

EVIL and the “FALL”

A Pathwork Perspective

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Preface

- Pathwork is a Spiritual ***Practice*** intended to help people find and deeply experience joy, fulfillment, peace, and love.
- Pathwork teachings are diverse and cover Evil and “The Fall” (and numerous other topics) from many angles and are aimed at multiple levels of reader consciousness. I find it impossible for me to digest and present the subject of evil in a systematic tutorial way that covers the diversity and multiple depths. **The material does not lend itself to systematizing.** “Systematic Pathwork,” while answering hunger for understanding, would lessen its effectiveness for transformation and dilute its purpose.
- My relationship to the Pathwork material is to read it (even picking Lectures at random), listen to it, and **let it speak to issues I am facing currently.** I find what’s most important for effectiveness is to **have the issue I’m working with defined succinctly**, then let the Pathwork material inform me, mentally, emotionally, physically, and spiritually, often a process experienced as seeds planted now, often unconsciously, that sprout much later. I have found great joy and experienced growth in this process. I am grateful.

Some Concepts

- Pathwork as a spiritual path
- Pathwork and Wilber in Context
 - Tier 0, 1, 2, 3, ...
 - No-centric, egocentric, ethnocentric, world-centric, cosmic-centric
 - Through the Centuries
- Duality, Time, Cause-and-Effect
 - Inter-relationship of Time, Duality, Cause & Effect
 - Relativity -- Time and Matter
 - Inter-Level Communications

In the Beginning, GOD

Divine Essence

- Creativity
 - Power, Beauty
- Love
 - Connection, Union, All One
- Serenity
 - Wisdom, Knowing, Peace

Fall = Sense of Separation from Source

- What are possible meanings of the “FALL?”
 - **“Fall” from What?**
 - Fall from Security of Sense of Oneness with Source?
 - Fall from sense of LOVE connection?
 - Or...
 - **Who “Falls”?**
 - Spirit Entities? (Satan, Fallen Angels, etc.?)
 - Human Entities?
 - God?
 - Or...
 - **Why the “Fall”?**
 - Prideful/rebellious willful act? (Adam and Eve Myth)
 - Playful “see what darkness is like” act of spirit
 - Natural evolutionary state as Sense of Self emerges? (Terrible Twos)
 - Natural evolutionary state as Manifestation into the Void occurs?
 - Some of each?
 - Or...

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 - Or...
 - Ultimately,
 - **How can we know?**
 - **Does knowing the who, what and why of the “Fall” matter?**
 - Pathwork emphasizes how we live in the presence of a sense of separation from source and heal that sense of separation, growing into a state of Unity and Oneness.

Sense of Separation Yields “Evil” and the Pain Body

- Birth of **FEAR** (and Pain)
 - Not trusting, no sense of connection with:
 - Cosmos
 - Source, God
 - Authority, Parents, etc.)
- Strategies for Surviving FEAR and Thriving as *Separate Entity* (terrible twos and beyond):
 - Strategy of **Self-Will** (Vs. Authority’s Will, God’s Will)
 - Strategy of **Pride** (Self Superior to and Above others, even “God”)
 - Both at
 - personal level and at
 - “We” level -- ethnocentric, nation-centric, etc.

Lower Self Emerges

Strategies to Survive and Win

While Separate

- **Fear**
 - **Refusal to Trust Love, God, Cosmos**
- **Self-Will**
- **Pride**

**Result of Lower Self
strategies to survive and
win while separate:
We name this **EVIL!****

Lower Self Strategies Don't Work -- Birth of Mask Self (Enculturation -- How to Survive)

- **Love Mask (Pseudo Love)**
- **Power Mask (Pseudo Power)**
- **Serenity Mask (Pseudo Serenity)**



Result

Pseudo Harmony, Reduction of overt Evil, but deep down pain, sadness and rage for lack of fulfillment and authentic manifestation -- potential time bomb -- at personal level, ethnic level, national level, etc.

Ego's Job is to Ride Herd Over and Contain the Inner Confusion, Chaos, and Pain



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EGO

Role of Spiritual Path

- **Take off the mask self (Strong Ego Required)**
 - Love Mask
 - Power Mask
 - Serenity Mask
- **Transform the Lower Self (Strong Ego Required)**
 - **Fear** (refusal to trust anything outside self) turns to **Trust, Peace**
 - **Self Will** Turns to **God's Will**, or **Will for the Common Good**
 - **Pride** (sense of superiority turns to sense of **Oneness, egalitarianism**)
- **Manifest Aspects of Divine Essence (Transcend the Ego)**
 - Power, creativity, beauty
 - Love, connection, compassion
 - Truth, Wisdom, Knowing, Peace, Serenity

Purpose of Our Life on Earth

- **Stage 1 -- Purification**
 - Overcoming Patterns
 - Images (Wrong beliefs, conclusions about life)
 - Lower-Self Strategies
 - Mask-Self Strategies
 - Self Responsibility, Self Confrontation
- **Stage 2 -- Manifesting from Divine Essence**
 - Experiencing Oneness, God
 - Surrender to Divine Essence, to Divine Will
- **Both Stages Required -- concurrently**
 - Divine Power of Stage 2 required for Stage 1
 - Stage 1 required to avoid temptation of escapism in Stage 2

How Should We Then Live?

- Commitment to a Spiritual Path is Foundational
 - Components of a Spiritual Path
 - **Meditation, Prayer** (Connection with Source)
 - **Study, learn, experience** (worldview, framework, guidance, etc.)
 - **Daily Review** (Disharmonies -- find patterns, self-confrontation, self-acceptance, etc.)
 - **Counselor** (Mirror, challenge, encourage, guide)
 - **Physical** (exercise, energy work, diet)
 - **Group Work** (Key to seeing SELF in all its aspects: triggers, projections, transference, family recreations, etc.)
- Spiritual Path is **life-long**
 - **Not a lifelong study or survey** of one or more spiritual paths, but a **true commitment to practice** one that seems to work for you.

