# Pathwork Lecture 227: Change from Outer to Inner Laws in the New Age

1996 Edition, Original Given January 15, 1975

This Pathwork lecture is rendered in an **expanded poetic format**, what I call a **Devotional Format** of the lecture. In this sense it is **my interpretation** of the **intent** of the lecture. I may have interpreted portions differently from you, and when this is the case, I ask you to ponder the words for **your own interpretation**.

I did this Devotional Format so I can take the words into my heart, phrase by phrase, much as I would in reading poetry -- **devotionally**. I invite you to slowly read and ponder this format of the text – with an open heart to experience the Pathwork Guide's Presence, Wisdom and Love emerging from among the words. May the Pathwork Guide's Wisdom come to live you.

For clarity: The **original text** is in **bold**, *italicized*, *and mostly* <u>underlined</u>. [My interpretations and intended clarifications are in brackets, italicized, mostly underlined, but never bolded.]

To learn more of my Devotional Format and to access the lectures I have rendered in this form, go to http://www.garyvollbracht.com/quotes/pathwork-lectures-expanded-versions/

Blessings on your journey, Gary

1	Content
03	
	Greetings,
	my very beloved friends.
	Blessings
	for every one of you.
	Divine love
	• <u>reaches out to you</u> ,
	• <u>seeps deep into</u>
	your heart and
	• embraces you.
	Let it [i.e., Let this divine love that seeps into your heart and embraces you]
	give you the peace of
	the ultimate reality
	that you
	• <u>can</u> <u>and</u>
	• <u>will</u>
	find within
	your innermost being
	if you go all the way with yourself.

04 In this lecture I wish to give you another vision of the growth process in which • you as individuals, and • the planet as a whole, are involved. Every seed contains the plan of its ultimate • self-evolution and • fulfillment. This plan always follows its own organic way. You have experienced some of this phenomenon in your pathwork. You have seen, again and again, that an organic process unfolds completely independent of your • mind and • conscious expectations. Such a plan fulfills itself in certain stages. Whenever new stages are reached, new energies are released.

## Now let us look at this phenomenon

on the

- most superficial,
- material

level of manifestation.

Let us take the

outer growth

of a human being.

You can see

very distinct phases

in human growth.

When the infant

is ready to unfold

dormant capacities to learn how to

- speak and
- walk,

new energies

must become available,

otherwise

the unfoldment cannot take place.

This is

the first major change

after incarnation on the physical level.

The next major phase of expansion

occurs

when the child is ready to

- leave home and
- go to school.

This is

not only

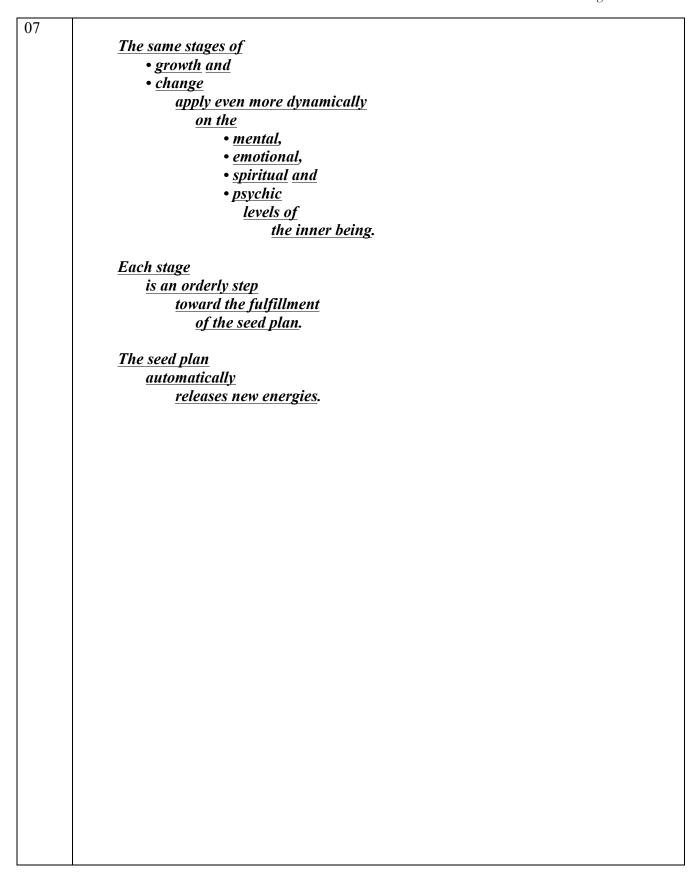
a physical expansion,

but also

- an inner expansion,
- <u>a step out</u>

into the world.

