

Pathworkers Together

A White Paper for Discussion

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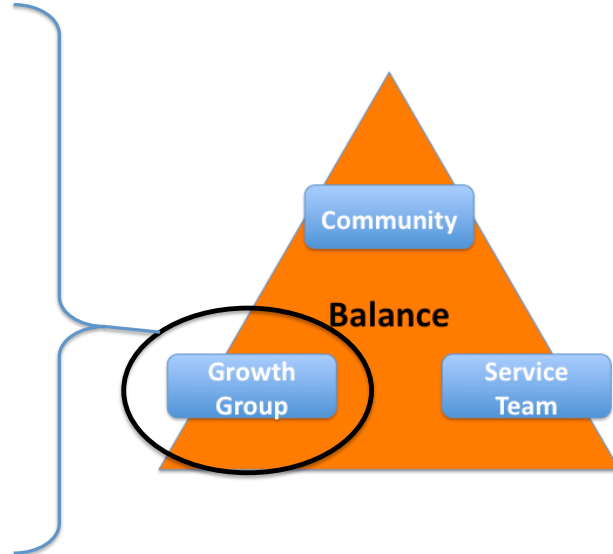
Framework for Being Together



Growth Groups

Purpose: Personal Growth

- Transformation Program Group
- APS (Teacher Training), Helper Training Group
- Graduate Program Group
- Continuing Education Group
- Peer Supervision Group
- Workshop Group
- Process Group
- Lecture Study Group
- Supervisor/Helper Dyad
- Helper/Worker Dyad
- Regional Group (Circle of Spirit, etc.)
- Ad hoc support group
- ...
- ...



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Purpose of Growth Groups

(Pathwork Q&A 185)

Group Work is Unique and is Needed by All Pathworkers – Reveals Main Life Issues

¶18 ...another and most vital aspect of the group experience ... that **cannot be duplicated in the private work** is that **the group experience will inevitably and without fault sooner or later mirror precisely your problems on account of which you seek help and are generally unhappy with in your life.**

In other words, your attitudes and behaviors, what you send forth and how you reinterpret and deal with other people, must reveal your main problem.



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Purpose of Growth Groups

(Pathwork Q&A 185)

Personal Conflicts in Group Reveal the *Beautiful Problems* that are Core to Our Self-Understanding and Growth, Looking beyond the Words to the Feelings and Attitudes

¶145...there's a wonderful thing in group that nothing, **no other communication in ordinary life**, will make it so abundantly clear how you interact and respond and react to the unpronounced attitudes and feelings that are not the overt words and actions. And this goes on constantly in life. ... And therefore, in order to let ... the group experience make this clear, the more these things are pronounced -- what you feel, how you react, what your ideas about it are...like you said, for instance, here, that your negative reactions, if you do not give them forth as judgments that might be construed as rejection on your part (which would immediately fortify the defenses of the other) and that there would be a defensive reaction on your part, but if you are already a step beyond it, just like you said now, "*evidently I must be threatened by something in you, for I have a negative reaction in me toward you. What could it be? Let us explore it,*" and you will see a mutual interaction on the unconscious level or on the unexpressed level that determines the relationship.



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Purpose of Growth Groups

(Pathwork Q&A 185)

In Pathwork Training, Group Work is Primary, revealing blocks to one's work. Techniques and Methods are Important, but *Secondary*

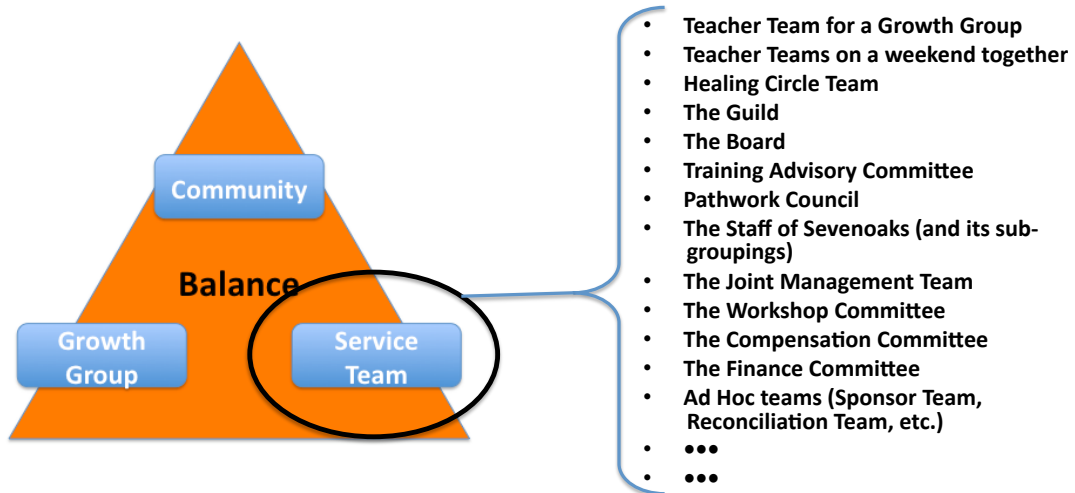
47.... The emphasis in the **training group** is a double one: The training group for helpers who are already helpers or prospective helpers is that they **learn through discussing and techniques and perfecting techniques, but the primary emphasis is always their own involvement where they are not yet aware of their own problems and their interactions** between themselves and their actual or prospective patients...so-called patients. That is why in any training group that is really valuable, this aspect of group work ... must have first order and is that mainstay of it -- although the *techniques and the methods and the discussion of cases of approaches on a theoretical level may also exist, but it is secondary...*



