

Pathwork on
Spreading Pathwork—“My Life Is My Message”

How does Pathwork spread as a method for personal and spiritual growth? Q&A 098 borrows an idea from Gandhi when he says, “My Life Is My Message.”

04	<p>... Let us all understand what the purpose of these common group meetings is -- in fact, what the purpose of this whole path is; for there is a double purpose for each one of you. One is your own development and growth and unfoldment. And the other is this: that by doing so, you lay the really strong foundation for this work, for this channel, for these teachings, for this method. For there is nothing else that can be a proof to the world and therefore be of help to others to come after you.</p> <p>No concept, no truth that is ever taught can ever accomplish this; for any idea, any doctrine, no matter how true it may be, can always be argued. There can always be two opinions about it. You can take it or leave it. Someone else can take it or leave it. But not when it comes to the actual work of self-development. Then no argument can exist; and then it becomes utterly unimportant, whether a general truth or law or cosmic principle you believe in is this or that. You may have one facet of truth and the entirely contrary opinion may be another facet; therefore, no teaching stays entirely undoctrined (and they need not be dogma as I said), can ever really be effective, can ever really accomplish what this can accomplish if you help along.</p> <p>Therefore your responsibility is a double one -- to yourself by taking opportunities that this path affords you, that this method affords you, and to all the others who come after you, by furnishing the one and only truth of truth that cannot be argued.</p> <p>This unfoldment and inner growth can only come by emptying yourself out, for that is the only basis you can successfully assimilate truth coming from the outside. Anything that is superimposed on emotions that do not conform with the outer truth can never be successful for you and therefore for others, no matter how much you believe in it intellectually. You know that.</p>
05	<p>So let us all be determined to go to the only goal, the main goal, and that is your own development. And there is only one way to do this -- by learning your emotions, recognizing their deeper significance. It is a long way and it is sometimes a painful way, but the pain stands in no relationship to the joy and freedom that can be yours. There will be no one who does not have time, particularly at the beginning, of resistance to this very thing we discuss here. Therefore the only thing to do is to recognize this resistance, instead of arguing it among other things.</p>