The child unfolds its inherent potential to cope with others outside the home. Such growth continues throughout its entire life span. 06 When full physical growth is reached, these phases are less noticeable than during childhood; however, they are just as • distinct and • real. These phases always mean • change, • growth, and • higher levels of creative self-expression in dealing with the world • without and • within. Your physicians know that every few years changes occur in the cellular system. Actually, the chemical components totally change in the outer structure. Again, although this process is not noticeable, it is nevertheless very real.



```
When the entity
                   follows its plan,
               these energies
                   become extremely beneficial.
                        They aid the process
                             of
                                • growth,
                             <u>of</u>
                                • change,
                             <u>of</u>
                                • expansion,
                             of
                                • reaching into new dimensions from within,
                             <u>of</u>
                                • moving outward and
                                • embracing more of
                                   <u>reality</u> –
                                        that inner reality
                                           whose aim it is
                                               to transform
                                                   outer reality
                                                       according to its own
                                                          • perfection,
                                                          • limitless beauty, and
                                                          • endless possibilities of expression.
08
               When, however,
                   the movement
                        is hindered
                           as the outer ego-consciousness
                                • resists the process,
                                • makes itself insensitive to it and
                                • ignores it urgings,
               then the energies
                   are not allowed to unfold
                        in their intrinsically harmonious way.
```

```
The constructive power of these energies
    then turns
         destructive.
            though [destructive] only
                in the limited light
                    of human vision.
Actually
    the destruction
         is always aimed at
            eliminating
                • the obstructions,
                • the untruth,
                • the infringements on
                    divine unfoldment.
The blockages
    the consciousness sets in the way
         of the released energies
            need to be
                dissolved,
and this [i.e., and this dissolving of blockages of the released energy]
    manifests
         in the life of the person
                • upheaval,
                • crisis,
                • painful destruction.
The individual
    needs to learn how to
         • see and

    understand

            these happenings [i.e., these upheavals, crises, and
                                                      painful destructions].
They [i.e., These upheavals, crises, and painful destructions]
     are
         not
            haphazard events.
```

```
09
               Whenever
                   the consciousness is
                       • open,
                       • in truth,
                       • in accord with divine law,
              the energies
                   move
                       • organically and
                       • harmoniously.
               Wherever
                   the consciousness
                       is contrary to truth,
              the energies
                   • are inverted
                 and
                   • turn,
                       apparently,
                          against the self.
10
               This process embraces
                    all
                       • being,
                    all
                       • creation.
               What applies to
                   • the individual entity
              applies just as much to
                   • the planet.
              The planet Earth
                   is an entity,
                       and
                          the same
                               · laws of growth,
                          the same
                               • stages of unfoldment
                                  apply to
                                      • it [i.e., apply to the planet Earth]
                                  as [apply] to
                                       • the individual.
```

#### With both

• the individual

and

• the planetary entity, each period of expansion is quite distinct.

### The energies

that need to be released
to make possible
the expansion
inherent in the seed plan
must be strong.

#### Hence

the positive manifestations are extremely noticeable.

- Changes,
- unfoldments of new potentials,
- renewed creativity,
- new approaches to the
  - self and
  - others

that reveal

a much greater maturity,

- increased
  - well-being and
  - bliss,
- increased vision

of new alternatives for self-expression,

manifest

when these energies are used according to plan.

```
• Crisis and
              • destruction
                   manifest
                        when the new energies
                          • are not recognized
                               as an influx of
                                  divine forces
                       and are therefore
                          • resisted
                               as if they were
                                  a hostile force.
              All

    regressive and

                   • reactionary
                       attitudes,
              as well as
                   • radical revolutionary
                        ones [i.e., radical revolutionary attitudes]
                          are nothing but
                               blockages.
                   • The latter [i.e., The radical revolutionary attitude]
                        is a blockage
              no less than
                   • the former [i.e., no less than the regressive and reactionary attitude]
                        [is a blockage], [the radical revolutionary attitude]
                          being merely
                               an outward projection
                                  of what emotions are held back
                                      with a misdirected emphasis.
11
              How does this apply to
                   the present new influx
                       of the unfolding Christ consciousness
                          in this New Age,
                               which is one of the stages of
                                  expansion?
```

### If an individual

is ready to reach adulthood

but blocks it,

### the adult energies

released into the

- psychic,
- emotional, and
- physical

<u>system</u>

will create a crisis.

### This phenomenon

is widely ignored among your

- scientists and
- educators,

and even among your

• psychologists.

# The same is true of

the planet.

# Your planet

- is ready for adulthood and
- strives to unfold it [i.e., strives to unfold adulthood].

### Yet the planet

also harbors resistant elements

### that

- fear,
- resist and
- want to ignore

the process [of unfolding adulthood].

## So you can recognize

factions of people

who are totally oblivious to

inner processes [of unfolding adulthood].

### You can also see groups

who sense some of these processes [i.e., who do sense some of these inner processes of unfolding adulthood].

```
And then there are those
                   who
                       • are very keenly aware of
                          the inner reality
                   and
                       • see the outer reality
                          for exactly what it is:
                                      merely
                                          • a reflection,
                                          • a manifestation
                                              [of the inner reality].
12
              The less evolved
                   organization of consciousness,
                       which is focused
                          only on
                               the outer manifestation,
                                  is in a state of
                                      separateness.
              It [i.e., The less evolved organization of consciousness
                                                      that is in a state of separateness]
                   • is unable
                       to perceive
                          the oneness of all being
              and therefore
                   • proceeds in ways that
                       split off
                          • the self
                         from
                          • others.
              • Selfishness,
              • greed,
              • ruthlessness,
              • unconcern, and
              • cruelty
                   are manifestations
                       of this turn of mind.
```

```
Since the precepts behind these [negative] attitudes [of selfishness, greed,
                                              ruthlessness, unconcern, and cruelty]
                   are based on illusion,
              they [i.e., these negative attitudes of selfishness, greed,
                               ruthlessness, unconcern, and cruelty]
                   • must ultimately prove
                        • painful and
                        • unworkable
                 and
                   • are being destroyed
                       by every new influx
                          of divine energy.
               This truth [i.e., This truth that these negative attitudes must ultimately prove
                                      painful and unworkable and are being destroyed
                                       by every new influx of divine energy, resulting in crises]
                   is not always understood
                        in its true significance.
              It often requires
                   a great deal of
                       • time and

    development

                           before the inner meaning
                               of such a crisis
                                  can become clear.
13
               The blindness
                   that is unable
                       to perceive the oneness
                           of all being
                               is distinctive –
                                       it is based on the
                                          apparent
                                              diversity of interests
                                                 between
                                                      • self
                                                 and
                                                      • others.
```

```
Such a personality [i.e., a personality that is unable to perceive the oneness of all
                       being, that is blinded by the diversity of interests between self and others]
                   • can see no further than
                       the immediate point
                and
                   • neglects,
                or even
                   • refuses,
                       to see beyond this point.
              It [i.e., Such a personality that is unable to perceive the oneness of all being]
                   remains unaware of
                       the connecting links
                          between
                               • the self
                          and
                               • others.
14
              In the age just past,
                               which we can call
                                  the early adolescent stage
                                      of planetary consciousness,
                   humanity
                       had to learn to make
                          a very crude kind of distinction
                               between
                                  • good
                               and
                                  • evil,
                               between
                                  • social
                               and

    antisocial

                                      behavior,
                               between
                                  • constructive
                               and
                                  • destructive
                                       acts.
```