Growth is Life Long (Or Many Lives Long)

-- a Spiral

- Revisit core issues that block fulfillment and joy at increasingly deeper levels
- Examples:
 - Love (Lack of)
 - Fulfillment (Lack of)
 - Laziness (physical, mental, emotional)
 - Negativity (Negative Nucleus, Negative Intentionality)
 - Entrenched wrong beliefs, images, conclusions
 -

Measure of Success

- **Life** is the measure of success -- measure **where you are regarding...**
 - **True joy**
 - **Fulfillment**
 - **Happiness**
 - **Energy**

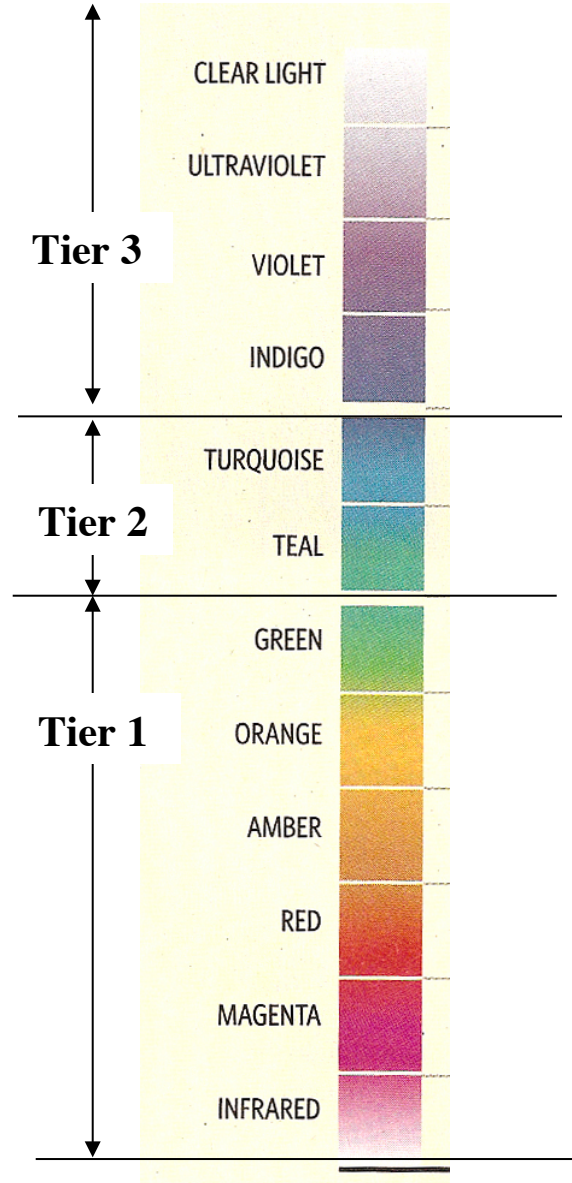
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Tiers 1 & 2

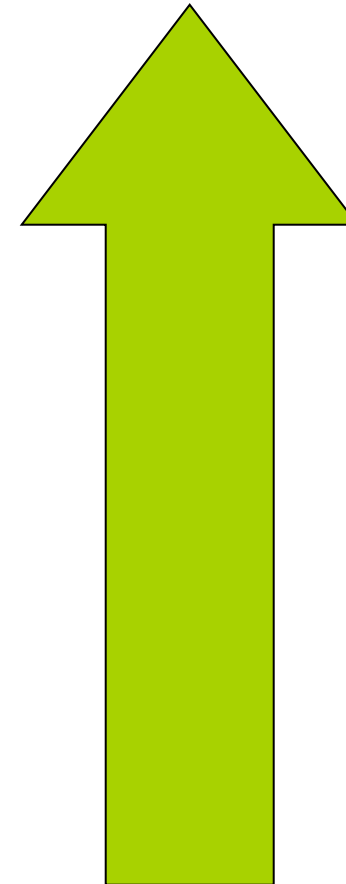
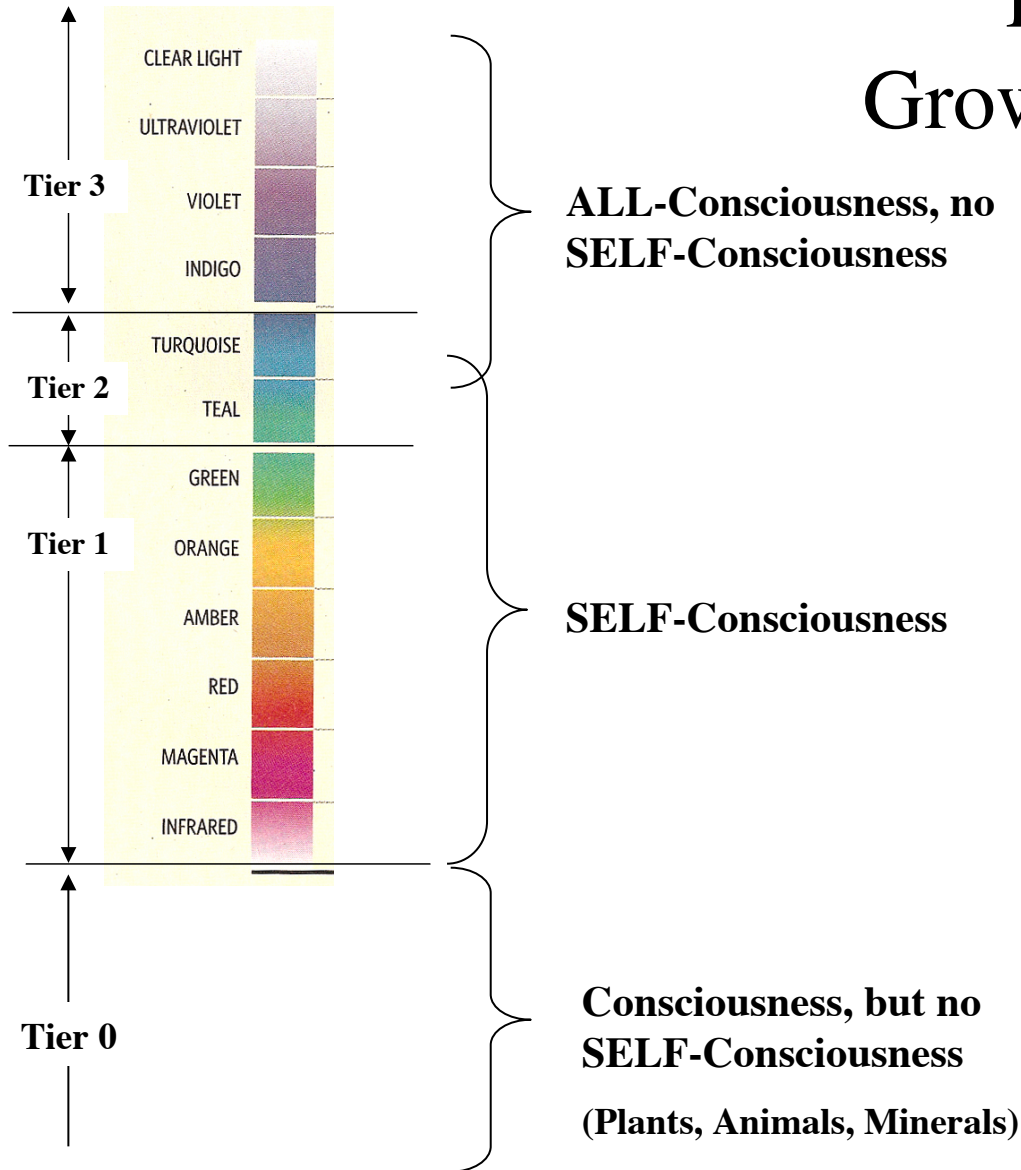
	<u>Wilber</u>	<u>Beck</u> <i>(Spiral Dynamics)</i> <i>(Graves)</i>	<u>Values</u>
Tier 2	TURQUOISE	Turquoise (Global View/Systemic)	Elegance (World is an elegantly balanced system of interlocking forces)
	TEAL	Yellow (Flex Flow/Systemic)	Chaos (World is Chaotic Organism forged by differences and change)
Tier 1	GREEN	Green (Human Bond/Relativistic)	Equality, Interdependence
	ORANGE	Orange (Strive Drive/Multiplistic)	Reason, Independence
	AMBER	Blue (Truth Force/Absolutistic)	One Right Way, One Truth
	RED	Red (Power Gods/Egocentric)	Power (strongest rule, make it happen)
	MAGENTA	Purple (Kin Spirits/Magic-Animistic)	Magic (gods make it all happen)
	INFRARED	Beige (Survival)	Survival (I/We have to make it happen)