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Service Team

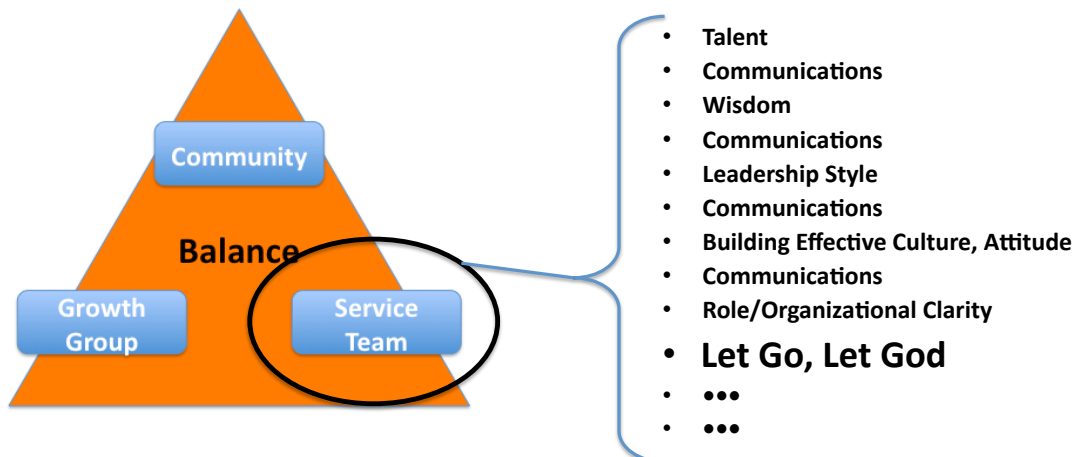
Purpose: Providing Service, *Getting The Right Things Done Effectively*



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Service Team

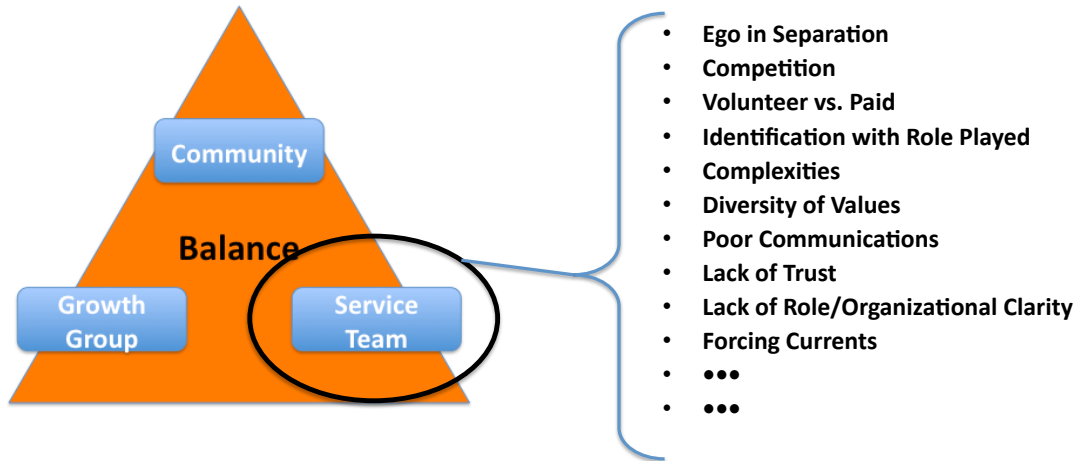
How Do We Get *The Right Things Done Effectively?*



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Service Team

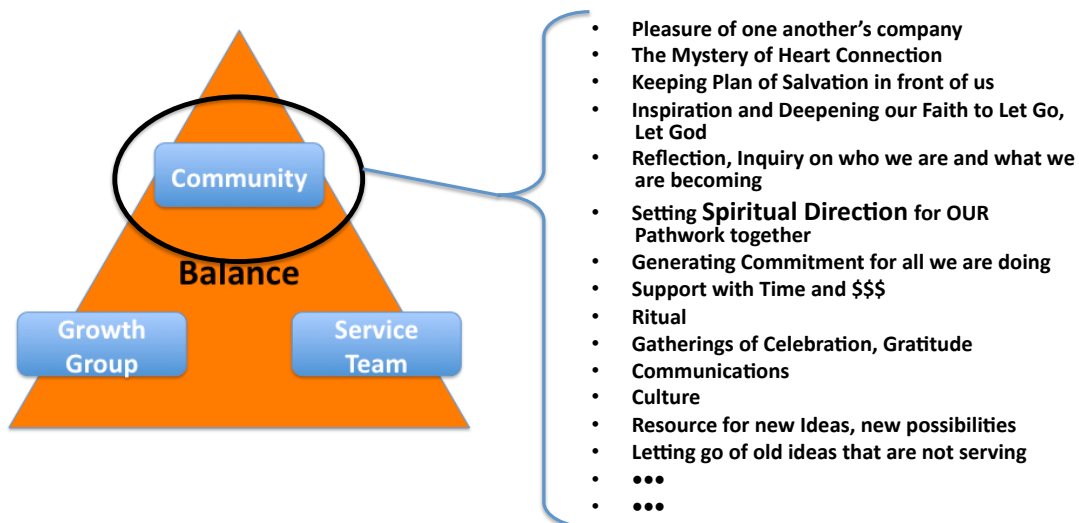
The Challenge!