This [crude kind of distinction between good and evil, between social and antisocial behavior, and between constructive and destructive acts] was a totally dualistic state, inevitable because the consciousness of the planet was not able to perceive anything beyond dualism. *It* [i.e., This dualistic state] was also a necessary preparation for • the next age, • the one you have now entered. You have to acquire the strength of character to withstand temptation [i.e., the temptation to not grow up] before you can realize that nothing is being sacrificed by growing up, because • your real interest cannot ever differ from • that of others. 15 In previous ages this distinction [i.e., this distinction between good and evil, between social and antisocial behavior, and between constructive and destructive acts] could not be made.

```
Humanity was then [i.e., was then, in previous ages to this current age of dualism,]
    incapable of
         distinguishing
            • good
        from
            • evil,
         between what was
            • constructive
         and what was
            • destructive
                for others,
                   even if it [i.e., even if what was constructive or destructive
                                                                   for others]
                       seemed advantageous to
                          the self.
In those earlier periods [i.e., in periods earlier than dualism],
    people were governed
         merely by
            • impulse and
            • desire.
What was
    immediately gratifying
        seemed
            "good,"
and no consideration could be given
    to anything beyond it.
Consciousness
    was then in its
         infancy.
Only in the age [of dualism] that has now come to an end
    could the struggle be taken up
        to choose between
            interests that seemed divergent.
The pain
    created by the blindness
         of the undeveloped state
            becomes
                its own
                   • medicine and
                   • lesson.
```

```
I have often mentioned this divine law [i.e., the divine law that the pain of the
                                                     undeveloped state becomes its own medicine],
                  which is so hard for humanity to recognize.
              If you
                  give up
                       what seems to be your interest
                          because
                              you recognize that
                                  not doing so [i.e., you recognize that not giving up
                                                     what seems to be your interest]
                                      would harm others,
              you prepare for
                  the next stage of development,
                       where you can have
                          a fuller vision.
              This also applies
                  to the planet as a whole.
16
              The dualistic way of seeing reality
                  is still
                       very deeply embedded
                          in the human consciousness,
                                  • everything
                                      seems to pose a choice
                                         between either
                                              • the self
                                         or
                                              • the other,
                              and
                                  • the conflicts of conscience
                                      that result
                                         are often
                                             quite severe.
```

```
Needless to say,
    all
         human beings cannot
            always
                make that apparent sacrifice
                   in order to preserve
                        • decency,
                        • kindness, and
                        • constructive behavior
                           because such action [i.e., action of such
                                                      apparent sacrifice]
                               is still so deeply experienced
                                  as being
                                       against
                                          the self.
Therefore
    when you are sacrificing from a
         dualistic consciousness,
you often do so
    to your detriment.
Such sacrifice [i.e. Sacrifice from a dualistic consciousness of separateness]
    is
         • illusory,
    and not an expression of
         • divine love,
         • kindness,
         • decency, or
         • honesty.
But if these attributes [i.e., But if kindness, decency, and constructive
                                              behavior coming from you]
    seem to extract
         severe sacrifice,
sacrifice
    must be experienced,
        for you shall
            • experience
         as vou
            • believe.
```

```
You have all experienced
                   in your purification process
                       how
                          • resentful and
                          • deprived
                               you feel
                                  when you refrain from
                                      destructive behavior,
                       and also how [i.e., and conversely, also how]
                          • guilty and
                          • self-rejecting
                               you feel
                                  when you give in to the temptation
                                      of following the call of
                                         the immediate desire
                                              of the lower self.
17
              The laws and mores of civilization
                   in the age just past
                       hinged on
                          • this basic duality,
                       thus on
                          • a limited vision of reality.
              At the same time
                   this limited [dualistic] vision
                       was a much needed
                          testing ground.
              All the manifestations of
                   • strife and
                   • upheaval,
                       • natural
                    as well as
                       • artificial,
                          expressed this conflict
                               between
                                  the seemingly divergent interests of
                                      • the self
                                    and
                                      • others.
```

```
Now this [dualistic] age
    has come to an end.
Those who have sacrificed
    for the good of all,
        for the sake of
            a divine principle,
                will find
                   that
                        • this [i.e., this sacrificing for the good of all for the sake
                                                             of a divine principle]
                           is no longer necessary,
                   that
                        • a deeper level of truth
                           can be reached,
                for you now see
                   that
                        what
                           harms
                               • the self,
                           harms
                                • others,
                        and what
                           harms
                               • others
                           also harms
                               • the self.
```

```
Those who have acted primarily on the
                   • selfish and
                   • destructive
                       level
                          must come to
                              a change of heart
                                  if the powerful energies
                                      that are being released
                                         on the inner plane of the planet
                                             are to be
                                                 • creative and
                                                 • constructive
                                                    for them.
              Otherwise they will create
                   unbearable tensions
                       that will culminate in crisis.
18
              The planet Earth
                   has come to a stage of development
                       in which
                          the old [i.e., dualistic] structure
                              can no longer be maintained.
              It [i.e., The old dualistic structure of planet Earth]
                   cannot bear the
                       • tensions and
                       • restrictions
                          of the old limited consciousness.
              A new vision must be gained
                   in which
                       • the self
                     and
                       others
                          are perceived as one.
```

```
You have to
                  look for this new vision
                       beneath
                          the limited vision
                              to which
                                 the immediate consciousness
                                     is so accustomed.
              This new vision
                  brings
                       enormous
                          • peace,
                          • security,
                          • joy, and
                          • self-expression.
              It is
                  not an illusory image
                       of wishful thinking;
              it is
                  stark reality.
19
              You all know, my friends,
                  that
                       the distinction
                          between
                              people who are still steeped in
                                 • the old consciousness
                          and
                              those who share
                                 • the new perception
                                     is not always simple,
                                        for humanity
                                             is not cut from one cloth.
              Many human beings
                  • are on the brink of change and
                  need
                       • help and
                       • guidance
                          to pull them over
                              into the new [i.e., the new consciousness, vision and perception].
```