Adding Tier 3



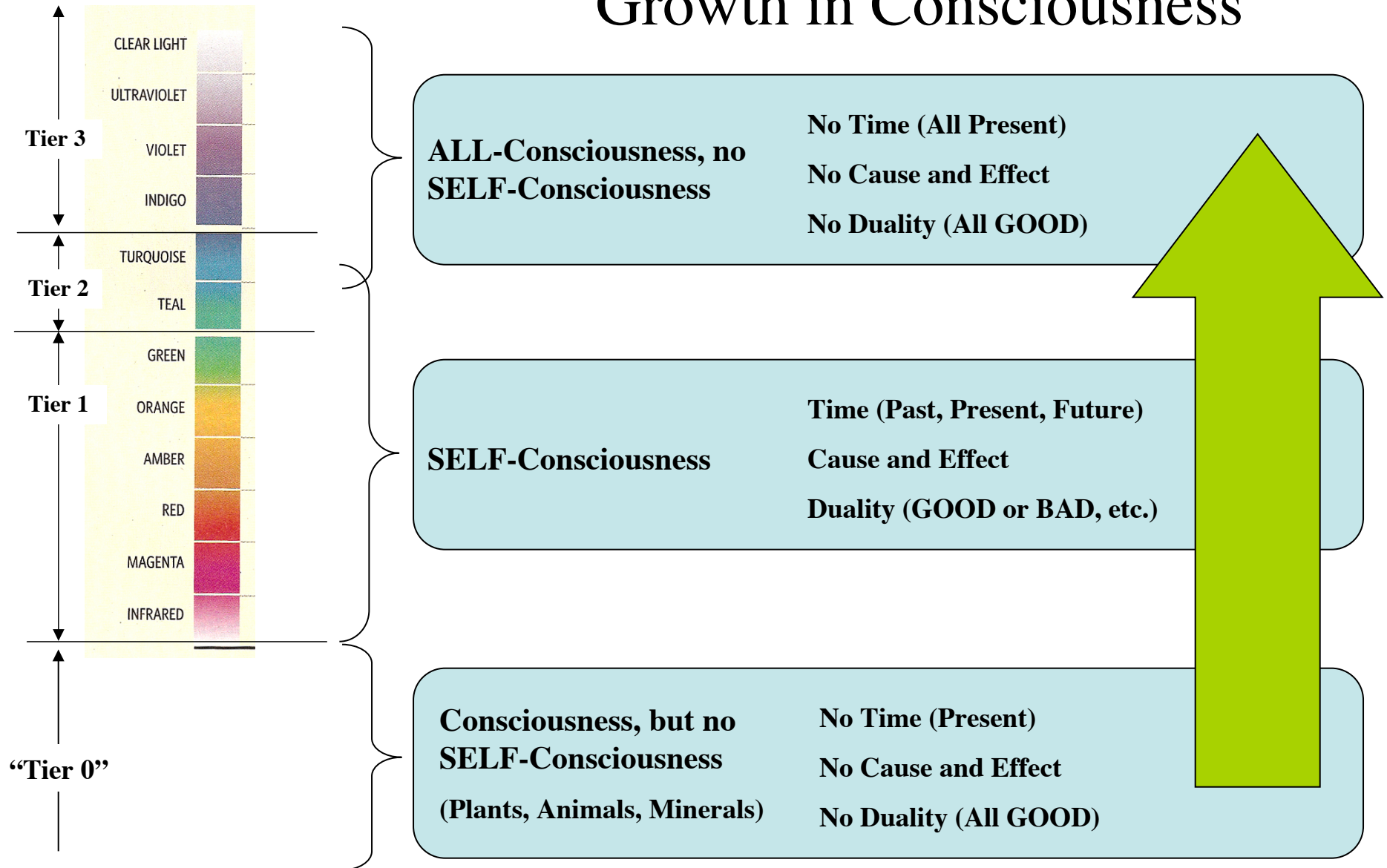
Pathwork/Wilber

Growth in Consciousness



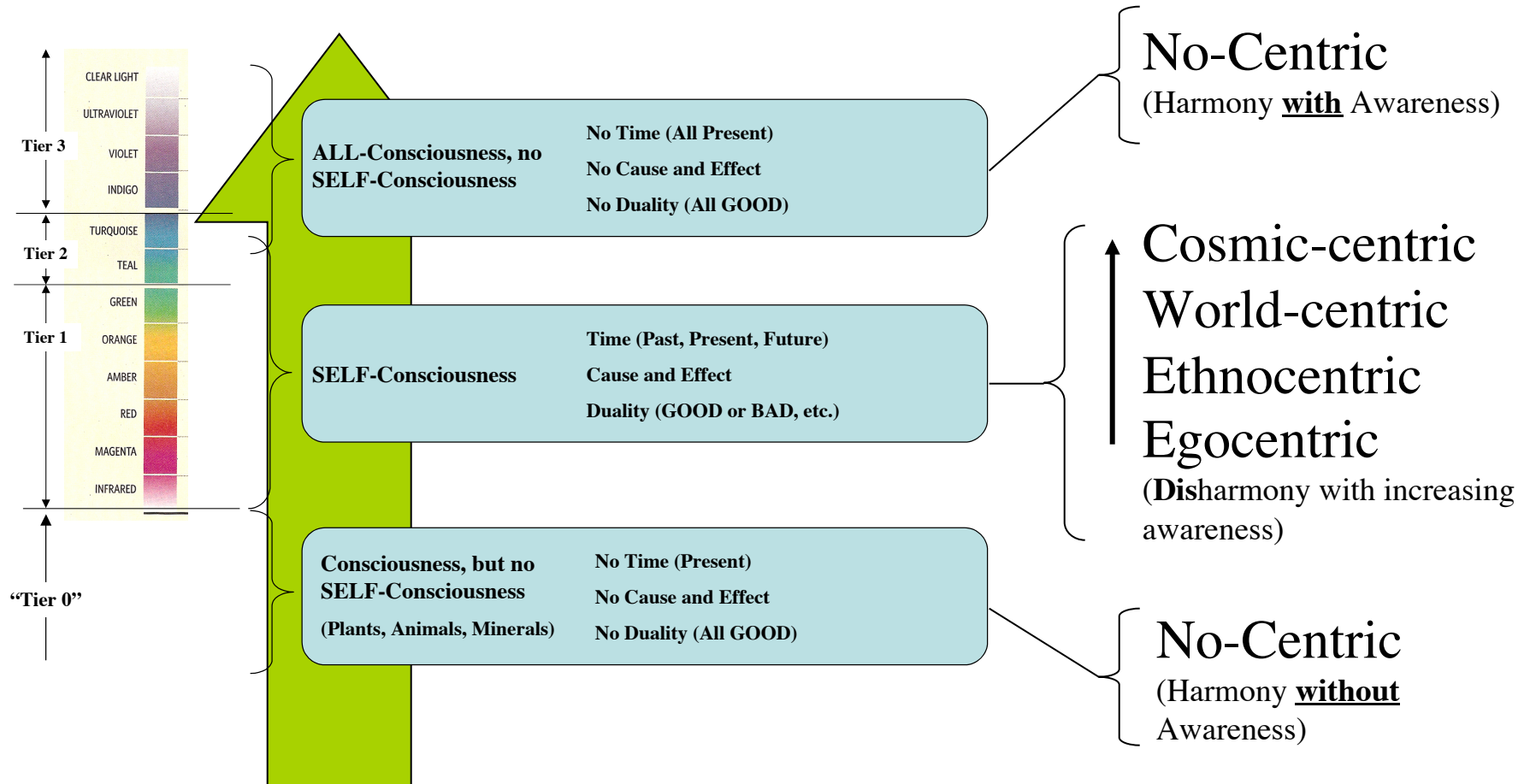
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