

Pathwork on
Accepting What Is, Without Resignation

This quote for Pathwork Lecture 29 deals with balancing the active and passive sides of our selves. The key is accepting what is without resignation.

11	<p>Practically speaking, what must your attitude be like in those instances when you are supposed to be passive? You cannot change this world or other people, my friends. In your intellect you may know that very well indeed, but do your emotions always know it? Certainly not! It remains to be seen whether your emotions will or will not begin to follow what you know in your intellect. So the proper attitude would be to accept what you cannot change, namely the actions and attitudes of other people and circumstances outside your control. Accept these really and truly in your emotions as well as in your superficial knowledge, and you will rechannel the wrongly used active and passive currents.</p>
12	<p>This also means to accept the imperfection of this earth sphere with humility, knowing that since you are not perfect, you cannot and must not resent others' imperfections, even though they may be different from your own. It even means to accept your own imperfections, which does not mean that you should want to remain that way. You have to recognize your imperfections and accept for now that they actually do exist. Right now you possess many imperfections you have not yet accepted in a conscious way and therefore you revolt against this state of affairs. In the act of revolting you set an active force in motion where a passive one should exist. Only after the passive force has been cultivated can a different kind of active current be brought to bear so you can gradually begin to overcome the imperfection. As long as you revolt against things that cannot be changed, or that could only be changed by a different inner activity, there is a pressure and an inner pushing against a stone wall. As long as you do not relinquish or relax this pushing force going in the wrong direction, you cannot make order in your soul.</p>