### Even those

• who are by and large

ready to let

the new consciousness

express itself through them,

• whose personality

already embraces

the new Christ consciousness,

find areas within

where they still maintain the

- old,
- selfish,
- narrow

vision.

<u>Those</u> [areas within where you still maintain the old, selfish, narrow, dualistic vision]

are the areas

you call your

"<u>problems</u>."

Perhaps we can now see this [i.e., this matter of what you call your "problem" areas]

in a

- different and
- more comprehensive light.

It is too simple to say that

these [areas of your life]

are "problems."

They [i.e., These areas of your life that you say are "problem" areas]

express

a rhythm of

- growth and
- expansion.

20

Some people

are already prepared

for this

New Age of consciousness,
and in this sense

this consciousness already exists.

• They [i.e., The people who are already prepared for this New Age of consciousness]

are

the pioneers.

• <u>They</u> [i.e., <u>The people who are already prepared for</u> this New Age of consciousness]

create

a new civilization.

• The beginnings
have already been made,
in various places
all over the Earth.

There are also

a considerable number of human beings

who are not quite yet

in the new consciousness

but are capable of reaching that state.

This [i.e., Reaching this state of the new consciousness]
requires
very intense work
with guidance.

The way to do this [i.e., The way to do the very intense work of reaching this state of the new consciousness with guidance]

is being presented to you through this channel.

More of this preparation is needed all over the world.

And it will come.

# Your task is very important, for • you are not merely concerned with those human beings • who have attained the new consciousness, • who are pioneers in creating a new civilization. • You are also called upon to undergo vour own • purification work, your own • growth process, so that • your inner vision will be enlarged and • your present state of manifest consciousness will alter according to your seed plan.

[Only] Then you can help others, in many different ways, to accomplish the same.

There need not be

a very strict differentiation
between those who are in the
old
and those who are in the
new.

There are a number of human beings
who at this stage of development
are not ready
to undergo
the necessary discipline of the work.

But there are more than you realize
who might be able to do it
but unfortunately
do not do so.

```
There are also many human beings
                  who
                       • can and
                       • wish to
                          • widen and
                          • deepen
                              their consciousness
                                 according to
                                     their plan.
21
              This work
                  is not sufficiently spread on the earth plane
                       and it needs more emphasis.
              This will happen.
              Your own nucleus here
                  • can and
                  • will
                      play an important role
                          in this task,
                              in exchanges with
                                 other New Age centers
                                     that
                                        • are willing to accept
                                            the process of
                                               becoming
                                     and
                                        • do not just let everyone
                                            stay wherever they are.
              Work needs to be done.
              This work
                  of preparing the inner consciousness
                       of more and more individuals
                         for the inner reality to unfold
                              really means very plainly just one thing:
                                 • liberating God within
                                     you,
                                 • liberating God within
                                     the general consciousness of humanity.
```

```
22
              The God consciousness
                  that existed in previous ages
                       was always
                          • projected outward,
                              as you well know.
              Then, as a necessary preparation,
                  the pendulum had to swing to
                       emphasis on
                          • the self.
                               The individual had to give up
                                  God outside
                                      to assume full responsibility for
                                         the self.
              But to
                  • make the transition
                       from
                          • the God outside
                       to
                          • God inside,
              and
                  • bridge that gap [i.e., to bridge the gap between the God outside and God inside]
                       in time and space,
                          a transitory period of
                              • atheism or

    agnosticism

                                  had to come
                                      to prepare the individual
                                         for

    full autonomy and

                                             • selfhood.
              This had to happen first
                  only on the outer levels,
              for
                  • full autonomy and
                  • selfhood
                       on all levels
                          can exist only
                              • when God within is liberated and
                              • when your oneness with God
                                  has been found.
                                              That is reality.
```

• greater joy.

24

Exactly the same happens within the individual.

Those of you who work on the path find out

- incontrovertibly, and
- without a shadow of doubt if you are willing to really look, that each crisis you experience means
  - a negation of truth,
  - a violation of your divinity.