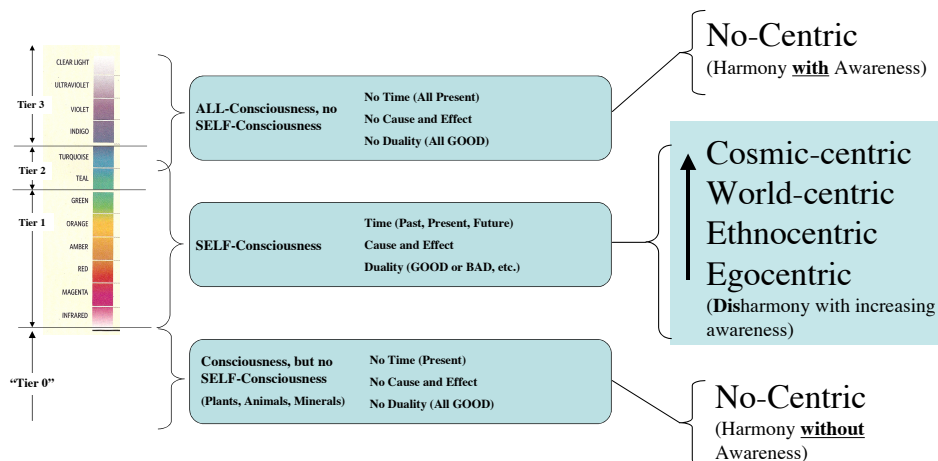


Pathwork/Wilber

Growth in Consciousness



Sense of Separateness Breeds Evil



- **Fear** (Pain Body)