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Community

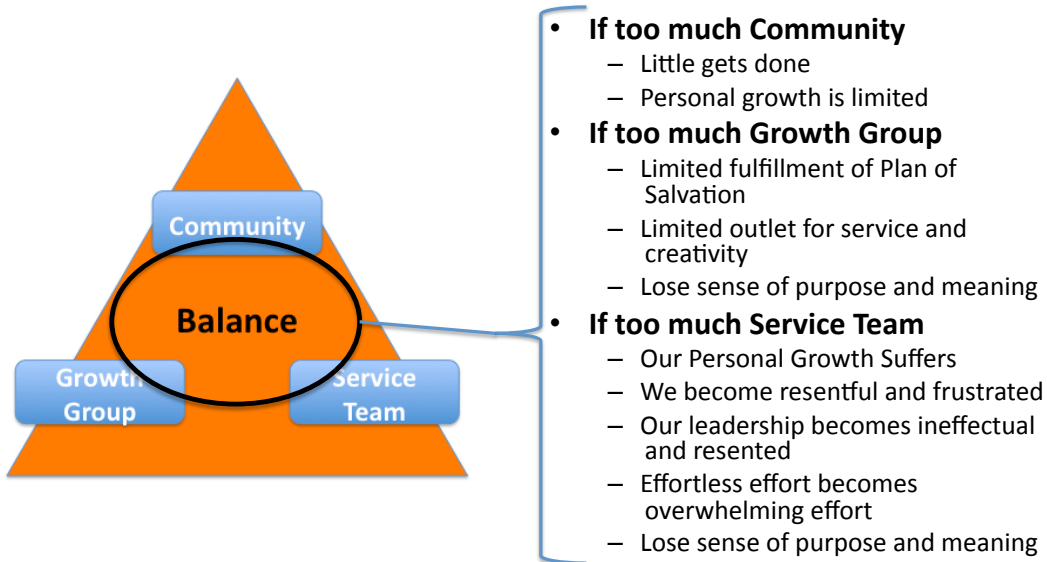
Providing the Purpose and Inspiration For Who We Are



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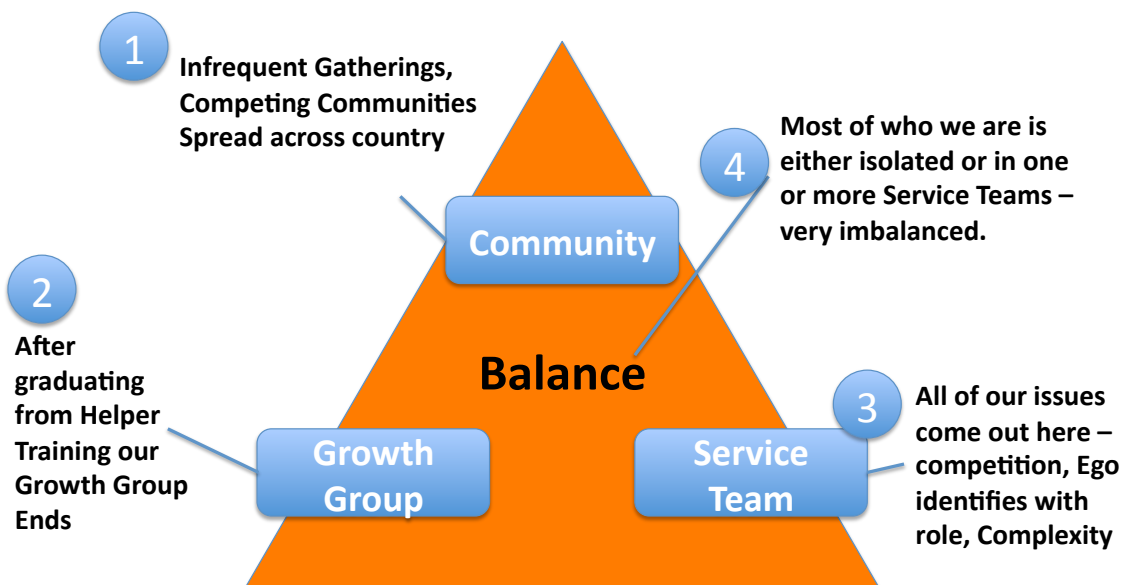
Energy Balance

Each of Us Needs to Balance our Energy Among
Community, Growth Group, Service Team



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Challenges



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Personal Reflection – Where Am I?