And that [i.e., And because you negate truth and violate your divinity by not allowing your seed plan's spiritual growth process to proceed organically]

is why you are in

- difficulties,
- crisis, and
- suffering.

You are in fact

blocking

the immensely powerful energy stream of your spiritual growth process.

With this new awareness [i.e., awareness that your difficulties, crises, and suffering are caused by your blocking the immensely powerful energy stream of your spiritual growth process],

you also gain

a wonderful key,

which helps you to

- recognize and
- open up

those areas of consciousness

where you have

- blocked and
- inverted

powerful creative energies,

so that they [i.e., so that these powerful

creative energies]

have turned against you.

```
On this path
                  you learn to harmonize
                       the whole [growth] process
                          by surrendering
                              all of you
                                  to the Christ
                                      who is awakening
                                         • within you,
                                         • on your plane
                                             of inner reality.
              Exactly the same process
                   applies to
                       the planet.
25
              You who
                   • have created your Center and
                   • experience so much
                       • life and
                       • growth,
                       • pain and
                       • joy and
                       • true peace
                          through this process,
                               sometimes fall into the error
                                  of believing that
                                      the life you lead
                                         in the short periods you spend there [i.e., at your Center]
                                              is too
                                                 • beautiful and
                                                 • meaningful
                                                     to be real.
                       Reality
                          could not be that way [i.e., Reality could not be that beautiful and
                                                                                that meaningful].
                       It [i.e., The beauty and meaningfulness you experience in short
                                                                           periods at your Center]
                          is too much [to be real],
                              you feel.
```

```
When you come into
    • your ordinary surroundings,
    • your outer life,
you designate that [i.e., that ordinary every-day outer life away from your Center]
    as the
         "<u>real</u>" <u>life</u>.
Nothing
    could be further from
         the truth,
            my friends.
What you call
    the real life
         is the most illusory life,
            where almost everything
                 is turned upside down.
There [i.e., There in your ordinary every-day outer life away from your Center],
    only the
         • outer,
         • most superficial
            manifestations
                 are

    recognized and

                    • dealt with;
thus [i.e., by dealing with only the outer, most superficial manifestations]
    life is being
         fragmented
            into a meaningless pattern.
In the new civilization
    that you are beginning to found,
         you learn to make the connections
            between
                 • cause
            and
                 • effect,
            between
                 • the various apparently fragmented
                    pieces of experience [i.e., the manifested effects]
            and
                 • consciousness [i.e., the consciousness that is the underlying cause].
```

```
[In the new civilization that you are beginning to found in your work at your Center]
    You learn to discover the

    deeper and

         • more real
            life within you
                that creates
                    the outer circumstances.
You thus
    • approach
         reality
and, at times,
    • gain it [i.e., gain or perceive or experience reality]
         in a much more comprehensive way.
Once you connect with
    this reality [i.e., this deeper and more real life within you that creates the outer
                                                      circumstances you experience],
the
    • superficial,
    • illusory
         outer appearance [of your circumstances and experiences]
            will become much easier for you to deal with,
                provided
                   you do not fall back into seeing it [i.e., seeing the superficial,
                                                           illusory outer appearance]
                        as
                           the only reality
                               that counts.
When you do so [i.e., When you fall back into seeing the superficial,
                        illusory outer appearance as the only reality that counts],
    you distort
         the truth.
```

```
26
              I will say to you, my friends,
                  that the new reality
                       you are discovering
                          will manifest in
                              your Center.
              You already begin to see it happening.
              You will become
                  a part of
                       the new
                          • civilization and
                       the new
                          • culture
                              that is slowly growing.
              The forces
                  • building
                       this new reality
              are, at the same time,
                  • destroying
                       whatever obstructs this movement.
              For
                  there cannot be
                       • growth and
                       • creation
                  without also a
                       • destruction
                          of destructiveness.
              Destruction of
                  whatever
                       • is already obsolete
                    and therefore
                       • needs to go
                          must take place,
              but the manifest consciousness
                  • clings to
                       it [i.e., clings to whatever is already obsolete and needs to go]
              and
                  • opposes
                       the purifying movement [i.e., opposes the purifying movement that is needed
                                                     to destroy what is obsolete and needs to go].
```

```
These obsolete attitudes
    may have had their functions
         in a less developed state of consciousness,
but to pursue them [i.e., to pursue these obsolete attitudes]
    now
         makes no sense.
You all know
    how true this is
        from your individual work.
You find within your soul substance
    • attitudes and
    • reactions
         that were
            • very understandable
          and even
            • appropriate
                when you were
                   • infants and
                   • small children.
But you hold on to them [i.e., onto these now-outgrown attitudes and reactions]
    as if they still had
         reality value.
To the degree that you are doing this [i.e., holding onto these now-outgrown attitudes
                                                             and reactions],
    you create
         • obstructions,
         • unhappiness,
         • strife,
         • frustration,
         • crisis,
       and finally
         • destruction,
            [i.e., destruction of the now-outgrown attitudes and reactions]
                so that
                   • the old [i.e., so that the now-outgrown attitudes and reactions]
                        may crumble and
                   • you can
                        begin to build
                           the new [i.e., so you can build the new and
                                       now-appropriate attitudes and reactions].
```

```
27
              If you are
                   willing to
                        • give up the
                           • old,
                           • obsolete
                               attitude and
                        • adopt a
                           • new,
                           • more appropriate
                               one,
              the
                   • painful crises and
                   • destruction
                        are unnecessary.
               With willingness [i.e., With willingness to give up the old obsolete attitude and
                                                             adopt a new, more appropriate one]
                   the change
                       occurs
                           most
                               • organically,
                               • harmoniously, and
                               • beautifully.
              [Conversely,]
                   Where you
                       • hold back deliberately,
                   where you
                        • deny [that the new and more appropriate attitude is needed] and
                        • choose to delude yourself
                           • that it [i.e., that not giving up the old attitude and not adopting a
                                                                     new, more appropriate attitude]
                               is all right,
                           • that it [i.e., that not giving up the old attitude and not adopting a
                                                                     new, more appropriate attitude]
                               does not matter, or
                           • that you cannot do it [i.e., that you cannot give up the old attitude and
                                                      adopt a new, more appropriate attitude],
                           • that it [i.e., that giving up the old attitude and
                                                      adopting a new, more appropriate attitude]
                               is too difficult,
                  you invite
                        inevitable
                           • crisis and
                           • pain.
```

```
Exactly the same [i.e., avoiding crises by giving up obsolete attitudes and adopting
         new now-appropriate attitudes or, conversely, creating crises by not giving
         up obsolete attitudes and not adopting new now-appropriate attitudes]
    applies to
         all of humanity as an entity.
         • Each individual
            is to
                 • all of humanity
      as
         • an aspect or
         • an attitude
            is in relation to
                 • your total personality.
Just as you find yourself
    in inner strife
         because
            part of you wants to
                 • grow
         and
            part of you wants to
                 • hold back,
so it is with
   the planet.
    Parts of it [i.e., Parts of the planet]
         want to
            • grow,
while
    other parts
         want to

    hold back and

            • deny that such a conflict [i.e., a conflict caused by holding back the
                                                       influx of new consciousness]
                 even exists.
There are thus
    those who
         • want change
  and
    those who
         • resist it [i.e., those who resist change]
            in the overall entity
                 to which all of you belong.
```