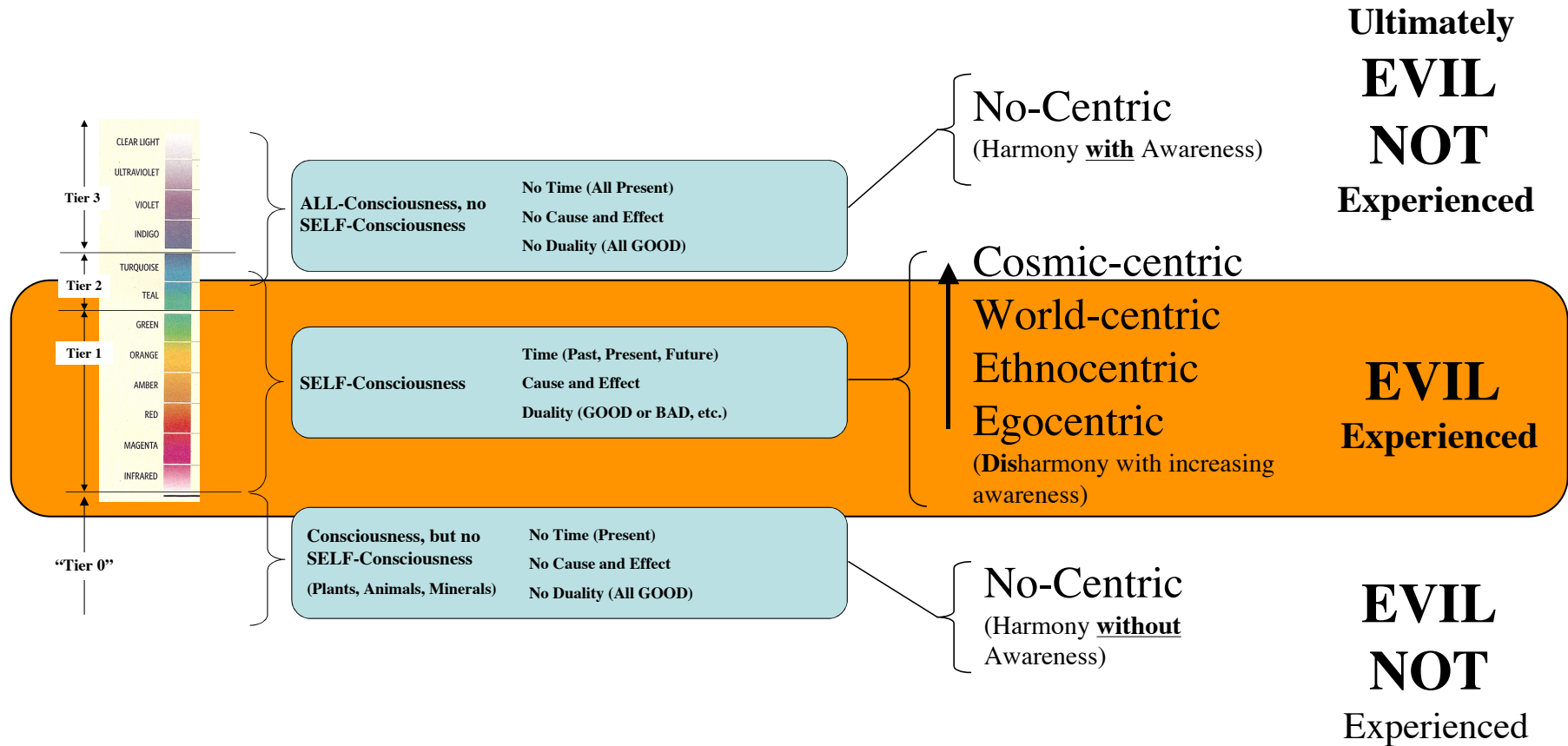
- **Pride**
- **Self-Will**



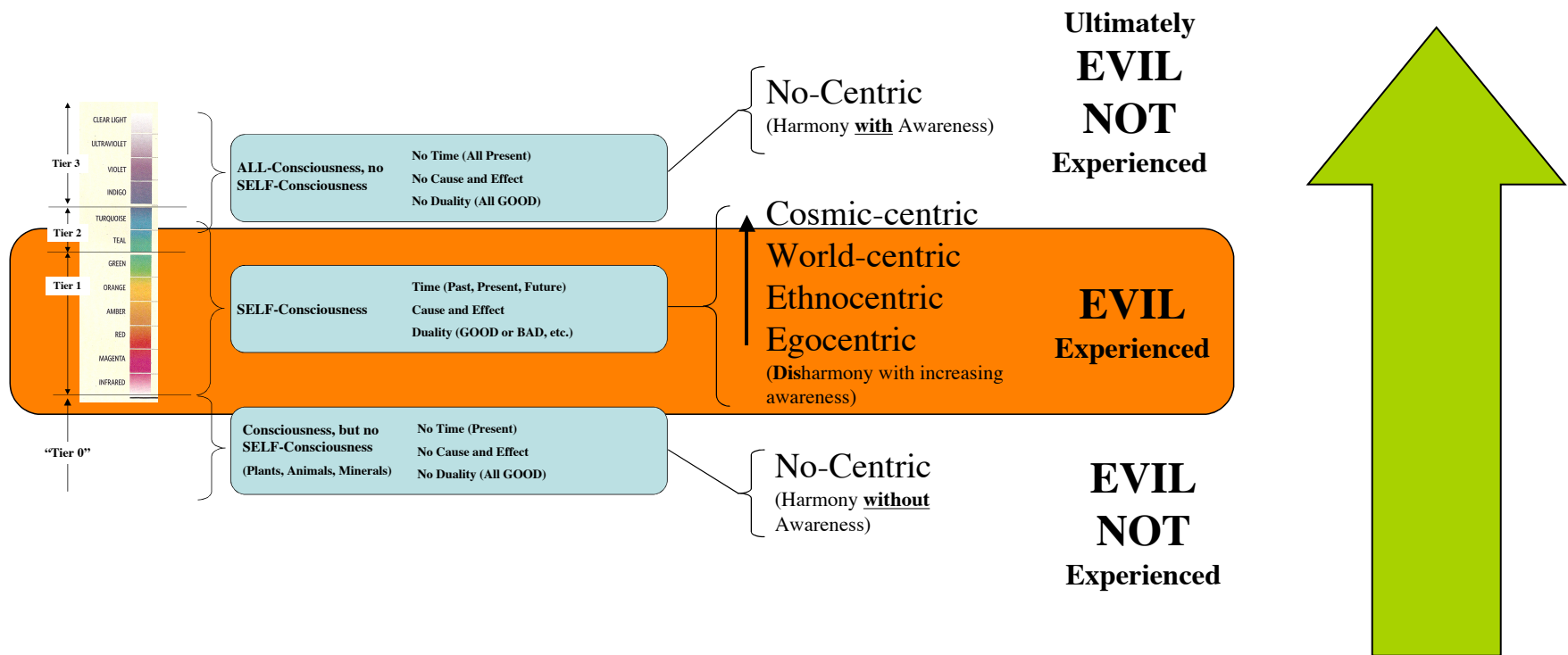
- **Inner-Outer**

- War
- Disharmony
- Pain/Suffering
- Etc., Etc., Etc.

