN YOUR POINT.
- How does this feel?

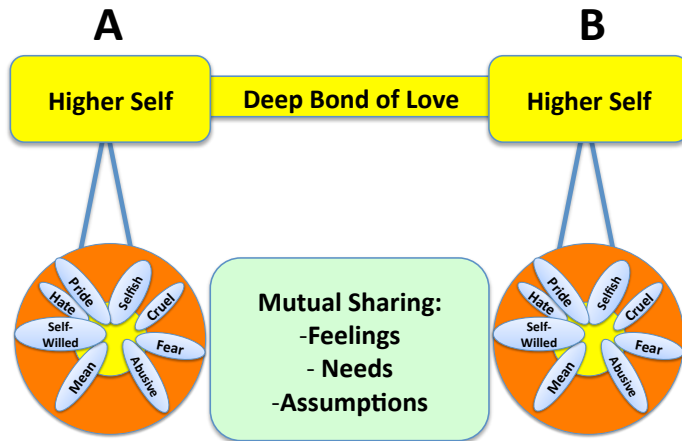


# Exercise 1 – Trying a New Way



- Part 2
- **Switch:** You be the other person and let the pillow be you.
- **Take your stand as the other person in the “Old Way.” Really get into it! WIN YOUR POINT.**
- **How does this feel?**

# Exercise 1 – Trying a New Way



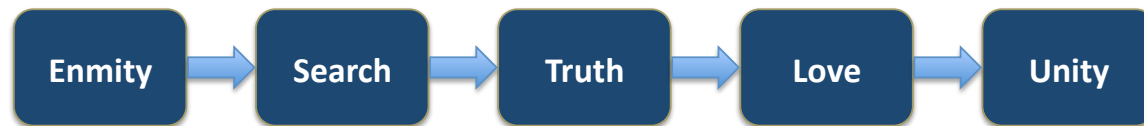
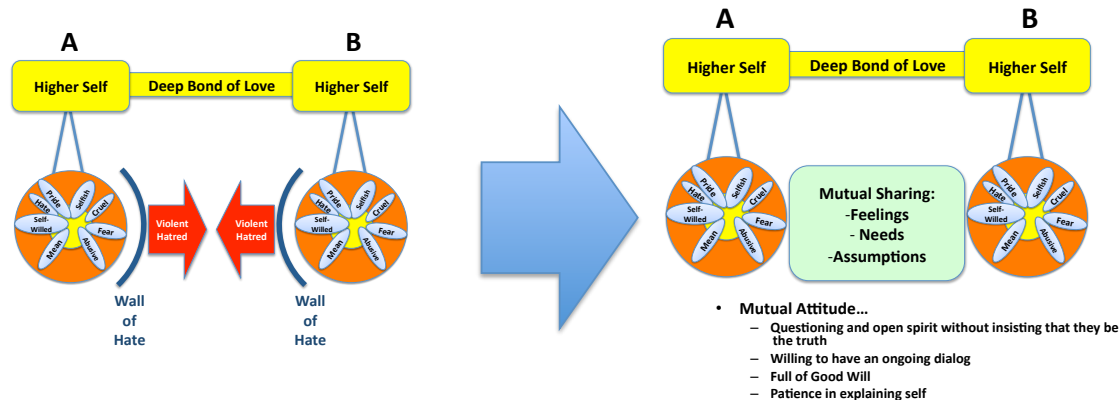
- **Mutual Attitude...**
  - Questioning and open spirit without insisting that they be the truth
  - Willing to have an ongoing dialog
  - Full of Good Will
  - Patience in explaining self

- **Part 3**
- **Alternate between being you and being the other person.**
- **In each place:**
  - **Share your Feelings, needs, assumptions**
  - **In an attitude of questioning inquiry, openness, full of good will, taking time to explain yourself fully**
- **How does this feel?**

# **Exercise 1 Concluded**

- Notice what happened in these two forms of conversation. What true feelings came up in each?**
- What did you learn? Any misconceptions?**
- How did this experience affect your hope for reconciliation over time?**
- Summarize this experience in your journal**

## Exercise 2 – Going Deeper



- Sit opposite your friend (pillow) in a meditative posture
- Imagine gazing into the face of the other
- Feel into your own lower self aspects that are triggered by this person
- Allow love for this person to arise, if it does
- Note any changes that take place in your feelings, attitudes, sensations
- When the bell rings, close your eyes.
- Then journal about this experience