28	
20	Understanding this lecture, my friends,
	should help you greatly
	to commit yourself
	<u>to change</u>
	on a deeper level
	<u>of your being</u> .
	For
	change
	is one of the byproducts
	of the New Age.
	of the Hen Hgo
	I will now try to explain
	the importance of change
	in a very specific area.
29	
29	Let us return for a moment
	to the concepts of
	• good
	and
	• evil,
	meaning by them [i.e., meaning by "the concepts of good and evil"]
	that which is [good and therefore]
	• constructive and
	• in accordance with
	<u>divine</u>
	• <u>truth</u> <u>and</u>
	• <u>law</u> ,
	<u>and</u>
	<u>that which is [evil and therefore]</u>
	• opposed to it [i.e., opposed to divine truth and law].
	The rigid law
	that had to exist
	for the primitive consciousness of the past
	had to decree
	• dos and
	• don'ts,
	• commands and
	• prohibitions.

### The

- totally childish and
- <u>self-indulgent</u>

consciousness

does

need

such rules

imposed from the outside.

#### Without them

• there would have been

chaos, and

• the most destructive impulses

would have been acted out

to a much greater degree.

### Such severity,

however,

also brought a certain

- rigidity and
- superficiality

to human existence.

### Obeying rules blindly

is a temptation

to avoid

- thinking for oneself and
- struggling with the

often more complex issues of

inner

morality.

### Blind obedience to rules

enhances

laziness of thinking,

the easy way of

- not taking responsibility and
- avoiding

the often necessary search

that must precede

- true answers,
- enlightenment.

# **This** [i.e., To help you avoid blind obedience to rigid and fixed black and white rules and laziness of thinking]

is why I so often stress in my guidance that your customary belief

that

- one action is
  - right and
- the other
  - wrong

is most of the time faulty.

### I have painstakingly shown you throughout the years

that most of the time

either alternative

could be governed by

• the most sincere

or

• the most dishonest motives.

### Only when you sort out

the dishonest motives

on both sides [i.e., on both sides of an issue with which you are wrestling] can you

- <u>open the channel to</u> your inner God and
- receive the guidance you require.

## This [i.e., Sorting out the dishonest motives on both sides of an issue]

### <u>means</u> • labor,

- <u>.....,</u>
- courage,
- search.