Evil -- Possible only at Dualistic State of Consciousness

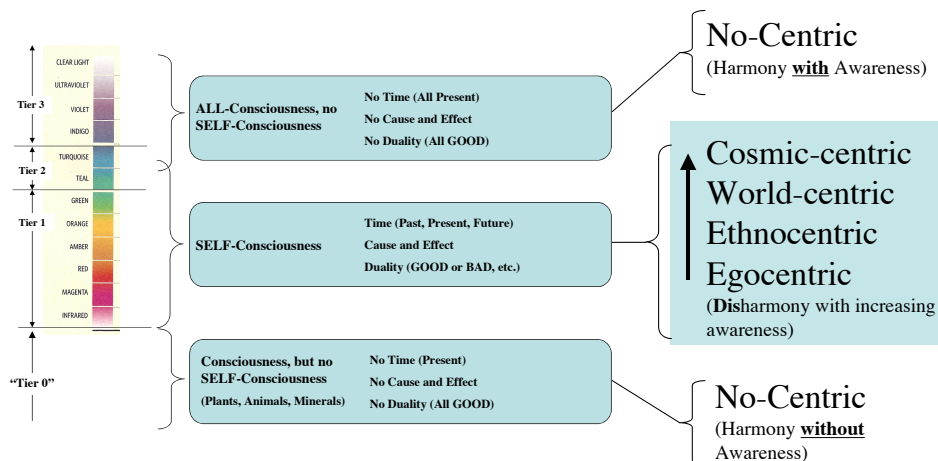


Purpose of Evil in the Plan of Salvation -- Motivate Growth -- A Natural Passage



Pathwork--*Stage 1 Purification*

**Concurrent with Growth in Consciousness
is Purification (Transformation) of Lower
Self Aspects (work of Self-Confrontation)**



• **Fear** (Pain Body)



• **Pride**

• **Self-Will**



• **Inner-Outer**

– War

– Disharmony

– Pain/Suffering

– Etc., Etc., Etc.

A Process of many life-times...

**Lower Self “Evil” = Distortions of Original Divine Qualities
This Energy Needed for Full Manifestation of Divine Essence**

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This Energy Needed for Full Manifestation of Divine Essence

<i>Lower Self Distortion</i>	<i>Original Divine Quality</i>
Judgmentalness	Capacity to distinguish, to differentiate
Defiance, Rigidity	Being centered within, firm, self-assertive, secure
Lack of Faith in God	Self-responsibility, not looking for an external “God” to do it for you
Fear, Anxiety	Caution that something is amiss (here points to hiding parts of self)
Rebelliousness	Spirit of courage, independence, standing against blind conformity
Avoiding Responsibility	Quality of letting go and letting flow, not letting ego run the show
Excessive Joke Telling	Humor is Divine; life in the universe is joyous, light-hearted
Competitiveness	Desire to be my best (Distortion: “How can I be better than others?”)
Self-Centeredness	Seeking your own divine Center (Distortion: when applied to ego)
Abuse of Power	True Leadership, paying the price without the need for “glory”
Indifference	Self-sufficiency, Impartiality, serenity

From Lecture 219: Christmas Message -- see that lecture for full descriptions. Note that these aren't absolute. And in transformation sometimes we transform to the undistorted “like” quality (as above) and sometimes we transform to the opposite quality (e.g, from self-centeredness to giving to others, from judgmentalness to acceptance, or from rigidity to flexibility, etc.)

“Pathwork” Through the Centuries

From L204 Question/Answer

<i>Era</i>	<i>State of Human Consciousness</i>	<i>Human's Need</i>	<i>Form of “Pathwork”</i>
Middle Ages	Barbaric: Acting out Cruel Impulses	Strict Outer Authority	Strong Government, The Church
Late Middle Ages	Far Removed from Inner Core, projecting needs outwardly	Dogma: Outer Devil and Outside God who would help defend	The Church
1970's	Ego and pride reign supreme -- many accomplishments, strong self responsibility	Overcome Pride: Exercise powers from within one's spiritual center	Pathwork emerging in some “small group” form -- not ready to be “popular”
Today	Same	Same	Numerous Spiritual Outpourings

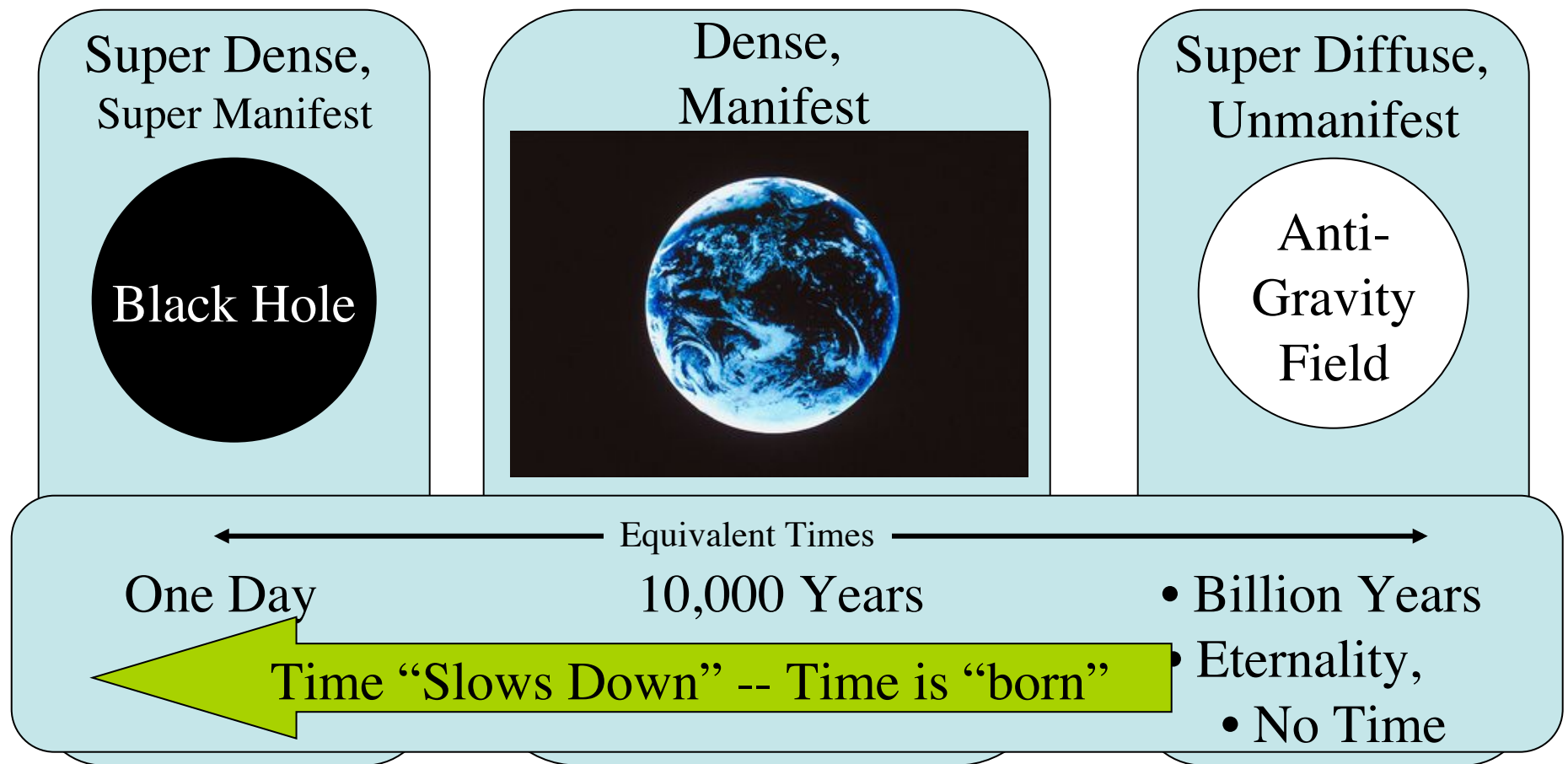
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Billions of Years View

- Time
 - Mystery of Time, No-time, Eternality, Now
 - Brian Greene -- Icarus at the Edge of Time
 - Time unique perception to Earth-plane Duality
 - Billions of Years an illusion since time is an illusion
 - Time allows Cause and Effect to be separate
 - At first great separation between cause and effect, not realize this phenomenon.
 - Especially Thinking as Cause, Life as Effect
 - Over time begin to “get this” and can begin choosing different thoughts, truth instead of untruth.
 - Role of Ego: Think, discern, choose, act, etc.
 - Built for world of Duality
 - Purpose: Self-responsibility for Purification, including calling for help.

Time and “Matter” (Gravitational Fields)

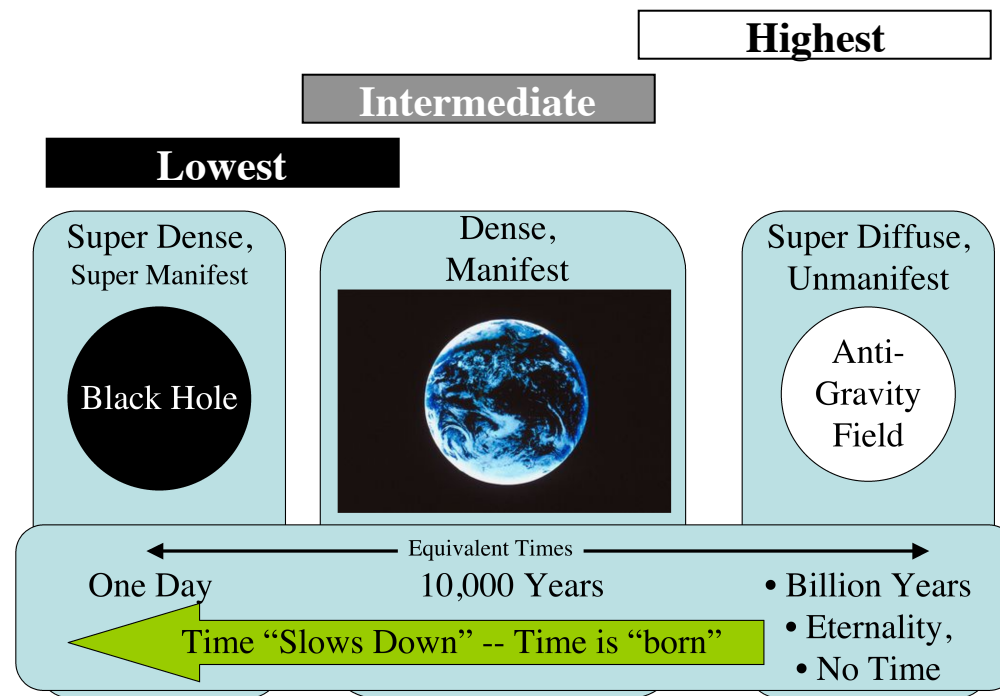


Inter-level Communications

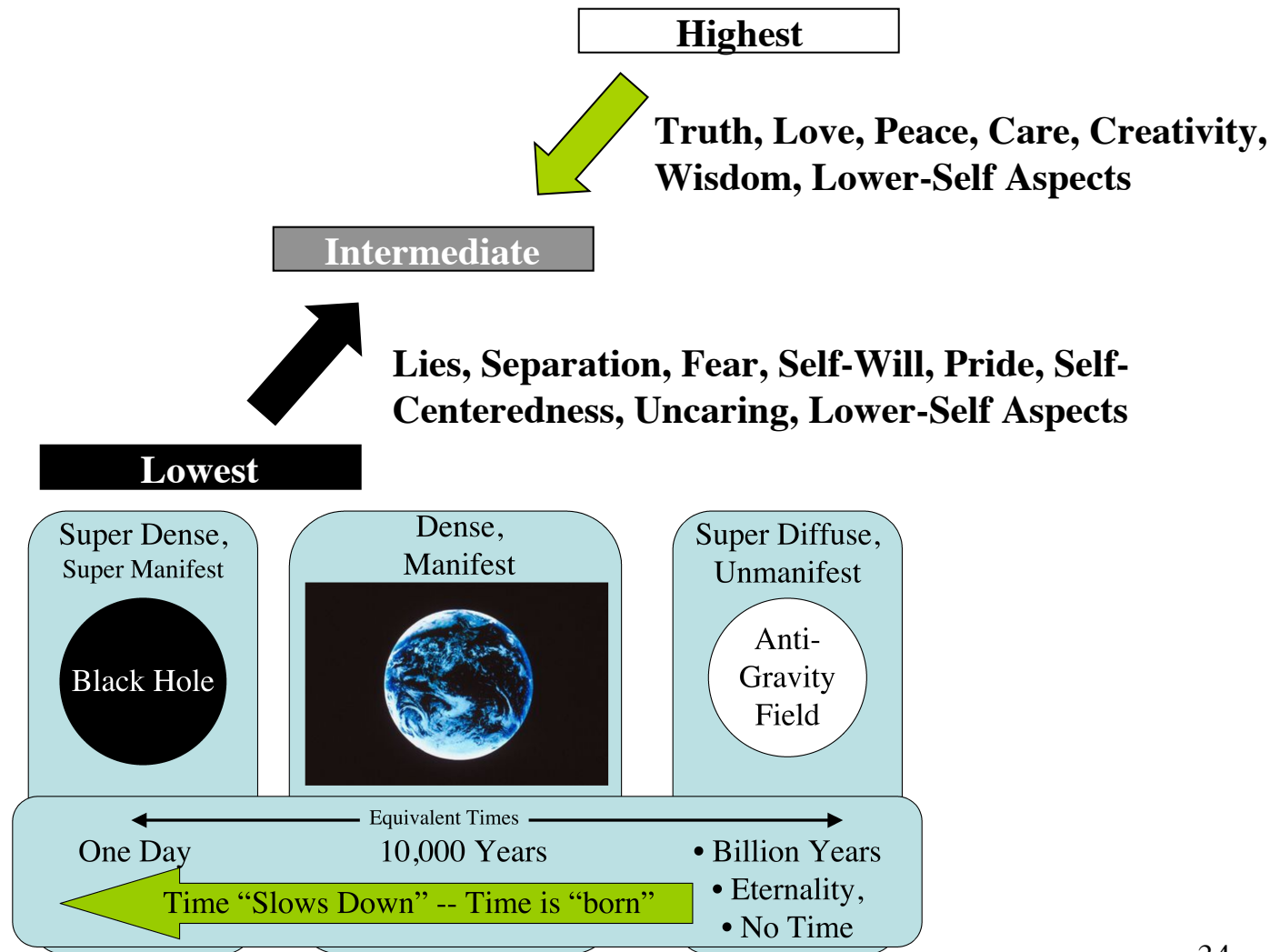
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 - Highest levels of consciousness
 - Intermediate levels of consciousness
 - Lowest levels of consciousness

Inter-level Communications

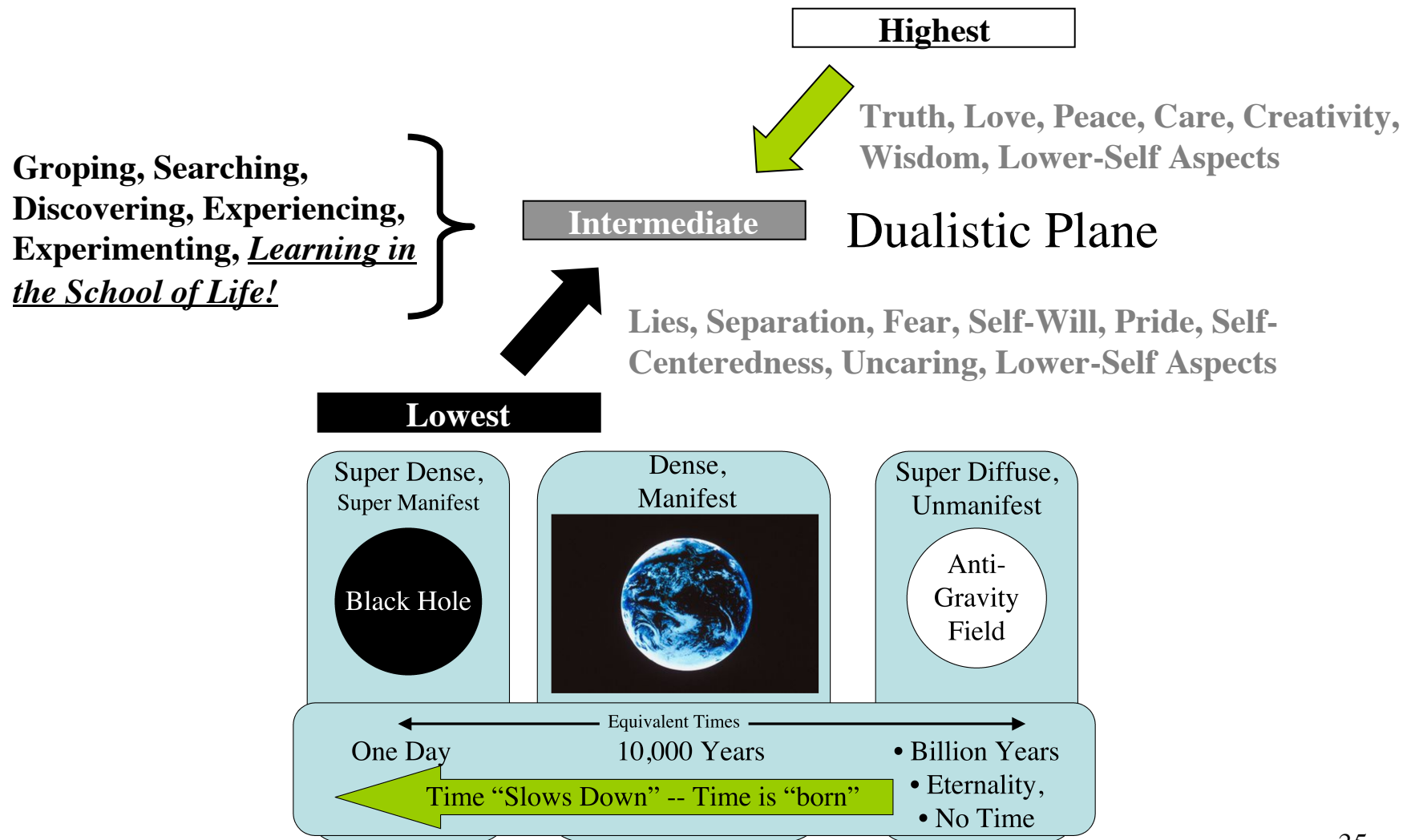
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Interesting as theory can be, **The Key is NOT the theory,**
But DOING THE WORK of TRANSFORMATION,
Whatever Path You Choose.