### **Obeying**

the outer rule

prevents this [i.e., prevents this hard and time-consuming work of sorting out dishonest motives on both sides of an issue].

```
So what I have shown you
                   about how to approach such questions [i.e., questions of what is truly God's
                                                                            will in complex issues]
                       is truly an expression of
                          the New Age consciousness
                               that will spread much more over the planet
                                  as humanity develops.
30
              I have also pointed out to you
                   throughout the years
                       how the
                          dualistic approach
                               creates
                                  • confusion and
                                  • distortion
                                      of truth
                                         in another way.
              Some people
                   claim that
                       a specific attitude to life is
                          • desirable,
                   while its opposite [i.e., while the opposite attitude to life]
                       is supposed to be
                          • undesirable.
              Others
                   assert
                       the contrary.
              Each group
                   uses the
                       • distortion,
                       • exaggeration, and
                       • fanaticism
                          of the other [i.e., of the other group]
                               as a proof
                                  that their side is correct.
```

```
For example,
    • some say
         • introspection
            is the only way of life,
       while
         • outgoingness and

    extroversion

            are
                • harmful and
                • erroneous.
    • Others claim
         • the exact opposite.
    • Still others believe only in

    active expression

       and reject all
         • receptive,
         • passive
            attitudes, and
    • vice versa [i.e., some people believe only in receptive, passive attitudes
                                       and reject all attitudes of active expressions].
Many other
    life attitudes
         are likewise divided.
Whole philosophies
    are based on
         such divisions [i.e., based on some attitudes being right and opposite
                                                       attitudes being wrong and evil];
painstaking treatises are written
    in which
         a lot of
            half-truths
                are used
                    to present one side of the matter.
Many issues
    meet this fate of
         rigid division.
```

```
I have shown how
                  the dualistic either/or
                         is
                          • rigid,
                          • shortsighted
                         and
                          • no longer applicable.
              However,
                  this [dualistic either/or] polarization
                       was an inevitable byproduct of
                          the rule system –
                              rules which
                                  the primitive consciousness
                                      required
                                         in order to
                                             avoid
                                                destroying
                                                     another human being
                                                        • willfully,
                                                        • blindly, and
                                                        • selfishly,
                                                            in a state of
                                                               emotional alienation
                                                                    where
                                                                      the other person's pain
                                                                           was not
                                                                              experienced
                                                                                  as real.
31
              I do not say that
                  humanity has now sufficiently progressed
                       so that
                          outer rules
                              are no longer necessary.
                              Obviously
                                  this is not yet true.
```

```
There are always
    those who would still
         harm others
            • willfully and
            • selfishly,
            • cruelly and
            • irresponsibly,
                in spite of
                   the rules from outside.
But this applies
    only
         to the
            • darkest,
            • most undeveloped
                aspects
                   of the lower self
                       of the entity,
                           • individual
                         as well as
                           • planetary.
To an increasing degree
    the rules
         begin to make way for
            a new inner sense
                of
                   • morality and
                   • conscience.
The Christ consciousness
    that evolves within
         brings humanity
            into a state in which
                • sooner or later,
                • little by little,
                   outer rules
                        will become superfluous.
```

```
For the inner God
                   knows
                       what is
                          • truth,
                       what is
                          • love, and
                       what is
                          • divine reality,
              and the personality
                   will act
                       from that
                          innermost center.
32
              This [i.e., The personality acting from that innermost center, from what
                                      the inner God knows to be truth, love, and divine reality]
                   can already be seen
                       to a small degree.
              As you follow
                   a psychological
                       inner path
                          in your emotional life,
                               no rules are applicable -
                          at least
                               no rules from
                                  outside.
              But on your
                   inner path
                       you find
                          • the beauty of divine law
                               working in utter perfection,
                         as well as
                          • benign
                               • love and
                               • justice.
```

```
• The child,
• the lower self
    in you,
         may blindly rebel against
            th<u>e laws</u>,
but once you
    want
         to awaken,
            you must be
                 overwhelmed
                    by the grandeur
                         of this divine scheme
                            in which
                                • all is well, and
                                • there is nothing to fear,
                                     if
                                        you
                                           choose
                                                • see this [divine] plan and
                                                • go with it.
You
    know
         your
            inner truth;
no one else
    can tell it to you [i.e., no one else can tell you YOUR inner truth].
No one act
      <u>is</u>
         • right
      or
         • wrong
            per se,
                 on that level [i.e., on that level of YOUR inner truth, that level
                                                               of your divine plan].
```

```
Yet it is also true
    at certain times
         that
            vour
                • inner plan,
            your
                • divine self,
                    • wishes you,
                    • needs you
                        to go into
                           • a certain direction
                         and not in
                           • another [direction].
But this [i.e., But this inner plan that needs you to go in one direction
                                                      and not in another]
    cannot be superimposed
         from the outside.
Only when you
    • go very deeply into yourself and
    • transcend
         • the rules,
         • the adherence to public opinion,
    • give up
         • the facade and
         • the self-interest
            that comes from the lower self,
         • the need
            • to please,
       as well as
         • the need
            • to rebel and
            • to spite,
will you find
    the ultimate truth.
All outer help
    can show you
         only
            how to go deeply enough
                to recognize
                   your investment in
                        a false vision of reality.
```

```
Those outside of you
                   • can often see
                       the maze you cannot see
                and
                   • can therefore
                       help you.
              But
                   the ultimate realization
                       is that of
                          your own inner law,
                               once you find
                                  your inner God.
33
              The idea of the New Age
                  points in this direction.
                   • The outer law
              is often parallel to
                   • the inner law.
              Many
                   • outer laws
              are manifestations of
                   • divine law,
                       but [these outer laws]
                          have lost
                               the dynamic connectedness with
                                  • their divine origin
                          and are therefore
                                  • disconnected structures.
              When it comes to destructive acts of
                   • killing,
                   • stealing,
                or in other ways
                   • robbing others of their rights,
              there can be no question that
                   • the outer law
                 is parallel to
                   • the inner law.
```

```
But then we also encounter
                  more complex situations,
                       where
                          the inner law
                              is not that simple [i.e., not as simple as that law which can be
                                             expressed in black and white statements of outer law].
              This is where
                  our new approach
                       can bring forth the
                          • truth and
                          • reality
                              of the divine law
                                  on an inner level.
34
              At times
                  you may find
                       • the outer law
                  to be completely opposite to
                       • the inner law of God.
              A simple example
                  on the crassest outer level of manifestation
                       is the following:
              If you happen to live in a land
                  whose government
                       • is corrupt and
                       • requires the individual
                          to commit acts
                              • against humanity -
                            that is,
                              • against God -
              to follow
                  • the outer law
              would be going against
                  • divine law.
```

```
It requires
    a great deal of courage
      to
         • stand up for
            • the inner truth and
         • defy
            • the outer law.
But people
    • can lose themselves
         in a maze of
            inner confusion
  and
    • can take refuge in
        the outer law,
           for that may be
                the easier way.
By the same token,
    people could
         misuse the words I am saying
            in order to justify
                a lower-self trend
                   to defy
                       an outer law.
Again,
    very close inspection of
        the real
            • motives and
            • attitudes
                is the only
                   true answer.
There are
    no rules about
         • when to
            • follow and
         • when to
            • break
                rules,
         • how to follow them.
```

### The Christ consciousness

is not

- rebellion and
- revolution;

*it* [i.e., the Christ consciousness]

is not, in itself,

• destruction of the old.

It [i.e., The Christ consciousness]

is

- reformulation and
- change,
- a new organization of

eternal values

which already existed

in the old consciousness

but which must be expressed

in a new way

in the New Age.

# The Christ consciousness

brings a new morality

that

little by little

wipes away

the

- outer commandments,
- outer regulations

and the

- outer
  - written and
  - <u>unwritten</u>

laws.

Laws are still necessary

for quite a time

in your terms,

but the trend

is in this direction.

Where you act out your lower self, you need those laws to protect others. But where you have outgrown the lower self, you do not need to be told not to harm others, you • know it [i.e., you know not to harm others], • have no desire to do so [i.e., you have no desire to harm others]. 36 In the more complex matters of personal relationships • self and • others, the laws are already dissolving, for the new consciousness makes them superfluous. To the degree you allow God to awaken in you, outer laws will disappear. The laws of morality will be completely flexible. Each case is different.

```
But for that [i.e., But for the laws of morality to be completely flexible and fit each
                case according to inner divine law that uniquely fits each case]
    you need the
         • labor,

    courage and

         honesty
            of self-knowledge
                so that
                   you cannot be corrupted
                        by
                           lower-self motives.
You also need to
    • take each individual issue
         separately and
    • deal with it
         completely anew.
That is the action of the
    • adult,
    • mature
         entity,
            and humanity
                is moving toward that goal.
But you cannot do this
    when you
         resist change,
for this flexible attitude [in which you take each individual situation and
                                                     deal with it completely anew]
    requires
         a constantly changing world.
                • Freedom
            and
                • change
                   are inseparable.
                • Enslavement
            and
                • rigidity
                   are equally inseparable.
```

```
• If you want it to be
    all so simple
        that you won't have to
            • search and

    put

                • energy and
                • attention
                   into whatever the issue may be,
• if you want it
    all handed to you,
you need to deal with
    inflexible rules
        that
            • confine and
            • enslave.
Only those
    who have overcome
        rebellion against authority
            because
                • they are their own inner authority,
            because
                • they have that honesty,
can be free.
That means
    embracing change.
Each issue
    requires a
        • new,
         • different,
         • very flexible
            approach.
Situations that may
    appear
        similar
may
    in fact
         • be quite different and
         • require an entirely new approach.
```

```
So
                  freedom
                       is completely dependent on
                          your ability
                               to change.
37
              Now, my friends,
                   I have given you material
                       to ponder;
                               go deeply
                                  into yourself.
              Most of you
                   are ready to use this material
                       very productively,
                          not only on
                               • the intellectual level,
                          but also on
                               • an inner level.
              You can begin to institute
                   true freedom
                       by your willingness to
                          c<u>hange</u>
                               your
                                  • mind,
                               vour
                                  • beliefs,
                               your
                                  • attitudes,
                               your
                                  • assumptions,
                       by your willingness to
                          • give up
                               the obsolete
                                  that confines you
                         and thus
                          • liberate
                               your inner God and
                          • establish
                               true self-responsibility.
```

```
Then [i.e., When you have done all of this]
                  you no longer need
                       the confinement of
                          rigid rules.
38
              Find that part within
                  that can create an echo now
                       to the words I have given you.
              Let these words

    nourish and

                  • strengthen
                       you
                          where you need it most.
              Make room for
                  the ever more emerging new consciousness
                       as it spreads on the inner plane
                          and
                              fully embrace the movement.
                                                    Go with it!
              Trust that this [i.e., Trust that fully embracing this movement of the ever-more
                                     emerging new consciousness as it spreads on the inner plane]
                  can only
                       enhance
                          • you
                         and
                          • your life.
              You are all
                  being blessed
                         in
                          • truth
                       and
                         in
                          • love.
              Be
                 vour
                       God.
```

For information to find and participate in Pathwork activities world wide, please write:

The Pathwork\* Foundation PO Box 6010 Charlottesville, VA 22906-6010, USA Call: 1-800-PATHWORK, or Visit: www.pathwork.org

The following notices are for your guidance in the use of the Pathwork® name and this lecture material.

#### Trademark/Service Mark

Pathwork® is a registered service mark owned by The Pathwork Foundation, and may not be used without the express written permission of the Foundation. The Foundation may, in its sole discretion, authorize use of the Pathwork® mark by other organizations or persons, such as affiliate organizations and chapters.

#### Copyright

The copyright of the Pathwork Guide material is the sole property of The Pathwork Foundation. This lecture may be reproduced, in compliance with the Foundation Trademark, Service Mark and Copyright Policy, but the text may not be altered or abbreviated in any way, nor may the copyright, trademark, service mark, or any other notices be removed. Recipients may be charged the cost of reproduction and distribution only.

Any person or organization using The Pathwork Foundation service mark or copyrighted material is deemed to have agreed to comply with the Foundation Trademark, Service Mark and Copyright Policy. To obtain information or a copy of this policy, please contact the Foundation.